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Bike For Beck Saturday May 19 • Hair Of The Dog May 31

THE LAKEWOOD OBSERVER

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Volume 8, Issue 10, May 15, 2012

Cornucopia To Purchase Sloane McDonald's

by Mary Johnson

Cornucopia, Inc., a Northeast Ohio nonprofit that provides vocational training for people with disabilities and the owner/operator of Nature's Bin,

a full service natural foods market in Lakewood, announces that they have entered into the final stages of negotiations for the purchase and redevelopment of the McDonald's

building on Sloane Avenue in Lakewood.

"This is an exciting time as we add additional space to expand our training program capacity, food services and catering," stated Scott Duennes, Executive Director of Cornucopia/Nature's Bin. "It has always been part of our long-term vision to stay and grow in our local community."

"We have watched Cornucopia and Nature's Bin grow over the years and we are excited that this well-thought of organization wants to expand its mission, its business and re-purpose a building that might otherwise sit empty," commented Mike Summers, Mayor of Lakewood.

"As the Nature's Bin retail business continued to grow we found ourselves in a posi-

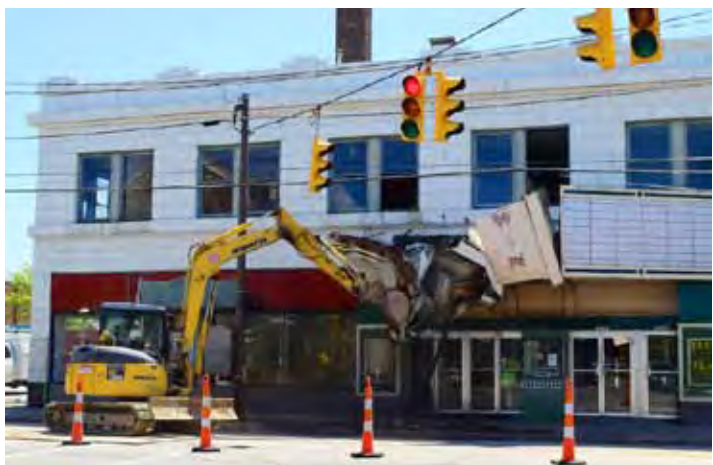
tion to need more backroom and food preparation space," Duennes said. "Our current space is only 600 square feet, ultimately limiting the number of trainees who can safely work in the area." The new space (about 3,500 square feet) will act as a commissary, completing food prep for the deli

and bakery at Nature's Bin as well as catering services. "Our objective with this expansion is to increase our ability to provide vocational assessment and work adjustment programs for individuals with disabilities."

The new facility will

continued on page 14

Say Goodbye To Hollywood



photos by Jim O'Bryan

Last Thursday at noon, the marquee came down. It was this piece that made the plain building the DETROIT Theater.



Monday Morning they started the back of the building. More images and videos added daily. Post your photos on the Deck!

Community Vision Begins To Come Into Focus

by Margaret Brinich

Nearly 20 years since the last formal Community Vision plan, various stakeholders within City Hall including City Council, Mayor Summers and the Planning Commission began preparing back in January of 2012 for the formulation of a new vision for Lakewood's future by first re-evaluating the 1993 plan.

On Monday May 14, in the first Community Vision meeting open to the general public, 75 Lakewood residents proved that they were ready to have their voices heard. In an effort to narrow down the hopes and dreams that its residents have for their City, Director Siley divided the opinionated crowd

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Full House Turns Out For North Coast Health Ministry's Junk2Funk Benefit

by Jeanine Gergel

A sell-out crowd of 100 partygoers came out to support North Coast Health Ministry at the fourth annual Junk2Funk benefit at Local Girl Gallery on Friday, April 20, 2012. Attendees sampled appetizers and desserts donated by Lakewood restaurants and had the chance to

win artwork, jewelry and other items donated by local artists and craftspeople.

The event brought in record proceeds of almost \$3,000, all of which will be used to help deliver health care and prescription assistance to low-income, uninsured individuals and families on Greater Cleveland's West Side.

"We're so grateful for the outpouring of support," says NCHM Executive Director Lee Elmore. "We couldn't do what we do for our neighbors in need without the many people in our local community who really care."

North Coast Health Ministry extends its sincere thanks **continued on page 23**

Detroit Avenue Merchants Enterprises Kicks Off With Snack N' Shuffle

by Debra O'Bryan

A new merchant association is being formed in Lakewood. The Detroit Avenue Merchants Enterprises or D.A.M.Es. Any business from the west to the east end of Detroit Avenue is invited to join in. Their goal is to increase exposure and sales for members while giving back to the community. One of their ideas

is a monthly "Lakewood Shuffle". At each location, shoppers will receive a raffle ticket just for visiting, additional tickets available for any purchase or donation made during their visit for a monthly drawing of a prize donated by one of the participating businesses.

The inaugural event, the "Snack N' Shuffle," is being held Saturday, May 19th from

10 a.m. to 2 p.m., each participating D.A.M.Es. shop will have free appetizers and snacks. Rumors of chocolate covered strawberries at one of the locations...yum. The stores involved in this kick off event are: The Reiki Room, 1394 Cranford, behind Sweet Designs; Just 4 Girls,

continued on page 18



photo by Jim O'Bryan

Paul Sykes of TravelArt, and owner of the Beck Cafe, has installed another massive Natasha Turovsky print to the Beck patio art collection. See the entire story on page 12.

Calendar Page

Thursday, May 17

LHS Spring Orchestras Concert

7:00 PM

Tickets \$3, \$2 seniors, \$1 students
Location:
Civic Auditorium
14100 Franklin Blvd.

Friday, May 18

Hixson's Victorian Antique Sale and Art Show

May 18th through June 1st
10:00 AM - 6:00 PM

What-Nots and Furbelows from Bill's personal collection available for purchase. Music boxes, rare reverse glass paintings, toys, and many unique items. Art show also running featuring the artist "Mata". Original oil paintings, floral prints and cards, and jewelry.
14125 Detroit Avenue
closed Sunday and Monday

Saturday, May 19

Keep Lakewood Beautiful's Spring Humus and Perennial Sale

9:00 AM - 12:00 PM

Leaf humus, a natural fertilizer that improves soil structure and produces healthier plants, sells for \$2.50 a bag (approximately one-bushel) Perennial

plants too.Proceeds from these sales support the KLB Adopt-A-Spot program, the student summer gardening program, and the tree stewardship program.
Skate House / Old Stone House parking lot at Lakewood Park

Bike for Beck!

9:00 AM - 6:00 PM

Arts + Bikeability + Community = Fun Family Event
The first annual Bike for Beck, a bicycle tour and fundraising event is Saturday, May 19, 2012. This fundraiser is sponsored by Connect to Beck (C2B), a volunteer group of young professionals who support the Beck Center through social, cultural and insider events.
The bike tour begins at Beck Center and runs through the Cleveland Metroparks, with 12-mile, 25-mile and 60-mile routes. There is also a family-friendly ½-mile bike parade with the theme "Music in Motion." Parade participants are encouraged to decorate their bicycles in creative ways to artistically convey this theme.
Bike tour and parade participants can register online at beckcenter.org. Cyclists who register for the bike tour before May 1 save \$10 off the registration fee.
Tour participants and community members are also invited to join their family, friends and neighbors for the Bike for Beck Fest. Guests will enjoy an afternoon of live entertainment on the

Beck Café Red Stage, bike safety and maintenance demonstrations, a vintage bicycle exhibit, art displays, food trucks, and much more. To view a complete list of the day's activities visit beck-center.org.
Beck Center for the Arts
17801 Detroit Avenue
Lakewood, OH 44107

Detroit Avenue Merchant Enterprises

"Snack N' Shuffle"

10:00 AM - 2:00 PM

Appetizers and snacks await you at various Detroit Ave. businesses while you shop and get entered into a monthly raffle just for stopping by. Create a Cake, The Designer Consignor, A Friends Secret, The Willow Room, Just 4 Girls, Vintage Faire Antiques, The Reiki Room, Johnny Malloys/Geppettos, and Trinity Lutheran Church are part of this event. Additional raffle tickets are available with any purchase or donation.
15000 to 17000 blocks of Detroit Avenue

Lakewood Project Spring Concert

7:30 PM

Lakewood High's award-winning rock orchestra. Tickets are \$5 at the door.
Civic Auditorium
14100 Franklin Blvd.

Sunday, May 20

Good Company: a Vocal Ensemble "Dare to Dream"

4:00 PM

The Cleveland-based vocal ensemble of 24 voices will present a program of choral music, featuring works by Eric Whitacre, David Conte (graduate of Lakewood H.S.), Lili Boulanger and several Lakewood composers. Karen Weaver is director and Claire Black is accompanist. A free-will offering will be taken.
Lakewood Presbyterian Church (Detroit at Marlowe).
Parking is free and church is handicapped accessible.

Broadway's Brightest Hits

4:00 PM

Susan Balesky, Roy Buser, and Lisa Van Scyoc (Lakewood Music Teacher) will present a light concert of their favorite Broadway tunes at 4:00 pm. A free program with a freewill offering being taken.
For more information call 216-521-8727 or 440-331-0890.
Church of the Ascension
13216 Detroit Avenue

Tuesday, May 22

Lakewood Observer Coffee at the Beck Cafe

7:00 PM - 9:00 PM

Have some coffee (or tea) on us at the Beck Cafe and enjoy some conversation with Lakewood City Councilperson-At-Large, Monique Smith, who will be on hand to share her journey from Lakewood citizen to Lakewood citizen-Councilperson-mom. Everyone's welcome. Interested in taking part in The Observer? Please attend.
Beck Cafe, in the Beck Center, 17823 Detroit Avenue.

Wednesday, May 23

LHS Choral Spring Concert

7:00 PM

Tickets \$3, \$2 seniors, \$1 students
Civic Auditorium
14100 Franklin Blvd.

Thursday, May 24

Barton Center Wine & Cheese Fundraiser

5:00 PM - 8:00 PM

Annual public fundraiser with wine, hors d'oeuvres and silent auction items. Tickets are \$30 per person (\$15 tax deductible). Call 216-221-3400 for reservations.
Barton Center Courtyard 14300 Detroit Ave.
(Ground floor of Westerly Apts.)

Old House Fair Winner!



Missy Limkemann of All Dogs Heaven helps Rob Gallo of HRI in drawing the winner of a free new roof install by HRI. Jodie and Bill Guist of Morrison Ave. are the lucky winners. Old House Fair wishes to thank HRI and all the exhibitors who donated goods and services as booth raffles at the show.



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The mission of the Lakewood Observer is to attract, articulate, and amplify civic intelligence and community good will in the city of Lakewood and beyond.

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As a product of citizen journalism, The Lakewood Observer is looking for people, ages 3-100, to get involved in the paper and the city. We are looking for volunteer writers, photographers, designers, and illustrators to help with the production of the paper. It does not matter if you are a professional or amateur, our editorial staff will be glad to help you through the process.

Register to our website Member Center where you can submit stories, press releases, letters to the editor, photos. No need to register to post online calendar or classified ads.

Upcoming Submission Deadline

Sunday, May 20
Sunday, June 3

Publish Date

Tuesday, May 29
Tuesday, June 12

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Lakewood City News

Council Welcomes The University Of Akron To Lakewood

by Christopher Bindel

Council Vice President Mary Louise Madigan called the May 7, 2012 Council meeting to order at 7:31 P.M. She then asked Council to excuse the absence of Council President Brian Powers, who was missing due to a family matter, and they did so.

Councilwoman Madigan (Ward IV) then asked Council to pass a resolution welcoming the University of Akron to Lakewood. She said that the University of Akron Lakewood is just the most recent of Lakewood's community treasures worth celebrating.

Councilwoman Monique Smith (At-Large) congratulated the board of the University of Akron Lakewood and thanked them for choosing Lakewood for their new campus. She continued, saying that she thinks it is a great combination, especially with the strong younger demographic Lakewood has and the programming the UA is planning to offer. Her final remark was a suggestion that they look into adding IT training to their courses offered as she knows that this field is in dire need of good candidates right now.

The Director of the University of Akron Lakewood, and Lakewood resident, Suzanne Metelko, then got up to say a few words. She began by saying that it all started with the Community of Lakewood University Project which was searching for a college to team up with as an economic development partner who understood the value of

innovation and entrepreneurship partnered with higher education. University of Akron, she said, is that partner. She wanted to be very clear that this was not Lakewood's community college, but the University of Akron in Lakewood and that they will be delivering a strong academic offering. The programs being offered starting this fall include a Mas-

ters in Business Administration, a Masters in Social Work, a Bachelors of Organizational Supervision and an RN to BSN program. In addition there will be a wide range of undergrad courses available, many of which are prerequisites for the other programs. There will also be freshman and sophomore classes for newly graduated high school

students who are interested in getting some of their entry level college classes out of the way while still living at home. Lastly she mentioned, for those who are life-long learners, there is the 60+ program.

She finished up her remarks by saying that classes begin in August and that they have just begun their open enrollment process.

She then introduced the members of her advisory council, Gary Fix, CEO of First Federal of Lakewood; Lou McMann, Mike Sherman, Senior Vice Provost of the University of Akron, Dr. Robert Weil, CEO of Lakewood Hospital, John Myers from the University of Akron Research Foundation, Dr. Kevin Bright, Lakewood City Schools Assistant Superintendent, and Chairman Dru Siley, Director of the City of Lakewood's Planning and Development Department.

After Ms. Metelko's statement, Council passed the resolution.

Next Councilman Shawn Juris (Ward III) asked Council to pass a resolution congratulating St. Edwards High School's wrestling team on their 27th state wrestling crown. He continued saying that since he wrestled in high school himself he understands how hard it is to get even one wrestler through to state and seeing how their program has been such a dominating force in the sport he said

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Lakewood City Council presented the University of Akron with a resolution congratulating UA on its success and thanking the University for investing in the community of Lakewood. Receiving the resolution for UA is Provost Mike Sherman. Council Vice President Mary Louise Madigan presented the resolution. Also in the picture are Lakewood City Council members Ryan Nowlin, Shawn Juris, Monique Smith, David Anderson, Tom Bullock, as well as Mayor Michael Summers, UAL Director Suzanne Metelko, UAL executive committee members Gary Fix, Lou McMahan, and Dru Siley.

