

#### Volume 7, Issue 11, May 31, 2011

## Cuyahoga Arts & Culture Grants Money From Cigarette Tax Lakewood Arts Organizations Receive Over \$263,000

#### by Amy Jung

In 2006, Cuyahoga County approved a ten-year cigarette tax to support local arts and culture. At the half-way mark, Cuyahoga Arts & Culture, the public entity which administers the tax, has granted over \$263,000 to Lakewood - based organizations including Beck Center for the Cultural Arts, Cleveland Artists Foundation, Lakewood Historical Society, Musical Theatre Education Programming, Foluke Cultural Arts Center, Inc., West Shore Chorale, and Lakewood Public Library.

Beck Center for the Arts president Cindy Einhouse said, "CAC funding helped our organization through a difficult economic environment these past couple of years and has allowed us to continue to

#### **Onix Networking Is Moving To Lakewood**

by Melissa Garrett

Tim Needles, President and CEO of Onix Networking announced this week that the company has nearly completed its relocation to their new world headquarters in Lakewood. Earlier this year, the 35 person firm purchased the Georgetown Row half of the former Bonne Belle building at the corner Detroit and Graber. "My wife Dianne and I have a significant history with the city and are excited about our new locaprovide high-quality perfomances and arts education for so many people in Northeast Ohio. We are grateful to the citizens of Cuyahoga County for supporting public funding and recognizing that arts and culture are tremendous assets for our communities."

Organizations funded by CAC have increased arts and culture programming for children so that now more than one million school children attend arts and culture events each year. After-school and weekend classes and workshops have increased by 103 percent, and tuition for paid classes has dropped by 8 percent.

Arts and Culture is also reaching more people than ever. CAC funded organizations have expanded their offerings of cultural activi-

**oving To Lakewood** tion and continuing the growth of the company".

"An innovative company like Onix fits Lakewood's spirit of creative entrepreneurism", said Mayor Mike Summers, "We are delighted that Mr. Needles and his team are now part of our vibrant business community."

The move to Lakewood is the latest chapter in the Needles' connection to the city. Tim is a graduate of St. **continued on page 21** 

#### Special Pull Out Restaurant And Patio Guide 2011

ties by 25 percent since this funding became available, to almost 24,000 events and classes each year. Attendance at both free and paid events is also up by 7 percent, to more than 7.7 million annual visits (in this county of 1.28 million residents).

## Lakewood Police Hold Bike Rodeo For Kids On June 11

#### by Melissa Garrett

With school out soon, there will be more kids out riding their bikes, and Lakewood's Neighborhood Police Officers want to do something proactive to help keep them safe while they enjoy their summer. Towards that end, The Bike Rodeo, a safety program for kids, will be held Saturday, June 11, from 10:00 a.m. to 1:00 p.m. at Madison Park.

Most kids ride their bikes on the sidewalk. However, as

they get older and bigger and ride the sidewalks and crosswalks faster, there will come a time when it is safer for all if they were 'driving' with the road traffic. It is key that these young bike 'drivers' know traffic rules and acquire skills to prevent accidents and harm just as an automobile driver must. Sharing the road without knowing and obeying the rules can lead to trouble: the three top causes of bike-car crashes for kids under age 15 are riding out of a driveway without stopping, running stop signs, and turning left without yielding. And without a helmet on, your child is at risk of serious brain trauma or death from as little as a three feet drop.

The Rodeo program will take kids through a series of activity stations that cover many bike related-topics that will be beneficial for sidewalk or road riding. The Bike Shop activity station will teach your **continued on page 5** 

## Harding Power Of The Pen State Champs

#### by Christine Gordillo

Heading into the State Finals of the Power of the Pen competition at the College of Wooster on May 26 & 27, the Harding seventhand eighth-grade teams had already reached one pinnacle of success, capturing the trophy for best overall team in both the district and regional tournaments. On the strength of those performances, the school qualified all but one of its writers" for the State Finals. Drawing from its deep pool of talent on both teams, Harding won the state championship and earned the Sweepstakes Trophy for best overall performance in the regional and state tournaments, beating out 281 other middle school teams from across the state. "When the announcement came that Harding was the first place school, with the best record in the state, the students and I were jubilant," said Harding teacher Ruth Pangrace, who coaches the team along with Pam Sheils. "It was a memorable moment and a marvelous lesson, that the team won because of the efforts and talents of the whole team, not a few superstars."

original 7,000 writers who began the tournament qualify for Finals.

The state competition was comprised of three preliminary rounds, where writers are given prompts and 40 minutes to create a narrative based on that prompt. After three rounds of writing May 27, four Harding students advanced to the finals: seventh-graders Tess Moran and Jimmy Toner and eighth-graders Kathryn Urban and Maggie Pizzo.

Although the two teams

#### Dr. Bruce T. Beebe

Dr. Bruce T. Beebe, retired

did not have any individuals place, the overall first place trophy is a testament to the strong team effort of all the members throughout the competition's district, regional and state tournaments.

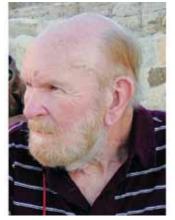
The young writers have worked all school year refining their skills for this highly competitive tournament. The teams have met two mornings a week before school since September working with coaches Pangrace and Sheils, who **continued on page 9** 



Lakewood's Mickey and Ryan Krivosh standing in front of their new venture, Three Birds Restaurant, Lakewood's only 4-star restaurant, started by Jim Bell. Three Birds was also recently voted best patio in Lakewood, and to underline what these two mean to dining in Lakewood, their other restaurant Around the Corner finished second in voting! Check out the map of all of Lakewood's restaurants. pages 12-14

Reaching the State Finals alone is quite an accomplishment as only 10% of the

LHS teacher and husband of school board member Linda Bebee, died May 21, 2011. Bruce is survived by his wife of 46 years, Linda, as well as his loving children, Aaron (and his wife, Deborah Matzner) and Megan (and her partner Kathleen Michelfelder). A lifelong educator, Dr. Beebe taught at St. Francis College, Lakewood High School and John Carroll University. A memorial service will be held to celebrate Bruce's life on Sunday, June 5, at 1:30 p.m., at the West Shore Unitarian Universalist Church, 20401 Hilliard Blvd., Rocky River. Contributions may be made to the Lakewood Alumni Foun-



Bruce was one of those rare individuals that had the power within him to reach out and truly touch a person's life and make a difference.

dation, 14100 Franklin Blvd., Lakewood to support special teaching projects in his memory.

## **Calendar Page**

#### Saturday, June 4

#### Lakewood High School 2011 Golf Tournament (Fund Raiser)

9:00 AM - 3:00 PM, Springvale Golf Course 5871 Canterbury Rd.,North Olmsted The outing will be a shotgun start at 9:00 AM. Registration at 8:30 AM. Outing include 18 holes of golf. Breafast and Lunch. Prizes for winners. Raffles and more! Cost is \$75.00 per golfer (if you don't have a foursome, we can pair you up) Deadline for entry is May 29, 2011. For registration or more information, please contact Don Carlson at 216-406-6089 or Kurt Zbin at 216-310-0668. Donations to benefit the Lakewood High School Golf Team in lieu of participating are welcome.

#### **Barton Center Flea Market**

9:00 AM - 3:00 PM, Ground floor of the Westerly Apts. at 14300 Detroit Ave. 30+ booths selling new and used items. Sandwiches, snacks and yummy deserts. Phone 216-221-3400 for more info.

#### **Rocky River Cleanup**

9:00 AM - 12:00 PM, Scenic Park Picninc Area (by Emerald Necklace Marina in the Cleveland Metroparks Rocky River Reservation)

Local fishermen and concerned citizens are banding together to tackle trash in the Rocky River as part of the Rocky River Watershed Council's Watershed Cleanup 2011. The annual cleanup will clean trash and debris from most of the lower 10-12 miles of the river in the Cleveland Metroparks Rocky River Reservation. The cleanup is sponsored by the Rocky River Watershed Council, Cleveland Metroparks and the Cuyahoga Soil & Water Conservation District, in conjunction with the Cities of Lakewood, North Olmsted and Rocky River. Trash bags will be provided. Volunteers should dress for the weather and wear work boots or old shoes. Long sleeves, slacks and work gloves are recommended. Children under 18 must have adult supervision. The cleanup will end by noon, and hot dogs and snacks will be provided following the cleanup. For more info, call or email Rocky River Watershed Coordinator Jared Bartley at 216-524-6580 x14 or jbartley@cuyahogaswcd.org.www.cuyahogaswcd.org

#### **Annual Meet the Trucks**

10:00 AM - 2:00 PM, Lakewood Park, 14532 Lake Ave. See Page 5 for details.

#### **Spanish Potluck**

1:00 PM - 2:30 PM, Lakewood Seventh-Day Adventist Church, 1382 Arthur Ave. Lakewood Seventh-Day Adventist Church is having a Spanish Potluck on Saturday, June 4th. Potluck begins immediately after service, approximately 1pm. All are welcome! Feel free to bring a spanish main dish, side dish, or desert. You are not required to bring a dish. The potluck will be downstairs. You are also welcome to join our service, beginning at 11am. See ad Page 16.

#### Free Open Dodgeball at the Lakewood YMCA

#### 1:00 PM - 4:00 PM, 16915 Detroit Avenue

It's back again! The event and everyone, including guests, are free and welcomed. Youth Dodgeball (ages 7 -13) will be on the North Court and Teen/Adult Dodgeball (ages 14 and up) will be on the South Court. If the event goes well, more time will be alloted for dodgeball with possible leagues starting for the summer. For more information, contact Mark Edwards at medwards@clevelandymca.org. Phone: (216) 521-8400. http://www.clevelandymca.org/branches/lakewood/

#### Luminoso: A Photographic Collection of Student Work

7:00 PM - 11:00 PM, 78th Street Studios, 1305 West 80th Street Cleveland Cuyahoga Community College's Digital Media Group is putting on it's 1st annual year-end show. The group is made up of Photography and Design Majors from Tri-C. DMG was created to form a community for Photographers and Designers at the college level. The mission of this group is to enable these students to network, learn, grow and also create unique opportunities to get their work shown outside of the classroom. The event is free and open to the public, and all work will be available for purchase. Don't miss this great exhibit!

#### Sunday, June 5

#### The Girlfriends Summer Party Show

1:00 PM - 4:00 PM, The Corner Café's Warehouse, 18616 Detroit Ave. Free expo featuring unique party solutions to the summer party crowd. From gourmet gelatin shots to hand-made party favors, show-goers can view party ideas and supplies not found anywhere else. Vendors representing home-based businesses, including Silpada Jewelry, Tupperware, PartyLite, Mary Kay cosmetics, Pampered Chef kitchen products, and Tastefully Simple party food will also be on hand to provide personalized consultation, demonstrations and gift solutions for the summer party guest as well as gifts for the hostess. Admission is free and door prizes and free samples will be offered. Attendees who donate personal care items such as soap, shampoo or feminine hygiene products will be given an additional door prize raffle ticket for each item donated. All donations will benefit the Lakewood Community Services Center. For more information, contact Mickie Rinehart at MickieRinehart@hotmail.com or 216-905-4059.

#### 8th Annual Taste of Lakewood

4:00 PM - 7:00 PM, The Clifton Club located at 17884 Lake Road

The Lakewood Chamber of Commerce is very proud of the variety and quality of restaurants in our city and the Taste of Lakewood is a great way to show them off! Great food, beautiful surroundings, and fabulous prizes: a perfect way to spend a Sunday afternoon! This typically sells out and tickets must be purchased in advance. Parking is limited at the Clifton Club so it is recommended that guests take advantage of free parking available at Horace Mann Elementary School located at 1215 W. Clifton Blvd. A shuttle service will be provided to and from. For tickets call 226-2900. See ad Pg 14.

#### Monday, June 6

#### Lakewood Board of Education Meeting

7:00 PM, Emerson Elementary School, 13439 Clifton Blvd. in the Gym.

#### Lakewood City Council Meeting

7:30 PM - 9:30 PM, Lakewood City Hall Auditorium, 12650 Detroit Ave.

#### Wednesday, June 8

#### **North Union Farmers Market**

10:00 AM - 1:00 PM, Kauffman Park Parking Lot located behind Drug Mart See story Page 15.

#### Father s Day FundRaiser for Beck Center scholarships

12:00 PM - 7:00 PM, Heirloom Home, 18119 Detroit Ave A variety of wonderful Father's Day gifts to delight any Dad (or grandpa). One day special event will offer 20% discount on all selections All sales benefit scholarships for Children at the Beck Center.

#### Lakewood Recreation: Golf

7:00 PM - 8:00 PM, Harrison Elementary School, 2080 Quail Ave.

This class is for beginner, intermediate, and advanced golfers. You will learn to hit farther and straighter while tuning-up your game. The lessons are a combination of one classroom class at Harrison Elementary School and four outdoor classes at the All American Sports Center. Registration is required. Students are responsible for transportation and cost of range balls. Find more golf classes and many more programs at www.lakewoodrecreation.com or call (216) 529-4464.

#### Lakewood Mayor s State of the City Address

7:00 PM, Beck Center for the Arts, 17801 Detroit Ave. See Page 5

#### Saturday, June 11 Lakewood Police Bike Rodeo For Kids

## 10:00 AM - 1:00 PM, Madison Park, 13029 Madison Ave. See Front Page story. **H20 Clothes 4 Kids Clothing Drive**

Location: Any Lakewood Fire Station. "Clothes 4 Kids" is a city-wide project to provide affordable back-to-school clothes for all Lakewood families. From June 11th through July 23rd, residents may take donated clothing and school supplies ) to any Lakewood Fire Station. They are open 7 days a week and will provide receipts for donated items. "Clothes 4 Kids" SUPER SALE will be Saturday, July 30 at Lakewood High School, 14100 Franklin Boulevard. H2O is also sponsoring a city-wide recycling

campaign for new and used school supplies. Collection containers will be available in June at local schools and throughout the summer at all Lakewood Fire Stations. YOU CAN HELP by donating new, or gently used supplies for students in need.

## Many more listings at www.lakewoodobserver.com



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#### Become an Observer!

As a product of citizen journalism, The Lakewood Observer is looking for people, ages 3-100, to get involved in the paper and the city. We are looking for volunteer writers, photographers, designers, and illustraters to help with the production of the paper. It does not matter if you are a professional or amateur, our editorial staff will be glad to help you through the process.

Register to our website Member Center where you can submit stories, press releases, letters to the editor, photos. No need to register to post online calendar or classified ads.



**Upcoming Submission Deadline** Sunday, June 5 Sunday, June 19 **Publish Date** Tuesday, June 14 Tuesday, June 28

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# Senior Living At Its Best!

Summer Events Schedule:

**OPEN HOUSE** Saturday, June 18, 2011

Come and enjoy a complimentary lunch or dessert!

12:00 - 1:30PM







Thursday, June 23, 2011 at 11:30 a.m. "Leaving a Legacy: Collecting Memories" Presented by: Jennifer Trudell Hospice of the Western Reserve RSVP by June 21st to 216-226-4010. Complimentary lunch provided!

**4th Annual Community Dog Show** Saturday, July 16, 2011 11:00AM - 1:00PM



# FREE Admission! Contests & Prizes! ★ RAFFLES! ★ FOOD! ★ FUN! ★ (216) 226-4010 1381 Bunts Road, Lakewood (Campus is on NE corner of Bunts & Detroit)

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To reach any of our facilities, call (440) 808-5500

**Ö**NM

or visit us on the web at www.JTONM.net



Bay Village



North Ridgeville



North Olmsted

# Lakewood City News Big Changes To Housing Code

Council President Mary Louise Madigan called the May 16, 2011 Council meeting to order at 7:30 P.M. She then gave the floor to Fire Chief Scott Gilman. Chief Gilman asked Council to pass a resolution congratulating Captain James Pheain on his retirement and thanking him for his 32 years of service to the City.

Councilman Brian Powers (At-Large) said the he is always impressed to see someone who has worked for the City so many years. He continued saying that there is a long line of fire fighters in his family so he knows the dedication it takes. He finished thanking him for his dedication and service.

