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THE LAKEWOOD OBSERVER



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Volume 7, Issue 22, November 1, 2011

Redevelopment Of Aged Lakewood Plaza

by Sharon Stalker

Levey & Company, an Akron-based commercial real estate developer, will spend millions to completely renovate Lakewood Plaza. Levey and Company purchased the real estate with the goal of revitalizing and rebranding the center, located at Detroit and Mars Avenue in Lakewood.

The plans for the complete revitalization and ground breaking will begin this spring and will conclude at the end of summer.

The new design concept for Lakewood Plaza was held recently during a ceremony hosted by Lakewood Mayor Michael Summers and Lawrence Levey, founder and principal of Levey & Company. “We are very happy to be afforded the opportunity



to work with city officials on the complete transformation of Lakewood Plaza,” said Levey. “Our plans are to take this seventies style shopping center, and give it a new vision for destination shopping in Lakewood for the future.”

Drug Mart will anchor one side of the 47,228 square foot center. A mix of retailers have already signed on, including Dots, Radio Shack and Quaker Steak & Lube. A minimum of 2,080 to a mixed total

of 9,693 square feet is currently available for lease. “We will have quick success leasing this active, vibrant shopping plaza”

said Christopher McFarland, Vice President of Leasing & Site Acquisition for Levey & Company. For leasing information

contact Levey and Company at www.leveycompany.com or call Chris McFarland at 330-253-6958.

Levey and Company has specialized in the development, leasing, management and acquisition of commercial real estate since the early 70's. Larry Levey is a majority owner or joint venture partner in a commercial portfolio of more than 3,900,000 square feet.

Cannon Avenue Is Halloween

by Betsy Voinovich

“My wife and I are very big on Halloween,” says Brad, one of the founders and chief designers of Cannon Ave's Halloween experience. “I'm so excited I don't know if I'm going

to be able to sleep tonight.” It took a month to put up, he says, for just two hours of trick or treating on Halloween night, then two hours to take it down. But it's worth it.

The residents on the cor-

ner of Cannon Ave. (between Webb and Granger) started with just three decorations, at one house, eight years ago. This year it involves the entire corner, both sides of the street and

continued on page 5

Superintendent Jeff Patterson Presents “Excellent” Banner



At their Oct. 17 meeting, Superintendent Jeff Patterson presented the Lakewood Board of Education with a banner from the Ohio Department of Education recognizing the district's “Excellent” rating for the 2010-2011 school year. Presenting the banner were Superintendent Patterson, Linda Beebe and Edward Favre.



Fall Leaf Collection Schedule

by Melissa Garrett

The City of Lakewood will begin collecting loose leaves on Monday, November 7, 2011 and will continue until approximately Friday, December 16, 2011, weather permitting.

Prior to November 7 and after December 16, leaves will be collected only when they are placed in paper yard/leaf bags and set out along with regular refuse and recycling.

Due to the excessive

amount of leaves on Clifton Boulevard and Lake Avenue, these streets will be collected separately. Collection crews will start working at the east end of Clifton Boulevard and Lake

continued on page 21

Correction On Voters Guide

Kristine Pagsuyoin - Candidate for Lakewood Board of Education

Candidate Information, Current Occupation, Education, Qualifications

Educator, Small Business Owner

Masters of Education BA; Business/ Organizational Communication

Experience in business management and education to

make effective contributions to the Board. Additional community work includes: Co-founder “Brake-4-Kids”, “Clear-4-Kids”, attending board meetings, serving the Lakewood Family Collaborative and on district committees, and continuing research in education.

What do you feel is the most challenging issue facing Lakewood Schools?

In an uncertain economy, students' educational needs must be the first priority. The challenge is to ensure that the Board serves children first, and functions as a link between schools

and the public to guarantee that the needs and values of students and the community are represented despite funding cuts.

How would you address this issue?

Ideally, by establishing a citizen-based oversight/revenue-finding committee whose

focus is students' educational needs, and by hosting quarterly community/district forums. I will advocate for our kids on a state-level by focusing on funding reform, and on finishing construction of Lakewood High School, without relying on the financial health of the State.

A couple sentences were dropped from Kristine's response. The LO's policy is that we make the correction on the same page as the error. On something as important as an election we move it to page 1.

Calendar Page

Wednesday, Nov. 2 Annual Halloween Candy Buyback

3 - 5:30 PM, 13616 Madison Ave. The DeVor Dental Practice invites Halloween revelers of all ages to stop by their Madison Avenue offices to take part in a candy drive for America's men and women serving overseas in Afghanistan and Iraq. The candy will be distributed to our troops via Operation Gratitude. Help this year's goal of collecting 200 pounds of candy. As a token of gratitude, every child will receive a brand new \$1.00 bill for each pound of trick-or-treat candy he or she brings in to the office (up to 5 pounds). Joining the festivities will be Bobo the clown and his ark of balloon animals, as well as the Chick-Fil-A cow (hopefully), providing laughs and entertainment for all. Snacks will also be provided.

Dough for Diabetes

4 - 10 PM, Lakewood Donatos, 18100 Detroit Ave. Support Lakewood Hospital's Diabetes Assistance Initiative. Mention when ordering, and we will receive 20% of the proceeds from the sale. Applies to dine in, pickup or delivery.

Chucklefck Presents...An Evening With Al Jackson

8 - 10 PM, Reddstone (Battery Park) 1261 West 76th Street Dinner seating is limited, call Ramon at 440-522-7035 to reserve a table. <http://shows.chucklefck.com>. Check website for more details and show schedule.

Thursday, Nov. 3 LHS Barnstormers' "Dream Girl"

8:00 PM, Tryout Theater, Lakewood HS, 14100 Franklin Blvd. Shows also on Friday & Saturday, 8PM A comedy by Elmer Rice.. Tickets are \$5 at the door. See Page 9 for story.

Friday, November 4 Ambassadors Concert

7 PM, Calvary UMC, 16305 Hilliard Rd. See Page 14 for story.

David Mamet's RACE

8:00 PM, Shows also on Saturdays 8 PM, Sundays 3 PM through Nov. 20. Beck Center for the Arts, Mackey Main Stage, 17801 Detroit Ave. See Page 22 for story.

Blue Water Chamber Orchestra concert

8:00 PM, The Breen Center for the Performing Arts, St. Ignatius High School W. 30th Street and Lorain Ave. Show also Sunday at 3 PM. The Orchestra combines forces with acclaimed Opera Per Tutti in a semi-staged performance of Puccini's beloved masterwork, La Boheme. Andrea Anelli stars as Mimi with Leodigario Del Rosario as Rodolfo. www.bluewaterorchestra.com.

Evil Dead: The Musical

8:00 PM, The Cleveland Thunderdome at The Phantasy Theater located one door west of the Phantasy Niteclub in Lakewood. Nov. 4, 5, & 11, 12. Doors open at 7pm. \$20 General Admission Tickets and \$30 Splatterzone Tickets can be purchased at all Ticketmaster Outlets and Online, at The Chamber and The Phantasy Nite Club during weekend evening business hours. The SplatterZone is not for the squeamish! All other seats are what you'd normally expect. A non-bloody, old fashioned theater experience. Based on Sam Raimi's "Evil Dead" films, and poking good fun at the American Musical, this show is a bloody, campy, singing and dancing treat for any horror fan. www.phantasyconcertclub.net.

Saturday, Nov. 5 Screw Factory Artists Annual Holiday Open Studio

1 - 7 PM, Lake Erie Building, 13000 Athens Ave. This one-day event will feature over 30 Cleveland area artists. Participating will be the resident artists and many visiting artists. The Templar Motor Cars will be on display on the 3rd floor. Food truck Umami Moto will be joining us once again to serve up some amazing food. 2pm-? Please direct all open studio questions to Gina DeSantis at artzy_grl@yahoo.com. www.screwfactoryartists.com.

Lakewood Catholic Academy All Saints Auction: "The Legacy of Angels"

6 PM, 14808 Lake Ave. A celebration of the 160-year anniversary of the work of the Sisters of Charity of St. Augustine in Greater Cleveland. As special friends and supporters of Lakewood Catholic Academy (LCA), the Sisters will be presented with LCA's 2011 Insignis Award. Cocktails, dinner, silent and live auctions. Proceeds benefit the students, faculty and programs of LCA. www.lakewoodcatholicacademy.com

Sunday, Nov. 6 Santa Paws - Pooch Photos with "Real Santa Claus"

12:30 - 3:30 PM, 19565 Detroit Rd. Rocky River. See Page 15 for story.

Monday, Nov. 7 Lakewood City Council Meeting

7:30 - 9:30 PM, Lakewood City Hall 12650 Detroit Ave. **Beginner's Yoga Classes** 5:30 PM - 7:45 PM, "The Inn" at Lakewood Senior Campus, 1381 Bunts Road, 4th Floor. Every Monday (Nov. 21st excluded)two beginner's yoga classes. 5:30-6:30pm & 6:45-7:45pm. Classes are led by certified yoga instructor, Marcia Hudge. Yoga is a great way to relieve the stresses of the holidays!

Wednesday, Nov. 9 Live Well Lakewood Night Out presents: Becoming Heart Attack Proof

6:30 PM, Lakewood Baptist Church, 14321 Detroit Ave. Dr. Caldwell B. Esselstyn, Jr.will present his ground-breaking program backed by the results from his 20-year study that proves changes in diet and nutrition can cure heart disease. Join us for this presentation--it could save your life! Seating is limited. To reserve your seat, register at livewelllakewood.org or call 216-529-7695. See ad Page 17.

Evolution and Intelligent Design, A Presentation and Discussion

7 - 8:30 PM, Lakewood Congregational Church, Parlor, 1375 West Clifton Blvd Dr. Simon Fitzpatrick, Assistant Professor of Philosophy at John Carroll University, will present information and lead a discussion on the topic, Evolution and Intelligent Design. The event is free and open to the public.

Thursday, Nov. 10 Local H&R Block is hiring!

10:00 AM, 5861 Smith Road, Brookpark H&R Block, Brookgate Shopping Plaza H&R Block is scheduled to hire approximately 65 people in the district for the upcoming tax season. Applicants should bring a resumé, as interviews will be conducted on-site. Bilingual candidates are also encouraged to attend. Career Fair starts promptly at 10:00 am; The second one starts promptly at 6:00 pm. For more info, 216-362-9996 or lori.bellman@hrblock.com

Built on Dissent: The Occupy Movement & Free Speech

7:00 PM, ACLU of Ohio, 4506 Chester Ave., Cleveland Join the ACLU of Ohio, members of the Occupy Movement, and constitutional and criminal defense attorneys in a discussion about movement-building and the First Amendment. www.acluohio.org. **Lakewood High School Ranger Marching Band Concert**

7:30 PM, Civic, 14100 Franklin Blvd. Come hear the Ranger Marching Band perform its halftime show songs in the comfort of the Civic rather than the bleachers of the football stadium. This is the last performance of the season for the band so don't miss it!

Friday, November 11 Veterans Day Ceremony

11:00 AM - 12:30 PM, Lakewood Park, 14532 Lake Ave.

Saturday, Nov. 12 Annual Vendors Fair

10 AM - 3 PM, Grace Presbyterian Church, corner of Hilliard & Madison. One stop Christmas Shopping from all your favorites! Tastefully Simple, Avon, Tupperware, Scentsy, 31 Bags, Mary Kay, Party Lite, Arbonne, Princess House, Hand-Crafted Jewelry & Gifts, and more. Bake Sale. Raffle. Free admission. 216-228-6060.

LHS Orchestra Marathon Concert

5:00 PM, Civic, 14100 Franklin Blvd. This concert is the culmination of daylong, nonstop music by the LHS orchestras to raise money for the orchestra program. Come out and show your support for these dedicated musicians!

City of Lakewood 4th Annual Mayor's Ball

7 - 11 PM, Beck Center for the Arts, 17801 Detroit Ave. For more info, contact Holly Lauch at (216) 529-6602 or holly.lauch@lakewoodoh.net.

Sunday, Nov. 13 Organ Recital by Linda Gardner

4:00 PM, Church of the Ascension, 13216 Detroit Ave. Organist Linda Gardner will present a varied program of music for the organ. A free-will offering will be taken to support the continuing ministry of the Ascension Fine Arts Committee. Reception follows in the church undercroft. www.ascension-lakewood.org.


Many more listings at www.lakewoodobserver.com



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Upcoming Submission Deadline	Publish Date
Sunday, November 6	Tuesday, November 15
Sunday, November 13	Tuesday, November 22

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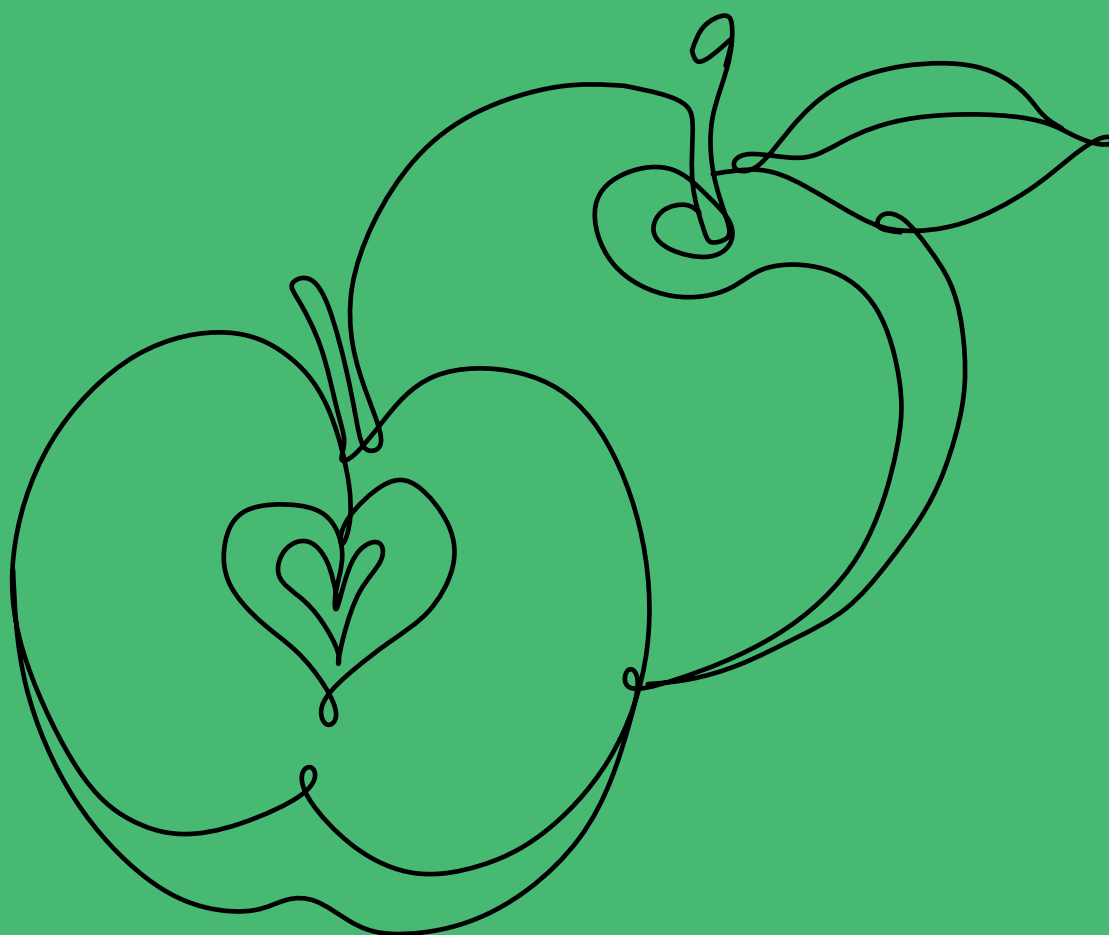


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PRODUCTION - A Graphic Solution, Inc.
ILLUSTRATIONS - Rob Masek
CONTRIBUTING WRITERS - Rachel Anzalone, Christopher Bindel, Alicia Bright, Ben Burdick, Jana Christian, Stephen Davis, Erika Durham, Allana Faith, Lauren Fraley, Melissa Garrett, Christine Gordillo, Sandy Hampton, Mary Johnson, Janet Kershaw, Arlie Matera, Christina McCallum, Dan Morgan, Leana Donofrio-Milovan, Meg Ostrowski, Melissa Page, Chris Perry, Nicka Petruccio, Dawn Pyne, Gary Rice, Mitchell Robida, , Casey Ryan, Matthew Sattler, Sharon Stalker, Angie Stokes, Fran Storch, Shannon Strachan, Rev. Dr. John Tamilio III, Kathryn Tatnall, Randy Varcho, Betsy Voinovich, and Barry Wemyss



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Lakewood City News

Planning Commission Defers Decision On McDonald's Development

by Chris Perry

On October 19, the Lakewood Planning Commission convened a special session for the pending McDonald's development proposal for the Detroit Theater property.

