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THE LAKEWOOD OBSERVER

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Volume 7, Issue 15, July 26, 2011

Lakewood Criterium Gives Kids, Amateurs, And Experts Their Shot At Glory

by Michael Gill

YOUR FIRST RACE

Racing of any kind might be the most primitive sport: You just want to go faster than the other guy. No matter the distance, no matter if you're running, or driving a Formula One car, or riding a little red bicycle your dad built for you out of parts he took off the curb: if you're in a race, the defining rule is simply to get

there first.

It's so simple, even a kid can do it.

Organizers of the Lakewood Criterium have made sure that anyone who gets the urge to test their speed can give it a shot. In addition to races that will attract some of the fastest amateur riders in the region, the afternoon offers regular folks a chance to compete on the same course.

There's even a children's race.

Teens and adults can enter the Community Fun Challenge, a short, two-lap race beginning at 4:45pm. The entry fee for adults is \$10.

The course winds through Lakewood's fashionable West End:--among the restaurants, bars, and other shops that line Detroit, past residential sections of Sloane and Edanola, then Sloane again before a final leg on West Clifton takes the peloton back to Detroit.

It's all right turns. There are six of them. Riders will have the chance to gain some speed as they pedal east on Sloane downhill, approaching Wwest Clifton. But they'll have to keep it under control as they make the turn, and then immediately begin climbing West Clifton's rise back up to Detroit. It's a course where technical skill could matter as much as speed.

Kids ages 5 to 12 compete in sprints on Detroit--think Drag races--starting at 5:15pm. Entry for the kids is free, and the first 40 who register get a free Lakewood Criterium Kids Race T-shirt!

Tips for Racing in the Lakewood Criterium:

continued on page 16



photo by Kreshnik Musumatti

From Left to Right: Lisa Kaffernberger, Lakewood Police Detectives Pat Foye and Pat Fiorelli, at Westpark Station, presenting a donation check of \$21,231 to "Ohio Concerns of Police Survivors." This money was raised in part through the WEB SWAT 5K Run.

It Takes A Village To Buy School Supplies

by Kristine Pagsuyoin

Did you know that school supplies for some Lakewood families are considered a luxury? Lakewood schools have approximately 1,600 middle school and high school students who are living in households identified as economically disadvantaged (qualify for free or reduced lunch programs) and so are in need of help with school sup-

plies. Historically, there have been many organizations in Lakewood who do a fantastic job helping K – 5 students with school supplies and will continue to do so; however, not much help has been available to middle school or high school students.

The Lakewood School Supplies Initiative (LSSI), a new committee of the Lakewood

continued on page 8

Street Walk A Cool Blast



photo by Jim O'Bryan

Well it was on a 93 degree day if you stopped by the Water Moose! A device designed by Michael Gill (pictured above) to make a hot day at the Street Walk a water party. GREAT JOB!

Lakewood Lutheran Emptied



photo by Jim O'Bryan

The last piece of stained glass gets removed from Lakewood Lutheran Church for safe keeping. The building is to be used by the police and fire for 6 days of practicing followed by the demolition. I would like to thank the Lutheran Church, CVS Pharmacy, and Zarembo Construction for their assistance in documenting the process. Over 100 photos online to date, and more added weekly. <http://lakewoodobserver.com/photoblogs>



photo by Jim O'Bryan

The winner of the Lakewood Senior Health Care Campus' 4th Annual Dog Show is Nikki owned by LSHC resident Netta. She moved here 4 years ago and has not missed a dog show. Her dog Nikki is a favorite of the senior community there.

Dog Days Of Summer Dog Wash

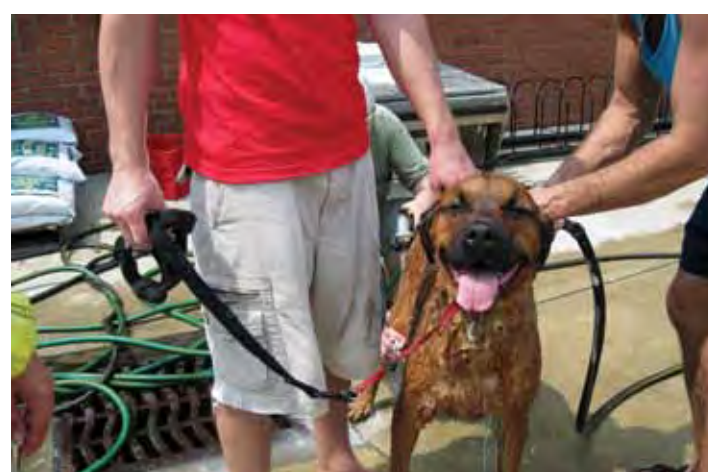
by Helene Gaidelis

Calling all dirty dogs! Does your dog smell a little funky? We'll give Fido or Fifi a pampering bath and have your dog sparkling clean! Nature's Bin in collaboration with CCLAS (Citizens Committee for the Lakewood Animal Shelter) will host their annual "Dog Days of Summer" Dog Wash on Saturday, August 13 from 10:30 a.m. to 2:30 p.m. with a rain date of Sunday, August 14.

All proceeds will benefit the Lakewood Animal Shelter spay and neuter program. Prices for the Dog Wash are \$10 for petite to small dogs, \$15 for medium to large dogs. Dog nail trimming services, by Debbie Hokin of Home

Alone Pet Sitting, will also be available for an additional donation. Owners are encouraged to bring their own towel and comb. Please make sure your dog is non-aggressive and up to date on vaccinations.

Complimentary doggie treats and raffle prizes! Nature's Bin "Hound Dog Café" will be selling various grilled items and refreshments. They are located at 18120 Sloane Avenue, Lakewood, Ohio 44107.



A pup gets washed at last year's Nature's Bin annual "Dog Days of Summer" Dog Wash.

Calendar Page

Wednesday, July 27
Wednesday North Union Farmer s Market
10:00 AM - 1:00 PM, Kaufmann Park Parking Lot behind Drug Mart, 15412 Detroit. Every Wednesday.
LEAF Night
5:30 to 8:00 PM, Lakewood Main Library Porch, Detroit Ave. Every Wed.
Friday, July 29
Free Yoga at Lakewood Park
6:00 PM - 7:00 PM, Lakewood Park, Lake Avenue, 216-577-6773
Fun for the whole family! Yoga in the Park each and every Friday this summer (weather permitting). See Page 23.
Downtown Lakewood Friday Night Front Porch Concerts
7:00 PM - 9 PM, Lakewood Public Library Front Porch, 15425 Detroit Ave.
7/29: The Sultans of Bing -Cosmic Jam Band.
8/5: VMS Summer Tour – Student Rock Bands from Vance Music School. See Page 9 for more details.
Beck Cafe Patio Live Music
7:00 PM, 17823 Detroit Ave.
Live music at Beck Cafe patio every Friday & Saturday. www.beckcafe.com
Jazz You Like It
7:00 PM - 10:30 PM, Waterbury Coach House, 13333 Madison Ave., 226-9772
Doris Long & The Joe Hunter Trio With Dallas Coffey - Al Fuller - Toby Packard & Guests.
Hairspray Musical at The Beck Center
8:00 PM, Mackey Main Stage, Beck Center for the Arts, 17801 Detroit Ave.
Shows on Friday & Saturday 8 PM & Sunday 3 PM. 521-2540.
Friday Night Flick - RV (PG)
9:30 PM - 11:00 PM, Lakewood Park Bandstand, 14532 Lake Ave.
Come join us for this free movie in the Park. In the event of rain, the movie will be shown at 8:00 PM in the Lakewood City Hall Auditorium, 12650 Detroit Avenue. To find out if the movie has been moved indoors, call (216) 529-6650 after 5:00 PM on movie night or tune into Lakewood Radio 1660 AM.
Saturday, July 30
H2O Clothes 4 Kids Super Sale
9:00 AM - 3:00 PM, Lakewood High School East Cafeteria, 14100 Franklin Blvd. City-wide project to provide affordable back-to-school clothes for all Lakewood families. All sizes available at amazingly low prices.
Saturday Lakewood Farmers Market
10:00 AM - 1:00 PM, City Center Plaza, near intersection of Warren & Detroit
St. James Child Care Open House
12:00 - 3:00 PM, 17400 Northwood Ave.

If you're looking for a quality learning center for your infant, toddler or pre-schooler, come tour our center & have a blast! www.clevelandcatholiccharities.org/earlylearning.
Keyhole Gallery 1st Anniversary Bash
12:00 PM - 10:00 PM, Keyhole Gallery, 11817 Detroit Ave.
For a year now we have been the place to find Original Art, Unique Gifts, and Workshops in Lakewood's East End. Our edgy and enchanting style makes a journey through the Keyhole a magical and unique experience. In celebration, Keyhole Gallery would like to thank our supporters and community by offering our First Anniversary Bash! Giveaways, Live Music, Raffles, Amazing Art, Demos. A free event for art lovers and supporters everywhere. 216-769-4204. www.keyholegallery.blogspot.com/
The Lakewood Criterium
1:00 - 8:00 PM, Lakewood west end. See Front Page story.
Women s Self Defense Seminar
1:00 PM - 4:00 PM, Lakewood Family YMCA, 16915 Detroit Ave.
A physically interactive program to provide information, technique and practice to women for defense against an attack. This program offers both a didactic and a practical lesson. There will be shared information, demonstration, simulation and a review of personal self defense tools that you may not even realize you have. \$15/Y member; \$30/Y program member. 521-8400
Summer Enchantment Series: Asian Fusion Adventure
6:00 PM - 10:00 PM, Beck Center Fund-raiser. See Page 9 for details.
Sunday, July 31
Summer Band Concert-The Cleveland Tough Old Pros Swingband
7:00 PM - 8:30 PM, Lakewood Park Bandstand, 14532 Lake Ave.
Join us for this free concert in the park.
Monday, August 1
Grand Opening of Just 4 Girlz
10:00 AM - 6:00 PM, 15612 Detroit Ave.
New business in Lakewood opening. New and resale hand bags, jewelry, clothing, accessories and more. Hand bag giveaway for every purchase made and 20% off through October 1st in celebration of our grand opening.
Thursday, August 4
Yoga at the 5 O clock Lounge
6:00 PM - 7:00 PM, 11904 Detroit Ave
Join Aryn Youngless, CYT at the 5 O'clock Lounge for some fast paced vinyasa set to rock 'n roll music! Social Distortion, White Stripes, The Rolling Stones and more. Class will take place on the new renovated patio behind

the bar! Come for the yoga and stay to unwind even further with a drink with friends. Class cost is \$10, drop ins are welcome! 216-521-4906.
Tuesday, August 2
Lakewood Observer Outreach & Development Community Conversations
7:00 - 9:00 PM, Beck Cafe, Detroit Ave.
Help us take the oldest civic journalism project in the country to the next level in 2011! Always wanted to write, but not sure where to start? Curious about what is going on in your neighborhood? Want to make a difference in our community? Then join The Lakewood Observer for some conversation and a cup of coffee! Don't worry, these aren't 'meetings'- just a chance to sit down with other engaged citizens and talk about ideas, challenges, community issues, etc... And the coffee is on us! A chance to sit down informally with community leaders and bend their ears for a while. There will also be time set aside to focus on you- the contributors (or aspiring contributors)- and what you need from us as a writer, photographer or editor.
Friday, August 5
Lakewood Hospital Starry Night
7:00 - 10:00 PM, Belle Ave. and Detroit Ave. See Page 10 for ad.
Saturday, August 6
Ginny s Garden...Creative Arts, Crafts, and Jewelry
9:00 AM - 4:00 PM, 1448 Elmwood Ave.
A booth will be open for Ginny's Garden Across from Grant School Parking on your way to the Arts Festival! 548-8464.
Lakewood Arts Festival
10:00 AM - 5:00 PM, Downtown Lakewood, Andrews to Belle Ave.
34 Year Juried Art Festival. See Page 12.
NO Saturday Farmers Market today due to Lakewood Arts Festival.
Celebrating 95 Years: Masonic Temple Opens Doors At Arts Festival
10:00 AM - 4:30 PM, Lakewood Masonic

Temple, Detroit Ave.
The Lakewood Masonic Temple will be celebrating its 95th birthday in October and we are honored to be in our location in downtown Lakewood, Ohio. It has been four years that we have had our temple open to visitors at the Lakewood Arts Festival. We have looked forward each year to the juried Artists and the visitors to Lakewood, Ohio as do all the businesses. We will again open the Masonic Temple to visitors.We will have crafters, direct sellers, face painting and painting for children. We will have tours of our building by Masons, Eastern Stars, and DeMolays. The DeMolay will be selling hot dogs and cold drinks in the basement dining area. Out lodge room will be open and our Eastern Star organist, Elaine Hammond will be playing our antique organ for guests. Mid-morning in the ballroom we will have the singing group Winds of Change. This is a personal invitation from a person that has lived in Lakewood most of my 70 years and have been part of this Masonic Temple since I was 12. You are invited to share a little bit of history.
Mud In Yer Eye Monthly Contra Dance at Masonic Temple
7:00 - 11:00 PM, Lakewood Masonic Temple, Detroit Ave.
The band Mud in Yer Eye with caller Carol Kopp perform a contra dance in the beautiful ball room of the Temple every First Saturday of the Month. Singles and couples, age 7 to 100 welcome! No previous dancing experience necessary. At 7pm the caller goes through most of the steps to expect during the night and then again before each new dance set. Wear comfortable shoes and clothing. \$6 charge at door to help pay for the hall. Dance starts at 8pm.
Sunday, August 7
Summer Band Concert-The New Barleycorn
7:00 PM - 8:30 PM, Lakewood Park Bandstand, 14532 Lake Ave.

More listings at
www.lakewoodobserver.com.



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**Your Independent Source for
Lakewood News & Opinion**

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The mission of the Lakewood Observer is to attract, articulate, and amplify civic intelligence and community good will in the city of Lakewood and beyond.

Become an Observer!

