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Volume 7, Issue 20, October 4, 2011

School Board And Ward 1 Races Heat Up

Proven Leadership, Excellent Schools

by Linda Beebe

I am the only incumbent candidate running for a position on Lakewood Board of Education on November 8. During the time I have served on the Board, Schools Lakewood have maintained their reputation as one of the premier school systems in the state while serving an



increasingly diverse population. We have met the challenge. We are rated "Excellent" by the State of Ohio. But we can't stop there. I want our schools to continue to improve to meet the challenges of this new century.

I serve on a school board because I believe that public education is the single most important longcontinued on page 16 David Anderson, Your Ward 1 Councilperson

by David Anderson

I am a true convert. I fell in love with Lakewood's neighborhoods and houses soon after moving here in 1996. I bought my first home on Franklin just off of Riverside Drive in 1998 and have been a Ward 1 resident ever since. My home on Narragansett is where I am blessed to live



now with my wife of 10 years and our four children. My wife and I also own three rental properties we consider individual small businesses. So, I am a long-term Ward 1 business-owner as well.

The primary responsibilities of Lakewood's City Council are to make laws, oversee the budget and oper-

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Patrick J. Metzger Looks Forward to Being Elected Councilman For Ward 1

by Patrick Metzger

I'm excited to be on the ballot for the November 8th election as a candidate for Lakewood City Council Ward 1! This is a great opportunity to take on a leadership role with the community at a level that - in many ways, matters more than most.



My wife, Melissa and I moved to Lakewood in 1997. At the time I'd accepted a graduate assistanceship in the CSU Center for Economic Development while I began a PhD program in public administration and Urban Studies.

Subsequently I've gone on to work for many agencies and cities as a community development and

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New Public Art Mural On Display At Beck Center

by Fran Storch

If you've driven past the Beck Center lately, you may have noticed a new outdoor mural on display. Measuring 33 feet by 18 feet, it's hard to miss! The canvas art mural, entitled "A Night at the Opera," is a replica of an original work by internationally acclaimed artist Natasha Turovsky. The mural was installed on the west side of Beck's annex building on September 19. Art dealer and Beck Café owner Paul Sykes worked in collaboration with the Beck Center to bring this impressive piece of art to Lakewood.

The new mural replaced Turovsky's "Beck Stage," which was moved across the driveway to the north entrance of Beck Center's main building, making the combined murals what Sykes believes to be the largest outdoor public art canvases in the state. "This is a wonderful opportunity to showcase both murals along with Beck's new state-of-the-art marquee," said Sykes.

The murals give passersby just a glimpse of Turovsky's amazing artwork. Sykes and the Beck Center will host a reception on Thursday, October 13, from 6:00 to 9:00 p.m. where guests will meet the artist and preview a \$2 million exhibition of Turovsky's work which runs through November 13. The collection will be on display in the Jean Bulicek Galleria, Beck Café, Skylight Walk, and Virginia Q. Foley Gallery at the Beck Center for the Arts.

Born in Russia, Turovsky is a Montreal-based surrealist artist, professional musician and filmmaker whose work has been acclaimed throughout

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Possibly the largest outdoor public art canvases in Ohio are on display at Beck Center in Lakewood.

Celebrate The Season At LEAF's Fifth Annual Harvest Festival

by Heather Ramsey

Come celebrate the bounty of the harvest at Lakewood Earth & Food (LEAF) Community's 5th Annual Harvest Festival! The event will be held on Wednesday, October 19th, from 5:30-8:30 p.m. on the front porch of the Lakewood Public Library (15425 Detroit Avenue), extending out into Mars Avenue. Come join the celebration, as award-winning performer Foster Brown

returns with two sets of his original edu-tainment of folk songs and storytelling. And don't forget to bring your precarved jack-o-lantern for the Pumpkin Carving Contest, pies for the Pie Bake-off, and the whole family for the games, activities, music, vendors, and, of course, locally-grown and made food and drink.

New this year is the Kids'

Pumpkin Palooza!

by Emmie Hutchison

It started as a project to celebrate "Make a Difference Day" and has become a treasured favorite event for Lakewood families: PUMP-KIN PALOOZA is coming up! On Saturday, October 29, the east end of Lakewood High School will be transformed into a Halloween funland, with games, prizes, activities, food and of course...pumpkins! The best part of all is that the entire event is a fundraiser to benefit the Lakewood Community Services Center and the Lakewood Charitable Assistance Corporation. In addition to donating the proceeds to these local agencies,

attendees are asked to bring a non-perishable food item that will be donated as well. Pumpkin Palooza is brought to you by H2O "Help to Others," The City of Lakewood, Lakewood City Schools, Lakewood Hospital, Lakewood Public Library, Lakewood Non-Profit & Civic Organizations, LHS Student Organizations, Lakewood Early Childhood Professionals, and the generosity of Pumpkin Palooza sponsors.

Pumpkin Palooza begins at 1:00 p.m., opening up the Autumn Adventureland in the East Gym. There will be dozens of carnival games run by H2O

Calendar Page

Wednesday, Oct. 5 The Lakewood Historical Society: Preserving a Streetcar

7 - 9PM, Main Library, 15425 Detroit Av See Library Calendar Page 5 for details.

Chucklefck Presents...An **Evening With Maronzio Vance**

7:30 & 9:30 PM, 1261 West 76th St. Our shows at Reddstone (Battery Park) are gaining steam and after a blistering hot September, we're keeping things rolling into October! You may have seen Maronzio Vance on: "The Jamie Kennedy Experiment", 'Wanda Sykes: Wanda Does It", "Comicview", "Showtime at the Apollo", or Montreal's "Just for Laughs Comedy Festival". Or maybe as a semi-finalist on the latest season of Last Comic Standing. Or on the Tonight Show with Jay Leno. Regardless of whether you've seen him or not, you should make it a point to. His scathing wit & barely contained anger at society remind me of a young Bill Burr. Joining him on the show will be: Tim Cornett, Flynt Slab. Hosted as always by Cleveland's lovable stoner, Ramon Rivas II. Great drink specials, a perfect room for comedy & one of the BEST MENUS in the city, what are you waiting for? Limited dinner seating is available. Call Ramon at 440-522-7035 to reserve table.

Friday, October 7 **Annual West Clinton Historic Haunts Walking Tour**

6 - 8:45 PM both Friday & Saturday. Detroit Shoreway at the Parish Hall, 6205 Detroit Avenue, Cleveland. (walking tours depart every 15 minutes and last approximately an hour) Adult admission is \$5, no cost for children under 15. See Page 15 for story.

Susan G. Komen Spaghetti **Dinner Fundraiser**

6:30 - 8:30 PM, Northwesterly Assisted Living, 1341 Marlowe Ave. Join us as we host an all- you-can-eat spaghetti dinner fundraiser for breast cancer. October is breast cancer awareness month and we will be donating all proceeds of our spaghetti dinner to Susan G. Komen. We will have a 50/50 raffle, games for kids, and door prizes. \$5 per person, \$3 for kids 12 and under. If you would like to pick up your order, just give us a call and let us know its "togo!!" To RSVP, call 216-220-6475 and let us know how many will be in your party! www.northwesterly.com.

"Jazz You Like It"

7 - 10:30 PM, Waterbury Coach House, 13333 Madison Ave. 226-9772 Doris Long Quintet With Joe Hunter -Dallas Coffey - Al Fuller - Toby Packard. Traditional Jazz. Every Friday.

The Marvelous Wonderettes

8:00 PM, Shows also on Saturdays 8 PM, Sundays 3 PM through Oct. 16. Beck Center for the Arts, Mackey Main Stage, 17801 Detroit Ave.

A cotton-candy colored, non-stop pop musical blast from the past! Meet the Wonderettes at the 1958 Springfield High School prom – four girls with hopes and dreams as big as their crinoline skirts and voices to match. Learn about their lives and loves as they perform your favorite '50s and '60s songs including Lollipop, Dream Lover, It's My Party, It's In His Kiss, and many more. Fast-forward to their 10-year high school reunion where this dynamic group performs once again and see how their lives and friendships have changed and endured. A must-take musical trip down memory lane! www.beckcenter. org or call 521-2540.

The Refuge, Christian Worship & Praise

8:00 PM, The Winchester Music Hall 12112 Madison Ave.

Cross Point Church in Lakewood, Ohio is holding a time a of music, fellowship, and prayer. The event will feature traditional & contemporary music in an acoustic setting, as well as spoken word poetry, a relevant message, and more. This is a free event, in a comfortable setting, and is a great opportunity to meet & interact with people in the Lakewood community! www.refugecle.com.

Saturday, October 8 **Lakewood YMCA Open House**

8:00 AM - 3:00 PM,16915 Detroit Ave. The Lakewood Family YMCA will be hosting a free open house Saturday. Free childwatch will be available during the open house. If you choose to enroll during the open house the \$100 Joiner Fee will be waived. All activities are free. There will be open family swim from 1:00pm to 5:00pm. 216-521-8400.

Calvary UMC Rummage Sale 9:00 AM - 3:00 PM, 16305 Hilliard Blvd A rummage sale for all to enjoy!

Lakewood Early Childhood PTA's Baby Bargain Bonanza

9 AM - 1 PM, Emerson Elementary School, 13439 Clifton Blvd. Our semi annual kids resale event for gently used children's clothes, toys and gear. www.lecpta.com.

Keep Lakewood Beautiful Humus Sale

9:00 AM - 12:00 PM, Lakewood Park's Skate House Parking Lot. See Page 26.

Western Reserve Herb Society's 66th Annual Herb Fair

10:00 AM - 3:00 PM, Cleveland Botanical Gardem 11030 East Blvd., Cleveland. See Page 25 for full story.



18514 Detroit Avenue, Lakewood, OH 44107 phone: 216-521-7684 fax: 216-521-9518

West End Tavern presents: "Saturday

Bloody Mary Bar"

Serving Breakfast/Lunch

featuring our famous Gourmet Meatloaf Stack and Savory Pot Roast Voted Best Hamburger On The Northcoast!

"Sunday Brunch"

A 20-Year Lakewood Tradition

Eggs Benedict • Eggs Sardoux • Stuffed French Toast • Pot Roast Hash Omelets • Fritatas • and more! featuring our famous "Mega Mimosas"

Lakewood High Football @ **Valley Forge**

6:00 PM, Game on Cox Channel 45 (and OD, Cox Channel 1 starting Sunday). www.facebook.com/CoxCleveland

Monday, October 10 **Cleveland Bratislava Sister Cities October Meeting**

7 PM, Old Town Hall in Independence, 6652 Brecksville Road (by bandstand) Well known Cleveland lawyer Tim Misny will discuss his recent visit to his family's ancestral home in Velky Rusko, Slovakia where he met five generations of his family and lectured in a local law school. He will also provide an overview of his work with Comenius University in Bratislava to host a Slovak law student as an intern here in Cleveland. For information on the program and/or for information on Cleveland-Bratislava Sister Cities, please call: 216-228-8179. Parking & cost free.

Wednesday, Oct. 12 **Northwesterly Fall Festival**

4 - 7 PM, 1341 Marlowe Ave. Northwesterly Assisted Living offers "More Than S'Mores!" Join us as we enjoy the beautiful fall weather roasting marshmallows, telling ghost stories, drinking cider, and playing games! Come see why our residents enjoy calling Northwesterly home. Bring your family and appetite to sample some of the goodies our residents enjoy during the fall season. To RSVP for this event, call Annette at 216-220-6475. We hope to see you here! www.northwesterly.com

Deagan's Bike Night Finale Party

5:00 PM, 14810 Detroit Ave. Celebrate a fun summer of bicycling at the last Deagan's Bike Night of the year. If you've biked to Deagan's Bike Night since June, you'll also have a chance to win great prizes from Deagan's, Century Cycles, and Raleigh Bicycles. Prize giveaways start at 7pm and will conclude at 8pm, when we pull the lucky winner of the grand prize -- a brand-new Raleigh Detour Deluxe bicycle from Century Cycles worth over \$800.

Saturday, October 15 100th Anniversary of the Cleveland Kokoon Arts Klub **Exhibit**

11 - 11:45 AM, Cleveland Public Library - Main Library 325 Superior Ave. All Saturdays during the month of October, 2011 – Walking Tour (approximately 45 minutes) through the Kokoon Exhibit with Library Staff. Meet at 11am in Special Collections. Exhibit & Programs on 3rd Floor - Fine Arts & Special Collections Department. http://cpl.org/ BooksMoviesMore

Crafting for a Cause at Crafty Goodness

12 - 8 PM, Crafty Goodness, 15621 Madison Ave. 226-4880. For October we will be crafting for a local Lakewood-based dog rescue, All Dogs Heaven. We will be decorating 100% cotton tote bags, great for grocery shopping, trick or treating, anytime you need a bag. We will be embellishing the bags with paint, fabric, all kinds of fun stuff. They will be only \$5 each, with proceeds going to the shelter. Great activity for all ages, kids and adults welcome. Save a tree and help save a dog! Like them on Facebook: http://www. facebook.com/AllDogHeaven.

Spooky Pooch Parade

12:30 - 3:30 PM, Downtown Lakewood (14701 Detroit Ave.) Parade Step off at: 2:00 p.m. Cost to March: \$10 Pre-Register; \$15 at the door. Cost to Watch: FREE. See Page 18 for details.

Tuesday, October 18 **League of Women Voters** Candidates Night

7 PM, Lakewood Park Womens Pavilion Meet all the city and school board candidates and ask all your questions.

Many more listings at

www.lakewoodobserver.com



Your Independent Source for Lakewood News & Opinion

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Register to our website Member Center where you can submit stories, press releases, letters to the editor, photos. No need to register to post online calendar or classified ads.

Upcoming Submission Deadline

Sunday, October 9 Sunday, October 23

Publish Date

Tuesday, October 18 Tuesday, November 1

www.lakewoodobserver.com - 216.712.7070 14900 Detroit Avenue, Suite 205, Lakewood, OH 44107

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Lakewood City News

"Clear-4-Kids" A Community Effort To

Raise Snow Removal Awareness

by Kristine Pagsuyoin

Readers may remember that last spring, a group of concerned citizens, motivated by a thread posted on the Observation Deck, "Walkable City", came together alongside members of the city and schools in an effort to work together to improve the safety of our sidewalks during the winter. The need for two courses of action to help improve snow removal became clear: 1) the need to increase awareness in order to be sure that residents understand that clearing sidewalks is their responsibility, and 2) the need to improve snow removal on the streets with plowing methods that plow equally for pedestrians as well as for cars. In a city like Lakewood, it is crucial that everyone have access to cleared sidewalks during the winter, especially our kids who need to be able to walk to and from school safely and our senior citizens whose main mode of transportation is walking.

To help raise awareness, The Lakewood Family Collaborative took a cue from the successful, "Brake-4-Kids" Speed Awareness Initiative sponsored by the Lakewood Early Childhood PTA. This fall the Lakewood Collab will be launching "Clear-4-Kids," the Snow Removal Awareness Initiative. LECPTA, and the City of Lakewood have agreed to be a part of this collaboration making "Clear-4-Kids"

truly a community effort to improve sidewalks for all Lakewood residents. Residents will find "Clear -4-Kids" information in the city's recycling newsletter, on their water bills and in other key communication from The City. The Lakewood Family Collaborative will also be promoting "Clear-4-Kids" through their Collab partners and other Lakewood community-based organizations.

"Brake 4 Kids' has been very positive, and 'Clear 4 Kids' is the logical next step. I fully support this effort and thank the committed parents working to help our kids walk safely to school," said Ward 2 Councilman Tom Bullock. "Lakewood is consistently rated as the 'most walkable' community in Ohio, and we need to live up to our reputation by clearing snow from sidewalks so kids can avoid the dangers of walking in the street, get exercise, and help our school district avoid the expense of school buses." Last May, Mayor Mike Summers met with his team to review the issues and opportunities for snow removal improvement. After reviewing information sent to him from the snow meeting last spring, the Mayor shared his team's plans which include: changing the snow ban threshold from 2" to 4", with more vigorous enforcement, to reviewing streets assigned a snow ban to make sure the bans make sense and are enforceable, to stepping up communication with residents starting in October/November-- reminding them of their responsibilities-- and finally exploring the purchase of a snow blower to clear the Hilliard/Franklin sidewalk from W. 117th to Harding on one side of the street. In addition, the new housing license requires landlords to report on the new form the person responsible for snow removal and grass cutting (City Ordinance 521.06 requires that the owner of the property clear the snow from sidewalks).

Mayor Summers plans to meet with his team again this month to review the same issues, and include the police in enforcement discussions. According to Mayor Summers, "The biggest challenge we have to rapid and effective snow removal is the multitude of cars parked on the streets. We desire more cooperation with citizens to remove their cars." Ed Favre, a member of the Lakewood Board of Education, explained at the snow meeting that the Lakewood Schools make it a priority to keep school parking lots cleared so that residents have a place to park their car during a snow ban.

Bullock said he and other Councilmembers are interested in improving the City's snow management, with a special emphasis on sidewalk snow removal. He noted that current law establishes sidewalk snow removal as the property owner's responsibility and said the Building Department has increased enforcement over the last two winters. Bullock also said Council will soon consider legislation adjusting the City's emergency snow procedures that designate streets where parking is banned and lots where overflow parking is permitted during heavy snow fall.

For many of us who live in Lakewood, we understand that every winter it is a struggle to keep our sidewalks safe. Increasing awareness with the "Clear-4-Kids" campaign, enforcement and providing services to citizens who cannot shovel, and the collaboration between Lakewood Schools, the City, and other organizations offers our community the opportunity to come together to keep our city safe and Lakewood the best walkable city in our area—even during the winter. To get your organization involved contact the Lakewood Family Collaborative at lakewoodfamilycollab@gmail.com.

To report a sidewalk snow issue residents can call, 216-529-7697, or visit http://onelakewood.com/PublicSafety/Housing_Building/. Snow removal assistance for seniors or the disabled is offered thorough the Division of Aging by calling, 216-521-1515. To read about the first snow meeting visit, http://www.lakewoodobserver.com/read/2011/03/08/snow-meeting-outlines-plan-of-action.

Celebrate The Season At LEAF's Fifth Annual Harvest Festival

continued from page 1

Coloring Contest--pick up a sheet in advance at LEAF Night, or color at the festival for a chance to be published in the Lakewood Observer and displayed on LEAF's website!

This year's Pumpkin Carving Contest will include prizes for Most Original, Scariest, Happiest, LEAFiest, and Most Impressive. To enter, bring a carved and scraped-out pumpkin or other gourd with a safe lighting source (like a tealight) and your name clearly marked to the entrance table by 5:30 p.m., with the entry fee of \$2.

Entries for the Pie Bake-Off should be dropped off for judging by Celebrity Guest Judges from WRUW's Maximum Consumption by 5:30 with the recipe or list of ingredients for your pie. Prizes will be awarded for best crust, most original, best taste overall, and best use of vegetables in a pie.

