

Free – Take One!
Please Patronize Our Advertisers!



Let It Snow! Snow Sculpting Contest In Kauffman Park All January

THE LAKEWOOD OBSERVER

Proud Member Of The Observer Media Family Of Community Owned Newspapers & Websites

Volume 8, Issue 1, January 10, 2012

2012 Comes In Like A Lion As

Quiet Street Disturbed By Violence

by Jim O'Bryan

It was a quiet evening on Waterbury Ave. people taking down Christmas trimmings and packing up the lights. "Suddenly I heard a gunshot, it was muffled, but it sure sounded like a gunshot. Then two more in rapid succession and I am sure those were gunshots not firecrackers. Then all hell broke loose," said one of neighbors on the street. "Next thing I know a Burgundy SUV driven by a white gal comes flying down the street followed by a black male in a dark colored Honda Element. They stopped behind Waterbury Coach house where I heard her say, 'They offed him, we got to get out of here.' Then people and cars were running everywhere as the party emptied out."

When I asked if he knew

who was involved he said "probably the same punks that have been writing "313" around the neighborhood." "313" is the area code for Detroit Michigan, and is not only featured in an Eminem song, but is also a tag used by Detroit gangs working Cleveland Heights as reported in the Heights Observer.

Within minutes the police were there, but the scene had spread and the Lakewood Police were not far behind. They surrounded a house south of Athens on Waterbury, where one the the "girlfriends lived."

In fact, as I was leaving the scene of the murder, I stumbled across 9 police cars hidden on Athens and asked what was going on- it would seem they were surrounding a house. As I left, I had a tip that police were also on Lakewood Ave.,



Neighbors look on as police assess the crime scene on Waterbury.

Elbur, Quail, and Halstead. So, I stopped by Lakewood Ave where SWAT had come in as well as the Lakewood Fire Department. They had extended a ladder to the third floor window of the house the shooter was believed to be hiding in. First they had to get the

children and people out of the house, then they had to go in to a very dark, cramped place that would have put them at the criminal's mercy had he been there. So the Fire Department extended a ladder to the third floor and SWAT knocked out the window, and entered the house, but found no one. The

police never let up all night long, rounding up suspects and witnesses. By 2 a.m., they had six in custody, and they were talking.

The next morning police were still shaking down everyone and rounding up "people of interest" that might have been at the party, or involved in the party. By this time the police had a pretty good idea of who was involved and what happened, and Lakewood Police Chief Timothy Malley released this:

From: Chief Timothy J. Malley - News Release 12-000173 - "The Lakewood Police Department investigated the report of gunshots at 2051 Waterbury on 1-6-12 at 9:27 PM. Upon arrival officers found Charles E. Wilson, **continued on page 4**

Timothy J. Penton District's Next Treasurer



Tim Penton thanks the Board at its Jan. 3 meeting for selecting him as the District's next treasurer.

by Christine Gordillo

Although he doesn't come on board with the Lakewood City Schools until next October, the District's next treasurer, Timothy J. Penton, is eager to become part of the Lakewood community.

"I am excited to be part of the Lakewood community," said Penton during his introduction by the Lakewood Board of Education at its Jan. 3 meeting. "This is a homecoming of sorts for me," said Penton, who grew up in Lorain County, has family in

Lakewood and plans to live in Lakewood.

At a December 22 meeting, the Board of Education chose Penton, current treasurer of the Whitehall City Schools in Franklin County, as the District's next treasurer after a thorough and months-long search led by the Ohio School Boards Association.

Penton will replace Richard Berdine, who earlier this year announced his resignation effective December 31, 2012. Penton will begin a tran-
continued on page 8

Tuberculosis Scare At LHS Health Officials Say Risk For Others Extremely Low

by Christine Gordillo

The Lakewood City School District received information late Thursday, Jan. 5, by the Cuyahoga County Tuberculosis Program that a member of the West Shore Career-Technical District, housed at Lakewood High School, tested positive for tuberculosis. The case was confirmed through the TB Clinic at MetroHealth Medical Center.

This person was diagnosed over winter break and has not returned to school. Experts in the TB Clinic have advised the risk is extremely low to our West Shore community and that the school does not need to close. Of those few individuals who may have been exposed, the risk remains extremely low. The TB Clinic will be in contact with these individuals. The District is working in close cooperation with the TB Clinic, which has advised against the need for general testing in our community.

Any questions can be answered by Cuyahoga County TB Program at 216-778-8083.

Lakewood Loses A Good One Robert Seelie, 1956 - 2012

by Jim O'Bryan

As we went to press we learned of the passing of Robert Seelie. A lot of Lakewood knew Robert Seelie as the Councilman, and as President of Council, but anyone who knew Bob, knew he was something special. Paralyzed from the waist down in a freak water-skiing accident in his prime, he proved to everyone that paralyzed did not mean he was handicapped at all. After spending anytime with Bob, you walked away smiling,



and feeling a little better. He had that way about him. His smile was infectious, and his wit razor sharp.

Bob grew up in Lakewood and loved it deeply. Bob you are already missed.

Lakewood's Judge Carroll Honored



Lakewood Municipal Court Judge Patrick Carroll is the 2012 recipient of Recovery Resources' Bronze Key for his long-time support of their mission.

Calendar Page

Monday, January 9
AARP free tax - aide help
10:30 Pm - 2:30 pm

Appointments can be made starting the first week of January. Call daily to set up your appointment for free tax - aide help. The IRS certified volunteers are ready to help low to moderate income taxpayers of all ages. You do not need to be a member of AARP to receive this free service.

We will be available to file your taxes every Monday & Tuesday noon until 4:00pm. Starting February 6th.
Call 216-226-0611 any day 10:30 -2:30.To set up your appointment.
Location:
Lakewood Senior Center West 16024 Madison Ave. Lakewood Ohio 44107

Wednesday, January 11
Wine & Design
7:00 PM - 15220 Madison Ave

Selling Your Home? Attend this Staging Seminar to learn all the tips and tricks to make your home appealing to prospective buyers. Limited seating. Reservations required 25.00 per person. Wine and Cheese served.

Friday, January 13
Grand Opening Of The Reiki Room
Healing Arts Center
11:00 AM - 6:00 PM
1394 Cranford Ave.
Lakewood Ohio 44107

Join us for our Grand Opening Weekend at The Reiki Room Healing Arts Center
Friday January 13th and Saturday January 14th 11:00-6:00! We are also offering a FREE Reiki Circle Open House on Sunday January 15th from 2:00-5:00. Come meet our wonderful staff of Reiki Master Gina Tatsumi and Tamara Hess, along with our physician Dr. Adam Davis, Chiropractor and Acupuncturist. Our massage therapist Greg Kendzior will be offering complimentary hand and arm massages on Friday during the event! Chris Elchanic will be offering Infant Massage Classes starting next month, to teach parents how to massage their babies for comfort and healing.

We will be offering beverages, snacks as well as mimi treatments. We are a Healing Arts Center dedicated to educating and healing the community.

Please visit our website at www.thereikiroom.com info for more details!

Saturday, January 14
Diaries of Adam & Eve
7:00 PM
16511 Hilliard Rd.

A pop-rock cabaret concert at Faith Lutheran Church,

Actors will tell Mark Twain's classic version of the Bible story of Adam and Eve, backed by Crossfire, the worship band from Prince of Peace Lutheran Church/ Westlake performing music of Faith No More, One Republic, Jet, Avril Lavigne, the Stone Temple Pilots and more.

For more information call Faith at 216-226-6500. Faith Lutheran Church, 16511 Hilliard, Lakewood.

Community Diversity Potluck Set For January 19

by Melissa Garrett

The Lakewood Community Relations Advisory Commission and Lakewood High School's Race and Diversity (RAD) Club will hold a Community Diversity Potluck on Thursday, January 19, 2012 from 6:00 p.m. to 8:00 p.m. in the Woman's Club Pavilion at Lakewood Park, 14532 Lake Avenue. The theme for the potluck is "The World Lives in Lakewood." Come

Monday, January 16
Martin Luther King Jr. Day Celebration
11:00 AM - 5:00 PM
Maltz Museum of Jewish Heritage
2929 Richmond Rd.
Beachwood, OH 44122
Free Admission to all Museum galleries and special programs!

Participate in our tribute to Martin Luther King, Jr. with guided tours of the American Story Gallery, where the stories of how individuals overcame discrimination, prejudice and adversity come to life.

1:30pm Special Musical Performance - Young and old alike will enjoy the special jazz, blues and traditional musical performance Unchained: From Slavery to Civil Rights featuring vocalist Evelyn Wright accompanied by Roots of American Music artists bass-master Ray DeForest, keyboard player Joe Hunter and guitarist Kevin Richards.

Friday, January 20
Lakewood Early Childhood PTA's Open House and Children's Party
12:00 AM - 8:00 PM

Don't spend another Friday night alone at home with the kids! Instead, put your littles in their coats, warm up the car and head over to Harrison Elementary and join the Lakewood Early Childhood PTA's monthly Children's Party complete with pizza and snacks to munch on, crafts for the youngsters to create and don't forget the big open gym filled with hula hoops, balls and other type toys that are sure to burn all of that winter-post-holiday energy right out of even the most energetic child!

The Lakewood Early Childhood PTA (LECPTA) strives to promote the welfare of children age birth through age 6 and their families in our city. We are a non-profit, volunteer organization that is part of the local, state, and national PTAs. We are a network of families supporting families through the precious & fleeting early years of childhood. Our membership includes stay-at-home moms, stay-at-home dads, parents who work full-time, parents who work part-time, single parents, guardians, grandparents, & caregivers.

Membership is open to anyone in Lakewood or the surrounding communities with an interest in programs for children from birth through six years of age. We are not affiliated with any one school;

join your neighbors, young and old, to celebrate living in Lakewood.

Attendees are asked to bring a dish (vegetarian or meat) to serve six that represents your family or cultural tradition(s). Beverages and tableware will be provided. This is a great opportunity to greet neighbors and make new friends. There will be fun activities for all ages.

instead, we strive to promote the welfare of children and family community-wide.

Some of the perks of membership include:

- The Scoop, our monthly newsletter packed with activities for your family.
- Playgroups
- Children's parties with seasonal themes, crafts and, sometimes, live entertainment.
- Tours of local sites of interest: Fire Station, Museums, Apple Picking and so much more!
- Family outings - discount rates on special events: Playhouse Square, the Circus — to name a few!
- Adult socials to enjoy a much-needed night out to relax, unwind and just have a little adult conversation
- Baby and Toddler programs focusing on children from birth through age 3
- Community Service opportunities -- Helping Hands providing meals for member families in times of need
- Monthly Meetings featuring informative speakers and topics

Come join us & reap the benefits of being part of the supportive parenting community that is the Lakewood Early Childhood PTA! Contact the LECPTA at 216-536-0821 or lecpta@gmail.com Harrison Elementary, 2080 Quail Avenue

Lakewood Chamber of Commerce January Luncheon Meeting
11:30 AM

Brennan's Catering & Banquet Center
13000 Triskett Road, Cleveland OH 44111
\$15/members, \$20/non-members

Do you want to increase your revenue and awareness? Do you want to work smarter, not harder? How do you engage and connect with your target market? How can you catch their attention and get them to buy?

Clients and audiences say that Katherine Miracle is the one who has done it, who teaches it, and can help you succeed at it!


Katherine Miracle is the Founder and President of Miracle Resources, a professional consulting firm specializing in marketing, public relations, advertising, and fundraising.

Join us as we hear from this award-winning speaker and meeting facilitator who will engage members in a lively discussion about planning for the year 2012.

Wednesday, January 25
Coast Guard Auxiliary Safe Boating Classes
7:00 PM - 9:30 PM
Garfield Middle School
13114 Detroit Ave., Lakewood, OH 44107

The State of Ohio's mandatory boating education law requires boaters born on or after January 1, 1982, to complete a National Association of State Boating Law Administrators (NASBLA) approved course before operating a boat more than ten horsepower. There are 24,161 boats registered in Cuyahoga County. According to the ODNR Boating Accident Report for 2006-2010, there have been 276 accidents on Lake Erie involving 350 vessels, 127 injuries, and 19 fatalities. U.S. Coast Guard Auxiliary Flotilla 7-5 is offering the following two public safe boating classes: Boating Skills & Seamanship (powerboat oriented) and Sailing Skills & Seamanship. The two boating classes will start on Wednesday, January 25, 2012 and run through March 21 from 7:00-9:30 on Wednesday evenings. USCG Auxiliary and Ohio boating certificates issued for both classes and both classes NASBLA approved. Possible insurance discount. Register through Lakewood Recreation. Contact V. Suda 216-226-7221 or sudav@cox.net for more details.

Many more listings at
www.lakewoodobserver.com



THE

LAKEWOOD

OBSERVER

Your Independent Source for
Lakewood News & Opinion

Published biweekly with a current circulation of 10,000+ copies. The paper is made available free of charge and can be found at over 130 business locations within the City of Lakewood and on our website. The views and opinions expressed in this publication do not necessarily reflect the views and opinions of the publisher and staff. Copyright 2010 • The Lakewood Observer, Inc. All rights reserved. Any reproduction is forbidden without written permission.

The mission of the Lakewood Observer is to attract, articulate, and amplify civic intelligence and community good will in the city of Lakewood and beyond.

Become an Observer!

As a product of citizen journalism, The Lakewood Observer is looking for people, ages 3-100, to get involved in the paper and the city. We are looking for volunteer writers, photographers, designers, and illustrators to help with the production of the paper. It does not matter if you are a professional or amateur, our editorial staff will be glad to help you through the process.


Register to our website Member Center where you can submit stories, press releases, letters to the editor, photos. No need to register to post online calendar or classified ads.

Upcoming Submission Deadline	Publish Date
Sunday, January 15	Tuesday, January 24
Sunday, January 29	Tuesday, February 7

www.lakewoodobserver.com – 216.712.7070
14900 Detroit Avenue, Suite 205, Lakewood, OH 44107

The Lakewood Observer


is powered by AGS's:



Ninth Estate
Software

PUBLISHER Jim O'Bryan	EDITOR IN CHIEF Margaret Brinich	ADVERTISING Maggie Fraley LO.adsales@gmail.com
---------------------------------	--	---

ADVISORY BOARD - Kenneth Warren, Steve Davis, Heidi Hilty, Dan Ott, Jeff Endress, Lauren Fine, Steve Ott, Vince Frantz, Margaret Brinich, Betsy Voinovich
EDITORIAL BOARD - Thealexa Becker, Nicole Boose, Margaret Brinich, Vincent O'Keefe, Heather Ramsey, Casey Ryan, Betsy Voinovich, Kenneth Warren
WEBMASTERS - Jim DeVito, Dan Ott
PHOTOGRAPHY - Mary Breiner, Trevor Davis, Christine Gordillo, Jim O'Bryan, Kim Parrish, Nicka Petruccio, Gary Rice, and Julie Strunk.
ILLUSTRATIONS - Rob Masek, **PRODUCTION** - A Graphic Solution, Inc.
CONTRIBUTING WRITERS - Mazie Adams, Mike Belsito, Christopher Bindel, Gordon Brumm, Katherine Bulava, Bret Callentine, Lisa Calfee, Jana Christian, Calvin Dolatowski, Josie Duennes, Alanna Faith, Andrea Fisher, Marge Foley, Patrick J. Garmone, Melissa Garrett, Thomas George, Christine Gordillo, Mark Hofelich, Mary Johnson, Peter Jones, Shawn Juris, Arlie Matera, Christina McCallum, Joan Miller, Leana Donofrio-Milovan, Erin O'Brien, Meg Ostrowski, Annamarie Pamphilis, Chris Perry, Nicka Petruccio, Paula Reed, Gary Rice, Mark Rollenhagen, Barbara Knill Rook, Saige Rook, Corey Rossen, Kevin Rush, Paul Schrmph, Gary Spear, Edward Staskus, Angie Stokes, Fran Storch, Julie Strunk, Judy Knill Todia, Jason Weiner, Kris Williams, Caryn Wood, and Eva Wynn.



18514 Detroit Avenue,

Lakewood, OH 44107

phone: 216-521-7684

fax: 216-521-9518

West End Tavern presents:

“Saturday

Bloody Mary Bar”

Create Your Own - 11 a.m.

Serving Breakfast/Lunch

featuring our famous

Gourmet Meatloaf Stack and

Savory Pot Roast

Voted Best Hamburger

On The Northcoast!

“Sunday Brunch”

10 a.m. – 2 p.m.

A 20-Year Lakewood Tradition

Eggs Benedict • Eggs Sardoux •

Stuffed French Toast • Pot Roast Hash

Omelets • Fritatas • and more!

featuring our famous

"Mega Mimosas"

Lakewood City News

Council Starts A New Year

by Christopher Bindel

Council President Mary Louise Madigan called the December 19, 2011 meeting of Council to order at 7:30 P.M. Her first order of business was to recognize Carol Rothgery, the Division Manager for the Division of Refuse and Recycling, on the accomplishments of her career upon her retirement.

Mrs. Rothgery began working for the City in 1981 as a clerk typist. In 1992 she was promoted to Unit Manager in the Division of Refuse and became Division Manager in 2009. Some of her accomplishments include mastering the complexities of automated refuse pick up, mandatory recycling, navigating the everchanging efficiencies in waste management while at the same time working through extensive workforce reduction.

Council passed a resolution recognizing Mrs. Rothgery's many accomplishments.

The next item on the agenda was a resolution regarding Lakewood's Poet Laureate. Last year for the first time Lakewood chose to have a citizen represent the city as its first poet Laureate. The man they chose was Wilber Knittel. Over the last year Mr. Knittel has read his original poems at Lakewood events such as the commemoration of the

Firefighters Memorial, Veterans' Day Celebration and Light Up Lakewood. This year, after his gracious participation in so many Lakewood events, the City decided to continue with Mr. Knittel as the Poet Laureate. Council passed a resolution to make it official.

Fire Chief Scott Gilman then asked Council to consider a resolution that would allow the City to accept a \$48,419 grant from Cuyahoga County. These funds would be used to purchase a new rescue boat and necessary equipment for safe water rescues. The grant would require a 25% match from the City, totaling \$16,140. The boat would replace the current 12-foot inflatable boat that the city has and will allow for safer operations during water rescues.

Council President Madigan adjourned the meeting at 8:23 P.M.

Starting off the New Year, Lakewood City Council met on January 3, 2012 and Council President Mary Louise Madigan called the meeting to order at 7:30 P.M. The first order of business was to excuse the absence of Councilman Tom Bullock (Ward II), which they did.

The next order of business was

for Council to choose who would lead them for the next year. Current Council President, Councilwoman Madigan (Ward IV), nominated Councilman Brian Powers (At-Large) for President. All present members of Council agreed and elected Councilman Powers as the new Council President. Councilman Powers abstained from the vote.

Councilman Powers thanked everyone for their support and said he was looking forward to leading them. He then nominated Councilwoman Madigan for the position of Vice-President. She also received unanimous votes from her fellow councilpersons.

Following the elections of the Council officers, Councilwoman Madigan read a report from the Committee of the Whole regarding Council's discussion on the ordinance that prohibits certain animals in Lakewood. As currently written, at the end of the list of prohibited animals, it gives the Mayor or his designee the right to give exceptions to the prohibitions for "scientific, educational, or commercial or other" purposes. This leaves the ordinance pretty open to interpretation which some members on Council thought were too open. Councilman Powers introduced an amended version of this ordinance at the November 21, 2011 meeting that would eliminate the word 'other' from the ordinance, limit-

ing the exceptions the administration could make.

Councilwoman Madigan reported that the Committee of the Whole (which consists of all members of Council) recommended the adoption of Powers amendment but also suggested a few other changes. Those changes included taking out the provision that allowed the mayor to make permanent exceptions and adding one that requires the mayor to make Council aware of any exceptions at least 30 days in advance. Recommendation was approved 5-1.