Council voted to suspend the rules and pass the resolution on its first reading and then did so.

Mayor Mike Summers then said a few words as he handed Captain Pheain his resolution. He explained that a Fire Captain is the lead on a firetruck of four men and if they are the first to arrive on the scene of a fire he is the one that takes charge of the site and controls the situation. He is also the second man on a firehose directing where it should go. As a Fire Captain for 18 years Captain Pheain is sure to have been in these positions more than a few times. The Mayor thanked him for accepting these large responsibilities and for his service and dedication in protecting Lakewood.

Captain Pheain thanked everyone for their kind words as he was surrounded by all his fellow fire fighters.

Next, Assistant Director of Planning and Development, Dru Siley, introduced Rick Sicha, Chairman of the Lakewood Heritage Advisory Board. May is National Heritage Preservation Month and every year in the month of May the Lakewood Heritage Advisory Board presents the Lakewood Heritage Preservation Awards. This year marks the 10th year Lakewood has presented these awards. Many of this year's 12 recipients spurred on their construction and preservation work due to damage done to the homes during last year's wind and hail storms. This skewed the winners, which are usually spread pretty evenly across the city, to mostly in the Northwest part of town. Although the majority of the awards were residences, there was also one recognizing the mixed use building on the Southwest Corner of Madison and Morrison. Also among the winners, for the first time since the awards inception, were elected officials. Both Judge Patrick Carroll and Councilman Powers received awards for work done on their homes. Then Councilwoman Madigan (Ward IV) delivered a communication from the Committee of the Whole regarding a housing ordinance that Council has been deliberating on for quite a wile. Originally presented to Council in July of 2010 it was first referred to the Housing Committee for discussion. After some discussion it was decided that the ordinance was important enough for all of Council's input and was therefore moved to the

#### by Christopher Bindel

Committee of the Whole in October of 2010.

The substituted version of the ordinance presented to Council would make many changes to Lakewood's current housing codes. First, the ordinance requires registration and licensing of all vacant property in the City. There would be fees for the licensing of vacant properties, also fees for the monitoring of nuisance properties, both are subject to late fees. The licensing application would require a listing of liability insurance, a certificate stating that the utilities have been shut off and the building winterized and the combination to a box holding a key, allowing safety officials quick and easy access.

For housing occupied by renters, the ordinance requires updated licensing fees for certain types of housing, which are subject to late fees. It also requires new housing licensing applications to include a certificate stating the applicant has done at least two of the following, use a written rental agreement with all tenants, use a reputable screening service on all tenants or attend a landlord training session approved by the City's building officials. The application would also have to include the name and contact information for a person in state that the City can serve legal process to, as well as the property manager, agent or trustee and the person responsible for grass cutting and removal of snow. These precautions have become necessary with the growing number of out-of-state landlords the City is experiencing. There also has to be a certificate stating that there are smoke and carbon monoxide detectors present, that there are no electrical hazards and that the house has both hot and cold running water.

Any license, for either vacant property owners or landlords, can be voided by the City if the holder is found to be a chronic violator of Lakewood's building codes.

Next on the agenda were communications from Councilman Shawn Juris (Ward III) and Mayor Summers making appointments to committees. To the Animal Welfare and Safety Board, Councilman Juris appointed Peter Grossetti and Mayor Summers appointed Bo Rog and Dawn Pyne. The Mayor also appointed Charles Shaughnessy to the Nuisance Abatement Board of Appeals and Ruby Kumar, Patrick Metger and David Stadler to the Citizens Advisory Committee. Mayor Summers then read a communication from him and Councilman Tom Bullock (Ward II) regarding Senate Bill 5. He asked that Council consider passing the resolution he presented them with, that would make Lakewood's position against SB5 official. With the rising chance that there may be a referendum on the ballot this fall that could overturn or postpone this law, the Mayor thought it was important for Lakewood to declare where it stands on the issue. He believes, contrary to the proponents of the law, that the current laws for binding arbitration have been satisfactory for all parties involved.

The Mayor continued saying that SB5 would "enact a combination of changes that either make no improvement, make unnecessary or redundant changes, or go too far." Lakewood already has a no strike provision and fiscal emergency provisions available to us and therefore these aspects are unnecessary. Also for provisions such as establishing levels of health care premiums, the Mayor believes they can successfully negotiate them at the bargaining table, and have, many times in the past.

Worst of all, the Mayor said, is that SB5 "shifts binding arbitration to City Council, which will have the unintended effect of politicizing labor negotiations and the Council's role in them." This places the burden on Council members who have not been trained as labor negotiators, which is a highly specialized field requiring extensive technical knowledge.

Although the Mayor admits that there might be ways to reform collective bargaining to the advantage of Lakewood's citizens, he believes SB5 takes it too far.

Council received the ordinance and referred it to the Committee of the Whole for further discussion.

Moving on, Councilman Bullock asked Council to consider an ordinance that would set the speed limits to 25 miles per hour on both Athens and Delaware Avenues. As it stands right now both streets are designated as through streets giving them a speed limit of 35 m.p.h. With both Athens and Delaware being surrounded by neighborhoods, Councilman Bullock believes that their speed limits should be changed to reflect those of similar neighborhood streets in Lakewood. He commented that this change has already been made for streets like Bunts Road, Warren Road and Woodward Avenue.

Councilman Bullock is no stranger to the speeding issue in Lakewood. He reports that he continually receives complaints of cut through speeding from throughout his ward and believes it to be a chronic problem in Lakewood. He has brought the topic forward several times, and even introduced legislation. Just a few months ago he introduced an item discussing the possibility of introducing traffic-combing measures to slow down traffic. vegetables, herbs and honey while increasing business opportunities for local farmers.

Council suspended the rules and passed the ordinance on first reading so it could meet the application deadline.

Coming to the end of the agenda items, there was one member of the audience that wished to speak. A resident from Woodward Avenue spoke on behalf of her neighbors on the street who have concerns about the prospect of a McDonalds opening at the end of their street. She first said that they already have enough problems with Woodward being a cut through street with it running from Munn in Cleveland down to Detroit in Lakewood. She and her neighbors fear it would get much worse with the McDonalds there. Not to mention the traffic trying to make left turns onto Detroit. They also believe it will hurt the neighborhood feel they have for the street, making it more commercial in nature. She stated she believed that the property across from Taco Bell on Arthur would be much better suited for a new McDonalds. Lastly she said she was deeply concerned that they plan to build the new fast food store just down the street from Harding Middle School.

The Mayor responded first by making it clear that the City does not go out looking for these kinds of developers, rather they tend to approach the city with their plans. Next he said that the Detroit Theater has been for sale for 10 years but only after recently closing has there seemed to be any urgency to find a buyer. Although McDonalds is showing interest in the property, the Mayor said that they are a company that takes a lot of time and does their research before opening a new store. Also they tend to look into many places at once, so it is still hard to say what they are thinking. He then tried to reassure the Woodward residents that, although the City is limited in what it can do to stop a business from opening, the City can hold a large amount of influence during the planning stages. They can help them decide on structure design, traffic patterns, hours of operation and other things that will have less of an impact on the neighborhood. Lastly he said that if he were to find out that McDonalds was in fact interested in pursuing that location that he would set up a meeting for anyone in the surrounding neighborhoods to meet with the developers to discuss the project. With no announcements from Councilmembers or the administration, Council President Madigan adjourned the meeting at 8:46 P.M. Council meetings are held every first and third Monday of the month at 7:30 P.M. in the City Hall Auditorium. The next regularly scheduled Council meeting will be held on June 6, 2011. For a copy of the agenda or for any other information regarding the Lakewood City Council, you can find it at onelakewood.com/citygovern\_ council.html.

Council referred the ordinance the Public Safety Committee for further consideration.

Director of Human Services, Dorothy Buckon, then asked Council to pass an ordinance allowing the City to enter into an agreement with the Western Reserve Area Agency on Aging. The agreement would allow Lakewood Seniors to continue to participate in the Seniors Farmers' Market Nutrition Program. The program offers lowincome seniors access to fresh fruit,

## Lakewood City News Meet The Trucks Set For June 4th

#### by Melissa Garrett

The City of Lakewood and the Lakewood Early Childhood PTA invite you to attend the 6th Annual Meet the Trucks on Saturday, June 4, 2011 from 10:00 a.m. to 2:00 p.m. at Lakewood Park, 14532 Lake Avenue. Come see, touch and explore the City's fine fleet of trucks and vehicles.

Vehicles on display will include an aerial truck, dump truck, refuse truck, fire truck, ambulance, police car, police motorcycle, SWAT vehicles, Cleveland MetroParks Eco Explorers Traveling Bus and more. In addition, the Lakewood Early Childhood PTA will offer crafts, face painting, a D.J., bounce houses, Jungle Bob, a bike raffle, a balloon artist and much more. Refreshment will be available.

The Lakewood Family YMCA, Lakewood Hospital, Lakewood Recreation Department, Lakewood Public Library and many other organizations will have tables at the event offering children's activities. Spin Bike Shop will also offer a Bike Repair Clinic.

Attendees are asked to bring a canned good which will be donated to the Lakewood Christian Service Center, the City's food bank.

The following organizations helped to sponsor this event: Met-Chem Inc., The Kiwanis Club of Lakewood, Romp n Stomp, Donatos, Lakewood Family YMCA, Midway Oh Boy, Jungle Bob, Dunkin' Donuts, Zap Entertainment and Music Connection.

## Mayor Mike Summer Gives Annual State Of City Address

by Melissa Garrett

Lakewood Mayor Michael P. Summers will present the 2011 State of the City address on Wednesday, June 8, 2011 at 7:00 p.m. at Beck Center for the Arts, 17801 Detroit Avenue.

Mayor Summers is serving in his first year as Mayor. He was appointed on Jan 1, 2011 to serve out the remainder of Mayor Fitzgerald's term, following Fitzgerald's election to the Cuyahoga County Executive position.His State of City Address will focus on the City's successes and achievements over the past year and the opportunities and challenges in the year 2011 and beyond.

This event is sponsored by Beck Center for the Arts, Lakewood Chamber of Commerce, LakewoodAlive, Lakewood Observer, Kiwanis Club of Lakewood and Lakewood/ Rocky River Rotary Club.

## Lakewood Police Hold Bike Rodeo For Kids On June 11

#### continued from page 1

kids about the mechanics of their bike and check that everything is in good working condition. Even sidewalk riders will benefit from activities such as the Rock Dodge, Who's There, Demon Driveway, Crazy Crossroads, and Slow Race that will go over traffic rules, reaction to hazards, and maintaining control.

The Lakewood Bike Rodeo targets Lakewood residents ages six to ten, but there is something for everyone at this FREE event. Additional reasons to come to the Rodeo:

Get a bike license free of charge. Many times stolen bikes end up getting turned into the police and this is the only way to know to whom the bike belongs so it can be returned. What's more, if a policeman suspects that a bike rider is on a stolen bike, the officer may flip the bike over to find the serial number and check it against the license records.

Get a Child Identification Card.

If your child were to be missing this is the must have document that you can give to the police immediately to help search efforts.

Get a kid's helmet for only \$3. Various kids' sizes will be available while supplies last.

Activities for ages six and under provided by City of Lakewood Family Room.

Interact with and get to know your local police officers in a casual and fun environment.

After the Rodeo, catch a swim at the Becks Pool at Madison Park. It opens this day at noon!

All rodeo participants should be accompanied by an adult age 18 or older and must wear a helmet. Every child that finishes the rodeo will be entered into a bike giveaway raffle.

This Bike Rodeo is sponsored by the Lakewood Police Department, Steel Valley Federal Credit Union, Madison Avenue Merchants Association, Live Well Lakewood, Friends of Madison Park, Silhouette School of Dance, The Coffee Pot Restaurant and the Kiwanis Club of Lakewood.



10:00 a.m. Children's Program: Civil War Diaries2:00 p.m. Adult Program: Your Favorite Lincoln Stories and Mine



#### For a complete schedule, visit www.lakewoodhistory.org

2:00 p.m. Adult Program: "Please, Do You Have Any News?"
7:00 p.m. Evening Program: Harriet Tubman portrayed by Ilene Evans **Thursday, June 23**10:00 a.m. Children's Program: African American Heritage: Stories, Games and Songs
2:00 p.m. Adult Program: Strategy and Planning for the Long Campaign
7:00 p.m. Evening Program: Mary Boykin Chesnut portrayed by Dianne Moran **Friday, June 24**10:00 a.m. Children's Program: Dear Mr. President

10:00 a.m. Children's Program: The Every Day Life

of the Civil War Soldier

2:00 p.m. Adult Program: The Port Royal Experiment: Rehearsal for Radical Reconstruction of the South

7:00 p.m. Evening Program: Mary Edwards Walker portrayed by Debra Conner

7:00 p.m. Major Martin Delany portrayed by Jim Armstead

#### Sunday, June 26

- 10:00 a.m. Children's Program: Healthy Living, Civil War Style
- 2:00 p.m. Adult Program: A Literary Look at the American Civil War
- 5:30 p.m. Ohio Historic Marker unveiling
- 7:00 p.m. Abraham Lincoln portrayed by Richard Johnson

Music performances at 6 p.m. each evening under the tent

#### Locations

#### **Children's Programs:**

Beck Center for the Arts, 17801 Detroit Avenue

#### **Adult Programs:**

Lakewood Public Library, 15425 Detroit Avenue **Musical Entertainment and Evening Programs** Lakewood Park (under the tent!), 14710 Lake Avenue

## Lakewood Public Library Author And Reenactor Howard George On The Real Civil War

#### by Lisa Calfee

Ah, the Civil War. Filled with romance, magnolia blossoms and Scarlett O'Hara. Not quite, according to Howard George, who says the Hollywood version of the Civil War is a bit lacking in the reality department. On Sunday, June 12 at 2:00 p.m. in the Lakewood Main Library Auditorium, George wants to take you back to 1861 and describe what life as a Civil War soldier was really like. George will pay special attention to artillery, care of the wounded and burial practices.

This multimedia lecture, performed in an authentic period uniform, looks at the many aspects of living, fighting and dying during America's deadliest conflict in which over 620,000 Americans died. By the way, George points out that this is not an accurate number. There were no dog tags, no central records office and no accounting of soldiers who deserted or were imprisoned.

Harold George has been a Civil War reenactor since 1992 and has literally followed in the footsteps of two great-great-grandfathers, retracing their tours through the war and following their paths from battlefield to battlefield. And though he began family research back in 1980, it was only with a well-deserved retirement from the Department of Defense after 29 years of service that he devoted himself full time to the War Between the States.

Since then, he's written three books on the subject: Men of the 9th Ohio, Ohio's Civil War Monuments and Dead Soldiers at Gettysburg. He's also been pioneering new formats with a comprehensive 10-CD-ROM multimedia set called Ohio and the American Civil War. And as a public speaker, he keeps busy with seven Civil War lectures that he performs in full uniform. More information is available on his website www.publicspeakerforhire.org.

Today, Harold George continues to be active in the reenactment com-

munity, serving with the Ninth Ohio Light Artillery since 1992. He currently serves as commanding officer of the battery, with the rank of First Lieutenant. Among the dozens of Civil War reenactments, parades and ceremonies that he has participated in, he was a part of the reenactments commemorating the 130th and 135th anniversaries of the Battle of Gettysburg.

So come join us on Sunday, June 12 at 2:00 p.m. in the Main Library Auditorium as Howard George takes us back 150 years for a fascinating look into some of the most agonizing days of our country's history and the lives within our collective family tree. This event is generously funded by Cuyahoga County residents through Cuyahoga Arts and Culture and the Friends of Lakewood Public Library.

And don't miss the upcoming events of Ohio Chautauqua 2011: The Civil War, when the Ohio Humanities Council sends its traveling living history program, Ohio Chautauqua, to Lakewood. This five-day event will run from June 22-26 with all-day activities at the Beck Center, Lakewood Public Library and Lakewood Park. For more information go to www.lakewoodhistory.org.