Many of our LEAF Night vendors will be on hand, selling a variety of local goods, from vegetables, meats and cheeses to jewelry, clothing and other accessories. Likely participants include Bay Branch Farm, Covered Bridge Gardens, Honey Hive, Jammin', K&C Meats, Little Sprout Baby, Ohio Farm Direct, Pocket Full of Frogs, R Foote Farms, T-Shirt Diaries, Western Reserve Foods, and Woodstock Soaps.

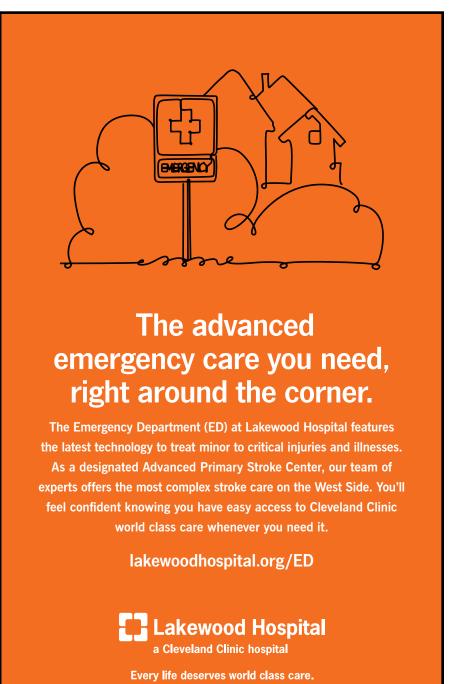
Local restaurants will be offering food and beverages and volunteers

will be making a variety of dishes with locally grown fruits and vegetables. The suggested donation is only \$5 per person for this great local food! And, don't forget to taste the pie contest entries for dessert!

Come enjoy the food, the entertainment, and the company of your neighbors!

For more information, or to volunteer, contact LEAF at leafcommunity@gmail.com or (216) 367-2834 and join the community on Facebook.





Lakewood City News

City Concerned With Flash Mobs

by Christopher Bindel

Council Vice-President Brian Powers called the September 19, 2011 Council meeting to order at 7:34 P.M. The first order of business was to excuse the absence of Council President Mary Louise Madigan, who was absent due to a prior work commitment. Council did so unanimously.

Next Council Woman Monique Smith (At-Large) introduced the members of the Community Relations Advisory Commission who were present to deliver their semi-annual reports. Reverend Paula Maeder Connor, one of the Commission's Co-Chairs was present to deliver their report to Council. She started by discussing the things they have been working on for the last year including holding diversity potlucks and facilitating a youth discussion concentrating on 'What it is like to grow up in Lakewood.' They have also worked on putting together information and strategies the City can use when educating residents about the anti-idling law. She then discussed things that they would like to work on in the coming year. These included seeing more use of our parks including the possible addition of a Park Ambassador, more utilization of the opportunities Wagar Park could provide and finally, more free activities for kids in Lakewood.

Council thanked all the members of the Commission for all of their hard work. They then voted to receive and file the report.

Human Services Director, Dorothy Buckon, then asked Council to pass a resolution acknowledging Cox Cleveland and Cox Charities Cleveland for their support of Lakewood's H2O (Help to Others) program. H2O received one of five grants from the Cox Charities Cleveland Employee Grant Program that went to middle school summer camp programs. Their donations helped support H2O's tenth anniversary celebration, educational and promotional video production and 'digital age safety education' for parents.

After a few words from a representative of Cox, council proceeded to pass the resolution.

Councilman Tom Bullock (Ward II) then read a communication from the Public Works Committee regarding and ordinance that updates a previous ordinance that was passed by Council regarding the replacement of the Detroit Avenue traffic signals. The amendments of the ordinance include increasing contracting authority to allow for more stylish traffic poles and the replacement of the light at Lakeland which was originally slated to be removed. The Committee recommended adoption, however Bullock wanted to mention that they also had a discussion that carries over to other areas of Lakewood as well. The reason they chose to keep the Lakeland light is due to the building of a CVS on that block. Bullock stated that the possible developments of a McDonald's in the area of Woodard and Hall Avenues would similarly change the traffic patterns and should be considered as well. He asked the City to consider doing a traffic study to see where those intersections stand today and do projections as to how that development would impact the traffic flow. Bullock said that as the changes in the ordinance he just recommended for passage stand right now, there is no change to the plan to not replace the light at Hall, leaving no traffic lights at any intersection around the proposed McDonald's. Before voting on the ordinance

Councilman Bullock asked if Mayor Mike Summers would respond to the concerns raised, and the proposed traffic study. The Mayor said that they have been committed from the beginning to collecting the appropriate data and have already gathered information from Woodward regarding the traffic volume. He continued saying they had plans of expanding that data collection to Edwards and Wagar as well. The new traffic capacity analyzer that the City is using can measure and collect data for traffic volume, time of day and speed which has more dimensions than the city was previously able to collect. In this situation, time of day and speed are invaluable to understanding the specific traffic patterns and issues that the area faces. The City has

already begun discussions with a traffic consulting and engineering firm to interpret the data and discuss possible strategies to fix any possible issues. The Mayor said that they would of course include the residents in the discussions and that several different things can be considered such as traffic-calming engineering or making part of the street one way. The Mayor closed his remarks saying they still have some work ahead of them, but they will do what they can to create a solution that works for the residents.

After the Mayor's comments the Council proceeded to vote on the above ordinance and passed it.

Coincidentally, another item discussed at the meeting was also directly connected to the proposed McDonald's development. Director of Planning and Development, Dru Siley asked Council to consider an ordinance regarding the use of drive-throughs in Lakewood. After hearing of the McDonald's proposal Councilman David Anderson (Ward I) asked the City to look at our current ordinances to see if there was a way to strengthen them regarding drive-through use. That research lead to the ordinance Director Siley asked Council to pass. The main change is making drive-through use conditionally permitted. Right now all commercial properties are allowed to have drive-throughs as it is something not restricted by the City. This ordinance would change that and require all interested businesses to apply for a conditional permit to have a drivethrough. The ordinance also goes into more detail about what is allowed regarding traffic, light, trash and pedestrian safety.

Council placed the ordinance on first reading and referred it to the Planning Commission.

The next item on the agenda was presented by the Assistant Fire Chief in the absence of Fire Chief Gilman. The Assistant Fire Chief asked Council to pass a resolution allowing the City to accept a \$500 dollar donation from the Kiwanis Club so they can purchase a pediatric backboard for Squad 4. Council appreciated the donation and gladly passed the resolution.

The Assistant Chief then asked Council to pass another resolution proclaiming the week of October 3-7th as Fire Prevention Week in Lakewood. The Fire Prevention Bureau will be out visiting elementary schools and educating children about the importance of smoke alarms and home fire escape plans. This yea'rs theme is "Protect your Family From Fire" and focuses on the simple actions one can take to stay safe from fire.

Council passed the resolution.

Director of Public Works, Joseph Beno, then asked Council to pass a pair of resolutions allowing the City to apply for funds from the Ohio Public Works Commission for two separate projects. The first consists of the replacement of three 90-100 year old water mains; St. Charles, from Detroit to Franklin, Summit, from Detroit to Clifton, and Mars from Athens to Delaware. The City is seeking \$645,000 dollars from the state which comprises about 60% of the project budget. The City would pay the remaining 40%, about \$430,000 dollars, with a project total of about \$1,075,000 dollars.

The second project requiring that the City apply for funds is a repavement of Madison, from Riverside to 117th. The City is seeking \$1,141,950 dollars from the state. The City's estimated cost would be the same as the state's and would be added to \$250,000 dollars from the County with a total project cost of about \$2,533,900 dollars.

Council passed both resolutions.

The last major topic on the agenda was a letter from Law Director, Kevin Butler regarding legislation to prevent, control or prosecute flash mobs. Director Butler notes that several cities across the country, including ones close to home, notably Cleveland and Elyria, have tried to pass legislation to control or prevent flash mobs. However in those two cases neither law was passed, one on the basis of the First Amendment. Director Butler said that council members had raised concerns about whether the city had the proper laws to handle a disruptive flash mob, and after his research he concluded the City's laws are adequate to disperse, and if necessary, prosecute the actions of unruly flash mobs.

Coming to the end of the agenda items, Council opened the floor up for public comment. Several residents were there from the Woodward Avenue neighborhood to discuss their displeasure at the Architectural Board of Review's passage of McDonald's site

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Lakewood Public Library Events

compiled by Leana Donofrio-Milovan

Oct. 5

The Lakewood Historical Society: Preserving a Streetcar Suburb

Lakewood's history as a streetcar suburb may be the key to its future. The city's many small storefronts offer excellent affordable incubator space for new, locally-owned businesses. Dense, walkable communities with a mix of unique retail are also experiencing greater popularity. Michael Fleenor, Director of Preservation Services at the Cleveland Restoration Society, will talk about the development of traditional storefronts and how restoring character-defining features of these buildings is good for business and good for the community.

Wednesday, October 5 at 7:00 p.m. in the Main Library Auditorium

Oct. 8

Lakewood Public Cinema: "Rushmore"

Falling in love is a great excuse to be foolhardy. And being a misunderstood teenager is the best reason to throw your life away on a dream that isn't even yours. But Max Fischer, the greatest genius and worst student in the history of Rushmore Academy, will lick his wounds and rise again in this bittersweet comedy about the troubled relationships that befall idols and their pedestals. Did we mention Bill Murray's mustache?

Saturday, October 8 at 6:00 p.m. in the Main Library Auditorium

Oct. 9

Sunday with the Friends: The Dave Sterner Quintet

The namesake of this quintet is a saxophonist, composer and educator who has chosen to spend his career making funk, jazz and blues music in the Midwest. Expect no agendas. Despite his credentials, Sterner believes that a jazz concert, first and foremost, should be a sizzling good time!

Sunday, October 9 at 2:00 p.m. in the Main Library Auditorium

Oct. 12

Health and Wealth: Coming Clean

Would you like to live a more natural and healthful life? Holistic wellness coach and master herbalist Rachel Anzalone confronts your greatest health challenges with her powerful plan.

Wednesday, October 12 at 7:00 p.m. in the Main Library Auditorium

Oct. 13

Booked For Murder: "Rescue Artist"

Scotland Yard art sleuth Charley Hill is called into service when Norwegian police are stumped by a daring theft. It seems that two thieves brazenly entered Norway's National Gallery on the morning the1994 Winter Olympics opened in Lillehammer and walked away with Edvard Munch's The Scream. Bizarre twists, colorful bad guys and modern art are no match for this charming real-life detective.

Thursday, October 13 at 7:00 p.m. in the Main Library Meeting Room

Oct. 15

Five Star Films: "The Letter"

On a sultry Malaysian night, Bette Davis, the wife of a rubber plantation owner, shoots a man she knows very well. The husband and the authorities arrive. Although quite distraught, she gives a flawless account of events and her lawyer makes a strong case for self-defense. But was it?

Saturday, October 15 at 6:00 p.m. in the Main Library Auditorium

Oct. 16

Sunday with the Friends: Robin Stone

Straight out of SheLovesYou Records, this skinny female delivers the energy of Dave Mathews with the polish of Natalie Cole and the pulse of Erykah Badu. But don't let the name checks fool you. The music is wholly original and all her own.

Sunday, October 16 at 2:00 p.m. in the Main Library Auditorium

Oct. 18

Knit & Lit

Gail Eaton hosts a social club for multitaskers—a combination book club and stitchery group. She's looking for readers who can enjoy intense discussion of modern classics while relaxing with their latest project. Come share your passion for great literature and show off your knitting, crocheting, counted cross-stitch, embroidery and quilting works-in-progress. At the close of every meeting, the group decides which book will be read for next time. Visit www.lakewoodpubliclibrary.org/bookclubs for a complete list of the books being considered and find out which title you should read to be ready for the next discussion.

Tuesday, October 18 at 7:00 p.m. in the Main Library Meeting Room

Oct. 18

School in the Cinema: Two Million Minutes

Between the last day of eighth grade and the first day of college, our children have two million minutes to prepare themselves intellectually for what is now a global competition. Follow six students from India, China and the U.S. and compare the way these countries prepare their young for the future.

For Kids!

by Arlie Matera

Saturday, October 8

Tail Waggin' Tutors - For school-age children

Bone up on your reading skills by reading to a dog! Drop in for a one-to-one session with one of our dogs and owners that have been certified through Therapy Dogs International.

11:00 a.m. – 12:30 p.m. in the Main Library Multipurpose Room

Tuesday, October 14

The Science of Skateboarding - For skateboarders of all ages

Skateboarding and physics go hand in hand! Skateboarder and Project Manager of the Public Square Group, Inc., Gabriel Venditti, uses scientific principles to perform incredible skateboarding tricks. Learn how tweaking the design of the boards has transformed the sport. Live demonstrations will get the discussion started!

6:30-8:30 p.m. in the Main Library Multipurpose Room

Saturday, October 22

The Bubble Lady

What would you do with a kiddie pool full of bubble soap and a few household items? Have fun with the science of blowing bubbles! This family performance is free and open to the public.

7:00 p.m. in the Main Library Multipurpose Room

Thursday, October 27

Fright Night: Tales of Terror - For youth in sixth through twelfth grade

Get spooked by local stories of horror, ghosts, ghouls, and haunted places. You never know what terror awaits you around the corner in Cleveland. Warning: Not for the faint of heart!

7:30-8:30 p.m. in the Main Library Multipurpose Room

Thursday, October 6 - Friday, November 4

Lakewood Public Library Spelling Bee

For students in fourth through eighth grade

Can you spell c-a-c-o-p-h-o-n-y? If you can, or want to try, then be a part of the spelling bee! Grab your dictionary and get ready to "bee" the best speller in Lakewood. To register, stop in or call (216) 226-8275, ext. 140.

Preliminary rounds: Choose one date: October 6, October 13, or October 20 Thursdays at 4:00 p.m. in the Main Library Multipurpose Room

Competitor Meet and Greet: Thursday, October 27 at 4:00 p.m. in the Multipurpose Room

Spelling Bee Championship: Friday, November 4 at 7:00 p.m. in the Main Library Auditorium

How do I know if it's a herniated disc or just a backache?

If your back is aching or throbbing, you may simply have a sprain or strain, especially if you're young and otherwise healthy. But the older you get, the more likely your pain is caused by a herniated disc.

A herniated disc is when one of the spongy discs in your spine gets damaged — or deteriorates with age — and bulges out of place or breaks open. This most often occurs in the lower back. The pain may start like any other backache. But days or even weeks later, the pain may shift to the buttock or leg. Some people describe it as a shooting pain, numbness or burning. This "pinched nerve" feeling down the leg is called "sciatica." It's one of the most common symptoms of a herniated disc.

Only about a third of patients can identify how or when their disc was damaged — like when they lifted something heavy and felt a stabbing pain. Most patients never know what caused the damage.



R. Douglas Orr, M.D., specializes in adult spinal surgery, including minimally invasive surgery and deformity surgery. Dr. Orr sees patients in the Cleveland Clinic Center for Spine Health at Lutheran Hospital.

For many, the pain subsides in a few weeks with over-the-counter pain relievers or anti-inflammatories and simple exercises. It's best to avoid strict bed rest. Bed rest leads to weaker muscles, and you may end up feeling worse than if you'd kept moving normally.

If your pain doesn't lessen in one to two weeks, call your doctor. The next step may be formal physical therapy or epidural injections. Surgery is also an option for long-term pain or if the pain is accompanied by muscle weakness, like a dropped foot.

While herniated discs may be as common in older adults as wrinkles and gray hair, the condition can affect patients of any age. Those most at risk are smokers, people who are overweight and people who do not exercise.

To schedule an appointment with Dr. Orr, call 1.866.588.2264.



Every life deserves world class care.

Lakewood Public Library Events

Get Sidetracked With The Dave Sterner Quintet

by Elaine Rosenberger

Leave the autumn weather of Lakewood behind and get sidetracked in the tropics with the Dave Sterner Quintet in a Sunday with the Friends Concert at 2:00 p.m. on Sunday, October 9, 2011 in Lakewood Public Library's Main Auditorium. Featuring Dave Sterner on alto saxophone, Chris Burge on tenor saxophone, Roger Friedman on piano, Glenn Holmes on bass, and Paul Samuels on drums, the Dave Sterner Quintet mixes traditional jazz with blues, swing, groove, and funk.

The Quintet's sophomore album "Sidetracked" (released on April 5, 2011) has received nationwide airplay and appeared in the "top 100 jazz

albums" chart. The album contains original compositions and is a wonderful mix of energetic bebop ("Mine—or Yours"), fast funk ("Midlife Crisis") and ballads ("Waiting').

Sterner graduated from Mentor High School in 1988 and from Indiana University, where he studied with Dave Baker from 1988 to 1992. He comes from a musical family; his aunt was an accomplished opera singer in Chicago. As a young musician, Sterner would play his saxophone everywhere he had the opportunity: at amusement parks, in coffee houses, in Central Park, on cruise ships. He enjoyed every opportunity to perform, even if he was just playing to earn money for his subway

fare. "I learned a lot about what I was and who I was in music by doing those gigs," he said.

Sterner's music reflects the influences of jazz greats such as John Ellis, Joshua Redman, and Cannonball Adderley. Today, in addition to playing jazz, Sterner is also an educator; he teaches jazz at Tri-C and directs the Lakeland Community College Civic Jazz Orchestra.

The Dave Sterner Quintet's Sunday with the Friends Concert is generously funded by Cuyahoga County residents through Cuyahoga Arts and Culture and by the Friends of Lakewood Public Library. Copies of "Sidetracked" will be available for sale and signing after the event.



Dave Sterner

The Science Of Skateboarding At The Lakewood Public Library

by Julie Strunk

Friday, October 14, 6:30p.m. - 8:30p.m., Main Library Multipurpose Room

Skateboarding and physics go hand in hand! Lakewood resident, skateboarder, and Project Manager of the Public Square Group, Inc., Gabriel Venditti, uses scientific principles to perform incredible skateboarding tricks. Learn how tweaking the design of the boards has transformed the sport. Observe how different design aspects of the board affect what a skater can do with it. Learn how foot positions and individual movements cause a board to perform desired motions. Watch how different tricks are executed. The program is for skateboarders of all ages. Live demonstrations will get the discussion started. There is no need to register in advance.

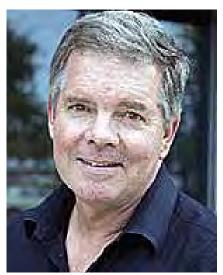
Gabriel Venditti has been skateboarding since the summer before seventh grade. He became hooked because it was fun and challenging. In 1995, skateboarders were often harassed and became friends as they bumped in to each other while skating on the street. Bonds between skateboarders are strong. Over time, many skateboarders, "find valuable skills that might not have otherwise been discovered." Not just the physical skills such as balance, strength, and endurance, "but rather skills like adaptive thinking, problem solving, sympathy, independence, courage, and the list goes on and on." Skateboarding differs from other sports because its roots are in the streets as a response to the existing environment, rather than on a field of play created solely for the purpose of a specific game. "Even with the creation of skate parks, you will see kids skate an obstacle in a way that was not necessarily thought of when it was built." Skateboarding is Gabriel's passion and he spreads this passion by nurturing and motivating skateboarders of all ages. Need some pointers? Ask Gabriel!