Before voting on the changes to the ordinance Councilman, Shawn Juris (Ward III) said that he appreciated the attempts to improve the law but believed that there was more work to do and thought they should continue working on it before voting.

Council passed the ordinance 5-1 with Councilman Juris voting against it.

Coming to the end of a very short meeting, the new Council President Powers adjourned the meeting at 7:55 P.M.

Council meetings are held every first and third Monday of the month at 7:30 P.M. in the City Hall Auditorium. The next regularly scheduled council meeting will be held on January 17, 2012. For a copy of the agenda or for any other information regarding the Lakewood City Council, you can find it at onelakewood.com/citygovern_council.html.

Land Bank Partners With The International Services Center To Create Home For Refugees

by Katherine Bulava

The Cuyahoga County Land Bank has partnered with the International Services Center (ISC) in order to provide housing for refugees settling in Northeast Ohio, starting with a home in Lakewood.

"We really saw this as the perfect partnership," said Gus Frangos, President of the Cuyahoga Land Bank. "The ISC has identified housing as one of the most challenging aspects of settling refugees in Northeast Ohio and we have housing on hand to supply."

Placing refugees in housing has been challenging for the ISC as landlords are often reluctant to accept tenants with no credit history, work history in the United States or current employment. At the same time, the ISC has noted that refugees, who are anxious to lead normal lives after having lived in refugee camps and are looking to settle down permanently, take great pride in their homes and help stabilize neighborhoods.

The Discovering Home Program: A New Beginning kicked off with a home at 1443 Hopkins Avenue in Lakewood. The organizations, along with Fannie Mae, will invest in renovations of properties selected for the partnership. The refugees in ISC's program will also participate in the renovations, building a sense of pride and ownership through sweat equity.

Rehabilitation work on the Hopkins Avenue property began in November with a projected move-in ready date of February 2012. The



Cuyahoga Land Bank and ISC intend to complete seven units of refugee housing by the end of 2012. All of the units will be located in Cuyahoga County.

"We have a unique opportunity for investing in lives that will establish roots in our local community," said Karin Wishner, Executive Director of International Services Center of Cleveland. "Refugees come with very little, but find a way around obstacles with a willingness to become self-sufficient."

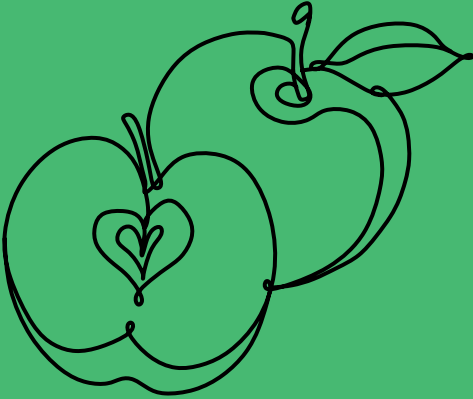
LASKEY CPA

Timothy P. Laskey
certified public accountant

Tax Preparation & Accounting Services

individual · small business
corporate · estate


12511 Madison Avenue
Lakewood, OH 44107
P: 216/521-2100
F: 216/521-3258



Expert care.
It's at the core of managing
your diabetes.

Lakewood Hospital is the only hospital on Cleveland's West Side that offers a variety of diabetes specialists, treatment and management options all in one convenient location. At the Lakewood Hospital Diabetes and Endocrine Center, patients have access to a full spectrum of care provided by endocrinologists, dietitians, diabetes educators and podiatrists. You'll feel confident knowing you have expert attention and support to help maintain a healthy lifestyle.

Call 216.529.5300.
lakewoodhospital.org/diabetes

 **Lakewood Hospital**
a Cleveland Clinic hospital

Every life deserves world class care.

Lakewood City News

Quiet Street Disturbed By Violence

continued from page 1

17, of 2013 W104 Cleveland, dead from a gunshot wound. Located outside of the residence was Frederick Burt, 20 yrs, of 2013 W 104th, Cleveland. He had a gunshot wound to the leg and was transported to Metro Hospital.

Investigation is ongoing by the Lakewood Police Department and the Cuyahoga County Coroner's Office. Several individuals have been arrested in relation to this case, charges will be filed by Monday, January 9th, 2012. Evidence has been collected and will be submitted to the Coroner's Office for testing. One firearm has been impounded in relation to this case. An updated news release will be issued by the Office of the Chief of Police on Monday January 9th."

All weekend long, people that had attended the party were turning themselves in. Monday morning at noon Chief Malley had added this news release:

News Release 1.9.2012 - "In regards to the shooting at 2051 Waterbury on 1/6/2012, the following individuals have

been charged: Andre Daniels, 25yrs old, of 1588 Lakewood Ave, Lakewood-Aggravated Murder, Ronald Perry, 21yrs old, of 2034 Richland Ave. Lakewood - Obstructing Justice, Heather Tuel, 33yrs old, of 1588 Lakewood Ave. Lakewood - Obstructing Justice, Deon D. Allen, 18yrs old of Atlanta Georgia, - Obstructing Official Business, Alex F. Sifford, 17yrs old of Clifton Blvd, Cleveland - Delinquency - Receiving Stolen Property. - The investigation is ongoing with additional charges possible for these and other suspects. The cases for Daniels, Perry, and Tuel will be handled by the Cuyahoga County Prosecutor in the Common Pleas Court. Allen will be prosecuted by the Lakewood City Prosecutor in Lakewood Municipal Court. Sifford will be charged in the Cuyahoga County Juvenile Court. The initial investigation reveals that there may have been some familiarity between some of the suspects and victims. Motive has not been established at this point. The investigation is ongoing between the Lakewood Police Depart-

ment, Cuyahoga County Coroner, and the Cuyahoga County Prosecutor. Further details will be provided when available." - Chief Timothy Malley

Mayor Mike Summers summed it up: "On Friday night, one of our normally tranquil neighborhoods experienced a frightening and disconcerting situation. It is very discouraging and unsettling when violence creeps into our neighborhoods. I can speak with confidence and pride that our safety forces performed admirably. Working cooperatively with our Fire Department, the areas of investigation were adequately lighted, safe and thorough. Within 24 hours, all persons of interest were interviewed except one person. The remaining person is scheduled to be interviewed today.

The inappropriate actions taking place at this house escalated very rapidly. On December 17, 2011, police were called by Waterbury neighbors with nuisance activity complaints. Two more calls over the latter part of December reported loud noise, fighting, and frequent visitors. An arrest was made on December

29th which triggered our criminal nuisance enforcement action initiated last Wednesday, January 4th. We appreciate the vigilance of the Waterbury neighbors. Their attention and action placed this residence on our "radar screen" and enabled us to take the necessary actions to declare this house a nuisance. Unfortunately, this terrible situation occurred before additional action by the landlord could be taken. Our criminal nuisance law was created with the intention of eliminating these types of situations before they escalate to this extreme. The process is designed to protect our neighborhoods, and be respectful of the rights of all parties. We will continue to strive to enforce the nuisance law to the best of our ability."

Meanwhile on the Lakewood Observation Deck people were wondering if the city and the police had done enough. Law Director Kevin Butler answered this with a post Monday at 5:20 pm that stated: "The Waterbury address was the subject of five police visits over a period of three different days in late December 2011. One, on Dec. 17, was for the report of a stolen phone tied somehow to that address. Another, on Dec. 20, was for loud music. Three calls were made Dec. 29, the first for females fighting in the street (gone on arrival), the second for suspicious cars coming and going (gone on arrival), and the third for suspicious males running through the backyard. An arrest was made related to the third call, when a suspect hid from the police, resisted arrest and gave police false information.

On Jan. 4, two days before the homicide, the police sought to add this property to our chronic-nuisance enforcement list related to these December events. Adding the property to the list means a warning letter goes to the landlord and encourages the landlord to remedy the nuisance condition.

Here, the records reflect our police were in step with the criminal activity reported at the property. The activity was dealt with timely and appropriately. Respectfully, I disagree with any statement to the contrary." Kevin Butler

Citizens' Academy Offers Unique Look Inside Lakewood's Police Department

by Melissa Garrett

The Lakewood Division of Police is offering Lakewood residents a unique opportunity to gain some first-hand information about the role of Lakewood's safety and law enforcement department. The Lakewood Police Citizens' Academy is a twelve-week program starting Wednesday, February 1, 2012 and continuing through April 18. The Academy will be held from 7:00 p.m. to 9:00 p.m. at the Lakewood Police Department on each Wednesday.

The Citizens' Police Academy is a 12-week course for Lakewood residents or people who work in Lakewood, 21 years of age or older, who are interested

in learning more about the Division of Police. Classes are held once a week for 2 hours. There is no fee to attend. During the sessions, students are presented with information from a number of speakers to familiarize them with a variety of policing issues in Lakewood. In addition to speakers from the Division of Police, Mayor Summers, the Department of Law, and Judge Carroll also address the class. At the end of each session, the graduates are permitted to schedule a ride-along with a patrol officer for one evening.

According to Police Chief Tim Malley, "The Lakewood Police Department is committed to establishing close working ties with the members

of the community we serve and establishing channels to be responsive to the needs and desires of our community." In addition to the Lakewood Police Citizens' Academy, Chief Malley noted that the Lakewood Police Department develops and presents crime prevention seminars, personal safety programs, neighborhood block watch meetings, traffic and bicycle safety education programs and child safety seminars. Lakewood's Police Department also serves as a liaison with community organizations and groups through the use of foot patrol, community-oriented policing, shadowing programs and sponsoring and participating in special events designed to promote positive relationships between the police and school-age children.

To register or for more information, visit www.onelakewood.com or contact Officer Ortiz at (216) 701-3063.

No Refuse Or Recycling Collected On Monday, January 16

by Melissa Garrett

Due to the Martin Luther King Jr. Day holiday, there will be no refuse or recycling collected on Monday, January 16, 2012. Residents whose refuse is normally collected on Monday will have collection on Tuesday. Residents whose refuse is normally collected on Tuesday, Wednesday and Thursday should have their refuse and recyclables available for collection on their regular day, and it will be collected either on that day or the day after. Residents whose refuse is normally collected on Friday will have collection on Friday.

Residents are reminded that refuse and recycling should not be placed on the curb or tree lawn until after 6:00 p.m. on the night before your collection day and should be available for collection by 6:30 a.m. on the collection day.

In addition, all Lakewood City offices and the Lakewood Municipal

Court will be closed for the holiday. For further information, contact the Lakewood Division of Refuse & Recycling at (216) 252-4322.

GEORGETOWN

Restaurant

LIVE JAZZ!

Join us Friday and Saturday nights starting at 9pm to hear music played by local jazz musicians.

Tuesday Nights in January
We'll be hosting 4 beer dinners.

Featuring *Cellar Rats Local Brewery!*

- Representatives will join us to discuss their beers.
- \$40 inclusive of tax and gratuity.
- 4 courses - each paired with a unique micro brew.

Please call or visit our web site.

Reservations Required. Call 216.221.3500

18515 Detroit Avenue • Lakewood, OH
georgetownrestaurant.net
 Reservations 216.221.3500

AROUND THE CORNER

Lakewood's Favorite Spot For Parties & Fund Raisers!



Sundays - Enjoy our a la carte & delicious Brunch
 Mondays- Buy One, Get One- Black Angus Burgers
 Wednesdays- Try our \$5 Menu!

18616 Detroit Avenue
 216.521.4413 • www.atccafe.com

HEATED PATIO

EATERY
DRINKERY
FUNNERY

LPL Schedule

compiled by Leana Donofrio-Milovan

January, 10

Business Book Talk: Making Ideas Happen

Get down to business with like-minded Lakewoodites. Tim Zaun will put a friendly face on the new ideas and latest innovations coming your way.

Tuesday, January 10 at 7:00 p.m. in the Main Library Meeting Room

January, 11

Health and Wealth: Improve Your Performance

Would you like to live a more natural and healthful life? Holistic wellness coach and master herbalist Rachel Anzalone confronts your greatest health challenges with her powerful plan.

Wednesday, January 11 at 7:00 p.m. in the Main Library Auditorium

January, 12

Booked For Murder: “Mr. White’s Confession”

The eccentric Herbert White enjoys photography and has a bad memory. This combination proves disastrous when two dancers he takes photos of wind up murdered. Lieutenant Wesley Horner can't decide if Mr. White is guilty or just a convenient patsy. Meanwhile, the policeman has his hands full with his vagrant mistress and corrupt cops on all sides. If Mr. White can't remember, can justice be served?

Thursday, January 12 at 7:00 p.m. in the Main Library Meeting Room

January, 14

Lakewood Public Cinema: “Malcolm X”

A lot of people were nervous about this movie. When it was first announced that Spike Lee was going to make a biopic about America's most controversial civil rights leader, the media treated it like an impending crisis. But once it was finally released, the critics were silenced. This American epic flees burning crosses, conks its hair, jitterbugs across the dance floor, lands in jail and copies out the dictionary. And its troubled hero rises above a world of hate to make a pilgrimage beyond prejudice to love and respect. Not even an assassin's bullet could stop this story from being a triumph for all. “I am Malcolm X!”

Saturday, January 14 at 6:00 p.m. in the Main Library Auditorium

January, 15

Sunday with the Friends: Neil Jacobs

Drawing inspiration from far-flung travels and his own improbable life, Neil Jacobs writes music for the 12-string guitar that lets you know what it feels like to caravan with modern-day Gypsies in Spain, break bread in a Balkan refugee camp and saddle up with surreal cowboy dreamers.

Sunday, January 15 at 2:00 p.m. in the Main Library Auditorium

January, 17

School in Cinema: “Including Samuel”

Before his son was diagnosed with cerebral palsy, Dan Habib never thought about the ways that people with disabilities are included and excluded in everyday activities. This film chronicles his family's efforts to include Samuel in every aspect of their lives.

Tuesday, January 17 at 7:00 p.m. in the Main Library Auditorium

January, 17

Knit & Lit

Gail Eaton hosts a social club for multitaskers—a combination book club and stitchery group. She's looking for readers who can enjoy intense discussion of modern classics while relaxing with their latest project. Come share your passion for great literature and show off your knitting, crocheting, counted cross-stitch, embroidery and quilting works-in-progress. At the close of every meeting, the group decides which book will be read for next time. Visit www.lakewoodpubliclibrary.org/bookclubs for a complete list of the books being considered and find out which title you should read to be ready for the next discussion.

Tuesday, January 17 at 7:00 p.m. in the Main Library Meeting Room

January, 19

The Worlds of Maurice Sendak: “Tell Them Anything You Want” Movie

This intimate documentary look at the life and art of Maurice Sendak is not afraid to portray its subject as a curmudgeon. At eighty-one years old, he says what he means and it's not always polite. Can we blame him? Looking back at a long career, the artist can remember a time when his beloved stories were considered inappropriate for children. Now he's supposed to sit still while we call him a genius? This funny and frank film perseveres to honor its reluctant subject—the funny Jewish kid from Brooklyn who became the favorite artist of generations of American children.

Thursday, January 19 at 7:00 p.m. in the Main Library Auditorium

January, 21

Five Star Films: “The Remains of the Day”

Anthony Hopkins, the middle-aged head butler of an English manor, leads a solitary existence of emotionless, dedicated service. But when Emma Thompson, the new head housekeeper shows up, his life is turned upside down by the sudden jolt of new emotions. What to do with these feelings? Can he possibly speak of them? Meanwhile, a plot is brewing within the house that could alter the future of both England and Hugh Grant.

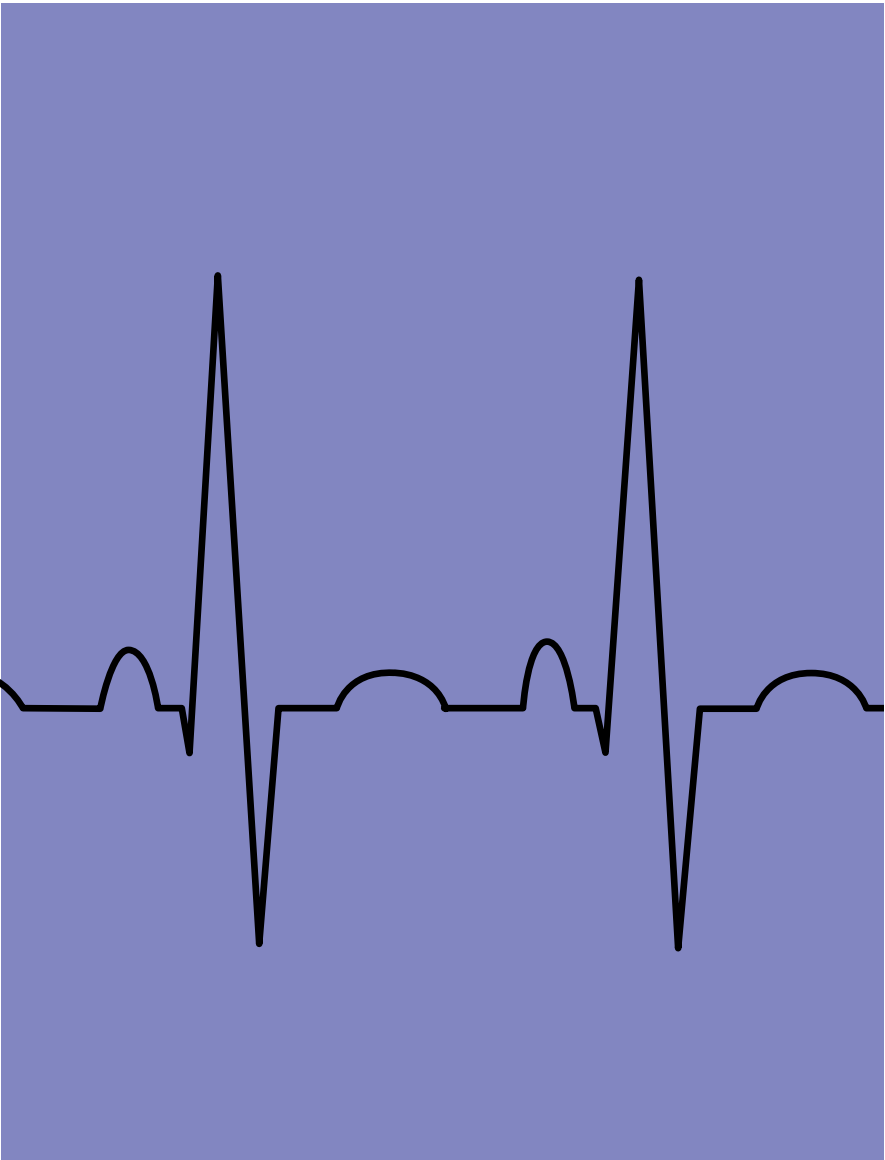
Saturday, January 21 at 6:00 p.m. in the Main Library Auditorium

January, 22

Sunday with the Friends: The Great Estates of Wickliffe

What does The King's Speech have to do with Cleveland? We could tell you, but trust us—you'd rather hear it from the master, Dan Ruminski. He's got a story filled with Rockefelleres, Corriganes, McKinneys and Coulbys that that would rival any Greek tragedy. You'll never look at Wickliffe the same again!

Sunday, January 22 at 2:00 p.m. in the First Floor Multipurpose Room




Exceptional Heart Care on the West Side.

Backed by the resources of Cleveland Clinic, our advanced Heart Center offers high-quality care, leading innovative treatments and state-of-the-art technology – all in a patient-centered, healing environment. Fairview Hospital is the highest ranking community hospital on Cleveland’s West Side to be recognized in *U.S. News & World Report* for its exceptional cardiac care.

To take a virtual tour of our Heart Center, visit fairviewhospital.org/heart

For an appointment, please call 1.866.733.6363.



Fairview Hospital

a Cleveland Clinic hospital

Every life deserves world class care.

Lakewood Public Library



A sampling of the comic book artists' work.