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Seconds count in an emergency, and for more than 100 years, people from Cleveland's West Side suburbs have counted on the emergency services at Lakewood Hospital.

Open 24 hours a day, seven days a week, the Emergency Department (ED) at Lakewood Hospital treats patients of all ages for virtually all emergencies, from minor injuries and illnesses to more critical conditions, such as heart attacks and strokes.

Lakewood Hospital has been designated a Primary Stroke Center by The Joint Commission and has received the Bronze Performance Award for stroke care, which is the first step in performance achievement recognition through the American Heart Association.

"With stroke, the first three hours are crucial to a positive outcome for the patient," says David Levine, MD, Medical Director, Lakewood Emergency Department. "We work together with EMS to administer the proper treatment on the way to the hospital, so we can continue the proper treatment once the patient arrives at the ED."

Once the patient is stabilized in the ED, they have access to the

expertise and resources of the Cleveland Clinic Neurological Institute at Lakewood Hospital.

In any emergency situation, patients can take comfort in knowing they will be treated by board-certified emergency physicians and certified emergency nurses who are supported by advanced technology. Lakewood Hospital is a Cleveland Clinic Hospital; if care outside the expertise of Lakewood Hospital is needed, patients will have immediate access to care within the appropriate Cleveland Clinic facility.

Dr. Levine states, "The dedicated staff in the ED at Lakewood Hospital are up to date on the most current emergency service interventions and care, and they take pride in serving their community. It's a tradition of caring that's been in this community for more than 100 years."

lakewoodhospital.org/ED


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Their partnership with over 1,350 participants raised more than \$65,000 to support patient care at Lakewood Hospital. **THANK YOU!**


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Lakewood Public Library Events

compiled by Leana Donofrio-Milovan

Meet the Author: Out and About with Winsor French by Jim Wood
The uncloseted Winsor French was one of the most faithfully read columnists in the history of Cleveland journalism. For more than forty years he covered the jazz beat and cafe society of the 1920s and 1930s and the local “Jolly Set” of the postwar years. Jim Wood, author of Out and About with Winsor French, will discuss the fabulous personal and public persona of this groundbreaking newspaperman. Books will be available for sale and signing at the event.
Wednesday, May 16 at 7:00 p.m. in the Main Library Auditorium

May 17
Introduction to Ancestry: Library Edition

The Ancestry genealogy resource is free to use every day at the Library. How far back would you like to trace your family tree? Genealogist Deborah Abbott will show you how to unlock the secrets held by census reports, military records, birth certificates and death notices in this hands-on workshop. Unravel your history with professional results.
Space is limited. Call 226-8275, ext. 127 to register
Thursday, May 17 at 7:00 p.m. in the Main Library Learning Lab

May 19
Five Star Films

Simone (2002), Directed by Andrew Niccol - Rated PG-13
Desperate film producer Al Pacino has a movie to make but no star. His ex-wife, studio chief Catherine Keener, is less than sympathetic. Then, somewhere out of the shadows, a dying genius appears with a CD containing a secret computer program. He begs the filmmaker to take it. What’s on the disc is nothing less than manna from heaven. Her name is Simone.
Saturday, May 19 at 6:00 p.m. in the Main Library Auditorium

May 20
Sunday with the Friends: Wallace Coleman:
Deeply Rooted in the Blues

Lyrics tell the basic story, but the characters are found etched into every piece of gravel in his voice. Wash away the worries of times long gone with the golden tones of his harmonica. Wallace Coleman plays old school blues with friends, D.C. Carnes and John Lucic. When we say that the man is a legend, we mean it!
Sunday, May 20 at 2:00 p.m. in the Main Library Auditorium

May 22
Communities in Conversation

“To provide opportunities for a diverse population with a broad range of religious backgrounds to meet, converse and learn from each other in order to fashion expanding circles of awareness, knowledge, sympathy and fellowship.” Individuals from all different faiths are invited to join in this series of discussions aimed at strengthening our community by sharing our lives. Each installment of this five-week discussion will be led by a trained facilitator and based on readings provided in the study guide. Space is limited. Please call 226-8275, ext. 127 to register.
Tuesday, May 22 at 7:00 p.m. in the Main Library Multipurpose Room

May 23
Health and Wealth: Natural Solutions for Healthy Living: Understanding the Glycemic Index and How Food Affects Mood

Would you like to live a more natural and healthful life? Holistic wellness coach and master herbalist Rachel Anzalone confronts your greatest health challenges with her powerful plan.
Wednesday, May 23 at 7:00 p.m. in the Main Library Auditorium

May 24
Meet the Author
Addie Joss: King of the Pitchers by Scott Longert

The great Addie Joss lived and died before Ty Cobb’s career was even a quarter over, before George Ruth became the Babe, before the Snodgrass muff, before the miracle Braves and before newsreel cameras could capture what made him a legend. Fortunately, we have this book, meticulously researched and masterfully told, to take us back to the dawn of the 20th century for some of the greatest baseball ever played. Joss played his entire career in a Cleveland uniform, setting astonishing records that stand today and making a reputation for himself as a fine man and a fierce competitor. This long-overdue biography reminds us a time long-gone, a way of life and a game we love as it once was played. Books will be available for sale and signing at the event.
Thursday, May 24 at 7:00 p.m. in the Main Library Auditorium

May 26
Art House Cinema
My Own Private Idaho (1991), Directed by Gus Van Sant, Rated R

River Phoenix and Keanu Reeves are professional hustlers prowling the streets of Portland. Phoenix searches desperately for the mother who appears during his epileptic black outs while Reeves bides his time, waiting for a sizable inheritance from a father he seeks to annoy with his daily tricks. From Portland to Idaho to Italy, Van Sant, Phoenix and Reeves create an unrequited love story road movie like no other that countless indie directors have been trying to top since.
Saturday, May 26 at 6:00 p.m. in the Main Library Auditorium

May 29
Communities in Conversation

“To provide opportunities for a diverse population with a broad range of religious backgrounds to meet, converse and learn from each other in order to fashion expanding circles of awareness, knowledge, sympathy and fellowship.” Individuals from all different faiths are invited to join in this series of discussions aimed at strengthening our community by sharing our lives. Each installment of this five-week discussion will be led by a trained facilitator and based on readings provided in the study guide. Space is limited. Please call 226-8275, ext. 127 to register.
Tuesday, May 29 at 7:00 p.m. in the Main Library Multipurpose Room

May 30
Historical Society: An Evening with General Nathan Bedford Forrest

After the Civil war, a reporter approached Robert E. Lee and asked him, “Who do you consider the greatest general of the war?” Lee replied, “A man I’ve never met, sir, his name is Forrest.” And in his memoirs William Sherman wrote, “When it’s all said and done, the finest soldier produced in our Civil War was Nathan Bedford Forrest.” Bob Chambers will give us a lively, anecdotal presentation of the life and career of the colorful, controversial Confederate General.
Wednesday, May 30 at 7:00 p.m. in the Main Library Auditorium

June 2
Western Cinema
My Darling Clementine (1946) Directed by John Ford

John Ford returns to his beloved Monument Valley to tell the story of the coming of civilization to the West. The once-wild town of Tombstone now has a barbershop, a church and a school. Henry Fonda plays Wyatt Earp. He and his brothers have abandoned their wild ways and have become well-groomed, responsible citizens. With the arrival of Clementine the schoolmarm to add beauty and smarts, Tombstone may finally be ready for its close-up. But who are those guys with guns hanging around the O.K Corral?
Saturday, June 2 at 6:00 p.m. in the Main Library Auditorium

Cleaning/Janitorial
Lakewood Public Library

Lakewood Public Library is seeking an energetic, organized individual to perform maintenance routines including dusting; floor care; collecting trash; cleaning restrooms; shoveling snow; basic electrical and plumbing; must be able to lift 75 lbs. Valid Ohio driver’s license required. Evening and weekend work. 40 hours per week. Salary is \$12.00 per hour. Application deadline is Wednesday, May 23, 2012. Qualified and interested applicants may call Jody Wilkerson at (216)226-8275 ext. 104 to arrange for an application.

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Join the Discussion at: www.lakewoodobserver.com

Lakewood Library

Wallace Coleman: A True Master

by Michael Dirse

When Wallace Coleman performed last year at the Lakewood Public Library, I had only been told by many of his mastery and skill. Nothing prepared me for the moment Wallace took the stage. With grace and ease, as natural as a conversation with your best friend, he played a note on the harmonica. And then another, as if words from some other place that only he and I knew deep in our souls were being spoken. But then I realized everyone in the room was feeling the same sense of intimacy, and together we were all bearing witness to a world of beauty and sadness that made you

aware of simple joy. Curious what the blues are really about when a true artist speaks.

As the afternoon unfolded, to my delight, the gifts just kept coming. Song after song, story after story, and then it happened....a song like no other I had ever heard, "Blues in the Wind." This song swept me and the audience away into Wallace Coleman's view of the world from his own eyes, and even how he saw himself in that world. The song left me with a comfort that stays with me to this day. My hope is that many of you reading this article can find a way to come to the Lakewood Public Library at 2:00 p.m. on Sunday, May

20 and experience for yourself an unforgettable afternoon of blues the way it is meant to be delivered---by a true master. This free concert will

be held in the Main Library Auditorium. To learn more please visit <http://www.lakewoodpubliclibrary.org/friends/>.



Wallace Coleman.

The Lakewood Library Concludes Another Successful Strokes Of Genius Program!



From L to R: Gabriel Toledo, Edan Perry, Katherine Skourlis, Mary Skourlis, Josh Patterson, Eden Sutliff, Audrey Warren, Evan Bell, Patrick McCallum, Aidan Bohac, Lillian Germaine. Not Shown: Claudia Irwin, Anna Calfee, Grace Calfee
by Julie Strunk

Students in second through fourth grade wrapped up another seven week session of the Strokes of Genius program on Wednesday, May 2, 2012 at 4:30 p.m. Students proudly showcased their talent in an art show for family and friends. A variety of projects were

displayed from watercolor paintings of birds in the spirit of John James Audubon, self-portraits in the style of Miro, story quilts imitating the art of Faith Ringgold, chalk drawings inspired by Julian Beaver, and more! Parents applauded as each participant received a special award and purple ribbon.

St. Edwards Robotics Team



A student from the St. Edwards Robotics team demonstrates his creation for an eager LPL audience.

Children/Youth Events

compiled by Arlie Matera

Monday, May 21-Saturday, August 11
Summer Reading Club

For children ages birth through twelfth grade
Feeling adventurous? Join our Summer Reading Club and read 30 books or for 30 hours over the summer. Visit the Summer Reading Club desk to collect stamps and tickets toward prize drawings.

Children's and Youth Services at Main Library and Madison Branch

Saturday, May 26
Family Movie Night: Air Bud: World Pup

For the whole family
Watch the world's most talented pooch in this hilarious and heartwarming adventure as the talented Buddy joins his teenage owner, Josh, on the field in pursuit of the state soccer championship.

7:00 p.m. in the Main Library Multipurpose Room.

Family Weekend Wonders

Make the Library a part of your family weekend time with programs featuring stories, activities, music and crafts. These free programs are offered every weekend throughout the year at both the Main Library and Madison Branch. No registration is needed. Check out our website (www.lakewoodpubliclibrary.org/youth) for times and upcoming themes.

Main Library Activity Room and Madison Branch Auditorium

Weekends With Wee Ones

For families with children under 2 years old
Spend a part of your family weekend time clapping your hands, tapping your feet, singing nursery rhymes and, of course, sharing books. We will provide materials and ideas for those wishing to continue the fun at home. Programs are offered every weekend throughout the year and there is no need to register in advance.

Madison Branch Children's and Youth Services
Saturdays at 11:30 a.m. and Sundays at 3:30 p.m.

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EATERY DRINKERY FUNNERY

Lakewood Library

Explore The World Right Here At LPL!

by Arlie Matera

Feeling adventurous? Our Summer Reading Club is your ticket to see the world! Starting on May 21st, children ages birth through fifth grade can sign up to be a part of “Around the World in 30 Books.” Sixth through twelfth graders have their own reading club, “Get Global—Read.” Kids will gather stamps and prizes as they go, and a special reward awaits those who complete thirty hours of reading (or thirty books for younger readers) by August 11th.

Due to the struggling economy, library sponsored summer reading programs have undergone rigorous scrutiny in recent years. LPL is proud to have been chosen as one of nine public libraries for Ohio Dominican University’s 2006-2009 study on the effectiveness of summer reading pro-

grams. The Dominican study was the first to research summer reading on a national scale, and the results are overwhelmingly positive. Children who participated in a summer reading program scored higher on reading achievement tests given in the fall. They were also, “More enthusiastic, more motivated, and more confident as a result of their participation,” says Susan Roman, the study’s project administrator.


Last summer almost three thousand children got involved in our community, had fun, and avoided “summer slide” by taking part in LPL’s summer reading club. Help us make 2012 our best summer yet. A world of adventure awaits!

To register, stop by our Main or Madison Branch Summer Reading Club Desk, starting May 21st.

A World of Crafts At The Lakewood Public Library

by Julie Strunk

It’s hot, Hot, HOT! The kids are whining a lot, Lot LOT! “There’s nothing to do! We’re bored!” Take them on an adventure; bring them to the Children’s and Youth Services department of the library. Relax in the air conditioned, bright, activity room and get creative! Drop in for a different craft each week and practice some basic motor skills. Cut, color, paste, and pretend! Make an African mask one week, a Swedish kran the next week! Get creative by making pretend sushi, Venetian masks, wild ponies, and more! Visit us at our Main branch or our Madison branch, Monday through Thursday, anytime between 11:30 a.m. and 3:30 p.m. A World of Crafts starts



on Monday, June 18th and ends on Thursday, July 26th. There is no need to register in advance.