As a product of citizen journalism, The Lakewood Observer is looking for people, ages 3-100, to get involved in the paper and the city. We are looking for volunteer writers, photographers, designers, and illustrators to help with the production of the paper. It does not matter if you are a professional or amateur, our editorial staff will be glad to help you through the process.

Register to our website Member Center where you can submit stories, press releases, letters to the editor, photos. No need to register to post online calendar or classified ads.

Upcoming Submission Deadline

Sunday, July 31
Sunday, August 14

Publish Date

Tuesday, August 9
Tuesday, August 23

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Join the Discussion at: www.lakewoodobserver.com

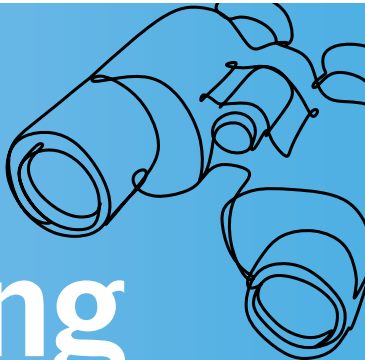
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Expecting Twins or Triplets



What increases the chance of a multiple pregnancy?

The chance that a woman will have fraternal multiples is higher if a woman is older, taller, and heavier. In addition, twins are more likely if a woman is herself a twin, or if having twins runs in the maternal side of the family. “The use of fertility drugs increases a woman’s chance of having a multiple birth. Infertility procedures such as in vitro fertilization (IVF), gamete intrafallopian transfer (GIFT), and zygote intrafallopian transfer (ZIFT) increase the chance of a multiple pregnancy,” says Cleveland Clinic OB/GYN Amy Merlino, M.D., who delivers at Fairview Hospital. These procedures often involve the transfer of

more than one fertilized egg into the mother’s womb to increase the odds of pregnancy.

What can a woman do to stay healthy during a multiple pregnancy?

Eating nutritious foods, getting enough rest, and visiting the doctor regularly are important steps for any pregnant woman to take toward a healthy pregnancy, but these steps are particularly important during multiple pregnancies.

“Women who are expecting multiple births have additional dietary needs to meet. Getting enough protein and enough hydration are important, as is getting extra calories for the developing fetuses,” says Dr. Merlino. One rule of thumb is to eat an extra 300 calories a day per baby that is expected.

Women expecting multiples should find healthcare professionals who have experience with multiple births. Maternal-fetal medicine doctors specialize in the care of women whose pregnancy is considered “high risk,” such as those having twins, triplets or more. The need for frequent, intensive prenatal care is very important in a multiple pregnancy.

To schedule an appointment with high-risk pregnancy specialist Amy Merlino, M.D. at Cleveland Clinic Elyria Family Health & Surgery Center, please call 440.366.9444.

Women and Heart Disease: #1 Cause of Death in America

*Did you know?
According to the
American Heart
Association, heart
disease is the
number one killer
of women in the
United States.
One out of three
women will die
from heart disease
each year.*

Women may have different symptoms of a heart attack than men, and a disturbing study in the respected journal *Circulation: Cardiovascular Quality and Outcomes* found that nearly half of women surveyed said they would not call 911 if they were having heart attack symptoms because they may confuse those symptoms with another health issue. Women who develop one or more of the following symptoms while at rest or unexpectedly should seek medical attention immediately. “Women need to understand that they, too, are vulnerable for heart disease and delaying treatment can be fatal,” says Jennifer Andrey, MSN, CNP, Director, Cardiac Program Development at Fairview, Lakewood and Lutheran Hospitals.

Common symptoms of heart attack in women include:

- Cold sweat
- Shortness of breath
- Weakness
- Unusual fatigue
- Nausea
- Dizziness
- Pain or pressure in the back or chest
- Pain or discomfort in either or both arms (The pain may be intermittent.)
- Burning sensation in the chest or upper abdomen
- Irregular heartbeat

Know these symptoms, and make sure your girlfriends and female relatives know them too. Fast treatment can make all the difference when a heart attack strikes.

“The good news is that cardiac disease can be prevented in many cases and is very treatable in most. If it’s been awhile since your last cardiac check-up, you should schedule a screening through Fairview, Lakewood or Lutheran Hospitals’ Women’s Preventive Cardiology Clinic,” adds Andrey. Teams of cardiac nurses will help you understand the risks of heart disease and how to minimize these risks. Additionally, for just \$35, you will be provided various cardiac screenings to evaluate your risk. These include:

- Complete lipid profile and blood sugar
- Blood pressure and heart rate
- EKG
- Body Mass Index
- Stress assessment
- Educational emphasis on awareness in preventing heart disease in women
- Thorough history and physical by a cardiac nurse practitioner
- Referrals to appropriate providers to maintain a healthy lifestyle
- Smoking cessation programs

At the end of your visit, you will receive a personalized cardiac health plan and a referral to any appropriate providers you may need.

Understanding Osteoarthritis

“You are not as young as you used to be,” you tell yourself after another round of golf. The pain and stiffness in your joints has slowly gotten worse, and you wonder how long you will be able to continue to keep up with your golf partners.

If the pain goes away in a few days, you may have osteoarthritis – the gradual wearing away of the cartilage in your joints. Osteoarthritis is the most common form of arthritis, and it usually affects your weightbearing joints: your hips, knees, ankles and feet. In addition to pain and stiffness, the symptoms include tenderness, loss of flexibility and a grating sensation when you use the joint.

“Today, there are more ways than ever before to help people suffering from osteoarthritis resume an active, pain-free lifestyle.” says

Michael C. Kolczun II, M.D., an orthopaedic surgeon who practices at Lakewood Hospital and Cleveland Clinic Lorain Family Health and Surgery Center.



“First and foremost,” says Dr. Kolczun, “see your family doctor if you have swelling or stiffness in your joints, particularly if it lasts for two weeks or more. Your doctor may recommend medications, physical therapy and/or exercise programs to relieve your pain. For those with mild-to-moderate pain, over-the-counter medication can relieve pain and/or reduce inflammation. Your doctor also may recommend prescription medications, which may include anti-inflammatories, painkillers or cortisone shots.”

In addition, you may want to ask for a referral to a physical therapist to create an individual exercise program to strengthen the muscles around your joints, increase your range of motion and reduce pain.

“Try to avoid stressing your joints,” says Dr. Kolczun. “Find new ways or tools to help you. An occupational therapist can help develop solutions for everyday tasks.”

However, if your joint is severely damaged by arthritis or injury, and conservative treatments have not allowed you to return to your normal activities of daily living without pain, you may want to be referred to an orthopaedic surgeon.

Should you need a joint replacement, there are many options available today. The most common joint replacements are for the hip and knee, but technology now allows implants to replace your – shoulder, elbow, finger or ankle joints. Other procedures, such as realigning bones or fusing them, are also options. Your surgeon will help determine the right option for you, based on the level of damage to your joint.

“Today, there are more ways than ever before to help people suffering from osteoarthritis resume an active, pain-free lifestyle,” Dr. Kolczun says.

To schedule an appointment with Dr. Kolczun, please call 216.312.5330.



For more information, call:

**Fairview Hospital
216.476.7932**

**Lakewood Hospital
216.529.8500**

**Lutheran Hospital
216.363.5757**

Free parking is available at all locations. Services are provided Monday through Friday (excluding holidays) from 7:30 AM to 5:00 PM

Lakewood City News

Council Confirms Planning And Development Director

Council President, Mary Louise Madigan, called the July 18, 2011 Council Meeting to order at 7:33 P.M. She then asked the members of Council to excuse the absence of Councilman Brian Powers, which Council did.

The first item on the agenda was a bit of old business from January, in which Council introduced a resolution thanking Ed FitzGerald for his service and leadership as Lakewood's mayor. In his new position as County Executive, FitzGerald has not had the time to come to a meeting to receive the resolution therefore it had been tabled until he could do so. Finally Mr. FitzGerald was able to make a meeting, and Council reintroduced the resolution.

Councilwoman Madigan (Ward IV) and Councilman Tom Bullock (Ward II) both thanked FitzGerald for coming to the meeting to receive the resolution and for all the great work he has done for Lakewood. Councilman Bullock said that as FitzGerald started on the same Council and worked his way to Mayor and now County Executive that if "you put your nose to the grindstone" you never know where you're going to end up. He also said that the county is now starting to realize what Lakewood already knew, that they have a talented public administrator and a gutsy leader in FitzGerald.

Council proceeded to pass the resolution, and then presented a copy of the resolution and a plaque to Mr. FitzGerald who asked if he could say a few words. He started by listing his address, which everyone who speaks to Council is supposed to do, and reiterated that yes, he does still live in Lakewood, despite some rumors that he had moved to Gates Mills. He thanked Council for the honor and for recognizing him. He also said he was glad to visit and that he misses being there. He told Council that he talks about Lakewood a lot and the experiences he gained here. Much of the work Council and the Administration have done over the last decade to make local government work better, while

by Christopher Bindel



Dru Siley, Lakewood's Planning and Development Director, takes a call at The Root Café.

FitzGerald was both a Councilman and Mayor, directly translates into what he and his administration are doing at the county level, he said. He went as far as to say that in some respects they are using 'the Lakewood model' to help guide the county through its changes. He also told the Council members that he took much of the way he worked with them to the county to use in his interactions with the County Council. The approach he and his directors always took in Lakewood was to answer every question and to do it openly and honestly, even giving more information than may have been requested. It has worked very well so far at the county as well and he said he wanted to thank Council for all the great experience and that he appreciated all the cooperation they were always willing to give. In closing, he said that he was glad he was able to serve the city and do it some good and that he loves Lakewood and will always live in

Lakewood.

Next Law Director Kevin Butler read a communication from the Mayor, whom was absent due to travel. He asked Council to join him in recognizing Mickey Krivosh, owner of Around the Corner and recent acquirer of The Three Birds, as the Fourth of July Parade Grand Marshall, in addition to all the award winners. The winners included VFW Edgewater Post # 387 for Best Color Guard, Brennen's floral Shop for Best Float, Beck Center for the Arts for Most Original Entry, Lakewood Division of Aging for Best Bicycle and H2O for Most Spirit.

Councilwoman Madigan then read a communication from the Housing Committee. The first item they discussed was an ordinance that would establish a Community Reinvestment Area along Sloane Avenue. This would open up that part of Sloane to the more likely possibility of development and the possibility of tax abatement. Since there is currently a company already looking into redeveloping part of Sloane, this is the first step into making it possible. Madigan did want to

emphasize that even if it is agreed to offer an abatement that current tax collecting would stay unchanged, meaning there would be no decrease of the current tax collecting standard.

The next thing the Housing Committee discussed was a resolution that would allow the Mayor to enter into an agreement with the County to accept up to \$200,000 dollars in Neighborhood Stabilization funds. The funds would be used to build a new single family home at 2070 Dowd Avenue which the City would sell to a responsible home owner.

The Housing Committee recommended passage of both of the resolutions. Council in turned passed both of them.

Councilman David Anderson (Ward I) then read a communication from the Health and Human Services Committee regarding and ordinance that would amend current ordinances to allow the City to participate in a trap, neuter, and release (TNR) program. This would allow the city, or authorized individuals, to catch stray cats, neuter them, and then release them back into the city as a way of controlling the feral cat population. After a thorough discussion, the Health and Human Services Committee decided to recommend adoption of the ordinance. Councilman Anderson also announced that a group of citizens, from the Animal Safety and Welfare Advisory Board, who had been working on getting this ordinance passed had also been able to secure a \$10,000 dollar grant from PetSmart that will help fund the pilot TNR program in the city.

With the recommendation of the Health and Human Services Committee, Council passed the amended ordinance.

Councilman Shawn Juris (Ward III) then asked Council to consider an ordinance that would limit the use and installations of solid fuel broilers. These units are used to heat homes but use solid matter such as wood instead of gas to burn to create the heat. Gaining some popularity in recent years with the rising price of gas, some of these units have popped up in Lakewood causing some issues and concerns. In a city

continued on page 6



Councilman from Ward 3 Shawn Juris and family at Lakewood Alive's Street Walk.



Rozi's

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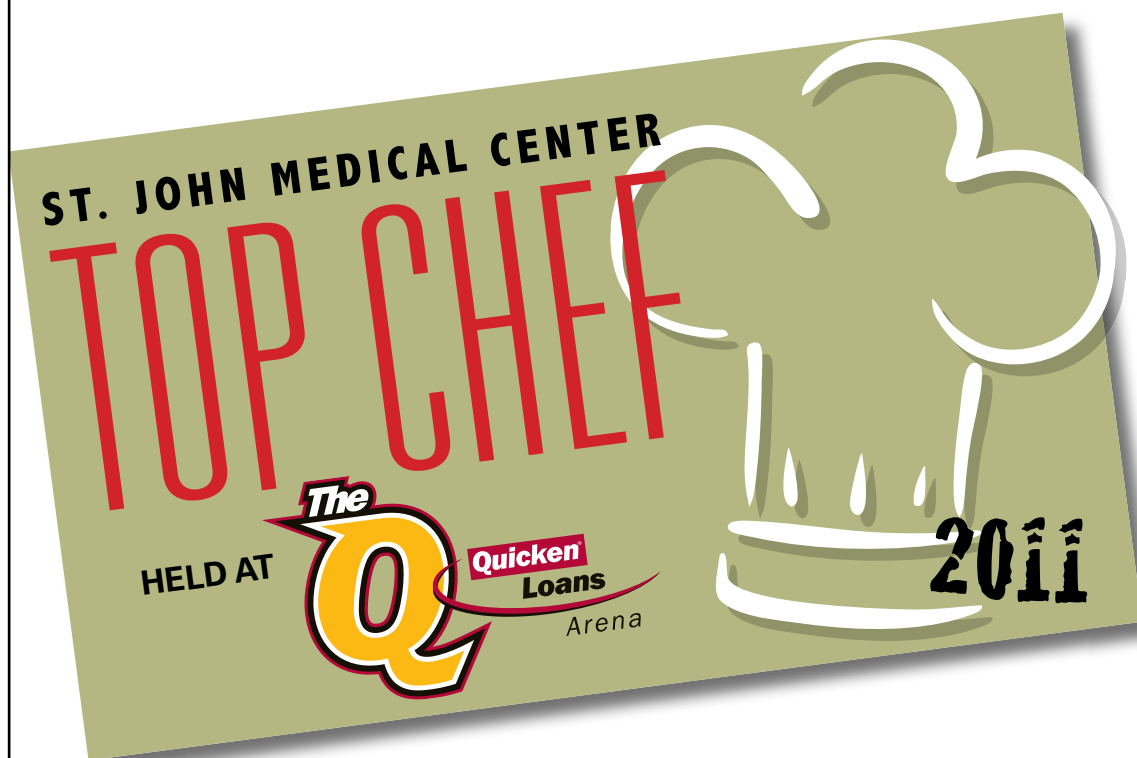
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Sarah Sherapita**
Luxe
Detroit Shoreway



**Chef
Jonathan Guest**
Washington Place Bistro
Little Italy

WHO
WILL REIGN
SUPREME?