Comics Class Was Action Packed

by Nicka Petruccio

This past summer, Lakewood Public Library hosted a comic creation class for kids in sixth through twelfth grade. The program, titled C.O.M.I.C.S. (Create Original Manuscripts Illustrated Completely Series) took participants through the entire comic creation process, from writing outlines, through character creation and design, all the way to a finished complete comic. Participants worked independently or as writer/illustrator teams. For part of the program the group was joined by special guest Nicole Boose, former Marvel editor, who spent time with the children critiquing their work and advising them on their projects as they developed.

The finished product was presented in a bound compilation featuring each child or group's comic at a finale reception where children and their families were in attendance.

Historian Dan Ruminski On Millionaire's Mile: The Great Estates Of Wickliffe

by Lisa Calfee

Dan Ruminski tells a great story. The celebrated local historian will be delighting us once again with Millionaire's Mile: The Great Estates of Wickliffe, a new true tale full of drama and fascinating facts at a special Sunday With The Friends event on January 22 at 2 p.m. in the First Floor Multipurpose Room at the Main Branch of Lakewood Public Library.

What happened in Wickliffe a hundred years ago involving the well-known and well-to-do Rockefeller, Corrigan, McKinney and Coulby families "is the best and most exciting story I have done so far," according to Ruminski. And surprisingly, the story is even tied into the Oscar-nominated movie The King's Speech.

Ruminsky is a lifelong resident of the Cleveland area and a successful businessman. His study of Cleveland history became a passion and in 2008 he began speaking locally to sold-out crowds hungry for hometown history.

Don't miss this opportunity to hear an exciting recount of Cleveland's glorious past on Sunday, January 22 by a beloved storyteller. This program is brought to us by the Friends of Lakewood Library and Cuyahoga Arts and Culture. And as always, this event is free and open to the public!

What Is A Librainium?

by Marge Foley

The word librainium is not found in the dictionary. However, if you live in Lakewood, have children under the age of five, and frequent the library, then you are probably familiar with this interactive play area. Located within the Children's Department of the Lakewood Public Library, the librainium is filled with letters, shapes, textures, facts, and images that contribute to the development of early literacy skills in young children.

Have you noticed the large letters of the alphabet that are spread throughout the area? Start at the big letter "L" and look to the right. Did you find a green letter "A"? Continue along to the letter "K". What's next? Is that an "E"? Find more letters of the alphabet. Do you see a word forming? Could it be the name of a city? Now look for the big red letters that spell "HI" on the sides of the kitchen playhouse. If you look to

the left and right you will find a pair of matching round tables with painted red circles. Those aren't just decorative circles, but are the letter "O". Help your child see the "O", the "HI", and then the other "O." Put them together to reveal a word!

Perhaps you noted that the world map in the librainium is made of coins from various countries throughout the world. Try to locate currency from France, New Zealand, the country your family traveled to last year, or the country where your great-grandparents were born. Do the layers of curvy wood on the center bench remind you of anything? Here's a hint: water. Did you recognize it as a relief map of the Rocky River? There are all kinds of amazing and delightful treasures to unearth in the librainium. Bring your children to the library and encourage them to explore. You may be surprised with their discoveries.

Children/Youth Events

compiled by Arlie Matera

Friday, January 13

Top Teen Chef - For Youth in sixth through twelfth grade
Do you have what it takes to be Lakewood's Top Teen Chef? Test your culinary skills and make your own tasty, no-bake treat. Ingredients will be provided and creations will be judged. Not recommended for teens with food allergies. To register, please stop in, call 216-226-8275, ext. 140.

7:00 - 8:30 p.m. in the Main Library Multipurpose Room.

Saturday, January 14

Tail Waggin' Tutors - For school-age children
Bone up on your reading skills by reading to a dog. Drop in for a one-to-one session with one of our dogs and owners that have been certified through Therapy Dogs International.

11:00 - 12:30 p.m. in the Main Library Multipurpose Room.

Monday, January 16

Share the Dream: A Celebration of Martin Luther King Jr.

For all school-age children
Celebrate the life and legacy of Dr. Martin Luther King, Jr. through books, songs, and a craft. As part of the MLK Jr. Day of Service, participants will create cards which will be distributed to local nursing home residents. There is no need to register in advance.

2:00 - 3:00 p.m. in the Main Library Multipurpose Room

Tuesday, January 17

A Night of Eric Carle - For the whole family
Chase away the chills of winter with an evening of special stories and entertainment all about Eric Carle.

7:00 - 8:00 p.m. in the Main Library Multipurpose Room.

Friday, January 20

Skateboarding at the Movies - For Skateboarders ages 13 and up
It's cold and the skateparks are closed. So watch Lords of Dogtown, the true story of three California surfers who created a new kind of skateboarding. Starring Heath Ledger. Rated PG-13.

6:00 p.m. in the Main Library Auditorium

Strokes Of Genius At The Lakewood Library

by Julie Strunk

Fifteen second- through fourth-graders displayed their creations in the multipurpose room at the Lakewood Public Library on Wednesday, December 14, at 4:30 p.m. Family and friends viewed their interpretations of the styles of Wassily Kandinsky, Paul Klee, M.C. Escher, Marcel Duchamp, and Alexander Calder.

Look for information about our Spring session of Strokes of Genius in our Spring/Summer mailer!



Front Row: L to R: Claudia Irwin, Matteo Crews, Nola Williams-Riseng, Eden Sutliff, Anas Haque. **Back Row:** L to R: Charlotte Milenski, Fiona Senft, Audrey Warren, Edan Perry, Ryan Gilbert, Evan Bell, Josh Patterson, Aidan Bohac, Lilly Germaine, Gabriel Toledo

Share The Dream: A Celebration Of Martin Luther King, Jr.

by Marge Foley

For some children, being off from school on January 16, MLK Day, means sleeping late, playing video games, and watching television. The Lakewood Public Library is offering a meaningful alternate.

Your child can still catch some extra shut-eye, however from 2 p.m. to 3 p.m. they can take part in a program that will celebrate the life and legacy of Dr. Martin Luther King, Jr. through

stories, songs, and a craft. As part of the MLK Day of Service, participants will create cards which will be distributed to local nursing home residents. This artistic opportunity will brighten the day of a senior citizen and provide your child with a chance to serve others. The cards will be delivered to the nursing home by the library at a later date. There is no need to register in advance. All school-age children are invited to participate.

Lakewood Public Library

Spend Sunday With The Hollywood Slim Band

by Kris Williams

No matter where I've called home, I've always been a fan of the local library. The books. The quiet. Living in Lakewood though, you've got to know we have something extraordinary in the way of libraries. In addition to a robust collection of books, movies and music, a computer lab with free training and assistance, free films and theatrical performances, and wonderful children's programs, our library's Sunday with the Friends programming brings an astounding lineup of musical talent playing for the public nearly every weekend!

Case in point: 2:00 p.m. Sunday, February 5 in Lakewood Public Library's Main Auditorium you can spend your afternoon grooving to the live music of Howlin' Wolf, Little Walter Jacobs, Sonny Boy Williamson, Ray Charles, Louis Jordan, Louis Prima, Louis Armstrong, and The Nat King Cole Trio. These are the artists celebrated and brought to life by The Hollywood Slim Band. Hollywood



Slim and his brother John have been harmonizing on swing, jazz and blues standards for over thirty-five years. Unique vocal styling paired with artful emulation of the instrumental mastery of Charlie Christian and Charlie Parker gives this band a classic, vintage, rockin' sound. Don't miss the opportunity to meander right down the street and hear this talented treasure strut, swing and holler the blues right out of winter in Northeast Ohio.

Every Sunday with the Friends program is free and open to the public thanks to generous funding from the Friends of Lakewood Public Library. No registration is needed. Call (216) 226-8275 ext. 127 for more information.

Coming To America: Items From The Maltz Museum Tell The Story Of Cleveland's Jewish Community

by Andrea Fisher

The Maltz Museum of Jewish Heritage will come to the Main Library Auditorium on Thursday, Feb. 2 at 7 p.m. to present the illustrated lecture Coming to America: Cleveland's Jewish Community. In a second program, the Maltz Museum will host a guided tour of the museum in Beachwood on Sunday, Feb. 12 at 2 p.m. These two programs are held in conjunction with the In a Nutshell: The Worlds of Maurice Sendak exhibit currently on display in the Main Library Second Floor Gallery.

The lecture will use objects and images from the Maltz Museum to illustrate how early Jews in Cleveland maintained tradition, and at the same time tried to assimilate into American culture. The struggle to become American parallels the experience of many Jewish immigrants, including a young Jewish boy in Brooklyn named Maurice Sendak. The In a Nutshell exhibit explores the same idea in many popular Sendak illustrations, revealing the conflict between ethnic identity and tradition with the desire to be American.

The Maltz Museum will also be hosting a special guided tour at the Beachwood Museum on Sunday, February 12 at 2:00 p.m. A docent will lead the group through the American Story Gallery, which looks at the lives and concerns of Jewish immigrants who came to Cleveland during the first half of the 20th century. The Friends of the Lakewood Public Library have generously funded museum admission for a limited number of people; those interested should register at 216-226-8275,



ext. 127. After the tour, attendees are encouraged to explore the galleries on their own. For more information on the Maltz Museum of Jewish Heritage, visit: <http://www.maltzmuseum.org/>.

In a Nutshell was organized by the Rosenbach Museum & Library, Philadelphia, and developed by Nextbook, Inc., a nonprofit organization dedicated to supporting Jewish literature, culture, and ideas, and the American Library Association Public Programs Office. The national tour of the exhibit has been made possible by grants from the Charles H. Revson Foundation, the Righteous Persons Foundation, the David Berg Foundation, and an anonymous donor, with additional support from Tablet Magazine: A New Read on Jewish Life. The exhibit was curated by Patrick Rodgers of the Rosenbach Museum & Library. The local contributors to this special exhibit and the accompanying programs are The Maltz Museum of Jewish Heritage, CityMusic Cleveland and The Friends of the Lakewood Public Library.

The exhibit will be on display through Feb. 24 in the Main Library Second Floor Gallery.

Chronic Pain Management



George Girgis, MD

Chronic pain is a part of daily life for many individuals. In fact, it's estimated that 56 million Americans – or 28 percent of the adult population – experience chronic pain.

Fortunately, there's much that doctors and other healthcare providers can do to reduce the severity of acute or chronic pain.

"It's important to establish an early diagnosis and create a management plan that can either eliminate or help the individual function with his or her chronic pain," says George Girgis, MD, a Pain Management specialist at the Cleveland Clinic Pain Management Center at Fairview Hospital. It is the goal of Dr. Girgis to assess the situation, address the pain and facilitate the individual's return to a normal, productive lifestyle.

"Pain has traditionally been treated as a symptom, which is appropriate in terms of acute injury or medical disease," says Dr. Girgis. "But as anyone with back pain knows, chronic pain and disability may remain even after the injury has healed or the disease has subsided. The pain itself now becomes the medical problem." The goal of the pain management specialists at the Fairview Pain Management Center is to:

- Relieve, reduce and manage chronic pain
- Improve the patient's overall quality of life and return him/her to their everyday activities
- Promote healthy activities and preventive care
- Offer non-surgical options by providing conservative pain management
- Provide cost-effective care and minimize reliance on health resources

Oftentimes chronic pain patients have to accept that their goal is no longer to find out what the problem is, but rather to find out how they can live with it. "Pain is a signal to our brains that something is not right, and if you realize this, it will help you deal with it," says Dr. Girgis.

A referral from a primary care physician is generally required before seeing a pain specialist, like Dr. Girgis. If you have chronic pain, ask your primary care physician for a referral to Dr. Girgis at the Cleveland Clinic Pain Management Center at Fairview Hospital and call 216.476.7331 to schedule an appointment.

Lakewood Schools

Superintendent Asking Community's Input At Meetings

by Christine Gordillo

As the Lakewood City Schools enter 2012 facing many opportunities and challenges, Superintendent Jeff Patterson has scheduled a series of community engagement meetings to inform citizens about the goals of the district, its financial standing, and to solicit the input of the community on solving the significant fiscal issues the district faces. The first one will be Wednesday, January 18 at 7 p.m. at Hayes Elementary School.

Patterson looks to shore up the district's finances without retreating from the district's promise to taxpayers to stretch the revenues from the

May 2010 operating levy until at least May 2013.

"Meeting this challenge will require us to harness the collective wisdom, strength, and resolve of our staff and community in unprecedented ways," said Patterson. "It will demand that we listen intently to one another and reflect on ideas that may differ significantly from our own."

The community meetings will be held over the next two months. After gathering input from across the city, Patterson will present a comprehensive financial plan to the Board of Education this spring based on the priorities of the community.

Patterson will be presenting the same information at all of the approximately 90-minute meetings. The goals of these meetings are:

- To secure feedback from the community about how they view the current challenges and opportunities of the district
 - To inform internal and external stakeholders of the community about the financial challenges of the Lakewood City Schools and the need to affect decisions to balance the budget
 - To identify the best short- and long-term solutions for addressing district financial challenges and capitalizing on the opportunities of the school system
 - To inform the community about Phase III of the Lakewood City Schools' construction project.
 - To maintain and build upon the trust that currently exists between the Lakewood community and its school system leaders
 - To maintain support for the next Lakewood City Schools operating levy
- Meetings will be held throughout the community and are scheduled for the following dates:**

(All meetings begin at 7 p.m.)

- Wednesday, January 18, Hayes Elementary School Cafeteria, 16401 Delaware Ave.
 - Tuesday, January 24, Grant Elementary School Gym, 1470 Victoria Ave.
 - Thursday, February 2, Horace Mann Elementary, 1251 West Clifton Blvd.
 - Wednesday, February 8, Roosevelt Elementary School Gym, 14237 Athens Ave.
 - Wednesday, February 15, Lincoln Elementary School Large Gym, 15615 Clifton Blvd.
 - Thursday, February 23, Emerson Elementary School Cafeteria, 13439 Clifton Blvd.
 - Wednesday, February 29, Harrison Elementary School Cafeteria, 2080 Quail Ave.
- Superintendent Patterson will be holding additional meetings with city and nonprofit organizations as well as small private groups in order to reach the most people possible as every Lakewood citizen has a stake in the success of our schools.
- For more information, call 529-4074.

LHS Choir Director Honored As Teacher Of Year

by Christine Gordillo

Congratulations to Lakewood High School Choir Director Dr. Lisa Hanson for being named the Ohio Music Education Association Teacher of the Year. Hanson was told of the honor in a surprise announcement at the conclusion of the Winter Choral Concert, December 14.

Hanson, who is in her 15th year at LHS, directs the 9th Grade Choir, Concert Choir, Symphonic Treble Choir, Symphonic Mixed Choir, Chamber Choir and also teaches AP Music Theory. Her choirs consistently earn "Superior" ratings at adjudicated events around the state.

She holds a Doctor of Musical Arts from the University of Cincinnati, College-Conservatory of Music, a Master of Music from Cleveland State and a Bachelor of Music Education from Wittenberg University. In the past, she has served as president of OMEA District 4 and has been elected to OMEA's Board of Trustees.

"I am humbled by this award and wish to share it with all my Lakewood



Dr. Lisa Hanson

colleagues, faculty and administration, who have supported me, the wonderful parents I've come to know over the years, and my exceptional students, with whom I am privileged to work," Hanson said.

This is Hanson's final year as Choir Director as she plans to retire at the end of the school year. What a fitting way to end a stellar career!

Kauffman Park Friends Host Snow Sculpting Contest

by Meg Ostrowski

Borrowing an idea from the St. Charles/Onondaga Block Club, Kauffman Park Friends will be hosting an amateur Snow Sculpting Contest in the park now through January 29.

To participate, download an Entry Form & Guidelines from Kauffman Park Friends' Facebook page or pick up a copy at Lakewood Public Library, Lakewood Recreation Department or The Root Café. The contest is open to all Lakewood residents, businesses and organizations. Sculptures must be built in the park by hand without the aid of power tools and left for display. Once complete, snap a photo of the sculpture including the artist(s) with Kauffman Park in the background and submit it with a completed Entry Form.

The first 25 artists to submit their form and photo will be treated to a FREE cup of coffee, cocoa or tea at The Root

Café. All participants will be eligible for a drawing of great local prizes. Sculptures will be judged by Lakewood artists. Winners will be announced in a future edition of The Lakewood Observer. Awards will be presented in the following categories, Lakewood Individual, Lakewood Family, Lakewood Team, Lakewood Business and Lakewood Organization.

Even if you don't plan to sculpt, be sure to take regular walks through the park to see the icy creations of your fellow residents before it's too late. Kauffman Park Friends cannot guarantee that they won't melt away.

In the event that there is inadequate snowfall, the contest deadline may be extended. Please watch for updates on the Kauffman Park Friends Facebook page and on the Observation Deck.

Kauffman Park is located between Lakeland and Andrews behind Lakewood (Drug Mart) Plaza.

Timothy J. Penton District's Next Treasurer

continued from page 1

sition period as assistant treasurer on October 1, 2012, working alongside Berdine and then assume the treasurer's position on Jan. 1, 2013.

Penton, who has overseen the Whitehall City Schools budget for the past 12 years, comes to Lakewood with impressive credentials: an over 29-year career in education and 15 years in school finance. He is a 12-time recipient of the Government Finance Officers Association's Certificate of Achievement for Excellence in Financial Reporting and received the State of Ohio Office of the Auditor's Award with Distinction for excellence in financial reporting 12 times as well.

Penton also has successfully overseen the spending of an \$80 million Ohio School Facilities Commission (OSFC) capital improvement project currently under way in Whitehall that includes the replacement of the district's five school buildings.

At the time of the Board's announcement of its selection of Penton, then-President Matthew John Markling said: "The Board and Administration are very excited that Timothy J. Penton will be joining our district leadership team. Treasurer Penton's qualifications are impeccable. All Board members, as well as Superintendent Jeffrey W. Patterson and his Cabinet, are excited about the opportunity to work with Treasurer Penton in collaboration with our outstanding teachers, staff, administrators, parents, students, and community members to ensure that the Lakewood City Schools remains a premier public school system."

Added Penton: "I very much look

forward to working with Superintendent Jeff Patterson and the entire Lakewood City Schools administrative leadership team as we navigate the challenging times ahead for public education. I am committed to the Board's goal of achieving academic excellence for all children of Lakewood Schools and I take my role as Treasurer/CFO very seriously in providing sound financial management to realize that goal."

Prior to joining Whitehall Schools, Penton held positions in finance and operations with Madison-Plains Local Schools, Keystone Local Schools, and Amherst Exempted Village Schools. He earned his BSBA degree from Ohio State University and an MBA degree from Capital University. Penton is an active member of the Ohio School Boards Association, the Ohio Association of School Business Officials (OASBO), and the Government Finance Officers Association and is the past president of the Franklin County Treasurer's Association and the Central Chapter of OASBO. In 2008, Penton was awarded the Central Region OASBO "Distinguished Service Award."

At the January 3 Board meeting where Penton was introduced, the District's next treasurer gave a tip of the hat to current treasurer Berdine.

"My expectation to you is to maintain that standard of excellence that has been established in the Treasurer's Office."

Added longtime Board member Betsy Shaughnessy: "We have had the privilege of working with a great treasurer and look forward to keeping the tradition of fiscal excellence with Treasurer Timothy J. Penton."

Lakewood Schools

LHS Marks 50 Years Of Foreign Exchange Programs

by Judy Knill Todia ('74) and
BarbaraKnill Rook ('77)

Bonjour...Hola...Guten Tag...
Buna Ziva...so many languages, so
many ways to say hello!

Lakewood High School currently is recognizing its 50-year involvement with student exchange programs that have allowed our students to study abroad and that have brought students from all over the globe here. For many years, Lakewood students participated in the American Field Service exchange program, and for the last decade LHS been involved with the Rotary Exchange program, which is supported by Rotary International in 30 countries, including Germany, Brazil and France.