Homebound Delivery Service

by Deborah Core & P.J. McNerney

Are you a Lakewood citizen who loves to read or watch movies but you’re unable to come to the library? Did you know that the Lakewood Public Library offers Homebound Delivery Service? If you can’t get to the library because of age or disability, we will deliver and pick up your library materials. You can request books (including large print), magazines, DVDs, VHS tapes, music CDs and audio books.

Explore new worlds with books on travel, cooking, poetry, crafts, philosophy or whatever interests you. Maybe you’d like to cuddle up with a bestselling novel or listen to some soothing music. Whether you’d like to dive into something deep or have a few laughs with light-hearted fare, we’re sure to have items in our collection that will help enrich your life.

Our homebound delivery service is offered every other Tuesday afternoon. Call the Customer Service Desk at 216-226-8275, ext. 110 to sign up for the service or for more information. We’ll do our best to meet your needs!

Lakewood Public Library – Delivering the world to your doorstep.


Lakewood Public Library Board Of Trustees Opening

by Lena Donofrio-Milovan

The Lakewood Board of Education is accepting applications for appointment to the Lakewood Public Library Board of Trustees for the seven year term commencing September 12, 2012. Additional information concerning the duties and responsibilities of Library Trustees is available at the Library’s Web site: www.lakewoodpubliclibrary.org. Interested candidates should direct a letter of interest and qualifications to the Superintendent of Schools by May 15, 2012:

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Lakewood Schools

Girls On The Run Program Hits Its Stride In District

by Christine Gordillo

A program called Girls on the Run is helping girls around the district learn to build strong and healthy lives physically, socially and emotionally. The Girls on the Run program, which has been around for 15 years, made its debut in the District last school year at Emerson Elementary School and Harding Middle School (where it is called Girls on Track) and this year has expanded to Garfield Middle School (in the fall) and Grant and Lincoln elementaries.

The program’s mission is to educate and prepare girls for a lifetime of self-respect and healthy living. Twice a week for 10 weeks, the girls get together for an hour and spend the first half hour talking about issues that affect young and adolescent girls such as bullying, peer pressure, body images and the media, etc. The advisers then extend the lesson through a half-hour of running, designed to build confidence in the young girls as they get stronger each week.



Grant Girls On The Run team pauses for a smile.



Emerson's Girls on the Run take a break after their practice 5K run.

The program culminates with a celebratory 5K (3.1 miles) race that brings Girls on the Run clubs from all over Northeast Ohio together. This year, that race will be held on May 20 in Akron.

“Our girls have really embraced the Girls on the Run philosophy of Moving Forward, not just physically but emotionally,” said Grant coach Leslie Krogman. “They are conscious about their behaviors and attitudes and how it can affect those around them. We have worked hard and improved self-image, attitude and positive self-talk.”

At Harding, coach Emily Adkins can be more pleased with how the program is working for the 14 girls participating at Harding.

“Girls on Track is such a beneficial program to the ... girls. It amazes me how much support we get from our staff, parents and previous Girls on Track participants. Now that we are



Lincoln Elementary's Girls on the Run members warm up for their weekly run.

nearing the end of the season, I love seeing all the friendships that have formed and the smiles on the girls’ faces in the hallways.”

The girls are noticing the difference, too.

“Girls on Track ... has helped me change my attitude so that I am nicer to other people. It has also helped me make friends and feel a part of a special group,” said sixth-grader Alexes Foster.

A special thanks to the Girls on the Run coaches who volunteer their time for the 10-week program. Gar-

field coaches: media specialist April Georgius, teachers Melissa Grinnell, Jenny Karim and Shawna Lacky; Harding coaches: counselor Emily Adkins and teachers Mindy Conway and Nell Franks, Amanda Kennedy and speech pathologist Ellery Thompson; Emerson coaches: teachers Erica Intihar, Jenn Mollison, Christi Roten, tutor Dawn Palmowski and parent Kathleen Jouriles; Grant coaches: Rec Department Athletic Coordinator Leslie Krogman and parent Janet Trentle; Lincoln coaches: teachers Erin Hennessey, Jessalyn Riddell and Gina Scavelli.

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Former Harrison Student Shows Gratitude In Big Way

by Christine Gordillo

John Carroll senior Najam Hassan remembers fondly his years at Harrison Elementary, which were also his

John Carroll and former Harrison student Najam Hassan works with a current Harrison student during “Boler Community Day” that Hassan helped organize.

first years here in America as a young Pakistani immigrant with his family. “Everyone welcomed me really well, it was like being part of a family,” Hassan said. “It’s where I learned to speak the language.”

All these years later, Hassan found a way to show his gratitude to his former school and teachers who helped shape him into the successful and determined young man he has become. He brought a crew of fellow John Carroll students back to his old school to volunteer as part of the university’s “Boler Community Day” on April 27.

The day is a tradition of John Carroll’s Boler School of Business and each year crews of volunteers spread out into Northeast Ohio elementary schools to help out for the day. Hassan, wanting badly to include Harrison on the list of schools, joined the organizing committee of Boler Day just to make sure Harrison made the list this year.

What Hassan, a business major, hoped to accomplish with the day at Harrison was to show the young students that it’s a good thing to give back. “Hopefully when they grow up they will want to give back too,” he said. About 15% of Harrison’s students are limited English speakers and for them, seeing Hassan was a chance to meet someone who was just like them when he was in school. He gave the students hope that his success can be theirs as well.

“I am so proud of him,” said Has-

There were lots of smiles all around as the Harrison students got to know their college-age volunteer.

san’s former ESL teacher, Jeannette Sgambellone. “We always knew he would be successful.” Sgambellone was thrilled when Hassan called her up with the idea of coming with his troop of volunteers. “I knew it would be a great opportunity to show our students that college is within their reach.”

The 30-plus college students spent the afternoon at Harrison helping with lab experiments, reading to the students, playing games and doing arts and crafts together. Big smiles were across all the students’ faces, both elementary and college as they all got to know each other a little.

And that was the payoff for Hassan, who recently landed a job as a management trainee with First Federal of Lakewood.

Said Hassan: “When you put a smile on a young kid’s face, you can’t put a price tag on that.”

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Lakewood Schools

Lakewood's Gifted Program: Gem Of Lakewood's District Enables Children To Thrive

by Megan McKinley-Nagel,
Margaret Cooney, Betsy Voinovich,
Discovery parents

Lakewood Schools' Gifted and Talented program, called the Discovery Program in elementary school has this as its mission statement: *Our mission, through the support of the total learning community, is to serve and meet the needs of academically talented students by nurturing their affective and cognitive development. In doing so, we hope to enhance their potential for life-long learning and maximize their productive contributions to the communities in which they will live.*

Lakewood's program is rare and special in that it is a self-contained group of students in a class. In these times of budget cuts, Superintendent Patterson has made it clear that he understands the communities' wish to maintain this program. In order to share what the experience is like with parents wondering about the program, several parents offer their insights:

Megan McKinley-Nagel, Third grade:

My experience with the Lakewood gifted program has been great. We moved here this past July and had to really stay on top of the admission process. I had heard that the program was good and I should try and get my kids in it. I have a daughter in third grade and a son in sixth grade.

We spent a lot of time in the Board office trying to figure out how my kids would be tested since they didn't do the Terra Nova testing in their Kansas school. I was very grateful for the principal at Harding, Mr. Keith Ahearn, who stepped up and gave the exams to both kids since all the psychologists were on summer break.

All I can say is I am so glad I stuck with it. This has been the best year for my daughter.

Ms. Bluemel, the District's third grade Gifted teacher, has been the most wonderful teacher. I'm the room parent and have a lot of interaction with her and the class. She is teaching them on so many levels. The first thing you

notice, walking into the classroom is the organization and creativity. The room resembled a castle for the fairy tale unit, complete with a fortress reading area, flags of royalty, and family crests for each student. My favorite was the Native American unit. Each child was required to choose a tribe and report about it, dressed in the tribe's regalia. They sewed moccasins and ended with a field trip to the Natural History Museum, dressed in their Regalia. The class was enthralled with the lectures and tours because they were honestly interested in learning more about the different cultures that they had been studying.

Having a class of all gifted kids has been amazing to hear about from my daughter. Her classmates have so many different thinking and learning processes. They are kind to each other, which is an important quality to have in life. The competition that they have amongst themselves is pretty entertaining. My daughter kept thinking she was a slow reader but I had to remind her she has already tested a few grades up and everyone in her class was an excellent reader to start with. Gifted kids can be quirky, in a whole classroom that quiriness is harnessed into an amazing learning environment. Traits that might make the student stick out or be weird in a regular classroom, are embraced and celebrated in Ms. Bluemel's class.

I know my daughter is sad to see the school year come to an end because it has been such a wonderful year in Ms. Bluemel's class. I hope the citizens of this community realize how vital it is.

Margaret Cooney, Third grade:

I think that the Lakewood schools gifted program is an invaluable asset. Ms. Bluemel's third grade class has provided my daughter with a fast-paced learning environment that suits her learning style. She excels best when given challenges and when she can work at her own pace. In third grade she has worked on a number of independent projects during the year that really interested her and brought out her creativity and curiosity. Tak-

ing part in the gifted program has enhanced my daughter's interest in and enthusiasm toward learning. It was a difficult decision to leave her neighborhood school, but participating in the gifted program has turned out to be a great learning and growing experience.

Betsy Voinovich, Third grade, Sixth grade:

I have two kids participating in the Discovery Program at this point. They have very different personal-

ities and learning styles. What I noticed most about this program is that it not only made my children aware of what they could do, but made them confident in their own skills and gave them opportunities to experiment, stretch, and grow, in an environment where the sky was the limit, and where different academic styles and personalities were celebrated. The elementary school gifted program (and now the sixth grade middle school gifted program) has been one of the best experiences of my kids' lives and is one of the reasons that Lakewood rises above its non-inner ring sister suburbs to the west. Lakewood Schools believe in nurturing and celebrating their children right from the beginning. (And from experience I can say that this applies to ALL of the classes my children have attended, gifted and "regular" as well.)

To find out more about the Gifted and Talented Program on the Lakewood City Schools website, go to <http://lakewoodcityschools.org/administrativeDepartment.aspx?aid=11>.

To contact other parents, email betsy@lakewoodobserver.com. To read articles about or by children from Lakewood's gifted program, check out these links: <http://www.lakewoodobserver.com/read/2008/04/07/please-read-notes-lakewood-historical-society>, <http://lakewoodobserver.com/read/2011/11/15/the-day-i-ate-my-math-work>, <http://www.lakewoodobserver.com/read/2011/12/13/even-one-person-would-have-made-a-differenceyouth-panelists-speak>



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Coming in Fall 2012 - Beginning Chinese 1

Course will be offered to the community as a noncredit & university credit course. Course cost \$50. Number of classes: 27
Days of the week: Monday, Wednesday • Dates: Aug. 27 - Dec. 5
Class times: 6:05 PM - 7:45 PM
Register at: www.uakron.edu/ce/classes/?cat=1956184

Lakewood Cares

Streaming Music Education Website Needs Funding

by Kyle Havelka

Ohio-based MusicMuse has launched their first Kickstarter project to help raise funds for production costs of filming instruction, as well as raising awareness of their product through marketing. Through the interactive creative fund-raising website, Kickstarter.com, MusicMuse hopes to raise \$20,000 by May 5th to go directly towards creating content for their website, yourmusicmuse.com, and marketing of the site.

Founded in 2009, Kickstarter is a crowd-funding platform that provides creative companies or individuals a place to raise money from individual contributors. However, if a project does not reach its funding goal, it does not receive any of the contributions. To date, over 11,000 creative projects have been funded throughout the country.

With the current state of educational funding for public schools, and the overall economic disarray of our country, MusicMuse seeks to offer an affordable, accessible, and convenient alternative for musical instruction. Yourmusicmuse.com will provide 24/7 access to quality music lessons through streaming HD video, which will only be available through the membership site, sort of like Netflix for music education. MusicMuse offers a variety of other materials to go along with the video lessons, which are included in the monthly fee. Students are not left searching for other sources of information—it is an alternative, holistic approach for learning how to play an instrument.

To date, MusicMuse has not sought out any outside funding sources, and impressively, their team has created a

fully functioning website with a content management back-end that is able to deliver high-quality video lessons. The MusicMuse team has set high standards for their lesson content by creating consistent curriculum templates for all instruments—current and future. They have worked hard to put together a network of quality, local music instructors—some who have already been featured on their website—and an impressive list of those who are waiting to be filmed.

We do not want to see this website or this idea abandoned because we did not seek support from the public, as well as future members. That is why we have taken the time to produce the Kickstarter project—each member of

the MusicMuse team feels strongly that this alternative way of learning music is one that should be available to all.

To view the MusicMuse Kickstarter project, please go to: <http://www.kickstarter.com/projects/2085665642/the-future-of-online-music-education-for-all>.

For more information about this project or MusicMuse, contact Holly Havelka at pr@yourmusicmuse.com.

Kyle Havelka graduated from Lakewood High School and attended Cleveland State University, where he graduated with a degree in Information Technology and currently works as an IT Analyst.

Barton Center 6th Annual Wine & Cheese Fundraiser On May 24

by Curt Brosky

Barton Senior Center will hold its 6th Annual Wine and Cheese fundraiser on Thursday, May 24 from 5:00-8:00 p.m. Over 100 attended last year's event and this one promises to be even bigger and better. This indoor/outdoor event will be held in Barton Center's beautifully landscaped outdoor Courtyard and in the adjacent indoor Rotunda and Greenhouse. Festivities will include wine, hors d'oeuvres and silent auction gift baskets filled with terrific items.

Tickets are \$30 per person (\$15

tax deductible). Phone 216-221-3400, or mail a check to Barton Center at 14300 Detroit Avenue, Lakewood, OH 44107. Parking is available at the adjacent Congressman Kucinich office. Proceeds will be used to fund the many activities and classes offered by the nonprofit Barton Center, including transportation and exercise classes.