Poet, George Bilgere, Takes The Stage

by Morgan Maseth

The opportunity to see an award winning poet free of charge is not one that often comes by. However, the Lakewood Public Library has just such an opportunity. On Wednesday, October 19 at 7:00 p.m., The Lakewood Public Library will have the first Meet the Author event of the season featuring local poet, George Bilgere.

In addition to writing, Clevelander George Bilgere is a professor at John Carroll University and hosts a poetry radio show, Wordplay, on Fridays at 6 p.m. on WJCU, 88.7. Bilgere's poems have often been featured on Garrison Keillor's National Public Radio program, The Writer's Almanac, as well as on Ted Kooser's American Life in Poetry. The poetry that Bilgere creates takes a look at everyday wonders.



Clevelander George Bilgere

By speaking in a colloquial, American voice, Bilgere is able to express beauty in things most of us take for granted in a way that everyone is able to enjoy.

Bilgere will be reading from his latest book of poetry, The White Museum, which was selected in 2010 for the Autumn House Poetry Series. Other works of his include Haywire (winner of the of the May Swenson Poetry Award in 2006) and The Good Kiss, which was chosen to win the University of Akron Poetry Prize in 2001 by U.S. Poet Laureate, Billy Collins who has described Bilgere's work as "...a breath of fresh American air."

Do not miss the opportunity to hear this talented author present selections from his most recent poetry collection, The White Museum. This event is free and open to the public. It will be held on Wednesday, October 19 at 7:00 p.m. in the Main Library Auditorium. Books will be available for sale and signing at the event.

Bubbles, Bubbles Everywhere!

by Arlie Matera

Have you ever seen a square bubble? Or a bubble so big two people fit inside? Get ready, because the Bubble Lady is coming to Lakewood Public Library with a show that'll blow you away!

Sue Durante has been in the entertainment business for almost 30 years, doing everything from clowning, to juggling, to running her own entertainment booking agency. About twelve years ago she hit on an idea for something a little different. After she

Family Story Time Fun Nights

by Julie Strunk

Princes and Princesses: Tuesday, October 18, 7:00-8:00 p.m., Main Library Multipurpose Room

Chase away the chill of a fall or winter evening and join us for an extra special story time for the whole family. Listen to traditional fairy tales and maybe something new, sing songs, and participate in an activity or two! No need to register. Future Family Story Time Fun Nights have also been scheduled:

Favorite Fairytales With A Twist! A Night of Eric Carle Fantastic Fables

November 15 January 17 February 14

Fantastic Fables February 14

Carabel Beauty Salon & Store

Special prices for teen girls, girls & ladies when they book their mani/pedi PJ party. While you're here check out our cool party wigs in all colors, Mohawks,

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experimented with ingredients (dish soap, water, and glycerin) and tools (rubber bands, bare hands, and hula hoops) the Wonderful World of Bubbles was born. It was an instant hit. Twelve years later, kids are still clamoring for the Bubble Lady.

"Everybody loves bubbles," says Durante. "The show appeals to all ages—from babies to seniors."

In addition to wowing audiences with her bubble creations, Durante enjoys teaching them a few tricks, like how to make souped up bubble wands using common household items.

"The Bubble Lady is so much fun," says children's librarian, Tracie Forfia. "She really puts on an awesome show."

So round up your friends and family and head to the library for the Wonderful World of Bubbles. You'll never look at dish soap the same way again!

The Bubble Lady will be performing in the Main Library Multipurpose Room on Saturday, October 22 at 7:00 p.m. The Wonderful World of Bubbles is free and open to all ages.

Lakewood Public Library Events

Robin Stone:

In Her Own Words

by Michael Dirse and Amy Kloss

From tragedy has come the greatest success for singer/songwriter Robin Stone.

Stone, an award-winning, multiinstrumentalist producer/singer/ songwriter has evolved over 15 years into a force on the Cleveland music scene. She returns to perform at Lakewood Public Library at 2:00 p.m. on Sunday, October 16, in the Main Lakewood Public Library Auditorium.

"Skinny, Funky, White Chocolate" is how Stone sees herself. Her music is raw, sensitive, uplifting and penetrating. But there is a whole lot more here than meets the eye (and the ear).

The story is that of a rock and roller being robbed of the very instrument of her music and soul, her voice. At one time sidelined with a rare illness that threatened her career, Stone has fought back to deliver her innermost challenges and victories through her music. Stone, a native Clevelander, grew up in a poor, chaotic, alcoholic home. She worked hard to help support her family and put herself through college, while at the same time studying cello and teaching herself to sing and play guitar, bass and drums. As a child, writing poetry helped her cope with hard times, which eventually led her to songwriting. After 15 years of singing and songwriting, Stone now has six CDs to her credit and is working on a seventh. She has appeared on tele-



vision and in videos and has opened for national acts such as Bonnie Raitt, Jewel, Lyle Lovett and James Taylor. She released her latest CD in 2010, "Bad Girl, Robin Stone LIVE 2010."

With her no nonsense approach and precision laced performances, she continues to perform with a free spirited abandon and passion that invites the listener to go for a velvet ride fueled by funk and soul rhythms. Come and hear for yourself on Sunday October 16th when Robin will be performing in the Main Lakewood Public Library Auditorium. In this intimate setting Robin is sure to move us, rock us, and tell us about what it takes to beat the odds, in her own words.

Picture It @ Your Library: Teen Read Week!

by Stephanie Schuerger

Coming soon! October 16- 22 has been designated Teen Read Week. We take this week to celebrate and consider the interests, literature choices and creative talents of 6th through 12th grade students. The 2011 theme is: Picture It @ Your Library. Teens are encouraged to read graphic novels and other illustrated materials, seek out creative books, or imagine the world through literature—just for the fun of it! The Children and Youth Services Department at the Lakewood Public Library will be offering a number of programs to encourage the creativity of our teens.

Throughout the course of Teen Read Week, teens are invited to submit photographs online for a "Picture It in Lakewood" Photography Contest. The rules are simple. Grab a camera (be it Polaroid, cell phone, whatever!), snap a cool shot anywhere around Lakewood, and email your photograph to cys@lkwdpl.org. Only one entry per student—email by 6:00 p.m. on October 22. Please include your first and last name, school, grade and contact phone number in the email. You may also include a caption or title for your photograph. The public will then be asked to vote for their favorite image between October 24 and 29. More details on voting to come soon! The winning photo will be on display at the Lakewood Library during the entire month of November.

And just in case you hadn't noticed, it is the time of year for all things creepy and scary. Teens are invited to the library on Monday, October 17 at 4:00 p.m. for Zombify Yourself! Plan to transform your physical appearance through horrifying makeup application. Practice your grunts, groans and eerie moans before you arrive! Don't blame us if your new look makes you crave, oh, say... brains.... Mwahahahaha...

Love graphic novels? Can't get enough manga? Then we need YOU to join us for a Graphic Novel Scavenger Hunt on Tuesday, October 18 at 4:00 p.m. We'll meet in the Main Library Multipurpose Room to pass out the first clue. You only have an hour to track down what you need!

And calling all poetry buffs: Create your own poem and show off your love of books with Spine Poetry on Wednesday, October 19 at 4:00 p.m. Teens will use the titles on the spines of books to stack into a poem. Participants will have their picture taken with their Spine Poem, and they will be on display in the Teen Section during the rest of October and throughout November. All programs are drop-in, so no registration is needed. Go to www.lakewoodpubliclibrary.com/youth to learn more, or call (216) 226-8275 x140!



Lakewood Schools

LHS' National Merit Semifinalist Lead List Of **Academic Honorees**

by Christine Gordillo

National Merit Scholarship program and AP Scholar honorees have been announced and once again LHS has its share of top academic performers, including three National Merit Semifinalists, five National Merit Commended Scholars and 48 AP Scholars.

Leading the way is LHS' trio of National Merit Semifinalists: seniors Ryan Cleary, Derek Dashiell and Katherine Reading. More than 1.5 million students in over 22,000 high schools entered the 2012 National Merit Scholarship Competition, with 16,000 top scorers named Semifinalists. Students enter the competition by taking the PSAT their junior year. Semifinalists represent less than 1% of U. S. high school seniors and are the highest scoring entrants in their state. Cleary, Dashiell and Reading are now eligible to continue on in the competition in hopes of receiving one



The National Merit Semifinalists and Commended Scholars: (front row from left) Nina Pizzo, Annalisa Perez and Katherine Reading; (back row from left) Matthew Sims, Mick Jones, Derek Dashiell, James Matthiesen and Ryan Cleary.

of more than 8,200 scholarships to be awarded in the spring.

In addition to LHS' three Semifinalists, five other LHS seniors were named National Merit Commended Scholars for placing among the top 5% of PSAT participants. LHS' Commended Scholars are Mick Jones, James

Pizzo and Matthew Sims. Although they will not continue in the Scholarship competition, the students named Commended Scholars have demonstrated outstanding academic potential by their strong performance in this highly competitive program. In addition to LHS' National

Matthiesen, Annalisa Perez, Nina

Merit honorees, a number of members from the Classes of 2011 and 2012 have earned AP Scholar Awards in recognition of their exceptional achievement on the Advanced Placement Exams taken each spring.

AP Scholars with Distinction, an award earned by averaging at least 3.5 on all AP Exams taken, and grades of 3 or higher on five or more of these exams:

Class of 2011: Colin Bauman, Brian Brink, Luke Fesko, Michael Koltiska, Anne Latsko, Stephanie Saed, Ellen Schleckman, Hannah Steele, Bethany Zettler

Class of 2012: Ryan Cleary

AP Scholars with Honor earn their recognition by averaging at least 3.25 on all AP Exams taken and grades of 3 or higher on four or more of these

Class of 2011: Danielle Curran, Nicole Dashiell, Charles Kemp, Anna Marburger, Lindsey McEntee, Kevin Ritter, Paige Robar, Mary Shannon and Monika Virag

Class of 2012: Hannah Gallovic, James Matthiesen and Nina Pizzo

Finally, LHS had 26 AP Scholars, who earned the award by completing three or more AP Exams with grades of 3 or higher. The AP Scholars are:

Class of 2011: Samiha Abusharekh, Shane Carey, Melissa Gajewski, Erika Johnson, Maksym Kostryk, Lisa Kowalski, Kyle Kvasnicka, Margaret Latham, Maureen MacGregor, Melissa Richardson, Jasmine Sarkis and Abigail Wimbiscus

Class of 2012: Emily Brown, Veronica Cole, Derek Dashiell, McCall Gorbach Foster, Clarissa Kos, Eric Kunze, Michael March, Adam Morris, Annalisa Perez, William Prebel, Katherine Reading, Matt Sims, Lauren Szabo, Ingrid Vatamanu.

Hall Of Fame Inductees Represent **Best From Lakewood Schools**

by Christine Gordillo

The Lakewood Alumni Foundation honored its most recent inductees into its triumvirate of Halls of Fame with a soldout dinner and induction ceremony at Sweetwater Landing on September 22.

The Distinguished Alumni Hall of Fame, established in 1986, honors graduates for their personal and professional achievements. The Staff Hall of Fame, established in 1991, honors staff members for their contributions to the Lakewood City School District and the Athletic Hall of Fame, established in 1987, honors student athletes and coaches for their accomplishments in sports.

The induction dinner was an evening full of gratitude from the honorees, support from friends and family and a chance for many to see old friends that used to be a part of their daily lives when they worked for or attended Lakewood City Schools.

The Distinguished Alumni honorees were Dr. Susan Abookire, Class of '71, a Harvard Medical School graduate and the current Chair of Quality and Patient Safety at Mount Auburn Hospi-



Brittani Blumenthal, a former star Ranger swimmer, tells the audience how much Lakewood means to her in her acceptance speech for her Athletic Hall of Fame induction.



Patricia Fertig Michael tells of all the supportive friends, family and colleagues she's been blessed to have during her acceptance speech for the Staff Hall

tal in Cambridge, MA; Richard Graber, Class of '74, a former Chairman of the Republican Party of Wisconsin and U.S. Ambassador to the Czech Republic; and Charles Greanoff, Class of '33 (inducted posthumously), a former National

the state championship in 2003, and the Classroom of Champions contest.

Joining the Athletic Hall of Fame this year are Brittani Blumenthal, Class of '96, a standout high school and college swimmer, Tricia Ward, Class of '97, a stellar pitcher for the Ranger softball team, and Coach Marc Lewis, who led the girls' varsity basketball team for 23 years and led his 1995 team to the state championship game.

Many of the honorees, either in person or via their representative accepting the award, emphasized the long-lasting impact Lakewood City Schools has had on their lives. Whether they were teachers or students, the segment of their lives spent with Lakewood City Schools is a time they cherish.

If you have someone you would like considered for next year's Halls of Fame induction, please send a letter that includes the name of the nominee and contact information for the nominee or nominee's family, reasons why the nominee deserves selection to the Hall of Fame, and any available documentation to support these reasons to the Alumni Foundation at 14100 Franklin Blvd



Lakewood Schools



Rangers Seal Homecoming Victory

by Randy Varcho

As the game clock winds down, varsity defensive lineman Chris Cole (74, center) celebrates with Rangers teammates a 20-15 win over the Medina Battling Bees. Heavy rain dampened the spirits of the team and its fans during the first half of the Friday September 23, game at Lakewood Stadium but clear skies and two fourth quarter scores provided a thriling come-from-behind Homecoming victory for the Rangers.



Double Duty Chores For 2011 Homecoming Queen

by Randy Varcho

Lakewood High School senior Jenny Hood (l.), a member of the Rangers Marching Band, was named 2011 Homecoming Queen during halftime festivities at the varsity football game held Fri., Sept. 23, at Lakewood Stadium. Hood set aside her tiara to perform with the band during the second half of the 20-15 Rangers victory over the Medina Battling Bees.



Rangers Host Marching Band Showcase At Lakewood Stadium

by Randy Varcho

Nine area high school marching bands (Fairview, Lutheran West, Streetsboro, Brooklyn, Padua, Open Door Christian Academy, Aurora and Westlake) as well as featured performer The College of Wooster Fighting Scots displayed their skills during the 25th Annual Marching Band Festival, held Sat., Sept. 17, at Lakewood Stadium. Host band the Lakewood Rangers, led by LHS senior field commander Claire Beargie (center), performed twice during the evening event.



Three's A Charm

The LHS golf team won its third straight Northeast Ohio Conference Lake Division championship at the conference tournament Sept. 26. The Rangers were led by NOC Player of the Year Chris Richardson and All Conference players Elliot Smith and Jacob Zbin. Team members pictured here are: Matt Carlson, Chris Richardson and Jacob Zbin (standing front left to right); Zachary Dick and Coach Brian Wisner (in cart); and Trevor Schroeder and Elliot Smith (standing from left in back).



Lakewood Pep Rally

by Dan Morgan

Rangers Proudy step off at Lakewood Park for Homecoming Pep March through Lakewood! Friday night. Lakewood Homecoming Pep rally steps off at Lakewood Park Friday, September 23 before Lakewood beat Medina 20 to 15.

LHS Athletes, Coaches Part Of Browns' Session On Healthy Choices

by Christine Gordillo

Nationwide, more than half a million high school athletes use performance-enhancing drugs or supplements each year to try to get an edge on the competition. It's a problem few coaches would deny.

"It's a problem across the board... if not steroids, it's the supplements (you can buy at health food stores) or the energy drinks," said LHS varsity football coach Ron Lewis. "Players might want to get hyped up before the game so they take a 5-hour energy drink."

A health promotion and substance abuse prevention program called ATLAS (Athletes Training & Learning to Avoid Steroids) & ATHENA (Athletes Targeting Healthy Exercise & Nutrition Alternatives) partnered with the NFL to help young athletes across the country get on board with healthy choices to help their bodies perform to the best of their natural ability. On Thursday, September 22, six coaches and 38 athletes from Lakewood High

School attended an ATLAS & ATHENA training session hosted by the Cleveland Browns at Browns Stadium.

continued on page 20



Wellness Watch

Dreading The Gray Skies:

Living With Seasonal Affective Disorder

by Jana Christian

I did not realize the impact of the sun on mental health until I moved from Texas to Ohio and promptly discovered that I suffer from Seasonal Affective Disorder (SAD). The fact that we moved in the fall (when the weather was naturally becoming cooler and more overcast anyway) certainly did nothing to help the adjustment process. That first winter was a killer and every fall since then I have braced myself for the worst (and Ohio never disappoints when it comes to gray winters).

So, even though it is only October, I am already feeling crawl-out-of-my-skin anxious. And a week of gray skies isn't helping.

What are the symptoms?

#1 - I am overwhelmingly distracted and disorganized (and this comes from one who struggles with the perfectionist need for a clean house).

As hard as it may be, Lifehacker. com reports that tackling these mammoth organizational tasks might actually help me get out of my pre-winter blues.



#2 - I fell into a pattern of eating carbohydrates to increase serotonin levels. As a result, I am attempting a full-scale overhaul of my diet in the midst of normal seasonal transitions. I have said many times in my blog (http://writeonjana.com), I am not very good at recognizing my limits until too late (note to self: it's too late).

Surprisingly, a diet low in sugar

and starch might actually help SAD. Although the timing might be a bit "off," removing gluten and adding more complex carbohydrates to the menu might prevent me from suffering longer into the winter.

#3 - I have less energy for exercise and seem to take longer to recover from intense workouts.

Thankfully, I have made exercise a habit over the years (i.e. I force myself to work out even if I don't feel like it) because maintaining an exercise routine is one of the best remedies for SAD. However, I have also learned the benefits of yoga and Pilates over high-impact aerobics or heavy weight lifting when my body is telling me to rest.

#4 - I am even more reluctant to socialize. Although I am an extrovert, I come away from social situations emotionally drained as a result of my innate sensitivity.

Having an active toddler (who feels left out when her brother goes to school) forces me to visit the Lakewood Family Room, join Lakewood Public Library's Weekend Wonders program and visit local attractions. This regular social interaction is essential for emotional health during the winter. And on the days we can't get out, it is equally cathartic to shape play dough, color with crayons or put jigsaw puzzles together.

The most common (and surprisingly effective) treatment for SAD is light therapy. Thankfully, I have still not returned the light box that I "borrowed" from my father 18 months ago. I think it's time to turn it on!

Do you feel lethargic and mildly "blue" when the weather turns cooler (and the skies gray)? What natural remedies do you use to keep your energy (and spirits) up?



Wellness in Lakewood At The Y!

by Anne Palomaki

Did you know there are over 10,000 members at the Lakewood Y? The new Y building is located at 16915 Detroit Avenue. Each day 700 to 900 members sign in to exercise in a variety of programs. There are aerobic classes in the pool or out, lap swimming, weight lifting, cardio equipment, personal training, spin cycle classes, sculpt and boot camp, swim lessons, aqua Tai-chi, women on weights, iron teens, yoga, Pilates, arthritis class in the pool, and many Silver Sneaker classes. There are many offerings for children and youth including Adventure guides, youth sports program for basketball, baseball, and football, and martial arts. There is an excellent child watch program that is offered for free while the adult members exercise in the morning or late afternoon. There is a free large parking lot. The initiation fee is being waived until Oct. 9th.