The LHS tradition of participating in exchange programs began with Biff Folberth '62, who was the first Lakewood High School student to study abroad. Folberth, now a member of the Lakewood Alumni Foundation Board of Trustees, took part in the AFS program and traveled to the Netherlands in 1961. Carrying on the exchange tradition at LHS is alumnus and retired guidance counselor Marty Harris, who serves as Chairperson of International Service. The 2011-2012 exchange program will see the following LHS students studying abroad: Natasha Corrigan (Belgium), Eric Davis, Haley McGinty, Mikaela Tardivo and Mary Wallace (Brazil), Hallie Hamilton (France), Deven Middleton, Emma Larson and Melissa Richardson (Germany) and Lisa Kowalski (Iceland).

Harris said, "I feel the value of the exchange is to promote international friendship and understanding, to provide opportunities for education around the world, and to give youth educational and social opportunities that enrich them as future citizens. They return with increased confidence and academic enrichment as well as having a very inexpensive worldly experience."

As part of the acceptance process,

Harris explained, prospective students complete a questionnaire that lists all of the potential host countries. Students must indicate 'yes' or 'no' for each country, and then rank their first four choices, and then Rotary attempts to honor the choices. Interviews are traditionally done in the fall with acceptances occurring in December and countries decided in January. Students spend approximately 10 months abroad.

The old adage "rules are made to be broken" does not pertain to Rotary Exchange Students. A no drinking, driving, heavy dating or drug consumption policy is strictly enforced. Students are sent home if infractions are committed. Such rules for exchange students visiting the United States are equally enforced. As for the possible language barrier, some countries require students to study the language for two years before arriving.

For example, junior Hallie Hamilton is scheduled to go to France (her first choice) with some knowledge of the language. Senior Mackenzie Paul, on the other hand, embarked to Poland without the benefit of speaking Polish. LHS offers exchange students not fluent in English an "English as a Second Language" class to help them acclimate.

On this side of the exchange, acclimating foreign exchange students to family and school life in Lakewood is a top priority. Ensuring a smooth transition requires placing students with local families, ideally with children involved in the school system and community activities. Most students traveling abroad attend school in their host country, receiving high school credits for their grades. Fifteen is the youngest age for a student to be considered for the exchange program, while occasionally a student chooses to wait until after graduation to participate.

The bond between exchange students and their host families can be lifelong. Begun back in 2003, the relationship that was forged between Lakewood host family, the Aylwards, and Brazil

exchange student Joachim continues to this day. Holiday and birthday greetings are still exchanged between families with the bond morphing into a type of a "family cousin" relationship. Kevin Aylward said he recalls Joachim's introduction to the American slang expression "wuzzup" with his new Lakewood friends and his ability to adapt because of their acceptance. The Aylward family also was able to spend time with Joachim's sister, who was

a foreign exchange student in Chicago.

With ever-expanding technological breakthroughs such as Skype and Facebook, exchange students can communicate with friends and family on a regular basis. Connor Meehan, a recent LHS Rotary exchange student, emailed his heartfelt and informative "Chronicles from Brazil" documenting his activities and adventures while traveling abroad.

The Power Of One



Peter sits surrounded by just some of the toiletry items he collected and donated to the Lakewood Division of Youth.

by Peter Jones

My name is Peter Jones. I want to share with you my story about the power and devotion that can lie within us, sometimes unnoticed or simply ignored. I'm telling you about this not to glorify myself, but rather to tell you my story and perhaps inspire you to take action as well.

What can I do? I'm just one person. What power does one person have? Perhaps a bit more than two months ago, I was sitting in my house, quite concerned by these thoughts. I had no idea what I would do as a social justice project which I had signed up for. Through an article in a magazine that my mom was reading and the Internet, I came upon the issue of children in foster care not having basic toiletry supplies. Before finding that website, I didn't really think about this being a problem. However, it is a problem, and that became my project.

I started by emailing everybody in my class. My parents spread the word to their friends. My dad told his basketball team about my project. At first, we kept all the donations in the corner of my dining room. We decided I should write letters to some dentists to see if they could help out. I wrote to three, and all three responded to tell me they would be happy to help. From them, I got boxes of toothpaste, toothbrushes, and other basic toiletry items. This was when we realized that this would be bigger than we thought. We realized that the dining room corner was getting full, and I realized the true power of a single inspired person.

We were then faced with a

dilemma. Where are we going to take this stuff? My mom made several calls, but we just never got that "This is definitely it" feeling. Not until we called the Lakewood Division of Youth, that is. They were so thrilled with my project they invited me in for an interview to talk about it. We discussed ways to make it bigger, to keep it going, and they told me of another even bigger problem that stems from the one I was trying to help with. They told me about kids who don't celebrate their 18th birthday, but rather, they fear it. Eighteen is the age at which they are too old for the foster care process, and are no longer eligible for adoption. They are left alone in this world, with virtually no form of support. These people have to think about things like what they will eat every day, what they will wear, and where they will sleep every night. That's not a very happy birthday. If they could just have basic toiletry items, they would have one less thing to worry about.

The Division of Youth invited me to one of their Lakewood Collaborative meetings at the end of April so that I could share with them the inspiration that I hope I have passed on to you, and to tell them about the power that one person possesses. So to those of you who want to do something, to start something, and to make a difference in the world, do not forget the power that you possess. Do not think for a second that nobody will hear you when you speak out. No matter who you are or what you are trying to do, you can change something. You can make a difference like I did.

PTA "Schools In The Cinema" Project Wraps With "Including Samuel"

by Christina McCallum

It's a wrap! Lakewood Council of PTAs and Friends of Lakewood Public Library's documentary film series, "School in the Cinema," concludes on Tuesday, January 17. The last film, "Including Samuel," will show at 7 p.m. in the Main Library Auditorium.

Photojournalist Dan Habib created "Including Samuel" in 2009, to chronicle his family's hopes and struggles to include his son Samuel in all facets of family and daily life. Prior to Samuel's birth, Habib had not given much thought to including people with disabilities in activities most people take for granted. "Including Samuel" follows Samuel, the Habibs as well

as four other individuals and their families as they manage cultural and systemic barriers.

"School in the Cinema" explores facets of education in the U.S. and around the world. The series began in October with "Two Million Minutes." November's feature was "We are the People We've Been Waiting For."

All movies from the series are available from Lakewood Public Library after they are screened, courtesy of Lakewood Council of PTAs.

Lakewood Council hopes to continue the documentaries in 2012-13. In the meantime, we'll see you at the movies on January 17!

Kid's Corner

"Nutcracker Jazzed Up" At The Nursing Homes

by Eva Wynn and Saige Rook

Backstage the rustle of tutus against sparkly shirts is heard among the whispers and giggles of excited dancers. As we walk out on the stage, one girl stumbles on the slippery tile floor, the best dancing facility this nursing home has to offer us. This probably doesn't sound like your normal dance production. Well it's not. This is, after all, the "Nutcracker Jazzed Up" nursing home tour.

The "Nutcracker" nursing home tour is a tradition for the dancers at the Beck Center. Every winter, the Beck Center Dance Program takes its dance production around to different nursing homes in the Cleveland area. There, we dance for the occupants of the nursing homes and their families. Even though it is hard work to prepare for this and the dancing facilities are not always that great, the smiles that we bring to these seniors' faces are definitely worth it.

There is no tangible or monetary reward for this act of community service (except for lots of yummy brownies at lunchtime), but the whole experience is a reward in itself. For everything that you have to give of yourself that day, you get it all back by knowing that you have made someone's day a little brighter. For example, in the Party Scene, there is a part where



Left: Beck Center ballerinas and residents enjoy each other's company.

Above: Sugar plum fairies.

Below: Nutcracker jazz.

All photos by Kim Parrish

the little kids have to lie down and pretend to be asleep. During one of the nursing home performances, when we were dancing the Party Scene, and the little kids lied down, a lady was pointing to one of them and laughing and saying to her friend, "Look at that one! Would you just look at that one?" That is the whole reason that we sacrifice our Saturday, so that we can bring some happiness to the elderly citizens of the Cleveland area.

And when we are all done, we are sad, but comforted by the thought that next year, we get to do the whole thing over again!



What It's Like As A Lakewood Business Owner's Son

by Calvin Dolatowski

Have you ever wondered what it would be like to be the son of Lion and Blue business owners? Well, I'll tell you all about it. Lion and Blue is like my second home, I've spent probably a quarter of my life there. This is good and bad.

The good thing is that I have experienced a lot of interactions with customers and employees. This is good because it's good to interact with new people. It's also given me an opportunity to make new friends. One of my friends came to the store and he got to go in the back of the store and behind the counter and he said, "It's so cool to be your friend and be able to go back here." Another reason is that I can learn stuff that kids usually don't learn. I've learned how to do the sales tax, marketing, and own a business. Sales tax is the sub total times whatever the government wants, but lately it's been \$0.0775. My mom showed me how to market. She has an ad in the Lakewood Observer every two weeks. I don't intend to run Lion and Blue when I am older. I am going to be a billionaire but these skills will help a lot.

The bad thing is that it gets boring over time. I have spent a lot of my life at Lion and Blue and after awhile it's boring. My sister Esther and I have a little "hang out" in the basement with a

couch, and a TV and art studio. When Ess and I aren't reading, drawing, or doing homework we usually go to the library to get some movies. We know pretty much every movie and book there. During the holidays we spend most of our time downstairs.

The funny thing is, now my family refers to Lion and Blue as "the store." When Mom says, "I'm going to the store," we all know that means Lion and Blue.

I work at "the store" on vacation and in the summer. It's very fun to write up receipts and help customers. I think it's a good experience to learn how to wait on customers and write people up.

My dad's a jeweler and I make jewelry sometimes. I've made rings, necklaces, earrings, and bracelets. It's fun to make jewelry with my dad. The cool thing is how he can make rings. First you have a piece of wax in a bar or ring form then you can carve it and after you're done you send it to a company and they cast it in whatever your heart desires: gold, platinum, silver, copper, stainless steel. It's pretty cool.

So my life as the son of Lion and Blue's owners (Tina and Michael) is pretty good. I have learned a lot and I'll learn a lot more. I hope to wait on you at Lion and Blue.

RELIABILITY

Cox Business will boost your super ABILITIES

Give us a call.

Together, we can maximize your output in a single bound.

With Cox Business' advanced products, you get invincible service and substantial support in a powerful combination of trust, loyalty and excellence. And having a dedicated partner means more time – and profit – to look after your business.

cox

Business®

INTERNET | PHONE | TV

Lakewood Is Art

Lakewood Native To Launch New Book, “The Irish Hungarian”

by Erin O’Brien

Hi Observer readers, Erin O’Brien here.

I grew up on the corner of Lake Avenue and Parkside drive, right next to Lakewood Park. I’m a 1983 LHS graduate and still get a Christmas Card from Mr. Sors every year (yes, that Mr. Sors).

I lived in a walk-up brownstone on West Clifton after graduating from Ohio University in 1987 and drank my share of (ahem) cold ones at the Riverwood Cafe. Now I have a husband and daughter and although I live in Broadview Heights (think: Parma Heights with a little less glam), Lakewood is always first in my heart.

On Thursday, Feb. 2 at 7:30 p.m., Red Giant Books and will be launching my book of humorous nonfiction, *The Irish Hungarian Guide to the Domestic Arts* at Local Girl Gallery. It won’t take long for you to find Lakewood amid the pages of *The Irish Hungarian*. My old hometown plays a big part throughout, starting in the introduction.

Although the word “launch” implies backwards counting, a huge explosion and blasting through the earth’s atmosphere, this event won’t



Erin O’Brien will read from her new book, “*The Irish Hungarian Guide to the Domestic Arts*” on Feb. 2 at Local Girl Gallery.

include any of that (unless you’re into metaphor). It will, however, be just as spectacular (and a tad less noisy).

That’s because not only will you partake in some nibbles and libation, you’ll mingle with the one and only Irish Hungarian (as in: me) and get a sample reading of *The Irish Hungarian* (as in: the book). For something spectacular, Michael Heaton, the Cleveland

Plain Dealer’s Minister of Culture calls *The Irish Hungarian* is a “wonderfully exuberant and outlandish look on life that is whip-smart, heart-felt and subversively funny enough to cause unsuspecting readers to choke on their guffaws.”

That all of this will unfold at Local Girl Gallery isn’t just icing—it’s an extra large fluffy dollop of butter-

cream frosting. Because as Lakewood insiders know, this place will fill you with Extreme Cleveland Love. The gallery is brimming with arts and crafts made by, well, local girls (and guys). I’d love to tell you exactly what you’ll find when you amble in next month, but the shop’s inventory changes all the time depending on who’s creating what in and around the fabulous North Coast.

Odds are you’ll find something funky or hip at Local Girl and that it will be the right price. You might even find that one object that simply takes your breath away and that you absolutely cannot live without. I promise you’ll find a copy of *The Irish Hungarian*, which, incidentally IS PRINTED IN THE UNITED STATES OF AMERICA (can you tell I sort of dig that?) and will run you fourteen clams.

(Yes, it will eventually be available online. Hold your horses already!)

To my old Lakewood buddies, I’d love to see you. To the new buddies I’ve yet to make, I’d love to meet you.

Erin O’Brien’s eclectic features and essays have appeared in the New York Times, the Los Angeles Times, the Plain Dealer, Scene and Fresh Water. Visit erinobrien.us for a complete profile.

Cleveland Orchestra’s PNC Musical Rainbow Concerts At Beck

by Fran Storch

In partnership with The Cleveland Orchestra, the Beck Center for the Arts proudly presents a series of two PNC Musical Rainbow concerts designed specifically for preschool children on Saturdays, January 21 and April 28, 2012, on the Mackey Main Stage.

Children ages 3 to 6 years will enjoy this fun, interactive way to learn about the instruments of an orchestra. Children have the chance to sing,

clap, and move to the music as they have fun learning all about instruments during this 30-minute program. The Cleveland Orchestra’s PNC Musical Rainbow concerts are sponsored by PNC and the PNC Musical Rainbow Series is endowed by the Pysht Fund.

Please join us at the Beck Center on Saturday, January 21, 2012 at 10:30 a.m. for The Tricky Trombone. This concert, featuring trombonist Ed Zadrozny, will introduce young listen-

ers to this intriguing instrument in a special west side Musical Rainbow concert. Actress and singer Maryann Nagel hosts this 30-minute program for young children, which includes narration, demonstration, short solo selections, and audience participation.

Mark your calendars now for the second concert in this series, Percussion Partners, on Saturday, April 28, 2012 at 10:30 a.m., also hosted by Nagel and featuring percussionist Mell Csics-

silá who will acquaint children with the wonderful world of percussion.

Concert tickets are \$5 per person. Purchase tickets online at beckcenter.org or call Beck Center Customer Service at 216.521.2540, ext. 10. Beck Center is located at 17801 Detroit Avenue in Lakewood, just ten minutes west of downtown Cleveland. Free onsite parking is available.

Beck Center for the Arts (beckcenter.org) is a not-for-profit 501(c)3.

“California Vs. Ohio Round Two” Art Opening At Westside Skates

by Gary Spear

“California vs. Ohio Round Two” is an art show opening on January 13 at Westside Skates, 14047 Madison Avenue featuring the works of Russ Pope (California), Jay Croft (Ohio), and special

guests, Donny Humes of Columbus and Gary Spear of Lakewood. Round one of this show was held at Familia skateshop in Minneapolis and featured Pope and Croft, both well-known artists in the skateboard community. Jay currently has

work on display in Laguna, California at a show titled, “Still life with wood,” the only artist on the bill with skateboarding’s greatest photographers. Pope was recently featured in Juxtapoz magazine.

Local artist Gary Spear had his first art show in October 2010 at Westside called “Madmen” which consisted of hand-drawn skateboards featuring some of Madison Avenue’s more colorful characters milling about the streets and

barstools. This year his work is focused on construction workers and miserable friendships, as told in comic form.

The event is from 7 p.m. to 11 p.m. and admission is free. The gallery is located in the back of the skate shop, via the alley to the west of the storefront. The event is sponsored by Westside skates, Vans, and photopartylive.com, who will provide a free photo souvenir.



Gary Spear stands in front of one of his skateboard art pieces.

The Beck

Center for the Arts

Where Arts Matter!

with Baldwin-Wallace College

Music Theatre Program presents

★★★★★

Winner of 8 Tony Awards

including Best Musical!

★★★★★

MATURE CONTENT:

ADULT LANGUAGE/NUDITY

Like us on Facebook

arts & culture

strengthening community

CDN Video Connect

"A BRAVE NEW MUSICAL, HAUNTING AND ELECTRIFYING."

-The New York Times

SPRING AWAKENING

Feb 3 - Mar 4

BOOK + LYRICS BY

STEVEN SATER

MUSIC BY

DUNCAN SHEIK

BASED ON THE PLAY BY

FRANK WEDEKIND

DIRECTED BY

VICTORIA BUSSERT

beckcenter.org / 216.521.2540 x10

17801 Detroit Avenue in Lakewood

Just minutes from downtown Cleveland. FREE parking!

Join the Discussion at: www.lakewoodobserver.com

Lakewood Cares

Pizza Bake-Off 2012 Hosted By Lakewood Kiwanis

by Gordon Brumm

Strike up the band! Bring out the 76 Trombones to lead the Big Parade! -- A parade of Lakewood pizzas for the pleasure of customers at the Kiwanis Club's Pizza Bake-Off, Friday, January 27, from 5 p.m. to 8 p.m. in the East Cafeteria of Lakewood High School.

Customers serve themselves small pieces of pizza from each of 16 pizza establishments. This will give the customers a basis for judging the pizzas. If any or all of the pizzas deserve an encore, the customers may go back for all they can eat. In addition, customers will receive free coffee and free tickets for soft drinks.

No one need worry about having to leave during the evening, because each customer will receive a wristband allowing his or her return.

The Pizza Bake-Off serves two of the most revered national institutions, namely, democracy and the Super Bowl. Democracy is served in that customers will be asked to vote for the best pizzas in three categories – People's Choice (overall best); Best Pepperoni; and Best Specialty. As for the Super Bowl, it will be only nine days away, giving fans the right amount of time to use their experience at the Bake-Off in making their choice of pizza to serve at the big event.

Ticket prices are \$10 for adults and \$5 for children 12 and under. However, students (ages 13 to 18) can buy special discount tickets in advance at their schools (not at the door) for \$8. Proceeds from the Pizza Bake-Off will support children and family programs of the Kiwanis Club.

The following pizza establishments will be represented at the Pizza Bake-Off:

Angelo's Pizza	13715 Madison Ave.	216-221-6001
Dewey's Pizza	18516 Detroit Ave.	216-228-2299
Domino's Pizza	15315 Detroit Ave.	216-221-0030
Donatos of Lakewood	18100 Detroit Ave.	216-227-7200
Georgio's Oven Fresh Pizza	13804 Detroit Ave.	216-221-0066
Geppetto's Pizza & Ribs	17103 Detroit Ave.	216-529-1400
Guys Pizza Company	18206 Detroit Ave.	216-227-7777
Hungry Howie's Pizza	16210 Detroit Ave.	216-521-7200
Little Caesar's Pizza	13342 Madison Ave.	216-221-5757
Nunzio's Pizzeria	17615 Detroit Ave.	216-228-2900
Pizza Hut	1407 W. 117th Street.	216-221-0005
Players on Madison	14523 Madison Ave.	216-226-5200
Roman Fountain Pizza	15603 Detroit Ave.	216-221-6633
The Root Café	15188 Detroit Ave.	216-226-5200
Tommy's Pizza and Chicken	16813 Madison Ave.	216-227-9999
Zappitelli's on Madison	14201 Madison Ave.	216-227-9279

Friends Of The Lakewood Dog Park Elect 2012 Officers

by Alanna Faith

Friends of the Lakewood Dog Park (FLDP), Inc. is a 501(3)(c) non-profit volunteer organization that, in conjunction with the City of Lakewood, manages the Lakewood Dog Park.