To find out more about Ohio's first senior center or to volunteer, call 216-221-3400. Barton Senior Center is located on the Ground Floor of the Westerly Apartments and is open Monday through Friday 9 a.m. - 3 p.m.

Winged Visitors Delight Westerly

by Betty Carson

A number of bright, colorful visitors dropped by the Westerly recently. They seldom sat, preferring to dash here and there. They were Red Admiral Butterflies. Beautiful little black butterflies with a red stripe on each wing, some with little white polka dots. We seniors sure wish we had their exuberance and energy. A few have chosen to stay on with us...even stopping by to sit at our picnic table. On Saturday the 5th, another colorful visitor was seen in

the bushes near the North Building of the Westerly...It was a Black and White Warbler! What a sight in his fashionable black and white feathers, he has to be seen to be believed. Redheaded Woodpeckers by the dozen were also viewed in the neighbors yard, males courting their intended girlfriends were a joy to watch.

This proves you don't have to leave home to see something outstanding, just look around.

Lakewood Women's Club Announces Scholarship Winner

by Margaret Wetzler

The Lakewood Women's Club announced that it will award a scholarship to Amy Lynn Mahnke, a Lakewood High School senior, to aid in her pursuit of a higher education. Mahnke will be awarded \$1500.00 in recognition of her high school accomplishments, and in hopes that she will continue to be a leader both in and out of the classroom.

Mahnke plans on studying nursing, and has been accepted at two area colleges, Ursuline College and Cuyahoga County Community College. She plans to attend Cuyahoga Community College in the fall, and transfer into the nursing program at the University of Akron. She has been studying Medical Office Management in a program offered through the West Shore Career Technical Education District, and volunteering as an administrative medical assistant with Dr. Brian K. Smith, DDS. Mahnke has been active in various school and community activities, including the Medical Office Management Club, Help to Others (H2O), Key Club and the Athletic Training Student Aides, all while maintaining grades that put her on the Distinguished Honor Roll. When not studying, participating in a club-related activity, or volunteering,

Mahnke works 15-20 hours a week at a local sandwich shop.

LWC Scholarship Chair Camille Gill commented, "The committee was unanimous in its decision to award our scholarship to Amy Lynn. The group felt strongly that she has shown fortitude in overcoming obstacles and resolve in taking responsibility for her future. And she is leading by example for those around her, in particular, her younger brother. We are pleased to be able to help Amy Lynn pursue her dream of becoming a registered nurse."

Founded in 1962, with roots going back to the early 1900's, Lakewood Women's Club (formerly known as Junior Women's Club of Lakewood) has provided, and continues to provide, a philanthropic organization for women who are interested in serving their community and enjoying programs geared to fun and friendship. The Club supports Lakewood through three distinct programs: awarding of an annual scholarship; funding for Project H20 (Help to Others) a program dedicated to to strengthening and enriching Lakewood by engaging its youth as community builders; and supporting a Lakewood-based non-profit organization selected by membership through an application process.



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Lakewood Cares

Applying for Benefits Has Never Been Easier!

by *Jamie Sullivan*

Call the Cleveland Foodbank and apply over the phone!

The Cleveland Foodbank understands that times are tough and money is tight for many Northeast Ohioans. In order to help, the Foodbank started a new benefit outreach program to make the application process quick and easy for over 20 programs, including SNAP (food stamps), prescription benefits, child care vouchers, WIC, medical coverage, and other assistance programs.

We have a team of Benefit Counselors that can assist you through the application process over the phone and Outreach Counselors located throughout our 6-county service area (Cuyahoga, Lake, Geauga, Ashtabula, Ashland, and Richland counties) who can help you apply face-to-face. This is a way that we can ensure that all Northeast Ohioans are receiving the benefits they deserve. If you are not currently receiving SNAP (food assistance formerly called food stamps) call us today to determine your eligibility, find helpful resources in your community, and apply for assistance, all in one call!

Eligibility is based on monthly income and expenses, including medical, rent, and utilities. If any individual makes less than \$1,200 per month, they may be eligible for assistance. This assistance is available for seniors,

students, families, full- and part-time workers, the unemployed, and all individuals 18 years of age or older who are struggling to make ends meet. Food assistance is not a charity program; it is an entitlement program and is given to any and all who qualify. If you have never used assistance programs before and have general questions, please call!

Taking advantage of these assistance programs is no different than using Medicare, Social Security, or Federal Student Loans/Grants; they are in place to help those who need them. Every year more than \$2 billion of benefits go unclaimed in the state of Ohio alone. This is money that could be used in our local economy to stimulate local business. By applying and using these benefits, we are working to keep federal dollars in Northeast Ohio and helping your family have access to healthy and nutritious food. Call to apply today!

For more information or to apply, call the Cleveland Foodbank Benefit Help Line at 216-738-2067, Monday through Friday from 10 a.m. to 4 p.m. You can apply over the phone, get links to local pantries and hot meals, get community resources and referrals, be screened for eligibility, and/or find an Outreach Counselor in your community to help you apply face-to-face. Walk-in Hours are Monday through Friday from 10 a.m. to 4 p.m. at 15500 S.

Waterloo Road, Cleveland, Ohio 44110.

About Cleveland Foodbank

The Cleveland Foodbank provides nutritious food to local nonprofit organizations which serve hungry individuals across northeast Ohio, 33 percent of them being children. This year, the Foodbank distributed enough

food for 29 million meals to 620 local food pantries, soup kitchens, shelters and other agencies such as child-care centers and homes for the elderly in six counties, including Cuyahoga, Ashland, Richland, Lake, Geauga, and Ashtabula. For more information, visit www.clevelandfoodbank.org.

Change The World

by *Anne Palomaki*

Lakewood United Methodist Church located at 15700 Detroit Avenue in Lakewood, will join with other United Methodists on May 20, 2012 in the Change the World movement. Members all around the globe will be in service with simple acts of kindness to build community locally and to fight malaria globally. Lakewood United Methodist Church will participate with the Lakewood Department of Aging and Lakewood Alive to go to homes around our community to help with mowing lawns, cleaning and pruning flower beds, and planting flowers.

The event will kick off following the morning worship services with a light lunch at 12:30. The services each Sunday begin with Awakening at 8:30 a.m. This is a contemplative service with communion served. The traditional service begins at 10 a.m., and the contemporary service follows at 11:30

a.m. The teams will leave the church on May 20th and go to their assigned locations. Volunteers may bring their garden tools, gloves, and water bottles. Please contact the church office at 216-226-8644 or email Rev. Laura Jaissle at PastorLaura@lkwdumc.org if you would like to join this community event.

Lakewood United Methodist is a service oriented church. A free community meal is served on the 4th Tuesday of each month at 6 p.m. All are welcome. The church participates with the Family Promise network providing shelter and food for homeless families for a week 4 times a year. The Youth Mission Team plans to work at Flat Rock, a residence for developmentally handicapped youth this summer. The church will also be partnering with Lakewood Alive to repair and paint homes in the community in June.

Council Welcomes The University Of Akron To Lakewood

continued from page 3

he is gaining a new sense of appreciation for St. Edwards. He then again congratulated Coach Urbas and his wrestlers.

Law Director, Kevin Butler, then asked to say a few words. He pointed out that Coach Urbas was his first coach in organized athletics in High School, as he himself is a St. Edwards alumnus. He thanked the coach for the impact he had on him and for everything the coach does for all of his students and athletes.

With no more comments, Council passed the resolution.

Coach Urbas then said a few words. He said that this is his 34th year coaching at St. Edwards and that he wanted to thank Lakewood for all of their support. He commented on the stellar team that they had this year, saying that they missed their record by a point and a half. He then announced where all the seniors were going off to college, among them Ohio State and Virginia Tech. All of them will be wrestling in college.

Finance Director Jennifer Pae then asked Council to consider an ordinance that would change fees for the abatement of high grass and weeds violations. The change would eliminate the imposition of minimum defined cost in favor of actual costs. Therefore when the city has to cut someone's grass instead of charging a flat rate the city will figure out how much it cost in man hours, supplies and machine

wear and tear and charge the property owner that cost instead. The cost, per cut, would be around \$200.

Council referred the matter to the Finance Committee for further discussion.

A representative of the Police Department then read a communication from Police Chief Malley asking Council to pass a resolution allowing the City to accept \$1,275 from University Hospitals of Cleveland to help the city participate in both the Click it or Ticket and Drive Sober or Get Pulled Over initiatives. The grant funds would go towards paying overtime for officers who work on the two initiatives throughout 2012.

Council passed the resolution.

A representative of the Fire Department then read a communication from Fire Chief Gilman asking Council to pass a resolution proclaiming the week of May 21-25 as Emergency Medical Services Week. It is a week dedicated to the medical teams that handle immediate decisions about emergency treatment and are committed to making the community stronger. On May 24th, in conjunction with Emergency Medical Services Week, the Fire Department and the American Red Cross will be hosting a blood drive at Lakewood City Hall.

Coming to the end of the agenda, and with no public comments or further comments from Council or the administration, Vice-President Madigan adjourned the meeting at 8:18 P.M.

Council meetings are held every first and third Monday of the month at 7:30 P.M. in the City Hall Auditorium. The next regularly scheduled council meeting will be held on May 21, 2012.

Foster Parents Needed For Medically Fragile Children

by *Jenna Hlavna*

Don't go it alone! Guidestone™ (transforming from Berea Children's Home and Family Services) has been successfully providing foster care services across Northeast Ohio since 1985. Our Foster Care program offers the support you need – from experienced foster parents to our many types of services and support staff.

We are in need of loving homes for our medically fragile foster children. Medically Fragile foster parents provide a valuable service in caring for children ages birth to 18 who have been identified as having medical and developmental issues. These issues include, but are not limited to premature birth, respiratory conditions, cerebral palsy, shaken baby syndrome and prenatal drug/alcohol exposure. These children require life-sustaining medications, treatment, equipment, access to multiple medical appointments and assistance with completing their daily activities. Guidestone medically fragile foster parents receive extensive training and support from our on-staff nurse. This program is one of the only of its kind in Northeast Ohio and Guidestone receives referrals on a


For a copy of the agenda or for any other information regarding the LakewoodCity Council, you can find it at onelakewood.com/citygovern_council.html.

weekly basis.

If you are interested in learning more about our Medically Fragile Foster Care program or want to become a licensed foster parent at Guidestone, please contact Kelly Herbin, Recruiter/Trainer, at 440.260.8319 or kelly.herbin@GuidestoneOhio.org, or visit us online at www.GuidestoneOhio.org.

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Lakewood Is Art

New Outdoor Art Mural Installed At Beck Center

by Kathleen Caffrey

In collaboration with Beck Center for the Arts, art dealer and TravelArt owner Paul Sykes has commissioned another, much larger, outdoor canvas art mural by internationally acclaimed surrealist artist, Natasha Turovsky. It was installed Saturday, May 12, 2012 on the west wall of the Beck Center's Creative Arts Therapies Building at 17801 Detroit Avenue in Lakewood. The new mural, entitled "Marathon," is the third canvas mural by Turovsky to be installed at Beck Center.

The new mural replaced Turovsky's, "A Night at the Opera," a large mural measuring 33' x 18', which will be reinstalled adjacent to her "Beck Stage" 18' x 22' on the west façade of Beck Center's Main Building. Sykes is confident that the first two murals combined were the largest outdoor public art canvases in the State of Ohio; however, he now feels Lakewood, Ohio holds the record in the entire United States. Beck Center officials have contacted the Guinness Book of Records to validate this claim. "We are thrilled to be adding to what we believe now to be the largest outdoor canvas murals in the country right here in Lakewood, Ohio," exclaimed Sykes. "This level of public art, especially



since the murals are single pieces of canvas, will be a draw to the area because of their artistic beauty and unique appeal," added Sykes.

The inspiration for "Marathon" came to Turovsky when she learned about Beck Center's upcoming fundraiser, Bike for Beck, a bike tour and festival, 9 a.m. to 6 p.m. Saturday, May 19, 2012. In appreciation of her contributions to Lakewood's West End, Mayor Michael P. Summers will recognize Turovsky in a brief ceremony 11:30 a.m. Saturday, May 19 at the Beck Center during the

Bike for Beck event. For more information about Bike for Beck, visit bikeforbeck.org.

Born in Russia and now based in Montreal, Turovsky is a surrealist artist, professional musician and filmmaker whose work has been acclaimed throughout the United States, Canada and Europe. Since 1996, she has held tenure with many Cleveland area exhibits and local art collectors. An award-winning movie based on her talents, "Pictures at an Exhibition," was recently accepted into the Cannes Film Festival; and

Cirque du Soleil hosted an art exhibit in 2006 displaying her works at their corporate headquarters.

Located at 17801 Detroit Avenue in Lakewood, Beck Center for the Arts offers professional theater productions and arts education programs for patrons and students throughout Northeast Ohio. For more information other Beck Center art exhibits, shows and programs, call 216.521.2540 x10 or visitbeck-center.org

Cuyahoga Arts & Culture Releases Report To The Community

by Amy Jung

Cuyahoga Arts & Culture Releases New Data Outlining Broad Impact of CAC Funds on Arts and Culture Sector in Cuyahoga County

Cuyahoga Arts & Culture (CAC) announced on April 9, 2012 new data outlining the broad impact of CAC funds on Cuyahoga County's arts and culture sector. The data is part of CAC's Report to the Community, which was released at its annual meeting, attended by board members, staff, and members of the community, this afternoon at the Idea Center at PlayhouseSquare. A PDF of the Report to the Community is available at www.cacgrants.org/report. Here you will also find links to videos that highlight three of our cultural partners.

"In 2006, Cuyahoga County residents expressed great pride and extraordinary support for our arts and cultural heritage by approving a dedicated source of public funds to support creative activity in our community," said CAC Board President Sari Feldman. "Over the past five years, CAC has put these public dollars to work

in our community to support arts and cultural organizations of all sizes and to help strengthen an arts and cultural ecosystem that is a key asset to our regional economy."