## Summer Movies And Crafts At LPL

#### by Michele Sommerfelt

Looking for a way to beat the heat while having fun at the Lakewood Public Library this summer? The Library's Children's and Youth Services department has created a schedule of mysterious movies and crafts that will help you have cool fun on a hot day.

CYS will run a six week long movie series called Afternoon at the Movies on Tuesday afternoons at 1:00 p.m. Movies will be shown in the Main Library Auditorium starting on June 21, 2011 and running through July 26, 2011.

These movies are fun for the whole

family. Bring a snack if you wish and come enjoy a mid-week movie break at the library.

June 21: *Beauty and the Beast* (Play Movie I Spy!!)

- June 28: The Great Mouse Detective July 5: Hoodwinked July 12: The Great Muppet Caper
- July 19: *G*-Force

July 26: ???

The final movie is a "Mystery Movie." Clues will be given out at each of the first five weeks of the movie series and patrons will be given the chance to guess the title of the movie that will be shown on the final day, Tuesday, July 26. All correct entries will be placed in a drawing for a prize to be announced when the movie is revealed on July 26. (Winner need not be present.)

CRAFT-Y CLUES is our summer drop-in craft center. CRAFT-Y CLUES will take place for six weeks on Mondays through Thursdays from 11:30 a.m.-3:30 p.m. at both Main and Madison branches from June 20 – July 28, 2011. Each week will feature a new craft. Craft supplies and instructions will be available daily for this self-guided activity center. Stop by every week to make the whole collection of summer crafts and let your creative craftiness rule!

# Your community. Your pediatric health team.

They're not just your neighbors. They're experienced pediatricians who are here to bring your family convenient access to high-quality care, including special expertise in treating common conditions in children like asthma and ADHD. Committed to making quality care convenient, we offer same-day sick visits, select Saturday hours and the bilingual capabilities of Dr. Haddad to better serve our diverse community.





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Dr. Fred Pearlman

Dr. Nada Haddad Fluent in Arabic, French & English



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#### Page 7

## LPL

## Ernie Krivda Free Concert Rescheduled For June 5th: We Couldn t Wait!

#### by Elaine Rosenberger

Jazz fans don't have to wait! Legendary jazz saxophonist Ernie Krivda will electrify the Lakewood Public Library on Sunday, June 5, 2011 at 2:00 p.m. in the Main Library's Auditorium with a solo concert featuring his unique improvisations, jazz and swing. One of the world's great tenor saxophonists, Krivda has been praised for his, "Endless flow of melodic ideas that makes everything he plays sound fresh and alive...," (Mike Shanley, JazzTimes, April 2010).

Krivda was born in Cleveland, Ohio and began studying the saxophone at the age of six. He attended the Cleveland Institute of Music, but soon went on the road, where he has played with legendary musicians such as Quincy Jones, Ella Fitzgerald, the Jimmy Dorsey Orchestra, Herbie Hancock, Chick Corea, and many others. Although Krivda lives in Cleveland, he travels extensively, giving concerts throughout the United States, Europe, and Japan. In fact his Lakewood Public Library Concert has been moved up to June 5th because he is about to begin another European tour. (The concert had originally been scheduled for June 19th).

Krivda's musicality is praised by both

## Haiku And You

by Nicka Petruccio

A poem, short and sweet But with boundless potential Its name is haiku

Writing becomes art Just a few simple techniques Called calligraphy

You can learn them both On a summer evening at Lakewood Library

Compose a haiku Write it in calligraphy Take it home with you

Teens, sixth through twelfth grade From seven to eight thirty Tuesday, June fourteenth

Drop ins are welcome Registration encouraged Call for more info

fans and critics alike. The Detroit Metro Times noted: "Ernie Krivda almost blew the sun out of the sky...," and Down Beat Magazine stated: "Ernie Krivda makes his saxophone sing...He threatens to snap the listener's heart in two..." Krivda has received numerous awards, including Cleveland's Best Instrumentalist (ClevelandSearch) and Cleveland's Best Horn Player (Free Times). In 2009 Ernie Krivda received the Cleveland Arts Prize award for lifetime achievement in music, and he was also awarded a CPAC (Community Partnership of Arts and Culture) Fellowship. Krivda also serves as a mentor to young musicians through his project, the Detroit Connection Quartet. Ernie Krivda's appearance at the Lakewood Public Library's Main Auditorium on Sunday, June 5th is generously funded by Cuyahoga County residents through Cuyahoga Arts and Culture and by the Friends of Lakewood Public Library. Visit lakewoodpubliclibrary.com/friends to learn more.

## Master Magician To Materialize At LPL!

by Arlie Matera

Harry Houdini once said, "What the eyes see and the ears hear, the mind believes." Get ready, because Nate the Great is coming to the library, and he's bringing a show that will have your whole family believing in magic!

Nate the Great (aka Nathan Rasp) has been performing professionally since he was thirteen years old as a magician, escape artist, and hypnotist. A member of the International Brotherhood of Magicians, he has performed for groups of every demographic and size, from private parties to sold-out theaters.

"He puts on a very engaging and entertaining show," says children's librarian, Kathryn Tatnall. "It really is fun for all ages."

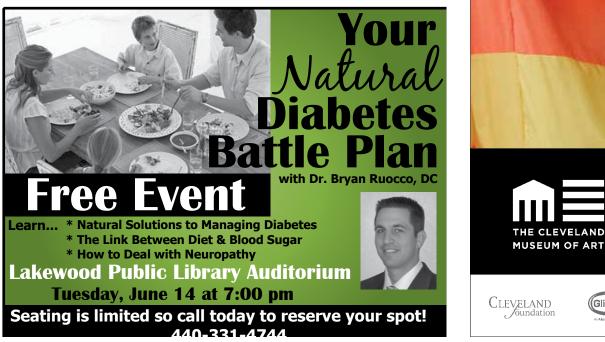
So gather up your friends and family and head to the library for a marvelous magic show that will get your imagination moving!

Nate the Great will perform in the Main Library Multipurpose Room on Friday, June 10th at 3:00 p.m. The performance is free and open to all ages.



Saturday, June 11 In University Circle Circle Village 11 a.m.-4 p.m. Parade at noon Free





## **Lakewood Schools**

## LCA, Roosevelt Third-Graders Team To Learn About City, Each Other

#### by Christine Gordillo

A joint project between thirdgraders at Roosevelt Elementary and Lakewood Catholic Academy has fostered a sense of shared community spirit between the Lakewood City School's students and their parochial school counterparts that did not exist before.

The classes got together to focus on a Lakewood history-centered project that would help the students learn more about their community. The Lakewood City Schools third-grade curriculum includes a unit on local government and their community so making it a third-grade project made logical sense. To narrow down the focus, the area at Detroit and Warren avenues was chosen as the subject to explore.



As part of their Lakewood project, the group took a tour of City Hall, including the courtroom and speaking with Judge Patrick Carroll.

met twice at Roosevelt. In the first session, the students spent time learning about each other and brainstorming

## The classes, two from each school, ab

## Roosevelt Trio Headed To Ohio Honors Choir



Roosevelt fourth-graders (from left) Breslin McCrae, Faith Hampton and Mia Boland will participate in the Ohio Choral Directors Association's Honors Choir later in June.

#### by Christine Gordillo

A trio of fourth-grade singers from Roosevelt Elementary will be heading to college this summer. The three – Mia Boland, Faith Hampton and Breslin McCrae– have been chosen to participate in the Ohio Choral Directors Association's Children's Honor Choir, which will convene at Otterbein College near Columbus June 20-22 to rehearse and perform with 150 Ohio students in grades 4-7 as part of the select choir. A guest conductor from Cincinnati will be leading the choir.

Teachers throughout the state were encouraged to nominate their most talented young singers for the choir. Roosevelt music teacher Lisa Van Scyoc nominated Mia, Faith and Breslin not only because they are strong singers but she said, "They also demonstrate excellent citizenship at Roosevelt and are musical leaders in their general music classes."

Van Scyoc has no doubt that the OCDA choir will be a boon all around for the young singers.

about what type of project to do related to Lakewood history. They met the second time to create their projects, which ranged from timelines to a replica oneroom schoolhouse.

On May 16, they took a tour of City Hall where they met Mayor Mike Summers, Judge Patrick Carroll, and other city officials who talked to the students about their jobs. Then the group took a walking tour of the Warren Road-Detroit Avenue area focusing on the historical aspects of many of the buildings and how that area played a role in Lakewood's development as a city.

The idea for the joint venture was hatched by Councilman Brian Powers, whose children attend LCA, and Lakewood Board of Education President Matthew John Markling, whose children attend Lakewood Schools. Both were looking for a way, Markling said, "To get the kids from LCS and LCA to interact with each other."

According to one of the teachers, Roosevelt's Maureen Manderfield, the project has been a great success in breaking down public vs. private school barriers.

"I think there was some apprehension at first ... but they soon found out that 'they are 8-year-olds just like us," Manderfield said.

One of the Roosevelt students even re-connected with an old preschool friend that he hadn't seen since the two went different ways for elementary school. Another student discovered one of the LCA students lived just down the street from her.

"It's the kind of thing that expands their friendships and who they know," as they go about their community, Manderfield said. A number of students said they've already run into their new LCA friends around town and have been thrilled to recognize them and say hello.

Parents and families from both schools gathered on May 23 at Roosevelt to view the finished projects created by the students, who worked in small groups of students from both schools. The projects will be on display at the Lakewood Public Library's main branch from June 22-26.

### **Rocket Clubs A Blast At Harding, LHS**

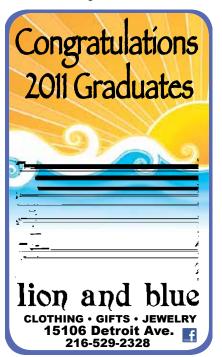
#### by Christine Gordillo

An interest in rocketry appears to have taken off for some of the district's middle school and high school students. Two teams at Harding Middle School and one at the high school participated in this year's Team America Rocketry Challenge, a national contest for grades 7-12, the world's largest rocket contest, sponsored by the Aerospace Industries Association and the National Association of Rocketry.

Teams in the contest must design, build and fly a model rocket that reaches a specified altitude and flight duration. The parameters for the contest change each year. This year the rockets had to reach 750 feet and stay airborne for 40-45 seconds. But there's a twist...the rocket must carry a payload of one egg and land with the egg completely intact (no cracks). The top 100 teams that meet the qualification standards are invited to compete at the national finals in Washington, D.C., in July.

This year, Harding's two teams both met the qualification standards, but unfortunately, did not crack the top 100 scores. LHS' team, which was operating for the first time this year, didn't make qualification. Nonetheless, the teams learned valuable experience in practical application of math and science.

The teams and their advisers, Ann Pesta at Harding and Bob Sedlak at LHS, spent a few Saturdays out in the cornfields of Amherst or Middlefield – sites where rocket launching is permitted – testing their rockets out so that they knew what needed to be tinkered with for their qualifying launch. The teams also received guidance from



"They will be challenged with exciting music and will also gain valuable experience as they stay on a college campus and make new acquaintances. It will provide them with the opportunity to be with other students who are as musically skilled as they are and, more importantly, as motivated as they are to learn. I have no doubt that Mia, Faith, and Breslin will enjoy this opportunity and return with even greater vocal skills. I am so proud of them," Van Sycoc said.

The trio can expect some hard work before the performance though. They are required to attend two, threehour rehearsals in Medina with other Children's Honor Choir selectees in the region before heading to Otterbein. Pat Easter of Lakewood, an NAR mentor who oversaw the launches.



Team members from one of Harding's TARC teams get ready for a launch.

## Lakewood Schools St. Joseph Academy Students Again Host Senior Citizen Proms

#### by Brian Powers

A Lakewood tradition continued this year, bigger and better than



*The 2010 and 2011 Prom Queens from Lakewood Senior Health Campus* 

ever. Once again, high school students from the CARE Youth Group at St. Joseph Academy volunteered to host a "Senior Prom" for senior citizen residents of Lakewood, complete with music, dancing, and food. The response from last year's event was so overwhelming that two Lakewood organizations requested that the event be held at their facility this year. Rather than disappoint either group, the young women responded by graciously giving up two consecutive weekend nights to accommodate both requests.

On Friday, April 15, the first prom was held at Fedor Manor on Madison Avenue. Mary Basko, Eileen Campbell, and John Beiber were selected as Prom Queens and King. The next night, Saturday, April 16, a second prom was held at Lakewood Senior Health Campus on Bunts Road. Mike and Netta Norcia, who were celebrating their 56th wedding anniversary that night, were selected as King and Queen in an emotional celebration.

The students and the seniors had a wonderful time together, with each group learning some new songs and new dances. The bonds formed last year carried through, with young and old friends reuniting in a flurry of smiles and hugs. Plans are already underway for next year's event. The City of Lakewood is proud that our intergenerational residents and volunteers enjoy being together so much, year after year.



The Queens and King of Fedor Manor: Mary Basko, Eileen Campbell, and John Beiber

## Lakewood Chamber Of Commerce Announces Scholarship Winners

by Valerie Mechenbier

The Lakewood Chamber of Commerce 2011 Scholarship winners were honored at a breakfast at Pier W on May 20th. The Chamber welcomed over 50 members, students, parents, and guests to the annual scholarship breakfast, sponsored by Virginia Marti College of Art and Design. Four high school seniors were recognized for their exceptional dedication to their studies, extra-curricular activities, and, just as importantly, for their commitment to working at a part-time or full-time job during their high school years.

Patty Ryan, CEO and President of the Lakewood Chamber of Commerce presented the awards to the students. Diane Helbig of Seize This Day Coaching gave a timely presentation titled "The Opportunity to Succeed." Each student will receive a \$500 check from The Lakewood Chamber of Com-



Louis Rispoli with keynote speaker Diane Helbig

merce.

Congratulations to the 2011 Lakewood Chamber of Commerce Scholarship winners:

Louis Rispoli St. Edward High School

Samiha Abusharekh Lakewood High School

Kevin Ritter Lakewood High School

Clay Verga Lakewood High School

#### **District Receives Teacher Training Tech Grant**

by Christine Gordillo

Lakewood City Schools is part of a winning grant team headed by Baldwin-Wallace College that has been awarded \$100,000 that will, among other things, help expand the knowledge among Lakewood staff of incorporating 21st century technology tools into their teaching.

The eTech Ohio Teacher Planning

infusing technology into their instruction with an LHS teacher seeking to expand the use of technology applications in their classroom and a college student in the education program at Baldwin-Wallace College," Lakewood High principal Dr. Bill Wagner said.

Through activities supported by the grant, new teachers will be prepared



Diane Helbig, Clay Verga, with Clay's parents Daryl and Tom Verga

## **Strokes Of Genius**

by Julie Strunk

Tuesday, May 17, at 4:30 p.m. marked the end of the second season of "Strokes of Genius" at the Lakewood Public Library with an art show for family and friends. Students in second through fourth grade listened to stories about, and created their own masterpieces in the styles of, Georgia O'Keefe, Georges Seurat, Paul Cezanne, Michelangelo, Robert and Sonia Delaunay, and Andy Warhol. The students met once a week for six weeks and proudly showcased their creations!



Diane Helbig, Kevin Ritter, with Kevin's parents Susan and Jeff Ritter



Back Row, L to R: Zion Kolodynski-Darby, Kyren Jefferson, Kenyon Jefferson, Audrey Warren, Evan Bell, Emily Kotansky, Lilly Germaine Front Row, L to R: McKenna Kessler, Sadie Dohar, Markus Knaak, Aidan Bohac, Sharaliz Martinez

## Harding Power Of The Pen State Champs

.. .. .

Grant required that the college or university applying for the grant partner with local school districts to enhance the "field" training of its students. Besides Lakewood, the Euclid and Bedford school systems are also part of the grant team.

The grant will provide the district with \$14,000 in new equipment, including 24 netbook computers, 24 iPod Touches and one iPad.

The grant includes a component that will team teaching candidates from B-W with trained mentors at the high school and middle school level and possibly also at the elementary schools. Each district will receive five to 10 B-W students, many of whom will be assigned to the high school.

