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# THE LAKEWOOD OBSERVER

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Volume 8, Issue 18, September 4, 2012

## Local Celebrity Chefs And Businesses Rally To Help LCSC End Hunger At “Got Green?”

by Trish Rooney

With the third annual Got Green? event just around the corner, local celebrity chefs and business owners are upping their games in support of the work Lakewood Community Services Center does in the community. Our only fundraiser of the year, Got

Green proceeds support the emergency food and homeless prevention programs and services provided to 10,000 of our neighbors who need us more

than ever before. We are seeing at 30%+ increase in the number of individuals coming in for help so far this year and anticipate an even bigger increase

once the cold weather hits.

This year's celebrity chef, Chef Steve Schimoler, chef/owner of Crop Bistro and Bar in Ohio City is preparing a menu

that offers diners the best from the late summer harvest. Beef brisket BBQ, heirloom tomatoes and county fair dipped corn from the region's small farmers and artisanal producers are just a few of the night's choices. And to help us raise more money, Chef Schimoler is offering his whimsical Tour de Crop, a seven-course tasting menu for two with wine pairings at Crop's Chef Table.

Chef Chris Hodgson, chef/owner of Hodge's Cleveland (and local food truck pioneer – think Dim and Den Sum and Hodge Podge) has offered us an amazing silent auction item – imagine Chef Hodgson preparing a five-course dinner for

continued on page 3

### Cuyahoga County Voters To Receive Vote By Mail Applications

by Mike West

Voters in the State of Ohio will begin receiving Vote by Mail ballot applications in their mailboxes as early as Tuesday, September 4th. The mailing is part of a statewide effort by the Secretary of State to provide Vote by Mail applications to all Ohio voters.

Vote by Mail applications for the November 6th Presidential General Election will begin arriving in Cuyahoga County mailboxes next week. “We are alerting voters to watch for their application and to Vote by Mail in what promises to be an election with very high turnout,” said Jane Platten, Director of the Cuyahoga County Board of Elections. “Voters who cast ballots by mail don't have to worry about lines and they also have more time to study the candidates and issues in the comfort of

## Rangers Win Big In Opener



Lakewood High School running back Casimier Mitchell leaves the field after one of his three touchdown runs against the Lincoln West Wolverines. The Rangers (1-0) won 51-14 in the non-league August 24 game.

their home,” said Platten.

Vote by Mail ballot applications are also available on the Board of Elections website: [www.boe.cuyahogacounty.us](http://www.boe.cuyahogacounty.us), by calling 216-443-3298, and at public libraries. Hand delivered ballot applications must be returned by 6 p.m. on November 2nd. Ballot applica-

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## UA, District Team To Offer College Credit At LHS

by Christine Gordillo

Lakewood High School and the University of Akron have formed a dual enrollment partnership that will allow students taking Spanish 4 and 5 this year to simultaneously earn University of Akron cred-

its for the course and at a very low cost to parents.

Spanish teacher Matt Heslep, who is now also an adjunct professor for the University of Akron, will teach the curriculum of the UA Spanish 101 & 102 courses to Spanish 4 & 5 students during their regular LHS class time. At the end of the year, the students will have earned eight college credits. Those juniors continuing on to Spanish 5 next year will take the Spanish 201 & 202 UA courses and earn six more college credits for a total of 14 credits. The credits will be earned through University of Akron-Wayne College in Orrville.

“Dual enrollment at the high school level is something special,” said Assistant Superintendent Kevin Bright, who helped work out the details of the partnership with University of Akron. “We are grateful

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## Lakewood Historical Society House Tour: Two Gems In 17863 Lake Road, And St. James Church

by Martha Neff

“My fondest memory of growing up at 17863 Lake Road was the family Christmas Day procession,” John Pyke, Jr. remembers. “On Christmas morning my sister and I were not allowed downstairs until my father gave the signal. The empty milk glass and cookie plate would be on the fireplace mantel; presents would be heaped under the lighted Christmas tree next to the fireplace in the living room, and my grandparents would be standing in the center hall with my mother.”

“When my dad began playing Christmas music on the record player, my sister and I would be directed to march in time with the music down the few steps from the second floor to the large landing between the second and first floors and then down the stairs from the landing to the center hall, when we were free to rush to the presents.”

Pyke's former home at 17863 Lake Road is one of six homes, two businesses and St. James Catholic Church on the Lakewood Historical Society's

11th biennial house tour, “Come Home to Lakewood,” on Sunday, Sept. 9, from 1 to 6 p.m. This year's tour includes a lakefront home, a Tudor, a Clifton Park Arts and Crafts, the former Pyke home, a Colonial Revival, a Carlyle condo, a two-bedroom gem, and two businesses, all with lush gardens.

The historic Nicholson House on Detroit Avenue also will be open during the tour with the “Celebration of the Centennial Anniversary of Cowan Pottery” display. Mark

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## Volunteer Openings At The Lakewood City Schools Recreation & Education Department

by Mitchell Robida

Two Volunteer Positions Available: Adult Athletic Commission Member, Youth Athletic Commission Member

The Lakewood Community Recreation & Education Commission (CREC) is an advisory volunteer commission providing leadership and direction to the Lakewood City Schools Recreation & Education Department. CREC has a Youth Athletic Commission, and an Adult Athletic Commission; we are looking to fill a vacancy on each sub-commission. Candidates must reside in Lakewood, and have a genuine interest in Lakewood recreation. Interested candidates should send a letter of interest to: The Lakewood City Schools Recreation and Education Department, c/o Jim Reitenbach, Director, 1456 Warren Road, Lakewood, OH 44107. Deadline for accepting letters is September 17, 2012.



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As a product of citizen journalism, The Lakewood Observer is looking for people, ages 3-100, to get involved in the paper and the city. We are looking for volunteer writers, photographers, designers, and illustrators to help with the production of the paper. It does not matter if you are a professional or amateur, our editorial staff will be glad to help you through the process.

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Upcoming Submission Deadline

Sunday, August 26  
Sunday, September 9

Publish Date

Tuesday, September 4  
Tuesday, September 18

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PUBLISHER

Jim O'Bryan

EDITOR IN CHIEF

Margaret Brinich

ADVERTISING

Maggie Fraley  
LO.adsales@gmail.com

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Join the Discussion at: www.lakewoodobserver.com



# LCSC End Hunger At Got Green?

Continued from page 1

10 right in your own home! And from anxiously awaited and just opened Black Pig in Ohio City comes a dinner for four with wine pairings at the Chef's Table from Chef Mike Nowak.

It's not all about food, though. Abode Modern Lifestyle Developers has donated round trip airfare and four days and three nights at a luxurious beachfront villa in Tulum, Mexico for two lucky winners, courtesy of Eleven River and Clifton Pointe Luxury Townhomes.

"The generosity of the local community for Got Green? and for LCSC has been astounding," says planning committee member Sarah Bishop. "I have worked on this event since the first one in 2010 and I am thrilled by the outpouring of support this year."

Packages that celebrate Cleveland's most popular neighborhoods round out the auction. The Lakewood

## Vote By Mail Applications Continued from page 1

tions that are returned by mail must be received by the Cuyahoga County Board of Elections on, or before noon on November 3rd.