The Report focuses on CAC's work in strengthening community in Cuyahoga County by:

Investing in our local economy. CAC-funded organizations spend more than \$286 million each year, including more than \$140 million in salaries for 8,710 workers. And, for each \$1 CAC invests in arts and culture, \$19 is put back into Cuyahoga County's economy.

Supporting education. CAC-funded organizations serve more than 1.2 million school-aged children, offering field trips for 23,000 students, and classes and workshops for more than 396,000 residents.

Enhancing our quality of life. CAC-funded organizations serve more than 6.4 million visitors each year, with 55 percent of those visits free of an admission charge. And, more than 17,000 volunteers help bring arts and culture to an even greater audience.

"This report demonstrates how CAC is living its mission: to inspire and strengthen the community by investing in arts and culture," said CAC Executive Director Karen Gahl-Mills. "We are pleased that over the last five years, CAC has provided important momentum to positive changes taking place throughout our county."

Recipients of CAC funding in the Lakewood area include: Cleveland Artists Foundation, Lakewood Historical Society, The Beck Center for the Arts, and LakewoodAlive's Front Porch Concert Series in 2012. Beck Center's President Cindy Einhouse said, "We are grateful to the citizens of Cuyahoga County for supporting public funding and recognizing that arts and culture is a tremendous

asset for our communities."

In addition, CAC's Board re-elected Sari Feldman as board president; elected Vickie Eaton Johnson as vice president; and elected Matthew Charboneau as secretary. The Board approved the guidelines for CAC's Project Support grant program in 2013, and approved a grant for its Creative Workforce Fellowship program in 2013-14.

For information about operating support grants, visit http://cacgrants.org/file_uploads/file368.pdf For information about project support grants, visit http://cacgrants.org/file_uploads/file362.pdf. For general information about CAC, visit www.cacgrants.org or call 216-515-8303.



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Lakewood

Lakewood Historical Society's 3rd Annual Scavenger Hunt

by Martina Edman

May is National Preservation Month and the Lakewood Historical Society is celebrating Lakewood's architectural treasures with its 3rd annual scavenger hunt.

The scavenger hunt of 20 architectural features, all found throughout Lakewood, will run between May 12, 2012 and May 22, 2012. The downloadable entry form and list of Lakewood supporters will be posted on the Lakewood Historical Society website www.lakewoodhistory.org on May 12, 2012. Answers will be posted on the website on May 23, 2012. There is no

cost to enter the scavenger hunt.

Completed entries must be submitted by close of business on May 22, 2012 and may be dropped off at Rozi's Wine House, 14900 Detroit Avenue, or Lakewood Hardware, 16608 Madison Avenue. Entries with all correct answers will be entered into a drawing to be held at a free program titled "Historically Significant?" on May 30, 2012 at 7 p.m. in the Main Lakewood Public Library Auditorium, 15425 Detroit Avenue, (winners need not be present at drawing). Prizes from Lakewood merchants and organizations will be awarded to first, second, and third place winners.

The Lakewood Historical Society's mission is to enhance the quality of life in Lakewood by offering educational programs for all ages; providing stewardship of artifacts and buildings; and

advocating for our historic community. Visit www.lakewoodhistory.org for additional information.

"Hair of the Dog" Happy Hour and Silent Auction

by Helene Gaidelis

It's time for an evening filled with music and comedy, pizza, appetizers, open bar drinks, and fantastic raffle baskets, all while helping our furry friends! And you can be a part of it.

The Citizens Committee for the Lakewood Animal Shelter (CCLAS) is sponsoring its eighth annual 'Hair of the Dog' Happy Hour and Silent Auction on Thursday, May 31st from 5:30 – 8:00 p.m. at the Avenue Tap House (13368 Madison Avenue) in Lakewood. Once again, dozens of Lakewood and Cleveland-area businesses have generously donated items and services for auction, including tickets to Cleveland sporting events, live shows, restaurants, fitness centers and spa certificates, tons of pet-friendly products and much more! As always, 100% of the proceeds will benefit the animals in the community of Lakewood and will allow us to fund our low cost spay and neuter program, fostering program, and vet care for the shelter animals in 2012!

For 28 successful years, the Citizens Committee for the Lakewood Animal



Bruno adopted from the Lakewood Animal Shelter.

Shelter has served Lakewood and all of Cuyahoga County's western suburbs by helping abandoned dogs, cats and other animals find safe and loving homes. Last year's event boasted a large turnout of animal welfare advocates, friends and community members, including Fox 8 meteorologist Dick Goddard! Please come and support CCLAS on Thursday, May 31st.

For more information on this exciting event and advance ticket purchases, visit us online at <http://www.cclas.info/HOD2012.html>.



Mary Carol Warren Lucic out on her bike on the Lakewood Historical Society's Scavenger hunt...



With her husband John Lucic right behind her on his bike.



Save the date.

Health Talk on senior driver safety.

Patrick Baker, OTR/L, and Christine Nelson, APRN, experts on aging, will conduct a free SeniorCare Driving Assessment Health Talk discussing how age may impact a person's driving ability and how you can recognize signs your elderly loved one is no longer safe behind the wheel.



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Lakewood Style

Global Design: Barcelona To Lakewood

by Robby Zettler

Plain and simple, with the evolution of the internet, we have become a global economy. This opens so many doors for all of us. It compels us to examine the way other cultures inhabit their corner of the world.

Global design is of course, directly connected to this evolution. The term eclectic--a mix of various ideas--has been the name given to describe this style in the past. Although the word eclectic still applies in the decorating world, it's losing its presence, and for good reason. Think "lived in" or hodge podge. Global design moves us to understand why people around the world function differently and how it can work for us.

A good example of this is the popular Asian style, Feng Shui. Literally translated "wind and water", it is the art and science of proper placement of furniture and accessories. It is the theory that energy or "chi" flows through all things in life. For a long time most Americans believed it was just a myth. Of course I call that karma and what could be more purposeful than that?

I have the opportunity to travel extensively to different parts of the world as well as within this country, to buy for my design showroom. I recently visited Barcelona, one of the world's most cosmopolitan cities (not

to worry, Lakewood holds a candle). We have much to learn from their design and fashion sense. Most of the Mediterranean has space constraints. They've been around a lot longer than us and they've used up much of their square footage. Therefore, they make use of space based on necessity. They often multifunction furniture and accessories and they don't follow all the rules of design.

Having said that, a recent trip to Chicago took me to Merchandise Mart and the Lawrence Street Antique Market, a place where modern American design is flourishing and adding to the global design world with new rules that defy the traditional standards. Of course let's not discount our own backyard. Lakewood and the surrounding area is a hotbed for innovative design. The resale stores have some of the finest examples of global design I've seen throughout the world!

Here's what to look for and how to create global design in your space:

Don't be afraid of elements outside of your comfort zone. No matter your personal style, adding something mid-century, modern or just plain funky will add interest to your home.

Don't feel that because you are a traditionalist you can't add global design to your space. There is plenty of traditional and modest décor from around the world.

Bright colors and modern design are all the rage in the Mediterranean region, which includes Morrocco and parts of Africa, but Japan and many of the eastern countries make great use of peace and harmony and calming neutral colors. It's a style that is alive and well and flourishing universally.

An important part of all design is not just coordinating color, but shapes and forms. For example, if there is a repeating octagonal pattern on a pillow, add another design piece such as a lamp, vase or chair with the same shape. Using these forms can add interest beyond color.

Most importantly, no matter what culture you are emulating, always live by one of my favorite quotes from our own Regina Brett-Get rid of anything that isn't beautiful, useful or joyful.

Robby Zettler is an Interior Designer, owner of Metopolitan Home Design and Metro On Madison, a showroom featuring antique and new furniture and accessories from around the globe located at 15220 Madison Avenue in Lakewood.

Orthodontics: So Much More Than Just A Pretty Smile

by Jeffrey Laubmeier

Everyone knows that braces help people achieve beautiful smiles, but did you know that there are some significant health benefits to having straighter teeth as well? Crowded teeth are harder to properly keep clean, and swollen, red and irritated gums are often the result. Research has linked the periodontal disease that develops from plaque and bacterial buildup around misaligned teeth to other systemic health issues such as heart disease, stroke and even elevated stress levels. Misaligned teeth and/or jaws are also a significant factor in other oral problems, such as increased wear on tooth enamel from grinding and clenching, as well as TMJ and jaw pain.

Properly aligned teeth help to lessen the potential negative impact these issues can have in a person's life. When teeth are properly aligned it becomes easier to maintain proper oral hygiene and allows the gums to fit tightly around the teeth, creating the strongest and healthiest defense against periodontal problems. Properly aligned teeth are also extremely important in alleviating speech and chewing difficulties. The most obvious benefit from properly aligned teeth is a beautiful smile. The positive psychological effect of feeling proud and confident with your smile and how you look has been well documented over the years.

Orthodontics is not just for children. Anyone with misaligned teeth can benefit from orthodontics and with modern technology, teeth can even be moved without anyone knowing you are undergoing orthodontic treatment. Products such as Invisalign use clear plastic retainers to slowly move teeth into their proper positions. In addition to being more aesthetically pleasing, clear retainers have the advantage that they can be removed to eat, play sports, and most importantly, to allow for proper oral hygiene.

Invisalign tooth movement does have its limitations and therefore is not suitable for everyone. Only a visit to a qualified general dentist or orthodontist can help you to determine if Invisalign treatment or standard bracket and wire orthodontics is right for you.

Whatever the reason that motivates you--from a beautiful, confident smile to a healthier, better-functioning mouth--almost everyone can benefit from aligning their teeth properly. Please talk to your dentist about how you can benefit from a straighter smile today.

Cornucopia To Purchase Sloane McDonald's

continued from page 1

allow Nature's Bin to work with up to six trainees at a time while they develop job skills to help them graduate with solid work experience and sought-after skills. The expanded commissary allows Natures' Bin to develop a well-rounded curriculum for trainees interested in food prep, as well as to consider larger catering opportunities.

"Cornucopia provides a unique program that offers vocational training in a real-world environment," said Terry Ryan, Superintendent of the Cuyahoga County Board of Developmental Disabilities (CCBDD).

"CCBDD supports this endeavor and is excited about the prospect of the expansion of services to a greater number of individuals with disabilities."

In addition, Nature's Bin anticipates moving some of its administrative and employment services/job placement staff to the new space, saving resources while fostering communication and staff relationships.

Cornucopia has launched a capital campaign to raise funds for this exciting project. To lend your support, visit www.naturesbin.com/donate/. Redevelopment of the Sloane Avenue site is expected to begin later this fall.

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Lakewood Style

Thinning Hair Among Women Again On The Rise

by Bonnie FencI

When I opened Carabel Beauty in 1969, many of my clients were survivors of The Great Depression. They had thinning hair as a result of less than nutritious food and a good deal of stress. Over the years, I have witnessed the overall condition improve to the point where young women today have the thickest hair in generations. I believe the reason for this is better pre-natal care and ongoing healthy habits. Unfortunately, lately I have noticed women once again losing their hair due to stress, anxiety, or grief. Wid-

ows are especially at risk because they worry and don't feel like eating the way they did when their partners were with them. Overwork or the lack of work can create the stress associated with hair loss. Crash diets and eating disorders seem to change the texture and amount of hair also. Now dermatologists and cosmetologists can explore getting your hair back in shape. Treatments of all kinds are available to women who are suffering from hair loss. Always seek the advice of a trained professional before treating your hair and scalp with

over-the-counter remedies that make promises of growth and thickness, but rarely mention allergic reactions that commonly cause more harm. Here are a few facts that can help, too. Darker hair colors just naturally look thicker. Curly hair adds volume and appears thicker. Keeping the ends of hair trimmed can make the hair look thicker. There are shampoos that can coat the hair, or can be absorbed by the hair to

look thicker. There are styling products to help give your hair a thicker look. If you are experiencing hair loss, consult a professional for styling ideas. Most importantly, remember to eat a balanced diet, get enough sleep, and find some peace in your life for better hair. **Bonnie FencI is the owner of Carabel Beauty Salon & Store, she is the editorial advisor for Beauty Store Magazine.**

Community Vision Begins To Come Into Focus

continued from page 1

into thirds and asked each group to react to three broad based questions related to their understanding of Lakewood's past, present and future. The questions were as follows:

- 1- What do you love about Lakewood?
- 2- What worries you?
- 3- What are your hopes for the future?

Perhaps not surprisingly, the groups found that all three questions elicited similar answers. As one attendee pointed out, "What we worry about, what we hope for and what we love are all the same thing."

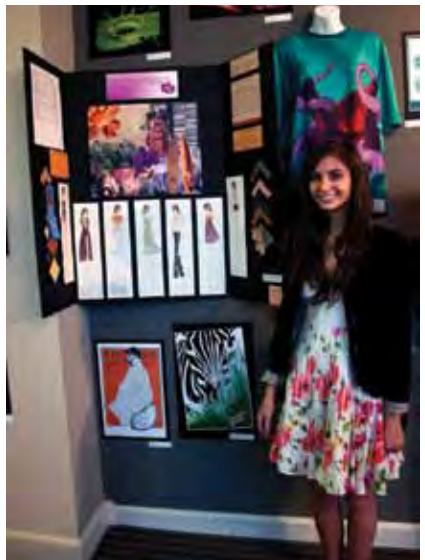
While there was some consensus

over key topic areas to address as the process moves forward, ultimately, the group agreed that by and large Lakewood was a "uniquely undefinable" community. Over the next weeks and months, the City will invite Lakewood residents to do just that-- define the undefinable. Drawing upon the themes extracted from this first meeting, committees will take shape and delve deep into Lakewood's identity around topics from sustainability to diversity. All Lakewood residents are strongly encouraged to participate and should contact the Department of Planning and Development for more information or to get involved in the process moving forward.