The Y offers scholarships for youth

in a program called the Strong Kids Campaign. There are many activities to fund raise for these scholarships. This summer, swimmers were challenged to a "Virtual" swim across Lake Erie to Canada. It is 54 miles across the lake which translates into 1944 laps in the pool. Nine members finished the 54 mile swim over the 3 month period. The successful swimmers were Don Larson, Paul Bennett, Joe Toner, Anne Palomaki, Linda White, Marty Harris, Jeff Christian, Paul Moos, and Holly Nagorney. David Sangree, Cindy Helbig, Pamela Dalu, Abbey Stone, and Zeniz Montgomery each swam at least half of the distance. All the members who swam in the contest will receive a "Swim to Canada" T-shirt. Each swimmer donated \$20.00 to the Strong Kids Campaign.

There will be a Fundraiser for Strong Kids at the Edgewater Yacht Club at 6700 Memorial Shoreway NW on October 6 from 7:00-9:00 p.m. with appetizers, beverages, the Slap Jazz Band trio and a raffle. The tickets are \$50.00 All are welcome. Call 216-521-8400 for more information.



Sauteed Ginger Bok Choy (Serves 4)

by Rachel Anzalone, CNHP

Sea Salt

3 heads of bok choy, coarse chopped

2 tbsp toasted sesame oil

1 tbsp grated peeled fresh ginger

teaspoon red pepper flakes

Teriyaki Sauce

Boil 2 quarts of water, add Tbsp of salt and bok choy and cook for 1 minute. Drain bok choy in strainer, then pat dry with paper towels.

Heat sesame oil in a large skillet over medium heat. Add bok choy, ginger and red pepper flakes and cook, turning occasionally, until the bok choy is lightly browned (approximately 5-8 minutes).

Stir in Teriyaki Sauce and serve hotin the bowl over the oranges and garnish with minced scallions.



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Lakewood Cares

Happenings At Lakewood Senior Health Campus Assisted And Independent Living And Around Our Community!

by Christine Dorsey

Last month we celebrated one of our very special resident's 101st birthday. Irene Kinny! Irene celebrated her special day with a party surrounded by friends and staff.

Irene has been a resident at our assisted living since 2009. Irene is always seen smiling and sporting her positive attitude. Irene has a lot of Faith which is evident when you are around her. Her light does shine on everyone she meets! Our National Assisted Living Week started on September 11th and what a way to kick off our week than to attend the memorial at the Lakewood Fire House to remember those heroes who risked their lives for us and the victims of this tragic day!

Our theme for this year was "Forever Proud" and it was evident in the pride shown in our community and our nation! Our residents proudly waved their flags. A few of our residents who attended are also veterans

who take pride in their country. Ed Klein, Ed Urbanowicz, James Paviac, David Allen, Michael Golden, Mannie Danchik. Other residents were: Marguerite Forrey, Marion Siddall who will be 100 in October, Cynthia Mottill, Mae Kastelic, Julia Bularz, Dona Mae Cobbledick, Therese Adkins. A Great Big Thank You to Fire Marshall Tim Dunphy who helped to secure parking & seating for our residents. To all the Lakewood Volunteers who helped our residents across the street and to get them safely where they needed to be. A Great Big Thank You also goes out to Mayor Summers, County Executive Ed Fitzgerald, and all the firemen and policemen who made us feel welcome! We certainly received the red carpet treatment. Mayor Summers graciously took time out of his busy schedule to stop by and visit with our residents during the week. Mayor Summers talked of the importance of 9/11 and what that day stands for. Also, two of our Lakewood Police Officers stopped by to present our residents with a safety talk and to pass out safety pamphlets. They were very gracious and helped the Mayor pass out apple pie! Thank you Mayor for making our week special. We had our annual Funny Hat Parades. There was a prize for the funniest or craziest, a \$ 15.00 Giant Eagle Gift Certificate. Our very own maintenance man, Mr. John Yakim took the prize. He was

kind enough to donate the card back to our residents. If you don't know John he is the one with the lampshade on his head. Great Job John! Not only on the hat but for all your hard work! Our week ended with our very own Director of Assisted and Independent Living Tammy Sibert scooping ice-cream for staff & residents and everyone had many delicious toppings to choose from! It was a great week!

Save At Heirloom Home And Support the Arts

by Fran Storch

Heirloom Home, located on Lakewood's west end, is a unique resale shop with a philanthropic purpose. All proceeds benefit the student scholarship fund at the Beck Center for the Arts. Owner Brenda Ellner's love of the arts inspired her to open the establishment last year, just blocks from the Beck Center. Since then, store sales have helped many area children, who may not otherwise have the financial means, to enroll in Beck's arts education classes.

Customers will enjoy browsing the store filled with interesting antiques, decorative collectibles, vintage jewelry, and watches. All items are donated and many found their way from Ellner's own home in Shaker Heights when she downsized her collection of family memorabilia.

Just in time for Sweetest Day, shoppers can save 20% on their purchases at Heirloom Home now through October 29. Ellner hopes this discount offer will prompt customers to stop by, browse and buy a gift for that special someone – all while providing students with the opportunity to experience the arts and develop their artistic talents.

Heirloom Home is located at 18119 Detroit Avenue in Lakewood.



Delicate china and ceramics adorn the walls at Heirloom Home.

Store hours are 12 to 5 p.m. Wednesday through Saturday. Donations are accepted and volunteers are needed. Contact Brenda at heirloomhome@gmail.com or call 216-406-7530.

Located at 17801 Detroit Avenue in Lakewood, the Beck Center for the Arts is a not-for-profit 501(c)3 organization that offers professional theater productions, arts education programming in dance, music, theater, visual arts, early childhood, and creative arts therapies for special needs students, and gallery exhibits featuring regional artists.

Nature's Bin Reports Vitamins, Minerals Relieve Diabetic Nerve Pain

by Mary Johnson

Nature's Bin, a full-service natural foods market in Lakewood, reports a new study where people with chronic type 2 diabetes and nerve pain who took a vitamin and mineral supplement for four months had less severe pain compared to those who took a placebo.

The report is part of the September 2011 issue of Natural Insights for Well Being®, which Nature's Bin publishes free each month to help educate the Lakewood community about the benefits of living a healthy lifestyle and making simple, smart nutrition choices. In a related study in the September issue, men with type 2 diabetes who took the antioxidant resveratrol for four weeks better absorbed and used sugar circulating in the bloodstream. Other September studies include findings that older women who consumed the most vitamin D were more likely to have healthy vision, and discoveries that cells need vitamin A to transport energy, and that people who live to age 100 typically have vitamin A levels similar to young adults.

"Whether you are trying to maintain your health or become healthier, the latest research continues to confirm that affordable natural vitamins and supplements are safe and protective," said Rhiannon Blahnik, Vitamin and Supplement Manager at Nature's Bin. "The scientific journals [referenced] in our September issue include Diabetes Research and Clinical Practice, Archives of Ophthalmology, American Journal of Clinical Nutrition, and the Public Library of Science, among others."

Natural Insights for Well Being® is free, and Nature's Bin invites all those who wish to gain more valuable nutrition knowledge to stop in and pick up the September issue.

About Nature's Bin:

Nature's Bin, a full-service natural and organic foods market located in Lakewood, Ohio, is operated by the nonprofit Cornucopia, Inc. This natural foods market serves as a training site for a unique and successful program that provides vocational training leading to employment for people with disabilities. Programs hosted at Nature's Bin serve people with a wide range of severe disabilities including developmental disabilities, autism, mental illness, visual, speech and hearing impairments, and injuries resulting from accident or illness. What distinguishes the programs at Nature's Bin from other training facilities is the real-work learning environment. Trainees work side-by-side with staff members in all aspects of retail service, facing the challenges and rewards of competitive employment in a caring, supportive atmosphere. Cornucopia/ Nature's Bin has been serving people with disabilities for over 35 years.

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See A Show For Free At Beck Center!

by Fran Storch

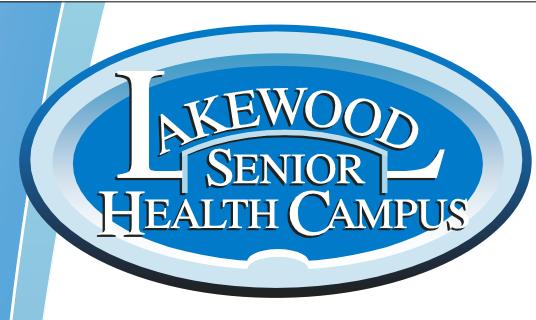
Beck Center recently kicked off another exciting new season of extraordinary theater – an eclectic mix of award-winning musicals, Off-Broadway hits and compelling drama - including six regional premieres! You can see any of these shows for free when you volunteer at Beck. As a nonprofit organization, the Beck Center relies on volunteers to help as ushers, ticket takers, concession helpers, and coat checkers during its professional theater season. In return, all volunteers see the show for free. For more information, contact Rennie Tisdale at rtisdale@beckcenter.org or call 216.521.2540 x28.

Now on stage! The Marvelous Wonderettes, a cotton candy-colored, non-stop pop musical blast from the past, through October 16 on the Mackey Main Stage. Also coming this season... David Mamet's RACE, an encore production of the holiday hit Joseph and

the Amazing Technicolor Dreamcoat, Eric Coble's The Velocity of Autumn starring Dorothy Silver, the Tony Award-winning sensation Spring Awakening, the punk rock musical Bloody Bloody Andrew Jackson starring Dan Folino, and Beck's summer blockbuster hit, Legally Blonde The Musical.

Subscriptions, Flex Passes and individual tickets are now on sale. For a complete list of shows, performance dates and descriptions visit beckcenter. org or stop by Customer Service to pick up a copy of the Beck Center's 11/12 theater season brochure.

Located at 17801 Detroit Avenue in Lakewood, the Beck Center for the Arts is a not-for-profit 501(c)3 organization that offers professional theater productions, arts education programming in dance, music, theater, visual arts, early childhood, and creative arts therapies for special needs students, and gallery exhibits featuring regional artists.



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Lakewood Politics

Lightning Flashes At PTA Forum

by Christina McCallum

Board of Education candidates participated in the first of several community forums on Wednesday, September 28, when Lakewood Council of PTAs hosted its Meet the Candidates Night in the Garfield Middle School Cafetorium. Linda Beebe, Bill Call, Gregory Calleri, Tom Einhouse, Kristine Pagsuyoin, and Emma Petrie-Barcelona answered questions in front of approximately 60 people.

Questions were submitted by Lakewood residents and then compiled by a PTA committee. Lakewood Observer columinsit Bret Callentine moderated the evening. Colleen Wing timed candidates' responses. As Bret asked questions, the order in which candidates responded varied so that no response pattern occurred. Chris Karel recorded the event so that residents unable to attend can borrow a DVD from Lakewood Public Library or watch it on YouTube at: http://youtu.be/nht6q_x-4ck, or on the Lakewood Observer's Observation Deck.

Bret began by giving candidates the opportunity to introduce themselves and explain how they are qualified to serve on the Board of Education. Candidates cited their own experiences in Lakewood City Schools, time spent living in the community, and their own children's enrollment in Lakewood schools. They noted employment and education experience including teaching (Beebe, Calleri, Pagsuyoin); owning a small business (Call, Calleri, Pagsuyoin); economics, finance and accounting (Calleri, Call, Petrie-Barcelona); government and non-profit (Einhouse, Petrie-Barcelona, Pagsuyoin); and community volunteerism (everyone).

All candidates spoke of maintaining Lakewood Schools' excellence in the face of economic challenges. In responding to "Please write down the word or words that best define what you feel are the top concerns facing Lakewood schools in the next five years," all candidates addressed finances.

Emma Petrie-Barcelona spoke about how managing resources, be they financial, staff, or buildings, would be critical to the District's future. Kristine Pagsuyoing expressed concern that the focus on money could leave kids at risk of getting lost in the politics, and that kids' educational needs had to be central in the conversation about the best use of funds.Tom Einhouse spoke about digging into community resources and developing the teaching and learning capital. Bill Call suggested that increased use of technology could help with teaching efficiencies, and thus save Lakewood money. Linda Beebe spoke about the difficulties of educating not one child, but all children in the tight fiscal environment. And Greg Calleri spoke about a looming \$16 million deficit and his concern about managing that while maintaining good teachers and educating children.

All candidates were asked varia-



School Board candidates had a pretty good time at the Lakewood Council of PTA's Forum. Some described it as a Love Fest. The homebaked cookies and rice crispy treats made it even better.

tions on questions addressing Senate Bill 5 (SB5), which will be applied or repealed on the ballot as Issue 2, as well as one of several questions regarding Phase III of the District's Building and Reconstruction program. All candidates said SB5 contains some helpful provisions, as well as some that would damage the historically good relationship between the Board of Education, Administration, and Unions. Tom Einhouse said that his preference was for something "more evolutionary,"

Regarding Phase III, several candidates stated that the Board of Education made a good decision with the information made available to them at the time, while others expressed doubts. Bill Call said the project should be completed, that we've enjoyed infrastructure created 50-70 years ago, and that it was our turn "to bequeath even finer institutions" to those who live in Lakewood in the future.

Several candidates expressed concern for the project in light of state budget constraints and shrinking money available to the District through the Ohio State Facilities Commission (OSFC), which oversees the funding for school building projects. Kristine Pagsuyoin talked about construction costs increasing as time passes, adding to the total project costs and advocated that the high school should be completed "on our own" without relying on the assistance of the state of Ohio. Greg Calleri said that the decision (to close Grant and rebuild Lincoln) should be reconsidered given economic times and realities.

Following the questions addressed to all candidates, each candidate was asked two specific questions, with two minutes response time for each question. Kristine Pagsuyoin talked about how private and home schooling options could affect the schools. Bill Call spoke to his previous, public support of the last operating levy and its contribution to the District's current financial situation. Tom Einhouse was asked if the new building program (Phase 1, Fifty Year Committee) was

successful in terms of the effects on test scores of students within those buildings (test scores are lower at the new buildings than the ones that aren't rebuilt), while Linda Beebe was asked about the fairness of political appointments if candidates withdraw from serving a term before that term is over; and was asked if she intended to fulfill her whole term. Emma Petrie-Barcelona was asked whether she felt that her employment represented a conflict of interest in terms of her ability to serve on the Board. Lastly, Greg Calleri was asked how he would improve the current and future financial picture.

The next round was the "Lightning Round," in which each candidate was asked a question with 10 seconds to respond. The time limit forced candidates to answer in a flash with succinct, focused responses. 18 questions were asked. Some were more serious than others. Here is a sampling:

Greg Calleri said "no" to "Do you support year-round school?" Tom Einhouse said "yes" to "Would you support residency incentives for teachers?" Emma Petrie-Barcelona said she "would consider it," when asked "Would you consider allowing corporate advertising inside the schools as a revenue source?" Bill Call said "both"

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Following the "Lightning Round," a question was asked that caused the audience to collectively gasp: "As your individual success or failure can only be determined by how you work as a team, and, having heard their answers tonight, and, without it being construed as an outright endorsement, who are the two other candidates that you would most like to serve with on the school board and why?" Most candidates deferred from identifying competitors while Bill Call and Emma Petrie-Barcelona expressed preferences.

Candidates were given a last opportunity to speak with a closing statement. Each had one minute in which they could clarify any previously stated positions or address topics not covered over the course of the evening.

The forum lasted just under two hours. Campaign materials were available as people departed and a reminder was given about coming DVDs and streaming opportunities.

The purpose of this recap is to encourage you to check out the candidates' in depth responses to the topics presented. Stop by the library to check out a DVD or go to www. ckao;dirudoihf.com to stream the video continuously. DVDs will be available Wednesday, October 5, 2011 from both the Madison and Main branches. The digital file can be viewed at http://youtu.be/nht6q_x-4ck>http://youtu.be/nht6q_x-4ck

Candidates' Night At Lakewood Senior Health Campus

by Tammy Sibert

On October 20, 2011, at 7:00 p.m., Lakewood Senior Health Campus will host a candidates' night. The following individuals will be present:

Council at Large:

Anthony Davis Ryan Nowlin

John Zappala

Council Ward 1:David Anderson

Patrick Metzger

Council Ward 2:

Tom Bullock

Council Ward 3:

Shawn Juris

Council Ward 4:

Mary Louise Madigan

Candidates, Board of Education:

Bill Call

Gregory Calleri

Emma Petrie-Barcelona

(represented)

The forum will be held in the Assisted Living Building at 1381 Bunts Rd. Refreshments will be provided.

League Of Women Voters

THE VOTERS' GUIDE 2011

Prepared and Published by the Lakewood Chapter of League of Women Voters- Cuyahoga Area

Candidate Information
Current Occupation
Education
Qualifications For Office

Question 1 What in your opinion is the most important issue currently in Lakewood? Question 2
If elected, how would you address this problem?

Mayor - Uncontested

Michael P. Summers

Mayor of Lakewood Lakewood High School BA, Wittenberg, MBA, Northwestern Ward 3 City Councilperson, School Board mem-

ber, Business owner (Summers Rubber Company)

*Housing which includes preservation/redesign/additional styles (one floor living)

*Neighborhood safety/enjoyment/infrastructure maintenance (streets, pipes trees) *Financial strength/ investment in our future

*Government Service: Speed/quality/improvement

Focused application of housing inspection/enforcement (survey of every house-focus on worst 20%)

Lean Lakewood-Operational performance "many small changes."

Council At Large, Four Year Term

Anthony Davis

Public Contract Representative with the United States Department of Veterans Affairs; BBA in Marketing, Cleveland State University

Lakewood resident of six-and-a-half years with an excellent understanding of how Lakewood City Council functions, and how it can be made of greater service to the citizens of Lakewood

Coping with challenges of being an inner-ring suburb of Cleveland including increasing levels of poverty, aging housing stock and infrastructure, declining population and widespread citizen apathy. Raise citizen expectations, challenge the status quo. Mandate more government transparency, extra focus on quality of life issues in the 4th ward.

Council At Large, Four Year Term

Ryan P. Nowlin

Attorney (Schneider, Smeltz, Ranney & LaFond PLL); B.A., Loyola University Maryland; J.D. University of Maryland

Council member at Large since January, 2011; Member of Lakewood Citizens Advisory Committee (2007-2010) and Board of Zoning Appeals (2009 -2010); experienced in various Alternative Dispute Resolution Methods; legislative experience in United States House of Representatives. Maintaining and improving our housing stock.

We must continue reaching out to the people who are letting their homes fall into disrepair, and ensure they are aware of all the resources available to help make necessary improvements. If that is unsuccessful, we must strictly enforce the housing code.

Council At Large, Four Year Term

John Zappala

Self Employed General Contractor, 36 years BA, Cleveland State

I am who Lakewood is and have common sense and leadership skills to address housing/landlord issues.