On the agenda was McDonald's request seeking the merger of two vacant parcels of land currently zoned for residential use (being the south 70 feet of the subject parcel) into one tax lot as an ingredient for its desire to obtain a conditional-use permit from the city to allow for an accessory parking lot in a residential district.

Without this necessary conditional-use approval for the south 70 feet (which also includes a portion of the proposed drive-thru), the McDonald's development would already be a done deal and would have proceeded much more unimpeded without this additional piece of oversight from our fellow citizens on the Lakewood Planning Commission.

In a word, the Planning Commission said, "Whoa!" As the meeting progressed, they recognized that much still remains unresolved and unanswered in regard to this McDonald's proposal.

The Planning Commission has not said no to the project as a whole, but wisely chose to defer any decision on the conditional-use permit until the next Planning Commission meeting scheduled for Nov. 3--as they requested additional, more specific traffic studies be done by McDonald's, and that the city look into traffic signal scenarios at both the Detroit/Woodward and Detroit/Hall intersections.

As the evening's events unfolded, I could sense a certain amount of unease with the Planning Commission members, as their questions were not always met with clear or concise answers given the gravity of this development proposal. The members of Lakewood's Planning Commission took this special session very seriously, and for that we should all be appreciative.

Once again, my fellow Woodward Avenue residents turned out in large numbers to express our concerns and

apprehensions. At this meeting we were also joined by residents from Hall Avenue and residents from various other locations throughout Lakewood. In all, nearly 30 residents came forward to take a turn at the podium before the Planning Commission, as we presented our own unique perspectives, our own unique range of emotions and our own unique set of concerns. Yes, it was emotional, but that was but a small part of it--this is an emotionally charged development--we are talking about people's homes and the quality of life we derive from them. People came forward with thoughtful, rational and meaningful concerns, grievances and proposed solutions--they did Lakewood proud.

The meeting began with a brief site plan overview presentation by Mike Lewis, McDonald's Regional Real Estate Coordinator; it was pretty much the same song and dance that was trotted out at September's Architectural Board of Review meeting. Speaking of the Lakewood Architectural Board of Review, after they gave conditional approval to the proposed McDonald's building design and site plan, they went back to McDonald's with a further condition that they alter the parking lot and drive-thru exits onto Woodward Avenue by adding "No Right Turn" signs and left-turn-only directional painting at each exit in an effort to better orient traffic flow back to Detroit Avenue. I would like to thank the members of the Architectural Board of Review for listening to the voices of Woodward Avenue residents by adding this condition to the proposal.

That being said, I shared with the Planning Commission our request and strong desire to take this significant development one step further by adding a fixed concrete curb as part of the directional painting as an additional assurance measure to better force that left turn back to Detroit Avenue and not have to rely on hope and a prayer that we count on the goodwill of people to abide by the "No Right Turn" signs and directional painting. It has been my observation, and many others can also attest to this, that the "No Left Turn"

sign at the Lakewood Library at the Arthur Street exit is routinely ignored by library patrons as they take a left to head south on Arthur rather than turn right towards Detroit Avenue as the sign directs. We do not want the negative impacts associated with that scenario being played out on a much larger scale.

This may seem a trivial matter to some, but it means the world to us in our corner of Lakewood. I think that the emotions regarding this development are rooted in the desire to strike a balance between commercial development and residential amenity--that human capital be on equal footing with commercial capital. We seek to achieve that equilibrium needed for Lakewood to grow into the 21st century in terms of meeting the needs of its citizens--such as providing some sense of assurance that measures will be in place to avoid adverse effects on residential property in the face of commercial development.

By adverse effects I mean traffic impact--the main topic of the evening as elements of the McDonald's traffic study were given much scrutiny by Planning Commission members and residents alike. The traffic impact study was done by GDP Group, an Akron-based engineering firm, and paid for by McDonald's to measure the current and potential post-construction traffic impact in and around the Woodward Avenue/Detroit Avenue intersection. All the data presented was based on three days of manual traffic counting that occurred on Sept. 20-22 from 7 a.m. to 6 p.m. at four different intersections along Detroit between Edwards and Westwood Avenues; and by road tube counts along Woodward Avenue from Sept. 27-29; which verified residential concerns that Woodward Avenue is used daily as a "thru" roadway for vehicles traveling through the area to the tune of 2,000 cars per weekday.

The city has also reviewed the

traffic study and finds its methodology typical of other traffic studies done on behalf of the city for prior projects. The McDonald's traffic impact study also included a review of historical traffic data and found that volume along Detroit Avenue has not changed since 1992, with the average being just over 9,000 vehicles per weekday.

The traffic impact study reached several key conclusions and makes a number of recommendations--the most poignant being the conclusion that the proposed McDonald's will have no adverse impact on the surrounding roadway network--while at the same time estimating that there will be approximately 400 total additional traffic trips generated to the McDonald's during the peak morning and evening rush hours. That figure alone warrants an adverse impact in my estimation.

Speaking of warranted, it was determined that the traffic light at the Detroit and Hall intersection is not warranted based on present and projected traffic volume--in its place should be a stop sign. It must be mentioned here that the city is also toying with the idea of removing that traffic signal as part of its ongoing Detroit Avenue Streetscape Plan. It is also recommended that no traffic light be constructed at the Detroit and Woodward intersection, as it too is deemed not warranted--in spite of all the drive-thru traffic exiting onto Woodward at this intersection. The study also recommends the removal of the pedestrian crosswalk on the west side of the Detroit/Hall intersection, as it would impede the proposed driveway entrance on Detroit Avenue.

One conclusion that jumped out at me, and with a member of the Planning Commission as well, is that this study has rated the attempt (post construction) to make a left or right turn at the Detroit/Woodward intersection as sub-standard--degraded to a "Level E" intersection on a

continued on next page

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Lakewood City News

Council Opposes State Control Of Municipal Tax Collection

Council President, Mary Louise Madigan called the October 17, 2011, Council meeting to order at 7:36 P.M. The first order of business was to excuse Councilman Powers (At-Large) who was absent due to “being called out of town.” Council agreed and passed the motion.

Councilwoman Monique Smith (At-Large) then read a communication from the Public Safety Committee regarding updates to the pit bull ordinance which was passed in 2008. The new ordinance clarifies some language, particularly the parts dealing with hearings on dangerous dogs. A member of the public asked Council a few questions about the ordinance seeking some clarification on the changes. Council then agreed to pass the ordinance with the changes, after it has spent some time in committee.

Next, Mayor Michael Summers asked Council to consider passing a resolution that would have Lakewood join other communities in Cuyahoga County in County Executive Ed FitzGerald’s Business Attraction and Anti-Poaching plan. The Mayor stated that the First Suburbs Consortium

by Christopher Bindel

spent a lot of time working on the plan and that it is much improved because of their work. He believes that Lakewood should sign onto the agreement as it lays the foundation for better regional cooperation and advancement.

Council referred the resolution to the Economic Development Committee for further consideration.

Police Chief Malley then asked Council to pass a resolution that would allow the City to accept a donation from the Estate of Margaret Mihalek to the Lakewood Animal Shelter. The amount of \$28,736.81 would be put into the Kennel Donation Fund to make improvements to the Animal Shelter. This comes after the City already received a donation of \$10,000 earlier this year from the same Estate.

Council proceeded to pass the resolution, accepting the great generosity.

Law Director, Kevin Butler, then asked Council to pass an ordinance that would change the word ‘superintendent’ to ‘Director of Finance or his or her designee.’ This change is being requested do to the fact that it was an error in the

first place, and was meant to be “Director of Finance, etc” originally.

Council referred the ordinance to the Rules and Ordinance Committee.

Law Director Butler then asked Council to pass a resolution extending the City’s Moratorium on Internet gaming/sweepstakes cafes and computer game centers. These centers allow people to participate in gambling whose legality is in question in the State of Ohio. The moratorium was first passed in lieu of local legislation as there was a bill in the State House to ban these cafes. Since there has not been action on the bill yet, Law Director Butler would like to extend the moratorium

to give the State a little more time to act. Butler also asked that the resolution be passed on its first reading as the current moratorium expires before the next Council meeting. Council agreed, and passed the resolution.

Coming to the end of a very short meeting, Council President Madigan adjourned at 8:12 P.M.

Council meetings are held every first and third Monday of the month at 7:30 P.M. in the City Hall Auditorium. The next regularly scheduled council meeting will be held on November 7, 2011. For a copy of the agenda or for any other information regarding the Lakewood City Council, you can find it at onelakewood.com/citygovern_council.html.

Vote Yes On Charter Amendments

by Stephen Davis

There are eight issues on this November’s ballot related to amendments to the Lakewood City Charter. A thoughtful City Council, the Law Director, resident charter expert Dr. Larry Keller, a few talented outside resources, and I, helped draft these amendments.

I have had the great pleasure and challenge of working on charter issues for twelve years. It is my goal, along with the others, to make sure that our charter serves our city now, and into the future. As the highest body of law specific to Lakewood, the charter should guarantee our home rule, define our form of government, guard the city and citizens against jeopardy, be amendable for changes in culture, law, and technology, and very clearly express the expectations and will of the voters.

From a citizen’s perspective, I endorse a yes vote on these charter amendments.

The following is a brief overview of the issues as announced on the city website:

Issue 65: Whether the charter should be updated to affirm the city’s ability to govern itself under home-rule authority given to municipalities by the Ohio constitution.

Issue 66: Whether certain judicial powers granted to the mayor should be removed from the charter.

Issue 67: Whether City Council should have the right to appoint acting and interim mayors from among Lakewood residents when the mayor’s office is vacant.

Issue 68: Whether the language on when appointed councilmembers’ terms expire should be clarified to eliminate confusion.

Issue 69: Whether the votes of appointed councilmembers should carry the same weight as those of elected councilmembers.

Issue 70: Whether City Council may adopt rules on where official city business is published, including physical locations and on the Internet.

Issue 71: Whether the charter should be clarified to ensure the city may use its home-rule authority to limit the duties imposed by state law on chief legal officers.

Issue 72: Whether improvements

to the city sewer system may be funded by the same millage earmarked for other public improvements such as wastewater treatment, streets, buildings and parks.

The Lakewood law department has prepared a citizens’ guide explaining the charter changes and showing the language to be modified. The guide is available in the City Council office and may be viewed on the city’s website by going to http://www.onelakewood.com/pdf/2011_CharterChanges_CitizensGuide.pdf

The entire charter may be viewed at this link. <http://www.onelakewood.com/CityCouncil/CityCharter.aspx>

LWV Supports Proposed Changes To Lakewood Charter

by Janet Kershaw

The League of Women Voters Cuyahoga Area, Lakewood Chapter endorses the eight changes to the Lakewood City Charter. Issues 65 through 72 on the ballot clarify language concerning the powers of city government, succession and appointments to office for vacated mayoral and council positions. The language of the endorsed changes has been simplified to allow all citizens to better understand Lakewood’s City Charter.

Full information on the eight charter amendments is available in print at the Lakewood Public Library and on the city’s web site www.onelakewood.com under the City of Lakewood blog.

Become an informed voter and be sure to vote on November 8. The League of Women Voter’s mission is to encourage all citizens to be informed voters.

Cannon Avenue

continued from page 1

other houses on the block, complete with their “signature”-- a happening, shall we say-- that’s one of a kind in Lakewood.

If you’re really lucky, the Halloween spirit might move the crew on Cannon to leave it up for one more day.. just for yoooooooo.(Rhymes with boo.)

Commission Defers Decision On McDonald’s Development

continued from previous page

scale of A (being no-delay) to F (being a significant delay longer than 45 seconds). Presently the intersection is rated a “Level C.” The McDonald’s traffic study deemed this impact as acceptable and not adverse to the existing traffic pattern wholly on the basis that a traffic signal is not warranted for the intersection based on a single-day traffic count and Ohio Department of Transportation signalization guidelines.

This conclusion alarmed the Planning Commission and is one of the primary aspects of the study which they found to be inadequate, as it left too many unresolved questions that need to be answered at the next Planning Commission meeting. Can a signal not be warranted for the good of the community? We are our own city; we have our own autonomy to warrant what is needed within our city limits and not be indebted to statewide statistical data or succumb to the overgeneralization of traffic study software. The human beings who reside here know what is needed, and can better define adverse commercial development.

Another aspect of the traffic impact study is that when the study was undertaken, and all the traffic simulations shown at the meeting, it did not take into account the fact that the current proposal calls for “No Right Turn” signs and left-turn-only directional painting at each exit onto Woodward Avenue in an effort to orient traffic flow back to Detroit Avenue. The Planning Commission asked that the traffic impact study be revised to include this aspect of the proposal and how it may adversely impact the Detroit/Woodward intersection.

The Planning Commission deserves our praise; they recognized

that much remains unresolved for this development. They recognize that McDonald’s is not the face of Lakewood and that the pursuit of such development may irreparably harm and alter our city, the people who live in it and the democracy with which we govern ourselves. One of the tenets of future Lakewood development-- that it not adversely affect residential property--guided them. The Planning Commission was right to defer this process until key components are resolved to our citizens’ satisfaction.

As Lakewood enters its second century, we find ourselves at a relative political peace at this time--a time that should not be squandered. A time that should foster an environment in which citizens, the mayor and city council, together with the expertise of our Planning Director and his department and our volunteer citizen Planning and Architecture Commissions pursue the preservation of what our city’s founders bequeathed to us--the inheritance of the streetcar era and the economic and lifestyle assets still in place from that era that define the architecture and function that differentiate our streets and neighborhoods from the evils of post-WWII suburban-sprawl development.

I hope to see as many of you as possible at the Nov. 3 Planning Commission meeting at 6:30 p.m. in the City Hall Auditorium. If we truly desire to empower our city with the best defenses and tools necessary to preserve and accentuate the Lakewood we already have, we need to insert ourselves within the process and play a role in the preservation of our Lakewood. “Truth between candid minds can never do harm” -Thomas Jefferson.

Lakewood Public Library Events

compiled by Leana Donofrio-Milovan

Nov. 5
Film Neo Noir: “Body Heat”

On a hot summer evening on the Florida coast, the classic femme fatale returns in the form of Kathleen Turner. Waiting for her at the bar is William Hurt, a small-town lawyer who is smitten by her beauty and her throaty innuendos. But Turner has a husband who stands in the way... Kasdan’s first picture may be a throwback to old school Noirs, but the age-old themes of lust and greed were not exactly out of place in the ‘80s.