The mission of the Friends of the Lakewood Dog Park is to foster and maintain a safe and friendly atmosphere for dogs and their owners, work together with the surrounding municipalities of Northeastern Ohio to promote positive relationships, and support all aspects of responsible dog ownership.

FLDP supplies the shelters, benches, "clean-up" bags and dispensers, tools, toys, water bowls and seasonal maintenance at the Lakewood Dog Park. The FLDP also maintains the park's web site, Facebook page, email list, in-park bulletin boards and other communication with members and park users. The dog park is owned by the City of Lakewood.

FLDP 2012 officers were elected on November 30, 2011 and will begin a 1-year term of service on January 1, 2012. They are:

Alanna Faith, 2012 FLDP President

Alanna, a "Marketch," has a professional background that includes a partnership in an architectural firm, the management of multi-million dol-



Friends of the Lakewood Dog Park 2012 Officers: (left to right) Alanna Faith, President (2011 V.P.); Chad Bray, Secretary (2011 President); Mark Smalley, Treasurer; Karolyn Isenhart, Vice President.

lar businesses, and being the director of broadcast advertising and events for a major retailer. She holds degrees and certificates in architectural design, construction management and advertising. A long-time transplant to Ohio,

this animal lover is an active and energetic volunteer in the Lakewood community and Northeast Ohio.

Alanna adopted Sabrina, a German Short Hair Pointer mix, from the Cleveland APL in 2009. Sabrina joined

3 rescued felines in the household and enjoys the Lakewood Dog Park weekly.

Karolyn Isenhart, 2012 FLDP Vice President

Karolyn is graduate of Baldwin-Wallace College and Reppert School of Auctioneering. She's currently employed as a Learning Administrator with a division of a Fortune 500 company. Karolyn is also an entrepreneur and fine art specialist. Karolyn serves on several Lakewood animal-related organizations and actively volunteers for numerous civic and non-profit organizations in Northeast Ohio.

Timber, a rescued Chocolate Labrador, and Karolyn, reside in Lakewood and visit the Lakewood Dog Park several times throughout the week.

Mark Smalley, 2012 FLDP Treasurer

Mark is employed as a Risk and Regulatory Compliance Manager for a large national bank. He received an M.B.A. from Cleveland State University in 2008 and has been licensed to practice law in Ohio since 1994. Mark holds a J.D. degree from University of Akron and a B.A. in Political Science from University of Dayton.

Mark resides with his Treeing Walker Coonhound, Casey, who he adopted from the Cuyahoga County Animal Shelter where he volunteered. Mark and Casey visit the Lakewood Dog Park 3 to 5 times a week.

Chad Bray, 2012 FLDP Secretary

Chad has been employed with the Federal Government since 2001 as a Systems Analyst in Information Technology. Currently pursuing an M.B.A. at Cleveland State University, Chad is a graduate of Ohio University.

Chad met Kaylee Daussin at the Lakewood Dog Park, the couple are now engaged and own Cinder, an adopted Border Collie mix, and Buster, a Labrador mix, who was rescued from along SR77 near Akron.

Chad has served 3 terms as President of Friends of the Lakewood Dog Park.

Alanna Faith is the 2012 President of Friends of the Lakewood Dog Park.

**WE'LL HELP YOU
STAY IN YOUR
OWN HOME
BY DELIVERING
HOME-COOKED MEALS**

*\$6.00 a day for a hot
lunch and light supper
Monday through Friday*

**LAKWOOD
MEALS**

ON WHEELS

216.226.1373

MMM-MMMM Good!

*****NOW YOU CAN***
Rent A Husband
HANDY SERVICE**

- Painting
- Gutter Cleaning (most homes \$70-\$75)
- Drywall, Plastering & Repair
- Minor Electrical/Plumbing
- Carpentry/Lattice Work
- Chimney Caps/ Roof Repair
- Home Pressure Washing
- Tree Service/Pigeon Problems

- Snow Removal
- Broken Windows/Sash Cords
- Vinyl Replacement Windows
- Porch Repair / Steps / Hand Rails
- Bathroom / Kitchen Remodeling
- Tub Surrounds
- Vinyl Siding

And all those jobs and repairs that you never had
the time or talent to do yourself!

(Building code violation correctons)

Call: **Rich Toth at 440-777-8353**

Lakewood Cares

Local Musicians Take On The Beatles To Support Hunger Relief

by Jason Weiner

On Saturday, January 28 from 7:00 – 10:00 p.m., dozens of area musicians and community leaders will take the stage at Lakewood’s Masonic Temple for All You Need Is Love (and food), a community celebration of the music of The Beatles and a way to raise awareness about hunger in Lakewood as well as funds for one of Lakewood’s most dynamic and fastest-growing hunger relief organizations, Trinity Lakewood Community Outreach (TLCO). The Masonic Temple is located at 15300 Detroit Avenue.

Founded in 2009 as the secular outreach arm of Trinity Lakewood Church, the mission of TLCO is fostering a healthier community through collaboration, education and meeting basic needs. TLCO accomplishes its mission by providing four community hot meals each month, a free monthly produce distribution (between June and November), a community garden that supports the hot meal program, and community-based health and wellness programming, supporting our neighbors in need.

Several area musicians will perform the music of The Beatles in support of TLCO at the event. Confirmed musicians include Charlie Mosbrook, Mike Uva, Matt Charboneau, Dane Macaskill, Rachel Shortt, Alan Grandy, Marky Ray, Jay Bentoff, Jeff Harmon, Christopher Solt, Michael Dooley, Joseph Milan, Steve Mastroianni, John McGrail, Rick Williams, Nick Miraldi, Sheela Das, Duke Wick, Jim Kooser, Chris Frohring, Alex Leslie, Jason Weiner, Katie Stadler, Bobbie Hendrick, Terrell Williams and Geary Hughes. Musicians will perform up to 3 of their favorite songs by The Beatles as individuals or in small groups.

The evening’s festivities will conclude with an “all-star” performance

of the song All You Need Is Love. Several Lakewood “celebrities” have committed to participating in the performance of this song. Confirmed to-date include: State Representative Nickie Antonio, Colin McEwen (Editor, Lakewood Patch), Jim O’Bryan (Founder, Lakewood Observer), Paula Maeder Connor (Pastor, Trinity Lakewood Church), Ian Andrews (Executive Director, Lakewood Alive),

Linda Goik (Owner, Local Girl Gallery), Julie Hutchinson (Owner, Root Café), Michael Gill (Lakewood Artist), Margaret Brinich (Board President, LEAF; Editor, Lakewood Observer), and Bill Wagner (Principal, Lakewood High School). More are expected to confirm over the next few weeks.

Admission is a suggested \$10.00 donation plus a canned food item. The Masonic Temple will be set up

coffeehouse-style for a casual, relaxed evening, and Lakewood’s own Root Café will provide a coffee and espresso bar as well as delicious home-baked sweets and treats (all included in your \$10.00 admission donation). All proceeds will support the hunger relief efforts of TLCO. For more information: Jason Weiner, TLCO Vice-Chair and event organizer, 216-394-9695 / jasonhweiner@yahoo.com.

An Online Christmas Worship Experience?

by Kevin Rush

When Christmas falls on Sunday, a Church has many decisions to make. Are we going to have a worship service on Christmas Day? Should we do a big Christmas Eve Service instead? We have to do something, right? After all it is Jesus’ birthday!

At CityEdge, we believe that God is always pursuing people. He is always speaking to them in subtle ways, inviting them into a bigger story, into his grander narrative of amazing life-changing love. So instead of calling everyone to get out of bed and short-change their traditional Christmas celebrations with family, we decided to meet people where they are. In this case, it happens to be their couches, via the internet, with something we called the Online Christmas Worship Experience. We had everyone invite their friends and family to join us at www.cityedge.org/online on Christmas Day for a very unique 20-minute Christmas experience.

Our team of artists, story-tellers, and musicians spent hours in preparation. Instead of a preacher speaking at people, we utilized a short cinematic film to tell the story of a father stressed out during the holidays who finds hope. We spent time in the studio recording Christmas classics like O Holy Night and Go, Tell It On the Mountain. One of

the musicians even wrote and recorded a Christmas song that fit into the narrative wonderfully. Then we headed out to film videos to go along with the songs and narrative throughout Lakewood and greater Cleveland. We even filmed in a snowstorm while on top of a 5-story building! It was awesome.

The big day came. On Christmas Day we streamed 5,413 minutes of the Christmas Worship Experience into 354 homes throughout 22 States and 3 countries. Most viewers were from the Greater Cleveland area. By our conservative estimates, over 600 people experienced it on Christmas day. On Boxing Day, for all of you Canadians and Brits out there, we streamed an archived experience of another 3,170 minutes to 247 homes. That’s over 8,500 minutes into 601 homes in two days!

To watch individual elements



String players perform for City Edge’s Online Christmas Worship Service video.

from the Christmas Worship Experience or its entirety in a playlist, you can visit www.youtube.com/cityedgemedia. During the experience we challenged everyone to take next steps in the journey with God and loving others. For example, we asked people to give \$20 to charity:water. \$20 gives someone clean drinking water for life who would have most likely died from water-related disease. Join us in this effort at www.cityedge.org/water.

As you start into 2012, know that God wants to meet you right where you are. He is pursuing you, inviting you into his life-changing love story. At CityEdge we would love to help you take your next steps with God. To connect with us visit www.cityedge.org.

Kevin Rush is Lead Planter and Minister of CityEdge Christian Church that gathers in Garfield Middle School in Lakewood, OH every Sunday at 10:30am.

Dear Church Trailer Thief

Dear Church Trailer Thief,

On New Year’s Day we picked up our trailer from its regular spot to find that you broke in and stole our equipment. You nabbed our church’s speakers and subwoofers, microphone stands, drum shield, bass cabinet and amp, and all of the cases that carry the items. All in all it was over \$7,000 in losses.

My first reaction was anger. I wanted our church’s stuff back. I wanted justice. I wanted nothing more than to hunt you down and find you, but then I remembered why I am a follower of Jesus. I am a follower of Jesus because God paid a great price to put my relationship back together with him and with others. I am a follower of Jesus because he pardoned my offenses and debt against him.

Ephesians 4:31-32 says, “Get rid of all bitterness, rage and anger... Be kind and compassionate to one another, forgiving each other, just as in Christ God forgave you.”

God is a God of justice, but he is also a God of forgiveness and second chances. God has forgiven me much and I want to not only forgive you, but offer you grace. Grace is a concept that at a great price to someone else they offer you the reward, merit, or gift of the price they paid. If you return the equipment you stole I will not press charges. Instead I will write you a check for \$1,000, no strings attached. I wish I could offer you more, but it is all I have.

Email or call me at info@cityedge.org or 216-236-3970 and just say, “I have your stuff.”

Even if you don’t take me up on the offer I do not hold bitterness, anger or rage against you. I’m not going to hunt you down. I’m offering you forgiveness. I am offering you grace.

Love beyond reason,
Kevin Rush
City Edge Christian Church

Adam And Eve, According To Twain:
A Pop-Rock Cabaret At Faith Lutheran

by Mark Rollenhagen

Warm up your winter and laugh at a pop-rock cabaret version of Mark Twain’s The Diaries of Adam & Eve at Faith Lutheran Church/Lakewood on Saturday, January 14, at 7 p.m.

Actors will tell Twain’s classic, satirical version of the Bible story of Adam and Eve, backed by Crossfire, a pop-rock band performing music

of Faith No More, One Republic, Jet, Avril Lavigne, Stone Temple Pilots and more.

Snacks, desserts and refreshments will be available. A suggested donation of \$10 will be appreciated.

Faith is located at 16511 Hilliard Road (at the corner of Woodward Ave.) in Lakewood. Call the church at 216-226-6500, e-mail pastor@faithlakewood.org

faithlakewood.org or visit its website at www.faithlakewood.org for more information.

The cabaret concert is a production of Crossfire, the worship band at Prince of Peace Lutheran Church in Westlake, and is offered in support of the Faith Mission Project at Faith Lutheran Church.

Wellness Watch

Natural Medicine

by Annamarie Pamphilis

Homeopathy is a 200-year-old approach to healing that utilizes products prepared in accordance with standards set forth in the Homeopathic Pharmacopoeia of the United States (HPUS) and its current revision service (HPRS). The Food and Drug Administration (FDA) regulates these products as over-the-counter (OTC) drugs and requires that homeopathic producers be registered as pharmaceutical manufacturers.

Nutraceuticals are defined by the American Nutraceutical Association (ANA) as functional foods that have potentially disease-preventing and health-promoting properties: they are naturally-occurring dietary substances

in pharmaceutical dosage forms.

Interestingly, by definition, these two types of products seem different but in actuality, they are quite the same. They both offer an alternative to conventional OTC drugs. They have similar pharmaceutical dosage forms and uses. Their sources are sometimes the same, specifically those of herbal or botanical origin. Often, one can find the same herbal component of a nutraceutical in a homeopathic form. The basic difference is in the method of production.

Products are labeled homeopathic only when all active ingredients are prepared according to the HPRS. When a formulation contains a homeopathically-prepared herbal as well as the

same herbal in pure form, for example, the product is considered a nutraceutical rather than a homeopathic.

Homeopathy originated and has flourished in Europe for hundreds of years. Europe has been at the forefront of alternative and holistic medicine. A publication from the European American Coalition of Homeopathy (EACH) titled Homeotherapy states the following: “For a legitimate classification of a pharmaceutical (or nutraceutical) as a ‘homeopathic medication,’ it is not the manner of use, but the solely the aspect of manufacture which is decisive. These medications are produced in accordance with pharmaceutical criteria, which are stipulated within the official homeopathic pharmacope-

ias and the valid, authorized guidelines of the European Union.”

This advanced European approach to homeopathy is becoming more popular in the United States. It recognizes that homeopathically-produced substances can be used in acute situations, in chronic illness, for specific indications and for support of organs and systems as homeopathic nutraceuticals.

Cell salts and Bach flower remedies are some of the earliest homeopathics and can be considered nutraceuticals in their clinical uses. Their use is the common thread that weaves together homeopathics and nutraceuticals.

Many homeopathics products that one sees in health food stores contain well-recognized herbals which are also available as nutraceuticals. For example, a homeopathic formulation for stress may contain ginseng for its adaptogenic effect and gotu kola for its anti-stress effect, plus royal jelly, a natural source of vitamin B, pantothenic acid. Ginseng and gotu kola, besides being nutraceuticals, are also official homeopathic substances, while royal jelly is a popular nutraceutical. Thus by combining homeopathics with nutraceuticals, you get the best of both worlds.

Homeopathic nutraceuticals are a modern-day amalgamation of both homeopathy and nutrition. This is a contemporary concept whose time has come. Homeopathics and nutraceuticals are currently regulated by the FDA through both drug regulations and the DSHEA. These products provide a safe alternative to habit-forming conventional medicine.

Annamarie Pamphilis is a naturopath and director of the Health and Balance Institute located in Lakewood, Ohio at Holistic Lakewood, 15217 Madison Ave.

Join The Fun - Early Childhood Style

by Angie Stokes

Don't spend another Friday night alone at home with the kids! Instead, on Friday, January 20 put your littles in their coats, warm up the car and head over to Harrison Elementary and join the Lakewood Early Childhood PTA's monthly Children's Party complete with pizza and snacks to munch on, crafts for the youngsters to create and don't forget the big open gym filled with hula hoops, balls and other types of toys that are sure to burn all of that winter-post-holiday energy right out of even the most energetic child!

The Lakewood Early Childhood PTA (LECPTA) strives to promote the welfare of children age birth through age 6 and their families in our city. We are a non-profit, volunteer organization that is part of the local, state, and national PTAs. We are a network of families supporting families through

the precious & fleeting early years of childhood. Our membership includes stay-at-home moms, stay-at-home dads, parents who work full-time, parents who work part-time, single parents, guardians, grandparents, & caregivers.

Membership is open to anyone in Lakewood or the surrounding communities with an interest in programs for children from birth through six years of age. We are not affiliated with any one school; instead, we strive to promote the welfare of children and family community-wide.

Some of the perks of membership include:

- The Scoop, our monthly newsletter packed with activities for your family.
- Playgroups.
- Children's parties with seasonal themes, crafts and, sometimes, live

entertainment.

- Tours of local sites of interest: Fire Station, Museums, Apple Picking and so much more!

- Family outings - discount rates on special events: Playhouse Square, the Circus – to name a few!

- Adult socials to enjoy a much-needed night out to relax, unwind and just have a little adult conversation.

- Baby and Toddler programs focusing on children from birth through age 3.

- Community Service opportunities -- Helping Hands providing meals for member families in times of need.

- Monthly Meetings featuring informative speakers and topics.

Come join us and reap the benefits of being part of the supportive parenting community that is the Lakewood Early Childhood PTA! Contact the LECPTA at 216-536-0821 or lecpta@gmail.com.

Stress Kills: Margin Heals

by Jana Christian

Last week, the pressure in our household (which was gradually mounting for weeks) hit an all-time high. I'm sure the cool temperatures and gray skies (a scary forewarning of the long winter to come) were a big motivator, but at a certain point we were all sucked into the negative energy!

Desperate to get back on track (in a “practice what you preach” sort of way), I made the time to attend a meditation class at Acenda Yoga on Sunday afternoon. For one hour, I sat completely still. I consciously pushed away the swirling thoughts, the automatic feelings and the internal list-making and tapped into my spiritual side.

After months of neglect, meditation did not come naturally to me (as it

once had). I had to fight the urge to shift my weight and follow the train of stressful thoughts, but I came away from the experience feeling better than I have in months (ok, my left leg was a little numb, but that went away quickly)!

It's not that I don't realize how many physical and emotional problems stem from stress, but counteracting the nagging worries, to-do lists, time pressures and financial concerns is enough to occupy my mind 24/7. Without my blog (<http://writeonjana.com>) and my intentional focus on the concept of margin (the space between yourself and your limits), I wouldn't think twice about feeling frazzled.

Thankfully, I am committed to regaining some sort of emotional balance and recognize pretty quickly

when I am in over my head... and I am not afraid of asking for help! My meditation instructor (Jennifer Lenhart) recommended a thought-provoking documentary that explores the topic of stress in greater depth...

After watching National Geographic's presentation of Stress: Portrait of a Killer, I was even more determined to break the cycle of continuous activity (which is essentially marinating my body in a bath of toxic chemicals).

While the documentary talked about severe damage (think unraveling DNA, permanent brain damage and atherosclerosis) from constant stress, this passage from The Food Intolerance Bible (which I happened to read the very same evening) confirmed that

continued on page 15



SAVE THE DATE

THE 3RD ANNUAL

Eat Well Lakewood

March 10, 2012 | 1-4 pm | Lakewood High School

More info coming soon!