Housing and being bordered on 2 sides by an impoverished city- Cleveland. These two are really one and the same.

Empower the building department to do their job effectively and efficiently and maintain safety services.

Council Ward One, Four Year Term

David W. Anderson

Director, Cleveland Metropolitan School District Master's in Business Administration-Cleveland State University, 2001

I am a 14 year resident of Ward One, have served on Council since March, 2011 solving issues for hundreds of residents and am working to preserve Lakewood's neighborhoods and "character." Preserving Lakewood's neighborhoods and housing stock.

I have already initiated a review of Lakewood's zoning codes to ensure Lakewood's family oriented, "walkable" neighborhoods thrive as the next generation of businesses take shape on Lakewood's commercial corridors. Also, I will continue to collaborate with the administration to enforce residential building standards.

Council Ward One, Four Year Term

Patrick J. Metzgeı

Economic Development Coordinator, Lorain County

B.A. Political Science, B.A. English, M.S. Public Policy, ABD/PHD Urban Studies/Public Administration

I have served Lakewood on the Citizen Advisory Committee for CDBG funding for over 5 years – and have played an active part in guiding community wide expenditure of public monies.

The single most challenging issue facing the city of Lakewood is trying to move forward towards a productive future in the face of austere funding.

Lakewood's leadership must continue to pare down costs while maintaining core functions while using existing resources. The leadership must continue to attract innovative participants.

Council Ward Two, Four Year Term - Uncontested

Tom Bullock

Ohio Representative, Pew Environment Group BA, Political Science, 1995 American University, MA, Classics, 2004, University of London

I currently serve as Lakewood's Ward 2 Councilman and I am the second-most senior member of Council. In addition, I have more than 16 years of professional experience in government and public service.

Maintaining quality neighborhoods, which means safety, housing quality, and addressing vacant and foreclosed homes. It also requires new housing stock to retain retiring Baby Boomers

Improve housing quality through more efficient Building Department procedures and expanded enforcement.

Continue strengthening neighborhood safety through community policing

Identify options for new housing stock.

Voting Guide

Council Ward Three, Four Year Term - Uncontested

Shawn Juris

Insurance Agent

BA, Psychology

Professional experience from 7 years of operating a business, and 4 years working in a corporate accounting department. History of civic and organizational involvement and leadership.

The biggest challenge in Lakewood is balancing priorities. This challenge can be seen in balancing the needs and ways of opposing views, balancing the cost/benefit.

I will continue to do my best to make pragmatic decisions based on evidence and invite partners like block clubs and civic organizations to assist us.

Council Ward Four, Four Year Term - Uncontested

Mary Louise Madigan

Program Administrator, Cuyahoga County Office of Health and Human Services

BA, Social Work

Experience and attitude

Coping with challenges of being an inner-ring suburb of Cleveland including increasing levels of poverty, aging housing stock and infrastructure, declining population and widespread citizen apathy

Raise citizen expectations, challenge the status quo. Mandate more government transparency, extra focus on quality of life issues in the 4th ward.

School Board, Four Year Term - Select Up To 3

Linda G. Beebe

Attorney, solo practice in Estate Planning and Probate BS, Education, Kent State University

JD, Marshall College of Law

Taught in Scotland and United States, 14 years.

Serviced on the Board 7 terms. My children attended Lakewood Schools; my husband taught there 30 years. Broad knowledge of schools and community.

Bill Call

Treasurer, Brennan and Associates

Bachelors Degree in Business Administration; CPA Certification, 1985

US Army, 1971-74

I have 25 years of accounting, auditing and financial experience as CPA and small business owner. I am a long time Lakewood resident, parent and grandparent.

Gregory Calleri

Lakewood based small business owner University of Maryland, MBA, Finance

S.U.N.Y. Buffalo, New York, BA, Economics; Teaching Certificate, Social Studies/Mathematics

10 + years in the finance industry

5+ years of experience as a teacher with high risk students from diverse backgrounds

8+ years of experience as a successful Lakewood small business owner

Tom Einhouse

Playhouse Square, VP of Real Estate

BA, Business, Baldwin Wallace College

LHS graduate

Parent of two Lakewood students

Cub Scout leader

Leadership role in Next 50 Years Committee and two successful bond issues and levy.

Lakewood Board of Zoning; Lakewood Planning

Cycling Instructor, Lifelong Lakewood resident. Thoughtful.

Emma Petrie-Barcelona

Federal Fund Management, Economic Development Lakewood High School; St. Mary's College of Maryland, BA Economics, History,

Public Policy and Political Science

Cleveland State University, MS, Urban Studies

Experienced in budgeting in working with government relations, Lakewood Alumni Foundation Trustee, current treasurer; parent of Lincoln student; former coach; active in community.

Kristine Pagsuyoin

Small business owner, educator

Masters of Education and BA in Business/Organizational Communication

Experienced in business management and education to make effective contributions to the board, additional community works: co-founder, "Brake-4-Kids", "Clear-4-Kids",

Attending board meetings, serving the Lakewood Family collaborative and on district committees, and continuing research in education.

Providing a quality education within the limits of an ever-tightening budget.

The most challenging issue facing the district is finding a way to provide a quality education to the students, fairness to taxpayers and

equity to school board employees.

To address the projected 3 year \$16,000,000 budget shortfall.

Maintaining the best teaching environment in an uncertain economic future.

funding.

Changes in the state allocations for • work with the treasurer and school administration to operate as effectively and efficiently as possible

enhance relationships with nongovernment funders such as the

· encourage collaboration and cooperation with faculty and staff in search of positive outcomes.

Students' educational needs must be the first priority. The challenge is to ensure that the Board serves children first, and functions as link between school and the public.

By establishing a citizen-based oversight/revenue-finding committee whose focus is students' educational needs, and by hosting quarterly community/district forums.

The district needs to lengthen the school day, decrease wages and

Inevitably cuts in expenditures will mean larger classes and fewer pro-

grammatic offerings. Stringent cutbacks need to be done carefully and

with much aforethought to protect our mission of educating all chil-

dren to their highest capabilities.

benefits and raise property taxes.

manner that is fair to all our stakeholders.

There is no magic bullet. I'll use my experiences in finance,

teaching and business ownership to ensure that we find creative solu-

tions so we can close the projected deficit in a financially responsible

I will connect with the stakeholders in the community, the school, system, other board members and city government to understand issues and build consensus to provide the best possible results. It will take good listening, active participation and cooperation.

Lakewood Politics

Proven Leadership, Excellent Schools

continued from page 1

term investment we make of public dollars. I am committed to democracy, and democracy requires an educated citizenry – as does our economic system. Our investment in public schools guarantees the future of the community. Our children are our future.

Lakewood and the State of Ohio invest over \$70.5 million annually to maintain Lakewood's public schools. Lakewood Public Schools is the second largest institution in the community. It owns more than 15 buildings, employs over 1,000 full-time and part-time employees, and serves nearly 6,000 children.

Given that, it is extremely important to have capable, hard-working, responsible school board members; school board members who care about more than their own children or their own dollars; school board members who can balance the expense of educating all the children against the realities of public finance; school board members who are courageous enough to make cuts where necessary and to go to the community to ask for additional funding when their responsibility to the education of their children demands.

I taught English and history in middle and high school for 12 years – in Pennsylvania, in Scotland and in Lakewood. My children Aaron and Megan went to Lakewood schools; my husband Dr. Bruce Beebe taught for 30 years in Lakewood High School; I was in the PTA and led a Girl Scout troop. I have been an attorney for 29 years and have been active in community organizations for 40 years. I was COC Business Person of the Year in 1998. I have been honored by the Ohio School Boards Association as an outstanding board member.

David Anderson, Your Ward 1 Councilperson

continued from page 1

ations and be the connection between residents and local government. Yet, the bottom line for me is that Lakewood is the greatest city in which I've ever lived. The people, homes, services, libraries, schools, shops, sidewalks and recreation make this an amazing place to live and raise a family. My experience as a Ward 1 business owner and resident, and as someone who has held an eclectic blend of public, private and non-profit positions, has allowed me to hit the ground running on Council to preserve Lakewood's neighborhoods and character by offering creative solutions to pressing issues and problems.

For example, the McDonald's plan to move to the Detroit Theater site caused big concerns among residents over the next generation of development along Lakewood's commercial corridors. In response, I called for a review of Lakewood's zoning codes to ensure that our city has the best tools to shape how its major commercial districts should look, feel and coexist with surrounding neighborhoods. This has resulted in a transformation to our code pertaining to conditions for allowing new drive- thru facilities in Lakewood. These changes are in effect right now.

In addition, as a landlord, I have the practical experience needed to help develop a comprehensive housing strategy for Lakewood. Quality housing is Lakewood's industry and is the key to a strong future. There is no single answer to dealing with the 1,500 or so distressed houses in our city. I worked to strengthen our chronic nuisance property laws to protect homeowners and will continue to find solutions that preserve our housing stock and neighborhoods so families feel safe and call Lakewood "home" for years to come.

My background and experience on Council have also prepared me to make needed tough decisions regarding Lakewood's next budget and overall fiscal management. Issues such as safety, calming traffic, preserving neighborhoods and creative economic development remain high on my agenda.

My resume indicates more than 15 years of progressive work in private and nonprofit management. Highlights include demonstrated effectiveness in program development and implementation, strategic planning, communications planning, budget management, fund raising/development, staff and cross-functional team leadership and entrepreneurial judgment. Recently I co-chaired the capital campaign for St. Peter's Episcopal church raising 1.7 million dollars for capital improvements, recommitting St. Peter's Epsicopal Church to the corner of West Clifton and Detroit for generations to come. In addition, I have been effective in public policy advocacy during my work for United States Senator Howard M. Metzenbaum, the Greater Cleveland Partnership and now as a councilman for the City of Lakewood.

I earned a Bachelor's of Arts degree from Kent State University in 1991 and a Master's in Business Administration from Cleveland State University in 2001.

Finally, as you know, Lakewood's City Council, with consultation from the Mayor, selected me from more than a dozen applicants to serve as the Councilmember for Ward 1. I appreciate the support of Lakewood's elected leadership and, since March, have responded to hundreds of residents' concerns, questions and ideas, giving me the opportunity to demonstrate my commitment to service and neighborliness. I feel confident that I can continue to serve Ward 1 and all of Lakewood during the next years and ask that voters support my candidacy and return me to City Council.



I see it as my role as a school board member to promote the learning of all children – not the ones from a particular part of town, or ethnic group or ability. I am also responsible for seeing that we get the greatest return for the public dollar spent; and that the specialists who lead the district and the teachers in the classroom get the support they need to do their jobs well.

I am also interested in education theory - how and why children read or don't read, learn or don't learn. I read educational literature and am fascinated by the new technologies which will assist learning in the 21st century. Check out my web page - which I created myself – at http://electlindabeebethe-educationcandidate.wordpress.com/.

I believe people have voted for me in the past because I am committed to the Lakewood schools and to this community. I have served as board president, chaired the Education Committee, and was chairman of the Buildings and Grounds Committee for much of the facilities renovation and new building projects.

In short, I am honored to have been allowed to serve as a board member and if re-elected will continue to work hard at doing the best I can for the children of this community. I would appreciate your vote.

Patrick J. Metzger Looks Forward to Being Elected Councilman For Ward 1

continued from page 1

economic development practitioner. Some of my experience includes several years providing leadership as the executive director of a CDC focused on housing, encouraging commercial development and working to establish relationships in the neighborhoods to bring these goals to fruition. Presently I'm helping to direct economic development for a local county.

I've been active in the Lakewood community at many levels, participating in LECPTA, the Adventure Guides at the Lakewood YMCA, as a Cub Scout and Weblos leader in Pack 115, and as a part of parish council at St. James Church - where my wife and I were married in 2000. The 3 and a half years I was involved with the council-- just as the diocese was planning to reconfigure the footprint of parish life in the community, was an eye opener to the significant amount of change that awaited our community in the future.

But most significantly, I've had the privilege of being appointed by a City Council member, and then reappointed by two Lakewood mayors to the Lakewood Citizen Advisory Committee. The CAC is responsible for review and recommendation to the Lakewood City Council for the expenditure of about \$2 million dollars of Community Development Block Grant (CDBG) monies that help to support important programs throughout Lakewood while supporting housing, safety, job creation and retention as well as parks and infrastructure services.

The Committee reviews applications of varied organizations from North Coast Health, to the Lakewood Christian Service Center, childcare scholarships so that families can keep their jobs, homeless services, transitional housing for women and men, and reviews funds for important Lakewood housing redevelopment programs that are guided by the administration through the City Planning and Community Development Department. As a group, we then must make hard decisions on who should be funded, at what levels and how to mesh this process with our own leadership. As a two-time chair of this group I found that the focus on sustainability and service provision was key to our recommending support to any group. But many did not make the cut. Over the past five years that I've served we have seen a drastic reduction in funding that funnels down to reductions at many important community-minded

My experience with the many faceted issues that our community encounters has given me unique insight on the needs that our local government must serve. Whatever the issue, I am prepared to help ensure that as Ward 1 Councilman I will safeguard the fiscal position and the safety of the community of Lakewood based on a sustainable, cost conscious model so that we can continue to look forward to a prosperous future and not suffer from the inevitable reductions in funding and period of austerity that lies ahead.

Lakewood Observer's Spooktacular

Snake Charmer's Cobra Found Slithering Along Detroit Ave.

by Judith E. Allen

Kids love Halloween. Ivy, 7, from Lakewood, is no exception. Last year, she and her family attended the West Clinton Historic Haunts Walking Tour in the Gordon Square Arts District and had tons of fun. "I was a cat," Ivy said.

The 2011 West Clinton Historic Haunts Walking Tour will be Friday, October 7 and Saturday, October 8, from 6:00 to 8:45 p.m. Beginning at Parish Hall (6205 Detroit Avenue), the walking tour, led by lantern-carrying guides, will visit neighborhood porches where guests will meet noteworthy and disreputable former residents and hear tales of romance, death and pandemonium. Tours depart from Parish Hall every 15 minutes and last approximately one hour. This family-friendly event is free for children under 15. Adult admission is \$5. Free parking is available next to, and across the street from, Parish Hall.

Live entertainment will be performed at Parish Hall during registration and light refreshments will be served at the end of each tour in the Gordon Square Arcade. Historic Haunts partner, Capitol Theatre, will air a special midnight showing on Saturday of the original 1922 silent horror film Nosferatu, an unauthorized adaptation of Bram Stoker's Dracula. Admission to the film will be \$5; free small drinks will be offered with a popcorn purchase and an Historic Haunts stub.



Ivy, 7, from Lakewood, dressed as a cat during last year's West Clinton Historic Haunts Walking Tour in the Gordon Square Arts District.

Tour Overview

While witches and goblins play among tombstones erected on the corner of 65th and West Clinton streets, residents of the Detroit Shoreway will host a night of theatrical history for visitors from Lakewood and throughout metropolitan Cleveland. Top hat-wearing, witty and sometimes irreverent guides will lead groups from one area porch to another where actors from the Near West Community Theater will bring local heroes, heroines, good and bad guys to life by performing skits written by neigh-

borhood playwrights. This year, actors will portray characters whose quirks range from saintly to bizarre:

- * Even Andrew Carnegie came under the spell of Cassie Chadwick, Franklin Avenue's champion of etiquette and deportment, who became one of the most infamous con artists of all time.
- * Dolly Bond, a female artist in the early 1900s, created religious paintings in Saint Coleman Church that propelled her from sin to redemption.
- * Patrons who saddled up to Detroit Avenue's bygone Yankee Bar were treated to murder, mayhem and stars like Queenie, the 350-pound snake charmer, and her cobra, Satan.
- * Featherweight champion in 1912, Johnny Kilbane ruled ringside for 11 years, the longest stretch in history. Brawler, poet and statesman, Kilbane also served in the

Ohio House and Senate.

- * The notoriously vicious McCart Gang is expected to stalk the streets of Gordon Square, terrorizing the neighborhood, repeating the crimes they perpetuated in the late 1800s. Everyone is cautioned: beware!
- * Few facts are known, but Marion Roberts did take her own life. Was she driven to madness by her spendthrift husband? Only the wizened spirits visiting Detroit Shoreway's Franklin Avenue know the truth.
- * Velma West wasn't much of a wife: cooking and cleaning weren't for her. She wanted to be a flapper: parties, drinking, dancing and fur coats, even if they meant murdering her husband!

Find out more about Historic Haunts by searching for West Clinton Historic Haunts at facebook or google.com.

City Concerned With Flash Mobs

continued from page 4

plan. They brought up several points and suggested changes to the plan. Both the Mayor and Director Siley responded to their concerns and the public comment session lasted about half an hour. At this point Council Vice President adjourned the meeting, at 9:32 P.M. However this did not stop the discussion. The residents of Woodward stayed and continued to discuss

several of the issues and their concerns with the Mayor and Director Siley until nearly 10 P.M.

Council meetings are held every first and third Monday of the month at 7:30 P.M. in the City Hall Auditorium. The next regularly scheduled council meeting will be held on October 17, 2011. For a copy of the agenda or for any other information regarding the Lakewood City Council, you can find it at onelakewood.com/citygovern_council.html.



Add us on facebook! Search for "West Clinton Historic Haunts"



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Lakewood Observer's Spooktacular

Spooky Pooch Parade Seeks Costumed Dogs To Break World Record

by Alanna Faith

The 4th Annual Spooky Pooch Parade is known as the "Largest Halloween Dog Parade from Coast to Coast"! "This event has been so successful in the past, we think we have a great shot at a Guinness World Record [for the] 'Most Dogs in Costume' category. The rest of the world should know how much Northeast Ohio loves our dogs," explained Ian Andrews, LakewoodAlive Executive Director. The current record stands at 603.

When the Spooky Pooch Parade steps off at 2 p.m. on Saturday, Oct. 15, let's show the Guinness folks that Northeast Ohio has "gone to the dogs"! Spooky Pooch Parade Prizes will be awarded for: Spookiest Pooch, Most Creative Dog and Child, Most Original Adult and Dog, Best Group Theme with Dogs, Non-motorized Float with Dogs and Best Dog in Show. All dogs must be registered in the parade to win a prize and to count towards the Guinness World Record! Register NOW online at www.DowntownLakewood.org.

Whether you're one of hundreds that participate in the parade or among the thousands of spectators lining traffic-free Detroit Avenue, come dressed to impress in your Halloween best. Bring your friends, family and espe-

cially dogs to the feel-good event of the year. All the fun starts at St. Charles Green (1347 St. Charles Avenue, Lakewood, OH 44017). Thanks to the City of Lakewood for their cooperation and support of this family-friendly event.

SAVE \$5.00 PER DOG--REG-ISTER NOW for \$10 at www. DowntownLakewood.org. Festivelydressed accompanying dog lovers are free. In the neighborhood? Fetch a registration form from Lakewood Public Library Main or Madison Branch; Pet's General Store (16821 Madison Ave., Lakewood); Furry Nation (15800 Detroit Ave., Lakewood); Pet-Tique (10906 Clifton Blvd., Cleveland); or Pet People (19565A Detroit Road, Rocky River). Or sniff out a registration at area hound haunts: Lakewood Dog Park, Pawsitive Influence, Inn the Dog House and The Mutt Hutt.