Saturday, November 5 at 6:00 p.m. in the Main Library Auditorium

Nov. 6
Sunday with the Friends: Opera for You

Elegance returns to grace the Library with another showcase of wonderful arias and exquisite scenes from famous operas by baroque, classical and romantic composers.

Sunday, November 6 at 2:00 p.m. in the First Floor Multipurpose Room

Nov. 7

Health and Wealth: You Have Been Named Executor-Now What?

With three decades of financial experience at her disposal, Sandra Anderson helps prospective executors understand the legal process, address their immediate concerns, and decide whether probate proceedings are necessary to settle an estate efficiently. She will also provide information that will help attendees get their own affairs in order.

Monday, November 7 at 7:00 p.m. in the Main Library Auditorium

Nov. 8
Business Book Talk: The Thank You Economy

Get down to business with like-minded Lakewoodites. Tim Zaun will put a friendly face on the new ideas and latest innovations coming your way.

Tuesday, November 8 at 7:00 p.m. in the Main Library Meeting Room

Nov. 9
Meet the Author: Grant Bailie: Tomorrowland

“Hello. This is the future. See our spaceships. See our moving sidewalks and silent cars. See our tallest, shiniest building and the bright blue sky that teeters upon its point. Walk in our quiet parks and observe the pretty, handsome people, the brightly colored birds living happily in cages built or evolved right into the trees. So much seems to have changed over the years, and yet at certain angles, under certain lights, this world might look the same as it did a decade or a century ago. We seldom tear down and build up from scratch completely. There is always the refurbished, the recreated, the renewed. And away from the city, in other neighborhoods, on other planets, it will forever be the style to live in old-fashioned homes, with wrought iron fences, lampposts and all the trappings of what we imagine to be a more innocent time. Our vehicles (Metal or plastic? Three wheels or four?) might give us away, but we tuck them neatly behind the antiqued wooden doors of garages made to look like carriage houses. And really, our cars and clothes are not so different as you might imagine. Styles change and change back again. Technology advances but then hides itself. People themselves do not evolve (no larger foreheads or telepathic powers, I am sorry to tell you) and if it were to all fall apart tomorrow it would not be long before witches would be burned at the stake again and some randomly selected race or class run out of town on a rail. But it will not all fall apart tomorrow. We will go bravely forward, making new discoveries, inventing new things, then hiding them all behind the wood paneling, the fake bookcase, a plastic shrub.” Books will be available for sale and signing at the event.

Wednesday, November 9 at 7:00 p.m. in the Main Library Auditorium

Nov. 10
Booked For Murder: “Blue Heaven”

Small town Idaho is the setting for a grisly crime in the woods witnessed by a young brother and sister. It’s a good thing that Blue Heaven is a community filled with retired LAPD, but crooked cops retire, too. With the kids on the run for their lives, an inexperienced sheriff turns to the killers for help. Can a bad luck cowboy save the day?

Thursday, November 10 at 7:00 p.m. in the Main Library Meeting Room

Nov. 11
Silent Movie Live with David Drazin: “Sherlock Jr.”

Let’s go back in time! David Drazin is a nationally-renowned pianist who specializes in the lost art of silent film accompaniment. You won’t find any sheet music and you won’t hear any ragtime. David is known for his live improvisation with jazz and blues over black and white. To put him to the test, we’ll be screening Buster Keaton’s eye-popping comic masterpiece about a lovelorn projectionist who liter-

ally jumps in and out of the picture. You won’t believe your eyes and you won’t believe your ears! Bring snacks for the whole family, but chew quietly... We’re trying to listen to a silent movie.

Friday, November 11 at 7:00 p.m. in the First Floor Multipurpose Room

Nov. 12
Lakewood Public Cinema: “Funny People”

Adam Sandler is dying. That may be good news to some of you, but perhaps you’ll reconsider after his unflinching performance in this hilarious drama about the dysfunctional lives of people who are funny for money. Seth Rogen co-stars as an up-and-coming comic who gets a golden chance to be his idol’s lackey and finds himself torn between disillusionment and opportunity. Everybody suffers, of course, but is it funny?

Saturday, November 12 at 6:00 p.m. in the Main Library Auditorium

Nov. 13
Sunday with the Friends: Michael Bay & Ki Allen

Noted blues guitarist Michael Bay has the pleasure of accompanying one of the great jazz voices in Cleveland—the inimitable Ki Allen. Her warm, clever phrasings will be a welcome addition to your humming repertoire for years to come.

Sunday, November 13 at 2:00 p.m. in the Main Library Auditorium

Nov. 14
Health and Wealth: How to Buy and Finance a Car

Buying a vehicle can be a harrowing experience, but you can find a great deal and have fun doing it with help from Mark Dubis. He’ll show you how to locate reputable dealers, choose the right vehicle and negotiate the best terms. Should you get the service contract? Are you getting a good price on your trade-in? Ask Mark!

Monday, November 14 at 7:00 p.m. in the Main Library Auditorium

Nov.15
School in Cinema: We are the People We’ve Been Waiting For

Although this documentary from across the pond focuses on education in the UK, the lessons learned apply all over the world. Are young people being provided good opportunities to develop their talents? That’s the question put to a diverse group of experts including Henry Winkler, Bill Bryson and Sir Richard Branson.

Tuesday, November 15 at 7:00 p.m. in the Main Library Auditorium

Knit & Lit

Gail Eaton hosts a social club for multitaskers—a combination book club and stitchery group. She’s looking for readers who can enjoy intense discussion of modern classics while relaxing with their latest project. Come share your passion for great literature and show off your knitting, crocheting, counted cross-stitch, embroidery and quilting works-in-progress. At the close of every meeting, the group decides which book will be read for next time. Visit www.lakewoodpubliclibrary.org/bookclubs for a complete list of the books being considered and find out which title you should read to be ready for the next discussion.

Tuesday, November 15 at 7:00 p.m. in the Main Library Meeting Room

Nov. 16
Health and Wealth: Inflammation Nation

Would you like to live a more natural and healthful life? Holistic wellness coach and master herbalist Rachel Anzalone confronts your greatest health challenges with her powerful plan.

Wednesday, November 16 at 7:00 p.m. in the Main Library Auditorium

Nov. 17
Health and Wealth: Psychology of the Successful Entrepreneur

Before you turn your passion into a business, study the psychological attributes of successful entrepreneurs with the always-inspirational Laura Varcho. You’ve got what it takes!

Thursday, November 17 at 7:00 p.m. in the Main Library Auditorium

Lakewood Library And Tri-C Team Up To Offer Free Job Help

by Leana Donofrio-Milovan

Polish your resume, stand out from the crowd and land that job with the help of a new program at Lakewood Public Library in partnership with the Career Development and Transition Services of Cuyahoga Community College.

Stop in the Main Library Technology Center from 4-7 p.m. on November 10 or 17 to take advantage of these free, 20-minute sessions, designed to help job seekers increase their chances of landing the job they are qualified for. Resume Tune-Up will give you the chance to get a Career Services Consultant’s opinion on how minor changes to your existing resume can give you better results. From formatting and appearance to content, an experienced career coach will provide advice that will put you in the best light possible.

This program is free and no reservations are needed. To learn more about

all the free classes taking place at your Lakewood Public Library please visit www.lakewoodpubliclibrary.org/classes.

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LPL Events

The Future Is Not New Meet the Author:

Grant Bailie

by Leana Donofrio-Milovan

When Grant Bailie was a kid he had a set of science encyclopedias that predicted the future. It was a future full of magical new inventions and far away worlds. Everything was going to be shiny, different and new. The problem is they were wrong.

"I remember according to those encyclopedias I was supposed to be driving a flying car and living in a colony on the moon by now," Bailie said.

Out of those wayward predictions, however, a small seed of inspiration grew and his new book was born. Meet Bailie when he presents this new novel "Tomorrowland" at 7 p.m. on Wednesday, Nov. 9, at Lakewood Public Library in the Main Library Auditorium.

A book about the future and new worlds would seem, to most, to be Science Fiction. Not necessarily so, says Bailie. "I like to consider my books less Science Fiction and more Abstract Fiction. I like the elements in Sci-Fi mostly for their unreal or magical or dream-like qualities. But maybe I am just kidding myself. Maybe all Science Fiction writers tell themselves these things so people don't think, oh, one of those writers, and picture broad-chested men brandishing ray guns. The important thing to remember is that in reading my books you will walk away with absolutely no new or useful scientific knowledge."

All sarcasm aside, "Tomorrowland" is proving to be more than just another Sci-Fi novel. Bailie posted a truly intriguing and poignant portrait of his book online. At first glance it seems awfully long, but Lakewood Public Library was so impressed by his description nestled appropriately in the virtual world that they ran it word for word in the Library program guide.

"Hello. This is the future. See our spaceships. See our moving sidewalks and silent cars. See our tallest, shiniest building and the bright blue sky that teeters upon its point. Walk in our quiet parks and observe the pretty, handsome people, the brightly colored birds living happily in cages built or evolved right into the trees. So much

seems to have changed over the years, and yet at certain angles, under certain lights, this world might look the same as it did a decade or a century ago. We seldom tear down and build up from scratch completely. There is always the refurbished, the recreated, the renewed. And away from the city, in other neighborhoods, on other planets, it will forever be the style to live in old-fashioned homes, with wrought iron fences, lampposts and all the trappings of what we imagine to be a more innocent time. Our vehicles (Metal or plastic? Three wheels or four?) might give us away, but we tuck them neatly behind the antiqued wooden doors of garages made to look like carriage houses. And really, our cars and clothes are not so different as you might imagine. Styles change and change back again. Technology advances but then hides itself. People themselves do not evolve (no larger foreheads or telepathic powers, I am sorry to tell you) and if it were to all fall apart tomorrow it would not be long before witches would be burned at the stake again and some randomly selected race or class run out of town on a rail. But it will not all fall apart tomorrow. We will go bravely forward, making new discoveries, inventing new things, then hiding them all behind the wood paneling, the fake bookcase, a plastic shrub."

Bailie wants readers to come away with the same things he wants when reading a book: "...to share some new and entertaining and possibly even enlightening dream with the author. John Cheever described literature as the highest form of communication between intelligent adults and I like that idea. That sounds like the sort of conversation I want to be a part of."

Books will be available for sale and signing at the event.

This free event will be held in the Lakewood Public Library Main Auditorium at 15425 Detroit Avenue. Visit lakewoodpubliclibrary.com/literary for more events. No registration is needed. Call (216) 226-8275 ext. 127 for more information.

Art Explosion's Eighth Season Finale Approaches

by Nicka Petruccio

Lakewood Public Library's art program for middle school age children is now in its 4th year, having eight successful seasons under its belt. This latest season featured a mixed bag of projects including the creation of Abstract, Representative, and Non-Objective pieces, Limited Pallet paintings, Non-Portrait self portraits, and even a special Halloween Zombie Makeup workshop. All of these works of art and more will be on display to the public during the Art Explosion Art Show, happening Saturday, November 19th, from 3:00pm to 5:00pm in the Main Library Multipurpose Room. Join us for refreshments, a slide show, and an excellent selection of works by our amateur artists.



An Art Explosion student draws from a sculpture he's created.

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Lakewood Public Library Events

The Sound Of Silent Greats: David Drazin Live

by Ben Burdick

I confess that I love old black-and-white movies and, yes, silent films never cease to amaze me. Sometimes I can't believe how good they were! There will never be another stone-faced genius like Buster Keaton and (apologies to Robert Downey Jr.) the pathos and personality of Charlie Chaplin has yet to be matched. I swoon for the tragic stare of Louise Brooks. And the raw, magical inventiveness of Georges Méliès (think *Voyage from the Earth to the Moon*) puts a chill in me the same way that today's CGI blockbusters frankly don't. I love the over-the-top drama. The lingering looks. The title cards—ornately written but always direct and to the point. The one thing I don't love is the silence...

Maybe I'm too easily distracted or perhaps I just don't care for the canned, rinky-dink ragtime music that accompanies so many silent film DVDs, but the sad fact is that it's easier to engross yourself in the likes of the Three Stooges than it is Harold Lloyd. A good soundtrack makes all the difference. The great pleasure to be found in these mute gems takes a little work—more than most of us can muster at the end of a long day. And so, silent films become a little more irrelevant with each passing day, even as they become more available than ever before.

Before we forget these milestones



altogether, the Friends of Lakewood Public Library have invited celebrated silent film accompanist, David Drazin, to bring Buster Keaton's surreal, hilarious and heartbreaking *Sherlock Jr.* (1924) to life on Friday, November 11 at 7:00 p.m. in the First Floor Multipurpose Room. Admission is free and open to all. (Learn about more free films at www.lakewoodpubliclibrary.org/film.) The story concerns the daydreams of a lovelorn film projectionist who literally jumps in and out of the silver screen and interacts with the movies. The effects are as seamless as they are eye-popping. You won't

believe it was made in 1924!

There used to be thousands of silent film accompanists in the early days of cinema. Most of them were no better than barroom hacks, but a celebrated few rose to the occasion to create a new form of improvisational art, channeling real-time emotion, anticipating turns of

plot and tying everything together with on-the-spot rearrangements of popular tunes. Non-stop practice in front of live audiences helped. The best of the best went on to be the first film composers of the talkie era. Perhaps you're familiar with the works of Carl Stalling? The mad soundscapes of the Looney Tunes began with a silent film piano player let loose on an orchestra.

Our guest performer, David Drazin, is a bit of a time-traveler, bringing modern perspective to an old-fashioned trade. His job is easier because he doesn't work the same grueling schedule as his predecessors and he already knows his films inside and out. But his job is harder too, because he seeks to entertain a more sophisticated audience weaned on a century of soundtrack stimuli. With Buster Keaton as his collaborator, Drazin knows no fear. He'll bring a thunderous blues sound with him, more powerful than your preconceptions; able to blow away the dust of time and bring the dead back to life. Can you tell that we're excited?

Who's That Librarian?

by Arlie Matera

1. **Name/Position:** Roy Pitchford, Supervisor Library Department: Everywhere

2. **Birthplace:** Oshkosh, Wisconsin (yes, like the jeans)

3. **Tell us something interesting about you:** I can and have done just about every job in the library, despite having no library-related degrees. I have never read any of the Harry Potter or Twilight books, nor do I plan to.

4. **How long have you worked at LPL?** Since July of 1998, more than 13 years.

5. **What's your favorite spot in the library?**

The computer room. Anywhere else, I would be limited to what is available on the shelf. With the Internet, I can read, hear or see just about anything I could possibly be interested in.

6. **What are you reading right now?**

Reagan, Man of Principle by John Harmer and 1001 Movies You Must See Before You Die. I've seen 316 (and counting) of them.

7. **If you were stranded on a deserted island, what three books would you want in your backpack?**

The SAS Survival Handbook and The Adventures of Robinson Crusoe for actual reading. I'd take a copy of the United States Tax Code which I'd use, a few pages at a time, for kindling.

8. **Do you have a favorite childhood memory of the library?**

When I was little, my family had several BETamax VCRs. Sometimes, though, my dad would borrow a VHS player from where he worked. I'd always want to take a trip to the library so I could get some VHS tapes (usually National Geographic) to watch while I had the opportunity.

9. **Suddenly you find yourself living the life of a book character. Who are you and why?**



Roy Pitchford channels Indiana Jones on Halloween.