Visit our web site: <http://www.livewelllakewood.org>



FOLLOW US ON 

Wellness Watch

Midwives Offer Birthing Options For Lakewood Women

by Patrick Garmone

A new and expanded midwifery program is offering Lakewood mothers-to-be additional options when considering natural childbirth. Westshore Midwifery Associates continues the outstanding and established midwifery services for which St. John Medical Center is already well known. Westshore Midwifery Associates' newest midwives – Maureen

Stein-Vavro, CNM, MSN; Susan Dornan, CNM, MS; and Sharon Johnson, CNM, MS CNM, MSN – are already familiar names with many Lakewood residents, as they have provided midwifery services here for many years. They join experienced midwives Colleen Brezine, CNM, MSN and Colleen Zelonis, CNM, MSN in rounding out Westshore Midwifery Associates' staff. All are educated in nursing and nurse

midwifery, and trained to care for women throughout their life cycle. For women considering natural childbirth, midwives are an appropriate care provider to attend to low-risk women during pregnancy, labor, birth and the postnatal period. They emphasize continuity, compassion and partnership, while advocating non-intervention in the normal process of birthing. Midwives can help a woman through her unique birthing journey, and encourage her to develop a birth plan as a communication tool for both the nursing staff and the midwife attending the birth. Whether the woman desires natural childbirth, water birth, medication or an epidural, the midwives of Westshore Midwifery Associates will support and facilitate these individual choices. The midwives at Westshore Midwifery Associates were instrumental in the development of the Holistic Birth-

ing Center at St. John Medical Center, the only hospital-based birth center in northern Ohio. Unlike natural childbirth at home, St. John's Holistic Birthing Center offers the safety net of around-the-clock pediatric and obstetric physician coverage. If physician services become necessary, the midwife will continue to provide educational and emotional support while the physician provides the needed medical expertise. It is their goal to create a truly unique birthing experience in a home-like environment with the confidence of a full-service medical center. The experienced midwives at Westshore Midwifery Associates can enhance a woman's natural power to give birth, beginning with prenatal care, as well as provide gynecological care throughout a woman's life. If you are interested in learning more, visit www.westshoremidwifery.com, or our midwifery coordinator, at 440.827.5483.

Nature's Bin Recipe: Jam Squares

courtesy of Josie Duennes

These are good for breakfast or as an anytime treat and are very quick and easy to make. If you have homemade jam, these are a great way to show it off.

- 2 cups all-purpose flour, unbleached
- 2 cups quick-cooking oats (if using regular oats, pulse in food processor to break them up a little)
- 1 1/2 cups brown sugar
- 1 1/4 cups butter, at room temperature
- 1 jar (8 - 12 oz.) fruit preserves or jam (your favorite flavor) Don't use jelly.

Mix the first four ingredients until well-blended, by hand or in a mixer. Grease a 9" x 12" pan and press about 2/3 of the mixture into the pan very firmly. Put the jam in a bowl and stir it to loosen it up. Spread this on top of the crust. Sprinkle the remaining crumb mixture on top and press down lightly.

Bake at 350 F for 35 to 40 minutes or until golden brown. Let cool. Cut into 12 squares for breakfast servings or smaller for snacks. These keep for at least a week or longer if refrigerated, but they probably won't be around that long!

If you are a vegan these are easily converted by using a vegan shortening in place of the butter. Be sure to use a firm version or sticks, not the whipped kind in a tub.

Josie Duennes is the food service manager at Nature's Bin, the mother of 2 grown sons and happily married for almost 30 years.

Stress Kills: Margin Heals

continued from page 14

many of my own chronic health problems are likely stress-related as well:

"Are you busy all the time? This keeps your brain stimulating cortisol, a prime adrenal hormone that keeps the body in 'sympathetic' stress mode. In excess levels this not only lowers SIgA (a non-inflammatory immune protein)

but also diminishes protein-turnover and healing, which are vital for the intestinal lining..."

The answer is simple... margin. Create a "cushion" by Slowing Down to the Speed of Life (another phenomenal book, by the way).

The implementation is much more difficult!



L-R: Colleen Zelonis, CNM, MSN; Susan Dornan, CNM, MS; Colleen Brezine, CNM, MSN; Sharon Johnson, CNM, MS; Maureen Stein-Vavro, CNM, MSN

Colleen Brezine, CNM, MSN
Sharon Johnson, CNM, MS
29101 Health Campus Drive
Building 2, Suite 250
Westlake, Ohio 44145
440-827-5483

Susan Dornan, CNM, MS
Maureen Stein-Vavro, CNM, MSN
Colleen Zelonis, CNM, MSN
29325 Health Campus Drive, Suite 1
Westlake, Ohio 44145
440-835-6996

If you're having a baby,
it's only *natural* to consider
Westshore Midwifery Associates

Birth is a sacred, natural journey.

That's why the highly experienced midwives at Westshore Midwifery Associates assist women in choosing their own path.

Whether you desire natural childbirth, water birth, medication or an epidural, the Westshore Midwifery Associates will support and facilitate your individual choices. Our goal is to create a truly unique birthing experience in a home-like environment with the confidence of a full-service medical center.

Our midwives can enhance your natural power to give birth, beginning with prenatal care, as well as gynecological care throughout a woman's life.

If you want to learn more, contact Elizabeth at Westshore Midwifery Associates at **440-827-5483**, or visit **www.westshoremidwifery.com**.

WATER BIRTH HYDROTHERAPY MASSAGE THERAPY AROMATHERAPY THERAPEUTIC USE OF MUSIC

ONLINE VIDEO

Visit
westshoremidwifery.com/holistic-birthing
Holistic Birth Center Orientation, Waterbirth and "How to Avoid a C-Section"
Classes are offered free of charge. Please register by calling 877-597-6348.



Westshore
Midwifery Associates
In partnership with St. John Medical Center

Wellness Watch

My First Zumba Class

by Edward Staskus

On a Saturday morning recently, Olga Capas, Rita Zvirblis, and Vanessa Staskus ordered late breakfasts and early lunches at the Diner on Clifton, settling into seats after their first Zumba class. Over cups of steaming coffee, three-cheese omelets, patty melts, and shared sweet potato fries they caught up with their experience and breath.

“We got there early and found our space in the back,” said Vanessa Staskus, “but then everybody went behind us, so we became the front row.”

“I thought they were going to kick me out,” said Rita Zvirblis, “because I have no rhythm, but it’s so fast, you can’t think about anything.”

A dance-fitness program created by fitness instructor and choreographer Alberto “Beto” Perez in Colombia during the 1990s when he improvised salsa music into an aerobics class, since 1999 Zumba has expanded to 75 countries, and is taught by more than 20,000 certified instructors. Practiced by more than 10 million people worldwide, it is today’s biggest dance-fitness

phenomenon.

At Harrison Elementary School, sponsored by the Lakewood Recreation Department, classes are taught by Amy Annico, a trim, black-haired young woman sporting a quick smile, very bright blue sneakers, and carrying a yellow Dewalt boombox the size of an air compressor.

“One minute she was monkeying with that yellow thing,” said Mrs. Zvirblis, “and then at nine o’clock exactly the yellow thing was blasting.”

“I’m not really for nightclubbing at nine in the morning,” said Mrs. Staskus, “but she makes it a lot of fun.”

Zumba is a cardiovascular fitness program, including core fitness, married to dance routines. Set to infectious Latin American beats, it burns between 360 – 530 calories an hour, according to Harvard Health Publications. Sweating is not optional, since everyone starts sweating within minutes and doesn’t stop until the end of class.

“Zumba is hard,” said Olga Capas, “but it’s not like going to the gym. I have to force myself to do that, but with Zumba the music is going and you just want to move.”

“It’s fast-paced and you’re just watching her feet up on the stage,” said Mrs. Zvirblis between bites into her Reuben sandwich. “It’s those blue shoes the whole time, trying to follow what she’s doing. And then you immediately start sweating.”

“Immediately!” said Mrs. Staskus. “Sweat was dripping down the small of my back before the warm-up was even over.”

Amy Annico, a music teacher as well as part-time actress, has taught Zumba since 2008 at area YMCAs, Live Well Lakewood, at health fairs, and retirement homes. She yearly attends the annual Zumba Instructor Convention in Orlando, Florida, upgrading her skills

“I’m trained in Zumba, which is for everyone,” she said, “and Zumba Gold, which is for older, active adults and Zumbatomic for kids.”

There is even Aqua Zumba, a water-based workout integrating Zumba with traditional aqua fitness disciplines. A great deal of jumping and splashing is involved, and strapless bathing suits are strongly discouraged.

“The Harrison school class is a

great community class,” Amy said. “Everyone’s dancing, it’s like a party, people are hooting and hollering and shaking, and the hour flies by and you don’t even know it.”

The word Zumba is Colombian slang and means “to move fast and have fun.” It has been described as exercise in disguise. Set to four basic rhythms based on salsa, merengue, cumbia, and reggaeton, it is a non-stop workout that works out endorphins as well as muscles.

Some lose inches off their waistlines; some see their cholesterol drop and their energy levels rise, while still others simply reduce their stress levels. Some men learn to dance and not make fools of themselves at weddings anymore.

Just as sweating is mandatory, so is staying hydrated.

“I told Vanessa to bring water, even though she doesn’t like water, because I had heard you get really thirsty at Zumba,” said Mrs. Zvirblis.

“My bottle of water was gone before half the class was over, and I never drink water,” said Mrs. Staskus. “Everybody was going back and forth to the bench getting more all class long. You don’t get winded, even though it’s non-stop dancing, but you do get thirsty.”

Their dishes cleared, coffee cups re-filled, and lingering over dessert, the three women agreed that Zumba was the best way they could think of to exercise without actually exercising.

“The salsa moves are really good for you, your whole body is going, your hips are going,” said Mrs. Zvirblis. “Amy is so animated, she makes all these noises, like she is definitely having fun doing it and she makes it the same for everybody.”

“It’s just dancing from beginning to end, but it’s exercise, too. You do it with joy, and afterwards you feel so good,” added Mrs. Capas.

They all agreed Zumba is the best of both worlds, an enjoyable hour of fitness.

“Your whole body is moving and you don’t have time to think about working out,” said Mrs. Staskus as she walked to their car. “It’s like having your cake and eating it, too.”

Nature’s Bin Reports

Most Americans Low In Vitamin D In New Study

by Mary Johnson

Nature’s Bin, a full service natural foods market in Lakewood, reports that doctors from the University of Madison, Wisconsin said the medical community increasingly believes that three in four Americans are low in vitamin D and need to take 1,000 IU of vitamin D3 per day to reach the proper level.

The report is part of the December, 2011, issue of Natural Insights for Well

Being®, which Nature’s Bin publishes each month as a public service to help residents of the Lakewood community understand the benefits of good nutrition and a healthy lifestyle. Also in the December issue, pro football players low in vitamin D tended to have more injuries; people with COPD, or chronic obstructive pulmonary disease, had less severe and shorter flare-ups after taking echinacea, selenium, zinc, and

vitamin C; and those who took antioxidants had better long-term memory than those who did not, among other important findings.

“Whether you want to perform better in sports, protect your mind as you age, or just stay healthy, natural nutrition can help,” said Rhiannon Blahnik, vitamin supplement manager at Nature’s Bin. “The scientific journals we are reporting in this month’s newsletter include, “The American Orthopaedic Society for Sports Medicine,” the “Journal of Clinical Pharmacy,” “Arteriosclerosis, Thrombosis, and Vascular Biology,” among other well-respected, peer-reviewed journals,” Blahnik said.

Natural Insights for Well Being® is free, and Nature’s Bin invites all those who wish to gain more valuable nutrition knowledge to stop in and pick up the current issue.

Carabel Beauty Salon & Store

Brunettes are special at Carabel Beauty Salon & Store. Many brands of color to select from. Special effects too. Touch up prices range from \$16.80, \$21.30, and \$30.00. Free allergy test and consultation. Call for appt. or more info

216.226.8616

15309 Madison Avenue • FREE PARKING



Your Feminine Connection



Brighten Your Smile, Build Your Confidence

We provide the highest quality dental care, utilizing the latest technology and techniques, superior patient care and customer service.

- Digital X-rays
- New Patients Welcome
- Emergencies Welcome
- Most Insurance Accepted
- Great with Children & Fearful Patients
- Affordable Fees
- Senior Discounts

14583 Madison Ave. (just east of Warren Rd)
Free, Private On Site Parking
216-226-3084
www.JWLdentistry.com
Hours: Mon-Thurs 8am-5pm • Friday 7am-Noon

Give the Gift of a Brighter Smile!
Whitening Gift Certificates
available
conditions for treatment apply



SERVING THIS COMMUNITY OVER 20 YEARS



MISS DONNA

Ballet • Tap • Jazz
Contemporary
Pointe • Hip Hop
Acrobatics

AGES 3 - ADULT

ON-GOING REGISTRATION throughout the season

Office Hours:
Tues/Thurs 5-8 PM
East End location

www.silhouettedance.net
216-228-3871

East End | Main Ballroom 12501 Madison Ave. West End | Silhouette Dance “Too” 15641 Madison Ave.

Downtown Business

Downtown Lakewood Needs You!

by Paula Reed

LakewoodAlive is a non-partisan economic development corporation whose mission is to improve the quality of life of residents by creating alliances with community leaders, leveraging community assets and expanding the pool of available resources in order to facilitate economic stability and growth in the City of Lakewood.

In 2005, Lakewood applied for and was accepted into the Main Street revitalization program, and through a community forum, designated Detroit Avenue between Arthur and Bunts as Lakewood’s Main Street

area. Lakewood’s program is known as Downtown Lakewood, and operates under the auspices of LakewoodAlive.

The Main Street program, a time-tested initiative of the National Trust for Historic Preservation and administered in this state by Heritage Ohio, provides a comprehensive outline for mobilizing the community to invest not only money but energy to create a sense of pride in and attract people to the traditional commercial district. It is a volunteer-driven effort supported by a variety of stakeholders, but requires participating cities to have a program director to manage the program, coordinate volunteers, assist

with program implementation and act as primary spokesperson for the organization. LakewoodAlive’s executive director, Ian Andrews, serves in that role.

Lakewood is the only western suburb with a true downtown area—it is the community’s heart, and is essential to the character that makes Lakewood unique. The goal of the Main Street program is to rejuvenate the downtown area by focusing on a four point approach; all four points must move forward simultaneously and with equal importance:

Organization--Providing effective management and support for human

and financial resources. Gets everyone working toward the same goal. Builds consensus and cooperation among the various stakeholders.

Economic Restructuring—Strengthening and broadening the economic base of downtown. Helps existing businesses sharpen their edge to ensure retention; recruits compatible new businesses and economic uses to build a commercial district that responds to today’s consumers’ needs. Converts unused or underused space to productive property.

Promotion—Promoting the downtown as the community’s social, cultural and economic center. Sells a positive image which improves consumer and investor confidence in the district.

A New Year’s Resolution: Starting A Business

by Mike Belsito

At this time of year, it is not uncommon for New Year’s resolutions to be made -- ranging from weight-loss goals to finally getting around to making that home improvement that’s been discussed for years. One common resolution is easier said than done: starting a business.

Starting a business can be rewarding and, if done right, even quite lucrative. But it also comes with stress, uncertainty, and a lot of hard work. It can test relationships, both personal and professional. Yet for those entrepreneurs that persevere, it can be the ultimate freedom and creative outlet.

If starting a business was among your resolutions for 2012, you may

want to consider the following advice:

Do your homework: Starting a new business and finding out that there isn’t a market for your product or service can be very sobering. Use free resources like the public library and online survey tools to research your market. Become an expert.

Find some mentors: The best way to truly understand what starting a new business is like is to hear first-hand from those who have started businesses in your field. Don’t be afraid to ask these people for help. If they like you or your idea, they could provide valuable guidance and support.

Test your assumptions: Will your business model work? The only way to find out is to test it in the open market.

Think of ways that you can test your business idea in small pieces -- with real customers. Use those learnings to perfect your product and service.

For more tips and advice on starting a business, visit the first Startup U event of the month, titled, “Getting Started: Learning from those who took the leap.” This program will feature feedback and advice from several Lakewood entrepreneurs on what it takes to start a business, and will take place at 6:00 p.m. on Tuesday, January 24 at the University of Akron Lakewood campus at 14725 Detroit Ave. Startup U events are free and open to the public.

Mike Belsito is the director of Ideation for Startup Lakewood and Co-Founder of eFuneral.

Nature’s Bin Vocational Training Program Featured Nationally

by Mary Johnson

Nature’s Bin, a full service natural foods market in Lakewood, was recently featured in the December issue of Natural Foods Merchandiser.

The full-page, standing feature is known as “Retail Excellence” and the article is entitled “Nature’s Bin Empowers Employees with Disabilities.” It speaks to the core of Nature’s Bin’s mission in regards to helping people with disabilities develop their skills, confidence and workplace potential. In addition, the story showcases the uniqueness of Nature’s Bin in that it operates a natural foods market, yet it’s a nonprofit operated by Cornucopia, Inc.

“We are pleased to be featured in Natural Foods Merchandiser,” said Scott Duennes, Executive Director of Cor-

nucopia/Nature’s Bin. “Training and working with employees with disabilities is in our roots and a part of who we are. To be able to tell our story to a broader audience and share the rewards we experience daily at Nature’s Bin is something we are absolutely delighted to have the opportunity to do,” added Duennes.

Established in 1979, Natural Foods Merchandiser is a monthly publication for retailers in the natural and organic products industry. It is owned by New Hope Natural Media, a division of Penton Media, Inc. and the leading media resource and information provider for the natural, organic and healthy products industry.

To read the article in Natural Foods Merchandiser, visit [http://newhope360.com/retailing/natures-bin-empowers-](http://newhope360.com/retailing/natures-bin-empowers-employees-disabilities)

employees-disabilities.

To learn more about Nature’s Bin, visit www.naturesbin.com.

About Nature’s Bin

Nature’s Bin, a full service natural and organic foods market located in Lakewood, Ohio, is operated by the nonprofit, Cornucopia, Inc. This natural foods market serves as a training site for a unique and successful program that provides vocational training leading to employment for people with disabilities. Programs hosted at Nature’s Bin serve people with a wide range of severe disabilities including developmental disabilities, autism, mental illness, visual, speech and hearing impairments, and injuries resulting from accident or illness. What distinguishes the programs at Nature’s Bin from other training facilities is the real-work learning environment. Trainees work side-by-side with staff members in all aspects of retail service, facing the challenges and rewards of competi-

tive employment in a caring, supportive atmosphere. Cornucopia/Nature’s Bin has been serving people with disabilities for over 35 years.

AARP Free Tax-Aide Help

by Joan Miller

AARP tax-aide brings you free electronic filing of your tax returns. The IRS-certified volunteers are ready to help low and moderate income taxpayers of all ages. You do not need to be an AARP member to receive this service.

AARP tax-aide help is available Monday and Tuesday, noon to 4 p.m. at the **Lakewood Senior Center, West 16024 Madison Ave.** Call 216-226-0611

to set up an appointment after January 5, 2012.

AARP tax-aide help is also available at:

The Barton Center, 14300 Detroit Ave., Thursdays 9:00 am til noon. For more information please call 216-221-3400

Lakewood Public Library, Madison branch, 13229 Madison Ave. Tuesdays noon to 4:00 pm. For more information please call 216-228-7428.

ENJOY A
PEACEFUL
SHOPPING
EXPERIENCE AT...



lion and blue

CLOTHING • GIFTS • JEWELRY
15106 Detroit Ave. Lakewood
216-529-2328

Shop Local.
Shop Lakewood.

This downtown "shop-local" initiative is presented by lakewood alive
Downtown Lakewood Business Alliance Committee Members

Visit us at downtownlakewood.org

Lakewood Opinion

We Teeter On The Edge Of Everything

by Chris Perry

Like almost all other cities, Lakewood is chasing dreams. That is not a negative; I'll take a chance on the pursuit of the extraordinary over the ordinary any day. There are innumerable "best of" lists for cities, and Lakewood has been glowingly recognized in several recently--but if you drill down to what distinguishes the highest-ranked cities, it's always related to livability and sustainability. Our dreams need to encompass a wide-angle-lens view of sustainability as it applies to community-building. If we desire our dreams to be everlasting and our efforts fruitful, true sustainability can only be achieved if it takes into account economic, social, and environmental aspects. It's becoming very clear that how our cities are planned, developed and re-developed, how they welcome new residents, how they accommodate all income groups, and how they prioritize human capital and natural resources are becoming more and more crucial to urban sustainability.