"The eTech Teacher Planning Grant will create trio teams consisting of a current LHS teacher who is highly adept at to teach in a 21st century classroom, practicing teachers will remain abreast of new developments in technologyenabled learning, and students will become familiar with the latest technologies and stay engaged in learning.

Besides the student teacher-mentor teacher component of the grant, Lakewood Schools faculty will work with B-W faculty to develop professional development strategies for bringing more current teachers into the technology fold.

"These funds provide a way to equip future teachers and modernize current classroom practices all at once," said Kate Harkin, executive director of eTech Ohio. "I am pleased that the impact of these funds is doubled through the cooperative partnership of higher education and K-12 institutions."

#### continued from page 1

praised the students' talent and commitment.

"We are just so proud of these kids," Pangrace said. "What a memorable year. The future is limitless for these remarkable young writers."

Garfield Middle School also sent three writers to the State Finals, seventh-grader Alison Donegan and eighth-graders Sara Shyte and Carleigh Spence.

Besides state finalists Jimmy Toner, Tess Moran, Kathryn Urban and Maggie Pizzo, Harding team members are seventh-graders Amanda Cabot, Veronica Gordon, Zak Inak and Jonny Latsko and eighth-graders Renee Klann, Sarah Smith, Erin Turner and Laert Fejzullari.



The Harding combined seventh- and eighth-grade Power of the Pen teams, which placed first in the tournament's state finals. (Sitting from left): Tess Moran, Amanda Cabot, Maggie Pizzo, Jonny Latsko, (standing from left) Veronica Gordon, Zak Inat, Jimmy Toner, Kathryn Urban, Renee Klann, Sarah Smith, Erin Turner and Laert Fejzullari.

## Lakewood Schools Johanna Orozco Visit An Awakening For One LCA Student

#### by Kaitlin Telling

Lakewood City Academy Student

On May 6, 2011, female students at Lakewood City Academy were honored to welcome Johanna Orozco, 22, of Cleveland, to speak to them about relationship violence. Johanna speaks to groups across the region through the Domestic Violence Center of Greater Cleveland, about the relationship that nearly killed her.

Previously, we met with Shannon Crumpler, Community Educator from the Domestic Violence Center. She taught us about signs of relationship violence and what to do if we recognize them in our own lives. She also shared a video with us; the video showed news clips and told the story of Johanna, who in 2007 was shot in the face by her abusive ex-boyfriend, who is now in prison. Johanna lived to tell her story and to play a major role in getting legislation passed that allows teenagers in abusive dating relationships to obtain protection orders. When I heard that Johanna Orozco was coming to speak at Lakewood City Academy, I didn't think her talk would be so life-changing. Johanna spoke about her abusive relationship, what to do in that situation and how it is best to move forward. I sat there thinking how strong this woman is. I never thought that one speaker could change something in less than an hour.

Johanna changed me. Personally, she taught me what is wrong and right in a relationship. She showed me that being abused is not a sign of love. Johanna showed me how strong you can be after facing something so horrible. She changed how I let people treat me and how I treat people. She also gave me information on what I should do if I or any of my friends are abused.

Johanna had the courage to speak to thousands of girls about her experiences and abuse awareness. She was very much appreciated at my school. Now girls at my school know signs of abuse, how to prevent abuse and what to do if you are being abused. Abuse does not discriminate. It can happen to anyone. I think every girl should have the experience of hearing Johanna speak about abuse.

What I would like to say to Johanna Orozco is, "You are such a strong woman. I have the deepest respect for you. You have helped many people that I know. If you ever feel like you do this for nothing, know that you change at least one person each time you speak about your experience. You are truly a lifechanging person. If you would not have come to my school, I wouldn't know all of these signs of abuse, I would't know what to do in an abusive relationship and I wouldn't know how to move past an abusive relationship. Thank you!"

All women of all ages should know the signs of abusive relationships and what to do to stay safe. The Domestic Violence Centers' website is a great teacher and highlights many important resources. Please check it out at www.domesticviolencecenter.org and



Johanna Orozco, a domestic abuse survivor, speaks to a group of girls at Lakewood City Academy about teen dating violence.

share it with every female you know. It could change your life.

## Horace Mann Elementary News Crew

#### by Ella Germaine 5th grade, Horace Mann

Morning announcements have come a long way. When you were in school, maybe your teacher told you the morning announcements, or maybe you heard them over the P.A. system. Nowadays, at Horace Mann Elementary, we are fortunate enough to be able to watch them on our Promethean Boards in our classrooms each morning, courtesy of our News Crew.

News Crew isn't just cameras, a script and some anchors; it is much more than that. To give you an idea, let me walk you through a typical show. Once the 8:45 bell rings, the crew members, who are fourth or fifth grade students, come to the library and pick up a checklist with their job duties. The Floor Manager runs the show and makes sure everyone is doing their jobs. Meanwhile, at the production desk, slides are being edited and put in order, camera shots and transitions are



At the anchor desk

and the meteorologist reviews a script to read. Back at the news desk, the anchors rehearse their own scripts. Classrooms take turns coming to the library to lead the whole school in the Pledge of Allegiance and our Peacebuilder's Pledge. When everyone is settled in and the 2 minute bell is rung, we know that the show is about to begin.

When the 9 am bell rings, we start

Morning" In addition to the regular current events and lunch menu, we have a weather segment, "Way To Go Wednesday" awards, welcomes to guest staff, "Thursday Poetry Corner," and other special appearances. When the broadcast is wrapped up, all the equipment is put away neatly and the library returns to book mode.

The nine news crew members



News Crew collaborates.

They all rely on each other and each job is important. Right now we have five different crews! That's a lot of involved students! Our library staff advisers help us stay on track with training, troubleshooting and especially pronunciation of names.

News Crew is one of the many characteristics that make Horace Mann unique. Like they say in showbiz (and at our school): "THE NEWS IS IN AND WE'RE OUT!"

reviewed and audio output is checked. Camera operators set up the equipment

by wishing Horace Mann a "Good

work as a team to put on a good show.





Horace Mann students run the announcements from the production desk.

## **Lakewood Observer Dining Guide**



## **18616 Detroit Avenue** 216.521.4413 • www.atccafe.com

Sundays -Enjoy our a la carte & delicious Brunch Mondays- Buy One, Get One- Black Angus Burgers, Wednesdays- Try our \$5 Menu!

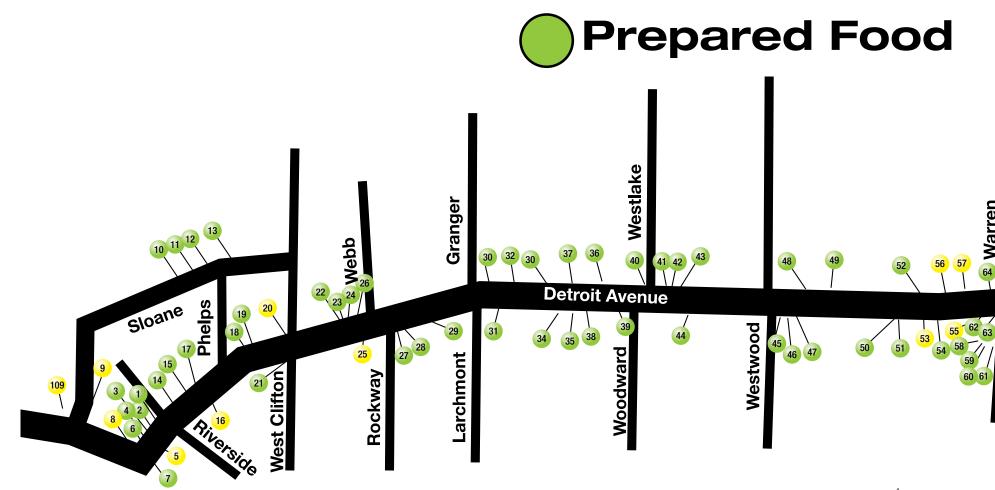
Stop by, relax, and enjoy a good meal and libation on one of our various outdoor patios. Great burgers, salads, wings, and fish dinners are just a few reasons why we are everyone's favorite patio. We can even close off some of our patios for private parties. So plan your next event or party at ATC in our Warehouse Room, Patio, or Bar. See you soon.

Warehouse available for parties & fundraisers

- 100-10

100

## Lakewood Observer Dini



#### **Top Patios In Lakewood**

According to a recent poll on the front page of the Lakewood Observer website at: http://lakewoodobserver.com. Isn't it time you stopped by to read and take part in the discussion your friends and neighbors are having about Lakewood?

- 1) Three Birds # 5
   8) Sullivans #1

   2) Around The Corner #8
   9) Library On

   3) Beer Engine # 163
   10) Mullens #1

   4) Beck Cafe #25
   11) Dairy Quee

   5) Players #153
   12) 5 Guys #56

   6) Melt #69
   13) Chiptole #3

   7) Pacers #72
   14) Lake Hous

   8) Winking Lizard # 82
   16) India Gard
- 8) Sullivans #140
  9) Library On LEAF Night
  10) Mullens #176
  11) Dairy Queen #24
  12) 5 Guys #56
  13) Chiptole #55
  14) Lake House Cafe #110
  16) India Garden #16

## Great Food And Outdoor Dining Lakewood Has It In Abundance

#### by Jim O'Bryan

If there is one thing we have come to learn about Lakewood in this issue of the Observer, it is that in only 5 square miles we have a great abundance of places to get good food, and plenty of opportunities to eat it outside on some of the area's finest patios.

Leading the voting in a recent Lakewood Observer poll were two restaurants with the same owner. First is Three Birds, under new ownership by Mickey Krivosh, with one of the classiest and largest patios around. Second was the incredible patio complex at Around The Corner, also a Krivosh family establishment. Although very different in concept, both restaurants are known for excellent food and drink. In a recent interview about the ownership change at Three Birds, Mickey made it clear that the head Chef, Rachael, will continue creating her award winning meals and will be throwing some new ideas into the mix. This is great news for the fans of Lakewood's only 4 star restaurant, who had feared the sale would mean drastic change. "I want to continue the great work Jim Bell did at Three Birds, and build it into an even finer dining experience." And with some of the ideas Mickey is talking of, a 5 star rating is not out of the picture down the road. Other venues that ranked high

in the voting were Pacer's, The Beer Engine, Sullivan's Irish Pub, Beck Cafe, 5 Guys, Player's, India Garden, Lake House, Sweetwater and Dairy Queen. While it sounds like that should have covered most of Lakewood's patio dining options, it is not even close!

There are tremendous patios on the east side of Lakewood at Shamrock Tavern, Tarrymore, and even Sugar Bears. In the center of town one can watch the world go by at Chipotle, Melt, and soon at the new patio restaurant at Rozi's Wine House. This last patio is under construction right now, but soon you will be able to enjoy many of the fine dinning offerings previously only available at their wine tastings. If patios are not for you but you like to eat outside, try grabbing some food and sit down to enjoy it at one of the many parks in town- The Place To Be is next to Issac Warren Park, six restaurants surround Sinagra Park, and bela dubby, Manja, Mahalls, Coffee Pot, Babba's are all close to Madison Park. With only 5 square miles, practically every restaurant in this city is close to a wonderful place to enjoy your meal outside in the sun and fresh air. So no matter if it is The Westend Burger to-go, or something from the newly opened Jammy Buggers, we need not worry about getting fed in the city of Lakewood.

Where you can buy prepared food in Lakewood Ohio. Businesses in BOLD have outdoor dining.

Businesses in italics are supporters of the Lakewood Observer. With their help we have been able to produce 149 copies of the Lakewood Observer, helping amplify the good news about Lakewood.

#### PLEASE SUPPORT THEM - DINE OUT IN LAKEWOOD TODAY! 1. Riverwood Café 18500 Detroit

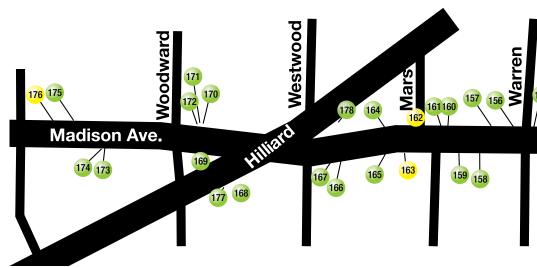
- 2. Borderline Café 18510 Detroit
- 3. West End Tavern 18514 Detroit 521-7684
- 4. A'Venue Wholesale Fine Pastries 18520 Detroit
- 5. Three Birds 18515 Detroit 221-3500 Patio
- 6. Dewey's Pizza 18516 Detroit
- 7. Harry Buffalo 18605 Detroit
- 8. Around The Corner 18616 Detroit 521-4413 Patio 9. Blackbird Bakery 1391 Sloane Patio
- 10. McDonalds 18228 Sloane
- 11. Peking Restaurant 18198 Sloane
- 12. Sloane Pub 18196 Sloane
- 13. Nature's Bin 18120 Sloane 521-4600
- 14. Simone's Beverage & Deli 18414 Detroit
- 15. Papa John's Pizza 18400 Detroit

#### **16. India Garden 18405 Detroit 221-0676 Patio** 17. John's Diner 18260 Detroit

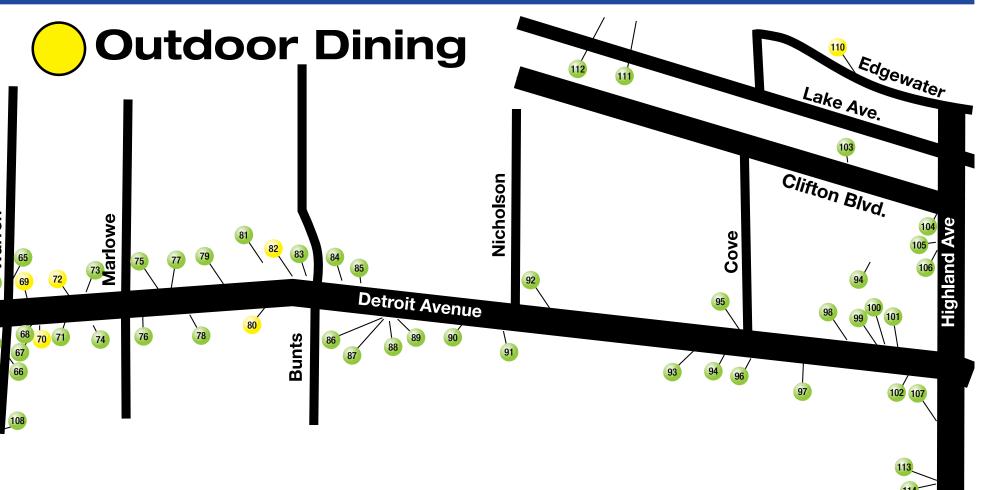
- 18. Avenue Tap House / Guy's Pizza 18206 Detroit
- 19. Kenilworth Tavern 18204 Detroit 226-6882
- 20. Donatos Pizzeria 18100 Detroit Patio
- 21. Breadsmith 18101 Detroit
- 22. Eddy & Iggy's 17900 Detroit
- 23. Sweet Spot 17804 Detroit (coming soon)
- 24. Rush Inn 17800 Detroit 25. Beck Café 17823 Detroit 712-4746 Patio
- 26. Webb Food Mart 17796 Detroit
- 27. Pug Mahones 17621 Detroit 228-8874
- 28. Nunzio's Pizzeria 17615 Detroit 228-2900
- 29. Dunkin Donuts 17609 Detroit