Can You Win It In A Minute At Lakewood Public Library?

by Kayhryn Tatnall

Hey teens! Do you have what it takes to win it in a minute? Join us Saturday, November 12th at 3pm for Lakewood Public Library's, "Can You Win it in a Minute?" Based on the NBC game show, "Win it in a Minute," this program will ask two person teams to compete in events based on those that you would see on the television show. Have you ever tried to stack six dice on the end of a Popsicle stick while holding it in your mouth, or stacked 7 sponges on your forehead while standing and leaning back? It sounds so easy, right? Give it a try at home. As a matter of fact, you can try all the events required for this game at home. Check out the LPL Teen Space by following a link at

www.lkwdpl.org/youth/, just look for the Teens tab. There you will find videos to explain how each game is played. Practice is encouraged if you really think you can win it in a minute!

Registration is required to participate. Please call 216-226-8275 ext. 140 to sign up. You may sign up as a team of two, or an individual. Each team member must sign themselves up, but let us know who your team member will be when registering. If you chose to sign up as an individual you will be paired with another individual so that you can play the game. If you have any questions please just give us a call. The object of the game is to have a great time, so join us, we think you will!

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This is a tough question. Since the Star Wars films were novelized, I suppose I could be any of those characters. Or Ian Malcolm from Jurassic Park (played by Jeff Goldblum in the movie). He's highly intelligent and analytical, but a little eccentric. He also has the opportunity to see and interact with real-life dinosaurs.

10. **What might surprise us about your work at LPL?**

I'm the only staff member regularly scheduled to work at both branches. Patrons from one branch visiting the other will ask, "What are you doing here?" I've even run into the same person at both branches in the same day.

Lakewood Schools

Garfield’s Ladies Luncheon Club Boosts Members In Many Ways

by Christine Gordillo

The middle school years are notorious for being tough emotional ones for tweens and young teens coping with physical, emotional and social changes all while trying to succeed in school. Some more than others need extra support beyond their families and friends to help them navigate those middle years. That’s why Garfield Middle School teacher Pam Thompson started the Margaret Warner Ladies Luncheon Club six years ago with a grant from the Lakewood Alumni Foundation’s Margaret Warner Educational Grants Fund – to provide a place where a group of girls could build strong self-images and friendships.

“I believe the club is so important for all girls, but in particular the middle school age, as that is when students are trying to come to terms with the oftentimes challenging phase of growing from childhood to adolescence and how to “fit in” within their peer group without compromising their integrity,” Thompson said. “This club provides that sense of belonging and friendship so important to this age group. We

strive to promote an encouraging environment for girls to develop a strong positive self-image, discover opportunities to create future educational goals, and learn successful peer interactions.”

Thompson and her fellow club advisers – Deb Happel, Lana Wade, Patti Witri and Ruthann Yoder – develop activities, outings and service projects for the club’s bi-weekly meetings to foster that sense of self and assuredness that some of the club members might not otherwise feel. The mix of activities is aimed at showing the girls proven paths to success through education while also fostering friendships and a sense of inclusion.

Lessons at the regular meetings focus on goal-setting, positive peer interaction and boosting self-esteem. Twice a year guest speakers address the girls at a special luncheon; field trips to local colleges offer inspiration to work hard in school; and an annual sleepover with a fashion show gives the girls a chance to bond and relax together with their sponsor teachers.

“I really like it,” said three-year



Myranda (far left) and Alyssa Cardona check out the information on a cereal box label as part of their training to be Giant Eagle “Shopper Helpers” for seniors. Also pictured are Bailey Robbins (back left), Savana Stojanovski and Giant Eagle nutritionist Judy Dodd.

club member Michelle Reese. “We get together and (the advisers) help us set goals for the year. It has also helped me make friends,” Reese said.

Another aspect the advisers emphasize with the girls is community service. If you happen to shop at Giant

Eagle on Bunts Road, you might just see some of the club members immersed in their service project for this year. The girls in the club will be serving as Giant Eagle’s first ever “Shopper Helpers” for seniors, providing them young able bodies to read labels, reach items, push heavy carts, etc.

“This is something (Shopper Helpers) we had thought about doing before,” said Giant Eagle nutritionist Judy Dodd. When Thompson approached Giant Eagle with the idea, Dodd saw it “as the perfect opportunity.”

“Our seniors would love to have the help, they (the girls) are doing community enrichment and they learn something about healthy eating and nutrition awareness... I love the idea,” Dodd said.

About 20 of the club members spent some time recently training at Giant Eagle on how they can help seniors. Much of the focus was on reading labels and what to be aware of when reading them as well as some advice on smart value shopping. The girls will be at Giant Eagle each Thursday afternoon through the school year.

It’s just one of the ways these girls, together, are building themselves up and learning to be good citizens and role models.

Barnstormers’ “Dream Girl” On Stage Nov. 3-5

by Christine Gordillo

The Lakewood High School Barnstormers Club is set to put on its first performance of the year when it stages Elmer Rice’s comedy, “Dream Girl”

Nov. 3-5 at 8 p.m. in the high school’s Tryout Theater.

The action of the play is set in 1945 in and around New York City (as well as in the daydreams of the main char-

acter). It is spring when a young man’s fancy – and a young woman’s daydreams – may turn to thoughts of love. All of the action of the play takes place in a single day.

Director David S. Gannon said he selected the play because it is both a challenge to the actors and the stage crew. “Because the play is set in the ‘40s, one challenge for the actors is to understand the differences in language, social customs and historical context between then and now,” Gannon said. “The challenge for the crew is to quickly, efficiently and smoothly change the set more than 20 times during the performance.”

Tickets for the show are \$3 pre-sale and \$5 at the door. To reserve your tickets call Gannon at 216-529-4162 and leave your name, number of tickets desired and date of performance, and the tickets will be held for you at the door at the presale price.

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Lakewood Schools

District’s Nutrition Services Repeat Winner Of State Award

by Christine Gordillo

For the second straight year, The Ohio Department of Education has awarded Lakewood City Schools its Stellar Award for Best Nutrition Practices. The award is recognition that the Nutrition Services Department follows policies that reflect best practices for a healthy nutrition environment for students.

The award, which was given to only two other districts in Cuyahoga County, focuses on how the district reinforces the entire spectrum of healthy living, from food to education to activities offered. Helping Lakewood stand out in this arena are the strict nutritional guidelines adhered to in the

breakfasts and lunches served to the students, the healthy choices available in district vending machines, wellness programs promoted throughout the district (such as Jump Rope for Heart and DARE basketball), and a wide variety of Rec Dept. activities and classes.

Based on written award nominations, the ODE selects recipients based on their efforts to adopt the following USDA guidelines for local school wellness policies:

The nutritional quality of meals served, including purchasing and preparation practices that reflect the National Dietary Guidelines;

The extent to which a la carte and vending items contain healthy choices;

Access to continuing education and training opportunities for food service staff members;

Success in providing a pleasant eating environment for students; and

Nutrition education aimed at students, staff, parents and the community through marketing programs and activities - for example, using alternatives to candy when rewarding children for good behavior or academic performance.

Nutrition Services Supervisor Nancy Early – a registered, licensed dietician – has been ahead of the curve in getting Lakewood on track with healthy eating habits. Deep fryers were removed nearly a decade ago and carbonated beverages were eliminated from vending machines several years ago and now only juices and waters are available during the school day.

Nutrition Services has also worked hard on lowering the level of total fat and saturated fats contained in the food that is served to students by offering baked chips and pretzel products, wheat bread and buns instead of enriched white bread, and bumping up the number of fruit and vegetable servings. A recently passed new federal law will put further dietary restrictions on school districts to offer healthier meals and offer better food choices. Thanks to the foresight of Lakewood’s nutrition practices, the new law will not make much of a difference for the district as it already meets the new, stricter guidelines.

Lakewood Family Night At Kalahari Resorts Is Thursday, November 10!

by Angie Stokes

Mark your calendars and make your reservations now! Thursday, November 10 is Lakewood Family Night at Kalahari Waterpark Resort in Sandusky - the nation’s largest indoor waterpark! This offer is good for ANYONE who calls Kalahari to reserve a room on November 10 and mentions “Lakewood Family Night” or “Lakewood Group!”

The Lakewood Early Childhood PTA is excited to offer to the community of Lakewood an amazingly discounted room rate of \$108 for a Hut or Desert Room at Kalahari on November 10th. This is a huge saving! Rooms feature two queen beds and include four passes to the waterpark!

To make this deal even better - all Lakewood City K-8 Schools are off both Thursday, November 10 and Friday, November 11, so the fun at Kalahari can begin for you and your friends and family as early as noon on the 10th with Kalahari’s early arrival and you can stay until the waterpark closes on Friday evening! Two days of waterpark fun for only \$108 is an amazing opportunity not to be missed! For those of you that are not able to make it on Thursday night, there is a discounted rate for Friday, November 11th of \$134. All the same details apply - the room has 2 queen beds and will include 4 passes to the waterpark as well as early arrival and late departure! Or you could stay both days for an epic adventure!

This is also a fundraiser for the Lakewood Early Childhood PTA, so a portion of the sales raised from the room reservations will be donated back to the LECPTA from Kalahari! Come join us at Kalahari, support a great community organization and make incredible memories with your friends and family! Please contact Kalahari directly with room reservations at 1-877-525-2427. You will be able to add up to 2 additional people to your room and waterpark passes for an additional \$20 each.

Head Back To School - At The Movies!

by Christina McCallum

Return to the classroom with Friends of Lakewood Public Library and Lakewood Council of PTAs on Tuesday, November 17, with the second film in the “School in the Cinema” series hosted at the Main Library.

“We are the People We’ve Been Waiting For” will screen at 7:00 p.m. on November 15 in the Main Library Auditorium.

The 2009 film focuses primarily on education in the UK. It asks if the current system, founded at the time of the Industrial Revolution, really serves the children it means to educate. Among those who share experiences and thoughts are former British Prime Minister Tony Blair, author Bill Bryson, and entrepreneur Richard Branson.

“School in the Cinema” explores facets of education in the U.S. and around the world. The series began October 18 with “2 Million Minutes,” a 2007 film by Robert Compton. The title refers to the two million minutes students have in four years of high school that determine their futures. The hour-long documentary focuses on six students in the United States, India, and China.

Cultural differences regarding education were a focus, as were economic differences and the resulting life experiences that motivate students to excel.

All movies shown as part of “School in the Cinema” will be available from Lakewood Public Library once they have been screened, courtesy of Lakewood Council of PTAs.

School in the Cinema will take a break in December, but look for its return January 17, 2012 with “Including Samuel.”

Upcoming Lakewood Recreation Activities & Programs

by Mitchell Robida

ADULT

Spanish-I Can Speak Spanish
Saturdays, November 5-December 17, 10:00-11:00 a.m.
Harding Middle School, Room 101

You’re On the Air-Voice-Overs!
Tuesday, November 8, 7:00-9:00 p.m.
Harding Middle School, Room 104

Top 10 Estate Planning Mistakes
Tuesday, November 8, 7:00-8:00 p.m.
Garfield Middle School, Room 116

The Coupon Guy
Wednesday, November 9, 7:00-8:30 p.m.
Harding Middle School, Room 112

Pilates Mat Work
Wednesdays, November 9-December 4, 7:00-8:00 p.m.
Harding Middle School, Room 156

Zumba
Mondays, November 14-December 5, 7:00-8:00 p.m.
Harrison Elementary School, Gymnasium

YOUTH

Pee Wee-Ranger Basketball-Boys & Girls-In House Basketball Leagues
Grades 1st & 2nd, 3rd & 4th and 5th & 6th
Saturday Games, 10 weeks, beginning January 7
Registration Deadline is November 30

Ranger Basketball Cheerleading
Grades 3rd-6th
Practices Monday and Thursday Evenings, Saturday Games
Registration Deadline is November 30

Learn to Swim-Shrimps-Pre-School-Levels 1-6
Tuesday/Thursday, November 8-December 26
Lakewood High School Indoor Pool

Spring Board Diving-Junior
Monday/Wednesday, November 28-December 21, 6:00-7:30 p.m.
Lakewood High School Indoor Pool

Aquatic Special Event-Swim with Santa
Sunday, December 18, 2:00-4:00 p.m.
Admission is free with a canned food or non-perishable item. All items will be donated to the Lakewood Community Services Center

Registration is required for all Lakewood Recreation activities and programs. Some restrictions apply. For more information on the activities and programs listed above please contact (216) 529-4081, or visit us at www.lakewoodrecreation.com. Also, do not forget to “like us” on facebook and follow us on twitter.

We would also like to thank those who participated in the Customer Feedback Survey and invite those who did not participate, to log on to <http://tinyurl.com/4xrwovy> and complete the short survey helping us to meet your wants and needs in planning for future recreation and education opportunities in Lakewood.

Thank you.



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Lakewood: City Of Homes

Housing: It Is What Lakewood Is All About

by Jim O'Bryan

It was a little over a year ago, that I spent some time with Hilary Schickler, the director of LakewoodAlive's Housing outreach program. At that time, I watched her work with a couple of people that had come forward mostly as a last resort to save their homes. We visited some truly miserable pieces of property, spending time with people who were lost in the world of home ownership. This was followed by sitting in the back of Judge Pat Carroll's courtroom watching home owner after homeowner go in front of Judge Carroll, with excuses a plenty, nearly always followed by the same piece of advice from the Judge, "Sir, I do not want to fine you, it accomplishes nothing. Instead of me fining you \$700 would it not make more sense to put that same \$700 into your house?" While it sounded plain and simple when sitting in the back of the courtroom, you really have to put yourself in the shoes of those standing in front of the Judge to understand the confusion. In their world, everything is falling apart, possibly from layoffs, deaths in the family, divorces, simply not knowing what

to do or who to talk to, and of course there is always just being embarrassed over letting it go and now needing help. It was tough sitting there Friday after Friday watching so many Lakewoodites go through this, but it is something Judge Pat Carroll is dedicated to. Many times throughout his stay on the bench, the Judge has tried sometimes single-handedly to get Lakewood's housing stock back in order. Sitting here now it is obvious that the Judge and the residents of Lakewood have a great partner in Hilary, and in the housing program from LakewoodAlive. Hilary comes from a family of contractors; her husband, Mark, is one of the more sought after contractors in Cleveland. For years she worked alongside him, on his jobs, and on some of the many houses she has purchased and rebuilt in the hip Detroit Shoreway area. Over the years she has become very aware of the many programs and ways that a homeowner can reach out for help, for everything from unruly renters, to programs that will help pay for heat, furnaces, windows, plumbing, paint, roofs, porches, garages-- well damn near everything a

homeowner needs to know. A walking encyclopedia of how-tos and where to find. If the mayor is right about Housing being the most important resource in this city, then certainly Hilary, with LA's programs, is the most important force we have going for us in the battle to keep our housing stock up to snuff. Though she cannot help everyone. Well as I mentioned that was over a year ago. I ended that story with,"My next installment will be..." and then much like the homeowner who says he will fix the roof in the spring, the follow-up story fell through the cracks, and I lost touch with Hilary and the work she was doing. In all fairness I wanted to highlight some of the successes from her programs, and at that time there was just one. A couple weeks ago I got a call from Hilary and she said, "Well, were you kidding about the stories, or not?" I asked if she had any success stories, and she said to stop by and see. What I found were folders and photos of the many people she has helped in the past year, and the dozens of letters that literally referred to her as a saint, and as the person who saved their home, and put their life back on track. While it is easy to think of this response as over the top, a home is the

biggest investment most people will make in their lives. To be afraid, lost, and worried about being close to losing your house at a point that it is worth the least can be terrifying, so the letters make sense. But having watched her work with people, showing compassion, understanding and at times teaching some tough lessons to wake them up, I understand how they feel. She is a person fighting on the front-line and winning every day. So we went from a simple paint program, to programs Paint, Housing, Court Advocate, Low Interest Loans, Deferred Loans, Advocacy, and bringing in many people that can help, from vocational students at Lakewood High and St. Eds, to people from the Nehemiah Mission, New Life Church, NHS, and so many others it becomes hard to list here. She is also more open to advice and helpful suggestions than many others in more obvious places to turn. In the end she truly loves Lakewood, and its rich history, and she understands that Lakewood is a wonderful bedroom community that has a bright future, only if we can retain and rebuild our housing stock. Member of the Historical Society, Lakewood Alive, continued on page 21

So it is the Autumn season, time to think about heating. Here is a short list of what is available through Hilary at LakewoodAlive.