Voters may call (216) 443-3298 with Vote by Mail and registration questions. For additional information concerning the November 6th Presidential General Election, visit the



basket is the one everyone will want to take home. With gifts and gift certificates from Geiger's, Holistic Lakewood, Lion and Blue, Plantation Home, Paisley Monkey, Follicle (a salon), Deagan's Kitchen & Bar, Players and Georgetown, the basket is a virtual trip through Lakewood's unique specialty shops and restaurants.

Bidders also have the chance to take home the Tremont basket including gift certificates from Parallax Restaurant & Lounge, Lilly Handmade Chocolates, Fat Cats, Dante, Tremont Tap House, Evie Lou and Lolita. Ohio City, Detroit Shoreway and Downtown are represented by offerings including gift certificates from House of Blues, Lola Bistro, LUXE Kitchen and Lounge and Reddstone.

But remember, you can't win anything unless you go to Got Green? on Friday, September 7th. Purchase your tickets online at [www.lcsclakewood.org](http://www.lcsclakewood.org). You will have a great time while you support a great cause.

# UA, To Offer College Credit At LHS

continued from page 1

to the University of Akron & Wayne for helping us be able to offer this opportunity."

To be eligible for the credits, students must be a junior or senior, they must apply to UA-Wayne College, have a minimum 3.3 cumulative GPA and have a composite score of 21 or higher on the ACT. Students who have not taken the ACT yet have until end of October to do so.

This program all comes at a minimal cost to parents in light of what college credits cost today. Tuition is \$100 a semester hour. The Spanish 101 & 102 courses are four credit hours each, so each semester will cost \$400 for each student. The Lakewood Alumni Foundation has generously offered to pay \$100 per student per semester and the district is paying

\$200 per student per semester. The student's family will be responsible for \$100 each semester.

This is what Principal Bill Wagner hopes to be just the start of the high school offering families cost-effective ways to earn college credit before leaving high school. "We are looking to expand this type of opportunity as large as we can," Wagner said.

Wagner credited Heslep for making this program a reality for his students as Heslep shepherded the necessary paperwork needed this summer and went through an extensive vetting process with UA this summer in order to be deemed qualified to teach the university course and to be an adjunct professor. "We wouldn't be at this point without the tenacity (Heslep) has shown toward this endeavor."

## Dru Siley To Speak To Lakewood Chapter Of The League Of Women Voters

by Kathryn Kosiorek

Dru Siley, Director of Planning and Development for the City of Lakewood, will be the featured speaker at an open meeting of the Lakewood Chapter of the League of Women Voters-Cuyahoga area on Tuesday, September 11 at Lakewood Public Library, main branch, 15425 Detroit Ave. at 6:45 p.m. Mr. Siley's topic is "Lakewood's Future, What's Planning Got to Do With It?" In an effort to create a new vision for Lakewood's future, he will address housing and housing stock, commercial

development, transportation and safety. League of Women Voters – Cuyahoga Area Lakewood Chapter 50 Public Square – Room 938 Cleveland, Ohio 44113 Contact: Kathryn Kosiorek – Chapter Chair 216-226-4503 [kathryn\\_k@cox.net](mailto:kathryn_k@cox.net) For additional information call Kathryn Kosiorek at 216-216-4503 or email [kathryn\\_k@cox.net](mailto:kathryn_k@cox.net).



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# Lakewood Public Library Events

compiled by Leana Donofrio-Milovan

## September 5 Lakewood Historical Society, Looking Back from the Future: How Cultural Resource Management Will Transform Our Future

In the past, preserving cultural heritage meant recreating history. This was often accomplished by period costumed docents giving tours of historic sites, hearth-cooked meals and other quaint practices. Today, we are beginning to understand the importance of integrating the past into the context of everyday living. Current trends in historic preservation demonstrate how public policy has switched from a focus on saving what is deemed elite to protecting the whole historic fabric of neighborhoods. Jonathan Wotring, Executive Director of the Lakewood Historical Society, will discuss the positive economic impact of these trends that are creating new industries and professions as we switch the cultural focus from redevelopment to revitalization.

Wednesday, September 5 at 7:00 p.m. in the Main Library Auditorium

## September 8 Lakewood Public Cinema

### Tetro (2009), Directed by Francis Ford Coppola - Rated R

The director of The Godfather and Apocalypse Now awakes from a long slumber to create the greatest film of his career using snatches of autobiography, dreams, travels, anecdotes and lies to fashion the operatic story of a family with a secret. When Bennie turns eighteen, he races to Argentina to seek out the older brother who disappeared from his life so long ago. But Tetro, a happy failed writer, does not want to look back. A simple embrace reopens old wounds. Bennie thinks he can solve the mystery of his family by finishing a script that Tetro abandoned—but sometimes the truth can destroy what little we have left. And sometimes it can restore us.

Saturday, September 8 at 6:00 p.m. in the Main Library Auditorium

## September 9 Sunday with the Friends: Tracy Marie & Friends

She has the voice of storied heartbreak, but somehow she makes it all sound very inviting—a wail that will knock you off your feet and pick you up again. You won't forget her... Mike Barrick, Carl DeScott and Mike Jacobs join Tracy for a special afternoon of blues, rock and jazz. How did she get them all in one place? It's that voice!

Sunday, September 9 at 2:00 p.m. in the Main Library Auditorium

## September 12 Health and Wealth: What You Need to Know About Your Hearing

Audiologist Kathy McGowan and hearing instrument specialist Michael Wallett care about your hearing. It's even more important than you think. Learn how hearing works and what happens mentally and physically when you suffer from hearing loss. Consider the impact diminished hearing can have on your family. Find out what you can do to prevent damage to your ears. This illustrated presentation will also cover what is involved in a screening and lay out possible solutions to hearing loss.

Wednesday, September 12 at 7:00 p.m. in the Main Library Auditorium

# Children/Youth Events

compiled by Arlie Matera

## Saturday, September 8

### Tail Waggin' Tutors - For school-age children

Bone up on your reading skills by reading to a dog. Drop in for a one-to-one session with one of our dogs and owners that have been certified through Therapy Dogs International.

11:00 a.m. - 12:30 p.m. in the Main Library Multipurpose Room

## Friday, September 14

### Learning Garden Story Time - For the whole family

Make the Learning Garden a part of your family time with stories, music, and activities about vegetables, fruits, and flowers! This story time will replace the Family Weekend Wonders program, weather permitting. The story time will be held in the Madison Branch in case of inclement weather.

10:30 a.m. in the Madison Branch Learning Garden

## Saturday, September 15

### No-Sew T-Shirt Bag - For youth in sixth through twelfth grade

Do you have a t-shirt you've outgrown but refuse to get rid of because you love the design? Want to turn it into a tote bag without sewing a stitch? All you need is a t-shirt that has a hem and sleeves, and an hour to turn it into a great tote. To register, please stop in or call (216) 226-8275, ext. 140.

2:00 p.m. - 3:00 p.m. in the Main Library Multipurpose Room

## Wednesdays, September 19 - November 7

### Strokes of Genius

For students in second through fourth grade  
Art activities and stories open up the world of art. Learn about renowned artists and the history of creativity. To register, please stop in or call (216) 226-8275, ext. 140.

4:00 - 5:30 p.m. in the Main Library Multipurpose Room

### Family Weekend Wonders

Make the Library a part of your family weekend time with programs featuring stories, activities, music and crafts. These free programs are offered every weekend throughout the year at both the Main Library and Madison Branch. No registration is needed. Check out our website ([www.lakewoodpubliclibrary.org/youth](http://www.lakewoodpubliclibrary.org/youth)) for times and upcoming themes.