Quicken Loans Arena
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Downtown Cleveland



Join Ted Allen
and friends as we crown the
2011 Top Chef!

Help raise funds for our Women's
and Children's Services and
Community Outreach Programs.



photo by Jason Friedman

food network's
Ted Allen

Admit it – you've watched Bravo's Top Chef and wished that you, too, could judge a contest of culinary skill and creativity as brave chefs meet head on in battle. The opportunity is here!

On Saturday night, September 10, the 2011 St. John Medical Center Top Chef competition will test the versatility and inventiveness of four top chefs from some of Cleveland's finest restaurants.

Who will "pack their knives" and who will be crowned this year's Top Chef? Be a part of Cleveland history... this is sure to be the season's hottest ticket.

• Tickets are limited • Dress is casual • Parking is free •

Saturday, September 10, 2011
6:30 p.m. Doors Open
7:00 p.m. Competition Begins

TICKET SALES:

Tickets may be purchased on-line at www.stjohnmedicalcenter.net or contact Angel at 440-827-5005 (\$150 per person; \$200 per person includes program listing). For sponsorship information, please contact Michelle Debelak at 440-827-5005.

Co-Chairs – Patrick Garmone & Kathy Bacha

www.stjohnmedicalcenter.net

Lakewood Schools

2011 Home Beautification Awards Nominations Now Being Accepted

by Dan Morgan

I am proud to represent Keep Lakewood Beautiful as its newest board member. Keep Lakewood Beautiful is a volunteer based, city organization. We hold several events throughout the year with the same mission, to quite simply... Keep Lakewood Beautiful!

I first became involved with the organization by way of the Adopt-A-Spot program. I “adopted” the gardens in front of the Lakewood Park walls at the Lake / Bell Ave entrance.

We believe Lakewood homeowners deserve acknowledgment for their hard work maintaining their homes and grounds. There will be a special awards breakfast in their honor on November 12, 2011

But we need your help...

Nominate a beautiful Lakewood home of your choice to be the recipient of Lakewood’s... 2011 Keep Lakewood

Beautiful Home Award. Seven property awards will be selected from all nominations, one to represent each of seven elementary school districts.

The property can be your own, a neighbor’s or a property you have always admired, providing that the home has not won this prestigious award in the past. Judging is based on landscaping, house maintenance and overall beauty of the property.

The deadline for nominations is August 15 and no special form is needed! Send us the home’s address, owner’s name and phone number (if known), your name, address, phone number and e-mail address. You can submit several nominations.

E-Mail us at Holly.Lauch@lakewoodoh.net or “snail-mail” your nomination to:

Keep Lakewood Beautiful
12650 Detroit Ave



Just one of so many beautiful Lakewood homes, this captured in late June.

Lakewood, OH 44107
Sponsored By: City Of Lakewood & Keep Lakewood Beautiful
I will try to keep Lakewood Observer Readers up to date with our events and achievements, but you can now also keep up by “liking” our new facebook page. The facebook page is a great connection

to the community because we can tell you about what we are doing but you can also let us know where you think we need to pay more attention!
www.OneLakewood.com/KLB
Find us on Facebook - Keep Lakewood Beautiful

Help Shape Cuyahoga County's Health Improvement Plan

by Annie Stahlheber

The Health Improvement Partnership – Cuyahoga (HIP-Cuyahoga) is a group of community organizations working together to improve the health of all those who live, work, learn and play in Cuyahoga County. We are conducting a survey to get your opinions about health and quality of life and to help identify our community’s strengths, as well as issues needing more attention. Anyone who “lives, works, learns and plays” in Cuyahoga County is considered a part of our “entire community” and is encouraged to respond to this anonymous survey.

Your responses are very important because they will contribute to the HIP-Cuyahoga community health improvement plan which will identify priority issues that can be addressed through community actions. The survey is completely voluntary and all information will remain confidential. Please feel free to forward this link to anyone you think might be interested in taking part in the survey.

Please take a moment to complete the 10-15 minute survey at the link below.

<http://tinyurl.com/hipcuyahoga>

Thank you for taking the time to contribute to the community health improvement planning process!



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and our ingredients are local and
organic when available.

Council Confirms Planning And Development Director

continued from page 4

such as Lakewood, with people living in such close proximity to each other, the exhaust that these units create has to be considered. Issues from the smoke can range from nuisance to possible health hazard. Juris did say however, that it is a challenge to balance the right of a home owner to make choices within his own home without negatively impacting their neighbors right to enjoy their property.

Councilman Juris said he believes that there are devices on the market that are not suitable for Lakewood and that checks should be created to prevent them from being installed. He closed by asking Council to submit his ordinance to the proper committee for consideration.

Council received Councilman Juris’ communication and referred his ordinance to the Public Safety Committee for consideration.

Next Law Director Butler read another communication on the behalf of the Mayor. The Mayor asked Council to confirm his appointment of Dru Siley to the position of Director of Planning and Development and Assistant Director of Public Safety for Housing and Building. This appointment merges two of the city’s most important departments for its future growth under a single manager. The city’s economic growth while facing the down turned economy and the housing strategy in light of the housing collapse make for big challenges. However, with Mr. Siley, filling in as the Director of Planning and Development since the resignation of Nathan Kelley, the Mayor believes he has more than proven himself capable. Mr. Siley is also a Lakewood resident and brings more than 10 years in Planning and Development experience to the position.

Council passed the resolution,

making the appointment official. Councilwoman Madigan congratulated Director Siley and said that she was glad the position had become official. Councilman Bullock also congratulated Director Siley and said that it is nice that his official title will catch up with what they have all already been calling him. He also said it was nice that his hard work and outstanding work performance were being recognized.

Director of Public Works, Joe Beno, then asked Council to consider passing a resolution that would allow the City to accept an Ohio Historical Society Marker. The marker consist of a brass plaque that will be posted somewhere near the entrance to Lakewood Park and will discuss the origins of the park. The plaque was awarded to Lakewood after the Lakewood Historical Society applied for the grant for one.

Council approved the resolution and said they would keep the community up to date as to when the plaque will be installed.

The last item on the agenda was presented by Police Chief Malley. He asked that Council approve a resolution that would allow the City to accept \$11,372 dollars from the Edward Byrne Memorial Grant. The Division of Police hope to use the funds to expand the surveillance camera program to Lakewood Park.

Reaching the end of the meeting, Council President Madigan adjourned the meeting at 8:40 P.M.

Council meetings are held every first and third Monday of the month at 7:30 P.M. in the City Hall Auditorium. The next regularly scheduled Council meeting will be held on September 14, 2011. For a copy of the agenda or for any other information regarding the Lakewood City Council, you can find it at onelakewood.com/citygovern_council.html.

Lakewood Public Library

Sunday with the Friends

August 7 at 2:00 p.m. - Main Library Auditorium
Wallace Coleman's Old School Blues
As modern blues music noses over the line into rock, with precision wails that sever traditional songs from their emotional core, Wallace Coleman keeps it real, playing old school blues. The legendary harmonica player sees himself as his instrument's partner and together they tellspirited, heartfelt tales that just feel right.

Film Noir in the Fifties

August 13 at 6:00 p.m. - Main Library Auditorium
A Touch of Evil (1958) Directed by Orson Welles
Mexican cop Charlton Heston and his new American wife Janet Leigh are just crossing the border into California when Orson Welles executes a three-and-a-half minute continuous crane shot in one of the cinema's most famous opening scenes. A bomb goes off and Heston finds himself investigating the incident alongside Welles as an American detective. Forget everything you ever knew about the film noir detective. Welles plays his role as a corrupt, contemptuous bully. Humphrey Bogart he's not. This is considered to be the final film in the noir cycle.

Lakewood Public Cinema

August 20 at 6:00 p.m. - Main Library Auditorim
Grease (1978) Directed by Randall Kleiser Rated PG
It all began with summer loving. . . See the fifties through the wistful eyes of the seventies with non-stop singing and dancing and cars. T-Birds and Pink Ladies rule the school and teenagers break out into song as easily as they break each other's hearts. This is the movie that made John Travolta a star and turned Olivia Newton-John into a bad, bad girl.

Master Musician Wallace Coleman Will Blow Your Blues Away

by Joan Rubenking
Wallace Coleman, the blues harmonica legend, will share his musical gift with us once again at the Lakewood Public Library on Sunday, August 7, at 2 pm, in the Auditorium. The show will feature older compositions as well as tunes


from his latest CD, "Blues in the Wind: Remembering Robert Jr. Lockwood." He has traveled the world playing harp, but Wallace Coleman is back home in Cleveland and still playing songs that reflect his storied life and preserve the spirit of the pioneering blues label of the 50s and 60s, Chess Records.

Coleman was born in Tennessee, a state where country music still rules the radio waves, but from his youth he remembers listening to the late night blues on Nashville's WLAC station. The songs of musicians like Sonny Boy Williamson, Howlin' Wolf, and Muddy Waters became touchstones and influences for Coleman's musical development. Many of those recordings featured the guitar playing of Robert Jr. Lockwood, with whom Coleman would eventually share countless stages.

Upon moving to Cleveland in 1956, Coleman discovered a flourishing blues scene. Jimmy Reed, Elmore James, B.B. King, and the heroes of Coleman's childhood often played in Cleveland clubs. Coleman, a self-taught musician, made his public debut right here in Cleveland, a pairing with Cleveland's Guitar Slim at the Cascade Lounge. During his year-long stint there, Coleman came to the attention of Robert Jr. Lockwood, who was in the audience. Though he had once said he would never hire a harp player, Lockwood's opinion changed the night he first heard Coleman play. Wallace Coleman became the first and only harmonica player in Lockwood's band, and for 10 years they traveled and played in the U.S., Canada, and overseas.

Since 1997, Coleman has been leading his own band, producing 4 solo CDs, including "Live at Joe's," a recording that succeeds at capturing the live feel from inside a studio, with no overdubs, multi-tracks, or other 'slick' tricks. Coleman's outstanding performances have not gone unnoticed. Featured in Living Blues magazine, Coleman received that magazine's Best Musician (Harmonica) designation in 2002. Coleman is also an Ohio Heritage Fellow Award recipient. He recorded a guest appearance on Dave Thomas's CD "Repossession Blues" in 2007, and is delighting fans with his own new Robert Jr. Lockwood tribute CD.

Join us to witness and enjoy this master harmonica player on Sunday August 7, at 2 pm, in the Library's Main Auditorium. Wallace Coleman is rightfully called a legend and plays with the best in the blues business. This program is generously funded by Cuyahoga County residents through Cuyahoga Arts and Culture and by the Friends of the Lakewood Public Library.




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Lakewood Schools

It Takes A Village To Buy School Supplies

continued from page 1

Family Collaborative, will be focusing on collecting, purchasing, and distributing supplies to secondary students all year long. Often, school supplies are collected at the beginning of a new school year even though the need for school supplies is constant. Considering that the average cost of school supplies for a middle or high school student is around \$55, it is not uncommon for many students to fall behind in their academics due to a lack of school supplies. Students will have a better chance of having a successful academic year when they have all of the tools they need for their classes.

Over the past months, LSSI has been working with guidance counselors from Garfield Middle School, Harding Middle School and Lakewood High School as well as the Lakewood Department of Student Services to determine which students will be recipients of the school supplies and which items

are most needed. Darlene Hyduk, of Lakewood City Schools and a Lakewood Family Collab member, will handle coordinating and distributing supplies to both of the middle schools and high school during orientations in August.

In addition to collecting donated supplies, gift cards and cash donations, LSSI and Collab partner Trinity Lakewood Community Outreach (TLCO), generously allocated to the effort a \$1000 grant that they received from Thrivent Financial for Lutherans. These funds will be crucial in purchasing some of the more expensive supplies that students need such as scientific calculators. Instrumental in helping to get this effort off the ground have been Karen Lee, chairperson of the LSSI, the Lakewood Women's Club for taking a leadership role and encouraging their members to participate, and PNC Branch Manager Kaprice Holloway, for her dedication to the community and agreeing to allow her branch to be a drop-off location for donated school supplies. Other partners in this effort include:

Lakewood YMCA, Lakewood Recreation Department, Lakewood Division of Youth, Lakewood Council of PTAs, Trinity Lutheran Church (all partners of the Lakewood Family Collaborative) with additional support from Cross Point Church and Lakewood United Methodist Church.

The Lakewood School Supplies Initiative committee needs your help! Consider purchasing one of the items listed or donating an item that is "like new" to one of our collection sites by Monday August 8th. There are 3 drop-off sites: the Lakewood YMCA, the Lakewood Recreation Department (1470 Warren Rd), and PNC Bank (across from Giant Eagle).