Housewarming:

Funded by Dominion East Ohio Gas Company and administered through the Cleveland Housing Network. This program is free to income eligible residents (tenants and homeowners). The program is designed to help reduce gas bills and to make your home more energy efficient. The do not replace windows; however they can repair broken windows through the program. The program is available for properties up to 8 units; ? of the residents must qualify. Eligible, free services include a safety check of the furnace, hot water tank, electrical box and installation of a carbon dioxide detector. As part of the safety check, electrical upgrades and furnace replacements may be part of the services provided* (*certain requirements must be met in order to be eligible for these). The program will also install insulation in the attic and/or sidewalls. Residents will also receive energy conservation tips. Applications are available from LakewoodAlive.

Eco Link:

This program is offered in partnership between the Ohio State Treasurer and participating banks. Through the State's participation, a 3% interest rate reduction is available for loans up to \$50,000 for a 5 to 7 year term. The program is available only to homeowners of single family homes and half the loan amount must be used for qualifying energy-efficient products; the other half can be used for other home improvement projects. The installation of "Energy Star" certified products, including clothes washers, dishwashers, dehumidifiers, furnaces, hot water tanks, freezers, refrigerators, and room air conditioners are all eligible. You must use approved contractors. Key Bank, Huntington and US Bank are all participating lenders. For more information visit www.ecolink.ohio.gov or call 1-800-228-1102.

Home Energy Audit:

For \$50, through Dominion East Ohio, GoodCents will conduct an in-house energy audit of your home. The retail value of the audit is \$500. Pressure testing is performed through a "blower door" test to assess and measure the amount of air leakage occurring at the property. In addition, infra-red photography is also performed to ferret out energy leaks that may not have shown up through the blower door test. The audit generally takes 4 hours. If you do nothing, your cost is \$50 for the report. You can receive a free carbon monoxide detector or you can have your \$50 refunded if you make one of the audit's recommended improvements. If you want to have work done, rebates are available however you must use a contractor who has been certified by the Good Cents. Examples of rebates available include:

- Natural gas furnace up to \$400
 - Nature gas water heater up to \$400
 - Insulation (attic, wall, duct) ... \$.30 per square foot (no maximum)
 - Air sealing \$40 per hour, no maximum
 - Duct sealing..... \$40 per hour, no maximum
 - Windows..... \$5 per window
 - Exterior door \$30 per door
 - Thermostat \$30 each, \$60 maximum
- To schedule a home energy assessment, call 877-287-3416 or go to the deohp-wes.com.

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Keep Lakewood Beautiful's

Keep Lakewood Beautiful Announces Beautiful Home Award Winners

by Dan Morgan

Keep Lakewood Beautiful is a City of Lakewood committee comprised of volunteers who work to promote citizen involvement and investment toward the beauty of Lakewood through green space activity, litter prevention, and recycling efforts. The committee also encourages individual environmental education. The committee's activities include an annual Clean up Day, Adopt-a-Spot program, leaf humus sales, Earth Day Event and Beautiful Home Awards.

The Beautiful Home Awards are awarded to one home in each school district in order to include a wide range of home values and styles. The nominations are accepted in July and August, from friends, neighbors, and often even the homeowners themselves. The board of directors from Keep Lakewood Beautiful then divide the school districts up among themselves and determine the winners based on 3 major criteria- landscaping, house maintenance and overall beauty of the property.

The first thing that most people consider is curb appeal, because we see many of our neighbors' homes from

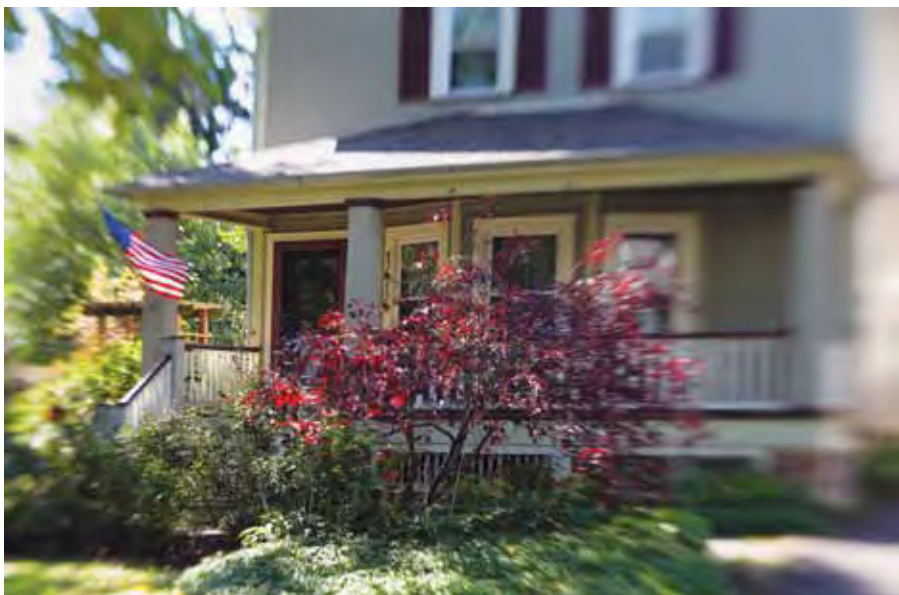


the sidewalks or the streets as we walk or drive by. Surprisingly, we often find even more beauty in the back yard than in the front. We usually find, if the front is well maintained, the back is too. This year's awards are no exception. We have some home owners who really go all out to exhibit their pride in Lakewood home ownership. Sometimes through seasonal decoration, sometimes landscaping and sometimes tremendous outdoor living spaces that create year round enjoyment and beauty for a home.

**Photos by Dan Morgan
Straight Shooter Photography and Marketing Services**



1488 Belle - Timothy Kaye and Robert Gallagher



1616 Grace Avenue - Tessa & Courtney Smith



1262 Mathews - Laura A. Smith



16616 Fisher - Thomas and Suzanne Kelly

Beautiful Homes For 2011



2233 Adeline - James and Beth Gantz



1100 Kenneth - Patrick and Sharon Perotti



1032 Edgewater Lane - David & Cheryl Jerome

Congratulations to the winners, listed here by school district, followed by the Keep Lakewood Beautiful board members who had final say in their designated district.

Horace Mann - 1262 Mathews
- Laura A. Smith -
presented by John Litton and John Gilbride.

Hayes - 16616 Fisher - Thomas and Suzanne Kelly -
presented by Susan Lust and Gail Higgins

Emerson - 1032 Edgewater Lane
- David & Cheryl Jerome -
presented by Maria Parke and Kathy Lawrence

Roosevelt - 2233 Adeline - James and Beth Gantz -
presented by Karl Lepkowski

Grant - 1488 Belle - Timothy Kaye and Robert Gallagher -
presented by Susan Lust and Gail Higgins

Lincoln - 1100 Kenneth - Patrick and Sharon Perotti -
presented by Dan Morgan and Marianne Quasibarth

Harrison - 1616 Grace Avenue
- Tessa & Courtney Smith -
presented by Carla Kowalski and Ruth Gillett

The Beautiful Home Award winners and the Adopt-a-Spot volunteers will be treated to an appreciation breakfast at the Lakewood Park Women's Club Pavilion. The cost of the Awards and souvenir programs at the breakfast were funded with a generous contribution by First Federal of Lakewood.

The Keep Lakewood Beautiful board would like to thank the over 100 volunteers who help make Lakewood beautiful every day with their many hours of volunteer contributions. With their support, Keep Lakewood Beautiful is able to continue its unique partnership with the City by bringing these programs to Lakewood. The Keep Lakewood Beautiful board is always considering new ways to expand our Adopt-a-Spots and its many other great programs. Lakewood residents are encouraged to participate in all their programs including the Beautiful Home Awards nomination process as well as contacting the board with new ideas and volunteer interests. To do so, email Holly at, klbgeneral@lakewoodoh.net.

Keep Lakewood Beautiful urges residents to "like" the new Keep Lakewood Beautiful facebook page or keep up with our coming events at the web site, [www. OneLakewood.com/KLB](http://www.OneLakewood.com/KLB).



Lakewood Cares



Ministerial Musings: All Saints Day: A Sermon

by Rev. Dr. John Tamilio III

When I was a kid I loved the hymn, “I Sing a Song of the Saints of God.” It sounded very British to me and it seemed to transcend time. It sounded as if it was all about knights, and princesses, and tea time. These are the people of legends and fables and Buckingham Palace. It is not a whole lot different than the characters we see in Disney movies.

But the point of the hymn is that saints run the gamut: they are extraordinary people and they are common folk like you and me.

Look in the dictionary; there are four primary definitions of a saint: 1. A person officially recognized, especially by canonization, as being entitled to public veneration and capable of interceding for people on earth. 2. A person who has died and gone to heaven. 3. A member of any of various religious groups, especially a Latter Day Saint. 4. An extremely virtuous person.

That covers almost all of us, does it not? None of us may be up for canonization and we’ve yet to die, but we do belong to a religious group and (some of us) may be extremely virtuous.

A single dad, who was new to a particular community, decided to take his seven-year-old son to church one day. It was a church he had never been to before. He did not know when church school was or anything else that was on the calendar, so his son sat with him in worship.

The minister came to the pulpit and preached a sermon about the saints. He talked about the history of the church, people like Peter, and James, and Mary, and Martha - people who knew Jesus personally.

He talked about the early, fledgling church: people like Tertullian, Irenaus, Augustine and his mother Monica - people who helped clarify the faith amidst confusion and controversy; people who laid the foundation of the church.

He talked about people who lived over a thousand years later - people like Martin Luther, John Calvin, and Saint Teresa of Avila who challenged us to look at the faith differently and find a deeper relationship with God.

He talked about modern day saints,

such as Mohandas Gandhi, Rosa Parks, and Martin Luther King who struggled for the rights of all people.

While all this was going on, the little boy was fascinated by the stained-glass windows that lined the sanctuary. It was a very bright, sunny day, so he was overcome by the colors. It was as if a rainbow had shattered and covered the congregation with radiant shapes of red, green, gold, blue, and purple. The colors that were reflected by the people in the windows - some of the same people that the minister mentioned in his homily - the colors were beautiful and they filled the church.

After the service, when they were driving home, the father asked the son what he thought of the church service. “I liked it,” he said.

“Were you listening to the minister’s sermon at all?” the father inquired. “A little,” the boy admitted.

“Do you know what he was talking about?” the father asked. The boy confirmed that the sermon had something to do with people called saints. Testing how awake and attentive his son was, the father then asked, “And who are the saints?”

The boy said, “They are the people who the light shines through.”

The saints are not just those who have done dramatic things in history: defending the faith against heresy, fighting for the rights of all people. They are those who have helped us open our eyes to see God in our midst when we were blinded by other loyalties or stale ways of thinking.

Lately, I’ve been thinking of deepening my own spirituality, breaking my inner eye open so that I can see God better, clearer, closer. As usual, I have turned to Scripture and immersed myself in the Word. The problem, though, is that I have read this stuff so many times that I find myself glossing over the words on the page, because I know what’s coming next.

I thought to myself, wouldn’t it be great to read the Bible again for the first time, to borrow that title from Marcus Borg. Once a poem or a song becomes your favorite, it loses the magic of being

discovered by you for the first time. So I decided to read a version of Scripture not so familiar to me: Eugene Peterson’s The Message.

The Message, as it states, “is a contemporary rendering of the Bible from the original languages, crafted to present its tone, rhythm, events, and ideas in everyday language.” It is a fresh approach to Scripture. You get to hear the words of Jesus as if you are listening to them for the first time. For example, most of you have heard the Beatitudes (which we read today) many, many times before.

Blessed are the poor in spirit, for theirs is the kingdom of heaven.

Blessed are those who mourn, for they will be comforted.

Blessed are the meek, for they will inherit the earth.

Listen to how these same verses are translated in The Message:

You’re blessed when you’re at the end of your rope. With less of you there is more of God and his rule.

You’re blessed when you feel you’ve lost what is most dear to you. Only then can you be embraced by the One most dear to you.

You’re blessed when you’re content with just who you are — no more, no less. That’s the moment you find yourselves proud owners of everything that can’t be bought.

You have to think about it. Before, you would gloss over “the meek will inherit the earth,” because you’ve heard it countless times before. It is sort of like saying “The Lord’s Prayer”: do you actually think about what you are saying each week when we offer those timeless words to God or do you just go on automatic pilot?

Is Eugene Peterson a saint? Maybe? Why not? He has enabled a new generation to experience God’s Word anew. The saints are legendary — and they are common people like you and me. Anyone who lives by the Gospel and tries to help others do the same falls into the “sainthood” category. As the little boy so astutely observed, the saints are the ones who the light shines through.

God sent you here to make a dif-

ference, to make the world that much better, to be a saint. Contrary to public perception, that does not mean that you have to be canonized or immortalized in a statue in some cathedral. Sainthood is more ordinary and dirty than that. It is more profane than it is sacred. It is every day. It is going into this dark world and making it just a little bit brighter. This can be accomplished by word, by deed, by simply following God’s call and letting the radical, other-affirming, liberating message of Christ’s Gospel guide you and flow through you.

Embrace the task, my friends. Go into the world and let God’s light shine through you — and it may it rain the Gospel’s beautiful rainbow of truth across every road you take and upon everyone you encounter on this sacred journey. As one of my favorite songwriters has said, “Each small candle lights a corner of the dark.” Be that candle, my friends, so that others may see. Amen.

Ambassadors Come To Calvary

by Sandy Hampton

Calvary United Methodist Church is pleased to announce that on November 4, 2011 “The Ambassadors” will be performing at Calvary, which is located at 16305 Hilliard Rd Lakewood.

The Ambassadors are a male singing group from Cass United Methodist Church, which is located in Detroit, Michigan. The individuals who are members of this group have often found life to be a struggle. They sang at Calvary last year and they are coming back by popular demand.

You are invited to come to the concert. It will begin at 7:00 p.m. in our church sanctuary. A free will offering will be taken after the concert.

It is my hope that you will be able to join us for this concert which I believe you will find very meaningful and inspirational.

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Nursery during worship
- Adult Sunday School
following worship
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- November 13 Veteran's Day

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Lakewood Cares

Fighting For A Job For Himself And Other Veterans

by Casey Ryan

When Tim VanNewhouse returned home to Cleveland’s west side in 2009 after a two-year stint in the Air Force, he fully intended to find a job and start caring for his young family. He had married his longtime girlfriend Nicole before enlisting and they had a baby daughter to care for. But despite VanNewhouse’s status as a service veteran, he, like so many other Americans, had trouble finding a decent job.

“A lot of guys come back and even though they’ve served their country, put their life on the line or been shot up, they can’t get a job,” says VanNewhouse.

Unlike a lot of veterans, however, VanNewhouse had a dream--to promote boxing in Cleveland.