Main Library Activity Room and Madison Branch Auditorium

## September 13

### 20 Minute Resume Tune-Ups

Get one-on-one help with your resume from professional career consultant, Vernice Jackson. She'll show you how even minor changes can vastly improve your hirability by better reflecting your skills and potential. Space is limited. Call 216-226-8275 ext. 127 to sign up for a twenty minute face-to-face appointment.

Thursday, September 13 from 4:00 p.m. to 7:00 p.m. in the Main Library Learning Lab

## September 13 Booked for Murder: Tales of Cleveland The Cleveland Connection by Les Roberts

For a good, spine-tingling mystery, look no further than your own backyard. Cleveland has plenty of dark tales that will keep you up late at night. Share your midnight thoughts with this friendly, law-abiding group of mystery lovers. Visit [www.lakewoodpubliclibrary.org/bookclubs](http://www.lakewoodpubliclibrary.org/bookclubs) for more clues and full book descriptions.

Thursday, September 13 at 7:00 p.m. in the Main Library Meeting Room

## September 15 Western Movies: The Golden Age, Part 1 Wagon Master (1950)

Directed by John Ford

Shunned by conventional society, the Mormons were among the many pioneers who headed west in search of a better life. Ward Bond leads the wagon train through a poetic landscape toward the promised land of the American dream and its many obstacles. Ford, like the Mormons, often found himself fleeing society (in his case Hollywood) in search of something more lasting and meaningful. This simple adventure was one of Ford's favorites, he said it was "the closest to what I had wanted to achieve."

Saturday, September 15 at 6:00 p.m. in the Main Library Auditorium

## September 16 Sunday with the Friends: The John D. Rockefeller Story

Cleveland's master storyteller, Dan Ruminski, is back to paint a picture of the legendary Rockefeller and his time in Cleveland. Learn where fact and folklore meet and where they part ways in a most fascinating story of ambition, success and charity. Nobody tells the story like Dan. This program takes place in the First Floor Multipurpose Room.

September 16 at 2:00 p.m. in the Main Library Multipurpose Room

## September 18 Knit and Lit

Gail Eaton hosts a social club for multitaskers—a combination book club and stitchery group. She's looking for readers who can enjoy intense discussion of modern classics while relaxing with their latest project. Come share your passion for great literature and show off your knitting, crocheting, counted cross-stitch, embroidery and quilting works-in-progress. Visit [www.lakewoodpubliclibrary.org/bookclubs](http://www.lakewoodpubliclibrary.org/bookclubs) to find out which book will be discussed next.

Tuesday, September 18 at 7:00 p.m. in the Main Library Meeting Room

## September 20 20 Minute Resume Tune-Ups

Get one-on-one help with your resume from professional career consultant, Vernice Jackson. She'll show you how even minor changes can vastly improve your hirability by better reflecting your skills and potential. Space is limited. Call 216-226-8275 ext. 127 to sign up for a twenty minute face-to-face appointment.

Thursday, September 20 from 4:00 p.m. to 7:00 p.m. in the Main Library Learning Lab

## September 22 Five Star Films Strictly Ballroom (1993, Directed by Baz Luhrmann - Rated PG

In this sparkling film, maverick ballroom dancer Paul Mercurio breaks the rules during a Federation competition and is disqualified. His partner quits. He settles on new partner Tara Morice. One night after rehearsing for the upcoming Pan Pacific Grand Prix, he walks her home. Angry father Antonio Vargas confronts them. The encounter takes a surprising turn.

Saturday, September 22 at 6:00 p.m. in the Main Library Auditorium

## September 23 Sunday with the Friends: The Swinging Bavarians' Biergarten Memories

How does one go from calm, cool Cleveland to Swinging Bavarian? This is not your typical oompah band. In addition to the traditional Oktoberfest marches, polkas and waltzes, these brothers in brass mix in big band, pop and even a little rock 'n' roll. What matters is that everybody has a good time!

Sunday, September 23 at 2:00 p.m. in the Main Library Auditorium

  
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# Lakewood Public Library Events

Lakewood Public Library Performance:

## Tracy Marie And Friends

by Leana Donofrio-Milovan

Lakewood’s own Tracy Marie has a wail that will knock you off your feet and pick you back up again. Recognized as an integral part of Cleveland’s music culture time and again, she returns to bring her distinct mixture of rock, blues and jazz to Lakewood Public Library for the first fall Sunday with the Friends at 2 p.m. on Sept. 9 in the Main Library Auditorium.

Marie began playing her first instruments as a young child and hasn’t stopped since--- producing three albums, writing more than 100 songs and performing her original

music which spans the styles of rock, alternative, pop, folk, blues and country alongside some of the most talented musicians in Ohio. For Sunday with the Friends she will be joined by musicians Mike Barrick, Carl DeScott and Mike Jacobs.

Tracy Marie was recognized by the Rock and Roll Hall of Fame and Museum with her nomination for the Rock Hall Riot Girl Award in 2008. She has also been recognized by Scene with numerous nominations for best singer/songwriter and vocalist in Cleveland.

“My musical inspirations are those who I have been in bands with,

been taught by, loved by, hated by, angry with, in love with... As far as my favorite national bands that I have been exposed to, that would be Heart, Pink Floyd, Pretenders, Eagles, everything classic rock and beyond. Also, 90’s divas such as Fiona Apple, Alanis, Sheryl Crow, Jewel. In the 80’s it was Madonna and Cyndi Lauper,” Marie, who performed in a Heart tribute band, told Northcoast Voice Magazine.

In addition to performing and producing, Marie is concert promoter and director of the annual Breastfest Cleveland concert, which partners with the Cleveland Clinic to support breast cancer patients in financial need.

Sunday with the Friends takes place nearly every Sunday at 2:00 p.m. These programs, featuring musicians, actors, dancers and scholars, are free and open to everyone thanks to generous funding from the Friends of Lakewood Public Library.

This free event will be held at



Tracy Marie and Friends to perform at Lakewood Public Library.

Lakewood Public Library at 15425 Detroit Avenue in the Main Library Auditorium. Visit [www.lakewoodpubliclibrary.org/friends](http://www.lakewoodpubliclibrary.org/friends) for more events. No registration is needed. Call (216) 226-8275 ext. 127 for more information.

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4 Items	\$8.25	\$10.75	\$14.25	\$17.25
Deluxe	\$8.75	\$11.50	\$15.25	\$18.75
Extra Items	\$0.50	\$0.75	\$1.00	\$1.50
Extra Cheese	\$0.75	\$1.25	\$1.75	\$2.50

Available Items: Pepperoni, Sausage, Mushrooms, Onions, Green Peppers, Anchovies, Ham, Bacon, Fresh Garlic, Black Olives, Hot Peppers, Ground Meat & Artichoke Hearts

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Highly skilled surgeons can now perform complex surgeries with even greater precision using robotic techniques. This alternative to traditional open surgery and laparoscopy is offered at Fairview Hospital to treat several conditions, including thoracic (lung), urological and gynecological conditions, as well as cancer.

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If you think one of these minimally invasive procedures may be right for you, talk to your doctor. It's always good to know that you have options.

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# Lakewood Public Library

## How The West Was Filmed: An Interview With Terry Meehan

by Ben Burdick

Terry Meehan has been a fixture at Lakewood Public Library for many years, encouraging movie-lovers to thoughtfully engage with what they see on the big screen. But it wasn't until 2009 that we handed him a microphone and gave him his own Saturday night film series. Since then, audiences have responded enthusiastically, not only to his inspired selections, but to the film-loving atmosphere he creates with discussions before and after the film, the special features he makes himself and his free giveaways of movies and books. (He is not above bribery.)