Items needed: Loose Leaf Paper, Pens (blue/black), Pencils, Pocket Folders, 1" and 1 1/2" Binders, Notebooks, Locker Organizers, Combination Locks, Pencil Pouches, Calculators (TI-30X)

Or, join us at Jammy Buggars on Tuesday, August 2nd, for dinner. Come in anytime in the evening and 15%

of the cost of your meal will go to the committee for the purpose of purchasing supplies. Please mention "School Supplies Fundraiser" to your server.

Of course, we welcome monetary donations and invite other Lakewood businesses or organizations to join us in this city-wide effort. To learn more about how to get involved with the Lakewood School Supplies Initiative, or to make arrangements to donate cash, checks, and/or gift cards, contact Karen Lee at lkwdschoolsupplies@gmail.com.

By each of us doing a little, we can make a significant difference in the academic lives of Lakewood students.

The Lakewood Family Collaborative (Collab) is a network of organizations, businesses, agencies, and dedicated individuals working together to enable children, youth, and families to thrive and be successful members of the Lakewood community. For more information email lakewoodfamilycollab@gmail.com or call 216-529-6868.


Sign Up Today For Football, Cheerleading And Cross Country

by Erin Fach

TACKLE FOOTBALL

Grades 5th & 6th - Lakewood Recreation Department is taking registrations for children in grades 5th and 6th to participate in the Little Southwest Tackle Football Conference. This is an instructional league where fundamentals and participation are stressed. Players will participate in a 7 game season against teams from Avon, Avon Lake, Bay Village, Fairview Park, North Olmsted, Rocky River and Sheffield. Games played on Saturdays beginning in September at various locations provided by participating communities. Home games will be played primarily at Garfield Stadium. Cost is \$85 per Lakewood resident/\$100 per non-resident. Practice starts early August. All participants must have a current physical on file at the Recreation Department at the time of registration.

Grades 3rd & 4th - Lakewood Recreation Department is taking registrations for children in grades 3rd and 4th to participate in the In-House Instructional Tackle Football program. This is an instructional in-house league where fun-



damentals and participation are stressed. Players will participate in a 5 to 6 game season; season format based on number of registrations. Cost is \$65 per Lakewood resident/\$85 per non-resident. Practice starts early August. All participants must have a current physical on file at the Recreation Department at the time of registration.

FLAG FOOTBALL

Ages 4-8 - Lakewood Recreation Department is taking registrations for children in ages 4-8 to participate in the Flag Football program. This is an instructional in-house program where fundamentals and participation are

stressed. Cost is \$55 per Lakewood resident/\$75 per non-resident. Games played Saturdays beginning in September. All participants must have a birth certificate on file at the Recreation Department at the time of registration. Deadline for registration is August 31st. Practices based on coach's availability. Volunteer coaches needed. Interested parents must contact the Recreation Department.

CHEERLEADING

Grades 5th & 6th - Lakewood Recreation Department is taking registrations for children in grades 5th & 6th. Participants will cheer for the 5th & 6th grade tackle football teams participating in a 7 game season in the Little Southwest Conference Tackle Football League. Cost is \$65 per Lakewood resident/\$80 per non-resident. Practice starts in September. Deadline for registration is August 1. All participants must have a current physical on file at the Recreation Department at the time of registration.

Grades 3rd & 4th - Lakewood Recreation Department is taking registrations for children in grades 3rd &

4th to participate in the in-house cheerleading program. Participants will cheer for the 3rd & 4th grade in-house tackle football teams participating a 5 game season. Cost is \$45 per Lakewood resident/\$60 per non-resident. Practice starts in September. Deadline for registration is August 1. All participants 10 years of age and older must have a current physical on file at the Recreation Department at the time of registration.

CROSS COUNTRY

Lakewood Recreation Department is taking registrations for Cross Country for students in grades 6th through 8th. Participants will run in approximately 10 races. Cost is \$65 per Lakewood resident/\$80 per non-resident. Practice starts in August. All participants must have a current physical on file at the Recreation Department at the time of registration.

For all programs register in person at the Recreation Department located at 1456 Warren Road. For more information call the Recreation Department at 216-529-4081. For a complete list of recreational and educational opportunities go to www.lakewoodrecreation.com.

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Summer Enchantment 2011

Exciting Summer Parties Benefit Beck Center

by Fran Storch

July is almost over, but there's still plenty of summer left! Beck Center invites you to attend Summer Enchantment 2011 – two exciting parties in spectacular homes this month and next. A sequel to last season's successful Spring Flings/Summer Socials, these fabulous parties are hosted by generous Beck supporters in their magnificent homes with all proceeds benefiting the Beck Center, one of the area's most comprehensive performing arts and arts education centers.

Asian Fusion Adventure on the Lake

Saturday, July 30
You'll forget you're in Northeast Ohio when you embark on this Asian Adventure! Take in panoramic Lake Erie views while touring this award-winning Lakewood home. Enjoy a taste of the East as you sip tropical cocktails and dine on Asian delicacies. Complete the evening with performers singing favorite selections from Madame Butterfly, Flower Drum Song and The King and I. Cost is \$125 per person and



Enjoy lakefront views from the patio of this award-winning Lakewood home.

includes open bar and entertainment.
Twist and Shout!
Saturday, August 20
This party is hot, the music is cool and the home is palatial! Enjoy refresh-

ing cocktails and award-winning cuisine, while catching an exclusive preview of Beck's 11/12 season opener, The Marvelous Wonderettes. "Shake it up, baby" as our jukebox deejay spins your

favorite '60s tunes. Catch your breath before it's taken away again when you tour this magnificent Westlake estate, lush gardens, and cascading patio. Cost is \$125 per person and includes open bar, entertainment, and valet parking.

Parties begin at 6 p.m. A limited number of spots are available. A portion of tickets are tax deductible. To purchase tickets, visit www.beck-center.org, or call the Beck Center at 216.521.2540 ext. 19.

Don't forget to save the date for the 4th Annual Mayor's Ball hosted by Lakewood Mayor Michael Summers on Saturday, November 12, 2011 at the Beck Center for the Arts. More details to come in the fall.

Located at 17801 Detroit Avenue in Lakewood, the Beck Center for the Arts is a not-for-profit 501(c)3 organization that offers professional theater productions on two stages, arts education programming in dance, music, theater, visual arts, early childhood, and creative arts therapies for special needs students, and gallery exhibits featuring regional artists.

Madison Avenue Art Walk

by Christin Sorensen

Crafty Goodness, Rockflower Studio and Goddess Blessed will be hosting an Art Walk on Saturday, August 13 from noon to 6 pm. Come and check out all the great local art found on the Western end of Madison Avenue. All three shops feature acrylic & oil paintings, mixed media pieces, photography and so much more from many talented artisans who live right here in the Cleveland area. We invite all the attendees to decorate our sidewalk areas between our

stores, chalk provided at each location. Let's bring Madison Avenue alive with art! There will be many events planned throughout the day, great for all ages.

Individual Shop specials:
Crafty Goodness (15621 Madison)- 10% off local art; 10% off all classes registered for during the event- Craft Projects all day long; www.craftygoodnesscle.com
Rockflower Studio (15707 Madison)- 20% off all classes registered for during the event; Watercolor/Acrylic

Painting Projects and snacks; www.rockflowerstudio.com

Goddess Blessed(15729 Madison)- 10% off local art; Pastries by a fabulous local baker; www.goddess-clessedinc.com

Zydeco Bistro will also be attending, serving a Creole/Cajun themed

menu with locally grown vegetables. Or in other words, extremely delicious fare! Find the event on Facebook, search Madison Avenue Art Walk. Many more events are in the planning stages for the holidays, like us on facebook for all the details: www.facebook.com/MAMALakewood.

Front Porch Concerts A Highlight In Downtown Lakewood

by Shannon Strachan

It's summertime and there is nothing better than being outside listening to live music. Well...okay, there is something better: being outside in Downtown Lakewood and listening to live music. This year is the fourth year for live music in downtown Lakewood, brought to you through the collaboration of many. This year, LakewoodAlive, the Lakewood Public Library, stART NEO and Vance Music collaborated to bring eight weeks of live music to the downtown district.

We hope you didn't miss Lakewoodite Joe DeJarnette and his Quintet, who kicked off the concerts Friday, July 8th. But if you did, don't worry! We have much more in store for you on Friday nights in July and August. Working with stART NEO (startneo.org, formerly Lakewood is Art), an incubator for emerging and contemporary art ideas and visions, LakewoodAlive was able to kick-off the summer by lining up an

initial list of bands. Ultimately the line-up of eight weeks of music was completed with the financial support of Lakewood Hospital, Lakewood Public Library, Discount Drug Mart and Panera Bread.

So be sure to mark your calendars, pack a picnic or pick up some carry-out from one of the many downtown Lakewood restaurants and join us at 7 p.m. on the front porch of Lakewood Public Library for a free concert:

July 29 – The Sultans of Bing
August 5 – VMS Student Rock Bands
August 12 – The Numbers Band
August 19 – Diana Chittester
August 26 – The Revolution Brass Band

For more information about events happening in downtown Lakewood, go to: www.downtownlakewood.org.

LakewoodAlive is a 501(c)(3) economic development organization focused on the revitalization of Lakewood's historic downtown district.

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Starry Night

Friday, August 5, 2011

Under the stars at
Belle & Detroit, Lakewood

Please join us for

An Evening of Radiance

7:00 – 10:00 p.m.

6:00 p.m. VIP Reception (by invitation only)

Summer Cocktail Attire

The festivities include sumptuous food, entertainment and a silent auction.

Enjoy an energetic fusion of rock music of the last 25 years as played by Dr. Mo.

Monica Robins, Mistress of Ceremonies, WKYC-TV3
Senior Health Correspondent.

*Complimentary Parking: Lakewood Hospital Garage via
St. Charles Street entrance*

Kindly RSVP by July 22, 2011

This event sells out quickly; please make your reservations early.

Tickets can be purchased online at lakewoodhospital.org/starrynight
For more information call 216.529.7009

Many thanks to our
signature sponsor



Lakewood Arts Festival

CCLAS Bake Sale - Bakers Needed!

by Kate Coghlan

Once again, CCLAS will be participating in the Lakewood Arts Festival by hosting a Bake Sale on August 6 from 10 am to 6 pm. This year we will be partnering with the Citizen Committee for Leashed Dogs in Lakewood Parks. They will lend their baking skills and provide volunteer support at our booth.

We are looking for delicious donations to sell at our booth! If you can donate, here are few guideline and suggestions:

All food treats must be divided up into serving sizes and packaged in a zipped locked bag or saran wrap, according to food sales guidelines. (We cannot sell food that is exposed, like a cupcake on a plate, it must be wrapped.)

We encourage generous serving sizes, not just one cookie, but throw in a few :)

When building your serving size bags, keep in mind we are pricing items in one dollar increments, to avoid handling coins.

Along with the basics, we encouraged specialty treats like vegan, gluten-free, or “for pets only”.

Please do not donate items that need to be dished out or require refrigeration.

Food donations can be dropped off on the day of the Lakewood Arts Festival at our booth on the corner of Belle Ave. and Detroit Ave.

Please avoid dropping off plates or baskets that needs to be returned.

If your food donation has nuts in it, please let us know when you drop off the items. We will add a special sticker on it to let our patrons know.

If you want to help, but don’t have time to bake, we would appreciate bottles of water or cans of soda or juice boxes to sell.

All of our monetary donations and proceeds from the sales of donated treats will support the animals at the Lakewood Animal Shelter and CCLAS’ foster program. It’s important that we continue our work with the community, by providing spay and neuter assistance with animals adopted from the shelter, along with funding for some medical support. With the help of our CCLAS supporters we can make this happen!

Please contact us at cclasweb@yahoo.com with questions or if further detail is needed.

Please include the following information with your donation:

Baker’s Name:
Baker’s Address:
Baker’s Phone Number:
Baker’s Email Address:
Item donated:
Main ingredients:
Suggested sale price: \$
Nuts: Yes/No
Is it a specialty item? Vegan/Gluten Free/For Pets Only /Other

On Kiwanis

Kiwanis At The Arts Festival

by Gordon Brumm

I am not a world traveler, and never have been, far from it. But I have seen Barcelona, and that makes up for a great many deficiencies.

One of the main charms of Barcelona is the Ramblas, a pedestrian boulevard (technically, a series of boulevards), where every evening it seems that half of Barcelona is out strolling, perusing the stalls and the street performers and each other.

What’s the point of all this, you say. Well, the point is that every year, on the first Saturday in August (Aug. 6 this year), Lakewood turns into a second Barcelona for the Arts Festival. It seems that half of Cuyahoga County is congregated along Detroit Avenue between Belle and Gladys, perusing the stalls and each other. You might see the people you work with every day, and you might bump into people you haven’t seen for a year. You might drop into the stalls set up in the street by artists and artisans, and you might stop at the refreshment stalls on each side of the street.

On the south side of Detroit, between St. Charles and Warren Road, you will find the Kiwanis hot dog stand. There, if past experience is a guide, you might find a city official or a school board member helping to bring in the funds that go to help the city’s community groups. But don’t expect these ladies or gentlemen to hear your complaint about garbage collection or your kid’s teacher, because they will be too busy fashioning paper “boats,” putting buns into the boats, plucking up the hot dogs from the tray, and putting the hot dogs into the buns. Then they will hand you the hot dog with great relish, or with mustard or catsup or cheese or onions, as your taste dictates.

For a slightly higher price, they will give you a chili dog, combining the warm and comfortable taste of the hot dog with the more vigorous taste of the chili, a perfect combination. To round it all off, there will be candy and snacks for sale.

And don’t forget to peruse the art stalls.

Jeffrey W. Laubmeier D.M.D.