“Cleveland’s got a lot of great fighters,” says VanNewhouse, “and a long history of boxing.”

VanNewhouse, who now lives in Lakewood, had been a fighter himself before joining the Air Force. And when he had trouble starting a career or even landing a job when he returned

home, he decided to pursue the fight game as a promoter, not a fighter, and to help other veterans as well. Part of his mission as president of Volacious Hype Entertainment is to make veterans aware of the help and assistance available to them through the Veterans Administration and other programs.

“I didn’t know if calling the VA was the right thing to do when I got out,” says VanNewhouse of his struggles when looking for a job, “but I quickly found out that it was. They really do want to help vets readjust, as best they can, to civilian life after military service.”

VanNewhouse’s Volacious Hype group, along with Song Entertainment Group of Las Vegas, has put together a thrilling fight card for Cleveland fans. The event will be November 12 (the day after Veterans Day) at La Villa Banquet Center, 11500 Brookpark Road, at 6 p.m. Tickets are \$25 and \$50. The fight card will include Mark Davis Jr., a 15-0 boxer and the youngest ever to make the Olympic team; Carla Torres, female IBA featherweight champ; and a host of other

fighters in what should be an entertaining night for local boxing fans. Part of the night’s proceeds will go to the VA to help veterans readjust to civilian life.

VanNewhouse himself started boxing at the age of 12 after his uncle Charles introduced him to the sport as a way of instilling discipline and training. He took well to the sport, with the gym and its assortment of fighters, trainers, and other athletes becoming his second family. His boxing matches took him around the region and the country, participating in several tournaments in different cities.

VanNewhouse grew into a stand-out amateur in the lightweight class, and had hopes of joining the U.S. Olympic team for the 2008 games. But he lost a 3-2 decision in 2007 at the U.S. Championship Finals in Chattanooga, Tenn. It was a crushing blow to his dreams of Olympic glory.

Undaunted, VanNewhouse kept training and fighting, and after negotiating with different managerial and promotional companies decided to turn pro in October of 2007. He stopped his first opponent in the second round in a fight staged at Jacobs Pavilion. After that great start, though, VanNewhouse’s plans once again were changed. He

found out a few days later that longtime girlfriend Nicole was pregnant.

Knowing the unpredictability of a career as a young boxer, VanNewhouse dropped his fight dreams and enlisted in the Air Force in order to provide stability and support to his new family. He served as a Health Inspector at the Air Force Academy in Colorado Springs, Colo., from 2007 through 2009.

After his stint in the Air Force, VanNewhouse arrived back in Cleveland to begin his life at home as father, husband, and now, as fight promoter and veterans’ advocate.

“Veterans are proud guys, and they don’t always want to ask for help,” VanNewhouse says. “Even young vets, a lot of them are homeless.”

With his efforts to enlighten and support our country’s veterans, VanNewhouse hopes to provide them with opportunities and hope for a better future here in Cleveland and Lakewood.

Any group, business, or individual interested in sponsoring or otherwise assisting Tim VanNewhouse and his Volacious Entertainment Group in its efforts to assist our country’s veterans can call 216-299-0910 or go to volacioushype.com.

Pooch Photos With “Real Santa Claus”

by Alanna Faith

Santa Claus doesn’t get more real than the professional, real bearded Santa Claus that will be on hand for “SANTA PAWS,” the annual pre-holiday fundraising event for Friends of the Lakewood Dog Park.

All proceeds from “SANTA PAWS” benefit Friends of the Lakewood Dog Park, Inc. 501(3)(c) - the non-profit volunteer organization operating the Lakewood Dog Park in conjunction with the City of Lakewood.

2012 marks the 10 year anniversary of the inception of the Lakewood Dog Park. In 2002, the City of Lakewood gave the go-ahead for the dog park, which then opened in 2003 and is now ranked among the Top 10 Dog Parks in Ohio by Dogster.com.

Friends of the Lakewood Dog Park is raising funds for major improvements at the dog park to mark the upcoming 10th anniversary and for day-to-day dog park necessities. The dog park is owned by the City of Lakewood, but benches, shelters, tools, toys and essen-

tial ‘clean up’ bags are supplied by the Friends of the Lakewood Dog Park. Also, the FLDP maintains the website, Facebook page and communications with members and dog park users.

Volunteers will be conducting the “Fall Makeover” at the Lakewood Dog Park on Sunday, November 13, 2011 (rain date 11-20), 8am to 12noon. Bring coffee and a rake and join the volunteers of the FLDP to help prepare the dog park for winter.

Friends of the Lakewood Dog Park has a goal of 1,000 “LIKES” on its Facebook home page by Nov. 5th. Please help achieve that goal. Less than 150 are needed to set the record. For more information on FLDP membership (\$10/year) or other dog park information, visit www.LakewoodDogPark.org

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SUNDAY NOVEMBER, 6, 2011, 12:30pm to 3:30pm. Call for an appointment: 440-321-2911. Save \$5 - appointments by Nov. 5th \$10.00, walk-ins day of event \$15.00. This event sells out quickly as the schedule is limited. Advance appointments are encouraged.

Hosted by Pet People, 19565 Detroit Rd., Rocky River, Ohio 44116

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- Refreshments & Treats
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- Friends of the Lakewood Dog Park Hoodies \$30
- Friends of the Lakewood Dog Park T-shirts \$15
- Friends of the Lakewood Dog Park 1 year Membership \$10

Your New BFF Is Waiting For Only \$20, Love And Loyalty Are Yours

by Dawn Pyne

Now through the end of the year, Lakewood Animal Shelter is offering a crop of beautiful cats, currently in foster care, for a reduced fee of just \$20. It’s the best investment you could make toward a happy future with a loving, playful, healthy companion. Can’t you imagine one (or two!) of the following felines fitting right into your household? If so, e-mail the Citizens Committee for the Lakewood Animal Shelter (CCLAS) today at cclasfoster@yahoo.com for an adoption inquiry form.

Jersey is a long-haired male tuxedo, about 2 years old. He loves attention--and, unlike some cats, he’ll even roll over to let you stroke his belly. Jersey is already neutered, has received an initial vaccination and has undergone a topical flea control treatment, so he’s ready to go to a loving home. He’d thrive in a big family, where he’d have lots of interaction, though he’d prefer to be in a single-cat household.

Velvety Mystic was very shy when she arrived at the shelter, but she’s since come out of her shell. This sweet female likes to sit on your lap, beg for treats, and cuddle with you. In short, she loves people, and she also gets along well with other cats. Mystic suffered from stomatitis, a disease of the mouth that causes premature gum disease. As a result, she had almost all of her teeth removed. She recovered beautifully and eats wet food with no problem. Mystic has been spayed, is up to date on her vaccinations, and has tested negative for feline leukemia virus (FeLV) and feline immunodeficiency virus (FIV).


Penelope- more commonly known as Penny- is a playful chatterbox. She enjoys leaping in the air and wants to engage you in conversation, so feel free to talk back to her! Ever curious, this sassy tabby will follow you around. Over time, she’s become much more trusting. Penny has been spayed, received her initial vaccination, tested negative for FeLV/FIV and she’s had a dose of a topical treatment for parasite control.

All these cats are in desperate need of good, permanent homes, and any one of them is capable of melting your heart, so why wait any longer? The first step to taking home your favorite cat from foster care is to contact CCLAS at ccasfoster@yahoo.com or (216) 529-5020. Act now, while the fee discount is in effect.

You never know what is enough unless you know what is more than enough.

-William Blake

Weekly Bible Study
Sunday nights @ 6:15p
Beginning October 30
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Wellness Watch

Rest Is NOT A Four Letter Word!

by Jana Christian

The benefits of exercise are well-documented. I recognize its tremendous effect on not only my physical health but also my emotional outlook. Honestly, some form of exercise has been a part of my life for as long as I can remember.

An (over?) active child, I was always in motion. Whether dancing, swimming, roller skating or biking, it was hard to get me to sit still. In fact, I was training as a gymnast at just six years old. Of course, I now realize (as the mom to a natural

tumbler myself) my parents likely signed me up to save their furniture, not to get me ready for the Olympics.

Then, when I had a very stressful job with a long commute, I worked with a personal trainer to restore my emotional health and begin a new relationship with exercise. After about two months of learning correct techniques and building my confidence with the equipment, it became a habit... that I couldn't break.

But when I started my blog ([http://](http://writeonjana.com)

writeonjana.com) in June, I made a public commitment to creating a "space between myself and my limits" (a spiritual concept called margin). As a result of this new perspective, I now realize too much of a good thing (even something as good as exercise) can drain personal reserves which are essential for maintaining balance in all other areas of my life.

When I force myself to get up and work out every morning at 5 a.m., I have less to "give" my children (less patience for whining, less sympathy for mistakes, less tolerance for misbehavior). So, in keeping with my practice, I slept in TWO times this week.

In truth, I was worried that:

- I would fall out of the routine,
- I would not be able to lift as much weight at my next session,
- my moods would suffer (my natural tendency towards depression drives a lot of my regular exercise habits).

But, I am happy to report that none of these fears came true. In fact, I am stronger in mind and spirit and have more energy for my family ("sure, we can spend another hour at the playground"), my house ("I have a little time, let me wash the kitchen floor and clean the bathroom") and myself ("I'm going to walk to the grocery store rather than take the car") as a result.

Do you have a love/hate relationship with exercise? Do you find it hard to stick to an exercise routine or do you find it more difficult to stray from the habits you have adopted over the years? How do you "recharge your batteries" when life is stressful or you feel unusually fatigued?

Come In And Get To Know Us!

by Alicia Bright

The Far West Center is offering a FREE workshop to anyone in the community interested in gaining more information or having any questions answered about our Help for Mom and Help for Parents Programs!

The Far West Center is an award-winning community mental health center providing behavioral health services for residents of western Cuyahoga County and Lorain County. From its origins in 1974 as a grassroots community effort, Far West Center shines today as a quality regional provider of outpatient mental health services.

We serve adults and young adults experiencing major mental health problems that interfere with daily living, or persons at-risk of developing serious problems as a result of stressful

or overwhelming life circumstances. Problems such as mood or thought disorders are often treated with a combination of services designed to do one thing well: help persons achieve their highest level of health and well-being.

The Help for Mom Program is a unique screening and treatment program for pregnant women who are struggling with depression and/or anxiety and new mothers with postpartum depression. This program combines counseling, psychiatric care, group sessions and community support to help each mom through all stages of recovery. New babies need their Mom... Sometimes Mom needs a little help, too.

Parenting can be stressful enough without the added burden of Mom or Dad coping with a mental illness. The Help for Parents Program at the Far West Center works with participants to teach them effective parenting skills, improve communication with their children, get the support of group members and learn how to support themselves in the process!

The workshop will be held on Wednesday November 16, 2011 from 10:30am until 12:00pm. This will take place in our Westlake office which is located on St. John's Medical Campus at 29133 Health Campus Drive. Parking is FREE and refreshments will be served!

To RSVP for this event, or if you have any questions, please call Alicia Bright, MSW, LSW at 440-835-6212 extension 243 or e-mail abright@farwestcenter.com. For a complete overview of Far West Center, please visit our website at www.farwestcenter.com.

Rangers Show Support For Breast Cancer Awareness



Members of the Lakewood High School Rangers varsity football team displayed their support for Pink Out 2011, the school's Breast Cancer Awareness initiative, by wearing pink gloves or socks during their October 14 home game against the Brush Arcs.

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LIVEWELLLAKEWOOD

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LIVE WELL LAKEWOOD ALERT!

Due to overwhelming demand, we are moving **Dr. Esselstyn's November 9th (6:30 p.m.) program, *Becoming Heart Attack Proof***, to a larger venue so we can accommodate more seating requests.

We are grateful to Lakewood Baptist Church, 14321 Detroit (4 blocks west of Bunts), for the use of their sanctuary. **Please note the new location.**

Registration for this event is required as, even in this space, seating is limited. Please e-mail info@livewelllakewood.org or call the information line at 216-529-7695 and leave the name of each individual who wishes to attend.

Ask about our 21-Day Purification Program

Please be advised that by participating in a purification program, you may notice the following side effects:

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Our patients have plenty to say about this program!

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"Immediately more energy, less brain fog...less anxious and irritable...sleeping restful!" **Maureen B.**

"My cravings are gone, I have lots of energy, and I've lost a few pounds!" **Helene P.**

Call today to reserve your space!
216.221.1788

www.russellchiro.net

Wellness Watch

Cool Mornings, Warm Drinks

by Rachel Anzalone

I recently heard a woman proclaim that while she had enjoyed her green juice all summer long, now that the weather had cooled she found herself craving a warm morning drink, and so she had gone back to coffee after a 6 month hiatus. While coffee can be delicious and has recently been found to have some promising qualities, it is also quite acidic which can bother a sensitive stomach and contribute to inflammatory responses within the body. In the spirit of the season here are a few healthy options to keep you warm on those crisp fall mornings.

Yerba Mate is a beverage made from a plant native to several South American countries. It has more caffeine than green tea, but not nearly as much as coffee. It is significantly less acidic than coffee, which is key to keeping you healthy. It is loaded with antioxidants and polyphenols along with vitamins A, C, E, B1, B2, Niacin (B3), B5, B Complex, numerous minerals, amino acids and fatty acids.

Chai Tea is traditionally made from a base of black tea mixed with spices such as pepper, ginger, cardamom, nutmeg, cinnamon and cloves, all with their own unique health promoting properties. The tea can be prepared and consumed on its own or blended with milk (dairy, soy, almond, etc.) and honey for a slightly sweet, creamy beverage. Black tea is rich

in antioxidants but also has quite a bit of caffeine and is generally more acidic than its green counterpart.

Green Tea is particularly rich in health-promoting flavonoids and contains vitamin C, minerals such as chromium, manganese, selenium and zinc. It is an extremely potent antioxidant and is quite delicious to boot!

Women And Heart Disease

by Margaret Brinich

According to the American Heart Association, heart disease is the number one killer of women in the United States.

Women's Symptoms are Different Than Men's

Women may have different heart attack symptoms than men. Women who develop one or more of the following symptoms while at rest or unexpectedly should seek medical attention immediately. Women need to understand that they, too, are vulnerable for heart disease and delaying treatment can be fatal.

Common symptoms of heart attack in women include:

- Cold sweat
- Shortness of breath
- Weakness
- Unusual fatigue
- Nausea
- Dizziness

There is a huge variety of green teas available with each having its own distinct taste and characteristics. Some are even blended or scented with other flavors, such as jasmine. If you haven't found one you love, keep tasting!

Nettle Tea is really an herbal infusion and not a "tea" at all. It is rich in vitamins A, C, E, B1, B2, Niacin (B3),

and B5, as well as minerals, such as calcium, iron, folate, potassium, magnesium, manganese, phosphorous, selenium and zinc. It also contains anti-inflammatory properties which may help with such ailments as allergies, acne and arthritis. Adding a touch of honey and lemon will make for a delicious herbal drink.

- Pain or pressure in the back or chest
 - Pain or discomfort in either or both arms (The pain may be intermittent.)
 - Burning sensation in the chest or upper abdomen
 - Irregular heartbeat
- Cardiac disease can be prevented in many cases and is very treatable in most. If it's been awhile since your last cardiac check-up, you should schedule a screening through Fairview or Lakewood Hospitals' Women's Preventive Cardiology Clinic. For just \$35, you will be provided various cardiac screenings to evaluate your risk:
- o Complete lipid profile and blood sugar
 - o Blood pressure and heart rate
 - o EKG
 - o Body Mass Index
 - o Stress assessment
 - o Educational emphasis on awareness in preventing heart disease in women
 - o Thorough history and physical by a cardiac nurse practitioner
 - o Referrals to appropriate providers to maintain a healthy lifestyle
 - o Smoking cessation programs
- You will receive a personalized cardiac health plan and a referral to any appropriate providers.