It's not just a parade--it's a doggone dog lover's experience. Dozens of vendors will be on hand with the best of bow-wow bling, canine couture, doggy demos, pup protection and a variety of services for man's best friend. Of course there'll be kibble and treats for humans too!

Don't have a dog? Problem solved! Numerous dog groups will be on hand so you can "Meet Your Mutt"--meet and greet a variety of breeds available for adoption from area rescue groups.

Puppy paparazzi will clamor for shots of cute canines and impressive costumes! Be your own shutterbug too. CAMERAS AND VIDEOS ARE WELCOME as we capture the event for the Guinness World Record. There will be plenty of photo ops throughout the day. Have those batteries charged and don't miss a moment!

Your tail will be waggin' over all the excitement from 12:30 p.m. to 3:30 p.m., building up to the presentation of the coveted, absolutely "pawsome" awards! All dogs must be registered in the parade to win a prize and to count towards the Guinness World RecordTM!

Don't miss a thing! Save \$5.00! Register NOW online at www.DowntownLakewood.org

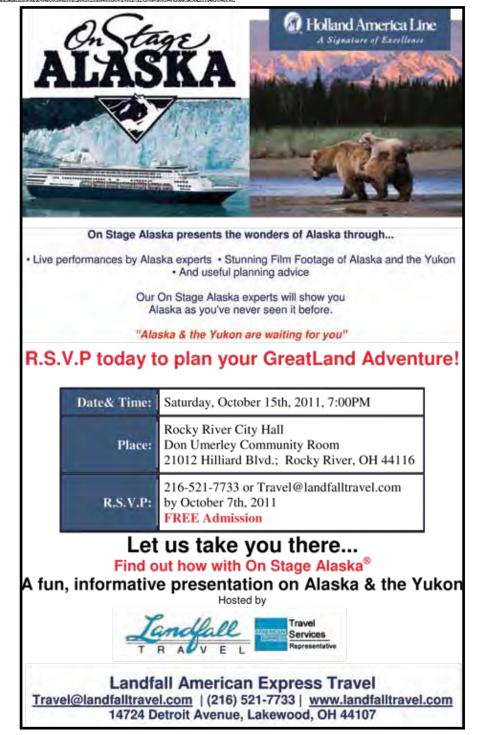
Day-of, on-site registration is \$15.00 at 1347 St. Charles Avenue, Lakewood, Ohio 44017. All entries must be registered by 1:45 p.m., Oct. 15, 2011.











Lakewood Observer's Spooktacular

West End Halloween Window Walk – It's Spook-tacular!

by Fran Storch

Who doesn't like to create a painting for the world to see...on the front of a local building? The answer is apparent as participation in the Annual West End Halloween Window Walk, presented by the Lakewood Chamber of Commerce and Beck Center for the Arts, continues to grow. This great community event, now in its seventh year, is a boo-tastic way for the community to share its creativity and talent up and down the west end of Detroit Avenue.

This year it's time to include everyone in the fun – yes, everyone! Kids, of course, remain in the spotlight with several categories of participation from K-12, while groups and families get to create side-by-side. And this year we're excited to announce that an 18-and over category has been added. Creativity doesn't stop after high school and Lakewood is filled with many creative spirits.

Take a moment to visit http://www.beckcenter.org/2011/09/19/halloween-window-walk for more information and to download a registration form.

Simply submit it to the Lakewood Chamber of Commerce office at 16017 Detroit Ave. in Lakewood by October 10. You'll receive information about your window's location and painting will take place from October 23- 27.

Judging takes place on October 28 and prizes are awarded in each of seven categories. The awards ceremony and reception takes place on Saturday, October 29, 2011 at 2:00 p.m. at Beck Center for the Arts.

Don't just bob-for-apples this year - take part in the Halloween Window Walk...it's a scream!

Beck Center for the Arts is located at 17801 Detroit Avenue in Lakewood. For more information, call 216.521.2540 x10 or visit www.beck-center.org.

Beck Center for the Arts is a not-forprofit 501(c)3 organization that offers professional theater productions, arts education programming in dance, music, theater, visual arts, early childhood, and creative arts therapies for special needs students, and gallery exhibits.



One of last year's winning entries by the Lawson family.

Rockport Observed

Mark Your Calendars For The Local Business Event Of The Year

by Kevin Fraley

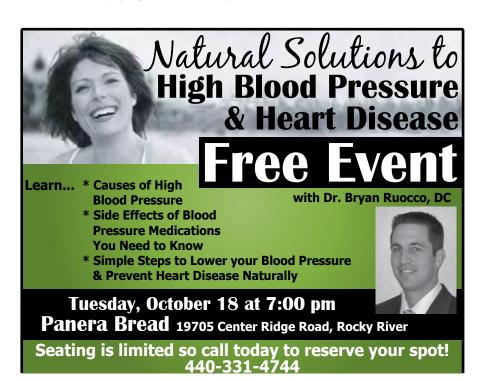
So, here's a riddle: What has over 1,000 local residents and business decision-makers exchanging ideas with over 100 exhibitors, while enjoying great food, wine and beer from 15 local establishments?

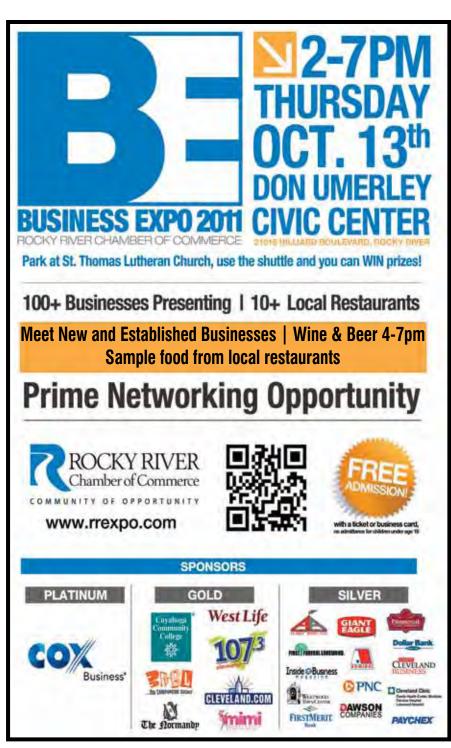
Answer- the 9th annual Business Expo, sponsored by the Rocky River Chamber of Commerce.

Every year, hundreds of local business owners and local residents mark their calendars awaiting the opportunity to network and learn from IT consultants and graphics firms, to furriers and cosmetic dentists, while enjoying a wide variety of food, beer and wine.

Don't miss this one-day event-Thursday, October 13 from 2:00-7:00 p.m. (wine & beer tasting from 4:00-7:00 p.m.) at the Don Umerly Civic Center, in Rocky River (the intersection of Wagar & Hilliard). Free parking and shuttle service is available at St. Thomas Lutheran Church (21211 Detroit Rd). Admission is free, 18 and older please.

For more information contact Liz Manning at 440-331-1140, info@ rockyriverchamber.com or through the Chamber's Expo website, www. rrexpo.com.





Lakewood Cares

City Edge Church's Grand Opening

by Kevin Rush

On September 11, 2011 City Edge Christian Church launched "a church for the rest of us" with 112 people in attendance. City Edge's mission is to Love beyond reason, Journey with God, and serve the City. Since launch the church has averaged 89 people in attendance through September.

City Edge gathers every Sunday Morning at 10:30am in Garfield Middle School, holding public worship services that present timeless truths in relevant and accessible ways that can be applied to everyone's lives. The church also hosts an age appropriate children's program called City Kids during the adult gatherings.

Throughout the week, the church hosts small group gatherings called City Groups. City Groups consist of 12-25 people who live in the same community, meet at each other's homes and

venture out into the city to serve others with the love of Jesus. City Groups are safe places to join others in searching for answers to life's tough questions. The groups eat, hang out, and look at what the Bible has to say about life, ever mindful of finding new ways to bless and serve others in their neighborhoods.

Kevin Rush, Lead Minister of City Edge, used the church's first month to present a sermon series on the vision of City Edge called "Love Beyond Reason." The audio and videos used from these teachings can be found on their website at www.cityedge.org. During the month of October City Edge will launch a new series called "I Believe in Monsters." This series will investigate classic Halloween Monsters, attempting to prove that they do, in fact, exist. Cue the creepy music and join City Edge as they tangle with some of the



most terrifying monsters ever! 10/9/11 - I Believe In Zombies 10/16/11 - I Believe In Aliens 10/23/11 - I Believe In Shape Shifters 10/30/11 - I Believe In Vampires City Edge Worship Gatherings are held on Sundays at 10:30a at Garfield Middle School, 13114 Detroit Ave. Lakewood, OH. If you have questions about City Edge check out www. cityedge.org or call 216-236-3970.

LHS Athletes, Coaches Part Of **Browns' Session On Healthy Choices**

continued from page 9

The Lakewood contingent was part of 200 coaches and student-athletes from seven area schools invited to Browns Stadium to listen to experts talk to them about sports nutrition, strength training and the effects of steroids, alcohol, supplements and illicit drugs on performance. It was also a chance for the athletes to talk about the pressures they face and what might be some good ways to cope with that pressure.

"It was really useful info," said Abby Boland, a senior on the girls' soccer team. In the girls' session, Boland said that the focus was less on steroids and more on choosing healthy foods and the right foods to eat for competition, and on body image, which Boland said is definitely an issue among girl athletes. "They taught us that there is no typical body for an athlete and that it's not good for everyone to look the same" despite what you see on TV and in magazines.

The goal of the program is for the coaches to take back to their schools

a peer-led program designed by ATLAS & ATHENA to institute with their teams. The program includes ten, 45-minute sessions for the boys' teams and eight, 45-minute sessions for the girls' teams. The students who attended the training on September 22 will serve as squad leaders for these sessions, which address such topics as making good decisions with fast food restaurants, eating disorders, and how to develop the skills to turn down alcohol and drug offers.

"I feel it prepared us well to come back to our teams and be leaders," Boland said. She said the students took turns serving as leaders in small group discussions.

Lewis said most of the coaches who attended with him plan to incorporate these sessions into their off-season training. Joining Lewis at the training session were cross country coach Stephanie Toole, girls' varsity basketball coach Mike Gallagher, boys' varsity basketball coach Phil Argento, softball coach Tedd Bruening, assistant football coach Joe Zombek and Ranger trainer Jennifer Dix.

Breakneck Gallery Digs Up A Scary Good Show





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He who loves not wine women and song, remains a fool his whole life long -Martin Luther Weekly Bible Study Sunday nights @ 6:15p Beginning October 30 Lakewood Library 15425 Detroit Ave (no previous religious experience necessary) prodigalcommunity.com

Lakewood Cares

H2O's New School Year

by Emmie Hutchison

H2O, "Help to Others" has had a remarkable start to the 2011-2012 school year. The students are energized and responsive to the many volunteer opportunities that have been presented to them. This first month has included some events that are familiar to the program, such as the Lakewood Community Festival, Harrison PTA Child care for meetings, Ronald McDonald House, Trinity Lutheran Community Outreach's Food Distribution, and the Cedar Valley Settlers Celebration in the Cleveland Metroparks.

Three new sites have been particularly exciting and have forged new partnerships to build on in the future. On Monday, September 12, Kitty Leung came from Asian Services in Action (ASIA) to conduct a training session for H2O members interested in becoming volunteer tutors to their peers and to younger kids who are learning English as a second language. ASIA's mission is to, "empower Asian Americans and Pacific Islanders in Northeastern Ohio to access quality, culturally and linguistically appropriate information and services." Tutoring is one of many programs they offer to support this mission, and it contributes to the families' success in transitioning to our area. The orientation included information about the background of some of the families and techniques for teaching and communicating with the



H2O students and Ranger Fellows at Terra Vista area, Cuyahoga Valley National Park

students in the program. Students who have begun tutoring already have really enjoyed this opportunity.

Tuesday, September 13, students traveled in the H2O van to the Terra Vista area of the Cuyahoga Valley National Park to help Park Ranger Lisa Fellows with an on-going project to clear out the invasive species, Autumn Olive. Autumn Olive was introduced intentionally to help stop erosion, as well as for its ornamental beauty (the shrub is easily identifiable by the attractive silver underside of its leaves). Unfortunately, Autumn Olive berries have no nutritional value for local wildlife, but birds

eat them anyway and spread the seeds far and wide. With no natural predators, it is left to spread rapidly, choking out native, habitat-providing plants (including trees!) The scope of the project is to clear six acres of the pesky plant and then invite more public use of this area of the park. H2O volunteers made nice dents in this large amount of work during several visits this summer and on this after-school trip.

H2O helped Lakewood Community Services Center launch its pilot program to distribute groceries in Senior Citizen housing to supplement their monthly income. On September

16, the volunteers and staff unloaded the van, purchased with a United Way grant, then set off in pairs to deliver to individual residences in the Westerley. Between the meticulous organizing by LCSC staff and the extra muscle provided by H2O high school students, this large project was completed smoothly and fairly quickly. The residents seemed to genuinely appreciate not just the food, but the friendly delivery right to their kitchen counters. The students who attended enjoyed making a difference in their community in such a warm, personal and direct way.

So what's next for H2O? A full month of volunteering in October, of course! The Middle School program begins this month with after-school meetings at both middle schools and LCA. This is an opportunity for younger kids to learn about community service by working on projects. They then get a chance to have some fun while growing socially through games and activities. The largest undertaking is preparing for and presenting Pumpkin Palooza (see our related article in this issue of the Lakewood Observer).

H2O, Help to Others, is a program of the Division of Youth supported by the City of Lakewood with a strong partnership with the Lakewood City Schools. If you would like more information about how to participate, please call Assistant Coordinator Emmie Hutchison at (216)529-4173.

Getting to Know the Phoenix Project

by Marc Mannheimer

The Phoenix Project is a four-year-old new church development of the Presbyterian Church. The church has recently moved from 13351 Madison Avenue to 13613 Detroit Avenue. With a presence on Detroit, the Project hopes to bring its same brand of all-inclusive community outreach to a greater audience. I asked Phoenix Project founder Reverend Meredith White-Zeager about the church and its work in Lakewood.

What is the mission of the Phoenix Project?

The mission of the Phoenix Project is to provide a safe space for people to engage the divine in their lives, their neighborhood, and the world, however people may understand the divine. We are less about telling someone how to encounter God and more about empowering people and allowing them to recognize the already present experience of God in their lives.

In what ways are you connecting to the community?

We're excited to have more open hours at the new place--Monday-Friday between 12 and 8 p.m.--for long-time members or for new faces to drop in to use our computers, enjoy our comfortable environment, have great conversations, a quick bite to eat, or work on a project. In addition to the Phoenix Project standard fare (worship at 5 p.m. on Sunday and a Theology Pub at Sullivan's Pub at 8 p.m. on Mon-

day), members are planning a few more ideas for the coming year. We are working to create a safe space and discussion group for LGBT teens and young adults in the community. We also have plans to host regular thought-provoking and community-building events including movie nights with discussion afterward and regular open mic nights, both beginning in October.

Meredith, could you tell me how you came to be a minister?

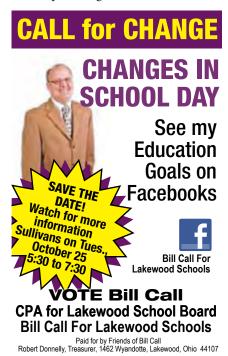
Well, the question I asked that led me to pursue ministry was, "What can someone in the U.S. do about situations of global poverty and oppression, and why should we care?" A mission trip to Guatemala led me to this line of questioning as I tried to figure out how to share my experience and deep concern with my friends at home. The answer that was most compelling to me was that we are truly connected to one another through a divine spirit and that when poverty and injustice threaten any of us, we are all threatened and made less than we could be. Although I still hold on to that big picture, my journey through seminary and into church development has nar-



Reverend Meredith White-Zeager

rowed the focus quite a bit.

Today, I believe that it is the calling of every individual to serve the Christ-Commandment to love God, neighbor, and self in whatever context they find themselves and to teach others to do the same. If we were each to embrace this calling in our lives and communities, I believe that we would begin to see the end of injustice, terror, and poverty around the world. At the Phoenix Project, we summarize this goal in our five-part mission statement: Participating in what God is doing in the world, celebrating the gifts we've been given, recognizing the needs of our community, responding with our whole selves, and empowering others to do the sa



Opinions

Vote No On Issue 2

Reverse The Post - 9/11 American Decline

by Chris Perry

Letters To The Editor

My family and I attended the Fallen Firefighter Memorial Ceremony on September 11, 2011. We were deeply moved by the unveiling of the new memorial created by using two steel beams from the World Trade Center. Touching those beams unleashed a wave of emotions about what took place that day. Reflecting on the events that have unfolded in the ten years since that attack still leave us with much to grieve about--not only the loss of life that day, but a lost decade for America.

The attacks of September 11, 2001 were many things. Among the most important, we can see now that a decade has passed, is that they were a portal into an alter-reality world, which America has wandered through ever since. Four hundred fifteen firefighters and law enforcement officers--public workers-died that day and were justly honored at that time as heroes. That is a fact we would do well to remember today, as their counterparts, and all public workers for that matter, are pilloried as gluttonous anchors on the economy and denigrated as needless government bloat.

The 9/11 attacks and immediate aftermath eerily foreshadowed the trend by fusing the real with the unreal, the actual with the mythical and forsaking fact for falsehood. With its use of passenger aircraft to smash into giant buildings filled with innocent workers, it was designed to create a horrific spectacle. The World Trade Center and the Pentagon were clearly chosen for their symbolic value. And then, by chance and likely unanticipated by even the attackers themselves, the consequences expanded further into the realm of fantasy when not one but both of the towers fell, as if mischievous gods had sided for the moment with the evil perpetrators.

The United States, as if picking up Osama bin Laden's cue, oriented its response to the mythical symbolism of Al Qaeda and bin Laden's stage-managed inflation of their own importance. Soon, our foreign policy and domestic politics were revolving like a merry-goround around Al Qaeda and the global threat it allegedly posed. Al Qaeda was absurdly likened to the Soviet Union during the cold war and Hitler during World War II, and treated accordingly.

Now real and immense forces were in play, as the power of the United States was real and immense, and what it did was truly global in its reach and consequences. The policy of "regime change" was born and the 1.5-trillion-dollar wars in Afghanistan and Iraq were launched in its name. Yet no sooner had America's global imperialism been proclaimed that it began to disintegrate. The two regime-change wars quickly turned into studies in bloody futility that they remain a decade later, with no clear end in sight for either. The pseudo-threat had given rise to a pseudo-empire, which was no sooner launched than it began to unravel--undone by the stark reality of our manufactured alter-reality. The lost decade of America was prompted but not forced by 9/11; we have turned our power against ourselves in both foreign and domestic policy.