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* Nerve Scans

* Iridology Readings

* Health Information

* Food by Dolce Wraps

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Balancing Women's Hormones Naturally

* FREE Seminar Wednesday 8/3 at 7pm
Panera Bread, 19705 Center Ridge Rd., Rocky River

Bringing Back Life to Seniors Naturally

* Complimentary Breakfast with the Doctor
Tues 8/9 at 9:45am
Michael's Family Rest., 19797 Detroit Rd., Rocky River

Your Natural Breast Cancer Battle Plan

* FREE Seminar Tuesday 8/16 at 7pm
Rocky River Civic Center Community Room Rd.,
21016 Hilliard Rd., Rocky River

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Lakewood Arts Festival							
Booth #	Name	Medium	Booth #	Name	Medium	Booth #	Name
1	Jennifer Murray	jewelry	41	Phillippe ClaudelLaine	fiber	81	Kathleen Lapso
2	Thomas Bland	metal work/sculpture	42	JT Dunphy	wood	82	Joe Wasko
3	Jerry Krider	wood	43	Don Glich	jewelry	83	Judy Goskey
4	James Reno	ceramics	44	Gary Yappel	painting	84	Lois Bosworth
5	Deborah Yorde	fiber	45	Keith Berr*	photography	85	David Zaborowski
6	Zim Pham*	photography	46	Pat Bolgar	jewelry	86	Bob Marks
7	Earl James	glass	47	Deborah Woolfork	jewelry	87	Frank Geric*
8	TJ Potter	jewelry	48	Matt Aufderheide*	painting	88	Linda Zmina*
9	Bluma Bluebond	jewelry	49	Gina Fletcher*	jewelry	89	Debra Gleason
10	Doug Lehnhardt	painting	50	Haidi Haiss	ceramics	90	Richard Jacobus
11	Michael DuFlo*	wood	51	Ezra Giterman	metal work/sculpture	91	Greg Jordan
12	Don Morrow	jewelry	52	Gracia Luoma	photography	92	Nancy Finesilver
13	Mike Guyot	etching/drawing	53	Jeff Ondash	photography	93	Mike Grau*
14	Barbara Robertson	fiber	54	Steve Anderson*	metal work/sculpture	94	Robert Goldthwaite*
15	Ginger Seiple	jewelry	55	Dolores Kopacz	jewelry	95	Dave Derrig
16	Elaine Lamb	ceramics	56	Mike Mikula	glass	96	Kelly Crosser Alge
17	David Kiley	photography	57	Sarah Ulrich*	fiber	97	Pamela Pastoric
18	Brian Jasinski	etching/drawing	58	Kate Bordine	jewelry	98	Steve Smith
19	David Gates*	mixed media	59	Jack Clutter*	additional media	99	John Musarra
20	Kris Halter	jewelry	60	David Bordine	glass	100	Ginger Wankewycz
21	Anders Anderson	ceramics	61	Kate Lally	ceramics	101	Larry Zengel
22	Daniel Clark*	photography	62	Kim Yeager*	wood	102	Paul Fletcher*
23	Colleen Chaplinski	jewelry	63	Jenny Gorkowski	jewelry	103	Ikuko Miklowski
24	Jill Geddes	metal work/sculpture	64	Ray Bridewell	jewelry	104	Daina Dickens
25	Doris Marcus*	additional media	65	James Brindle	wood	105	Gavin Lehman*
26	Barbara Haplea	jewelry	66	Michelle Ishida	leather	106	R.C. Sanford
27	Herb Thomas	glass	67	Todd Muhlfelder	jewelry	107	Heidi Holub
28	Cherie Haney	metal work/sculpture	68	Igor Nasibyan	additional media	108	Jurate Phillips*
29	Alan Fisk	jewelry	69	Kevin Heekin	metal work/sculpture	109	Michael Davis
30	Valerie Mayen*	fiber	70	Russell Fullone	wood	110	Roger Coast
31	Michael Romanik	enamel	71	Tara Hummard	fiber	111	Chris Bergman
32	John Galbo*	photography	72	Deborah Close	jewelry	112	Sara Coast
33	Rochelle Krok*	glass	73	Russ O'Brien*	glass	113	William Schmidt
34	Jeff Yost	painting	74	Jack Valentine*	metal work/sculpture	114	Sarah Martin
35	Mary Gleditsch	ceramics	75	Paul Bahm	wood	115	Todd Abell*
36	Ron Meade	leather	76	Robert Coby*	glass	116	Martin Frolick
37	Lila McRainen	jewelry	77	Laurie Leonard	jewelry	117	Don Marks
38	Brook Witt	etching/drawing	78	Howard Markowitz	painting	118	Kathleen Green
39	Mary Ryan	painting	79	Dan McCann	enamel	119	Michele McCracken
40	Christy Zielski*	metal/non-sculpture	80	Sonja Sheriff	jewelry	120	Jayne Akison



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August 6, 2011

Medium	Booth #	Name	Medium
metal work/sculpture	121	Grace Chin	jewelry
additional media	122	Mike Kozumplik	jewelry
jewelry	123	Yumiko Goto	ceramics
fiber	124	Michele Cimprich	photography
wood	125	Michael Weber	painting
jewelry	126	Gary Lemmeyer*	mixed media
painting	127	Bob Spry	jewelry
glass	128	George Kocar	painting
additional media	129	Marie Lim*	fiber
metal work/sculpture	130	Maryann Posch	jewelry
jewelry	131	Peter Katke*	photography
ceramics	132	Chuck Wimmer	etching/drawing
glass	133	Linnea Lahlum	jewelry
wood	134	Bette Drake	ceramics
ceramics	135	Karen Taber	leather
jewelry	136	Judy Sims	additional media
jewelry	137	Cameron Tucker	enamel
ceramics	138	Jennifer Li	jewelry
etching/drawing	139	Maria Pfropper	painting
etching/drawing	140	Sylvia Kuhn*	mixed media
glass	141	Grace Stokes	jewelry
additional media	142	Donna Ischo	fiber
ceramics	143	Susan McCromack	metal work/sculpture
jewelry	144	Bob Pozarski	glass
metal work/sculpture	145	Glenn Petranek*	photography
wood	146	Maria Leng	painting
jewelry	147	Janet Purdy*	mixed media
painting	148	Jan Bowden	mixed media
photography	149	Linda Surace	fiber
metal work/sculpture	150	Chelsea Hall*	jewelry
fiber	151	Russell Stephanchick*	mixed media
jewelry	152	Bonnie Gordon	ceramics
wood	153	Leslie Heath*	jewelry
fiber	154	Roger McAndrews	ceramics
glass	155	Amy Hardacre	mixed media
ceramics	156	Shelly Louise Bishop	mixed media
jewelry	157	Liz DiVencenzo	jewelry
painting	158	Cindy Kepler	jewelry
mixed media	159	Sheila Becker	fiber
mixed media	160	Karen Larson*	painting

Music Schedule

(City Center Parking Lot)

10:00 am - 11:00 am
Chip Richter

11:00 am - 12:00 pm
Neil Jacobs

12:00 pm - 1:00 pm
Lounge Kitty

1:00 pm - 2:00 pm
Up Ensemble

2:00 pm - 3:00 pm
Chardon Polka Band

3:00 pm - 4:00 pm
Kelly Wright

4:00 pm - 5:00 pm
Shivering Timbers

**Additional entertainment and demos
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Booth #	Name	Medium
161	Jennifer Lombardi	jewelry
162	Patricia Miller	fiber
163	Tara Marti-Smith*	fiber
164	Marie McGlathery*	jewelry

* Denotes new artist
Artist names in bold are Lakewood residents

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Lakewood Arts Festival

Phyllis Kohring Fannin Wins Top Award In Juried Art Show In Chautauqua, NY

by Anne Palomaki (LHS '60)
Serendipitous Lakewood High School Connections

Our daughter, Julie and her husband, Steve Meadows (both'90) happened to see Phyllis and George Fannin (retired LHS teachers - 1969-1998) at the opening of Cleveland's W. 78th Street Studios. Phyllis mentioned that she had entered the 54th annual exhibition of Contemporary Art at the Chautauqua Institution; NY juried show and would be there at the opening. My husband, Jack ('60) and I went to the Strohl Art Center to meet Phyllis and her husband, George, to witness the announcement of the awards.

As we entered the exhibit hall, we were awestruck by the powerful, almost life size paper lithography print entitled, "Last Moment in My arms" created by Fannin. The image which she created is of her son, Mark ('03) and herself. George had taken a photograph of the embrace she had given her son before he deployed to Afghanistan last summer. He is based with the Marine Second Battalion, Camp Lejeune, North Carolina. The background is layered printings of topographical maps in various colors. As the artist describes the print, she said, "This print is part of a series of prints about saying goodbye and welcome home. The things that are said,

the laughs and the tears that occur in those brief moments in deployments. The agony of the good-bye and the long absence and worry, to the ecstasy of their return." Soon the curator of the juried show began to speak. There had been over 500 entries and 25 were selected for the exhibits. We were all overwhelmed as he announced that Phyllis Fannin had received the top award, the Bellinger Memorial Award. This show was juried by Jim Kempner, Director of the Jim Kempner Gallery, Chelsea, New York City. This print was also in the Boston Printmakers National Juried Exhibition this past winter at the Danforth Museum.

Mrs. Fannin taught in the Lakewood Schools, Baldwin Wallace College, and continues to teach at The Cleveland Institute of Art. Her studio is located in the former Lake Erie Screw Factory which she was instrumental in promoting as artist studios, which now has 30 artist workspaces.

After the awards were announced, Mrs. Fannin insisted on introducing Jack to the judge. He had delivered both of their sons. Matt ('02) and Mark ('03) are both graduates of the United States Naval Academy at Annapolis. Matt is serving as a Navy Flight Officer as a tactical coordinator on P-3 Orion aircraft. He is based in Jacksonville, FL until he is deployed for his second

assignment in the Middle East. Mark is a Marine Officer at Camp Lejeune, where he resides with his wife, Lindsey Reed Fannin ('03), until his next deployment.

Phyllis and George appreciate all the support and prayers from their

friends for their sons and all service personnel serving in the armed forces for the U.S.A.

Another Lakewood connection at the Chautauqua Art Center is that Jim ('59) and Mimi Gallo have supported the galleries with an exhibit hall.



Phyllis' artwork



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Lakewood Cares

Ministerial Musings:

An Open Letter To Michele Bachmann

Dear Representative Bachmann,

Recent news reports have highlighted the work of your husband, Dr. Marcus Bachmann, President of Bachmann & Associates— work that you fully support, recent retractions notwithstanding. Among his clients are members of the LGBT community (lesbian, gay, bisexual, and transgender) whom you and your husband claim can become heterosexual through “reparative therapy.” Popular culture refers to such treatment as “pray the gay away.” While such language is inflammatory and offensive, it is no less deplorable than your husband’s claim (on the conservative Christian radio program Point of View on May 12, 2010) that gay people are “barbarians” that need to be “educated” and “disciplined.”

That said, I think it pertinent to offer you my “two cents” on this topic being an expert in the area. I am an ordained pastor of thirteen years in the United Church of Christ who has done a great deal of work with people in the LGBT community. I also hold a Ph.D. in theology from Boston University. Your husband holds a doctorate in clinical psychology and you received your law degree from Oral Roberts University. Therefore, the two of you must know that the AMA (American Medical Association), the APA (American Psychological Association), and the AAP (American Association of Pediatrics) have all publicly declared that reparative therapy is not only ineffective, but abusive. These organizations maintain that homosexuality is not a disorder; that sexual orientation is part of one’s psychological and physiological identity, as is one’s race, height, and hair color. These three organizations caution professional therapists: such treatment does far more harm than good.

But your husband must know this.

He is a professional psychologist, after all. I am a professional theologian. My forté lies in what Christian theology and the Bible say (and do not say) about this issue. After all, the belief that homosexuality is a psychological malady that needs to be treated is predicated on the belief that it is a sin, which is rooted in the biblical narrative.

Or is it?

There are only a handful of passages in Scripture that speak about same-gender sexual relations: Genesis 19:1-25, Leviticus 18:22, 20:13, Romans 1:26-27, 1 Corinthians 6:9, and 1 Timothy 1:10. If you read such passages literally, they appear to condemn homosexual behavior. When read literally Scripture also condemns divorce, working on the Sabbath, the consumption of shellfish, and wearing clothing made from more than one type of fabric. It also condones incest, slavery, the murder of insolent children and people who blaspheme, as well as the subjugation of women.

If, however, one reads the Bible employing the tools of literary, historical, and sociological criticism — i.e. the standards that are utilized and demanded in all professional, academic disciplines — then one soon discovers that the above mentioned pericopes are addressing issues of pedophilia, rape, and prostitution. They are not dealing with same-gender relationships between consensual adults, nor are they focused on biological or psychological predispositions.

Therefore, “praying the gay away” is as effective as praying that my dog may become a hamster or that my eight year old son may develop the ability to morph into an amphibian at will, as much as he would probably love that.

If you are going to invest your time

on reparative therapy, as opposed to developing a political campaign that addresses the real issues that plague our nation, then maybe you can pray for other things as well.

I counseled a disabled, Vietnam veteran today who still suffers from severe post traumatic stress disorder. He does not have gainful employment and had to claim bankruptcy to keep his home (as dilapidated as it is) as a result. He cannot pay his utilities on the minimal benefits he receives from the government, benefits that Republicans seek to diminish in favor of corporate tax cuts. Can you and your husband “pray” that the utility companies do not shut off his gas, electricity, and water?

Yesterday, I offered some meager assistance to a single mother who can barely afford her rent. Her child goes without diapers and health care. Can you invest some of your time praying for them, too, rather than trying to keep the citizens of this nation from receiving universal health care, while members of Congress and the Senate enjoy the best medical insurance available?

These are just two examples. I have



many more if you and your husband want to volunteer some of your time to work at my urban congregation and pray with us.

Please know that I will pray for you and the other leaders of our great country — that you govern with intelligence and compassion and find real solutions to the quandaries we face rather than misleading the public by appealing to their emotions and religious sensitivities.

Peace & Blessings,
The Rev. Dr. John Tamilio III,
Senior Pastor
Pilgrim United Church of Christ
Cleveland, Ohio

Disney Cruise Raffle

by Elizabeth O’Brien

The winning ticket holder of North Coast Health Ministry’s Disney cruise raffle will win a four-night Bahamian cruise plus round-trip airfare for four people OR a \$4,000 American Express travel voucher to use whenever, wherever.