- 32. Midtown Booths Tavern 16934 Detroit
- 33. McCarthy's Ale House 16918 Detroit 228-1340
- 34. Dairy Queen 16803 Detroit Patio
- 35. Plank Road 16719 Detroit Patio
- 36. Mini Mart 16708 Detroit
- 37. Cozumel Mexican 16512 Detroit
- 38. United Dairy Farmers 16511 Detroit
- 39. Hot Spot Food Mart 16403 Detroit
- 40. fiftysix west 16300 Detroit 226-0056
- 41. Hungry Howies Pizza 16210 Detroit 521-7200
- 42. Mr. Hero 16204 Detroit 228-6489
- 43. Sweet Designs 16100 Detroit
- 44. Bobby O's 16103 Detroit
- 45. Jammy Buggars 15625 Detroit
- 46. Merry Arts Pub 15607 1/2 Detroit 226-4080
- 47. Roman Fountain Pizza 15603 Detroit 221-668
- 48. Ross Deli 15524 Detroit
- 49. Taco Bell 15500 Detroit
- 50. Subway 15317 Detroit
- 51. Domino's Pizza 15315 Detroit
- 52. Root Bakery & Café 15118 Detroit 226-4401
- 53. Caribou Coffee 15105 Detroit Patio
- 54. Burger King 15027 Detroit
- 55. Chipotle Mexican Grill 14881 Detroit Patio
- 56. Five Guys Burgers Patio
- 57. Rozi's Wine House 14900 Detroit 221-1119 F
- 58. Dog House 2 14877 Detroit Marc's Plaza 221-
- 59. China Garden 14867 Detroit Marc's Plaza
- 60. Marc's 14861 Detroit Marc's Plaza
- 61. Boston Market 14833 Detroit Marc's Plaza
- Construction of the second sec
- 62. Dave's Cosmic Subs 14813 Detroit 221-1117
- 63. The Souper Market 14809 Detroit 712-7292 64. Deagan's Kitchen & Bar 14810 Detroit
- 65. The Place To Be 1391 Warren Rd. 226-8783
- 66. Jimmy Johns 14725 Detroit

30. Create-A-Cake 17114 Detroit 31. Johnny Malloy's / Geppettos Patio 17103 Detroit 529-1400 67. Moe's Southwest Grille 14723 Detroit (coming soon)
 68. Robek's 14701 Detroit
 69. Melt Bar & Grilled 14718 Detroit 226-3699



## ing And Patio Guide 2011



108. Speedway corner of Warren Rd. and Franklin Blvd.

70. Panera Bread 14701 Detroit Patio 71. Einstein Bros. Bagels 14615 Detroit 72. Pacers 14600 Detroit 226-2000 Patio 73. Aladdin's Eatery 14518 Detroit 521-4005 74. Lakewood Hospital 14519 Detroit 521-4200 75. Two Dad's Diner 14412 Detroit 226-3270 76. T.J.'s Butcher Block Deli 14415 Detroit 521-3303 77. Blue Onion Take Out & Catering 14408 Detroit 78. Edible Arrangements 14239 Detroit 79. Get Go 14206 Detroit 80. Hixson's 14125 Detroit 521-9277 81. Giant Eagle 14100 Detroit 226-2698 82. Winking Lizard Tavern 14018 Detroit Patio 83. Moon's Food Store 14000 Detroit 84. Georgio's Pizza 13804 Detroit 85. Szechwan Garden 13800 Detroit 86. China Express 13621 Detroit 87. Grab & Go Pizza Express 13619 Detroit 88. Feed Me 13611 Detroit 89. Irish Kevin's 13601 Detroit 90. KB Confections 13519 Detroit 221-4371 (opening soon) 91. Tina's Deli & Restaurant 13411 Detroit 92. Corky's Place 13302 Detroit 93. The Red Rooster 12901 Detroit 94. Miller's Sunoco 12511 Detroit 95. East End Market 12500 Detroit 96. Pepper's Restaurant 12401 Detroit Patio 97. Shore Restaurant 12009 Detroit 98. 5 O'Clock Lounge 11906 Detroit 99. The Chamber 11814 Detroit 100. The Phantasy Nite Club 11802 Detroit 101. The Symposium 11800 Detroit 102. The Hi-Fi Club 11729 Detroit 103. Good & Raw Cafe and Store 11701 Clifton Blvd. 104. Shell Food Mart 11701 Clifton Blvd.

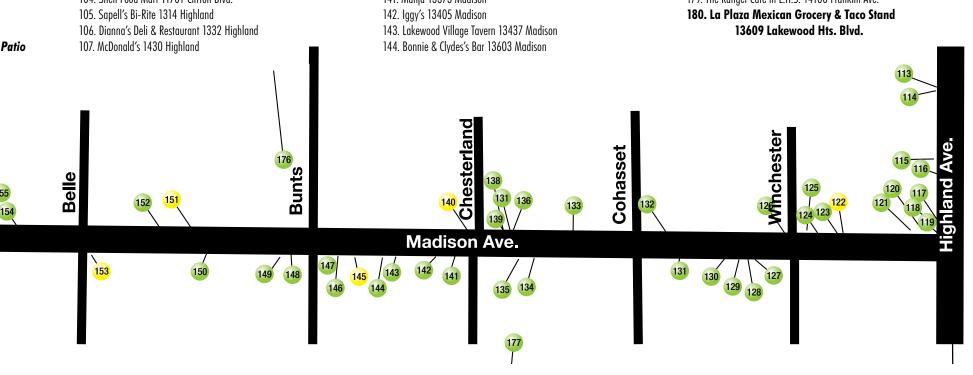
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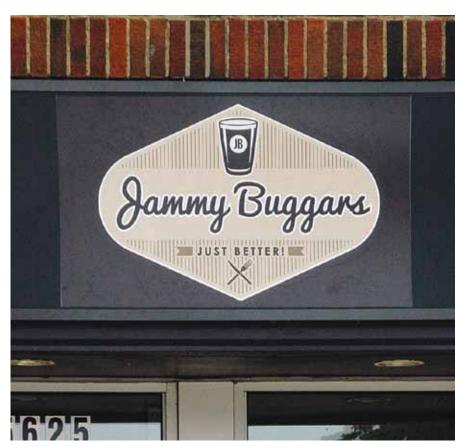
Park

109. Sweetwater Landing 1500 Scenic Park Drive in The Emerald Canyon, Patio 110. Lake House Café 11850 Edgewater Drive 226-7575 Patio 111. Pier W 12700 Lake Avenue 112. Mr. T's Deli 12900 Lake Avenue in the Carlyle 113. Mr. Hero 1510 Highland 114. Panda Wok 1512 Highland 115. KFC 1560 Highland 116. Bottom's Up / Borderline Comedy Club 1571 Highland 117. Aldi's 1600 Highland 118. Subway 1628 Highland 119. North Coast Wine & Beer corner of Madison and Highland 120. Joe's Deli & Beverage 11750 Madison 121. Burger King 11790 Madison 122. Shamrock Restaurant & Tavern 11922 Madison Patio 123. Flying Rib 11926 Madison 521-0117 Patio 124. Sugar Bears Custard 12102 Madison Patio 125. Winchester Tavern & Music Hall 12112 Madison 226-5681 126. Thai Kitchen 12210 Madison 127. Corner Pub 12301 Madison 128. Madison's 12401 Madison 129. Coffee Pot Restaurant 12415 Madison 130. Madison Bi-Rite 12503 Madison 131. Baba's Kitchen in church basement 12711 Madison 226-3382 132. Barroco 12906 Madison 133. Mahall's 20 Lanes Restaurant 13200 Madison 521-3280 134. Bela Dubby Café 13321 Madison 221-4479 135. Waterbury Coach House 13333 Madison 226-9772 136. Beverage Square 13340 Madison 137. Little Ceaser's Pizza 13342 Madison 221-5757 138. Tarrymore Inn 13356 Madison 139. Trio's Bar 13362 Madison 140. Sullivan's Irish Pub & Restaurant 13368 Madison Patio 141. Manja 13373 Madison

145. Angelo's Pizza 13715 Madison Patio 146. Khiem's Vietnamese Cuisine 13735 Madison 147. Church Bar 13751 Madison 148. The Greek Village 14019 Madison 228-4976 149. Richland Café / Farrells 14027 Madison 150. Tommy's Pastries 14205 Madison 151. El Tango Taqueria 14224 Madison Patio 152. Dairy Mart 14322 Madison 153. Player's On Madison 14527 Madison Patio 154. Doughnut Pantry 14600 Madison 155. BP AM/PM 14718 Madison 156. The Red Rose Café 14810 Madison Patio 157. Malley's Ice Cream Parlor & Chocolates 14822 Madison 158. Hobart Health Foods 15001 Madison 159. Madison Convenience Store 15019 Madison 160. Elmwood Bakery 15204 Madison 161. La Bella Cupcakes 15208 Madison 162. Mars Bar 15314 Madison 248-4500 Patio 163. Buckeye Beer Engine 15315 Madison 226-2337 Patio 164. Taste of Europe Beverage & Deli 15512 Madison 165. Screaming Rooster 15527 Madison 166. Patio Tavern 15615 Madison 167. Patton's Food 15719 Madison 168. Golden Gate Chinese Restaurant 16009 Hilliard 169. Italian Creations Carry Out/Catering 16104 Hilliard 226-2282 170. O'Donnell's Pub 16204 Madison 171. Subway 16208 Madison 172. Lin Garden 16210A Madison 173. Convenient Food Mart 16811 Madison 174. Tommy's Pizza and Chicken 16813 Madison 175. Gatherings Kitchen Catering/Classes 17004 Madison 176. Mullen's of Letterfrack 17014 Madison 226-5224 Patio 177. 7-11 16165 Hilliard 178. Madison Square Lanes 1653 Westwood Ave. 179. The Ranger Cafe in L.H.S. 14100 Franklin Ave



## Lakewood Observer Dining Guide



#### Jammy Buggars - Opening May 31!

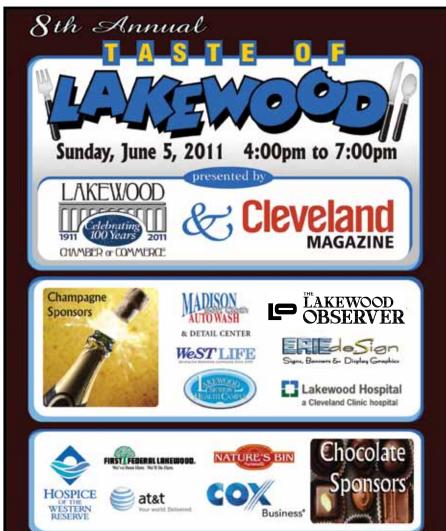
In what used to be Niko's

A note on the LO Observation Deck by Jammy Buggars owner and Lakewoodite, Jim Sprenger says it all.

...But we do have an amazing grass-fed burger on the menu! Not just an ordinary chuck, this is an ohio raised beef grind containing the brisket, shank and flank-steak resulting in the best burger I've ever had. Of course, I'm biased. :wink:

Let me reassure you that we are also not a British Pub. You may find fish-n-chips on the menu, but they won't be confused with any standard pub fare. Our chef driven menu is sophisticated enough for a nice meal but casual enough for every day dining. ...and then we have beer. A beautiful new 20 faucet tower has just been added to the back bar. Mostly craft, but I saved room for a nice rootbeer and cider.

We open on May 31st. Stop in for a bite...stay for a pint!...and please ask for me. I'd love to meet you!



# Supporting Lakewood

#### by David Stein

After again reading more comments on the Lakewood Observer Observation Deck, about the proposed CVS building on Detroit, the rumors of McDonalds and all the concern, I pose this question to the residents of Lakewood- "Do I support Lakewood businesses?"

We are all so quick to make our opinions known when we feel something doesn't meet our standards or expectations. The building of the new CVS, I feel, is a positive move. Replacing an abandoned church and a store front block which hasnt been updated in years will add movement and activity as well as obvious change to our landscape. I have lived and own a business in Lakewood for years- and as I have told so many naysayers over the years- put your money where your mouths are. First and foremost support your local businesses, churches and organizations. Through this support we wouldn't have the empty buildings and storefronts to contend with. Secondly, start your own business and fill these empty buildings and storefronts! Until Lakewoodites support and respect the city in which we live we will continue to see these changes. And hopefully with the help and guidance of City Hall these new builds will continue to fit in with our hopefully everchanging landscape.

Time and time again so many of us are quick to comment without thinking of the whys. What was the last movie YOU saw at the Detoit Theatre? Let us embrace change, continue to have good, intelligent debates and more so, support our local businesses.

## **Open While Under Construction**



#### Rozi Wine House And Cafe -

For over two years Gary and Corey Rossen have been working on taking their very successful one off Cafe events to a higher level. This summer, we will see just what they have in mind. Changes include an open dining area that runs over 30' back and should seat over 60 people.

Being served will be many of the great items they have been serving at their wine tastings and special events. A full menu of great food coming from many of the best chefs in the region. Matt Harlon (Lolita) has been seen walking through the build out.Matt has always been a great supporter of Rozi's and The Jordan Family Foundation. It will be refreshing to once again have a nice light lunch right under Lakewood Observer Headquarters, with a good beer or the perfect glass of wine. This should be something different to try in another couple weeks!



56 West Angelo's Pizza Around the Corner Buckeye Beer Engine The Clifton Club Cozumel Restaurante Deagan's Kitchen & Bar Donatos Edible Arrangements Gatherings Kitchen The Greek Village Grille LaBella Cupcakes Melt Bar & Grilled Nature's Bin OH, CakePops! Pacers Pepper's Italian Restaurant Pier W The Root Café Two Dad's Diner Sweetwater Landing

www.tastooflakowood.com

**Rozi's Wine House** 

ROZI'S FOUR GENERATIONS STRONG!

#### WINE HOUSE

#### #1 Wine Store in Northeast Ohio AGAIN THIS YEAR!

Rate #35 in the WORLD for Best Beer Selection!

Come in and check out Rozi's new Gift Catalog! More than 150 gift ideas on site everyday! Great ideas for everyone on your Gift List!

Weekly Tasting Every Saturday!

For more info, please call or email us at wines@rozis.com

216 -221-1119 • 14900 Detroit Avenue • www.rozis.com

## **Going Green**

## North Union Farmers Market Opens 13th Season In Lakewood

by North Union Farmers Market

North Union Farmers Market is pleased to open its Wednesday market in Lakewood on June 1, 2011 at 10:00 am. Located on the Arthur Avenue Extension in front of Kauffman Park, the market will feature vendors with local, Ohiogrown produce, food products and more.

From 10:00 am- 1:00 pm on Wednesdays June 1 through September 14, the market will be a great source of farm-fresh products and will open with fresh strawberries! Throughout the season, enjoy fresh grown produce including lettuce, radishes, peas and dairy and meat products, honey, and maple syrup. Bakers will present delicious breads and pastries, and artisan food producers will feature items such as cheese, jellies, pasta and more.

Live music by the Laura Varcho Duo on Opening Day and periodically throughout the season will make this market fun and festive. Stop by for seasonal samplings and to visit with your favorite farm vendors!

North Union Farmers Market is proud to announce that we will be accepting SNAP (Supplemental Nutrition Assistance Program) Cards at the Lakewood Market. SNAP recipients may bring their Electronic Benefit Transfer (EBT) cards to the farmers market and obtain tokens which may be used to purchase fresh, local vegetables, fruits, dairy products, meat products, honey, preserves, baked goods, plants used to produce food at home and much more. SNAP recipients should first visit the "Market Information" table to receive tokens before purchasing items. This year, North Union Farmers Market is pleased to participate in the EBT Incentive Program of the Cleveland-Cuyahoga County Food Policy Coalition. Customers who spend \$5 or more will receive an additional \$5 to spend at the market on EBT

#### Nature s Bin And Local **Resident Featured In Forks** Film Over Knives

by Mary Johnson

Nature's Bin, a full service natural foods market in Lakewood, and long-time customer Anthony Yen, will be featured in the film "Forks Over Knives." The film began showing at Cedar Lee Theatre, 2163 Lee Road in Cleveland Hts. on May 27, 2011.

"Forks Over Knives" examines the profound claim that most, if not all, of the degenerative diseases that afflict us can be controlled, or even reversed, by rejecting our present menu of animalbased and processed foods.

The major storyline traces the personal journeys of Dr. T. Colin Campbell, a nutritional scientist from Cornell University, and Dr. Caldwell Esselstyn, a former top surgeon at the Cleveland Clinic

Inspired by remarkable discoveries in their young careers, these men conducted several groundbreaking studies. Their separate research led them to the same startling conclusion: degenerative diseases like heart disease, type 2 diabetes, and even several



Mr. Yen is followed by a camera crew as he picks out heart healthy foods at Nature's Bin.

forms of cancer, could almost always be prevented—and in many cases reversed-by adopting a whole foods, plant-based diet.