After spending three seasons peering into the darkest corners of film noir, Terry has moved on to the Great American Western. His new series begins on Saturday, September 15 at 6:00 p.m. with *Wagon Master* (1950) directed by the legendary John Ford. (You can learn about the rest of his line-up and about the Library's other film series at [www.lakewoodpubliclibrary.org/film](http://www.lakewoodpubliclibrary.org/film).) Since this happens to be one of our favorite films of all time, we thought

it was as good a time as any to talk to Terry about our culture's complicated cowpoke connection.

**Before we get started, could you give us a little background on your film credentials? How did you go from film lover to film teacher?**

After all these years, you're just asking me this now? I have a Masters degree from Kent State majoring in Literature, Film and Art History. While at East Ohio Gas [until 1996], I wrote, directed, produced and even starred in video presentations directed toward employee and customer audiences. This includes the production of a few radio and TV commercials, as well as an historical documentary on the 1944 East Ohio Gas Fire.

I began my career as a teacher in 1997 in Lakewood, where I did my first adult education class based on that year's Oscar nominees. I still teach many adult ed classes around northeast Ohio. I taught my first college class [Alfred Hitchcock] in 2001 at Lakeland Community College as a result of having coffee with Professor Phil Skerry,



Terry Meehan on location.

who at that time owned the Lakewood Phoenix. In 2003, I began a fairly regular gig at Lorain County Community College, teaching Film Appreciation and Intro to American Cinema.

**Why are the Westerns so important to film history?**

Because the western historical period itself was vital to our nation's growth and identity. The stories of the west are uniquely American. Dime

novelists had been writing about these myths and legends for decades. When Edison invented a new way to tell stories, the first important film he made was a western [The Great Train Robbery, 1903].

**Many of the conventions we know and love are pure Hollywood. Does historical accuracy matter?**

Many of the conventions that we think of as "pure Hollywood" likely had a basis in history. Historical accuracy does matter, up to a point. When a western is true to history, it can be more compelling; it can even make you want to go to that location just to see where these things actually happened. On the other hand, movies are at their best when they tell good stories and sometimes complex historical details can slow things down. It is a tough call for a filmmaker, but makes for interesting discussions for both film and history buffs.

**What's your favorite kind of Western?**

The conventions of the western genre are well known and easy to identify. The kind of westerns I like best are the ones that do something original with these conventions, or even turn them on their ear. For example, Clint Eastwood's *Unforgiven* goes against expectations. It is completely fictional, unconventional, and yet it may actually portray the "real west" quite accurately.

**What's your least favorite kind of Western?**

The Singing Cowboy is my least favorite. I don't want to mention any names, but you know who you are, Roy Rogers and Gene Autry. Dale Evans? Seriously? They never get their outfits dirty; their horses have their own agents. Put them all in the O.K Corral and lock the gate. Don't get me wrong; I am not against music in westerns. John Ford's movies have lots of great songs and excellent scores.

**Why is it so difficult to make a good western today? If it isn't difficult, why don't they make them anymore?**

It is not difficult to make a western today, but it is difficult to get one made. The studio bosses have never liked Westerns for some reason [Box Office drawing power?] and it has been difficult to get them made in every decade with the exception of the fifties. Both

continued on next page



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# Lakewood Public Library Events

## Brain Recess Returns To Lakewood Library

by Nicka Petruccio

Lakewood Public Library always strives to provide interesting, helpful, and engaging ways for students to spend quality time after school in a comfortable and friendly environment. Many of Lakewood’s younger residents

come to the Library directly after school to spend time working on their homework in our popular Homework E.R. program, to find a comfy chair for leisure or school reading, to meet up with friends and family, and to participate in many of the other activities

the Library has to offer. To that effect we are happy to announce the return of our after-school puzzle activity program, Brain Recess.

Brain Recess is an independent activity program for Kindergarten through Eighth graders, their friends and families. A variety of fun and challenging board games, card games and jigsaw puzzles are available each week, Monday through Friday, from 3 p.m. to 6 p.m. Sign one out at the Children’s and Youth Services desk, find a comfortable spot, and enjoy! We have a rotating selection of games so there is always something new to try. There are games for just one person,

two, four or more-so whether you’re alone, with a friend, or even a group, we’ll have something fun for you to do. Play an old favorite or try something new! Apples to Apples Jr., Scrabble Jr., Clue, Guess Who, Mancala, and Uno are just a few of the many games we have to choose from. Jigsaw puzzles also range from very simple, under 50 pieces for the younger ones, up to more challenging 200-300 piece puzzles for the experienced players. School’s out? Homework’s done? Time for Brain Recess!

Brain Recess begins Tuesday, September 4th.

## Get One-On-One Help With 20 Minute Resume Tune Ups

by Andrea Fisher

Looking for the job of your dreams? Get ready to land more interviews with an improved resume. Twenty Minute Resume Tune Ups are back! The sessions will be Thursday, September 13 and 20 from 4 to 7 p.m. in the Main Library Learning Lab. Registration is required; call 216-226-8275, ext. 127 to make an appointment.

An experienced career professional will be on hand to provide one-on-one help, showing how minor changes to your resume can help highlight your skills and make you stand out from the competition. The consultation will not

only cover the content of your resume, but will give advice on formatting and appearance to ensure that you are cast in the most professional light.

Appointments fill up fast, so register today at 216-226-8275, ext. 127. Be sure to bring an up-to-date copy of your resume. Lakewood Public Library offers additional career help with a Job Search Skills Workshop, which is offered Tuesday, October 16, December 4 and February at 7 p.m. For more information on this class and others, go to <http://www.lakewoodpubliclibrary.org/classes/>.

## How The West Was Filmed: An Interview With Terry Meehan

Continued from page 6

Kevin Costner and Clint Eastwood fought the studios to get westerns made in the early nineties, and won. Both “Dances with Wolves” and “Unforgiven” picked up best picture Oscars.

**What kind of preparation do you do to get ready for your presentations at the Library?**

I usually read reviews and opinions of the films, especially ones written at the time the movie came out. I also try to learn as much as I can about any historical characters or events that are included. Then I check the backgrounds of the actors and filmmakers to see what may be amazing or amusing.

From all of that information, I put together a video presentation that gives background on the story, characters, historical aspects and anything that I figure might add to the audience’s experience of the film. Sometimes I point out filming techniques that seem important. Occasionally I may shoot a sequence or two to complete my minor masterpiece. I sometimes use these videos later in my college classes to introduce film assignments.

**Any tips on leading a good discussion?**

When I first started doing these programs, audiences seemed hesitant to talk much. Now, I can’t shut them up [laughs]. I emphasize to the audience that there will be a discussion and I give them a few things to watch for that might be interesting to talk about after the credits roll.

Watching the film with your audience often brings up ideas for discussion that may not be obvious when you are watching it by yourself. When they laugh or gasp, make a note and ask

them about it. The first question is to ask their opinion of the film. Did you like it? Why or why not? Once a few people begin to talk, most everyone else seems to either join in or listen. I try to joke around a little, just to keep the mood friendly.