For ten years now, the habit of exaggerating or making up threats has persisted and spread as a new inclination to manufacture and create illusion infected the public discourse. The list of delusions and absurdities that played such an active role in our political sphere this past decade has been orchestrated in a perverse pattern. It consists of falsely alleging the existence of some problem to which your proposed solution is something you want to do anyway, for some other reason that you prefer not to make public. The false allegation in the case of Iraq was, of course, that weapons of mass destruction existed in that country--we all know how that illusion has played out.

Unfortunately, that pattern is now rooted at the center of economic policy. The strategy of manufacturing a threat in order to respond to it is a familiar one, but it has never played such a significant role in our politics as it has since 9/11. I feel that the most disturbing element of our lost decade is the fact that the United States has been exhausting itself trying to find solutions to unreal problems, while the real problems facing our country go largely unattended. The nation that was absorbed in its misguided wars failed to notice the looming financial crisis that overtook it in 2008. Our belligerent acts of self-destruction since 9/11 have more been acts of selfdistraction in that we have summoned up imaginary demons precisely in order to spare ourselves from facing the real burdens of our time.

That belligerence brings us to Ohio Governor John Kasich's favorite manufactured foil to demonize--public sector workers. I have laid out a long and winding road to speak to the root cause of how the anti-union-worker fires of scorn and scapegoatism have been ignited by the smoldering ashes of 9/11--manufactured by conservatives and funded by America's largest corporations. In our post-9/11 world, any conversation in regard to John Kasich and Ohio's Republicans' dominance of our state legislative process begins and ends with four letters--ALEC.

ALEC (American Legislative Exchange Council) is a toxic alliance of corporations and state legislatures that work together to ensure that corporate interests stay at the top of legislative agendas across the country. This alliance is anti-union, anti-working class, anti-regulation, and is pushing their corporate interests with complete disregard for any regulatory measure that could lessen their profits.

ALEC, not Ohio's elected officials, drafted the bulk of Ohio's union-busting Senate Bill 5--which a "No" vote on Issue 2 this upcoming election seeks to repeal. How do we know this? Recently, a leak of ALEC documents obtained by the Center for Media and Democracy revealed how ALEC's model legislation has spread

to the Ohio Republican legislature. The details of ALEC's model bills had once only been available to the group's 2,000 legislative and 350 corporate members. But thanks to Ohio's own Aliya Rahman, an economic justice activist, who was able to secure a leak of over 800 secret documents from a southern Ohio state legislator--we now have ALEC's blueprints for the wholesale dismantling of labor and the privatization profiteering schemes set to unfold as part of the manufactured working-class downfall.

In the world according to ALEC, government contributes nothing to profit other than a bloated military contract apparatus through which to pipeline public money. Outside of this role, it should be demonized, starved and privatized. Any force in a civil society, especially labor, that contests the rights of corporations to grab all social surplus for themselves, and that prevents the wholesale privatization of government services and function in order to treat people like liabilities and the earth like a sewer, should be eliminated.

This view of the world dominated the Ohio legislative sessions as Republican leaders pushed a consistent message--"Public sector workers are to blame"--and deployed legislative tools and language drafted by ALEC for a sweeping range of anti-union laws, the broad aim of which is to make it harder to be a union and easier for workers not to pay the costs of collective bargaining or union political activity. The Right to Work Act eliminates employee obligation to pay the costs of collective bargaining; the Public Employee Freedom Act bars almost any action to induce it; the Public Employer Payroll Deduction Act bars automatic dues collection; the Voluntary Contribution Act bars the use of dues for political activity. Yet, via the Supreme Court's Citizens United ruling allowing corporations to direct unlimited amounts of money into political races and ballot issue initiatives, over six million dollars has been raised so far by corporations in an effort to defeat the repeal of Senate Bill 5. It is estimated that by Election Day, over ten million dollars will be spent on public worker attack ads alone.

I don't know about you, but I would prefer that even ruinous legislation at least be drafted by those who were elected to occupy the Ohio Statehouse and not by a team of out-of-state lobbyists holed up in shadowy corporate bunkers. This spring, ALEC-model anti-labor laws--in the form of Senate Bill 5-- reached their tentacles into Ohio to create, among other things, laws to restrict the scope of collective bargaining; to eliminate "project labor agreements" and eliminate state "prevailing wage" requirements; and to preempt local living-wage ordinances or other labor standards. Just keeping track of all the antiunion legislation is often daunting.

I will be the first to acknowledge that unions are not as pure as the driven snow, but it has been well documented that states with high union membership

equates to higher wages across the board for ALL workers within those states. Are there inept and indolent public employees? Yes, of course, but every single sector of the economy has its share of personnel that just don't live up to certain standards. I have had the opportunity to work in the private sector, non-profit sector and now within the public sector, and no one sector trumps the other for worker productivity, passion and quality. I currently work for the City of Lakewood as a member of AFSCME Local 1043, and each and every day I recognize that it is a privilege to work on important public works projects for my community. It is not something I take for granted--I care deeply for my community and take pride in doing the job right and to the utmost satisfaction of our residents. I am not alone in that regard.

The willingness of people to blame unions for our economic crises is because there's so much anger in the public about the economy, but we haven't figured out who the real enemy is. People need more time to figure out the connection of the forces lined up against them, but they're getting there. It may be that unions and other progressive organizations, moved by the carnage, will work together and with the public to build a mass movement to reverse it. Many people are trying to do that now. The "No on Issue 2" campaign has become a virtual melting pot of the entire cross-section of the diverse economic, spiritual, racial, urban, rural, environmental and social justice interests and passions found throughout the State of Ohio--we have found a common bond that unites us. That common bond is the universal acknowledgement that capitalism has been corrupted. This is a problem where left and right can agree. When government and private finance are in bed with each other, it's not a left versus right issue; it's a haves versus have-nots issue.

Two important events happened this past month that I found most disturbing--they both point to the post-9/11 decline of America. At the September 16th Republican Tea Party debate, a cheering jeering crowd supported the idea that a sick person who didn't get health care insurance should be allowed to die. The very next day, the Census Bureau reported that poverty in the US reached its highest level since 1992. One in six Americans lives in poverty. These events are connected. When greed defines us and becomes our moral compass, then tolerance and humanity die, and prosperity is a casualty.

Yes, I have a problem with an attack on people who are a bright light in our economy--people who are committed to our communities and the welfare of our friends and families--and are targeted as the problem. I urge you to vote No on Issue 2 this November. The repeal of Senate Bill 5 will become a catalyst to help end the decade-long-running circus featuring illusion, delusion, distraction and deception.

Perspectives

Glengarry Glen Harding

by Bret Callentine

Seems like the days of "reading, writing and arithmetic" have taken a back seat to the new "ABCs" of the education process: "A. B. C...Always Be Closing...We're adding a little something to this month's sales contest. As you all know first prize is a Cadillac El Dorado. Anyone wanna see second prize? Second prize is a set of steak knives. Third prize is - you're fired. Get the picture? You laughing now? You got leads. Mitch and Murray paid good money to get their names to sell them. If you can't close the leads you're given - you can't close nothin'. You ARE nothin'. Hit the bricks pal, and beat it 'cause you are going OUT." This isn't a quote from the movie paraphrased in the title, it's the pep talk your sixth grader is getting at school.

I remember when I was in school. Yes, I did a fundraiser or two...a car wash here, a bake sale there, and I remember our band always sold fruit to help pay for their annual trip. But that's nothing compared to the constant bar-

rage of marketing coming home with my son today. "Market Day" brochures came home before we even filled out his orientation paperwork. We haven't seen a report card yet, but we've been hit up to order magazine subscriptions. Now he's selling frozen pizza, chocolate bars, popcorn, heck, I thought I saw an eighth grader selling timeshares in Florida to the crossing guard. I don't know if my son can conjugate a verb, but I'm pretty sure he's been instructed as to the legal definition of caveat emptor.

I'm not opposed to the kids trying to earn a little extra money for their extracurricular activities, but the way it looks, Lakewood has assembled a child labor force that could probably give China a run for its money. Ask the teachers to pay a little more toward their health insurance premiums and all hell breaks loose, but apparently our school system has no problem telling kids that they can't have a pizza party unless they sell a hundred dollars worth of crap for fifty dollars in profits so that the schools can get their cut of ten cents on the dollar.

Here's a novel idea, how about just tell the parents how short of money the schools really are? We know it's bad, but why not just be honest with us, instead of teaching my kid a new trade? I would much rather just pay for the education my son needs instead of all the gift cards I don't. You would think the schools would prefer to cut out the middle man. After all, do they really need the hassle of tracking down the orders, following up on reimbursement, and risking the blowback of getting a bad product? Besides, as the quote goes from another of my favorite movies: "What am I going to do with 40 subscriptions to Vibe?"

I know not every parent can afford to cut another check to the school system, but if our property taxes, sales taxes and lottery profits aren't enough to provide an education, is the answer really to add indentured servitude to our kids' already overwhelming list of homework requirements? It's not about the money; it's about trying to bring back a little slice of dignity to our chil-

dren's formative years. There are now laws on the books about bullying, but, while it's considered cruel if one kid makes another grovel for his money to buy lunch, apparently it's considered civic duty to make them panhandle for money to fund lunches.

Why is it that kids can no longer have a paper route and government thugs are shutting down lemonade stands that don't have the proper permits, but when the weather's nice, my porch is flooded with teenagers lugging around Tupperware bins full of promises of a better future? It seems their first lesson in capitalism is that the need for school supplies demands that they do the work.

I don't know how you solve the funding crisis. I don't know who's to blame for the budget deficits. And I know people don't want another school levy or tax hike. But, I do know we'll never obtain fiscal security by strapping our hopes to an eleven-year-old's ability to close a sale. You want recess? Forget it! Recess is for closers.

No Thanks, McDonald's

by Arlie Dorsch Matera

This summer, my family finally gave up on McDonald's. It shouldn't have taken this long—we saw Supersize Me when it first came out (seven years ago). We read Fast Food Nation and discussed its horrors with our friends. We've known all along that when it came to nutrition, McDonald's was at the bottom of the barrel. But we thought an occasional foray to the Golden Arches was forgivable. Everything in moderation, right? And we never went without a good excuse. "I was dying for ice cream, but I only had a dollar in my purse." Or, "A promise of fries on the way home was the only way I could get the kids to go to the store without a tantrum." It was just a drivethru. A blip in our day. We threw the bag away and forgot we'd ever been.

Then, the Detroit Theater closed. Suddenly we were looking at the possibility of a McDonald's, not buried on a back street or beside a freeway exit, but right in the heart of the place we call home (we live on Woodward Avenue, only a half-mile from the Detroit Theater) and we were appalled. Clearly it was time for us to do some thinking.

What was it that bothered us so much about this potential McDonald's? Was it nostalgia for the old Detroit Theater? Was it our distaste for the McDonald's menu—a perfect storm of high fructose corn syrup, trans fats, sodium, nitrates, preservatives, GMOs, and hormone-riddled meat? Was it the fact that McDonald's was angling to move in right down the street from an elementary school and a middle school, placing itself in the path of so many children? The answer to each of these questions is yes. But we were left with a lingering unease, a feeling there was something else we were missing.

Mayor Summers said, "The studies

are so thorough that a new McDonald's in the area is a signal...that this is a viable area to do business..." But, we already know Detroit is a thriving business district. Go into any slum and you'll find a McDonald's. What you won't find is a 56 West, a Root Cafe, or a Deagan's. Certainly, times are tough. The city of Lakewood, like its schools, library, and social services, needs every tax dollar it can get. Many of us are fearful about the future. But we're still here. We're here because we love Lakewood. We do not have to let fear cloud our judgment about what's really important to our community.

In the iconic run-on-the-bank scene from "It's A Wonderful Life" George Bailey begs his fellow citizens not to align themselves with Potter and his "easy" solution to their money woes, saying, "Don't you see what's happening? Potter isn't selling. Potter is buying! And why? Because we're panicking and he's not." Call me melodramatic (and I know there are those who will), but McDonald's is not just selling us cheeseburgers and fries. They're buying a prime position in our community. A place we are trying to encourage people to STAY, not just drive through. And therein lies the rub—this McDonald's, by its representatives' own admission, will do at least 80% of its business at the drive-thru. This is inviting a dramatic increase in traffic ills—congestion, speeding down side streets, illegal turns, impatient drivers cutting each other off—all the discourtesies that go hand-in-hand with drive-thru culture.

Does McDonald's have a right to exist? Sure. It's a good fit for a travel plaza—a place that isn't really a place, but more of a stop on the way between other places. Do we want to treat Lakewood like a travel plaza? Surely

not.

The Sloane McDonald's has been losing money for some time now, for the simple reason that it's out of the way. That fact speaks to all of us. What if we decided to let Lakewood's McDonald's die a natural death? What if we decided to spend our money at the Souper Market and T.J.'s Butcher Block and India Garden instead? Yes, it takes a little longer. Yes, it costs a little more. Yes, it's worth it.

So what can you do if you don't want to see a McDonald's (or one of

its many cousins) on Detroit? E-mail (mayor@lakewoodoh.net) or call (216-529-6600) Mayor Summers. Let the mayor and city council know you'd like to see an ordinance passed prohibiting new drive-thru restaurants on Detroit. Sign the online petition requesting that the city complete a traffic study for the proposed McDonald's development:

http://www.petitiononline.com/ Lak44107/petition.html

And last, but not least, put your money where your mouth is—boycott McDonald's. We're glad we finally did.

New Public Art Mural At Beck Center

continued from page 1

the United States and Canada. Since 1996, she has held tenure with Cleveland Exhibits and local Art Collectors. Cirque du Soleil hosted an art exhibit of her works at their corporate head-quarters in 2006. An award-winning movie based on her talents, "Pictures at an Exhibition" was recently assented

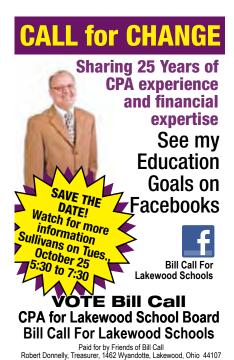


Italian and Classical American Cuisine

into the Cannes Film Festival.

Beck Center for the Arts is located at 17801 Detroit Avenue in Lakewood. For exhibit hours and more information, call 216.521.2540 x10 or visit www.beckcenter.org.

Beck Center for the Arts is a notfor-profit 501(c)3 organization that offers professional theater productions, arts education programming.



Pulse Of The City

Our Lakewood Public Schools... Something For Everyone?

by Gary Rice

The past decade or so has really brought the issue of American education to the forefront, has it not? Our public schools around the country have been pushing for higher and higher academic standards, as more parents, business leaders, and others compare American academic achievement with the world around us. About a decade ago, a Federal Law commonly known as "No Child Left Behind" (or NCLB) received broad bipartisan support so that ever-higher educational standards would become the law of the land. A system was put into place mandating that schools improve annually until 2014, when all schools would arrive at a baseline of universal proficiency. Failure to meet AYP (annual yearly progress) towards that goal could mean a loss of federal dollars for many schools around the country.

A national debate is currently underway about whatever changes to NCLB might be needed in the wake of the obvious problem that, by 2014, very few schools, if any, will be able to arrive at the level of universal perfection that has been mandated by that law.

There were, and still are, a number of problems with the creation and setting of those high standards, not the least of which was that local schools simply could not control all of the variables in the equation presented to them. Some schools dealt with large populations of immigrants or with students having special needs, while others dealt with lower income and resources issues. Many of the mandates presented to the public schools have also come without funding to pay for them. Private and charter school funding allowances have also eaten into the public school funds. Especially difficult to deal with in all of this was the parental part of the equation. Parents, of course, have everything to do with a student's success or failure.

Another perpetual difficulty with the public schools is the question of exactly what should even BE taught, tested, or measured? Controversy still rages in the fields of Science, Ameri-



Viktor Schrekengost's sculpture atop the Civic Auditorium is framed by icy skies and sidewalks in a fisheye image of Lakewood High School in wintertime. (Photo by Gary Rice)

can History, and Health classes as to what areas of knowledge should be emphasized. Having all students pass through the same academic cattle chute can also mean that many school vocational choices may end up being more and more limited. It's one thing to raise a generation of college-bound preppies, but America still needs people to serve the trades, and many school trade programs are now taking it on the chin. Twelve years of public school and four years of college, for example, will probably not provide you with the knowledge to fix your running toilet, or even to restring your guitar, for that matter.

I've been fortunate in my own life to have had a foot in both the academic and vocational worlds. As a retired school teacher, I deeply value the pursuit of academic knowledge, as well as a liberal arts education. At the same time, I enjoyed working with my hands and tackling the on-the-job problemsolving activities that went along with being a vocational trades person. One of my vocational skills involved musical instrument repair. As "Guitar Guy Gary" to the Rock and Roll Hall of Fame, I have probably given my attention to the guitars of more jazz and rock

stars than I can remember. I've worked on musical instruments ever since I was a teenager, fixing the castoffs from music stores, flea markets, and sometimes even garbage cans! Some of my guitar repair adventures have already been detailed for you in past columns. To me, bringing some old guitar back from the edge of disaster has always been a satisfying challenge. I will always respect the guitar mechanics, luthiers, and technicians of the world for their creative efforts to improve those banged-up bundles of wood and wire that go "twang."

I've done other vocational work in the past too. I even went to night school at Lakewood High many years ago and learned the photography trade. I ended up shooting weddings and all sorts of unusual assignments over the years (and I've written in other columns how you too can become a better photographer.)

As a product of the Lakewood Schools (LHS Class of 1969), I know that they have a great history of being responsive to our community in a variety of ways. Of course, from grades K-12 they've always done an outstanding job in responding to the needs of an increasingly diverse population. Lakewood, in many ways, has been an "entry-level" city of vocational training is of changing in our country, in that the Lakewood Schools has been at the forefront of eclectic educational opportunity all of us. That they have done while recently receiving an "rating from the State of Ohmany ways, has been an "entry-level" city

in the most positive sense of that term. People have come here from many lands and cultures in search of what we call the "American Dream." The Lakewood Schools were dealing with many languages and cultures a century ago, and they still do. These days, they even offer alternative school settings for students needing extra attention. As retired teachers, Dad and I continue to volunteer with the Lakewood Schools. Every time we come into a school building, we are reminded about the high standard of excellence that the Lakewood Schools offer to their students.

Adding to all of the above would be the exemplary services that Lakewood Schools offer to adults. The opportunity to complete high school is out there, of course, along with a great array of self-help continuing-education evening classes. While the nature of vocational training is constantly changing in our country, it is good that the Lakewood Schools have always been at the forefront of providing eclectic educational opportunities for all of us. That they have done all of this while recently receiving an "Excellent" rating from the State of Ohio speaks well for the pulse of this city.

Love To Sing And Dance? We're Looking For You!

by Barry Wemyss

The Gold Coast Follies is a musical variety group made up of seniors from Lakewood and the Greater Cleveland Area. Members range in age from 60 to 95 and are dedicated to staying active, having fun and making others smile.

The Gold Coast Follies was founded in 1987 under the direction of a former Ziegfield Follies girl. Many current and former members have had a background in show business, including night clubs, dinner theater, little theater and the USO.