We need to look at Lakewood and beyond through the general recognition that we have not always been open enough to rewarding those who can imagine the impossible. This not only applies to Lakewood, but also to the big city next door-- Cleveland. We may at times dream big, but act timidly--when these times demand bold and decisive actions. As Lakewood teeters on the edge of exceptional, we must acknowledge that the world is governed not by the predictable and the average, but by the random, the unknown, the unpredictable--big events or discoveries, or unusual people--that have big consequences. Change, more often than not, comes not uniformly but in unpredictable spurts.

Change is coming to Lakewood, but how much and in what form will often come from outside forces. We need to balance our habit of making predictions in a largely unpredictable world with our perpetual surprise when events not predicted happen. I argue that we can do more to not be caught by surprise, but rather be pleasantly surprised. There is no place else I would rather live in Ohio than Lakewood. As another year draws to a close and a new year beckons, we have much to be grateful for here in the "city of homes". Scattered here and there, in our fine city, the seeds of a new, more local and durable economy are taking root. But sowing the seeds of change is always a delicate process and the proverbial economic storm clouds are an ever-present menace looming on the near horizon. We need to take stronger measures to buttress ourselves from the worst elements of development and re-development. It will be the fierce preservation of what we already have that will best position our city to capture the growing thirst for Lakewood-model livability sweeping the nation--in particular the younger generations.

Simply put, there has been a profound structural shift--a reversal of what took place when the majority of the baby boomer generation chose to drive more and be at home less, when far-flung and isolated suburbs boomed

and flourished as center cities emptied and many inner-ring suburbs withered. Lakewood never withered, in spite of national and state land use policies stacked against us; we have stood the test of time. There is now an ever-growing understanding that for too long, we over-invested in the wrong places. It is time to instead preserve what the market increasingly wants: mixed-income, mixed-use walkable cities and inner-ring suburbs. Yet another survey shows that baby boomers want yet another re-do of their economic misadventures and seek to join with the Gen X and Gen Y generations in a desire by many to live in more pedestrian-friendly, transit-oriented, mixed-use environments that de-emphasize auto dependency. Recent surveys show that the majority of all age groups are likely to prefer historic inner-ring suburbs as their high-density destination--but not the isolated subdivisions of the 20th century.

I relocated to Lakewood from Oregon in 2008, and I spent ten years in Portland, Oregon from 1992-2002; during the height of its renaissance in which I witnessed many of the intrepid urban planning decisions take shape. People often look to Portland as the "Holy Grail" of high-density urban planning and design. Portland is one of the most-praised cities in contemporary America. Many people ask me--Is the hype real? To some extent, yes it is. The second question I'm always asked is--Why did you leave? At the time, I chose to pursue this life-long romantic notion I had to live in a small-town rural setting--which was both an educational experience and a cultural abyss, but that is a story for another day. But the important point I always make is this: Portland didn't invent bicycles, warehouse districts, fine coffee, good beer, organic and local food, high-density or light rail, but it understood the future implications of them for America's smaller cities first, and put that knowledge to use before anyone else.

The longest journey begins with a step, but you have to take it. Portland did it at a time when nobody else did. In an era when most American cities went one direction--malls and sprawl--Portland went another, either capturing or even creating the energy of a new age. Portland's old neighborhoods and city center once teetered on the edge of ruin. The inner-city home and neighborhood where I once lived was considered a slum just thirty years ago. Lakewood compares very favorably to Portland. Having a much smaller population (52,131 versus over 500,000 people), it is like a smaller, more condensed version of Portland's many older neighborhoods. My wife and I often comment on the parallel universe of our Portland/Lakewood experiences--we often refer to Lakewood as being Portland without the annoying ego.

Just like Lakewood, Portland is real. It's not about marketing gimmicks pushing false benefits, rather it's about addressing very real issues regarding

how cities change and sustain themselves. Portland's legacy is largely a positive one. It is undeniable that Portland played a major role in making the nation respect cities again, seeing their potential with fresh eyes. Portland was the right city, in the right place, at the right time. Here in Northeast Ohio, I feel that Lakewood teeters on the edge of being the same if we position ourselves accordingly--the right city, in the right place, at the right time. I have that feeling living here--I have felt it before.

But though Portland can't be copied, it can be an inspiration. Many of its ideas can and have been adopted elsewhere. Whether most cities will succeed in reclaiming their urban cores is not yet known, but it's a fight worth fighting. Without Portland, we might not even be trying. Cleveland is trying and may finally be getting it right, as well over 10,000 people now call downtown Cleveland home--that can only benefit Lakewood more and more as those numbers continue to increase. However, there is one way Portland today is very unlike Lakewood. Portland now routinely tops "worst of" lists for being one of the most expensive places to live in America; in particular when you compare wages and home prices. Even though real estate values have plunged by over 20% in Portland, housing still remains prohibitively expensive for too many residents as unemployment there has exceeded 11% for nearly four years and underemployment remains a chronic two-decade-long problem. Today, Portland's performance isn't bad, but given all of its advantages and low degree of difficulty, it should be a lot better. Why is this? I have been thinking that perhaps Portland was a bit too livable. Portland was in the 1990s what San Francisco was in the 1960s: a hip, not-too-expensive place for young slackers to go. Ohio will never be as hip as Oregon--but Northeast Ohio is hip in a more subtle way--we just don't go around beating our chests about it. Excessive chest-beating can have its disadvantages. When the promo for the cable television series "Portlandia" makes the claim that, "Portland is where the young go to retire," it is an attempt at humor but also is an absolutely true statement. People, myself included at the time, move to Portland for values and lifestyle; more for personal than professional reasons--just like so many of us here in Lakewood. However, over the course of the past twenty years, Portland has become the "Mecca" for American trust fund youth. In fact, the term "trustafarian" was coined during my time in Portland to describe the preponderance of non-working, free-spending, ultra-wealthy under-forty populations. I don't foresee that dynamic overtaking Lakewood anytime soon, but I'm sure we all wouldn't mind a modest level of home value appreciation. It will be forthcoming in random fits and spurts with the cultural shift taking place.

Lakewood, our "city of homes," remains affordable to diverse income

groups. That, in my opinion, makes us stronger than Portland--more real, more grounded and more welcoming. The working class can actually afford to live and enjoy the Lakewood lifestyle. That is something that we must preserve for our long-term sustainability. Lakewood counters the dirty little secret that Portland tries to suppress--the fact that it has become a revolving door of short-term residents, as nearly one-half of the people who have moved to Portland in the past two decades have been recycled every five years. As the people who've had to leave Portland because they couldn't find affordable housing or real employment there can attest, in order to take advantage of its justly famous high quality, sustainable lifestyle, you first need a roof over your head, a mortgage you can afford and a decent job. It's not livable if you can't live there. Thankfully for many of us, Lakewood is and remains livable--like Portland once was when I first moved there nearly twenty years ago.

When I am asked to compare the states of Ohio and Oregon, I don't think of "the lake" versus "the mountains"; "snow" versus "rain"; "Maple Trees" versus "Douglas Firs"--no, I think of the year 1979. That was the year that the Portland metro area adopted an Urban Growth Boundary (it became a state-wide mandate for all cities and towns by 1990), thereby restricting development in rural and open land while targeting development, preservation and re-development in denser, urban, and older parts of the metropolitan area. This, in effect, was the birth of the Portland story--proof that good policy solutions offer lasting benefits, in particular the prevention of sprawl. If there were to be a policy solution to the Ohio sprawl problem, this would be a great place to start. Sprawl, in my opinion, is the biggest environmental problem for the Northeastern Ohio region. The fact that we have basically flat-lined as a regional population-base the past two decades while at the same time paved over 25% more land is both a tragedy and a blow to our regional sustainability. This dynamic greatly impacts Lakewood and hinders our efforts to enhance, preserve and build upon our cities assets. Sprawl is one thing when the regional population is growing. When population is stagnant, as it is in our region, sprawl simply means more miles of roads to maintain for the same number of commuters, more schools for the same number of students, and more sewer lines for the same amount of... well, you know what I mean.

So where do we go from here? We are already there. People are looking at us and looking for us. We teeter on the edge of everything people desire in a more livable and sustainable future. We also teeter on the edge of economic challenges as the rest of society catches up to places like Lakewood. Public attitudes and desires are dramatically shifting and we need to capture the energy of a new age. Lakewood is the right city, in the right place, at the right time.

Lakewood Perspectives

Off To The Races

Happy New Year, Lakewood! It's now 2012, and despite the constant blathering last year from the networks and the monotonous deluge of debates hosted by everyone except the cooking channel, we're in an election year. It might surprise several of you, but I've tried very hard NOT to watch any election coverage leading up to the Iowa Caucuses. As a proud independent, I want to watch the primary process about as much as I want to see hot dogs being made. There's nothing messier than a primary election. It's a ridiculous process that challenges candidates who don't actually differ much on major issues to bend over backwards to find some extraneous point that might set them apart from the others, like when my wife asks my opinion on what color to paint the bedroom...they all look tan to me.

To me it's as worthless as spending time trying to decide who your favorite Cleveland Browns football player is. Does it really even matter? Who cares, if the team still can't beat the Steelers? Regardless of who wins the Republi-

can primary, I'm fairly certain I already know how the Presidential race will go. It comes down to two arguments: President Obama is going to stick to his premise that without his policies, things would have been worse. And the Republican candidate will try to convince people that without Obama's policies, it would have been much better.

I've also heard pundits from both sides try to pitch this election year as being more about Congress than the President, with the Democrats trying to portray the Republicans as do-nothing stalwarts, and the Republicans crying about the nanny-state spendaholic Democrats. Once again the country will get divided up between red states and blue states, fly-over states, Bible belt states, Reagan Democrats and Republicans-in-Name-Only (RINOs).

Once the candidates are set, there will be critical evaluation of every conceivable policy stance, whether it be about national security, immigration, healthcare, or even homogenized milk

by Bret Callentine

(go figure, I drink 1%). But lost in the process will be any meaningful debate about the real issues that, regardless of what the media will hype, are the key to restoring this country to the prosperity it desires. As far as I'm concerned, what a person thinks is secondary to what they believe. And what they believe can only be properly defined by evaluating what they have done.

In Christianity, we're taught to judge a tree by its fruit. Why should politics be any different? We elect these people to represent us, to lead us, and to protect our freedoms. Just like the tree, we should judge them on their results as well. Real leadership requires strength of character; the ability to earn trust, harbor loyalty and build unity. Every candidate should be questioned repeatedly to prove their worth in these areas. After all, ideals and intent mean little without the ability to get things done.

The question is an easy one to ask incumbents: "Can you prove to me

how we are better off now, than when you took office?" But that query is just as pertinent to even the first-time political challenger: "Show me how people are better off after you've led them." Even with the nation struggling its way out of a recession, there is room for the occasional political novice, but we need to draw the line at those lacking true leadership experience.

But, like the Browns, we can no longer afford to be persuaded by those who merely talk a good game, we must put our votes in people who play a good game. No excuses. We must focus on the qualities that make good leaders, not the policies that make popular candidates.

A good leader always shares the credit but often hogs the blame. A good leader communicates, not just dictates. A strong leader will sacrifice their dignity but never their morals. A wise leader may change his mind, but rarely his principles. A true leader will show us what we need even if it's not what we want. They'll make the team stronger by showing us how to overcome our obstacles, not by helping us avoid them. They will stoke our pride, build our confidence, and support our self-reliance without stroking our egos, manufacturing scapegoats or relieving us of our responsibilities.

You'll know a good leader because after you meet one, you'll feel better about yourself, not just them. You'll feel stronger, more empowered and positive that you can make a difference. And those are the people we need to elect. After all, if this city, if this state, and if this country are going to rebound, it will be by the actions of the electors, not the intentions of the elected.

Letter To The Editor

Dear Editor:

Thank you for your article, "Annie, The 9-Year-Old Greyhound, Finds A home In Lakewood," Dec. 1, 2011.

Kudos to Dan Alaimo for opening his heart and his home to beautiful Annie, and for educating the public as to the realities greyhounds face as racers. Congratulations to all involved at Erie Shore Greyhound Adoption of Ohio for their dedicated work placing ex-racing greyhounds into

well-deserved loving homes.

Increased public awareness of the cruelty inherent in dog racing is contributing to its decline. We cannot fathom our dogs enduring inhumane confinement day in and day out, or facing the risk of injury and death racing around an oval just so people can bet on them. We do not consider our dogs as investments to be valued only as long as they generate a profit. Nor can we imagine not caring for our dogs if they become injured or as they age.

That is no way to treat a dog.

I have adopted beloved ex-racing greyhounds since 1997, including five senior greyhound girls. I am a board member of GREY2K USA, a non-profit organization that works to end the cruelty of dog racing. For more information, please visit www.grey2kusa.org.

Sincerely,
Caryn Wood
Board of Directors
GREY2K USA



ONM
O'Neill Management

Locally owned and managed
by the John O'Neill Family,
serving seniors in the
West Shore area since 1962.

To reach any of our facilities, call
(440) 808-5500



BRADLEY BAY
Health Center
Bay Village



Center Ridge
Health Campus
North Ridgeville



Lakewood
Senior Health Campus
Lakewood



Wellington
place
North Olmsted



Lakewood
Senior Health Campus

January Events

Assisted Living Building
1381 Bunts Road, Lakewood
(Campus is on NE corner of Bunts & Detroit)

Saturday, January 14, 2012
12:00 p.m. - 1:30 p.m.

Come and enjoy a complimentary lunch or dessert!

OPEN HOUSE

Come and enjoy a complimentary lunch or dessert!

LUNCH & LEARN

Thursday, January 26, 2012
at 11:30 a.m.

RSVP by January 24th to 216-226-4010. Complimentary lunch provided!

**"Breathe Better:
Improving Lung Function"**
Presented by:
Joyce Geib, Physical Therapist
Lakewood Hospital



Pulse Of The City

The Civil War, 150 Years Ago....

A Pilgrimage... Through The Shenandoah Valley, To Manassas And Gettysburg...

by Gary Rice

Thanks to our good friend Hugo Doerschuk, who helped with the driving, and to Lakewood's Enterprise car rental company (who found us a Lincoln Town Car for the weekend!), Dad (Robert Rice) and I were able to get down to Manassas, Virginia recently so Dad could conduct our "American Veterans' Last Salute March" with the American Festival Pops Orchestra. Along the way down and back, we ran smack dab into the Civil War.

When we traversed Virginia's Shenandoah Valley back in November, it still retained that "Garden of Eden" splendor that such fine rich bottom-land provides. Nestled between two vast mountain ranges, the Shenandoah seems, at first glance, to be the most peaceful spot on earth. Gorgeous farms and picturesque villages invite the traveler to come, visit and stay. Serene limestone caverns beckon those who seek underground wonderment. Hiking trails and scenic drives await the nature lovers. Utterly unspoiled by the passage of time, the Shenandoah is ever reluctant to divulge its dark and bloody secret: That during the War Between the States it was perhaps the bloodiest and most contested ground on earth.

Shenandoah farms fed the armies of the South in that war, and for that reason, the valley became a military objective for the Northern armies. Up and down the 200 or so miles of that valley, framed in by the sharp-edged Appalachian Mountains on the West and by the ancient and more rounded crests of the Blue Ridge Mountains on the East, armies repeatedly marched and slaughtered each other over the span of five years of armed conflict. In that valley too, civilians bitterly bore the brunt of the concept that would later become known as "total war," as their homes and barns were often turned to ashes, and starvation and death became the order of the day.

Geography and Geology are more than academic subjects in school. They represent very real factors in determining the strategic and tactical goals of military operations and fields of battle. Put simply, armies need food to eat. Without food and supplies, military discipline, morale, and the will to fight will diminish. It was a desperate Southern Army of Northern Virginia that, in 1863, marched up the Shenandoah and Cumberland Valleys to invade Western Pennsylvania in order to attain the resources that the rich farms and towns offered in Union territory, since the farms of the Shenandoah had, for the most part, been burned out by years of war. It was at Gettysburg, Pennsylvania, while searching for shoes, that those Southern boys ran into the Union's Army of the Potomac, and that memorable three-day battle ensued.



photo by Gary Rice

View from atop the "Little Round Top" hill at Gettysburg.

Interstates are usually great for getting from place to place quickly, but for journeys such as these, the backroads are really a great way to go. The usual route from Cleveland to Washington, D.C. is to take interstates I-80, I-76, and then I-70 straight down to the Beltway, but if you take route 522 south at the Hancock Md. cutoff instead, a very special alternative awaits you. See, people think that interstates are the answer, and that's often the case, but taking that drive down 522 (North Frederick Pike) through West Virginia into the Shenandoah Valley, and

on through historic Winchester, Virginia down to pick up I-66 and over to Manassas, definitely makes for a beautiful, historic and interesting trip. (Please note that the D.C. traffic "situation" can be legendary as well, so these backroads often end up being great time savers too!)

Our Civil War 150th anniversary commemorations have begun around the country, and that's a hard topic to ignore. The commemorations are not without controversy, even on these pages. You may recall some discussion as to whether some of Lakewood's mysterious subterranean tunnels could have been used as Underground Railroad passages for former slaves to escape to Canada. While there is no absolute proof one way or the other, I was told in no uncertain terms by an unnamed source from my church that a certain tunnel down Summit Avenue had been used precisely for that purpose. Some day, more information may come out about such things, but for now, there are more questions than answers regarding that time in Lakewood's history.

Surprisingly, controversies over the Civil War continue to rage on today between well-intentioned people. One controversy concerns whether Confederate flags can be placed on license plates by private groups. Some believe that the banner

represented brave soldiers and a Lost Cause, while others see the flag as representing racist ideals. Textbooks in the South have long written the history of that conflict differently than they've written in the North. Even the battles themselves have different names. (Yankees often named their battles by the nearest physical geographic marker, while the Rebels often named those same battles for nearby towns--i.e. you could call the Battle of Shiloh "Pittsburg Landing," or the battle of Antietam "Sharpsburg.") You probably read about the famous first battle of ironclad ships as the "Battle of the Monitor and the Merrimack(k)," but if you were a Southern kid, you may have read about that being a battle between the Monitor and the Virginia. Why the discrepancy? Well, the Merrimack was a Union ship that had been burned to her waterline and then captured by the Confederates, who rebuilt her as an ironclad. They also re-named her the Virginia. After the Rebs lost the war, the Union's position was that there had legally never been a "Virginia," so that's why you probably learned about the Monitor and the Merrimack(k) if you grew up in Lakewood.

The Civil War can easily become almost a virtual religion to some folks. Thousands of people participate in the re-enactment culture, often spending several thousands of dollars outfitting themselves in authentic reproduction uniforms and weaponry, and then going out and camping on long weekends with like-minded people. The tourism industry also continues to attract untold numbers of people to the great battlefields of the Civil War. Sometimes, the collision of commercialism and history can be difficult to reconcile, as businesses try to expand near the battlefields.

I confess to having had quite an obsession with all things Civil War when I was young, and to a large extent, that obsession was re-fueled big-time with our recent trip through some of the areas that were affected by this terrible struggle. Having ancestors who fought for both sides, my interest was more than academic. Thanks to the Internet, you can learn a great deal about your ancestors, and that is a journey back in time well-worth your consideration. We took another "backroad" up from Manassas to Gettysburg, traveling much the same territory that some of the elements of General Lee's Army of Northern Virginia traveled in its effort to resupply the troops and invade Pennsylvania. While the highway was smooth and easily traversed, one could easily imagine long lines of oft-barefoot soldiers marching along to the strains of "Dixie" while having absolute faith in General "Marse Robert" E. Lee, who was riding along

continued to page 22



The Red Rose Cafe

14810 Madison Ave • Lakewood
228-7133

Parking off Victoria Ave.
Corner of Warren Rd & Madison

**Open 7 Days a Week
with a Full Menu!**

**30¢ Wings Everyday!
Check Us Out!**

According to "Those That Know" —
**We're the 6th
HOTTEST
NEIGHBORHOOD BAR!**

The Lakewood Observer Project 2012



From the Deck Thread - “Clouds got in the way” can 15,174 viewers be wrong?