**What’s your favorite recent film?**

I guess it would be between Hugo and The Tree of Life from last year’s Oscar race. I haven’t seen anything that good so far this year. One other film, not nominated, that was quite good was Take Shelter, a brilliant production that was filmed mostly in Lorain County.

**Any upcoming movies that you’re really looking forward to?**

Supposedly in February of 2013 a movie called Hitchcock is coming out, with Anthony Hopkins in the title role. It is about the making of Psycho with Scarlett Johansson as Janet Leigh. I’ll be first in line for that one.

## Be A Part Of The Bee!

by Arlie Matera

Vivify yourself with expeditiousness—the fourth annual Lakewood Public Library Spelling Bee is coming! All children in second through fourth grade are invited to experience the ardor and exhilaration, blunders and bloopers, triumphs and disappointments of a competitive spelling bee.

Preliminary rounds begin on Thursday, October 4th in the Main Library Multipurpose Room. During the next two weeks, the tension will mount as the number of competitors dwindles. All spellers still standing on October 18th will be invited to a friendly meet and greet reception before facing off in the championship on Friday, November 2nd.

The championship round will be a Scripps Howard-style bee, held in the

Main Library Auditorium where participants will compete on stage with a professional light and sound system. Don’t miss your chance to shine in what is sure to be one of the highlights of the year at Lakewood Public Library!

To register, stop in at the children and youth services desk, or call (216) 226-8275 ext. 140.

**Preliminary Rounds:** Choose ONE: Thursday, October 4; Thursday, October 11; Thursday, October 18. Meet at 4 p.m. in the Main Library Multipurpose Room.

**Competitor Meet and Greet:** Thursday, October 25, 4 p.m. in the Main Library Multipurpose Room.

**Spelling Bee Championship:** Friday, November 2, 7 p.m. in the Main Library Auditorium.

## Gentleman Joe’s Juggling Show

by Philistine Ayad

Come one, come all! Bring your tiny tots to the Big Top: The Lakewood Public Library! On September 22nd, The Children and Youth Services’ Family Music & More program proudly presents Gentleman Joe, a veteran of the Ringling Brothers Circus. Get ready for eye-popping balancing stunts, juggling, musical entertainment, and more. All ages will be delighted with this versatile show that combines humor, clown-

ing, and various circus skills. Prepare to laugh, and get ready to be amazed! This will be a night to remember—one that will live in your child’s memory for years to come.

This event will take place in the Multipurpose Room of the Children and Youth Services Department on Saturday, September 22nd at 7 p.m. No registration is necessary. Call 216-226-8275 ext. 140 for more information.

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Lakewood Schools



Sisters, Susan, left, and Sara Crawford join their mom, Chris, in sorting folders donated for the Lakewood School Supplies Initiative.

School Supplies Drive A Super Success

by Christine Gordillo

Thanks to the generosity of the Lakewood community, many of our middle school and high school students that might otherwise have been lacking, started the school year with a full complement of school supplies through the Lakewood School Supplies Initiative.

The Lakewood School Supplies Initiative, an outreach effort of the Lakewood Family Collaborative, donated more than 5,200 pencils and pens, 484 notebooks, 250 packs of loose paper and much more. Additionally, through \$1,375 in cash donations, the LSSI committee was able to purchase 100 calculators that will make up a permanent ‘library’ for the middle and high school math departments.

“I wish you could have seen the expressions on the guidance counselors when the items arrived at their buildings. Their gratitude is overwhelming and confirms to me the seriousness of the need in our community,” said LSSI Committee chairwoman Karen Lee.

The LSSI Committee wishes to

thank its various partners that helped in various ways, whether it was a collection spot, donating money or holding staff collection drives for LSSI: Lakewood City Schools, Lakewood Trinity Community Outreach, Lakewood Kiwanis, Lakewood Women’s Club, H2O, Lakewood Community Services Center, Lakewood Presbyterian Church, Lakewood Democratic Club, Lakewood Recreation Dept., Goddess Blessed, PNC Bank, YMCA, The Root, Lakewood United Methodist Church, Crosspoint Church, Hospice of the Western Reserve and the Cleveland Clinic Lakewood Family Health Center, Hungry Howie’s, and Garfield, Harding and LHS PTSA’s.

A collection box will remain at the Rec Department year-round for those who would still like to contribute. The committee will also continue to collect cash donations through the Lakewood Family Collaborative Facebook page: <http://www.facebook.com/Lakewood-FamilyCollaborative>.

LHS Hosts Marching Band Invitational Festival

by Valerie Mechenbier

A night of music will fill the skies at Lakewood Stadium with the sounds of ten northeast Ohio high school marching bands.

On Saturday, September 15th, the Lakewood High School Ranger Marching Band will host the 26th Annual Lakewood High School Marching Band Invitational Festival. Nine visiting marching bands will perform at this year’s festival, including: Brooklyn, Bay Village, Brookside, Garfield Heights, Streetsboro, Riverside (Painesville), Edison-Milan, Strongsville, Vermilion, plus the 2012 Lakewood Ranger Marching Band. Mr. Brian Maskow, Director of Bands at Lakewood High School, who is retiring at the end of this school year, is especially grateful for the participation of visiting bands that are directed by long-time friends and fellow jazz musicians Darren Allen (Bay), Dale Hildebrand, (Brookside) and Dave Harbart (Strongsville).

The Lakewood High School Marching Band Invitational Festival is organized to feature the talent and performances of great high school marching bands, bringing nearly 1300 talented high school musicians, their parents and families, and marching band enthusiasts of all ages to Lakewood for an evening of pageantry

and musical entertainment.

The evening will begin at 7:00pm with the traditional “pass and review” introduction of each band as it enters the stadium. Individual field shows of each band will follow, culminating with the performance of the 2012 Lakewood Ranger Marching Band. Tickets will be available at 6pm at Lakewood Stadium the night of the festival at the following prices: Adults-\$7, Senior Citizens-\$5, Students-\$3, Preschoolers-free. Concessions will be available.

The Lakewood High School Marching Band Invitational Festival is organized not only to showcase the students’ talents but also as direct fundraising for the Lakewood High School Ranger Marching Band’s seasonal expenses. Band members are also busy raising funds to support their participation in a by-invitation-only “Skull Session” at The Ohio State University on October 6th and a November trip to Walt Disney World in Orlando, Florida where they will march through the streets of the Magic Kingdom on Thanksgiving Day. Sponsorship opportunities for this activity-packed LHS Ranger Marching Band season are available; contact Brian Maskow, Director of Bands, at 216-227-5980 for more information.

Lakewood Early Childhood PTA Plans Kalahari Resort Night

by Julie Derrick

Mark your calendar now! Lakewood City Schools are not in session for Kindergarten through Eight Grade on either November 8 or 9, 2012. Lakewood Early Childhood PTA has partnered with Kalahari Resorts to bring a chance for discounted fun at Kalahari Resorts on either of those days! Anyone who mentions “Lakewood Group Rate”, when calling Kalahari, can get a discounted room on either night that includes two queen beds and four waterpark admissions!

You can getaway without going too far from home and be part of the

fun at America’s largest waterpark! Not only will you be enjoying the waterpark, but you will also be giving back to your community. A portion of each room booked stays in Lakewood by benefiting the Lakewood Early Childhood PTA.

The room rate is \$109 on Thursday, November 8th and \$149 on Friday, November 9th. You may stay any combination of the two days. Up to two additional people may be added to a room at a rate of \$20 per person. If you have questions or would like to make a reservation, call 877-KALAHARI (525-2427).