For more information, call:
Fairview Hospital
216.476.7932
Lakewood Hospital
216.529.8500
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Quinoa Salad
(Serves 4)

from Nature's Bin
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2 cups quinoa
2 ¼ cups water
½ cup shredded carrots
½ cup sliced almonds
2 scallions, trimmed and sliced
¼ cup chopped parsley
2 Tbs. lemon juice
2 Tbs. apple cider vinegar
¼ cup soy sauce
!2 cup vegetable oil (we use canola)
Salt and pepper to taste

Combine the quinoa and water in an ovenproof casserole, tightly covered with a lid or foil. Bake at 350 degrees F until water is absorbed and grains are cooked through, about 45 minutes to an hour. Let cool. Whisk together the lemon juice, vinegar, soy and oil. Combine everything in a bowl and toss to coat. Taste for seasoning and add a little pepper and salt, if it needs some. The soy sauce adds a fair bit of salt so be sure to taste before adding any! Chill and serve. This is delicious served on butter lettuce leaves or in a scooped out tomato. It's a high protein, low calorie side dish that tastes great.

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with Dr. Bryan Ruocco, DC

Free Event

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- * How to Deal with Neuropathy

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Downtown Business

LakewoodAlive Forum Examines Future Shape Of City

by Matthew Sattler

Just over seven years ago, my wife and I moved from Toledo to Lakewood. Today, I fondly tell family and friends that we stumbled on a gem. When we left Toledo for Northeast Ohio, we both thought it would be a quick interlude to an otherwise happy life in our hometown of Toledo. At that time, it is safe to say, neither one of us could imagine calling anywhere but Toledo home. Today, I could not imagine living anywhere but Lakewood.

Given that I love my adopted

hometown and am a data junkie, I eagerly anticipated the release of the 2010 Census. The Census provides a considerable amount of data, beyond simply a head count, that should be interesting to all residents. The Census helps highlight demographic and housing trends within the City and provides a useful high-level overview of the makeup of the City. The release of the 2010 information offered some interesting data: Lakewood remains younger than the average Ohio city, it is becoming more diverse, and it was not immune to the ills of the hous-

ing market. While the data alone is interesting to social science geeks everywhere, the key will be how residents, policy makers, and elected officials use that data to drive their decision making.

For me, the central question for policy makers and elected officials is simple: how do we foster an environment that continues to make the City of Lakewood an attractive place to live, for any person, at any stage in their life? In other words, I know why Lakewood was such an attractive place to live for my wife and me at 26 and 24 (hint...bars), I know why it is a great place for our young family (a first-class Library, fantastic options on where to educate our children, and its walkability), but I am not sure why or how it will continue to be a great place for us 10, 20, and 30 years from now. That is why LakewoodAlive's upcoming forum, "Ensuring a Vibrant Future: A Community Conversation" will be such an interesting discussion.

Group. The panel will highlight the role the public and private sectors, community leaders, and all residents should take to ensure that the Lakewood of 2020, 2030, and beyond remains a community of choice for the 25-year old set, the young family, empty nesters, and retirees. Lakewood is fortunate to have these three experts at our disposal, and I encourage all residents, business owners, and interested readers to attend, listen, and ask questions. The future success of our City is dependent on the commitment and dedication of its residents.

The free forum will be held on Wednesday, November 16, 2011 at 7:00 p.m. at the Lakewood Masonic Temple, 15300 Detroit Avenue, so mark your calendars and join LakewoodAlive for what is sure to be an interesting evening.

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Downtown Business

It's Winter; It's Light Up Lakewood Festival Parade Time!

Embrace The Season And Join In For Holiday Fun!

by Shannon Strachan

On Dec. 3, 2011, come out and embrace winter! Participate in the First Annual Light Up Lakewood Festival Parade! We invite residents of Lakewood and throughout Northeast Ohio to join in the winter fun. Awards will be given to selected participants for "Best of Show," "Most Creative" and "Best Use of Lights." How can you participate, you ask? Here's how:

First, get out your coat, hat, gloves, scarves, boots and ChapStick.

Second, call your family, friends and co-workers together.

Third, come up with a fun plan on how your group will participate in the Light Up Lakewood holiday parade:

Create a float (Movie Theme, Christmas on the Beach, Christmas by the Fire, Hanukkah, Kwanzaa, Ethnic Holiday Celebration, School Promotion (Rangers, Eagles, colleges), Sport Celebration (skiing, skating, hockey), Holidays in Lakewood).

•Decorate a car or other vehicle with lights or other holiday decorations.

•Dress as holiday characters or themes. Gingerbread houses, marching packages, elves.

•Decorate your bicycles with lights or other holiday decorations.

•Create a marching drum, triangle or kazoo band.

•Get a choral group together.

•Promote a fundraiser (Toys for Tots, etc.)

•March to promote your organization (Girl/Boy Scouts, sports team, non-profit groups, LECPTA).

•Promote an upcoming event for your organization.

•Dress as your favorite holiday movie characters (Polar Express, A Christmas Carol, It's a Wonderful Life, How the Grinch Stole Christmas, Elf, etc).

Fourth, fill out your Parade Application which may be found at: www.downtownlakewood.org. Applications are due Nov. 11, 2011 and there is NO COST to participate- it's FREE!

Fifth, show up at 4:30 p.m. on Dec. 3, 2011 at Parkhaven Row (near Bunts Avenue), ready to parade down closed Detroit Avenue from Parkhaven Row to Arthur Avenue.

Sixth, celebrate after the parade by staying to enjoy the lighting ceremony and the rest of the Light Up Lakewood Festival activities on closed Detroit Avenue--music, entertainment, food, fun and of course Santa!

Remember, choosing a float or participation theme doesn't have to take hours of critical thinking. Opt for something fun, easy to execute and original. Cull ideas from movies, plays, literature and television.

So come on, Lakewoodites, join others like the many residents of Min-

nesota and other COLD, COLDER, COLDEST states that play host to hundreds of winter holiday parades. Don't let the cold scare you--you cannot run, you cannot hide, so embrace, enjoy and welcome winter and the holidays to Northeast Ohio. See you at the Light Up Lakewood Festival Parade!

For questions or more information, call 216-521-0655 or e-mail Shannon at ssstrachan@lakewoodalive.com.

Additional information and applications are available at www.downtownlakewood.org.



Beck The Halls! A Unique Holiday Boutique

by Fran Storch

Get a jump start on your holiday shopping! Beck Center for the Arts will host "Beck the Halls" – a unique holiday boutique on Saturdays, November 5 and December 10, from 9 a.m. to 1 p.m. For your shopping pleasure, local artists and artisans will display extraordinary original works of art in Beck's main lobby. Shoppers can browse and select from a wide array of creative gifts including drawings, jewelry, photography, pottery, prints, and watercolors. Avoid the crowded, commercial malls and buy unique, one-of-a-kind gifts for everyone on your list – and support the arts in our community! Admission is free and convenient, onsite parking is available.

While you shop at "Beck the Halls,"

your children can explore their creativity at Super Saturdays at Beck – a free hands-on arts experience for children ages 10 and under. Super Saturdays take place 9 to 11:30 a.m. and include special arts activities in collaboration with Beck's community partners. On November 5, join Beck Center's Visual Arts staff and help create a new piece of public art which will be displayed in the windows of Beck's main entrance. Then on December 10, Usbourne Books will share a holiday-themed craft activity with the kids. It's fun for the entire family! Super Saturdays are sponsored through the generous support of the Lakewood Arts Festival Association.

Or discover your inner artist and create your own masterpiece! Sign up

today for the second session of visual arts classes at the Beck Center including cartooning, family clay time, life drawing, watercolors, and more. Classes and workshops for adults, teens and children begin the week of November 9. Complete class descriptions and convenient online registration is available at www.beckcenter.org or call 216.521.2540 x10.

Located at 17801 Detroit Avenue in Lakewood, the Beck Center for the Arts is a not-for-profit 501(c)3 organization that offers professional theater productions, arts education programming in dance, music, theater, visual arts, early childhood, and creative arts therapies for special needs students, and gallery exhibits featuring regional artists.



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A Copy Of "Red Channels" Our Right To Remain Silent... Or Not. (A Brief History of Political Dissent in America)

by Gary Rice

Well, here we go again....it's election season...

That classic paraphrase, reminiscent of Ronald Reagan's highly successful "There you go again" debating remark used with both Jimmy Carter, and later with Walter Mondale, really sums up our current political season. Whether you supported "The Gipper" or not, that man really knew how to debate, did he not?

With all of the political dissent going on around the world these days, and particularly with what's been going on in the streets of our country lately, I thought that we might take a brief look at an American historical perspective for all of this.

Used to be, Americans thought of politics as seldom as possible, and then, oftentimes, in the least favorable terms. Not any longer. Hardly a day goes by nowadays without some political issue or personality getting into our collective faces.

There have been many political issues over the years that Americans have felt strongly about, including the "taxation without representation" issue that fueled the Boston Tea Party at the start of our country's history. That first protest seems to have inspired many small-government advocates currently involved with the present-day "Tea Party" movement. Of course, now we also have the "Occupy Wall Street" group out there, many of whom probably feel that we need even more governmental oversight of the business world.

I suppose that the main thing people seem to argue about these days would be the so-called "liberal-conservative" issue. That debate represents the two classic points of departure for political discussions of perhaps, the last 300 years or so. Truthfully, it would have been good if those positions had represented "discussion" points only, but truth be told, massive amounts of violence have transpired over the years from some of the advocates of those positions. Indeed, some political scientists have argued that virtually ALL of the wars of the last 200 years have had ideological roots. While some would suggest that economics would be the larger problem, still others would argue with equal fervor that ideology ALWAYS drives economics.

In our country, we've had passionate liberal-conservative discussions going back to the beginning of our Republic. Way back when our country started, Thomas Jefferson battled Alexander Hamilton about the concept of a national bank, and that discussion served as a template for an even larger question as to just how powerful our national government should become. The issues of states' rights and slavery both dogged our nation until the Civil War of 1861-65 more or less settled things; at least for awhile.

One thing that has been pretty consistent over the years has been the American tradition of free speech and having the right to express one's opinion

in political matters. Equally consistent has been the desire of other people to limit any political speech that they might find offensive. Generally in our country, you can believe pretty much whatever you please, at least until you start breaking the law, but sometimes- those lines have blurred a bit. In the late 19th, and early 20th century, America experienced a significant rise in anti-capitalist political terrorism. (Then called "anarchy"- three American Presidents- Lincoln, McKinley, and Garfield, had alarmingly been assassinated by gunfire over a fairly short span of time, and another former president, Theodore Roosevelt, was shot and nearly killed in 1912.) New and radically different political ideas like Communism and Socialism were rapidly coming into this country with the huge wave of immigration to America. America's conception of "free speech" was quite frankly being challenged more and more by some who chose to use the pathways of free speech as a political weapon to destroy America. It was not long until the government's push-back began. Both former President Theodore Roosevelt and President Woodrow Wilson had come out strongly against people who were referred to as being "hyphenated-Americans" who appeared to share a divided loyalty with their former homelands. In November 1919 and January 1920, President Wilson's Attorney-General, A. Mitchell Palmer, organized a number of raids to find and deport "radicals," many of whom were considered to be "leftist anarchists." Our nation had indeed been rocked by a number of allegedly anarchist bombings; including one in 1919 on Wall Street, New York that was, in many ways, just as great a shock to our country back then, as the 9/11 tragedy has been in our time. (Albeit with much less loss of life). In August of that year, Palmer assigned J. Edgar Hoover, future FBI director, to lead a new Justice Department group: the General Intelligence Division, to investigate radical groups in this country and to combat what was then referred to as "The Red Scare." Thousands of suspected radicals were rounded up, and many were deported. "Reds" was the term used to describe Communists who, many felt, were plotting against American business interests.

In the wake of the worldwide Depression of 1929, certain aspects of Communism again became increasingly attractive in this country, as many felt that the American free-enterprise system was on the brink of collapse. There were huge public Communist-friendly rallies and speeches. For awhile, it looked as if Communism was entering the American mainstream. When America and the Soviet Union united in the fight against Fascism in WWII, American Communism was perhaps at its height. After WWII however, another story began to emerge. There were highly publicized allegations and trials concerning sus-

pected Communist spies, along with a real fear that Communists had secretly infiltrated many aspects of American life. The late 1940's saw the rise of a great deal of activity in this country in attempting to discover the Communists among us. That time in our history was referred to as being a "Second Red Scare".

In June, 1950, the soft-cover book, "Red Channels" was published by a group of unnamed authors known as "COUNTERATTACK- THE NEWSLETTER OF FACTS TO COMBAT COMMUNISM." It concerned the alleged influence of Communists in radio and in the new television industry. One of the book's stated purposes was "to indicate the extent to which many prominent actors and artists have been inveigled to lend their names, according to these public records, to organizations espousing Communist causes."

Before long, the lives of the people named in that book had changed forever. Some were blacklisted from performing. Some lost their jobs and had their careers shattered on the basis of unproven allegations, rather than by having been found guilty of anything. Blacklisting had started in the 1940's, but the 1950's brought many more private and public employee investigations and loyalty exams on the Local, State, and Federal levels. Hundreds of people lost their jobs or worse back then. Both the House and the Senate had committees that tried to expose the alleged Communists among us. Perhaps the best known of these was the Senate committee chaired by Sen. Joseph McCarthy of Wisconsin. From his name, this period in history is called "McCarthyism".



photo by Gary Rice

Communists among us? That was the question...

As the years went by, court decisions relating to slander and libel eventually did away with the system of blacklisting, or of making unnamed arbitrary accusations against people, but by then, the damage was done. In an effort to root out Communism, the conservative status-quo in this country ended up getting their noses seriously bruised with the birth of the Civil Rights Era, Vietnam, and Watergate. The demise of "Communist witch hunting" ended up giving rise to new and very resilient forms of American liberal thought. (Although few "liberals" were actually really Communists or even "pure" Socialists, for that matter.) Before long however, President Nixon was out of office, and liberal change was in the air. At the end of a relatively liberal time in the 1970's, American conservatism returned big-time with the Reagan years. Since then, liberals and conservatives have gone toe-to-toe with each other. This election, I am certain, will be no different.

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LO Opinions

Board Of Education Candidate Selection Is As Easy As 1, 2, 3

by Meg Ostrowski

I've been collecting some pretty impressive "resumes" in the form of campaign literature from local School Board candidates over the past few weeks. But when it comes to making my final selection(s) for Election Day, November 8th ... it's as easy as 1, 2, 3.

By referencing the Lakewood City Schools Board of Education Bylaws, Section "123," Code of Ethics/Code of Conduct, and thinking of it as the "job description" for the position, I have been sorting out the best "hire(s)." You can read the full text of the code at <http://www.neola.com/lakewood-oh/>.

I have assumed that all of the candidates are law-abiding, decent, mature people, capable of complying with the majority of the code. However, I have selected the alphabetical items from the code that cause some concern with certain "applicants."

A.) Remember that my first and greatest concern must be the educational welfare of all students attending the public schools;

I am afraid that the highest priority may get lost amongst the difficult financial situation facing the District and the unfinished Master Facilities Plan. "The educational welfare of all students" must be safeguarded and remain the focus through all other circumstances.