Links - Highlighted

The Lakewood Observer has one of the most complete sets of LINKS that Lakewoodites should be aware of or can use. If you have a LINK for your business, non-profit, or whatever please send it in and it might be highlighted here: <http://lakewoodobserver.com/links/>



All Dog’s Heaven

A 501-C3 Animal shelter that specializes in getting dogs out of terrible situations into the loving hands of new dog owners.

Melissa Limkemann has become Lakewood’s most infamous dog “angel.” Her devotion and love have made All Dog’s Heaven the first place a person should look to for finding a new pet for themselves or the family. Nobody does it better!

From the LO Observation Deck

Good Neighbors Talking Over The Digital Fence About Life In And Around Lakewood, Ohio

Topic.....	Author	Posts	Count... ..	Last Response
It Is With Great Sadness...	Jim O'Bryan	3	416	Stan Austin
We Lose Robert Seelie				
Chickens Legal In Lakewood.....	Betsy Voinovich	83	3616	Peter Grossetti
Murder On Waterbury	Jim O'Bryan	32	1947	Grace O'Malley
Tuberculosis	dl meckes	5	298	Betsy Voinovich
So ... what is a "Real Lakewoodite?"	Peter Grossetti	26	740	Will Brown
The energy and vibe of Lakewood.....	Corey Rossen	12	1016	Bill Call
Clouds got in the way...	Jim O'Bryan	205	15174	dl meckes
Lakewood’s perfectly sensible bicycle plan	michael gill.	1	216	Christina McCallum
And Now For Something	Jim O'Bryan	13	1678	Laurie Solomon
Completely Different - Pizza!				
Cleveland Annexed Part Of Lakewood?.....	Jim O'Bryan	93	11184	Matt Markling
Shameless Plugs - Part II.....	Matt Markling	29	1783	Matt Markling

The energy and vibe of Lakewood

The Looking back at 2011 and a year of renovation at work (Rozi’s Wine House) in downtown Lakewood, I have to say that I have an entirely new appreciation for the energy of Lakewood. As I watched the demolition and rebuilding of our storefront, there wasn’t a day that went by that didn’t have at least 10 people checking in to see what was going on with our renovations and follow up with the new vibe they are feeling in Lakewood. I’m not sure if it is a new vibe or just a refreshed one.

Maybe it is because I was in the middle of it all, but I felt like a buzz in the area was taking place. In our industry, the likes of Melt, Deagan’s, Beer Engine and such have created a destination point for Lakewoodites as well as travelers. The mood and reaction I hear most while speaking with out of town customers at the store is one of great excitement followed with “I’ll see you again soon.” That is what I envision business in a strong community to be like. And thus far, in 2011, I have seen those customers again. Like I said, I don’t think this is necessarily a new concept or feeling, just a refreshed one.

Corey Rossen

Councilman Shawn Juris

Corey,
A few weeks back as I was thinking about all the stuff in front of the Architecture Review Board including CVS and McDonalds which drew so much attention, it occurred to me just how much of Lakewood has turned over a new leaf. Some buildings replaced but many others just refaced. Heck it wasn’t that long ago that First Federal Lakewood or Geigers was redone, but now those are just old news (except for phase 2 of the interior of Geigers which still has that “new car smell”). Not too long ago one of my cousins came into town after being away for a few years and was just blown away after driving down Detroit. The landscape changes and it’s hard to notice when you’re in the middle of it, but see it with fresh eyes and it’s clear.

While there will always be some who insist that the path is wrong or that their idea is better or that somehow we can move forward without leaving anything behind, there is no doubt that the signs are positive. To make an argument against relies on false premises, lack of perspective and redefining of terms. Cities on the skids do not see this level of investment in capital improvements. So long as the decisions have longevity (as opposed to following fashion trends that look dated as soon as the paint dries), then we should be in very good shape for the long term.

And by the way, thanks for adding Rozi’s to the list of those investing in Lakewood.

Paul Schrimpf

“Not too long ago one of my cousins came into town after being away for a few years and was just blown away after driving down Detroit.”

They must have driven West to East and turned around at the Winking Lizard..

Isn’t It Time Your Voice Was Heard? <http://lakewoodobserver.com/forum>

From The Photo Blogs

Check out the Lakewood Observer Photo Galleries at: <http://lakewoodobserver.com/photoblogs>
Where many of Lakewood’s best, combine with some of our newest photographers to share their images of Lakewood and what Lakewoodites are doing around the world! Isn’t it time you started yours?



Steve Davis - These photos were sent by my son, Trevor. They are of Vladimir, Russia during the week before XMAS.



Mary Breiner - Some images that Mary took in and around Lakewood in the winter. This photo is in the Emerald Canyon, just south of The Green Barn area. Why not jump into the digital mosh pit of word jazz and visual treats, and work with other Lakewoodites to preserve images, memories and stories of the city we all love? There is no cost and we will not hassle you, or sell your information like other sites do.

Lakewood Living

Stormy Weather- Henry Howe's Account Of Early Lakewood

by Thomas George

In today's busy world, many of us forget that only two hundred years ago, Lakewood was a primitive wilderness. Bears, wolves, mountain lions, badgers, wolverines and other dangerous animals inhabited the area's thick forests. Few humans lived in the area. On occasion a Native American hunting expedition or trapper would pass through, but no permanent human settlements were located in the area until the early 1800s.

During my many years in Lakewood, one of my great pleasures was the opportunity to meet many interesting Lakewood residents. Among the most interesting was the late Dan Chabek, Lakewood's most respected local historian. Dan and I shared several passions, including a love of Lakewood, a love of the written word, and a love of history. For many years, Dan wrote a local newspaper column called "Lakewood Lore" in which he wrote about Lakewood history.

Among Dan's favorite resources was Henry Howe. Howe traversed Ohio, much of the time on horseback, during the mid to late 1800s and wrote elaborately detailed accounts of the residents, commerce and history of each of Ohio's

88 counties.

Howe's famous, "Historical Collections of Ohio--in Two Volumes" which was copyrighted in 1888 and published in 1900, serves as a valuable primary and secondary source of historical research.

Howe's chapter on Cuyahoga County includes some of his observations and tales of Cleveland and the west shore area during this time.

Among the most interesting accounts is found on page 497, volume 1. "Sad Incidents"--Early in the spring previous (in 1806), a small boat, containing a Mr. Hunter, wife and child, a black man named Ben, possibly a fugitive slave, and a small black boy, who were moving to Cleveland, "was overtaken on the lake by a squall of wind and driven ashore east of the Rocky River. The bluff being perpendicular, they were unable to ascend. They however, climbed up the rocks as far as possible-- the surge constantly beating over them--with the vain hope that the storm would subside: but on Saturday it increased and during Sunday Mrs. Hunter expired, the children having died previously. On Monday, Mr. Hunter expired. Black Ben held out until Tuesday, when, the storm subsiding, some French traders, going in a vessel from Cleveland to Detroit

discovered him, took him aboard and returned with him to Cleveland. Thus, for three days and four nights he had been without sleep or food and with little clothing, exposed to the continued surge and holding on for life to some small bushes in the crevices of the rocks. Ben was treated with great kindness by Major Carter, in whose family he remained an invalid over a year."

Lakewood, of course, did not exist in 1807, but we can infer from the description of the area, "just east of the Rocky River...the bluff being perpendicular" that the location described in this tragic account is what now is the present day Lakewood, probably somewhere between Webb Road and Lakewood Park. And any of us who have lived in Lakewood even for a short time, can appreciate Lake Erie's unpre-

dictable temper and being overtaken by a springtime "squall of wind" as described by Howe.

And how tragic a tale, a young family, no doubt simply seeking a better life, stranded through a terrible storm, desperately clinging to life, through the chilly driving rain, holding on to branches and rocks, unable to fully scale the perpendicular bluff, perishing one by one, sadly witnessed by the survivors.

So next time you drive down Lake Avenue or Clifton Boulevard, admiring the tall oaks and the breeze off Lake Erie, listening to music in your car and secure in knowing that EMS, fire and police are just a phone call away, consider the brave early settlers of Lakewood and their fragile and dangerous existence... and how well off we have life today.

The Civil War, 150 Years Ago... A Pilgrimage...

continued from page 20

beside them on his gray horse "Traveler." In Lee's mind, the Federal army could not possibly stand against the determination of his gallant boys. Lee honestly thought that those men walk-

ing beside him were invincible.

It would be at Gettysburg that the well-loved General's thoughts would be proven terribly wrong. In my next column, we'll take a closer look at that bloodiest battle of the Civil War.

Free Windshields?

by Mark Hofelich

I think it only fitting to discuss windshield chips and cracks in my first article after the first snow. Every one of us has had one at some point and generally they don't seem like a big deal. However, they can be costly and troublesome.

It seems that all winter we are constantly reminded that our windshields can be chipped every time we hear that loud crack sound a piece of rock salt makes hitting our windshield. We immediately fear that there could be a nick or a chip. We scan the glass in front of us looking for the nick that has to be there. After all, that crack sound was too loud not to leave a sign. Sometimes we even use our wipers to clear

off the glass so we can be certain there is no damage.

Luckily we see nothing. The last thing we want to spend money on is a new windshield. We just had to get new tires to deal with the snow. After all, that chip will turn into a crack if it is not repaired then we will have to replace the whole windshield, and that can get expensive. A cracked windshield can be very dangerous to drive with as well as quite an eyesore.

As I said in my first article, I want to help. No, I will not replace your windshield for you, but your auto insurance policy may. There are many accessory benefits and coverages that are included in our auto insurance policies. A lot of insurance carriers

include coverage to have minor windshield chips and damage replaced at no or very little charge to us. In fact, some of the services that may be included in this are mobile. A technician will come to our homes or places of work and repair the crack without us having to spend our time or money to get it fixed.

Here are a few things to consider when windshield chips and cracks happen. According to a widely-known auto glass company's website, most cracks can be repaired if they are less than 6 inches long. A good rule of thumb here is, if you can cover the crack with a dollar bill it can most likely be repaired. When it comes to the fit, function, and integrity of your windshield, keeping the original

manufacturer's seal intact is considered the best option when possible. However, if your windshield can be repaired make sure to keep the area clean. It is recommended to cover the crack or chip with a piece of clear tape to keep dirt and debris away until it can be repaired.

As I have said before, and will continually say, when you get mail from your insurance carrier, open it and look through it. There are often money-saving programs that are included in the bills and renewal notices that we are sent at least once a year. Thanks for reading, and please have a safe and happy 2012.

Mark Hofelich is a local Nationwide Insurance Agent with an office located at the west end of Lakewood.

PROUD TO BE LAKEWOOD OWNED AND OPERATED!

HRI

HOME RESTORATION INVESTMENTS

Roofing/Repairs • Painting/Siding • Home Restorations

Hire a local company for your storm damage!

FREE SAME DAY ESTIMATES ON ALL CALLS

(216) 376-2404

LICENSED BONDED INSURED

Nationwide

I am On Your Side®

Mark Hofelich | Consultant

Hofelich Insurance | Auto Home Life

18615 Detroit Avenue | Suite 101

Lakewood, Ohio 44107 | W 440-333-4750

hofelim1@nationwide.com

Visit Sicily Without Leaving Home

NUNZIO'S

Pizzeria

Since 1990

Fresh Authentic Italian Cuisine

Pizza • Pasta • Subs • Salads • Wings

Now serving

Lakewood, Rocky River & Fairview Park

17615 Detroit Ave.

216-228-2900

www.nunziospizza.net

4 Locations to Serve You Better

20 Years in Business

Mon-Sat 4pm-3:30am

Deliveries until 3:30am

Sunday 2pm-1:30am

Deliveries until 1:30am

Pizza

	Small 6 Cut - 9"	Medium 8 Cut - 12"	Large 12 Cut - 16"	Party Tray Half Sheet
Plain	\$6.25	\$7.75	\$10.25	\$11.25
1 Item	\$6.75	\$8.50	\$11.25	\$12.75
2 Items	\$7.25	\$9.25	\$12.25	\$14.25
3 Items	\$7.75	\$10.00	\$13.25	\$15.75
4 Items	\$8.25	\$10.75	\$14.25	\$17.25
Deluxe	\$8.75	\$11.50	\$15.25	\$18.75
Extra Items	\$0.50	\$0.75	\$1.00	\$1.50
Extra Cheese	\$0.75	\$1.25	\$1.75	\$2.50

Available Items: Pepperoni, Sausage, Mushrooms, Onions, Green Peppers, Anchovies, Ham, Bacon, Fresh Garlic, Black Olives, Hot Peppers, Ground Meat & Artichoke Hearts

Lakewood Living

Lakewood In The Civil War

Letters Home To Rockport, Part 1

by Mazie Adams

The Lakewood Historical Society continues to commemorate the 150th anniversary of the Civil War with a series of articles focused on Rockport Township (now Lakewood) during that time. Corporal Nathan Hawkins wrote a series of letters home during the Civil War. The letters provide a fascinating look into the life of a Rockport soldier during the Civil War.

Nathan Hawkins of Rockport Township lived on a farm with his wife, Lucy Romp Hawkins, and his three daughters on Lorain Road, in what is now Fairview Park. Nathan's parents, also of Rockport, were known to be abolitionists whose home on Lorain Road was rumored to be a station on the Underground Railroad.

When Nathan was 30 years old he enlisted in Co. G of the 103rd O.V.I. and rose to the rank of corporal. Nathan felt it was his patriotic duty to fight to preserve the union when he enlisted but wasn't sure how he felt about fighting for the freedom of slaves. Later, as he experienced more of the war and saw the effects of slavery in the South, he was convinced that abolishing slavery was the right thing to do. In his strongest statements regarding his feelings about the injustices of the day, he wrote, "the more I see of slavery, the more I curse it...since seeing slavery and its consequences I have become an abolitionist but I believe there is a way to settle this matter without any further bloodshed."

Nathan frequently wrote his wife Lucy, sometimes two or three times a week. He eloquently expresses concerns for his family and his Lorain Road farm, and discusses the politics of the war. He was torn between his duty to his country and the responsibilities to his family at home. He writes of missing his three little girls, Libbie, Carrie and Nettie, and questions Lucy about the progress of the crops and his parents' health. He craves news from home and about the war and anxiously looks forward to receiving letters and newspapers.

Sadly, Nathan Hawkins did not survive the war. On January 19, 1864,



Nathan Hawkins' home

he was captured near Dandridge, Tennessee, along with fellow Rockporter Ansel Jordan. Both died in Andersonville Prison of typhoid fever in 1864.

On the day of his capture, the Confederate army advanced through Union lines. Despite orders from his captain to retreat, Nathan Hawkins stayed behind in camp with two ill friends, Ansel Jordan and Adam Miller. After the incident, Captain Pickands wrote to Lucy:

"On the night of the 19th our Red & Brig was ordered to the front from Dandridge where heavy skirmishing was taking place with Longstreet's advance. Adam Miller and Ansel Jordan, privates of my Co, were quite unwell and were ordered to remain at Camp & only move out in case the wagon train was ordered to the rear, and in the event to accompany the train. Corporal N.W. Hawkins remained in Camp with them without my knowledge. At 9 o'clock P.M. the train was ordered to the rear and these men with others who were in camp were told the army was falling back but it seems they disregarded the warning and in all probability remained where they were...For several days I entertained

the hope that the missing men would come in, trusting that they had eluded the foe and were working their way out of his lines but that they were captured is now almost beyond doubt..."

Lucy did not learn of Nathan's death until after the war. Nathan's gravesite is located at the Andersonville Prison Cemetery. His family placed a stone in what is now Fairview Park Cemetery as a memorial to his life and Civil War service. Nathan's original

letters have survived and are preserved in the archives of the Olmsted Historical Society.

2011 is the 150th anniversary of the beginning of the Civil War--an appropriate time for the Lakewood Historical Society to consider Rockport Township's participation in the war. For more information on Lakewood's fascinating history, go to www.lakewoodhistory.org

www.R-Analytical-Services.com

Wishing You A
Happy New Year!

FROM: R. Analytical
Services Inc.

- Software training

- Shared internet

- office solutions

- Data backup

- Maintenance

- Repair of desktops & laptops

- Virus and spyware removal

- Wireless and LAN networking

- E-mail solutions

- High-speed cable & DSL modem setup

Let Us Help You Plug Into The Future!

Call Today!
(216) 521-7902

Neubert
PAINTING

Quality Painting. That's All We Do!

Lakewood's housepainter
for over 35 years!

Interior • Exterior

216-529-0360

www.neubertpainting.com

12108 Madison Ave., Lakewood, Ohio 44107

Keller Williams Realty

GREATER CLEVELAND WEST

#1 Home Selling Team
in Lakewood Since 2009

• Our Listings sell for more money

• We average 97% of asking price on sold listings

• More than 700 homes bought and sold since 2002

• Our listings sell 23% faster

Connect with us on..

www.thesalesteam.com | 216.244.2549 | brian@thesalesteam.com Brian Salem, Realtor® | Each office is independently owned and operated

The Back Page



HOME ALONE
PET SITTING, INC.

In Home Pet Care
While You Are Away
Experienced
Veterinarian Technician
Bonded & Insured
216-548-1543
d.hokin@sbcglobal.net
homealonepetsittinginc.com

Italian Creations
Restaurant, Catering, and Take-out

Making life simple...
Catering from
Italian Creations
216-226-2282
16104 Hilliard Road • Lakewood
www.ItalianCreation.com
Italian and Classical American Cuisine

LightWorks Medical
Intuition and Healing

Cindy has the ability to sense illness, injury, and disease in a body. Healings may include relief of pain, release, rejuvenation, and restoration.

tel. 440-655-3418
cindy@lightworksheal.com

Barber Angel

Full Service Barber & Beauty
Complimentary Basic
Manicure and refreshments
with Paid Haircut.
Call Gary for appointment
@ 216-534-5756
11715 Clifton Blvd., Apt. 3
Lakewood

ALLURE PAINTING
INTERIOR/EXTERIOR COMMERCIAL/RESIDENTIAL

- Interior Painting
- Plaster & Drywall Repair
- Staining
- Wallpaper Removal & Installation
- Skim Coating

FREE ESTIMATES
216-287-7468
216-228-0138 office
www.allurepainting.net

Espresso
Coffee
Tea
Beer
Food
15118 Detroit
in Lakewood.
www.theroot-cafe.com

Our menu is completely vegetarian,
and our ingredients are local and
organic when available.

SERVING LAKEWOOD SINCE 1922

HEATING & COOLING

CALL US TODAY!
216-521-7000
24 HOUR EMERGENCY SERVICE

\$15
OFF
any
service call

\$125
OFF
any furnace
or A/C
installation

SALES ■ SERVICE ■ INSTALLATION

Rozi's Front Porch

OPEN ALL YEAR!
Rozi's Front Porch Café
Choose a select bottle (or glass) of wine or draft beer from the Porch menu and enjoy.
~OR~
Browse the House & hand pick a bottle of wine or beer of your choice and take it back to the Porch to enjoy.

Store & Café Hours:
Monday - Thursday
7am - 7pm
Friday & Saturday
7am - 9pm
Sunday
11am - 5pm
Café service ends 15 minutes prior to closing.
14900 Detroit Avenue
Lakewood OH 44107
216-221-1119

Rozi's invites you to
HAVE A DRINK
WHILE YOU SHOP!
Sample hand-picked
wines and beers
from our bar.
Enjoy your glass as
you browse through
the store!

Thank you for making Rozi's Wine House, Inc.
Northeast Ohio's #1 Ranked Wine Store
Cleveland Magazine, The Free Times, and Scene Magazine
Also visit us at: Rozi's Wine & Liquor House
21860 Center Ridge Road, Rocky River, OH 44116