The cruise dates will be selected by the winner in the time frame of January through February 2012. Cruise departs from Cape Canaveral, Florida. If the winner selects the \$4,000 travel voucher in lieu of the cruise, any destination on any date can be chosen. Second raffle prize is an Apple iPad 2.

Tickets are \$25 each, three for \$50, or eight for \$100 and can be purchased online at <http://www.nchealthministry.org/cruise>. Ticket order forms can also be obtained by contacting NCHM Development Director Jeanine Gergel at 216-228-7878 ext. 107 or via email at jgergel@nchealthministry.org.

The winning tickets will be drawn on Thursday, September 1, 2011, at

North Coast Health Ministry’s Silver Celebration gala at Westwood Country Club in Rocky River, Ohio. Winner need not be present to win.

The raffle is being sponsored by Fairview and Lakewood hospitals. All proceeds benefit North Coast Health Ministry, a free clinic serving the low-income uninsured in western Greater Cleveland.

About North Coast Health Ministry

North Coast Health Ministry is celebrating its 25th year anniversary of providing health care to the low-income uninsured on Greater Cleveland’s West Side. A faith-based free clinic located in Lakewood, Ohio, NCHM is a bridge to better health for 3,000 patients who have no other route to care. With the support of approximately 120 volunteer physicians, nurses and other caregivers, NCHM is able to provide primary health care, specialty referrals, prescription assistance, behavioral health counseling and health education to the medically underserved.

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Lakewood Cares

Cox Charities Awards \$4,000 To Area Non-Profit Organizations Including The Beck Center And H2O

by Stacie Schafer

Cox Communications awarded \$4,000 in Cox Charities grants to four local non-profit organizations as part of its Cox Charities Employee Grant Program, an extension of the company's philanthropic work in those communities where its employees live and work. Two organizations in Lakewood were among the recipients.

Cox employees have a well-earned reputation for being ambassadors in their communities. This year, employees

were given an opportunity to nominate organizations in the Cleveland area that support education for \$1,000 grants. An advisory group comprised of Cox employees review and rank each of the nominations submitted. The purpose of Cox Charities is to award grants and in-kind services to non-profit organizations that focus on children and education in the company's service areas. The committee evaluates and ranks each application on those key criteria, as well as employee involvement,

before final selections are made.

"Our employees personally contribute to Cox Charities and they are proud to use this resource to positively impact our future generations in their own community. The Cox Charities grant program is just one of the many ways Cox remains committed to its employees and the community," said Paul Cronin, senior vice president and general manager, Cox Communications.

The 2011 Cox Charities Employee Advisory Grant recipients are the Beck

Center for the Arts (Lakewood) nominated by Daniel Carney, Help to Others (Lakewood) nominated by Mark Preston, Leadership for Tomorrow (Parma) nominated by Stacie Schafer and the Optimists Club (Strongsville) nominated by Al Shockey.

Cox launched Cox Charities for the Cleveland area in 2009 with a successful year-long employee campaign that raised more than \$15,000. Later this year, Cox will open the grant process up to all organizations in the community that support youth and education initiatives.

The company also recently launched the Cox Community Partners Fundraising Program, designed to support community-based organizations and raise funds. Local non-profit organizations submit an enrollment form and they could receive a \$25 donation for every new service activated through this program. Interested organizations can contact Stacie Schafer at 216-535-3345 or stacie.schafer@cox.com for information.

Lakewood Roots For One World Shop Still Going Strong

by LulaMae Lubin

Back in the early 1970s, it was the dream of people at Lakewood Presbyterian Church to help people live more responsibly for the sake of the earth and her people. After successfully holding Christmas fairs for several years featuring works of both local and distant artists, leaders opened the One World Shop in 1979. They officially began planting the seeds of Fair Trade in our community that would encompass worldwide artists and artisans.

In 1992, One World Shop moved to its current 19321 Detroit location. Vicki Lubin, Store Manager, states: "Lakewood is our biggest demographic customer base, with Rocky River a close second."

What's the big attraction? Lakewood customer Kathy Betz says Fair Trade is important to her. "I feel that I can help contribute to making life a little better for someone. The products are all handmade or hand-produced by artisans usually from developing countries. They are paid a fair wage and sweatshops are not involved. That matters to me. I've also bought coffee at One World for the past several years and belong to the Coffee Club."

Fair Trade also includes working with such people as coffee or cocoa farmers who pay their workers fair wages, or food producers who do likewise. It involves the whole chain of production, from planting and har-

vesting through sales. One World Shop carries fair-trade chocolate, coffees, and other food items as well as soap.

Ruth Gillett has also been a customer for years. "Everything is unique! When I want to buy a gift for someone and just don't know what to get, I always find some special item at One World Shop. There's jewelry, clothes, art works, musical items, personal accessories, etc. Items are from many countries. Beaded jewelry from Guatemala, for example, the stone work from Nepal, or the recycled pop-can jewelry from South Africa or Kenya, are all really wonderful. I like the purses from Nepal and Thailand. The Haitian metal art is very nice."

Says Lubin, "Some items just fly off the shelves, and we can't always get more of them. It depends on who is making them, and after all, nothing is mass-produced like in big economies."

Sometimes a special cause finds its way into The One World Shop's selections. Earrings from the Starfish Project, for example, help restore hope to exploited women in Asia. "I want to support people who are trying to get on their feet, it matters to me, and to many people who come into the store," Betz says.

No matter what, whether you fancy an onyx chess set from Pakistan or singing bowls from Tibet, the One World Shop is a sweet adventure for discriminating shoppers of all ages and

all seasons.

The One World Shop is located at 19321 Detroit Ave. in Rocky River.

Store Manager, Vicki Lubin, works with a small staff, board of trustees and volunteers. Store hours are: Mon-Fri 10-6, Sat 10-5 and Sun 12-5. Stop in!

Criterion Offers A Chance For Glory

continued from page 1

Wear a helmet. You won't be allowed to race without it.

Make sure you have two working brakes. The Rules say you need that, too.

Leave your fixie at home.

Make sure your bike fits you. You can't go as fast if your legs are all bunched up because the seat is too low, or if you have to rock back and forth on the seat to pedal because it's too high.

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Have fun!

What are they talking about?

Cycling vocabulary, courtesy of USA Cycling

If you're new to bicycle racing, a little vocabulary will help you understand what's going on in the race as well as what people are saying about it.

Breakaway: a rider or group of riders attempting to escape the peloton.

Criterion: A multi-lap event on a course usually a mile or less in length. Kriteriums are typically 25 to 75 miles in length.

Drafting: Riding closely behind another rider, to take advantage of his slipstream. The lead rider expends up to 30 percent more energy than the following rider does.

Drop: To leave another rider or riders behind by attacking.

Echelon: A line of riders taking orderly turns at the lead and staggered so that each rider will get maximum protection from the wind. Also called a "pace line."

Pace Line: See "echelon."

Peloton: The main group of riders, also known as the "pack," "field," or "bunch."

Prime: Pronounced "preem." A race-within-a-race, with riders sprinting for prizes on a designated lap.

Benefit For MU Fund

by Patricia Bittel

Friends of the late Joseph P. Veasey need your support to make his dream a reality. On August 13, we will gather for a unique fundraising event at Edgewater Yacht Club.

Joseph (Joe) Veasey, of South Euclid, was one of three good friends in the 2004-05 Scholars and Leaders Program at Miami of Ohio. Joe was an architecture student diagnosed with terminal Acute Myelogenous Leukemia (AML) in August 2006. Before he died, Joe created a scholarship to be awarded annually to a sophomore architecture student with outstanding character. Unfortunately, he passed away before there was enough money to fully endow the scholarship.

Joe's two buddies, TJ Bittel from Bay Village, and Chris Good of Mun-

roe Falls have picked up where Joe left off. TJ's solution is to take on the Rev3 Ironman in Sandusky, Ohio on Sept 11. The Ironman challenge requires a 2.4 mile swim, a 112 mile bike ride and a full marathon of 26.2 miles. On July 16, Chris competed in a 100-mile foot race, the Vermont 100 Endurance Run.

To add to their efforts, the families of these young men are organizing a fundraising event from 7 to 11pm at Edgewater Yacht Club on August 13. Anyone interested can join us for an evening of fun, food and entertainment in support of Joe's dream. Come watch the sun set over Lake Erie, sip wine and shop for fantastic raffle prizes.

Tickets will be \$15.00. For reservations or other information, contact Pattie Bittel at (440)892-3318 or ptbittel@gmail.com.

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Lakewood Business

Lakewood Chamber Of Commerce Hosts 55th Annual New Teacher Luncheon

by Valerie Mechenbier

The Lakewood Chamber of Commerce, in partnership with Lakewood City Schools, Lakewood Catholic Academy, Lakewood Lutheran School, and St. Edward High School, will extend a warm welcome from the greater Lakewood business community to all new teachers and new administrative staff members at the 55th Annual New Teacher Luncheon. This year's luncheon, sponsored by Ohio Educational Credit Union, will be held on Friday,

Lakewood Chamber Of Commerce Upcoming Events

Saturday, July 30th

The Lakewood Criterium
1pm-7pm, Lakewood's West End
www.lakewoodcriterium.com

Monday, August 15th

Lakewood Chamber, Pillars of Lakewood and Rotary Club of Lakewood & Rocky River Golf Outing
11:28am start, Sweetbriar Golf Course (Legacy Course)
www.lakewoodrockyriverrotary.org

Friday, August 19th

55th Annual New Teachers Luncheon

11:30am, Garfield Middle School
www.lakewoodchamber.org

Saturday, August 20th

Pillars of Lakewood Wing Crawl
1pm-7pm
pillarsoflakewood.org/events/2011-lakewood-wing-crawl/

August 19th at Garfield Middle School and will be catered by Italian Creations.

The long-standing tradition of the New Teacher Luncheon, first held in 1956, provides an opportunity for the business community to honor and thank new teachers and staff for their enthusiasm and dedication. "The New Teacher Luncheon is always one of our most popular events," said Patty Ryan, CEO & President of the Lakewood Chamber of Commerce.

"I've always been impressed with how generous our local businesses are when it comes to our teachers." Each teacher is awarded a fabulous door prize, plus a tote bag filled with school supplies, coupons, and other goodies – all donated

by local businesses.

In addition to contributing a door prize or goodie bag item, Lakewood Chamber of Commerce members are also given the opportunity to market their businesses by "taking a teacher to lunch" (covering the cost of a new teacher's lunch), or by marketing their organizations directly to the new teachers and luncheon attendees by giving a 1-2 minute commercial at their own tables.

By mid-August when new hire counts are finalized, the Chamber expects to welcome 30-35 new public and parochial teachers and administrative staff to Lakewood. The New Teacher

Luncheon is an exceptional opportunity for Lakewood businesses to show their great corporate spirit by offering their support and thanking these dedicated individuals for the service that they provide to our community.

To learn more about the New Teacher Luncheon, please contact the Lakewood Chamber of Commerce at 216-226-2900.

Did You Know...

That you can find out what's going on in Lakewood via your smartphone? Download EXP Lakewood on your iPhone or Droid. Lakewood...there's an app for that!

Chamber Spotlight: Freight Forwarding

by Valerie Mechenbier

Based on our location along the Great Lakes (sometimes called "the fourth seacoast"), it should come as little surprise to learn that the Lakewood Chamber of Commerce has a number

of Freight Forwarders as members. A Freight Forwarder is a firm that specializes in arranging cargo movement to an international destination. A Freight Forwarder usually provides a full range of services including - but not limited

to - shipment tracking, preparation of export documents, booking cargo space, warehousing, and negotiating freight charges. An international freight forwarder is an agent for the exporter and can move cargo from dock to door.

Grand Re-Opening For Beshé

by Shari Page

Beshé has always been known for its bath and body products and is now re-launching its store by having a grand re-opening introducing its exciting new product line.

The focus of Beshé has always been about promoting a positive self-image for all ages from girls to women, making them look and feel good one

customer at a time.

Among the list of new products being introduced will be the makeup line. It is sure to be a welcome new addition and complement to Beshé's extensive bath and body line. You must come and visit. When you do, please check out Beshé's blending bar, boasting almost 100 different choices including essential oils and blends as well as fragrance and cologne oils. These oils are available to mix into the unscented products, allowing you to custom blend your own scents.

Beshé is currently carrying women's, juniors' and misses' apparel, but plans to introduce plus sizes and shoes in the near future. The hand-selected array of clothing can be described as bold, vivid, casual, modern, fun, and even flirty, reflecting the many styles and tastes of women of all ages. While there are many resale shops available in Lakewood and some retail stores relocating or closing, it became apparent to

Nicole Flagg (owner of Beshé) that there is a demand for new women's apparel. In tune with what women are looking for, she has set out to find trendsetting pieces that are durable and affordable. This supports Beshé's motto of looking and feeling beautiful affordably. Beshé has remained devoted to enhancing the lives of today's busy women in a way that will make them feel good about being themselves. Whether you're keeping up with current trends or creating your own, Beshé offers a pleasant shopping experience filled with distinctive, affordable style.

In honor of Beshé's grand re-opening, Nicole will be hosting a fun "Ladies' Night" on Saturday Aug. 13 from 7 p.m. to 10 p.m. The event is open to the public. If you RSVP by August 10th you will receive a special discount. You may do so by calling 216-925-7424, in person at the boutique located 13346 Madison Ave., or via Facebook at Beshé Bath and Body.

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Nicole Flagg, owner of Beshé, inside the newly re-opened Madison Ave business

LO Opinions

McDonald's Or Something Thoughts On The Old Detroit Theater

by John A. Green

It must be wondered why there is so much anger over the franchise owner of a McDonald's restaurant wanting to build a new restaurant on the property of the recently-closed Detroit Theater at 16407 Detroit Ave. Maybe if it were a Starbucks there might be less opposition.