Virginia Marti College Of Art And Design 25th Annual Student Show



Chris Karel with a \$500 scholarship from Lakewood Arts Festival for his student film work at VCMAD.



Miranda Marti along with fellow students not pictured, Shelda Orr and Terra King, win 1st place for their product development work entitled, "Indian Summer."



Alex Rockwell's piece named "Exist and Trace" wins 1st prize for fashion design.



Jesse Jusek, winner of best in show, and his illustration work.

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Business News

How Well Do You Know The 2012 Taste Of Lakewood Restaurants?

by Valerie Mechenbier

The 9th Annual Taste of Lakewood will be held on Sunday, June 3rd, 2012 at The Lake Erie Building, Templar Industrial Park (aka The Screw Factory). With the new venue comes the opportunity to partner with the Screw Factory Artists, who will have their studios open during the event. With two floors of music, two floors of artists,

and the Templar Motor Cars Display, this year's Taste of Lakewood is sure to be yet another sold-out event.

The stars of the show, however, are the restaurants and food purveyors. With a record number of participants (28) – several of which are new to the event – we thought we would test your knowledge of Lakewood's fine culinary establishments.

See if you can match each of the twenty-eight Taste of Lakewood participants – 1-28 listed on the left – with the correct description on the right. (Answers can be found – and tickets can be purchased – at www.tasteoflakewood.com). Good luck!

Upcoming Events

Thursday, May 17th
Annual Scholarship Breakfast
The Clifton Club
17884 Lake Road
Registration & Networking: 7:30 a.m., Breakfast & Program: 8am
\$15 members, \$20 non-members
Sponsored by VMCAD

Sunday, June 3rd
Ninth Annual Taste of Lakewood
The Lake Erie Building, Templar Industrial Park
13000 Athens Ave.
4 p.m. - 7 p.m.
In partnership with our Caviar Sponsor Cleveland Magazine
Purchase tickets at www.tasteoflakewood.com

Friday, June 15th
Annual Awards Luncheon
Around The Corner
18616 Detroit Ave.
Registration & Networking: 11:30 a.m., Lunch & Program: Noon
\$15 members, \$20 non-members
Sponsored by Lakewood Hospital

Wednesday, June 20th
Summer Solstice Business After Hours Networking Event
Jammy Buggars
15625 Detroit Ave.
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Member Spotlight

The Lakewood Chamber of Commerce has officially announced the launch of the new and improved www.lakewoodchamber.org- with help and guidance from Mark Dubis of Lakewood (Hourglass Management Corporation).

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- N Lakewood Kiwanis Pizza Bake-Off: Best Specialty Pizza
- O Traditional, vegetarian, vegan, and gluten-free catering services
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- Q Upscale award-winning cuisine, named for its location
- R Coffee, tea, vegan baked goods, menu features local/organic ingredients
- S One of America's 100 Best Beer Bars 2011 (Draft Magazine)
- T Ranked in top 5 in FOX8's Hot List of Best Ice Cream Shops
- U Best Wings, Plain Dealer Friday Magazine
- V Authentic Southern European food featuring the 7lb. "Mt. Olympus" Gyro
- W 2012 Silver Spoon Award: Best Appetizers
- X Gourmet Italian cuisine: take-out, catering, and delivery service
- Y 2011 Best of Cleveland Award Winner
- Z Culinary education, restaurant, and catering service
- AA 2012 Silver Spoon Award: Best Sandwiches
- BB Quality contemporary cuisine, named for Lakewood H.S. athletes

Business News

Peter Schindler Of Community West Foundation Elected To Cornucopia's Board Of Trustees

by Mary Johnson

Peter Schindler, senior program officer at Community West Foundation has been elected to the board of trustees at Cornucopia, Inc.

Cornucopia, Inc. operates Nature's Bin, a full-service natural and organic foods market located in Lakewood, Ohio. This natural foods market serves as a training site for a unique and successful program that provides vocational training leading to employment for people with disabilities.

Schindler will serve a three-year term and assist in community outreach for Cornucopia. In addition,

he will communicate with members of the business community and civic organizations regarding Cornucopia's mission to help people with disabilities develop their skills, confidence and workplace potential.

"We are honored to welcome Peter to the board of trustees," stated Scott Duennes, executive director of Cornucopia/Nature's Bin. "Cornucopia and Nature's Bin have been a part of our local community for 36 years and we are privileged to work with leaders such as Peter whose support and dedication help keep our programs and mission alive," added Duennes.

Schindler has more than 10 years experience in strategic planning, community affairs and grant writing. In his current role, Schindler manages community grant making programs and serves as a community liaison as well as working on donor relations and strategic planning for Community West Foundation.

Schindler holds degrees in Religious Studies and Psychology, and also serves on the board of Malachi House (Hospice).

About Nature's Bin
Nature's Bin, a full-service natural and organic foods market located in

Lakewood, Ohio, is operated by the non-profit, Cornucopia, Inc. This natural foods market serves as a training site for a unique and successful program that provides vocational training leading to employment for people with disabilities. Programs hosted at Nature's Bin serve people with a wide range of severe disabilities including developmental disabilities, autism, mental illness, visual, speech and hearing impairments, and injuries resulting from accident or illness. What distinguishes the programs at Nature's Bin from other training facilities is the real-work learning environment. Trainees work side-by-side with staff members in all aspects of retail service, facing the challenges and rewards of competitive employment in a caring, supportive atmosphere. Cornucopia/Nature's Bin has been serving people with disabilities for over 35 years.

It Takes A Village: Family-Focused Yoga In Lakewood

by Marcia Camino

The concept of family-focused yoga is simple: It takes a village to raise a child, and part of raising a child includes village members of all ages engaging in healthy, happy activities. Finding time for family, fun, exercise, and relaxation in this day and age is challenging. Two new programs starting soon at Lakewood's newest yoga studio, Pink Lotus Yoga, help with this challenge by rolling family time, exercise, and relaxation into one: Prenatal Yoga begins May 19th and Village (Family) Yoga begins June 21st.

Professionals in the medical industry are recommending Prenatal Yoga more and more often these days to their pregnant patients as a way to prepare them physically, mentally, and emo-

tionally for the birthing process. The Prenatal Yoga series at Pink Lotus Yoga consists of longer-format, well-rounded classes, offering the following:

Yoga postures most beneficial to the ever-changing pregnant body. Postures are designed to open the pelvis, ease back pain, and reduce pressure on ligaments. They also promote strength, stamina, energy, and balance and are antidotes to common discomforts during pregnancy.

Breathing exercises—a vital part of prenatal practice—invigorate, balance, and quiet the body/mind. Various breathing techniques reduce blood pressure, heart rate, and muscle tension and counteract the harmful effects of stress, anxiety, and uncertainty. Breathing learned in Prenatal Yoga can be utilized in all phases of

pregnancy and labor, making it an invaluable tool.

Deep, guided relaxation involving props (blankets, bolsters, eye pillows), light shoulder/neck/arm massage, soft music, and aromatherapy.

Prenatal Yoga benefits the notion of the village by promoting community, as pregnant women practicing yoga together bond as they share their stories and feelings. Last, babies benefit, too; studies show unborn babies receive increased amounts of endorphins and oxygen and are gently massaged by their mothers' movements. Prenatal Yoga at Pink Lotus Yoga is for women in all stages of pregnancy.

In Village Yoga, a child-focused series for adults and children, families

continued on page 23



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Malley's Supports Warriors

by Debra O'Bryan

Bill Toole, who has lived in Lakewood for a long time, knew he could get his longtime friend Dan Malley involved in a project that he has been working with. You see, Bill was watching those commercials on T.V. with Trace Adkins, the country singer. The commercials depicted our young soldiers returning home...blind, maimed, burned, missing limbs, or otherwise scarred for life. They also detailed the statistics of just how many were committing suicide. It was just too much for Bill to bear without getting involved. The commercials were asking for a \$19 monthly commitment, which was not within his budget, so Bill contacted the Wounded Warrior Project with the suggestion of a one time donation of \$15. He felt this was within most people's means



and would encourage more people to get involved. They agreed. The Wounded Warrior Projects mission is: To honor and empower wounded warriors. Their purpose is to raise awareness and enlist the public's aid for the needs of injured

service members, to help injured service members aid and assist each other and to provide unique, direct programs and services to meet the needs of injured service members. To learn more visit: www.woundedwarriorproject.org.

For the entire month of May through Memorial Day, Malley's Chocolates will give you a \$10 Malley's gift certificate and a pat on the back for every \$25 donation made to the Wounded Warriors Project. If you choose to donate the \$15, you get the pat on the back. Atta Boy! Please make checks payable to: Wounded Warrior Project and sent to Malley's Chocolates 1685 Victoria Avenue, Lakewood, Ohio 44107 at the corner of Madison. Every cent of every donation being sent from Malley's goes to the Warriors.

What's In Your Instrument? Part 2

by Sharon Marrell

In Part One, I identified that bacteria can build up inside a brass or woodwind instrument and that over time, breathing in the bacteria can lead to health issues. Let's look at preventative maintenance that will keep the instrument in good playing condition and help players to avoid health problems.

Monthly cleanings are a good way to reduce bacteria and lime deposits from growing inside brass instruments and mouthpieces. This can be done at home using various brushes specific to brass instruments. The procedure for this could become one article by itself, so for now check with a repair technician at your local

music store and have them instruct you on how to clean your brass instrument at home.

Woodwinds (for this purpose includes clarinet, flute and saxophone) have various styles of cleaning swabs that should be used to remove the excess moisture when finished playing. The clarinet and saxophone mouthpieces have a reed (a thin piece of cane that produces the sound) that is positioned on the mouthpiece. To avoid bacteria growth, it is important for players to remove the wet reed from the mouthpiece, swab the mouthpiece dry and store them separately in the case. Additionally, clean the mouthpiece monthly with dishwashing soap, warm water and a soft brush.

Yearly maintenance and an ultrasonic cleaning by a qualified repair technician will insure the instrument remains in good condition and keeps it's value over time. The ultrasonic cleanings are very thorough and can remove the toughest deposits inside your instrument that home cleanings can't reach. Brass students are amazed at how much easier their instrument

is to play, and how much bigger the sound.

Cleaning kits are available for all the instruments and your local music store will be glad to answer any questions on proper care and maintenance.

Sharon Marrell, a Lakewood resident, owns Marrell Music and has been a repair technician for over 20 years.

Detroit Avenue Merchants Enterprises Kicks Off With Snack N' Shuffle

continued from page 1


15612 Detroit; A Friends Secret, 16506 Detroit; The Designer Consignor, 17118 Detroit; Vintage Faire Antiques, 17106 Detroit; Geppetto's / Johnny Malloys, 17103 Detroit; The Willow Room, Trinity Lutheran Church, 16400 Detroit; and Create A Cake, 17114 Detroit Avenue.

Look for the silver and gold balloons outside of each location.

Future planned shuffles include a "Pajama Shuffle" and a "Dog Days Shuffle", where participating shops will have a dog for adoption from a local shelter or group. As fall approaches, Pastor Paula Meader Connor from Trinity Lutheran Church will be helping businesses collect food, coats and school supplies for Lakewood families in need. For more information contact Gina Tatsumi or Sarah Wilczynski at Detroitdames.dons@yahoo.com

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Opinion

Mr. Greg Calleri’s “Do We Really Need A 2013 School Levy?”

Problems With Certain Assertions And Arguments

by Daniel Smith

I have lived in Lakewood for 31 years and, in the interests of disclosure, have been a Lakewood teacher since 1999. I wish to take issue with some of the assertions and arguments in Mr. Greg Calleri’s recent article “Do We Really Need a 2013 School Levy?” I do not intend to address all his points; others are more competent to address remaining issues.

This is a very difficult letter for me to write, as Mr. Calleri and his family have been great next-door neighbors for years. We collaborate on block parties; his wife sends over baked goods when I snowblow his driveway; their daughter walks our dog. Mr. Calleri owns and operates a lacrosse organization which provides off-season leagues and high-level travel team experiences. It’s a “top drawer” program in which both my sons have played since its inception and by which my younger son is employed.

Still, the risks to Lakewood’s current educational excellence are too high to permit either inaccurate statements or arguments that paint an incomplete picture to cloud the judgment of Lakewood residents regarding the current financial situation of the Lakewood City Schools, a crisis facing virtually all school systems in Ohio.

Incorrect Statement Regarding Teacher Sick Time Accumulation

When discussing teacher accumulation of sick time, Mr. Calleri writes: “Our State (Ohio) also mandates that they (teachers) can accumulate up to approximately 120 sick days and cash them in at retirement. The problem is that our School Board has changed that policy to allow our staff to accumulate 350 days and cash them in.”

The “cash in” part of this statement is false. The contract states in section 6.06 that retiring teachers “shall be paid a lump sum equal to one-fourth (1/4) accumulated sick leave to a maximum of seventy (70) days...” In effect, such retirees recoup a portion of the savings already long accrued to the district by not having the sick days used in the first place. There is a quantum difference between the 350 day claim and the actual number of 70, both in terms of potential cost savings and, as importantly, of public perception. Mr. Calleri certainly has the right to disagree with the policy, but only in its actual form.

Healthcare Plan

Residents should know that the Lakewood City Schools wisely joined the Suburban Health Consortium ten years ago, placing our system in a much larger self-funded pool that has resulted in our healthcare costs being very significantly lower than non-member districts of comparable demographic composition.

Mr. Calleri calls for Lakewood Schools to adopt a high deductible/healthcare spending account model because “these plans change the way healthcare is delivered by putting the consumer in charge.” In fact for fifty years many leading health economists

have argued that markets do not work well in healthcare, because few people have the expertise or simple time to work out the economics of complex medical options in real time and often without warning. I personally watched my “healthy” wife collapse one night while holding our infant son, and discovered within a few hours that she required immediate brain surgery! Trust me, that night I was not “in charge” of anything! If a few folks have the time and expertise to second-guess even the fairly routine medical recommendations for their families relative to cost, then more power to them, but the vast majority of us do not. (For a recent reference, see Fareed Zakaria’s March 26 article in Time entitled “Health Insurance is for Everyone” at <http://tiny.cc/xvm9dw>).