Gold Coast Follies performances are quite memorable affairs. They include a number of musical and dance

renditions of all the favorites of the 30's, 40's and 50's. Members share the leading roles, so that everyone gets to showcase their own uniques talents.

The Follies average two shows a month at local community and civic gatherigns. Rehearsal is every Tuesday from 10:00 a.m. to 12:00 p.m. in the Woman's Club Pavilion at Lakewood Park.

It is time that you put your talent out for the world to see. Join the Gold Coast Follies as they take their show on the road.

For more information on joining the Gold Coast Follies, call the Lakewood Division of Aging at 216-521-1515.



Lakewood Living In Autumn

Lakewood In The Civil War

Underground Railroad Tunnels In Lakewood?

by Mazie Adams

The Lakewood Historical Society continues to commemorate the 150th anniversary of the Civil War with a series of articles focused on Rockport Township (now Lakewood) during that time.

For years, stories of underground railroad tunnels in Lakewood have been told. While there were certainly people involved in the anti-slavery movement in Rockport (now Lakewood), there is very little evidence that supports the tunnel idea. But there is reason for the confusion. There were tunnels in Lakewood, but they were culverts, sewer lines, or passages used by swimmers from the large lakefront estates.

Perhaps the most well-known tunnel was "discovered" in the early 1900s by a group of children at the northeast corner of Detroit and Summit. Written about in a 1934 Plain Dealer article titled "Queer old Tunnel Mystifies Lakewood," the fifty-foot-long tunnel led from a stone house and "was not large: perhaps less than 30 inches square. Even children found it cramped and stuffy quarters. But a man could crawl through it. The sides were of large cobblestones of "hardheads." Sandstone slabs two or three inches thick formed the roof. The floor was natural soil." The boys discovered the tunnel when their dog disappeared into a hole covered by a clump of bushes. The author, writing thirty years later, speculated the tunnel was built for the underground railroad. Several important facts challenge this notion.

First, activity for the underground railroad was neither underground nor on a railroad. Underground referred to the covert nature of the activities and "railroad" referred to the terminology people used when discussing the activities (i.e. stations, conductors, passengers). It was an informal network of secret routes and safe havens used by nineteenth century slaves to escape to free states and Canada with the help of allies who were sympathetic to their cause. While some traveled by train or boat, most escaping slaves traveled on foot or by wagon. Between 1850 and 1860, about one thousand slaves escaped each year. If there were underground railroad routes through Lakewood, it is unlikely that people would have travelled through a small, dark tunnel that ran from Detroit Avenue to the lake shore when foot travel through private farms and woods would have been possible.

Second, the description of the tunnel matches those of early culverts found throughout the city. When the plank road was completed along Detroit Avenue in 1848, ditches were dug along the sides to drain water from the road and under the road to help divert small streams that ran north to the lake. As the city grew, these open ditches were replaced with buried culverts. Early Lakewood historian Eric Lindstrom described Summit Avenue at this time as "nothing more than a

lane with a ditch on the western side, and a creek on the other side running from the Nickel Plate Railway north to the lake." It is likely this creek was later turned into a culvert and even later mistaken for an Underground Railroad tunnel.

William Corrigan, current Engineer for the City of Lakewood, notes that he has seen several of these old culverts throughout Lakewood. He states these culverts are lined with cobblestones and roofed with sandstone slabs, much like the tunnel described in the 1934 Plain Dealer article. Mr. Corrigan further suggests the Summit tunnel probably had a cobblestone floor that had been covered by years of dirt and silt (making the earthen floor seen by the boys). As further examples, Mr. Corrigan mentioned two culverts he has seen in Lakewood, one near Saint Edward High School and the

other north of that area along Madison Avenue. These two culverts helped to divert the stream that ran through what was the original Nicholson family farm.

Third, it was common for nineteenth century homes to be built over or near springs or small streams to provide a good source of water for the household. These springs or streams could also be diverted using small culverts or cisterns so that the homeowners could access them from inside their homes. The stone house mentioned in the 1934 article is shown on maps as early as 1858 and was probably built several decades before that. There was no city-wide water system in the area at the time, so a diverted or culverted stream would have been a logical addition to the home.

And fourth, the current cliff height at the end of Summit Avenue

is forty feet. While that height may have changed slightly over the years, it is illogical to expect escaping slaves to crawl through a thirty inch tunnel for 3,800 feet only to end up at the top of a high cliff, especially when there is much easier access to the lake in Cleveland or further west.

Taken together, these four points suggest that the tunnel discovered by the young boys was, in fact, an old culvert and not a passageway for the underground railroad. Our next article will focus on other tunnels found in Lakewood.

2011 is the 150th anniversary of the beginning of the Civil War-an appropriate time for the Lakewood Historical Society to consider Rockport Township's participation in the war. For more information on Lakewood's fascinating history, go to www. lakewoodhistory.org.



Marjorie Fow, Herb Fair Chair, and Bonnie Porterfield, Unit Chair, craft wreaths for the Herb Fair.

Herbs For Everyday Living

by Pam Goetsch

Immerse yourself in all things herbal on Saturday, October 8th, 2011 at the Western Reserve Herb Society's 66th Annual Herb Fair. This one day event held at the Cleveland Botanical Garden (the "Garden"), 11030 East Blvd., Cleveland, Ohio from 10:00 a.m. to 3:00 p.m. features unique and exquisitely handcrafted culinary and decorative herbal products. Parking at the Garden will be free with a \$20 Herb Fair purchase.

Horseradish was named "Herb of the Year" by the International Herb Association. You will discover unusual horseradish products with a bite such as jellies, mustards and other savories. Not to be missed in 2011, are our favorite artisanal herb breads, one-of-a-kind tussie mussies, ever popular soup wreaths and beautiful herb pressed notecards. Other products include delicious confections, unusual herb blends, fragrant potpourris and soaps, tangy herbal vinegars, delightful teas, and stunning wreaths. Each of our products make unique gifts and are designed to enhance everyday living.

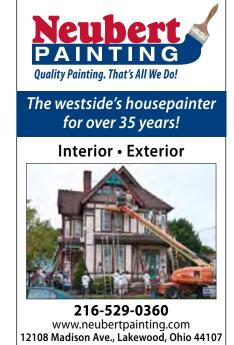
While at the fair, sample the quality of our locally grown herbal products, take a tour of our world renowned Herb Garden, buy raffle tickets for some truly distinctive garden plants, products and accessories and enjoy the wisdom of Kathleen Gips of the Village Herb Shop as this year's featured speaker. Your children will enjoy their own herb related activity. And when you leave, your purchases will be available for pickup in Will Call just adjacent to the elevators for the parking garage.

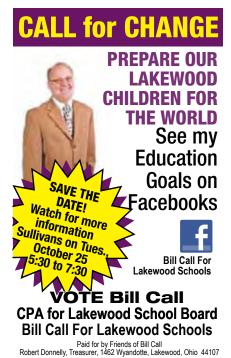
So, come enjoy this special day at our 2011 Herb Fair and celebrate sixty-six years of excellence with us. Whether you are enhancing your life, the lives of your families and friends, or even someone you have yet to meet, you will enjoy finding that special delicacy or delight at the Fair. We look forward to treating

you and you, in turn, will treat others as your purchases will support our public Herb Garden and the scholarships we give to horticultural students as well as promote community education in the use of herbs.

For a special preview of the 2011 Fair, visit www.westernreserveherbsociety.org.







Lakewood Living In Autumn

NEED HUMUS? Keep Lakewood Beautiful Humus Sale October 8th

by Melissa Meehan

Keep Lakewood Beautiful (KLB) is hosting their Fall Humus Sale again this Saturday, October 8, from 9 a.m. to 12 p.m. at the Skate House at Lakewood Park. Humus is that dark, nutrient rich, organic "stuff" that is great for your weary summer plants, new fall plantings, or winter garden protection. KLB volunteers will be assisting with the sale while the Lakewood High School baseball team will be providing the "muscle" to shovel and carry the humus bags to your car. Humus will sell at 2 bags for \$5.

Proceeds from the sale will go to supporting our 50+ Adopt-A-Spots and many other beautification, recycling and litter prevention projects in our city. As you are out and about, be sure to notice the fabulous efforts of our 150+ volunteers who care for all of these Adopt-A-Spot gardens located throughout our city.

Also be sure to look at one of our

other projects: the W. 117th Street Gateway Park on Detroit Avenue. KLB secured a Community Block Grant Fund and, along with assistance from the city, commissioned Brian Moran of Kinetic Gardens to redesign that green space. New trees, flowers, a walkway, and a sprinkler system were added to make that entrance to our city most welcoming, so stop by and enjoy the scenery.

KLB has also been busy choosing homes for our Beautiful Home Awards. This long-time tradition in Lakewood honors residents who have done an outstanding job of maintaining and beautifying their home and surrounding area. Community residents can send in nominations and the Board members choose a beautiful home in each of the 7 elementary school districts in Lakewood. Winners receive a Beautiful Home Award and are recognized at our Adopt-A-Spot Appreciation Breakfast in November.

We appreciate what residents do to make their homes and yards spectacular and continue the tradition of a city of beautiful and unique homes. Look for this year's winners to be announced shortly and find more information on our website, OneLakewood.com/KLB and on our Keep Lakewood Beautiful facebook page.

We hope to see you on Saturday for the Humus Sale at Lakewood Park, and hope you continue to recycle your plastics, cans, glass and paper, brownbag your yard waste, compost, ride a bike, shop local, put litter in trash cans and whatever else you do to Keep Lakewood Beautiful!



Football Team and KLB volunteers work the Spring Humus Sale Photo by Dan Morgan

Barbarians At The Gate

by Gabe Urasek

I was well into my afternoon walk when I noticed a destruction taking place on the corner of Detroit and Arthur that took my breath away.

No, it was not the razing of the Lutheran church, which in itself sad-

dened me, for it vividly spoke of the changing character of our society, but a wanton destruction of its spire. Yes, that beautiful, copper spire, resembling a witch's hat that the Lutheran congregation of time past found to be a suitable representation of the finger

Okay, so it was not Michelangelo's

of man touching the heavenly finger of

Sistine Chapel ceiling, but it was just as worthy. I'm positive that had Michelangelo had his druthers, he would have placed all other frescoes someplace else, leaving only the one of a man touching the finger of God, for it alone expressed man's feeble attempts with church towers and spires to touch the hand of God.

This particular spire, clad in copper sheeting, winding slowly upwards towards heavenly home, made a tentative but determined statement of its intention to reach for God's grace. I liked it!

And so, as I passed by, I noticed that it was carefully removed from its perch atop the tower, and placed intact on the ground. It gave the impression that it was on its way to a new and loving home, perhaps to an art collection, perhaps to a museum of old church

spires, or at least, to a Vegas yard of discarded casino neon signs.

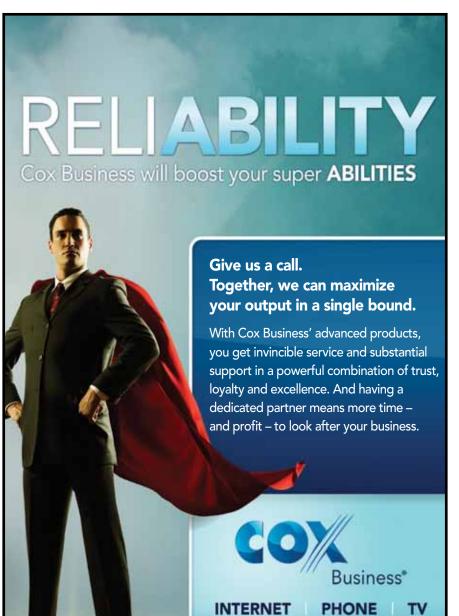
But, alas, it was not to be. The jaws of the monster wrecker mercilessly bit into its fragile form, pulverizing it into a pile of so much trash, and unceremoniously dumping it into a recycling bin.

What a shock that was, what a shame! Do barbarians have no sense of beauty, no understanding that the value is not in the metal but in the work? Would they tear down the Sistine Chapel for the bricks?

Ah, progress, progress, what price

Resigned, I continued on my walk. Should I hope that the new CVS building, maybe in its own commercial way, would have one, some, feature reaching out and upwards to God, even if only to its commercial god?

Hope springs eternal! Lakewood, go!



Pumpkin Palooza!

continued from page 1

high school volunteers, as well as crafts and a picture booth. Costume registration begins at 1:00 p.m., and the parade of costumes will take place at 2:00 p.m. (no masks, please). Again this year, one of the main attractions in Autumn Adventureland will be THREE large, inflatable attractions for the kids to bounce and play. These really popular items have been donated by Scherba Industries. If you get hungry with all the playing and bouncing, The Harvest Moon Café will have pizza and delicious baked goods for sale in the L-room. Young carnival-goers can drop in for spooky or silly stories in the Sleepy Hollow, provided by a librarian from Lakewood Public Library.

The Great Pumpkin Patch is full of creative and inspiring works of autumn art, and you can enter a raffle to take one home! Specialty pumpkins are donated by local artists, celebrities, businesses and organizations. We invite anyone who wants to contribute a decorated pumpkin themselves to drop it (or them!) off in the East Cafeteria on Friday, October 28th from 3:00-5:00 p.m. or on Saturday, October 29 from 10:00 a.m.- 12:30 p.m. (If you have any questions, please call 529-6045). Donated pumpkins can be real or made of craft material, but please no CARVED pumpkins; we would like for them to last as long as possible. There will also be pumpkins for sale that you can take home and decorate.

Head to Lakewood High on October 29 from 1:00-4:00 p.m. to enjoy all these activities, plus much more! You'll have the chance to see neighbors and friends, show off those cool Halloween costumes and support a wonderful fundraiser for two local social service organizations that provide critical services for our community. Come to Pumpkin Palooza!

Lakewood Living In Autumn

Cellar Rats Feature Small Scale Brews At Taste Of The Harvest

by Christa Kraft

Cleveland Beer Week is upon us! Now, the most important choice is what to drink. While most Clevelanders have enjoyed a Great Lakes or Buckeye Beer, few realize that really great beer is being brewed on both small and large scales by hobbyists and professionals alike right here on Cleveland's west side.

A group of Clevelanders named the Cellar Rats has spent over 10 years taking to their kitchens and basements to create unique, hand-crafted beer that they are showcasing at the Taste of the Harvest event on Friday, October 21 at the Lake Erie Building in Lakewood.

We caught up with local brewing kingpin and Cellar Rats founder Jerome Welliver of Westlake to get his take on the local beer scene. Welliver has been making wine since he was 11 years old and beer since 1991. Today Welliver is the owner of JW Dover Wine and Supply in Westlake and commercial brewer for Crooked River, Western Reserve and Black Box Brewing Co.

Welliver started the Cellar Rats in 2000. "Everyone was hanging around so we decided to make it official and now we have almost 70 members," he says. The Cellar Rats come from all over NEO, getting together monthly to discuss varied styles of admired commercial beers and wines, along with bringing their homemade creations to sample and critique. From harvesting to drinking, the Cellar Rats goal is to educate each other about the brewing process and help make each other better brewers and drinkers. "The beer and the wine stuff is so scary to some people," says Welliver. "I like breaking the globe of mystery or the 'you're not worthy' syndrome that has been created by a lot of wine and beer companies."

According to the National Association of Convenience Stores, craft beer sales soared 12 percent in value and 9 percent in volume in January to June 2010, compared to a U.S. beer market that fell about 3 percent during the same period. What is compelling people to make the switch from so-called domestic to true, from-your-neighbor's-basement domestic?

Welliver thinks the push towards locally grown products has altered the craft brew industry for the better, citing "local markets that are really changing the

face of the craft brew industry with a lot of craft brewers getting into growing their own hops, spices or fruit. Last year

I brewed a cucumber wheat with locally grown cucumbers." This year Jerome used paw paw, a custardy soft fruit from one of North America's oldest native edible fruit tree, for his Paw Paw Rye.

Dover Beer and Wine Supply opened in 1930 and was the oldest alcohol supply store in Cleveland. After years of patronage, Welliver bought the store in 1996 and reopened it as JW Dover. In 1999, he opened a winery in the same location, with Black Box

The Cellar Rats are often seen participating in events that help their communities, like the upcoming 4th Annual Taste of the Harvest, a benefit for the Covenant Adolescent Drug Treatment Center. The Cellar Rats are donating eight styles of craft beer uniquely brewed for this event and paired with appetizers from Cleveland's hottest restaurants including Dante, Crop Bistro, Light Bistro, Gatherings Kitchen, Porcelli Bistro, ABC Tavern, DragonFly, Garage Bar and Marigold Catering in the Lake Erie Building at 13000 Athens Ave, Lakewood, 44107. Visit www.tasteoftheharvest.com to buy tickets or for more information.

Brewery following in 2007. Welliver is also a contract brewer who bought the labeling rights and recipes to the Crooked River and Western Reserve brands. He manufactures those beers right in Westlake and puts them on the market locally for commercial purchase as well as kegs for restaurants or consumers. Crooked River is currently available at area Giant Eagle stores.

Welliver hopes for his business and brewery to help give life to his community and to Cleveland. "We're in this world how long? There are so many things that are against us in order to enjoy our lives whether you want to look at politics, health issues, climate and if we can get enjoyment out of brewing beer, and then drinking it, it's a great thing," says Welliver. "I have people that I have helped teach that now are in the business or they've found a hobby they love, which benefits our society and community, that's my spice of life."

Home Staging Tips For The Pet Owner

by Jackie Lewyckyj

While there is a (very) split opinion on whether to stage a home with pets, I feel that minimizing the fact that you have a pet is best. Yet, it all depends on which statistics you read; Home Staging for Dummies claims that about half of the potential buyers that tour your home will be pet lovers. Other home stagers have said up to 60% of home buyers have an aversion to pets due to simple dislike or a health reason. In other words, your beloved pet could be turning off up to 50%-60% of the potential home buyer traffic that is filtering through your home if you don't keep Fido out of sight during showings. Two things will happen with pets in the house:

- 1) A buyer is alarmed by a pet because they are afraid of, allergic to, or concerned about a dirty home.
- 2) A buyer falls in love with the pet and they don't pay attention to the house

Here is a list of advice (Some suggestions) for sellers when showing a house that has a pet are:

Remove photos of pets from the walls, shelves or refrigerators, true of any 'family' photos)

Clean food and water bowls regularly and hide them when not in use.

Stash away pet toys, crates, carriers and leashes.

Vacuum carpets, upholstery and

wood floors.

Keep litter boxes clean and out of sight, and remove signs of doggy potty pads.

Open windows to let in fresh air.

Neutralize odors with freshsmelling candles and air sanitizers (made for pet odors)

Hire professionals to remove unsightly pet stains.

Board or crate animals during open houses.

Repair any visible signs of pet damage, such as scratched walls or floors. Take your pet for a walk or out of the house for showings, if possible.

Minimizing "the pet effect" in a home for sale, while disclosing a pet as needed, is key in this competitive market to maximize the number of potential buyers for your home.

Jackie Lewyckyj is the Administrative Assistant for The Salem Team at Keller Williams Greater Cleveland West

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