District Adding More Netbooks To Classrooms

by Christine Gordillo

“This past year’s use of the netbooks has positively impacted on classroom instruction and produced great enthusiasm from the teachers involved,” said Mark Gleichauf, director of Teaching and Learning for the district. “We are happy to be able to provide this opportunity to 11 more district classrooms.

Between the 525 netbooks distributed to 21 classrooms throughout the district last year, the laptops given to LHS 2.0 project students in 2009-2010, combined with this year’s 275 netbooks, the district will have put 1,275 netbooks into the hands of students over the last three years. The goal is to continue to build on those

numbers each year with the hopes of having 3,000 netbooks in classrooms by 2017. Money to purchase this year’s computers is coming from the district’s textbook fund, as the need for textbooks has diminished as online versions become more prevalent.

Improving classroom instruction by continuing to provide purposeful student use of technology that addresses 21st century skills is a main focus of the district this year as it strives to improve student achievement. This infusion of more laptops into the classroom will move the district closer to its goal and as has been seen with past netbook class recipients, will energize learning.

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Lakewood Schools

# LHS Student Has An Electric Experience

by Scott Dockus

With the help of a Lakewood Music Booster summer scholarship, Lakewood High School senior Kent Dockus had the opportunity to attend the Mark Wood Rock Orchestra Camp in Olathe, KS in July 2012, on the grounds of MidAmerica Nazarene University.

The Mark Wood Rock Orchestra Camp is not like any other summer orchestra camp. In fact, acoustic instruments and "standard" classical repertoire is discouraged. With these criteria in place and Kent's passion to play his Viper electric violin, he was all packed and ready to go.

In addition to Mark Wood, Kent had the opportunity to study with other professional musicians, including his private instructor, Tracy Silverman (Nashville, TN). Kent described these instructors and their "Instructor Concerts" as like nothing he's ever seen or heard. "Their talents, use of equipment, effects... and performances were mind blowing," said Kent after the shows.

The Mark Wood Rock Orchestra Camp was attended by over 120 "campers" from around the country... and not just high school orchestra students. This camp is designed for anyone who is serious about performing or teaching with traditional or non-traditional orchestra



Kent Dockus performing with Mark Wood at MWROC 2012

instruments, but in a whole new way.

In addition to high school students, professional musicians, orchestra directors and teachers of all kinds were "campers." The diversity of student talent was amazing and the instructors were equally diverse and amazing. In addition to guest instructors like Tracy Silverman, other instructors on staff were the likes of Bridgid Bibbens, Heather Isbell, Laura Kaye, Sean Grissom and Dave Wallace, to name only a few.

As an example of this diversity, Heather Isbell directs the Youth Rock

Orchestra of Little Rock, AR, consisting of high school orchestra students from Little Rock and surrounding areas; Tracy Silverman and Bridgid Bibbens are professional violin performers, with Tracy coming off a recent performance at Carnegie Hall! All these instructors openly shared their knowledge.

During the week, Kent and other campers broke off into groups and ensembles where they practiced improv, techniques (on electric instruments), writing and arranging. Kent

and fellow campers were able to experiment on various sound equipment from pods to pedals while creating a "whole new sound." He studied how to perform as a soloist and as a performer in a band. Unlike traditional pit orchestras, this style of performance is designed for stage and a show – so performance and self-presentation were a big part of the program.

Of course, no music camp is complete without a student concert, and as expected, this "orchestra" concert was like no other. In less than five days, these "kids" put on a show that rivaled any professional group. It truly was a testament to their skills and instructors. It was just before the final song when Mark asked Kent to perform a solo. And yes, Kent was thrilled to do so. (Mark has known Kent for over five years, beginning when they first performed together at Aurora High School during one of Mark's EYS programs.)

So knowing Kent as he does, Mark told him to "show them how it's done!" Kent's solo was awesome!

After the show, parents, students and instructors headed home... however, Mark asked Kent if he could hang around till tomorrow...? He could. After helping Mark and his staff tear down and pack the vans, Kent was asked to join them for lunch. As Laura stated, "Kent, you're part of our family."

Imagine, your mentor—the one you've studied, respected and performed with—asking you to lunch?! It couldn't get any better.

This experience has launched Kent's career to new heights. Having an opportunity to perform with such professionals has been amazing for Kent. Since camp, he's been asked to perform, record and travel. And that doesn't include the new relationships with fellow students and the opportunities that will bring. Needless to say, this week "camp" went way beyond anyone's expectations—especially Kent's.

Kent would truly like to express his gratitude and appreciation to the Lakewood Music Boosters for helping make this happen. In addition, if anyone is interested in learning more about Mark Wood, Electrify Your Strings, the Mark Wood Rock Orchestra Camp, Tracy Silverman, the Youth Rock Orchestra of Little Rock or others, check out [www.kentdockus.com](http://www.kentdockus.com). It's all there.

## Alumni Foundation Teacher Grants Target Student Enrichment

by Christine Gordillo

For the last five years, money from the Margaret Warner Educational Grants Fund of the Lakewood Alumni Foundation has provided Lakewood City Schools teachers the ability to offer enrichment opportunities to its students. This year is no different as the Alumni Foundation awarded more than \$10,000 in grants.

The Alumni Foundation has a long history of helping enrich Lakewood students' educational experiences. That is why the estate of Margaret Warner, who had a long and distinguished career as a social studies teacher at Lakewood High, decided to donate to the foundation in 1998. The grants fund was established in 2007 from that initial money.

The fund was set with the specific purpose of supporting the district's

teaching staff. Over the years, nearly \$41,000 has gone to teachers in their effort to broaden their students' horizons and enrich their learning. The grant winners are selected by a three-person committee that includes a Lakewood Alumni Foundation trustee, a retired administrator and a retired LHS teacher.

The grants will help fund projects that help our students academically, culturally, socially and physically. Some examples of projects funded include:

- A grief support group headed by counselor Lyndie Schuckert at the high school.
- A middle school soccer club at Garfield headed by teacher Josh Thornsberry.
- Supplies for planting a garden at Roosevelt School under the direction of teacher Cindy Vullo.
- Ipods in Action at Lincoln, led by teachers Julie Ferrone and Jamie Chanter.
- A program dubbed "Food Chains

Come Alive" by teacher Mary Day at Harrison.

- A program to combat childhood obesity by phys ed teacher Steve Manderfield called, "On Your Mark, Get Set, Walk."
- The Margaret Warner Ladies Luncheon Club, an intervention program to empower at-risk middle school girls at Garfield to achieve success, led by Pam Thompson, Ruthann Yoder, Patricia Wittri and Deb Happel.

In announcing the awards, Alumni Foundation Board of Trustees President and LHS teacher Chuck Greanoff said that one of the foundation's missions is to find ways for the school district to continue to offer an opportunity-rich environment for our students, inside and outside the classroom. The Margaret Warner Educational Grants certainly help fulfill that mission.



Come Home to Lakewood Patron Party  
Saturday, September 8  
6 p.m. to 9 p.m.  
1037 Nicholson Avenue  
\$75 /person

Looking for the perfect outdoor party to end the summer? The Lakewood Historical Society invites you to the House Tour Patron Party on the Saturday night before the Sunday Home & Garden Tour.

This year's Patron Party house is an elegant brick Tudor with a fabulous view of a secluded cove and the Cleveland skyline. This stunning private residence is not on Sunday's tour. Tickets are \$75 for a regular Patron attendee or you can become a Golden Patron for \$100. Your Patron Party ticket purchase includes a Sunday House Tour ticket valued at \$20, and a portion of your purchase is tax-deductible.