High deductible plans place a higher financial risk on employees (and usually have relatively limited benefits). Mr. Calleri’s 30% savings estimate has to come from somewhere, and the only source I see is from the hides of teachers. If Lakewood Schools moved to such a model, and given that health benefits are a component of overall compensation, then staff would justifiably seek offsetting adjustments in other areas of compensation. As for healthcare spending accounts, they do not constitute insurance; rather one receives a tax break for self-funding known future expenses. That can certainly be helpful, and Lakewood Schools offers this option to staff. But this account is useless for dealing with unknown expenses; at the end of the year, one loses any unused account balance, money which could have been used to purchase insurance in the first place.

Context of 2% Base Increase

In early 2010 teachers agreed to a 0% base increase for the 2010-11 year to help the district and community manage with limited finances. A year later teachers agreed to a 2% base increase for the 2011-12 year and a 0% for 2012-13; it should be noted that the 2% raise was part of an agreement between the board and teachers to extend the school year by two days in order to benefit students. When Lakewood teachers were given the updated details of our current crisis four months ago, teachers overwhelmingly agreed to hold discussions with administration at this time regarding the current contract, though they were no under legal obligation to do so until the spring of 2013. Those discussions are in process at this writing. Teachers have continuously worked with administration and the Board of Education, as shown by the string of zeros/almost zeros combined with the current contract discussions. Teachers should not be viewed as being an obstacle, as seems to be implied in Mr. Calleri’s comments in this section.

Education Credits:

Mr. Calleri calls for a freeze on education credits (I assume he is referring to how teachers can move across the pay scale by earning graduate hours

in 10 or 20 graduate hour increments). Perhaps most do not realize that teachers personally spend tens of thousands of dollars and months and months of their own time on continuing education, (some of which is required to keep licensure or to meet post facto requirements like Highly Qualified Status, and some of which teachers do to benefit their students). Unlike in the business world, where employees often receive tuition assistance for graduate work and then receive a pay raise when completed, teachers foot the graduate education bill themselves. Continuing education is a major financial burden that would be unfairly exacerbated by a freeze on education credits.

Longevity Increases

When discussing teacher salaries, Mr. Calleri writes: “Our teachers also receive annual longevity increases of between 1.5% and 2.0%”. He then recommends “...no longevity increases for anyone with more than 10 years of experience.” I read his proposal to mean lopping off the current pay scale, in which such increases cease after one’s 14th to 18th year (depending where one falls on the graduate education column, as referenced above.) Lakewood has an experienced teaching staff—most would argue that to be a good thing. About 75% of teachers have more than ten (10) years experience; about 50% are as high as they can go on the salary schedule (14-18 years experience, depending on where they fall on the education column).

If Mr. Calleri’s proposal were implemented in the more draconian form of having teachers lose experience credits above ten years already earned, then 75% of Lakewood teachers would face pay cuts ranging from 3% to 23%, with the great majority of those losing on the high end of that percentage loss. Even if the proposal were implemented prospectively – no one’s salary is cut but the policy is implemented moving forward, half of Lakewood teachers face having their lifetime earnings horizon reduced by as much as 23%.

Is that fair? Are the proposals described above what Lakewood residents want for their teachers?

“240+ Page Contract?”

As an aside, Mr. Calleri asked, “Do we really need a 240+ teachers’ contract?” Pointing negatively to contract length is a favorite chestnut of union-bashers. Please permit me to put this into ironic perspective. Mr. Calleri sends emails to us lacrosse parents regarding upcoming leagues or travel tournaments. Pulled into Microsoft Word, they often contain four or five pages of core text as well as multiple attachments (waiver forms, hotel/bus lists, schedules, payments due, etc.) Multiplying each email times the number of different events times the number of age bands to which they apply (elementary, middle, and high school levels each contain several age bands) generates quite a stack of printouts. Still, when parents ask, “Do we really need these emails?” the correct answer is

“Yes.” His program is far more complex than it appears to the casual observer, and his communications are in fact necessary for its efficient operation.

Of course, the Lakewood City Schools is exponentially more complex than Mr. Calleri’s lacrosse program. So let’s look at the “240+ teachers’ contract.” Of its 212 pages, 12 are devoted to informational/numerical tables and 48 contain appendices (legally required copies of the procedural forms used to run the district). This leaves 148 pages to cover all the personnel policies (from “Filling Vacancies” to “Workload” to “Communicable Diseases” to “Entry-Year Program,” to name just a few categories) for teachers who work in widely different situations (elementary to high school; special education to technical education, etc.) Far from being cumbersome, the contract is actually a succinct and focused means through which the daily operations of the Lakewood City Schools occur efficiently. Moreover, the contract reflects one aspect of thirty years of diligent cooperation and problem-solving between teachers, administration, the Board of Education, and the citizens of Lakewood, for which teamwork the Lakewood City Schools has been recognized nationally!

Beyond all the “losses” described above, I worry that dealing with our current financial situation will result in the destruction of that unique cooperative relationship, an event that would truly spell deep and permanent trouble for the Lakewood City Schools. While I certainly appreciate Mr. Calleri’s passionate concern for our community, I feel that riling up residents with factual mistakes and arguments lacking full context will cause far more damage than good.

One final point, if I may. “The biggest driver of our budget shortfall” is not healthcare costs, though that is certainly a problem across our land. The biggest driver is Ohio’s current budget and tax policy, which has given priority to corporate interests and shifted the state’s financial obligations onto local governments, that is, onto the backs of regular people who, as Mr. Calleri correctly observes, are feeling tapped out across Ohio. (This policy forces school districts either to pass additional levies or dismantle educational programs. Lakewood residents clearly rejected the latter option during the recent community engagement meetings while affirming the high quality of instruction found in the Lakewood City Schools.) I realize fully that complaining about this commonly-called “Race to the Bottom” does nothing to help the Lakewood City Schools deal with our immediate crisis, but if Ohio voters remember this bigger picture in future elections, our schools could benefit. So I encourage all Lakewood residents to remind family and friends across Ohio of this point.

I thank all Lakewood Observer readers for their time and thoughtful attention to this issue.

Pulse Of The City

Lakewood's people...Those among us....

JT3, Dr. John Tamilio III, Your LO Religion Contributor

by Gary Rice

Pilgrim Congregational (Tremont) United Church of Christ Pastor and Doctor John Tamilio III, otherwise known in the Cleveland area and on the Eastern Seaboard as "JT3," is one of those people who strive to confront our world as it is, and in that confrontation dares to try to effect change for the better. If you read the Lakewood Observer regularly, you know that Pastor John and his family are Lakewood residents, and that his religion column has often graced these pages.

The track record for those wanting to change our world "for the better" has not been very good. In the Christian tradition, that kind of affirmative, non-violent, and loving change has often been met with ridicule, rejection, and even three nails and a cross on that ubiquitous hill called Calvary.

Still, the one thing that remains constant through all this would be that people do remember, and indeed remember well, those who try to make a positive difference in our world. If every age seems to produce unspeakable evil and atrocities, so too does every age produce those willing to rise and combat what is wrong and unjust in society. "JT3," to me, is one of the best examples.

Doctor John recently asked me to watch and comment on a couple of his



photo by Tricia Gilbert

Dr. John Tamilio III

music videos. "JT3" is, in fact, a very fine guitarist and singer-songwriter, and I feel certain that he had in mind my making a simple commentary regarding the musical aspects of his life.

Sorry Dr. John, I just can't stop

there. Were I to comment only on those aspects of your life, I would be selling you (as well as the world and your Creator) short. In perusing the videos that you linked me to on the 'net, I also came upon, and listened to, some of your other videos when you were preach-

ing in church. The dynamo that is John Tamilio III simply cannot be confined to a few aspects. You are clearly an inspiration to others in many ways. Though you might prefer that people hear you in isolation from the greater whole, it is that same "greater whole" that defines the sublime and synergistic complication that is your life.

You and I, for example, have a peculiar holistic blend in common. We both have had very committed professional and family lives, but we also share a love of music. In another age, or under other circumstances, we might have been troubadours at some royal court. We might even have struggled at the dialectic between our vocations and our musical avocations. The hot lights of the musical stage beckoned strongly, while our families and professions otherwise provided the anchors for our lives. Perhaps at times (and with the greatest inner guilt?) we might secretly have wondered whether those comforting anchors might also have resembled balls and chains against the dreams of our becoming rock stars? With a chuckle, I have to doubt that we ever thought so seriously. Neither of us would probably have looked very good in sequins and luminescent outfits, nor would either of us probably have made it with those "hair bands," but I smilingly digress here.

Dr. John and I happen to share a deep faith in God, and not simply the "pray, pay and obey" kind of God either, but rather the God who insists that when we see something that needs correcting, we simply roll up our sleeves and get to work fixing the problem. In that vein, we both realize that in the final analysis, our families, our professions, and our avocations are all branches of that same sublime tree of life.

I've known many pastors, and I've known many singer-songwriter guitarists, but I've known few who could balance each of those talents together on the proverbial head of a pin as JT3 has. He does so with aplomb and grace. I've very much enjoyed hearing his music and songs, and I've very much enjoyed hearing him preach.

JT3, by the way, is an eclectic and passionate musician, capable at once of tender emotional moments tempered by a dialect of fiery guitar passages and complex rhythms. Painting the structure of his songs much as a master painter paints a canvas, John often plays all of the parts on his songs on the guitar, the bass, and the drums. His song lyrics assault our comfort zones and compel us to examine our consciences regarding the world as it is, and the better world that could one day be. Indeed his songs are much like his sermons: provocative, sensitive, and thoughtful presentations to a world very much in need of such messages.

The pulse of this city is quite fortunate to have JT3 in our corner. Thanks Dr. John, for being here for us.

Former Lakewood Resident Brings us Television's 48 Hours

by Tom George

Melissa Winter-Bently, who was born and raised in Lakewood, plays an important role in bringing real life drama to American homes.

Winter-Bently, after a coast-to-coast odyssey, has returned to the area as an associate producer for ITV Studios, creators of the award winning A&E show *The First 48*.

The First 48, one of the most-watched non-fiction investigative series on cable television, is in its thirteenth season on A&E. The show's location is set in several locations throughout the United States including Miami, Dallas, Harris County, Texas; Charlotte and Cleveland.

Winter-Bently is part of the Cleveland production crew.

"We work directly with the Cleveland Homicide Unit, and the current cases that happen almost daily," said Winter-Bently. "We interact with the victim's families to find out what type of person they really were and who and what they are leaving behind."

"The show allows viewers to dive deep into cases and see the ins and outs of solving homicides; the excitement, the frustrations and the up close and personal of how this can affect the lives of the people involved, but also the lives of the hard working

detectives," added Winter-Bently.

"The first years of my life I spent on Summit Avenue. Around the age of five we moved over to Hazelwood Avenue. I attended St. Cyril and Methodius grade school, then attended St. Augustine Academy in Lakewood for high school, graduating in 1998," said Winter-Bently.

After high school Winter-Bently attended Eastern Michigan University, graduating with a B.A. in Communications in 2003.

"After graduation I picked up and moved everything I owned to New York City on a mission to get into TV or radio with no real experience. I lived in a one-bedroom apartment with two other girls and worked as a bartender in a busy neighborhood. I got to know some of my customers and one day one of them mentioned her husband worked on *The Apprentice* on NBC and that they were looking for production assistants. I jumped at the opportunity and got the job," she recalled.

"After a few years in NYC, I decided it was time for a new challenge. I packed everything up, sold my one piece of furniture, and moved to Hollywood, California. Lo and behold, *Crime 360* fell into my lap," said Winter-Bently. A&E's show *Crime 360* eventually led Winter-

Bently to A&E's *The First 48*.

Since her return to the Lakewood area, Winter-Bently recalls, "growing up in Lakewood was amazing! Those were the days when everyone knew everyone. There are so many resources Lakewood has to offer. We were involved in Lakewood Rec. sports...I played t-ball up through softball. I would go swimming every summer at Madison and Foster pools. In high school I worked as a life guard and at Dairy Queen on Detroit. I remember the excitement of every Fourth of July we would go to the Lakewood parade then later to the fireworks at Lakewood Park. Lakewood is a wonderful place to raise a family, especially if you take advantage of the resources."

"This city has so much to offer that we don't always take advantage of. We are parked right on one of the Great Lakes. I find it extremely breathtaking to drive every morning past Lake Erie. I often dream about the history that it holds. It would be great to bring more film opportunities to Ohio. ...I cannot imagine leaving what I was driven back to," stated Winter-Bently.

Lakewood's own Melissa Winter-Bently, bringing real life drama into millions of American homes.

Lakewood Living

Lakewood Resident Margaret Manor Butler Chronicled Lakewood's Streets

Lakewood resident, Margaret Manor Butler, chronicled the names of many of Lakewood's streets in her book, "Romance in Lakewood Streets," published in 1962.

According to the Encyclopedia of Cleveland History, Mrs. Butler, born March 1, 1898, was native to Cleveland and was educated at Smith College. She and her husband Clyde moved to Lakewood in the 1920s. The Encyclopedia further states that during the gas rationing implemented by the gov-

by Thomas George

ernment during World War II, Butler, along with her sons, began to stroll the streets of Lakewood. She noted and researched the names of many of Lakewood's streets and included them in her book.

Warren Rd., according to Mrs. Butler, was originally a crooked Indian trail. It was named for Isaac Warren, a stockholder in the Connecticut Land Company. Warren came to the

area in 1822 and in 1824 built a home at what is now Warren and Madison. Clifton Boulevard, Mrs. Butler writes, was named after the child of West Park native John M. West, whose son Clifton died as an infant.