"We are thrilled to have had a part in this film," stated Scott Duennes, executive director of Cornucopia/ Nature's Bin. "Nature's Bin has been providing our customers with healthy foods for 35 years and we know the positive effects it has on our nutrition and overall health," added Duennes. Mr. Yen, a resident of Lakewood, Ohio and loyal Nature's Bin customer, was part of a 20-year nutritional study by Dr. Caldwell Esselstyn of individuals with advanced coronary artery disease. Within months of Dr. Esselstyn's program, participants' symptoms improved dramatically. Twenty years later, patients who continued to follow Dr. Esselstyn's plan remain symptom free. Dr. Esselstyn convincingly argues that a plant-based, oil-free diet cannot only prevent and stop the progression of heart disease, but also reverse its effects.

eligible items. The customer is eligible to receive this incentive each week they visit the market. Farmers will continue to accept the WIC and Senior Farmers Market Nutrition Program Coupons.

North Union Farmers Market at Lakewood opens on Wednesday, June 1st from 10:00 am to 1:00 pm, rain or shine, on Arthur Avenue Extension in front of Kauffman Park.

## Go Green With LEAF And CSWCD

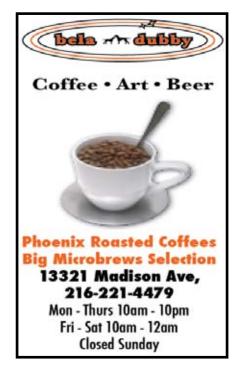
by Heather Ramsey

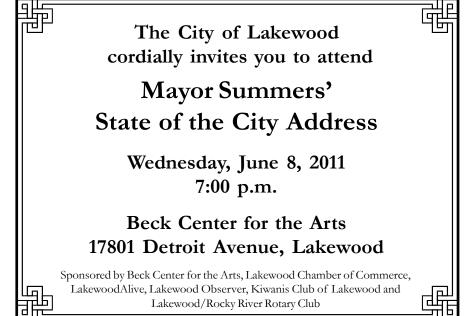
Want to make steps to "go green," but aren't sure where to begin? Join the Lakewood Earth & Food (LEAF) Community on Thursday, June 16th at 7:00 p.m. at the Beer Engine (15315 Madison Avenue) for a discussion with the Cuyahoga Soil & Water Conservation District (CSWCD) about going green in your own backyard.

The care of our lawns generally accounts for almost a third of annual water use nationwide. Meanwhile, stormwater runoff from our homes picks up pollutants as it makes its way to our sewer system. Insecticides, pesticides, fertilizers, and even pet waste can contribute to the pollution of our waterways through storm runoff. But, there are many ways to improve your landscape, often using resources more efficiently in the process.

Learn more about the environmental impacts of your lawn and garden and what you can do to reduce them, including rain barrels, rain gardens, and smart landscaping/lawn maintenance practices.

For more information on the Lakewood Earth And Food (LEAF) Community or the Third Thursday Speaker Series, visit our website at leafcommunity.org, call us at (216) 367-2834, email us at leafcommunity@ gmail.com, or join us on Facebook.







Lakewood resident, Mr. Yen shooting a scene at Nature's Bin for the feature film "Forks Over Knives"

For a full schedule of listings and times, visit www.clevelandcinemas.com.



Spring! Call today for free consultation on the following services: Lawn Installations & Renovations, Spring Clean-Ups & Flower Arrangements, **Dormant Rejuvenation & Corrective Pruning,** Lawn Mowing & Garden Packages

> Call Matt Gaydos at: 216 521-0436 or gardensbygaydos@gmail.com

Join the Discussion at: www.lakewoodobserver.com

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## Lakewood Cares

## Lakewood Women's Club Announces Two Scholarship Winners

#### by Margaret Wetzler

The Lakewood Women's Club announced that it will award scholarships to two Lakewood High School seniors to aid in their pursuit of a higher education. Ms. Amira Fattah and Ms. Erika Thomas will both be awarded \$1000.00 in recognition of their stellar high school careers, and in hopes that they will continue to be leaders both in and out of the classroom.

Ms. Fattah plans on enrolling at Cleveland State University, where she is already taking classes offered through the Post Secondary Enrollment Option at Lakewood High School. She is contemplating a degree in either chemistry, biology or health sciences as a base for going on to medical school. Ms. Fattah is the epitome of well rounded: she participates in Student Council, is a member of H2O, was elected to The National Honor Society, is a member of the Dance Group, and is involved in a medical group, the American Medical Student Association. In addition to her extra-circular activities and college studies, Ms. Fattah will be graduating near the top of her class.

Ms. Thomas has already begun the

difficult work of studying to become a nurse. She has also taken advantage of the Post Secondary Enrollment Option at Lakewood High, and is taking classes at Bryant & Stratton, where she will continue full-time in the fall, working towards an associates degree. From there, she plans to transfer to Cleveland State University. Ms. Thomas is involved in H2O, Student Council, and the Medical Office Management Club. In addition to school activities, she also volunteers at Lakewood Hospital, and works up to 25 hours a week.

LWC Scholarship Committee member Camille Gill commented, "The committee felt strongly that recipients should be good students as well as good citizens. Both Ms. Fattah and Ms. Thomas clearly showed that they place an emphasis on studies, embrace hard work, and believe in giving back. We are pleased to be able to help both of these young women."

Founded in 1962, with roots going back to the early 1900's, Lakewood Women's Club (formerly known as Junior Women's Club of Lakewood) has provided, and continues to provide, a philanthropic organization for women who are interested in serving their community and stimulating their minds while enjoying a program geared to fun and friendship. The Club supports Lakewood through three distinct programs: an annual scholarship awarded to a female high school senior pursing a higher education; fund-

## **Rotary Foundation Awards Four Scholarships**

#### by Lynn Donaldson

Four high school seniors have been awarded scholarships by the Lakewood-Rocky River Rotary Foundation. The students were introduced to the club at its May 9 meeting.

Anthony Downing, Lakewood High School, was awarded the \$1,000 John Snead Scholarship. Anthony plans to study aviation and aeronautics at Kent State University.

Three students received a \$2,500 J. Marc Lance Scholarship. They are:

Natalie Aloi, Rocky River High School, who plans to study biology at St. Olaf College.

program dedicated to strengthening and enriching Lakewood by engaging it's youth as community builders; and support of non-profit organizations selected by membership through an application process.

ing for Project H20, Help to Others, a

Stephanie Saed, Lakewood High School, who plans to study biology and mathematics/medicine at the Northeast Ohio Medical University (NEOMED) through the University of Akron.

Kelsey Solarz, Lakewood High School, who plans to study nursing at Kent State University.

The scholarships are awarded based on scholastic achievement; participation in extra-curricular activities; demonstrated qualities of leadership, honesty, loyalty, diligence, and community service; and evidence of need for financial assistance.

provides vocational training leading to

employment for people with disabili-

ties. Programs hosted at Nature's Bin

serve people with a wide range of severe

disabilities including developmental dis-

abilities, autism, mental illness, visual,

speech and hearing impairments, and

injuries resulting from accident or ill-

ness. What distinguishes the programs

at Nature's Bin from other training

facilities is the real-work learning envi-

ronment. Trainees work side-by-side

#### Nature's Bin Reports New Study Finds People With More B Vitamins Have Better Hearing for a unique and successful program that

#### by Mary Johnson

Nature's Bin, a full service natural foods market in Lakewood, reports a new study that found healthy, older men and women with higher levels of folate (vitamin B9) or vitamin B12, tended to have better hearing than those with lower levels. The study measured hearing in high frequencies, the type that weakens most with age.

The report is part of the May, 2011, issue of Natural Insights for Well Being®, which Nature's Bin publishes free each month to inform Lakewood

community residents of the benefits of making smart nutrition and lifestyle choices. Also in the May issue, overweight boys had better blood pressure and more of the good HDL cholesterol after taking omega-3 supplements for four months; melatonin lowered blood pressure in people with elevated levels; and aged garlic extract lowered high blood pressure after three months in those taking-but not responding toblood pressure prescription medication, among other important findings.

"This month, well-respected scien-

## Feed Your Brain This Summer With Half Price Books

#### by Heather Ramsey

Join the Rocky River Half Price Books store for the Biggest Storytime of the Summer at their kickoff event for the Feed Your Brain summer reading program on Sunday, June 5th from 2 to 5 p.m. The event will include a storytime, refreshments, and an appearance by local firefighters and their truck,

of their reading time (with a general goal of 15 minutes per day) and have a parent or guardian initial it each week from June 1 until the end of July. Kids aged 14 and under who read for 600 minutes or more this summer will earn \$5 in back-to-school bucks at the store and the top reader for each age group will receive a \$20 gift card.

tific journals reveal exciting new health findings for simple, affordable nutrition choices," said Rhiannon Blahnik, Vitamin and Supplement Manager at Nature's Bin. "Whether you are trying to lose weight, get or stay healthy, new research continues to show that natural foods and supplements help safely protect health," Blahnik said.

Natural Insights for Well Being® is free, and Nature's Bin invites all those who wish to gain more valuable nutrition knowledge to stop in and pick up the May issue.

Nature's Bin, a full service natural and organic foods market located in Lakewood, Ohio, is operated by the nonprofit, Cornucopia, Inc. This natural foods market serves as a training site

## **Crestmont North Celebrates National Nursing Home Week**

by Bonnie Greenberg

Every year Mothers Day marks the start of National Nursing Home

with staff members in all aspects of retail service, facing the challenges and rewards of competitive employment in a caring, supportive atmosphere. Cornucopia/Nature's Bin has been serving people with disabilities for over 35 years. On Mothers Day the residents of

Crestmont North found their names on the "Residents Hollywood Walk Of Fame" and followed their stars to the dining area where Scott Brotherton entertained with the sweet sounds of Dean Martin, Frank Sinatra and others form "The Rat Park" era. The residents enjopyed star-shapped sandwiches, beautiful, colorful fresh fruit slices and individual chocolate fudge-filled bundt cakes garnished with freash red raspberries and confectioners sugar. And that was just ther start of the week. The residents also enjoyed live performances by pianist, Billy Williams, The Ed Waring Dance Company, musician and vocalist, Linda Cavano and crooner, Joel Scigliano who performed, "The Best Of Frank Sinatra." Please contact Liz DelMonico, Activities Director at Crestmont North for contact information on any of these entertainers at: 216-228-9550.

who will read stories for the kids.

Reading logs for the Feed Your Brain reading program will be available at the event. Kids will keep track

For more information on the Feed Your Brain program, including reading tips and book suggestions, head to http://hpb.com/community/fyb/.

#### SPANISH POTLUCK



All are welcome!

Feel free to bring a Spanish main dish, side dish, or dessert!

(Bringing a dish is not required)

#### SATURDAY. JUNE 4<sup>™</sup> 12:45-2:30PM

Immediately following upstairs worship service. Please join us at 11:00am!



Lakewood Seventh-Day Adventist Church 1382 Arthur Avenue (Downstairs) In front of Kaufmann Park

Week across the country. I, for one, am very grateful for those who care for our elderly loved ones once they are unable to care for themselves. We take care of those who took care of us before we were able to take care of ourselves, and, as they say, "One good turn deserves another." The professionals at Crestmont North Nursing Home, Ennis Court and Lakewood Senior Health Campus are groups of dedicated individuals who feel a passion for the elderly and are skilled in meeting those residents needs. We all strive to make a homelike enviornment which includes good food and entertainment and other things to pursue seven days a week, during the evening and on weekends. Nursing homes don't close for hyolidays. They are open 24/7 for those who need them.

## Lakewood Cares

## Ministerial Musings: The World Is Coming To An End

#### by Rev. Dr. John Tamilio III

Apparently, Harold Camping was wrong. Family Radio's president's prediction did not come to fruition. The world did not end at 6:00 pm on May 21, 2011, just as it did not end in 1988 and 1994 as Camping previously surmised. This eschatological prognosticator has since said that a symbolic rapture took place on May 21; the physical one will occur on October 21.

At first, Camping claimed that he made a mathematical error. Now his error seems to lie between metaphorical and literal theology. In any event, someone who earned a B.S. in Civil Engineering from the University of California at Berkeley should be better at addition and subtraction.

That said — I started to crunch the numbers myself. The world is going to come to an end, but not when Camping predicted. Here is what I came up with...

There are 66 books in the Bible: 39 in the Old Testament, 27 in the New. Now the Catholic Bible contains more books (known as the Apocrypha or the Deuterocanonical Books), but since Camping and I are both Protestants, we won't worry about Catholicism.

Where was I?

Oh, yeah...66 books.

Jesus was crucified when he was 33 years old. Double that number and you get 66. Hmmm... Many historians believe that Jesus was born around 6 B.C., so Jesus was born before he was born. That works well theologically, but we seem to be delving into a Terminator-esque time-quandary and we all know what happened to Arnold recently, so let's skip the exact birthday argument since scholars do not even agree on this point.

Let's just follow the Gregorian calendar and say that Jesus was born about 2011 years ago.

My friend from college named Jesus Martinez (pronounced "Hey, Seuss!"), who was named after "the big guy," was born in 1968. If we add his birth year to the age of Jesus of Nazareth if he walked into Melt today to order a "Wake and Bacon" sandwich, we get 3979. If we add the number of books in the Bible (66) and Jesus' age when he was crucified (33) to that number, we get 4078.

But then I realized that there are other important numbers in Scripture — the number twelve, for example. There were the twelve tribes of Israel and twelve disciples. If we add twelve to our above sum, we get 4090.

Three is also an important biblical number. Jesus rose from the dead on the third day, the Seraphim sing "holy" three times in Isaiah 6:3, and what about the Trinity? Hello? Adding three gives us 4093.

But what is the luckiest number of all? That's right: seven. Seven is also a pertinent number in the Bible. There are seven days of creation, all those dreams that Joseph had filled with the number seven, and the seven priests who blew seven trumpets as they marched around Jericho seven times on the seventh day. Come on! How can we forget lucky seven? If we did, Jacob would feel cheated. He served Laban seven years for Leah and seven more for Rachel!

Let's do some subtraction as a change of pace.

Peter once asked Jesus, "Lord, if another member of the church sins against me, how often should I forgive? As many as seven times?' Jesus said to him, 'Not seven times, but, I tell you, seventy-seven times.'" So, let's make our seven seventy-seven and let's deduct it from 4093. That gives us 4016.

Seven, as we just concluded, is very important, so we cannot just forget about it. Christianity and Judaism are both monotheistic religions: one God. If we add the number one to seven we get eight. If we add eight (I'm tired of subtraction) to our total we get 4024. Put that number on hold for a bit. We'll get back to it in a second.

Another biblical biggie is the number forty. Remember the story of Noah's ark? It rained for forty days and forty nights — just like in Lakewood. How many days did Jesus fast in the wilderness before he was tempted by Satan and began his public ministry? That's right: forty. The band U2 has a great song called "40," which is based



on Psalm 40.

How many Gospel writers were there? Four: Matthew, Mark, Luke, and John. That is one-tenth of forty. That sounds significant. If we deduct the four Gospel writers from forty (because I feel like subtracting again) we get 36.

Now, let's add that to the number we put on hold: 4024. That would give us 402,436. I know it would actually be 4060, but I was never good at math. Then again, neither was Harold Camping. If we paste the 36 at the end of the number we put on hold (4024) we get 402,436.

That could be a date, but that is 400,425 years away. Isn't the sun supposed to be gone by then anyway? Let's divide the numbers into three pairs in honor of the Trinity and the three major branches of Christianity (Protestant, Catholic, and Orthodox). That gives us 40-24-36.

That could be a locker combination, or maybe it is a biblical code. Matthew is the fortieth book in the Bible. If we turn to the thirty-sixth verse of chapter twenty-four (again Matthew=40, chapter 24, verse 36), we read, "But about that day and hour no one knows, neither the angels of heaven, nor the Son, but only the Father."