Be first to see the just-completed kitchen juxtaposed with the original lustrous natural woodwork. Imagine waking up in the master bedroom to a panoramic vision of the city skyline. Stroll through the lovely gardens and treat yourself to a fabulous selection of hors d'oeuvres and desserts. Sip a glass of wine or an ice-cold beer while enjoying the evening's live musical entertainment. Take in the view of a stunning sunset over Lake Erie. Mingle under the stars with friends and fellow supporters of the Society.

There will also be a silent auction and the winner of the "Instant Wine Cellar" raffle will be drawn during the evening.

Patron Party tickets can be purchased online at [www.lakewoodhistory.org](http://www.lakewoodhistory.org), by calling 216.221.7343, or in person at The Old Stone House Museum.

**Home & Garden Tour Sunday, September 9, 1 p.m. to 6 p.m.**

Tour tickets are \$20 each in advance. A late addition to the tour is the recently reopened St. James Catholic Church. The Cleveland Landmark Commission cited St. James as one of the four most architecturally significant church structures in the region, and it was the first structure in the city to be designated historically significant both inside and out.

You can purchase tickets at Lakewood retail outlets: Beck Center for the Arts, First Federal of Lakewood, Geiger's Clothing & Sports, Local Girl Gallery, Rozi's Wine House, and The Oldest Stone Museum. You may also purchase online at [www.lakewoodhistory.org](http://www.lakewoodhistory.org). On Facebook? Visit "Vintage Lakewood Ohio."



# Lakewood Sports

## Ranger Boys Soccer Opens Season With 3 Shutout Wins

by Jay Foran  
*Lakewood Prevails in Opener*  
*Lakewood Rangers 4*  
*Valley Forge Patriots 0*

Similar to the rain drought North-east Ohio experienced earlier this summer, the Lakewood Varsity Boys Soccer scoring drought against Valley Forge High School had to at some point come to an end. Fortunately for the Ranger Varsity, not only did the scoring drought end, goals began being scored in buckets once it was broken.

The Ranger's 4-0 victory over the Valley Forge Patriots was more closely contested than the score would indicate. After completing 80 minutes of a 0-0 tie in 2011, the two teams returned for this year's season opener to compete for 50 minutes before the Rangers finally rallied. Thanks to a creative through pass generated by junior Defender Jameson Foran, senior Defender Aaron Donahoe was set free to go one-on-one with the goalie and snuck a brilliant right-footed shot into the right corner of the net for a 1-0 lead that the Rangers would never relinquish.

While Valley Forge pressed hard to avenge the game-changing score, the Ranger boys used ball possession to wear down the Patriots. The approach paid off as in the waning minutes of the 2nd half, Lakewood scored 3 additional goals to seal the victory. Goals were scored by Donahoe (assisted by freshman Midfielder Johnny Virag), senior Midfielder Kevin Mann (assisted by sophomore Defender Grant Senger)



This year's LHS' boys soccer team started the season out strong, in large part thanks to the outstanding defense of senior goalkeeper Zach Fehrenbach (pictured center).

and by senior Forward Mirsad Curri (assisted by Virag).  
*Possession is 9/10ths of a Soccer Win*

*Lakewood Rangers 2*  
*Amherst Comets 0*  
Ball possession is the name of the game! Well, at least it is if you are a member of the Lakewood Rangers Boys Soccer team. Through hours and hours of preseason practice, the Lakewood ball possession style of play is drilled into every member of the team. Ball possession works because it physically wears down the opponent while help-

ing the offense to patiently pursue their scoring opportunities across an 80 minute game.

Ball possession played a pivotal role in Lakewood's first score at the 7 minute mark of the first half. After 5 consecutive Ranger touches, junior Jameson Foran deftly snaked his way down the right side before firing the ball across the goal mouth. Junior Edvin Rosic took control of the ball near the right post and smartly dropped it off to senior Midfielder Kevin Mann who punched it home from the top of the goalie box. The Comets who tend to play a "kick and run" style of soccer certainly came to appreciate Lakewood's approach during that possession.

While the scoring was minimal the rest of the game, ball possession and thus the control of play were clearly in favor of the Rangers. With that said, a second goal is always a welcome addi-

tion and senior Forward Tyler Sanovich scored his first-ever varsity goal thanks to a Kevin Mann assist with just one minute remaining in the game.

*Fehrenbach Ties School Career Shutout Record; Rangers Snag 3rd Win*  
*Lakewood Rangers 2*  
*Willoughby South Rebels 0*

Those that have witnessed competitive soccer know that high scores are atypical. In many ways, scoring tends to be more about the offense taking advantage of a lapse in the defense then about anything else. Scoring a goal early creates a decided advantage, but notching a two goal lead is what helps everyone breathe a little easier.

The Rangers followed the same script in Game 3 as the two previous matches as they scored early, but then went almost the entire remaining part of the game before securing the outcome with a clinching goal against the Rebels. At the 20 minute mark of the first half, senior Forward Mirsad Curri fired a shot off of a pass from senior Forward Som Basnet to put Lakewood up 1-0 against a physical Willoughby South Rebels team. However, it was not until 55 minutes later that junior Midfielder Justice White curled one into the upper left side of the goal from his attacking position on the right side. White's open shot was made possible thanks to a beautiful drop pass freshman Midfielder John Virag was able to slide his way.

The game represented the third consecutive shutout for the Ranger varsity in the first week of play. More notably, it represented the 14th shutout of senior goalkeeper Zach Fehrenbach's career and tied the school's career mark for shutouts. With 15 games remaining, Fehrenbach will be taking aim at establishing a new school record. Given his performance the first three games of the year, you have to like his chances.