After reading the quotes included in Cody Peck's report "McDonald's plan concerns residents" in the Sun Post-Herald, June 23, 2011 and the letter by Steve Gannis in the same issue, which is also included as an opinion piece in the June 28 issue of the Lakewood Observer, you would think a sinister plot was underway.

Is it the tearing down of the old movie theater that is bothering people or the building of a McDonald's restaurant? Gannis called McDonald's food "junk food" in his letter. But for many, McDonald's is a happy memory, from when a father cashed his check to purchase the only ready-made meal he could afford for his big family; when a mother was so happy not to have to cook or wash dishes; and when all the kids had a dinner they all loved.

Whether it is a McDonald's or something else that is moved onto that property, those who attended the meeting at the Lakewood Public Library June 15, 2011, seem to have baseless arguments. Arguments that could be made about any new building or business to be built on that property. Arguments that might have been made when the movie theater opened long ago.

"I don't want increased traffic down my street" is one argument. If only more traffic went down that street to the theater the past decade, we

wouldn't be arguing what to do with the empty movie theater. What was it like in the 50s when teenagers drove to the theater in rumbling muffler-less Chevys, spewing leaded exhausts? What were the kids doing after seeing The Blob or The Werewolf, or that awful Plan 9?

"What if it doesn't work?" somebody else asked. If it doesn't work we will see an empty McDonald's- shaped building where once stood an empty

Theater, the one that used to be across the street from the mall, all gone.

We go to multiplex theaters in far-away suburbs these days if we go to a movie theater to see a movie at all. We rent movies from video stores to watch them on big screen TV. That too may be part of the movie past; Hollywood Video stores are gone and Blockbuster is in Chapter 11 bankruptcy court. We can now rent DVDs from vending

machines placed in front of gas stations or supermarkets. And maybe that too will be part of the past as we download the latest release onto our computers.

The tearing down of an old building that once served a noble purpose is sad, but things change; technology improves and replaces the technology that was. We still have record players but can anybody buy a new record anywhere? Do they still make 8mm film for home movie cameras?

We can still see the Detroit Theater by renting the movie American Splendor, the story of Harvey Pekar. There is a great little scene where the characters discuss the merits of Revenge of the Nerds. Funny enough, Mapletown movie theater was mentioned in the movie. For anybody who is curious, the old theater in Richmond Heights that used to be on Wilson Mills Road across the street from the Richmond Mall can be seen in Jim Jarmusch's movie Stranger Than Paradise. Funny enough, every part of Cleveland that was used in that movie is now gone: the hot dog place in Bedford Heights and the East 9th Street Pier with Captain Frank's restaurant right in the middle of the pier, gone.

It is sad when people just stop going to places that made us feel good. People just stopped using the Detroit Theater, and the theater could not make enough money to make a profit.

Nobody can pay rent with a memory. Sooner or later that building and/or property will be turned into something else--a restaurant, a warehouse, or whatever. Maybe a Starbucks isn't such a bad idea. Maybe a compromise; coffee and a movie?



Rendering by Lakewood Observer regular and damn fine artist Dustin James. He came up after reading from afar (currently in Florida) the issue on the Observation Deck and as he often does throws out some pretty nice ideas. Now the question is, "Does Lakewood want to be part of Lakewood, or ignore their patrons and neighbors?"

movie theater-shaped building. Like the Cozumel Mexican restaurant which was once the IHOP restaurant, like Advanced Auto Parts which was once Hollywood Video stores, and the Chipotle which was once The Arabica, somebody somewhere may see the advantage of using that property for something other than what it was built for.

More likely, that McDonald's will succeed in that location. It will be the people down the street from the restaurant, the ones who complained

about the traffic, who will help it succeed. "Here Frankie, I'm too tired to cook, here's ten dollars, go get yourself a hamburger or something from the McDonald's down the street and get me that junk food salad they make."

The problem is people don't need to go to the movies anymore. The Detroit Theater is going the way of many theaters. The Centrum, in Cleveland Heights, far more beautiful inside than the Detroit Theater, gone; Mapletown gone; Southgate Cinema gone; Richmond Heights



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Perspectives

Of The People, By The People, For The People

Reports out of Tar Heel, North Carolina suggest that it will be a rather interesting election this fall. That's because in the small town of 117 residents, no one has registered themselves as a candidate for the position of mayor, or any of three open commission seats. That's right, this coming election, the city will have ballots with no names, just empty spaces for people to write them in. As shocking as this seems, the existing mayor isn't surprised, and, to tell you the truth, neither am I.

You can write this off as a problem of small town America, but even here in Lakewood there is an ever DECREASING number of people willing to present themselves as a candidate for political office. Is anyone other than the incumbent running for mayor? With Matt Markling stepping down, is there even anyone looking to fill his seat on the school board? Ask anyone walking up your street and I doubt they can even name their own council-person, let alone anyone who might be running against them this fall.

This isn't just a problem of voter

apathy. For decades, we've been a fickle society when it comes to turnout in the voting booth. This is different. In my opinion, this type of problem signifies a more troublesome shift in American politics. While this country was founded on the principles of a representative republic, if you look at our system today, you'd be hard pressed to fit the current model back into its original mold.

Unfortunately, today, I believe our government more accurately fits the description of an aristocracy. Instead of a government where all citizens hold political power, we've devolved into a society where the majority doesn't feel smart enough or good enough to get involved. Instead of committing to the work necessary to keep ourselves educated in the areas where politics affect our very livelihood, we willingly hand off the job to those we think are more qualified to solve our problems.

Back in 1787, the seeds of a democratic republic were sown. And, while the Constitution may have been written by

society's elites, the responsibility of making it work was clearly placed in the hands of this country's farmers, factory workers and family men. Our forefathers intentionally built a system that was so simple it fit neatly on a couple pieces of paper. Government was intended to be only big enough to keep the union together and to keep our liberties safe. When the duties and responsibilities of our elected officials were kept to the basics, regardless of the scope of the problem, the solutions were relatively simple.

But as the years advanced, the roles and responsibilities of government expanded. The average citizen was no longer elected just to keep things running; instead political specialists stepped forward with promises that they could make things better. A country that was established on the premise of "do-it-yourself", slowly turned into a "have it your way" mentality. And, the focus of government shifted from resolving straight-forward disputes to attacking compound societal issues.

The more complex the system became, the more we handed it over to the leadership of lawyers, executives and professors. And the system began to propagate itself. Increasingly difficult issues led to even more intricate proposals, which only led to more complicated problems, and on and on, to the point where experts today don't even try to explain their actions, instead they just trot out their resumes in a vain attempt to placate our anxiety.

I often get disheartened when I hear people I know suggest that they don't have the background or education to run for office. It makes me mad that there are thousands of good people in this city alone who are more than capable of being strong, moral, and effective leaders, yet subject themselves to the opinions of a contemptible aristocracy who deem them unworthy. The truth is completely the opposite; the failure is theirs, not yours.

A political class has evolved in today's society that seeks only the power of elected position. Their focus isn't on the nobility of service, but rather the narcissistic desire for fame and notoriety. Once in office, getting things done takes a back seat to getting re-elected. And the quickest path to job security is to create a system that only they can navigate. Would you hire a plumber if he laid so many pipes that only he could fix a leak, or an electrician whose wiring diagram left all competitors incapable of installing a ceiling fan? Would you trust a mechanic that couldn't explain his repairs, yet insisted you pay the bill?

Most people are frustrated with the current tax system and can't begin to comprehend volume after volume of state and federal law. But that shouldn't dissuade them from serving as a councilmen, congressmen, or even a senator. It's true; we need people educated as to the problem, but just as importantly, we need solutions that are geared toward the people. When we've gotten to the point where the majority can't understand the legislation, then it's the rules that have gotten out of hand, not the people.

It's time to regain control of our Constitutional Republic. And it all starts when the common man no longer fears bringing common sense back into government.

Letter To The Editor:

A Gift To Insurance Companies

To the Editor:

Some thoughts in response to Bret Callentine's typically intelligent and forceful argument about what he regards as the un-constitutionality of the so-called "insurance mandate" in the health reform law requiring everyone to buy health insurance....

Arguably what Congress is seeking to regulate is not the "inactivity" of not buying insurance, but the activity of using healthcare services without a means to pay for them. This is not remotely an isolated or incidental or chance occurrence. The provision of uncompensated medical care to uninsured individuals is a daily occurrence in the United States, an enormous burden to hospitals and local economies, and a signal feature of the dysfunction of the health system generally. The American Hospital Association reported in 2009 that U.S. community hospitals incurred \$39.1 billion in uncompensated care costs—costs that are invariably passed on to the rest of us. Public "safety net" hospitals, like MetroHealth Hospital, absorb millions of dollars of uncompensated care which are built into their operating expenses, typically with some degree of taxpayer subsidy. In 2010 Metro posted some \$257 million in uncompensated care, fractionally offset by a \$40 million subsidy from the County.

A healthcare system can no more sustain itself with millions of uninsured people using uncompensated medical care than can a housing market when people sign onto mortgages they can't afford. And this is a real problem because healthcare--unlike owning a house--is not optional and health is not a commodity; it is (I believe) a public and social good and

an attribute of human happiness, and a healthy population is conducive to the national welfare and essential to a vibrant economy.

Financing and rationing a public good through a for-profit market like the private insurance industry is, in my opinion, a very bad idea. But it's the way we have been doing it with mounting and predictable problems for more than half a century. And in the debates leading up to the passage of the new law, even so little as an option for a public program that would exist alongside the private insurance market was rejected.

So now we have a reform law which is, as Dennis Kucinich rightly described it, an enormous gift to the private insurance industry. The insurance reforms in the health care law--especially "guaranteed issue," which ensures that anyone who signs up and agrees to pay the premium will not be denied coverage simply because he or she is a "bad risk"--are dependent on having enough people

in the insurance pool to spread the risk around. Without the mandate that everyone sign up, only the sick would enroll, costs would skyrocket, and the market would experience a "death spiral." If your heart's fondest desire is to see the private insurance industry flourish so as to ward off "government controlled healthcare" (or whatever) then the insurance mandate ought to be your ally.

Mr. Callentine needn't be pessimistic that the Supreme Court, which is going to hear this question, will decide in a way that will please him; at least two district courts that have heard the case have done so. If the mandate is struck down, those insurance reforms that many people regard as desirable will be undone and we will be back to starting from scratch. And then the problems of diminishing access and increasing cost will continue to be his, and ours, to live with.

-Mark Moran



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Pulse Of The City

Lakewood’s Magical Musical Moments...

“The Flip Side” Of The Winchester Music Hall

by Gary Rice

It wasn’t long after my dear late mother passed away that I was driving up a Lakewood side street when I spotted a guy carrying a guitar case similar to one that I owned. Stopping the car on impulse, I hailed the guy down, and we enjoyed a few minutes of warm conversation. The guy’s name was Mark Ronan, and he invited me to join his friends at the Phoenix Coffee House in Lakewood for their Monday night get-together jam session. Lakewood’s Phoenix (which later morphed into the beautiful Root Cafe) at that time was a very small, intimate venue. We all played and sang while sitting tightly around a little table by the front window. I also met Mark’s friend, Jack Mizenko, and some of the other members of a group of musicians called “The Flip Side,” but was never actually able to hear them perform at that time.

What I can tell you is this: Jack and Mark took me in when my very soul was torn asunder by my Mom’s death. They befriended me and accepted me, and those Monday nights at the Phoenix marked a wonderful time in my life that I’ll never, ever forget. It was inspiring in the extreme to be able to sit in with such a creative group of singer-songwriters. As time passed, some of us did other events around town for the community, including several nostalgic and fun folk music afternoon sing-a-longs at the Lakewood Library.

What I would have done without Jack and Mark’s friendship, I have no idea. But... I never did have the chance to hear their band.

Meanwhile, on the other side of town, Jim Mileti and his wife Rebecca had something else altogether going on, and to me it remains one of the Cleveland area’s finest musical assets (and quite possibly the best musical venue that I’ve ever been in!). That place, of course, is The Winchester Music Hall.

Many of you know that I’ve been around music for a very long time. I’ve been to, or played music in, just about every kind of place that you might imagine. Here in the Cleveland area, it seems that we’ve always had cool places to go to hear great music. Whether your taste runs to ethnic, blues, cool



“The Flip Side” at the Winchester Music Hall (Photo by Gary Rice)

jazz, or of course rock and roll, there’s no doubt about it in my mind that we’ve had some fine places to hang out at over the years.

The Winchester Music Hall (a Lakewood attraction since 2002), however, is one of those really special places that real musicians just can’t get enough of. Jim and Rebecca have done everything possible to transform The Winchester into a first-class musical environment, making it possible to enjoy the very best in musical entertainment. You’ll enjoy abundant seating, whether in chairs or at tables. The sound system is crystal-clear, and the relatively low ceiling provides excellent acoustic properties. There’s really not a bad seat in the place, and the icing on the cake is the type and quality of absolutely astonishing entertainment that Jimmy brings into town. The Winchester’s list of musical offerings past, present, and future represents some of the finest names in music, from an eclectic variety of styles. Many artists that you once had to squint to see in large stadiums are enjoying the intimate atmosphere that The Winchester provides.

Probably the first artist I saw at The Winchester Music Hall was Pete Best. The former Beatle drummer, who lost his position in that band to Ringo, had assembled a first-class band of his own and was touring again. For any of us who lived through the ‘60’s, it was a

terrific opportunity to hear from a rock and roll legend up close. (And Pete’s band, as well as his drumming skills, were absolutely magnificent!) Afterwards, there was the opportunity to meet and greet Pete, and talk personally with him about his many adventures. Pete not only spoke at length with me but with any fan who wanted to talk with him. The Winchester Music Hall is the kind of place where that sort of thing can happen. The Winchester just lends itself to being a great interactive venue between the artist and the fans.