G.) Encourage ongoing communications among Board members, the Board, students, staff & the community;

I have witnessed and experienced breakdowns in communication among current Board members and between the Board and the community on important issues. This dysfunction leads to a lack of consensus on the Board, a lack of acceptance in the community and a lack of trust all around. With the majority of the Board members serving their 4th, 5th or 7th terms and their contacts going back decades, who is communicating with those who weren't here way back when? Who is communicating with those that are not part of their long-established intimate network? The Board must represent

ALL residents, including the many first generation transplants that are just as fully invested in the community. This may be most easily remedied in the short term by diversification on the Board. For the future, perhaps term limits and representation by neighborhood school district should be considered.

H.) Render all decisions based on the available facts and my independent judgment rather than succumbing to the influence of individuals or special interest groups;

I won't rehash Phase III of the Master Facilities Plan here but it is a perfect example of why item H is so important. Many citizens believe that facts were ignored and individuals and special interest groups were allowed to dominate and influence the process the Board went through to make their decisions regarding which schools should be included. You can read more at www.lakewoodobserver.com. Go to the menu on the left, under PRINTED ISSUE IN PDF click on Volume 6, Issue 3 & Volume 6, Issue 4 or search "Phase III" on the Observation Deck.

The others have made (an) occasional appearance(s), some very timely, some very beneficial to the community.

N.) Avoid conflicts of interest or the appearance thereof;

Lastly, while I think it is vital that Lakewood citizens, the City, the Schools and all Lakewood organizations work together for the good of our community, there are enough qualified, willing residents to serve the interests of the schools exclusively without having to "avoid conflicts of interest or the appearance thereof;" due to the overlap and relationships that exist with certain candidates.

Before casting your ballot, I encourage you to consider the "job description" when reviewing the candidates' "resumes" arriving on your doorstep this campaign season.

Please vote responsibly, Lakewood's future depends on it.

Fall Leaf Collection Schedule

continued from page 1

Avenue and work west until completed. Collection pick-up for these streets is scheduled to begin on November 7 with additional pick-ups beginning November 21 and December 5.

After crews have completed Clifton and Lake, they will collect leaves citywide starting from the west end and working east. The number of citywide collections will be weather dependent. Residents should place their leaves out as soon as possible to ensure collection. Signs will be posted on side streets to notify residents of upcoming collections.

For daily leaf collection schedule updates, visit www.onelakewood.com/leafcollection.

In order to make the leaf collection process as effective as possible, the City asks residents to please rake leaves onto tree lawns as close to the curb as possible. Raking leaves into the street will slow the collection process and may cause basement flooding.

There will be no leaf collection on November 24 and 25 due to the Thanksgiving holiday. If you have any questions, please call (216) 529-6810 between 7:30 a.m. and 4:30 p.m., Monday - Friday.

I.) Make every effort to attend all Board meetings;

J.) Become informed concerning the issues to be considered at each meeting;

K.) Improve my boardmanship by studying educational issues and by participating in in-service programs;

Although items I, J & K refer to members of the Board, not candidates, a candidate that has been paying attention to the current issues in public education is ready to serve. Having attended many BOE meetings, I can say that aside from the incumbent candidate, only one other candidate has been consistently attending Board meetings in recent years.

Housing:
It Is What Lakewood
Is All About

continued from page 11

with properties in Lakewood and children in Lakewood Schools--that would be in public schools-- she has become the go-to can-do person for any homeowner. So once again, I sit down with Hilary to speak of her and LA's success stories, and will spend time with the judge, and homeowners and look at how many come needing help for one thing, only to find out they can get help for a whole host of other things from combinations of programs put together to fit the needs of each homeowner.



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Saturday, November 19, 2011
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November Events

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"Medication Safety"
Presented by:
Mike Carlin, RPh, Director of Pharmacy
Lakewood Hospital



Lakewood Living In Autumn

Broadway At The Beck: *Race*

Playwright, David Mamet, is a fearless political force in American theater and film, no question about it. And let's face it, America loves a good tousel, tricky controversy explored through the arts - and if you were around during the protests outside the Beck Center during *Jerry Springer: The Opera*, you know that Lakewood is no exception. It's no wonder Mamet had the prowess to launch his 2009 play *Race* directly to Broadway. (Of course his Pulitzer and Tony nomination don't hurt his clout either). It's also no wonder that the Beck Center has put *Race* in their studio theatre's line-up, directed by the always fresh, always relevant Sarah May.

When this hot, new Mamet play debuted on Broadway almost exactly a year after the 2008 presidential election, there was no shortage of discussion about the topic of race in the good old US of A. The timing was perfect to share the story of three attorneys (one black male, one black female and one while male) as they wrestle with the complexities of a case that comes

literally walking in their door- a white man accused of raping a black woman.

A generally strong ensemble takes on the challenges of this multi-layered plot and the distinct dialogue or "Mamet-speak", as it's called. Justin Emeka and Tom Woodward, have crafted two real and compelling characters- attorneys who stand in contrast to one another, but are both equally complex. While Aungelique Scott, the third attorney, doesn't manage to convey all the layers of her character's agenda, she does gel with the rest of the cast and, to be fair, would be hard pressed to compete with the rest of the stellar cast, including Brian Pedaci as the accused. Pedaci is a fresco of guilt, arrogance, conflict avoidance, leaving the audience with mystery of his true motive throughout. Overall, these four actors create an ensemble in the true sense of the word.

Race will leave you riveted, questioning and possibly a little bit uncomfortable- exactly what Mamet

would want.

Of course, this isn't just because of the topic of *Race*. With grey areas of the rape and implications about each character's soci-economic background, the play could easily be called *Gender* or *Class* instead of *Race*. But decide for yourself.

The regional premiere of David Mamet's *Race* in the Studio Theater runs through November 20, 2011. Show times are 8:00 p.m. Fridays and Saturdays and 3:00 p.m. Sundays. There is no performance on Saturday, November 12.

Tickets are \$28 for adults, \$25 for seniors (65 and older) and \$17 for students (with valid ID). An additional \$3 service fee per ticket is applied at the time of purchase. Seating is limited in the Studio Theater. Group discounts are available for parties of 13 or more.

For tickets, call the Beck Center box office at 216.521.2540, ext. 10, or purchase seats online at www.beckcenter.org. Beck Center is located at 17801

Detroit Avenue in Lakewood, just ten minutes west of downtown Cleveland. Free onsite parking is available.

I guarantee you'll form an opinion- even if an ever-changing one. Share your thoughts on my blog at laurenjoyfraley.wordpress.com or the new thread on the Observation Deck at LakewoodObserver.com.

Among *Glengarry Glenn Ross*, *Oleanna*, *Speed the Plow* and so many other Mamet classics, there are also these reads available at the Lakewood Public Library if you just can't get enough Mamet:

"David Mamet : a life in the theatre" a biography by Nadel, Ira Bruce. "The secret knowledge: on the dismantling of America culture" by David Mamet (Tackling issues from global warming to political correctness often touched on in *Race*, this is the story of David Mamet's change of heart towards politics in the mainstream media. This book is considered his response to his 2008 op-ed piece for *The Village Voice*, "Why I Am No Longer a 'Brain- Dead Liberal.'")

Beck Youth Theater Presents Charlotte's Web

by Fran Storch

Beck Youth Theater presents *Charlotte's Web*, based on the classic children's book by E.B. White about "Some Pig" named Wilbur and his special friendship with a spider named Charlotte. Performances will be on the Mackey Main Stage, Nov. 3-6, 2011. Show times are 7:30 p.m. Friday, and 3 p.m. Saturday and Sunday. The student matinee on Thursday, November 3 is sold out.

Charlotte's Web ranked number one of Teachers' Top 100 Books for Children in a 2007 National Education Association survey. Beck Center's production of Joseph Robinette's dramatization of this award-winning book is directed by Jonathan Kronenberger, Beck's associate director of theater education. "I always try to find a classic, timeless story for our students to share with an audience," explained Kronenberger. "*Charlotte's Web* is a perfect fit for audiences of all ages as it teaches us about the strength of friendship between two unlikely friends."

Beck Center's production features a cast of 44 talented young actors ages 7 to 17. Rehearsals began in late September with the children spending afternoons and weekends learning their lines and staging the play. Students also worked behind the scenes helping with lights and sound for this production. Kronenberger feels they have learned other valuable lessons from the show. "*Charlotte's* incredible generosity and selflessness," commented Kronenberger, "is something I think we all need to be reminded of in our daily lives."

This production of *Charlotte's Web* is dedicated to the memory of Lynnette Guttmann, former director of theater education at the Beck Center, who passed away in August. Guttmann, a singer, actress and voice coach, dedicated her life

to theater education throughout Northeast Ohio. Lynnette was well known and admired for her generous spirit and commitment to her students, many of whom went on to share their talents on Broadway, including Beck alum Rory O'Malley, who was nominated for a Tony Award earlier this year.

Tickets for *Charlotte's Web* are \$12 for Adults/Seniors (65 and over) and \$10

for Children/Students (18 and under). Special discounted rates are available for groups of 13 or more. For tickets, visit beckcenter.org or call 216.521.2540 x10. Beck Center is located at 17801 Detroit Avenue in Lakewood. Free onsite parking is available.

Beck Center's production of *Charlotte's Web* is presented through special arrangement with The Dramatic Pub-

lishing Company, Woodstock, IL, and is sponsored by First Federal Lakewood and Cox Communications. The Ohio Arts Council helped fund this production with state tax dollars to encourage economic growth, educational excellence, and cultural enrichment for all Ohioans. This production is also generously supported by the public through a grant from Cuyahoga Arts and Culture.

Catch A Great Show At The Beck Center While Helping Lakewood Seniors

by Barry Wemyss

Mark your calendars now. On Sunday, December 11, at 2:00 PM, on the Main Stage at the Beck Center (17801 Detroit Ave.) there will be a special matinee performance of "Joseph and the Technicolor Dreamcoat". The Lakewood Division of Aging has acquired a limited number of tickets, of which, sixty percent of the proceeds will be dedicated to vital senior services

such as medical transportation and hot meals for the homebound. Tickets are only \$30.00 each, and are available for purchase at the Lawther Senior Center at 16024 Madison Avenue or by calling the Lakewood Division of Aging offices at 216-521-1515.

"Joseph and the Amazing Technicolor Dreamcoat" with lyrics by Tim Rice and music by Andrew Lloyd Weber, will have patrons laughing at

the antics of the twelve brothers, and will touch you with a powerful score direct from Broadway. This magical production provides a great opportunity to take a break from holiday preparations and create some wonderful family memories. In this season of giving, ticket purchases will continue to give long after the holidays are over. Join us as we put the FUN back in fundraiser.

LHS Alum, Marching Band Rock The House



Cleveland guitarist Snake Rock (nee Cristian Cremona), a 1977 graduate of Lakewood High School, joined the Rangers Marching Band for a performance of the Beatles' "Can't Buy Me Love" during the band's Fri., Oct. 14, halftime show at Lakewood.

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Lakewood Living In Autumn

Being One With One's Bike

The idea for this column came about shortly after I started working at the Root. My bike was in the basement after riding to work, and Christophe, my now great and loving friend, said, “That’s YOUR bike?? I see it everywhere and never knew!” I started to love the idea of seeing bikes on their own and being able to pair them with their human companions. I also had (and still have) my fair share of curiosity about many of the commonly seen bikes around Lakewood.

One bike (and person) I was really interested in learning about was the red fixed gear with the polka-dot tires that a Miss Frances Killea was riding all over Cleveland. She can be seen anywhere from Lakewood to Cleveland Heights and everywhere in between. Frances is riding a different bike these days, but one that is equally as unique as her old Miyata, which she refers to as the “red-framed, polka-dot steed.”

As is often the case with dogs and their owners, one can see distinct qualities between bikes and their owners that just make sense for them to be paired together. Frances is such a great example of this, and what is fascinating to me is that both her old and new bikes are equally able to fill this role. Her new bike is a total mystery, a white steel frame that had already been stripped of its decals and painted before it came



Frances can be found traveling in and around Lakewood (and all across Cleveland) in any weather!

into her world. Filled with tiny details that someone painstakingly (and lovingly) put into the frame, such as tiny hearts, pinecones, and holes drilled around the dropouts, it is truly a bike that has as much character, personality, and mystery as Frances herself.

Of all of the people I’ve met through this column and through my time riding in Lakewood, Frances is one of the standouts for being what I’d call a beast rider. She hasn’t owned

a car in all of the years she’s lived in Cleveland, and has gotten around by bike since 2007. I’m talking about four seasons of riding, with public transportation being her only backup, and only in extreme situations. And she’s not just commuting a few miles to work and back, she’s riding extensive city miles every single day.

It takes a person who is more dedicated to their bike than just a casual relationship, and Frances puts it per-



fectly with this statement: “It’s choice and speed and it’s a really fine relationship between my body and my vehicle, and on top of it all, it’s the most pleasurable way to get a breath of air and a minute away from obligation.” With this, I feel as if Frances has put into words the almost ethereal feeling that comes with pushing pedals on a machine with which you have such a strong connection.

Frances shares the same concerns as other cyclists when it comes to safety on the road. She brings up a solid point though...when new drivers are taking driver’s education, there should be specific instruction on how to interact with cyclists. Especially with the winter season coming up, in which both driving and cycling alone become more dangerous, everyone’s level of consciousness must be raised across the board.

As opposed to having specific biking idols, Frances gives big nods towards her cycling friends, bike shop owners and mechanics, and messengers as being significant figures in sharing her cycling history and future.

We have a strong community in this city, and our cycling community is growing every day. It’s exciting to be a part of it, and I can’t wait for the time when every person I interact with has been able to experience that same excitement and emotion.

Stay on those bikes this winter! Frances and I and many others will be out there with you, loving every minute of it.

...Don’t forget Lakewood Sunday Mass Rides...the second Sunday of every month (November 13th for the next one), with two rides, one at 11:00AM, and one at 7:00PM, both starting at Lakewood Park.

...And grab that winter gear for cold and wet riding...many local shops are stocked up!

Nature's Bin Honors Veterans–

November 11-13 Support Local Service Men And Women At “Tribute To Veterans” Event

by Mary Johnson

Join Nature’s Bin, a full service natural foods market in Lakewood Friday, November 11 – Sunday, November 13 for a special “Tribute to Veterans.” All veterans, as well as active duty service men and women will receive a 10% discount at the store. (18120 Sloane Avenue).

“Tribute to Veterans” will feature a variety of events in honor of our local veterans. A special “Roll Call” will proudly be displayed in the vestibule of Nature’s Bin honoring the many veterans and active members of our military who live, work and shop in the local community. Customers can submit the names

of family members by November 4 and all the names will be added to the Roll Call. Ask a cashier for the Veteran’s Day Roll Call form when you are shopping in the store or email the person’s first and last name as well as branch of service to naturesbinlakewood@gmail.com.

In addition, an award winning piece by Phyllis Fannin, Lakewood artist, entitled “Last Moment in My Arms” depicting the last embrace she gave to her son, Mark before he left for Afghanistan will also be on display.

“Nature’s Bin is proud to be a part of the local community and honor our local veterans with a special tribute weekend,”

stated Scott Duennes, Executive Director of Nature’s Bin and Vietnam Navy Veteran. “We hope the entire community joins us in recognition of the hard work and dedication of our service men and women to this great country.”

The Vietnam Veterans of America, Chapter 249 will provide Service Colors (flags of the United States Armed Forces) for display at the store for the weekend. Nature’s Bin will also be dedicating a new 20-foot flag pole in front of Nature’s Bin at 11:00 a.m. on Friday, November 11, 2011.

To learn more about Nature’s Bin “Tribute to Veterans” visit www.naturesbin.com.

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The Back Page



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