Mrs. Butler notes many Lakewood streets have names of early settlers and their relatives. Mars Avenue, for instance, is named for early settler Mars Wagar. Wagar, who in 1820

reportedly purchased land in the center of Lakewood for \$7.00 per acre, in turn named area streets for his children and grandchildren. For example Mars Wagar's son Adam was married to a woman named Margaret. Their daughters were named Carabel and Olive. Adam's and Margaret's son was named Morrison. Wagar, Margaret, Carabel, and Olive are all now Lakewood street names. According to Mrs. Butler, Ethel and Edwards avenues were named for the children of Matthew Hall. French Avenue was named for Collins French, son of one of Lakewood's early settlers, and Virginia Avenue was named for his adopted daughter.

Bunts Road, Mrs. Butler writes, "was at one time a lane running through Dr. Jared Kirtland's farm and was known for many years as Kirtland Lane. Long after the doctor's death, the estate was sold and in October 1894 four business executives, who had jointly invested in the land, met to make plans for a wide tree-centered boulevard from Lorain Avenue north to the Lake." Unable to decide on a name, the four drew lots and Harry Bunts was the winner. Bunts, a lawyer, never lived in Lakewood according to Mrs. Butler.

Pension Lump Sum Or Income Payments: Which To Take?

by Jonathan Clark

Pension Lump Sum or Income Payments: Which to take? Every day many retirees are making a life-changing choice between taking their retirement pension in a lump sum or monthly payments over their lifetimes. The decision appears as if it would be as simple as comparing the lump sum dollar amount and the monthly payment that your employer is offering you. Generally, when you only look at the numbers, the monthly payments can stand out. Unfortunately, those numbers are not written in stone. According to the Associated press article, "AMR's American Will Freeze Pensions, Not Kill Them," American Airlines will be freezing pensions to their retirees, citing an underfunded pension fund (<http://news.yahoo.com/amrs-american-freeze-pensions-not-kill-them-165352729.html>, March 2012). Now they are declaring bankruptcy to perhaps threaten retirees into negotiations to reduce the amount the company would pay retirees during retirement. This practice is happening more frequently. Just find a retiree from US Steel who is being paid their pension from the US Pension Benefit Guaranty Corp. Their actual payments are much less than was expected. The slightest possibility of your pension being underfunded, whether you work for a private enterprise or a collective group such as STRS, PERS, or other pension organizations, should be an important factor when choosing between lump sum, partial lump sum, and the highest monthly benefit. Here are a few more items that should be considered as you make your decision:

Control - If you roll your lump

sum into an Individual Retirement Account (IRA), you control how that money is invested. Also, if you postpone taking a distribution until your Required Minimum Distributions (RMD's) must start at 70 ½, it will continue to grow in value.

Taxes - Uncle Sam has permitted your employer to save on taxes over the years to provide you a retirement income. Once retired, he wants you to pay your fair share of the tax burden. When you choose the monthly pension payout, you have lost the ability to control your taxable income year to year. If you were to roll your lump sum distribution into an Individual Retirement Account (IRA), you are not "required" to take a distribution until you turn age 70 ½. This presents tax planning opportunities.

Legacy - If you are married and you choose to have a monthly pension, that amount will be paid to you each and every year while you are living. Assuming you chose the Survivorship Option, your spouse will get a reduced payout during his or her lifetime. Funds will continue until you and your spouse are deceased. What happens if you and your spouse take a retirement vacation and are on the wrong plane at the wrong time? Your children or heirs will generally get none of the pension benefit. You have worked a lifetime and the pension fund keeps your retirement.

Baby Boomers have just begun to retire. Pension plans have never dealt with such a large generation tapping into benefits. The trend of under-funded pensions probably has not ended. It is wise for retirees to start investigating their options a year or so prior to retirement. There are times when taking a monthly pension makes sense. If you choose

the monthly payout, it is important to understand benefit payouts can change. Cash flow, family dynamics, age, health insurance, and a host of items should be considered prior to committing to a life changing choice between lump sum and a monthly pension.

Jonathan Clark is part owner of Clark Financial Services and is an Investment Advisor Representative with Investment Advisory Services offered through Brookstone Capital Management LLC, an SEC Registered Investment Advisor.

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Lakewood Living

Lakewood's Dying Ash Trees

by John Palmer

Agrilus planipennis Fairmaire. Sounds like a character out of Lord Of The Rings. Sadly, it's not fiction. It's in your neighborhood right now.

You may have heard of, seen signs prohibiting the moving of firewood, because of *Agrilus planipennis* Fairmaire: Emerald Ash Borer, also known as EAB. It's an exotic beetle most likely accidentally brought here from Asia in wood crates or pallets. It only feeds on Ash trees. It was discovered outside of Detroit in 2002. The larvae consumes the area of the tree where the bark and wood meet (the cambium). As it feeds, it disrupts the tree's ability to transport water and nutrients thus slowing killing the branches above the damage. In 2 to 5 years a larval "gallery" can entirely kill an Ash. Without treatment, the tree will die. The reason I wanted to write this article now is because I'm seeing more and more dead and dying Ash trees in my work. I recently saw a street with over 50 trees showing serious damage!

Estimates are that EAB has killed tens of millions of Ash trees in Michigan alone. Since it's discovery in Michigan, the trail of damage winds it's way to Ontario, Ohio (2003), Indiana (2004), Illinois and Maryland (2006), Pennsylvania and West Virginia (2007), Wisconsin, Missouri and Virginia (2008), Minnesota, New York, Kentucky (2009), and Iowa and Tennessee in 2010. EAB is spreading very quickly. Total estimates are between 50 and 100 million dead Ash trees. So far, no natural enemies have been discovered in this region. Evidence is that EAB has been established in an area for a number of years before it is discovered. And unlike many other wood boring beetles, EAB aggressively kills healthy as well as stressed trees. EAB damage in North American has already eclipsed damage from Dutch Elm disease and Chestnut blight.

Finding the adult beetles is difficult. Don't confuse them with the Bronze Birch borer or Japanese beetles, though. Adults are roughly half an inch long, with a flat back, and are a bright metallic green. They emerge in mid May to early June as adults after overwintering as mature larvae in infested trees. They lay their egg(s) on the bark and adult beetles feed on foliage but

cause little damage.

Signs of EAB damage are unique. The crown begins to thin out and dying branches with smaller leaves become obvious, especially in the top third of the canopy. Canopy die back can be caused by a number of problems, but examining the bark will tell you conclusively if it's EAB. As the adult beetle bores its' way out of the tree in spring, it leaves a very distinctive "D" shaped exit hole in the bark.

In places where larvae have been most active you'll find vertical fissures where the bark is beginning to split. Callous grows around the injured area, pushing apart the wood and bark, exposing the underlying gallery of larvae. If you can see into the fissure, you'll see their serpentine "trails". You might see a few larvae. They are about an inch long, cream colored and have bell-shaped segments.

Larvae don't bore into the hardwood, but remain in the nutrient conducting tissue where the wood and inner bark meet, and their damage can be seen when the bark peels back. Some varieties of woodpeckers damage the outer bark as they search for the overwintering mature EAB larvae, mostly in late fall, winter and early spring.

In the upper Midwest, adult beetles begin emerging in May or early June. Beetles become most active between mid June and early July, continuing into August. Seeing them before you see the damage their larvae have done is preferable. Once the damage is visible, it often means it's too late to save the tree.

Unfortunately, the problem is aided by people who transport EAB infested firewood. Firewood has been identified as a pathway for passive dispersal of EAB. Infestation epicenters often occur around campgrounds!

If you have an Ash tree removed, find out what's going to happen to the wood. If the wood is going to be shredded, research has shown that chips have to be roughly one inch in size to destroy the larvae. Some chippers only grind material to 4 inches, and many larvae survive that process. If you remove a tree during fall or winter, you can use it as firewood, but if you don't use it all before spring, the adult insect can still emerge to continue its' life cycle. Laws prohibit transporting firewood outside of quarantined areas (Ohio is under a quarantine). In this region, Green, White, Black, and occasionally Blue Ash are the most common. Green and Black Ash seem to be preferred, but that varies. Only Ash trees, the *Fraxinus* species (and cultivars), are susceptible to attack by EAB. Mountain ash and Prickly ash are not true ash, and will not be targeted.

Ash trees can be identified easily. Their branches and buds are opposite each other. Leaves are compound and composed of anywhere from 5 to 11 leaflets. Leaflet margins can be either smooth or toothed. Seeds (on the female tree) are "oar" shaped and hang

in clusters until late fall or early winter. The bark is also distinctive. On young trees it's relatively smooth, on mature trees, bark ridges are close together with an obvious diamond-shaped pattern.

For years, the only strategy for slowing or stopping the devastation of EAB was to preemptively remove all Ash trees, even healthy ones. This "clear cutting" strategy was drastic, but with the Eastern US producing \$25 billion dollars of Ash saw timber annually, the risks were simply too great. With no hope in sight, many believed it was the only option.

As time went by, EAB programs transitioned from eradication to management. Effective and cost efficient control technologies are not currently available for area-wide pest eradication, but individual and small-scale solutions are. The tree injections we use have shown promising results. Systemic insecticides are injected into the trunk and transported by the vascular system of the tree from the roots and trunk to the branches and leaves. This reduces pesticide drift associated with spraying trees with broad-spectrum insecticides, and has less impact on beneficial insects and non-target organisms.

Other strategies include an EAB rearing facility for bio-control agents

established at the APHIS (Animal and Plant Health Inspection Service) facility in Brighton, Michigan. Tools and techniques for rearing and releasing natural enemies of EAB are refined with the goal of the distribution of parasitoids (an organism that lives on or in another organism) to other states. Three tiny parasitoid stingless wasps are currently under evaluation by APHIS. They are known to attack EAB in its native range in China.

The battle continues to try to stem the tide of this seemingly unstoppable insect. In spite of the concerns I have, I still have great hope that we can find a balanced and effective way to create a healthy balance between our communities and our "green infrastructure". A lot of great people are applying themselves to finding a solution. If you'd like to find out more, www.emeraldashborer.info is a great site with lots of useful information.

Resources include: International Society of Arboriculture, USDA Forest Service, Michigan State University Extension, Ohio Department of Agriculture, USDA Animal and Plant Health Inspection Service, Ohio State University Extension, Michigan Entomological Society

In the words of Dr. Alex Shigo, "Touch trees".

John Palmer is an Arborist and owner of PlanetCare Landscape and Arboricultural Services.

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Lakewood Living

The Smell of Success

by Chris Bergin

Home sellers do everything they can to make their house look as beautiful as possible, but appealing to home buyers' other senses can be just as important, especially when it comes to the sense of smell.

While you may not think your home has a smell to it, freshening the

air and filling the home with sweet aromas can do wonders for making a favorable impression.

Most people know the old trick of baking bread or cookies to entice the noses of those looking around a home. That fresh bread smell can be achieved by slicing open a large loaf of bread, dropping in vanilla essence and pop-

ping the loaf into the oven at medium heat for a half-hour before the showing. REALTORS® also recommend the smell of cinnamon, French vanilla, butter cream or coffee filling the air to perk up those looking around. "Scent impacts the atmosphere," said Michelle Bardwell, an aroma therapist in Dallas, Texas. "You can create a delightful but

subtle, aromatic space by using therapeutic-grade essential oils."

Bardwell recommends using cardamom essential oil in the kitchen to create a sense of warmth, lavender essential oil for the bedroom to evoke thoughts of relaxation, and a combination of eucalyptus and ravintsara for the bathroom.

It Takes A Village: Family-Focused Yoga In Lakewood

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connect with other families through yoga exercise and fun. Poses, movement, songs, games, challenge, and quiet time are part of every class. Traditional yoga exercises in Village Yoga become infused with activities such as these:

Story Yoga: Characters in a story being told take on yoga poses. In addition, in order to foster creative expression, children are encouraged to share their ideas for stories.

Partner Yoga: Children practice yoga with their parent/caregiver.

Group Yoga: Adults and children practice poses in a circle.

Imagination Yoga: Children are encouraged to invent and teach to the group their own yoga poses.

In Village Yoga, families find support for a healthier lifestyle and enjoy a holistic, family-centered activity. These classes are child-centered and built for fun; there will be enough movement to provide both adults and children with some real exercise. Village Yoga is for adults of all ages and children between five and nine years of age. Children outside this age range may be enrolled with prior instructor approval.

Both programs take place at the Pink Lotus Yoga Studio (18103 Detroit) and are being run through the Lakewood Community Recreation and Education Department. Contact the studio to ask questions about the classes and registration process at pinklotusyogastudio@gmail.com or 216-632-0816.

"This will give the bathroom a fresh, clean aroma, and simultaneously kill bacteria and viruses on surfaces and in the air," she said. "Put several drops directly on surfaces and wipe down, and you can even put a few drops on the shower floor and in the toilet."

Scented candles are another way to achieve a fragrant aroma in the air, but there's not always time to let them burn before a home showing. Electrical plug-in products with fragrance and potpourri pots also are effective.

Of course, pet odors must be addressed and be sure to check for smells coming from your refrigerator and garbage cans. "You want to send a positive image about every aspect of your home," Bardwell said. "Kitchen trash does not send a positive message."

Scents register in our brain and frequently remind us of our own experiences. Create pleasant aromas throughout the house to help the homebuyer make a positive connection and a faster sale.

Full House Turns Out For North Coast Health Ministry's Junk2Funk Benefit

continued from page 1

to event organizers Linda Goik, owner of Local Girl Gallery, and Ruthie Koenigsmark, startNEO president, and the many restaurants, artists and other supporters who donated food, wine and artwork for the event. NCHM is also grateful to the many local businesses, artists, and individual supporters whose donations made the evening a success. A full list of those whose donations made the event possible can be found at www.nchealthministry/events.



About North Coast Health Ministry
Founded in 1986, North Coast Health Ministry is the only full-time free clinic in operation on Greater Cleveland West Side. In 2012, NCHM provided care to 2,700 patients with the support of 140 volunteer physicians,

nurses and other caregivers. NCHM strives to be the medical home for its patients providing preventive care and chronic disease management as well as care for acute illnesses and injuries. NCHM's primary location is at 16110 Detroit Avenue in Lakewood, Ohio.

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