Anyway, last night I heard that Jack and Mark’s group “The Flip Side”

was being featured at The Winchester Music Hall, so down I went to see them. The great thing about The Winchester for Lakewoodites is that it’s only minutes away. Parking can sometimes be a bit of a challenge, but that’s an old Lakewood story anyway. “The Flip Side” was celebrating the “3rd Anniversary” of their CD, and wowie, what a group they are! The members played guitar, bass, harmonica, and mandolin and exhibited extraordinarily clean and tight vocal harmonies as they kept their audience on the edge of their seats with eclectic and professionally presented musical styles and offerings. Had I never known Jack or Mark personally, please be assured that I would have still given their group just as glowing a review here, and those of you who know me well know that would be the case!

It was great to finally be able to catch a hard-working dedicated bunch of wonderful musicians at such an outstanding place like The Winchester Music Hall! What an outstanding night, indeed! The pulse of this city beats so much stronger because of events like these. Find out more about The Winchester’s many exciting upcoming events and featured artists online at www.thewinchester.net. You can learn more about “The Flip Side” at www.heartheclipse.com.

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Jessie Bennett And Mary Monroe

Now that it's mid-summer and more and more people are out on their bikes (yay!), I thought it would be a good time to include a few reminders about bike safety:

1. Helmets are cool, and all cyclists should wear them. Make it your new mantra...Helmets are cool...Helmets are cool...

2. Cyclists are legally allowed to ride in the road, but should be riding with traffic, on the shoulder side. Keeping yourself visible to traffic and minimizing swerving are important as well.

3. If you are in the road, you must obey traffic laws. Cyclists can get tickets for running red lights just as cars can.

4. If you are riding in the dark, you must have both a front and rear light.

Bike safety classes are taught at the Ohio City Bike Co-Op (information can be found on their website, <http://www.ohiocitycycles.org/>), if you are interested in learning more about road riding and safety. Also, for anyone who is interested in purchasing their first bike, there are lots of great bike stores in and around Lakewood that can get you on your very own set of two wheels!

This week's cyclists are of special importance to me. Years ago, when I first moved to Lakewood, the only bike I owned was an old Free Spirit cruiser I bought for \$50 from a bike shop in Bowling Green. Never before had I lived in a city where people rode bikes as an alternative to driving; I had never even met someone who lived that lifestyle. To me, biking was something done for recreation, not a useful aid to city life.

Jessie Bennett and Mary Mon-



Bennett and Monroe

roe were the first two people I met in Lakewood who owned bikes that they actually used for something other than the occasional ride in the park. My first memories of these two amazing women changed the way I thought about biking. I'll get to those in a minute, but wanted first to extend a sincere thank you to both of them for helping me see how much better life is on a bike.

I'll start with Jessie, who was also the person to introduce me to Mary. I was hosting a party in my new apartment (which was small and on the top floor of a building) in the middle of the summer. As the result of an overcrowded, hot and therefore now stinky apartment, we re-located to a bar, only to have Jessie, on her bike, beat everyone there who was driving. I was amazed!

Not only could she get around quickly, but she was having a blast, helping the environment, and even getting a little exercise. Not to mention, she got first dibs on the cold beverages!

Even though this was years ago, Jessie still believes in those same reasons for riding, adding, "I love to ride in the Cleveland area because it is all so accessible. You can ride from one neighborhood to another pretty easily and enjoy the different facets of our community." She also said that she feels as though she is a part of everything while riding; I think most cyclists would agree. There is definitely a community feel when it comes to this type of transportation. Jessie rides a vintage fixed-gear Raleigh, and, like I said, she rides it quickly, so keep your eyes open for her!

My first cycling memory of Mary actually took place while at Jessie's house, where Mary had her car parked. Street parking was difficult near Mary's apartment building, and because she used her car so infrequently, it made sense for her to leave it somewhere safe



where she didn't have to worry about it. I was astounded and thrilled at the idea of not having to drive a car...in fact, being able to leave it somewhere for days on end...and not even think about it! Mary's comfort with cycling and her ability to mold her lifestyle around a truly positive mode of transportation was a huge eye-opener for me.

Mary's ride is a green Giant she bought shortly after moving back to Cleveland. Her friend George was instrumental to inspiring her to ride on the road as opposed to the sidewalk, and to do so in a safe and attentive way. Mary says, "One day I'll free myself from the chains of my vehicle and the time constraints that bind me to it," and I believe she is definitely on the right track toward that goal and is a shining example of how others can begin to make the shift as well. Her only complaint about cycling is road debris, which can be extraordinarily dangerous for cyclists, who usually only have a fairly narrow area on the shoulder in which to travel.

It is my hope that, as cyclists, by doing what we love, we can inspire others to discover the same affection for our community and environment, and see the infinite benefits of cycling. The more people riding, the better the conditions will become, and the safer and more conscientious we will all be. Thank you to Mary and Jessie, as well as all of you out there on bikes, helping to make our world a better place.

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Lakewood Living

2011 Laskey Service Award Winners Marcia Moll, Rick Sicha And Heather Rudge

by Shannon Stratchan

LakewoodAlive is delighted to announce that long-time civic advocates Marcia Moll, Rick Sicha and Heather Rudge will be this year’s recipients of the LakewoodAlive Laskey Service Award. The award presentation was made Saturday, July 23 at 5:30 pm at the Lakewood Public Library Front Porch at 15425 Detroit Avenue.

The award was presented in recognition of the trio’s decades-long service to a variety of Lakewood institutions

and organizations, including LakewoodAlive’s Main Street™ downtown revitalization program.

The LakewoodAlive Laskey Service Award was first created in 2009 to honor Tim Laskey, a founding member of LakewoodAlive and Lakewood Community Progress Inc., to reflect his incredible volunteer dedication to the community. “Tim has established a legacy of volunteer service in Lakewood and this award allows us to honor those who follow in his foot-

steps in terms of professionalism and devotion to civic interests,” said Mary Sue McGorry, former LakewoodAlive Board Member and Laskey Service Award committee member.

LakewoodAlive has been the fortunate recipient of the professional talent, knowledge and experience of Ms. Moll, Mr. Sicha and Ms. Rudge. “As participants on the Downtown Lakewood Design Committee since its inception in 2005, Ms. Moll, Mr. Sicha and Ms. Rudge have played essential

roles in the development of the Detroit Avenue Streetscape Plan, the Downtown Lakewood Signage & Wayfinding Plan, and the creation of Design Principles for Commercial Districts, all of which have been adopted by the City of Lakewood”, stated Jenni Baker, LakewoodAlive Board President.

All three recipients are members of the city’s Heritage Advisory Board, providing research, advice and technical assistance on both residential and commercial projects. They are also members of the Lakewood Historical Society, serving integral roles in the biennial Come Home to Lakewood house tour and in salvage operations conducted by the society.

Ms. Rudge, Historic Preservation Studio Leader at Weber Murphy Fox; Ms. Moll, Senior Planner, and Mr. Sicha, Principal Planner with the Cuyahoga County Planning Commission bring a wealth of professional knowledge to their volunteer efforts, and great benefits to Lakewood.

LakewoodAlive is a nonprofit economic development organization dedicated to improving the quality of life of residents by creating alliances with community leaders, leveraging community assets and expanding the pool of available resources to facilitate economic stability and growth in Lakewood, Ohio. “Downtown Lakewood” is the nationally accredited Main Street™ program of LakewoodAlive.

Lakewood Gets A Little “Sweeter”

by Sara Miller

The Sweet Spot, an American gelateria and treats shop, newly opened this July directly across the street from the Beck Center for the Arts. Featuring homemade gelatos made from all natural ingredients, most of which are local and/or organic, it also serves all natural pies, cookies and cupcakes made from local certified home bakers (Humble Pie Baking Co., Lakewood Cookies, Rosy Girl Baked Goods).

The shop was originally conceived by Lakewood residents Celeste Blau, her husband Patrick Cleary, and brother Zack Blau during a trip to Italy. They were inspired by the rich and creamy Italian gelatos and saw a need for an all natural frozen desserts shop that Cleveland could claim as its own. During the shop’s development, parents Jack and Becky Blau also joined the effort.

The gelato is made with Ohio milk and organic unrefined sugars. There are approximately 30 flavors at any given



time. Flavors range from the tried and true classics such as Cookies n’ Cream, Vanilla, Peanut Butter to more original concoctions such as Lemon Ginger, Sweet Potato with Walnuts, and vegan Pina Colada. Many ingredients, particularly fruits, are fresh picked (by the Blau/

Cleary family!) from farms right here in Cleveland.

Store hours are Sunday through Thursday, noon to 10 p.m.; Friday and Saturday, noon to 11 p.m. It is located at 17806 Detroit Ave, Lakewood.



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Lakewood Living

Real Living

by Eric Lowrey

According to Americans for the Arts, nationwide, the arts generate \$166.2 Billion in total economic activity annually. This includes over 5.7

Treetops

by Amanda K. Winters

They came for my tree today. No, they didn't chop it down, just 'trimmed' it. Sort of like a new hair cut - it needs cleaning up, but then you want to grow it out! It's a Linden tree, the kind that spins off little brown 'airplanes'. Energy efficient, strictly wind powered, they land everywhere - on the lawn, the sidewalk, the neighbor's yard. A good gust of wind has them up and flying again, joyfully joined by a constant supply of new troops. They may be a bane to tidy yard tenders, but I like 'em.

I say my tree; technically that's not correct, it adorns the tree lawn and thus belongs to the city. Emotionally, though, it is my tree. When my son and I bought this home it wasn't much more than a

Community Yoga At Lakewood Park

by Chris Youngless

As summer rolls on and the sky remains bright blue, and dotted with white cotton clouds, it beckons us to head outdoors and stretch our wings. Beginning July 26th, join Aryn Youngless, CYT, at Lakewood Park on Tuesdays from 6:30-7:30pm for a \$5

million jobs, \$104.2 billion in household income, \$7.9 billion in Local Tax revenues, \$9.1 billion in State Tax Revenues, and \$12.6 billion in Federal Tax Revenues annually. Think about that

twig held up by two metal stakes twice as tall as it was. It grew much as the children who live here did, year to year. I used the porch to gage it's progress. You had to come to the front door and look down to view it. Six months, stakes removed, you could call it a sapling. Two years like our toddlers, it acquired a delicate sturdiness. You could grasp the trunk and encircle it with your hand. Straight as the stakes that once held it, you no longer had to look down. Before you could say 'kindergarten' you stepped out to a full view; say 'high school' and you had to come off the porch to take in this awesome gift.

I adapt slowly to some things; long after the tree topped me by many feet, I persisted in calling it 'our baby tree' (a

donation based Community Yoga Class.

Uniting the neighborhood with the peace of mind that is yoga, stretch your arms, legs and mind underneath a canopy of maples in Lakewood's backyard. An open level vinyasa class designed to fit the needs of the newest beginner and the well practiced yogi, Community Yoga is designed to help you get back on your mat surrounded by your friends and family.

For more information about Aryn Youngless, CYT or Community Yoga, visit online at www.arinyoungless.com. Also listed are Aryn's upcoming yoga events including Free Yoga at the Park every Friday also at Lakewood Park, and Beginners and Rock Yoga at 1381 Bunts Rd, 4th Floor each and every week.

Community Yoga is a donation based class, suggested donation is \$5 (all donations will be accepted). If rain does occur, class will be moved to 1381 Bunts Rd., located across the street from Giant Eagle on the 4th floor of The Inn on Lakewood Senior Campus. The 2nd drive on the Eastern side of Bunts, just South of Detroit Rd.

when you peruse the prints, ceramics, spoon rings, and yes, the personalized hand painted shower curtains at the next Lakewood Arts Festival. The arts are now being touted as the economic engine that can revive dying cities, a powerful tool that impacts not only your local professional theatre or art

form of denial?).

There was a close call two summers ago. They widened our street and at our end about every other tree lawn lost its tree. We were granted a reprieve. You know those yellow ribbons? I was very tempted. Yes, I still want you! The tree didn't escape entirely unscathed - two elegant branches on the street side were broken, but you can't tell now, courtesy of the trimming.

This past winter we had a fierce ice storm. It was brutally cold, as it had been for what seemed like eons. The kind of winter that tries your patience if not your soul. And yet one morning I woke to a glittering world, a palace fit for the Snow Queen. Our tree and its entire family dancing down the street in diamonds and lace, a soft howling and delicate tinkeling provided the music.

The seasons pass, my tree records them: little hard bright green buds, the tiny'planes', a treasure-trunk topped in curling gold, stark bare branches patiently awaiting a furry white coat.

It's just a tree. My tree!

gallery, but also the food and beverage industry, the retail industry, and finally, the Real Estate Industry.

The arts, (and I really dislike that name as it is such a pejorative term to many) are, for better or worse, coming to the fore as a way to define not only who we are as individuals, but who we are as a community. Think about when a certain organization, pre LeBron James, threatened to take their talents elsewhere. What happened? As a community we declared this should not happen. Why? Because the organization is a part of our community and as such was and is a reflection, in part, of who we are. Lakewood is the Beck Center. It is the Screw Factory, or bela dubby, or one of the many galleries up and down Madison and Detroit.

But Lakewood is even more than these institutions. It is also the people who see the plays, or buy the \$25 print at the Art Festival then have it framed by a local framer, or go for coffee and dessert after some event. In short, as far as the Arts are concerned, Lakewood is most of us. And this is something worthwhile. When we support something that we find beautiful, or enjoyable, or, God forbid, important, we make Lakewood a better place. We make Lakewood a place worth living and celebrating.

Isn't this what we look for when we choose a place to live? "Yes there are other more real world factors such as schools, taxes, affordability, or services, but when we look for a place to call home, don't we want to find a place we can love? I certainly do.

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On August 13th from 12pm to 4pm, Lakewood New Life Church will be hosting the Let's Love Lakewood Fest!

It is a back-to-school event for the whole family that will include live music, food, games, face painting and a bounce house. We will also be giving away FREE backpacks filled with school supplies. Let's Love Lakewood is an event intended to give back to the community.

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