Darn it! I guess I didn't need all that math after all.

John Tamilio III, Ph.D. is the religion columnist for The Lakewood Observer and the Senior Pastor of Pilgrim United Church of Christ in the Tremont neighborhood of Cleveland. JT3 lives in Lakewood with his wife and their three children.

## **Kiwanis At Two June Events**

#### by Gordon Brumm

Remember, "Follow the money"? That was the premiere catch-phrase during the Watergate era. Watergate, however, is long past, and following the money these days will likely result only

## Barton Center Flea Market

by Curt Brosky

The Barton Senior Center will hold a Flea Market on Saturday, June 4 from 9:00 a.m. - 3:00 p.m. Over 30 vendors will be selling new and used household items that will include Longaberger Baskets, Tastefully Simple and Reds & Threads.In addition, Barton Center's craft and resale shops will be open. The Snack Bar will serve lunch from 11 a.m. until 1 p.m. with pulled pork and chicken breast sandwiches, and will feature chocolate covered strawberries and strawberry shortcake with ice cream. Barton Center is located on the Ground Floor of the Westerly Apartments at 14300 Detroit Ave. Proceeds will be used to fund the many activities and classes offered by the nonprofit Barton Center, including transportation and instructors for computer and exercise classes. To find out more about Ohio's first senior center, call the Barton Center office at 216-221-3400.

in disillusionment, despair and cynicism.

But don't give up. I have a cheerier slogan to serve as a guide, namely: FOLLOW KIWANIS. Doing so will lead to two events in June that are beyond the usual.

On Saturday, June 11, Madison Park will be the location of the second annual Lakewood Bike Rodeo, starting at 10:00 a.m. Unlike the traditional cowboy-type rodeo, which exalts danger, this rodeo is dedicated to reducing danger, specifically the potential danger of bike-riding. The parking lot will be dedicated to bike safety skills such as maneuverability and changing lanes. A bike raffle and a helmet raffle will be held, and helmets will be available for \$3.00 while they last.

Kiwanis will enhance the occasion by selling its famous hot dogs as well as candy and snacks from Pete's Table. As usual, all proceeds go to support Kiwanis's community service projects.

On Sunday, June 26, The Kiwanis hot dog stand will be set up beside Ohio Chautauqua's big red-striped tent, already familiar to Observer readers. More on this in the next issue of the Observer.



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## Lakewood Is Art<sub>02005</sub>

## Lakewood Photographer Bryon Miller In Music Photo Show "Visual Music"

#### by Anastasia Pantsios

Lakewood resident Bryon Miller is one of a dozen area photographers featured in "Visual Music: Northeast Ohio Photographers Look at Rock and Roll," opening at the Zaller Waterloo Gallery at 16006 Waterloo Road with a free reception from 7-11 p.m. Saturday, June 11. The show will include nearly 200 works shot by the area's best music photographers from the 1960s to today. It runs through Saturday, June 25, when it will be open from noon to 8 p.m. to coincide with the Waterloo Arts Fest. Miller, one of the show's contemporary photographers started shooting musicians in the mid-late '90s, leading him to a career in commercial and editorial photography.

"Digital photography has changed the way most imaging is done these days," he says. "The invention of the digital SLR has taken the modern shooter out of the darkroom, and placed them behind a computer screen. I choose to do the opposite. You can still find me in the same place I was over a decade ago, in the darkroom.

## Summer Fun At Crafty Goodness

#### by Chirstin Sorensen

The days are longer, school is letting out, Summer is approaching at an accelerated pace! What to do with all your free time? Looking for affordable fun? Crafty Goodness on Madison has you covered. In addition to selling 100% locally made goods, they also offer many different art and craft classes all month long. Everything from tie-dye for the kids to etched wine glasses for a fun girls' night out.

A new event for the month of June is "Drop in and Craft." Happening every Thursday from noon to 8 pm, you can literally stop in and choose from an assortment of activities for only \$5 each. No sign-ups necessary, and each craft will take 30 minutes or less.

The teachers at Crafty Goodness bring a wealth of knowledge to the crafting table. Emily, the embroidery and needle felting expert, spent time in Morocco while in the Peace Corp honing her craft. Launie, an artist with formal graphic arts training, is the resident Zentangle instructor. Zentangle is a relatively new method of creating beautiful art one stroke at a time. If you have frequented local art shows, chances are you have probably ran into Beth Vilkas, jeweler extraordinaire. Chris, who also owns Crafty Goodness, balances out the crafting menu with everything from glass fusing to mosaics.

More information can be found at www.craftygoodnesscle.com or stop in the store, 15621 Madison.



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Black-and-white film is the reason why I started doing all this in the first place. Its beauty is second to none. Of course digital still has its place in my studio, as it does in any photographer's studio or business. My work is all about setting limits, working with the same film, the same chemistry, and the same papers; working within certain constraints to create fine art."

Miller has shot — and continues to shoot — some of the area's most creative and acclaimed indie rock bands including Hot Cha Cha, Mystery of Two, Megachurch, the New Lou Reeds, Lives of the Saints, Living Stereo, and This Moment in Black History.

"Capturing the movement and the feeling of each band I shoot has always been my goal," says Miller. "Cleveland has some of the most unique and talented bands, and I'm blessed to have had the opportunity to photograph



All Dinosaurs perform at Now That's Class, shot by Bryon Miller in 2009

them over the years."

You can see more of Miller's work at www.bryonmiller.net.

Findoutmoreabout "VisualMusic" here: http://www.facebook.com/event. php?eid=145854235483538&ref=ts.

#### Beck Center Welcomes Acclaimed Choreographer Lou Fancher For Dance Master Classes And Ballet Camp

#### by Fran Storch

Acclaimed ballet instructor and choreographer Lou Fancher, of the Berkeley Ballet Theater, will present two dance master classes for teens and adults on June 14 and 16, 2011 at the Beck Center for the Arts in Lakewood. This series is sponsored by the Dance Alliance of the Beck Center. Master classes will include an Intermediate Ballet Technique class on Tuesday, June 14 and a Contemporary Workshop on Thursday, June 16. Classes are 6:30 to 8:30 p.m. in the Music-Armory Building of the Beck Center. The cost is \$16 per class or \$30 for the two-class series.

In addition to the master classes, Fancher will also teach a Classical Ballet Camp at the Beck Center for students ages 11 to 16 years. The week-long camp, which runs June 13 through 17, is designed for intermediate ballet students who are interested in expanding their classical technique. The camp meets 9:00 a.m. to 2:00 p.m., Monday through Friday, and includes a daily two-hour technique class and a onehour variations class. Tuition for the camp is \$195 per student. Space is limited.

To register for the camp or master classes call 216.521.2540 x10. Beck Center is located at 17801 Detroit Avenue in Lakewood, just 10 minutes west of downtown Cleveland. Free onsite parking is available.

Lou Fancher is a nationally known instructor, coach, and choreographer currently on the faculty at Berkeley Ballet Theater. She has been ballet mistress for Company C Contemporary Ballet, James Sewell Ballet, Minnesota Dance Theatre, and Alberta Ballet and a guest instructor for Smuin Ballet, Oakland Ballet, University of Michigan, and University of California at Davis. Her works have been commissioned by James Sewell Ballet, New York Ballet Theatre, Ballet Pacifica, and Alberta Ballet. In addition, she has participated in the Carlisle Project, a program devoted to nurturing and developing promising choreographers in classical ballet.

For more information about the Beck Center, visit www.beckcenter.org.

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# Opinion **Making Our City Slicker**

#### by Bret Callentine

While I'm a firm believer in the benefits of a formal education, I cannot discount the intellectual insights I've discovered by watching movies. Case in point, I'm a big fan of the wisdom bestowed by Jack Palance's character, Curly, in the movie "City Slickers". In the movie, Curly suggests that the secret to life is, "one thing, just one thing. You stick to that and the rest don't mean..." well, it don't mean nothing. It took Billy Crystal's character most of the movie to figure out what his "one thing" was, but once he did, everything else fell into place for him. And, while I realize that it wasn't a true story, I believe that the premise is absolutely valid, and applicable to more than just individual life.

With the deadline for applications coming shortly, Lakewood will soon know who will be stepping up to run for the various elected positions this fall. And as a part of that process we will, no doubt, begin hearing a long litany of issues that each candidate will vow to address. But don't be fooled by whimsical speeches or grandiose rhetoric. If the candidate is for real, then they've thought long and hard about the problems facing our city. And if they're serious about solving them, they should each have an opinion as to what that "one thing" is that will help us turn the corner.

When you talk to family and friends, you'll hear all sorts of different priorities like better schools, safer neighborhoods, and cleaner streets. You'll hear people raise concerns about unstable housing values, vacancies in retail space, and dwindling public services. But to me, those are all secondary to that "one thing": fiscal security. When I look at Lakewood, I see only one issue, and if I get the chance to talk to a candidate, I will have only one question: What do you propose to do to make the City of Lakewood financially sound, economically secure, and fiscally independent?

I have a confession to make: while attending one of the recent community meetings hosted by the Lakewood Observer, I was actually a little embarrassed by how little I knew about local politics and problems. When asked my opinion about potential candidates and possible policies, I felt wholly unprepared and somewhat unqualified to answer. With the breadth and depth of the issues plaguing us on a national scale, I've almost had blinders on when it comes to my own backyard.

So, to rectify my ignorance, I started looking into our own situation. And while I may have concerns about some of the specific policies I found, my attention continued to focus on one specific column of the 2011 budget. Under the heading of "Revenues by Type" is a seemingly innocent and somewhat non-descript entry called "Intergovernmental". In a nutshell, it's the amount of money Lakewood receives from state and federal programs to help pay for local projects and purchases.

At first, I quickly dismissed the entry, since, when push comes to shove, it's all tax money. But something inside me just wasn't satisfied. And, the more I thought about it, the worse I felt. My question was this: Am I comfortable depending on an outside source for just shy of \$15 million a year, a sum that equals more than 15% of our overall budget? With what I know about the looming state and federal budget problems, I couldn't help but answer "no". There's simply no way the federal government can keep providing funding at their current levels, and the state budget is no better off. The cuts will be coming and we'd be fools not to prepare for it.

Currently, we use this funding to help pay for vehicles, roads, services and personnel. But if the funding dries up, it doesn't necessarily mean that our needs do too, in which case that money will have to come from somewhere else. And that's why I think that closing that particular line item is our "one thing". If we can somehow tackle this issue before it becomes a problem, we'll be sitting in the catbird seat.

Businesses won't fill store fronts in a city that doesn't offer fiscal stability. Companies like American Greetings don't just want lower taxes, they want steady rates. They're looking for some semblance of reassurance that they won't have to worry about a constantly changing business environment. A balanced budget is nice, but imagine the benefits of a location in a city that isn't subject to the schizophrenic ups and downs of state and federal finances.

While the housing bubble inflated the price of homes in most of the outer suburbs, the resulting bust brought most people back down to earth. No longer will people look to invest in artificially expensive property. The smart ones will buy and renovate in the neighborhoods with a solid infrastructure, a sound tax base and a responsible city government. As gas prices and utilities continue to rise and the cookie cutter "McMansions" start to show their age and frailty, a city like Lakewood, if it could become financially independent, would offer something that no other neighborhood could: relatively secured, long-term value.

Think of the ramifications to public services and schools if we knew our economy was on sound footing. If you're a police officer or teacher, would you want to work in a district with vulnerable promises or one with protected benefits? If I were a union leader, I'd feel much better negotiating contracts based on known revenue rather than how the lottery did that year.

I'm not saying we shouldn't use the funds made available to us, but there is a huge difference between utilizing funds and being dependent upon them. And, I think that there is no other issue of greater importance to the City of Lakewood than securing the prosperity that financial freedom can provide.



## Lakewood Vs. Lakewood

#### by Jeff Fritz

I've been hearing rumors that the congressional district of our congressman, Dennis Kucinich, might be phased-out, and that he could be leaving Ohio to represent a newly-created district which may include the city of Lakewood, Washington.

I had never heard of Lakewood, Washington, so I decided to do some research to see how it compares to Lakewood, Ohio. The first thing I noticed is that Lakewood, Washington wasn't incorporated until 1996. No wonder I hadn't heard of it. My subscription to National Geographic ran out in 1994!

The two cities are about the same size. Census figures show that Lakewood, Washington has 58,163 residents compared to our 52,131. With more land, it's less densely populated than we are, but then what city isn't? While we are packed together like sardines, the residents of Lakewood, Washington are spaced-out. (Does that sound right?)

Lakewood, Washington is a suburb of Tacoma, which has minor league sports teams, and is known for a bad industrial odor referred to as the "Tacoma 'roma." Lakewood, Ohio is a suburb of Cleveland, which smells good but has major league sports teams that usually stink.

A lot of famous people have lived in our town, while the number of celebrities from the other Lakewood can be counted on the fingers of one hand, and still have enough left over for signing.

Lakewood, Ohio has won so many awards that a listing of them would require a large scroll, single-spaced. A list of awards won by Lakewood, Washington would fit on the slip that comes inside a fortune cookie.

Clearly, the edge goes to Lakewood, Ohio. I hope Dennis Kucinich stays here, but if his district disappears I'd like to see him get the new seat in Washington State. Having him in Congress, no matter what district he represents, makes us a better country, and we all benefit from that



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## **Pulse Of The City**

## The Civil War, 150 years ago... It Is For Us, The Living... Lest We Forget Memorial Day...

"It is for us the living, rather, to be dedicated here to the unfinished work which they who fought here have thus far so nobly advanced...." Abraham Lincoln: The Gettysburg Address.

19 November, 1863

The once-golden fields of Gettysburg, Pennsylvania were no longer all that golden. Just months before, they had been raked by brutal cannon and musket fire in one of the most significant battles of the American Civil War. As the cool winds of autumn brought those ubiquitous cumulus clouds over the Allegheny foothills west of the town, those same winds brought the rains that finished what the cannon balls had begun, turning parts of that once placid farmland into pools of oozing fetid black and bloody mud. A number of the estimated seven to eight thousand bodies of the men who had so recently perished there were still in the process of reburial. Evidence of war's carnage could still be discovered, from rotting pieces of horseflesh to the shattered canteens and muskets of the fallen.

The weather, however, was reportedly fine that morning, and in any case would have in no way interfered with the quiet dignity of the flag-draped ceremony that was transpiring in the newly created, soon-to-be-dedicated 17-acre National Cemetery. The principal scheduled speaker was former United States Senator Edward Everett, and he actually delivered the longest speech of the day, lasting around two hours. He was followed by the President of the United States, Abraham Lincoln. Lincoln's speech lasted barely two minutes, and the President at the time felt that it had been a failure, as reportedly it barely received even polite applause at its conclusion.

As we know today, it was not a failure, nor was it forgotten.

Lincoln's Gettysburg Address is perhaps the best known speech in history. So much of our national purpose, future dreams, and pure patriotic ideals are contained in its brief message, along with so much remembrance of those who gave their lives in the defense of American liberty. by Gary Rice



One could say that Gettysburg's remembrance ceremony on that day presented the first template for postwar observances that would later became known as Memorial Day. Sadly, however, while the Gettysburg observance was being held, the Civil War was continuing, and would continue for two more years.

After the Civil War, in towns across this country, people constructed monuments and cemeteries honoring those who had fought in that war and developed similar ceremonies to honor their fallen sons. For years, these were local events. In the South, mothers and daughters honored their Confederate fallen, while in the North, similar events transpired for the Union men. In 1913, a great 50-year commemoration was held at the Gettysburg Cemetery, and veterans from both sides were finally able to sit down together and have fellowship.

Memorial Day, once called "Decoration Day," is clearly an occasion to remember fallen soldiers. At the same time, as Lincoln stated so well, it is for us, the living, to advance the cause of government "of the people, by the people, and for the people."

That has not been easy to achieve, however. Now, as then, there continues to be bitter division in our country if we want to. We can wonder whether, at some point, the South's slavery issue or desire for "state's rights" could have been resolved in some manner other than by cannon fire. We might even conclude that perhaps that war had to happen, and that compromise and conflict resolution could never have been arrived at in any other way than through the violence of thousands of men standing in open fields, firing muskets at each other. Still, sooner or later, wars come to an end. Yes indeed, we rightfully remember our soldiers, and yet...from their graves, our honored dead would seem to plead with us for the cause of finding a better way to

solve arguments than with their lives.

We well know why wars were fought then, and continue to be fought now: money, power, scarce resources, political ideals, and so on...Each of these pedestals still stand, and they mock our efforts to join hands with each other in the pursuit of a more peaceful world.

We teach conflict resolution skills and non-violence to our high school students, but as soon as they come of age, some of them march off to one war or another, where they learn that whatever they learned about getting along with each other in school no longer counts in a real world filled with gunfire and the explosions of IEDs.

And yet, to blame the military for any of this would be simplistic and just plain wrong; for it is not the military that sends people off to war. We the people do that. The military simply responds to those time-honored calls of duty, honor, and patriotism. It is, after all, their job, and stated in their oath, to defend us from "all enemies foreign and domestic," and they should be honored for their service... and their dead, honored and remembered forever... and not just on Memorial Day either.

No, the fundamental question (and the answer that we are seeking) cannot be asked of the military. It is rather one that "we the people" need to ask of ourselves... "What more can we do... to stop making enemies in the first place?



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12511 Madison Avenue Lakewood, OH 44107 P: 216/521-2100 F: 216/521-3258 between decent people as to the size of our government and how we should be governed. Now, as then, there seems to be a polarization between sides, possibly encouraged by powerful behind-the-scenes interests. Now, as then, people seem less and less willing to compromise with points of view differing from their own. Now, as then, Americans are confronting other Americans face-to-face with more and more "my-way-or-the-highway" thinking.

But as for our honored dead? They would well know where that kind of no-compromise conflict leads. It leads to the hallowed ground where they repose. Conflicts, after all, are the absolute antithesis of compromise. We can try to second-guess history's outcomes for automatic backup power. **AUTOMATIC PROTECTION** 24 hours a day / 7 days a week **PERMANENTLY INSTALLED FOR UP TO** 150,00 WATTS. **America's #1** Selling Generator back up either a few essential circuits or your whole house or business. For 24/7 protection from power outages, trust the #1 selling automatic standby generator. Sales, parts and service.

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# Health And Beauty Sun Safety For Your Skin

#### by Carol Mason

Maybe my family being filled with red-headed, blue-eyed children warranted my elders saying, "Get your hat on and put a shirt over your arms so you don't burn. Watch your shadow guide. When he starts to grow shorter, you have to get in the shade or come inside." I remember those adult instructions just before hearing the sound of a slamming screen door as we headed out for a summer day of play.

Savvy sun safety is for everyone. The growing numbers of skin cancer cases and premature aging affect all skin colors and are affecting people as early as their 20's. Teaching our youth in early childhood to take preventive measures against sun burns may save their lives from dangerous melanoma skin cancer and may also lead to happier feelings in their later adult years. A recurring wish that seniors have shared with me is that they had taken better care of their skin, because while the rest of their body isn't working so great, at least their skin would be nicer. Skin appearance and condition is significant to our state of happiness. Managing the effects of sun exposure in youth is a precious gift to a child, as it will last their entire lifetime.

Consider these safety tips for your outdoor activities. These are generally accepted practices from many sources. If you have questions, seek the advice of your physician.

Teach your children about their shadow. When the shadow is shorter than they are tall, it's time to seek shade or add protective clothing. The sun's rays are strongest between 10 a.m. and 4 p.m. Many people are unaware that the most intense UV rays occur in April—just in time for spring gardening and golf games.

Protective clothing such as hats,

## Massage Can Help Your Body Cleanse

#### by Tina Zalewski

With the arrival of spring flowers and new blades of green grass, many people decide to cleanse their bodies. They eat healthy foods, fast or take herbs that help to clean out toxins deposited from the environment and the body's daily functions.

Massage is a great way to help the cleansing process. Massage increases circulation of blood and lymph. The increased circulation of blood promotes nutrient exchange at the cellular level which encourages cells to "give up" the garbage or toxins in exchange for nutrients that help them maintain a healthy status. Increased blood circulation also stimulates red blood cells to deliver needed oxygen.

An increase in lymph circulation assists your body in removing toxins from all body systems. Lymph is moved through the body by movement. If you are not moving, lymph is not moving! Massage helps to move the lymph and can help reduce swelling and systemic inflammation.

Stimulating blood and lymph circulation brings toxins to the liver to be processed and disposed of sage can also stimulate digestion by increasing smooth muscle movement along the intestinal tract and colon. This smooth muscle movement is called peristalsis.

Regular massage helps your body remove waste and toxins during cleanses and in between. Massage is an affordable way to help you support the cleansing process and keep your body healthy. I recommend one hour of massage per month.



long sleeved shirts, pants, closed-toe shoes and sunglasses are essentials when heading to outdoor activities. Clothing and hats should be a tightweave type to prevent rays from getting through the fabric. Hats need a wide brim to cover the ears and back of the neck. Check sunglasses to make sure they are UVA and UVB rated.

For incidental exposure, apply an SPF product of at least 15 that provides protection from both UVA and UVB rays. For longer exposure and when near reflective surfaces, increase the SPF to 30 and re-apply every 2 hours or as instructed on the product's label. Re-apply after swimming or sweating. Don't be fooled by cloudy days, as you can burn then too.

Read the product instructions and warnings on all SPF products. Generally, they should not be applied to children under 6 months; refer to your physician for advice.

Surfaces such as concrete, light building materials, sand, water and snow reflect UVA and UVB rays. Make

#### **Onix Networking Is Moving To Lakewood**

#### continued from page 1

Edwards High School, his wife grew up on Hall Avenue and the couple rented their first house together in Lakewood. Mr. Needles cited Lakewood's renaissance over the last few years and a desire to be part of the city's on-going resurgence as motivating factors in choosing a location.

"Lakewood has a lot of plusses and great urban character". He continued that the city has those qualities that are attractive to his associates both current and future such as great dining, shops and parks and that it feels like a community. "An important part of our culture is to be an engaged and active

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A healthy diet and vitamin supplements are a way to help meet your Vitamin D needs. Check with your physician for guidance.

Use a sunless self-tanning product for a "no-sun" tan. There are bronzing powders that can create that summer glow without potentially harmful sun exposure.

Know the ABCD's of melanoma: Asymmetry--one half does not match other half; Border Irregularity--edges are ragged or notched; Color--pigmentation is not uniform; and Diameter--width is larger than a pencil eraser. Growth of a mole should be checked.

Have a regular full-body skin check-up for early detection of skin cancer. Make a skin reference map for each family member. Note particular moles or spots where changes have occurred since your last checkup. Take the map(s) with you to your checkup.

Be safe in the sun and have a great summer!

corporate citizen".

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Proceeds will benefit Lakewood Community Service Center

# Lakewood Living **They Walked The Walk!**

#### by Paula Reed

On May 11th, Live Well Lakewood celebrated the completion of its third annual Wellness Challenge. In weekly sessions, participants assembled at the Woman's Pavilion for words of wisdom from a variety of speakers, then walked at their own pace distances beginning with a half-mile and building to four miles by the eighth week. The Live Well Lakewood team also swelled the numbers for the Lakewood Hospital Foundation's Ambulance Chase—contributing 48 walkers/ runners to their roster.

Following a post-Challenge assessment repeating the metrics (height, weight, BMI, body fat percentage, waist/ hip ratio, and blood pressure) taken before they began the Challenge, participants stepped off for a brisk one-mile victory lap around Lakewood Park, led by Live Well Lakewood founding member Bonnie Sikes. While they walked, board member and Live Well coach Rachel Anzalone and her volunteer crew served up appropriately-sized portions of grilled chicken from TJ's; quinoa, mesclun greens salad and beet slaw from Nature's Bin; tabouli from Aladdin's; whole-grain bread from Breadsmith; and dark chocolate from Discount Drug Mart. As an extra bonus, Tina Dolatowski, Challenge participant and owner of Lion and Blue, awarded each participant a \$5 gift certificate to her store.

The 51 people who completed the Challenge walked in snow, wind and rain; totaled a loss of 143 pounds; dropped BMI points; and saw their percentage of body fat decrease, as well as making positive changes in their blood pressure and waist/hip ratios.

A Senior Challenge ran concurrently with the Walking Challenge. At the Office on Aging and the Northwesterly, 33 seniors completed their own challenge, geared specifically toward



Bonnie Sikes leads Kitti Drops and Challenge participants on a victory lap.

their needs.

The star of the program didn't lose the most weight during this eight-week Challenge, but she lost an admirable seven pounds on her long road to better health. In the 2009 Wellness Challenge, Kitti Drops, her husband, Michael, and daughters, Megan and Michelle Drops-Wolf, won the team award for the most positive changes in their numbers. Kitti Drops has continued her quest since then, participating not only in every event Live Well Lakewood has offered, but availing herself of every other nutrition and exercise opportunity she can find. As a result, Kitti has lost 99 pounds, and is an amazing testament to what a commitment to better health can produce.

The next official Live Well Lakewood event, the Drug Mart to Drug

The Drops Family receives the 2009 Team Award

Mart 5K Historic Walk, takes place on Saturday, June 25th. Receive your walking map and start your walk at 10:30 a.m. at the west store (15412 Detroit). Walk at your own pace--you might even want to shop along the way, as that Saturday is a Downtown Lakewood Sidewalk Sale day. Grab a bottle of water and make your turn at the east store (11900 Detroit), then head back again. When you arrive, the good folks at Drug Mart will have the grill fired up, ready to make lunch for you! Get more info at http://onelakewood.com/LiveWellLakewood.

People enjoyed the group-walking aspect of this Wellness Challenge so much that there was great enthusiasm for continuing to meet informally and walk together. We'll gather at the Woman's Pavilion each Wednesday at 6:30 p.m. for a 2-mile walk. Lace up your shoes and come walk with us—you'll be glad you did!

## **Spending And Saving**

#### by Eric Stradford

We all like to spend money shopping and getting gifts for friends and family. When you do shop, please shop locally to save on gas, vehicle maintenance and the environment. But saving is a good thing too. Knowing your finances should not be a scary thing.

Suze Orman is a guru of saving and shopping. Every week or every month you should sit down with your finances and see where you stand,

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that way there are less "whoops!" in the account. Make sure the institution that you are banking with can also help you to navigate an affordable savings plan.

Mutual Funds with diversified portfolios are great things to have, so is a Roth IRA if you can afford both.

have fun saving and spending. When that rainy day comes, or that event comes, you will be prepared. Make sure that there are no fees in your saving product, because if it is just a savings account there may be a small fee for little activity or a low amount of funds. They say six months of emergency money is wise. So eat, drink, and be merry and wise with

Remember you are in control.



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## Lakewood Living

# The Well Organized Life Lakewood's 2nd City-Wide Street Sale – Sign Up Today!

#### by Nancy Patterson

Lakewood's 2nd City-Wide Street Sale is fast approaching (it will be held from June 23rd to the 25th) and this is a fantastic opportunity to clear the clutter from our beautiful Lakewood homes by making the decision to participate. It could not be easier and there is no cost to sign up, but you must do so by June 1st. Call (216) 521-0655 to register and your address will be added to the list of participating garage sales which will be available on-line. Choose the days and times your sale is open and post red, white, and blue balloons--that's it! Last year, over 700 people checked the website on the first day of the sale and printed the list to plot their shopping.

Keep in mind that the object of a garage sale is to move out merchandise that we no longer use or need. My philosophy is to clear the clutter to create empty space, but with the excitement of finding new, fantastic functional items. I've done it for 20 years and some say this is my passion that I've turned into an art.

## From The Bottom Up: One Simple Way We Can Make Lakewood Even Better

#### by Erika Durham

Scientists at least as early as Darwin have been discussing the idea of a "superorganism," a group of insects or parasites that operate in such a way that their individual actions, summed up together, create a mass that can be regarded biologically as an individual. The most current biologists working on this idea are E.O.Wilson and Bert Hölldobler, who co-authored a book titled The Superorganism: The Beauty, Elegance, and Strangeness of Insect Societies. The idea of a superorganism has been troubling for biologists mainly because of its implications for evolution. Evolutionary theory, since its inception, has been strongly based around the idea of change taking place at the smallest level, that of the gene. What Wilson, Hölldobler and their colleagues are suggesting is that an extremely large group of organisms can evolve as one, as a result of behaviors of individuals within that group. Essentially, a living and breathing single organism playing the role of a gene.

Ants and bees are both popular reference points for the science of the superorganism. Within both ant and bee colonies, there is a queen who acts as the single reproductive organ. They are both considered social species. There are also common instances of altruism, even to the extreme of sui-

## **Lakewood Photos**



A new section highlighting some of the photos sent in by readers, members, participants and lurkers in the Lakewood Observer projects are being gathered for a special section near the end of the year.

This first snap was taken by Betsy Voinovich as she walked behing the Lutheran Church and found it oddly fitting that the company hired to haul everything away from the demolition was called Landmark Disposal. Nice catch, and thanks for sharing. To share your images just stop by the Lakewood Observer website and submit them.

http://lakewoodobserver.com

We all want a well-organized life, and one way to do it is to walk into each of the rooms in your house and simply visualize what you have not used in the past year. Those are the items that you put in a box and mark GARAGE SALE. If you don't have enough for a sale, talk with your neighbors, family, and co-workers. Everyone has "stuff" they no longer use and are willing to sell. Combine it and you'll be amazed how much merchandise you'll have for your sale. So far, my mother, sister, and a few friends all want to buddy up for my sale. Great...bring it!

I would not miss this annual event to get my house and my life in order. No excuses. LakewoodAlive has made it so easy. This is a great time to clean out your

cidal behavior for the benefit of the colony. But one of the most interesting qualities of these species is the way individual interactions affect the group as a whole--in a way, building the group from the bottom up. What is so incredible about the power of these interactions is that each individual only has their specific tasks to perform, or information to pass along, never knowing how their small piece contributes to the greater whole, yet they all continue to (almost flawlessly) operate and evolve as one.

It has become fairly common to make the analogy between a superorganism and a city, with each person playing their unique role in the city's functioning as a whole. What it seems to come down to in terms of assessing the "vibe" of a city, what makes some stand out more than others, are those small interactions between individuals. Working in a place where I encounter hundreds of people each day for a mere few minutes each, I have seen and felt the results of having meaningful interactions, even if they are as subtle as making eye contact with another person while speaking. The simplicity of it is beautiful and the idea has been around for quite some time; essentially, the golden rule put into practice in even the smallest of encounters.

We live in a pretty great city (some say the best!), but just like everywhere else, we have work to do to make it bethouse, socialize with neighbors, and best of all, anticipate finding the perfect new piece that will find its way into your home. Like the old saying goes, someone else's trash can truly be your treasure. It will be three days of fun, fun, fun!

When your sale is over, be sure to visit the many local merchants having sales of their own all over the city. And, from 3:00 to 5:00 p.m. on Saturday, the 25th, H20 will be collecting unsold clothing at Lakewood High School. Clothing only; one day only. Be generous and donate.

Don't forget, you must sign up by June 1st. Call (216) 521-0655 today. See you at Lakewood's 2nd CityWide Street Sale, June 23rd through the 25th!

ter. It can be overwhelming to think of all of the huge things that could be done to improve where we live, but I think it is equally important (and much more manageable!) to focus on those small, one-on-one interactions we have each day--with the barista who makes your coffee in the morning, the person driving in front of you during rush hour, your family and friends... your list is catered to your life. Think of our city as a superorganism that we are building by treating each other well, with genuine care--strangers, friends, loved ones alike--and think about how we can evolve Lakewood into an even better place to live.

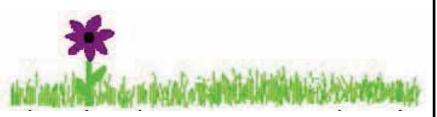


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