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# Lakewood Is Art

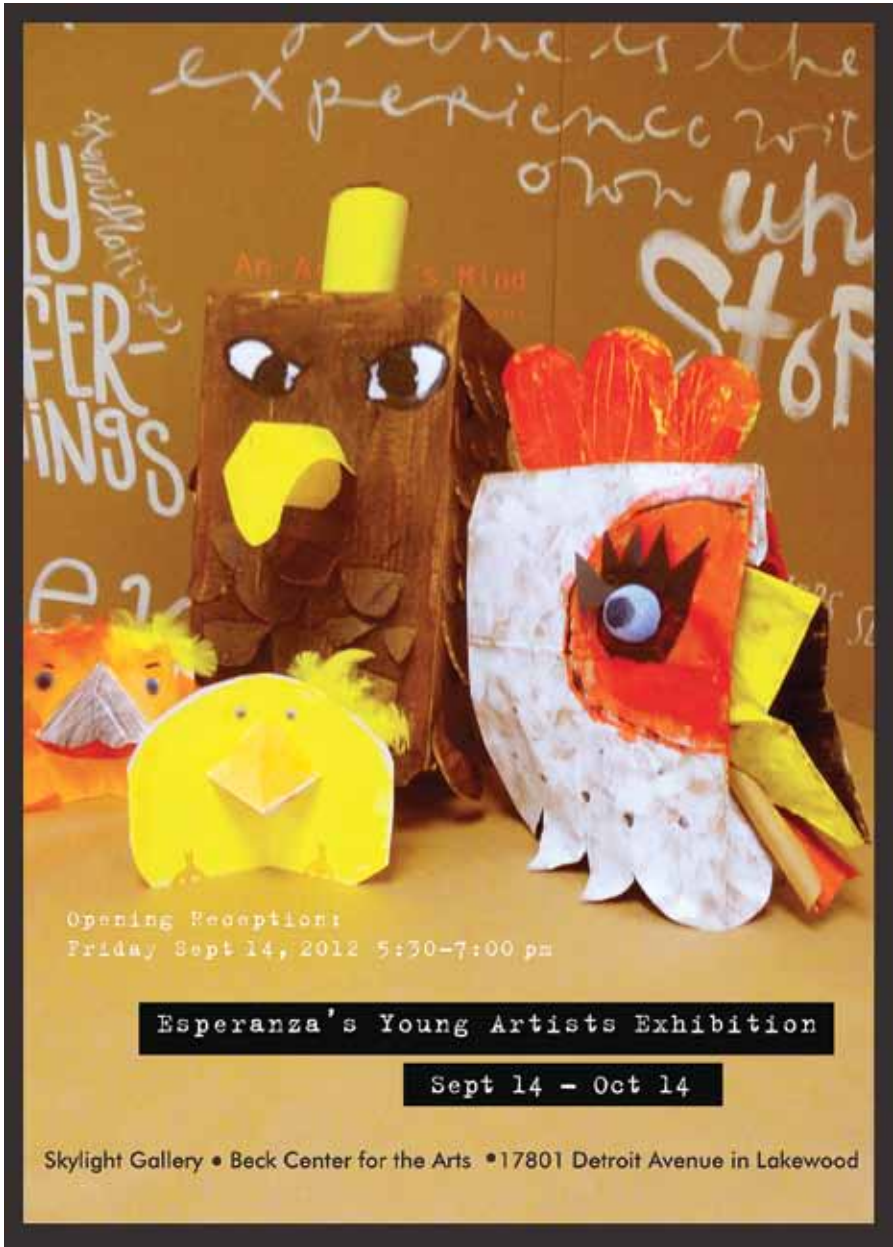
## Art Exhibits Celebrate Hispanic Cultural Heritage Month

by Fran Storch

To celebrate Hispanic Cultural Heritage Month, Beck Center for the Arts is pleased to present the Hispanic Art, Hispanic Heritage exhibit on display September 14 through October 14, 2012 in the Jean Bulicek Galleria. Discover the beauty of Hispanic culture through the eyes of 13 Hispanic artists from Northeast Ohio in artwork demonstrating their brilliant use of color, materials and expression. Guests can meet the artists from 5:30 to 7 p.m. at an Opening Reception in Daniels Lounge while enjoying the sights, tastes and sounds of Hispanic culture. The exhibit and reception are free and open to the public.

The Hispanic Art, Hispanic Heritage exhibition features the unique works of the following area artists: Augusto Bordelios, Bruno Casiano, Hector Castellanos, Maria Dejesus Paz, Gabriel Gonzalez, Angelica Pozo, Maria Pujana, Alejandro Rivera, Dante Rodriguez, Bess Rodriguez Richard, Will Sanchez, Jose Vasquez, and Hector Vega. “By showing the works of local Hispanic artists during this year’s Hispanic Heritage Month Celebration,” commented Beck Center Board member Maria Pujana, “Beck Center is helping viewers to read the biography of each artist through his or her present work, and allowing them to speculate on the artist’s future works.”

In addition, Beck Center is hosting Esperanza’s Young Artists, an art exhibit featuring the amazing talent of young Hispanic artists from the Cleveland area. This youth exhibit will be on



display in the Skylight Gallery and run concurrently with the Hispanic Art, Hispanic Heritage exhibit. The Esperanza exhibition grew out of a series of

summer visual arts workshops led by artists from American Greetings. Every Thursday afternoon for six weeks, AG hosted a group of more than 20 youth

program participants from Esperanza, Inc., a Cleveland area non-profit that promotes Hispanic educational achievement. Guided by a different expert each week, the young artists explored a variety of artistic techniques, including mask making, collage, and block printing. The summer session culminated in the creation of a giant group mobile, which is part of the Esperanza exhibit at Beck Center.

For many students, this was their first chance to meet a professional artist and to understand some of the creative opportunities that the work world offers. “Our students would never have had the opportunity to do anything quite like this,” said Kristina Haddad, Esperanza program coordinator. “They constantly looked forward to visiting the creative studios and being able to express themselves through their art.”

The workshops and the exhibition were sponsored by the American Greetings Hispanic Resource Network, whose mission is in part to reaffirm and strengthen the ties between the corporation and the Cleveland-area Hispanic community. The workshops were funded by the American Greetings Diversity & Inclusion Council.

Beck Center is proud to be a part of this collaboration with the Hispanic Cultural Center of Cleveland, American Greetings, and Esperanza, Inc. For gallery hours, please call Beck Center Customer Services at 216.521.2540, ext. 10. Beck Center is located at 17801 Detroit Avenue in Lakewood. Free onsite parking is available. For more information about the artists and a calendar of upcoming art exhibits at the Beck Center, visit [beckcenter.org](http://beckcenter.org).

Founded in 1985, the Hispanic Cultural Center of Cleveland is a non-profit corporation whose mission is to preserve and develop the Hispanic Cultures in Greater Cleveland through the arts. With about 1250 members from 21 Hispanic countries, the center is one of the most diverse Hispanic organizations in Cleveland. It acts as a liaison with groups and individuals who request programs, artists, sources, and information pertaining to the Hispanic community. Funding for the center is made possible through grants from the George Gund Foundation and the Cleveland Foundation.

## Lakewood Presbyterian Hosts Music Camp

by Paula Maust

On Saturday, September 8 from 1-2:15 p.m., Lakewood Presbyterian Church (LPC) will host a free music camp for children in preschool through grade 12. The goal of the camp is to introduce Lakewood’s children, youth, and families to the many high-quality music ensembles that are led by skilled and experienced professionals at LPC. Inspired by the knowledge that musical training for children leads to literacy and helps children to develop critical thinking and social skills, LPC is pleased to offer three music ensembles for children and youth.

Children in preschool and kindergarten are invited to participate in Children of Note, led by Natalie Welty and Sara Lindberg. These children have the opportunity to engage in age-appropriate rhythm and singing activities. Parents are encouraged to attend Children of Note to observe and participate in family music activities. Children of Note sing/play in worship occasionally during the church’s program year.

Children in grades 1-5 participate in the Carol-Crusader Choir, which is directed by Paula Maust. This choir learns the basics of note and rhythm-reading and the fundamentals of healthy choral singing while singing a variety of classical, global, and contem-

porary anthems. The Carol-Crusader Choir sings in worship the first Sunday of each month during the program year.

Youth in grades 6-12 have the opportunity to play in the Chapel Bell Ensemble, which is directed by Bob Paraska. In this ensemble, youth continue to learn note and rhythm reading as well as the fundamentals of bell ringing and more advanced techniques. The Chapel Bell Ensemble plays in worship on the third Sunday of each month during the program year.

All LPC children and youth music ensembles have weekly Sunday morning

rehearsals from 9-9:30 a.m., beginning on Sunday, September 16. Any child is invited to participate in the music camp, as well as the music opportunities during the program year. A variety of Christian Education and Formation classes are offered for parents on Sunday mornings during music rehearsals. To R.S.V.P. for the music camp or for more information, please contact Paula Maust at [pmaust@lakewoodpresbyterian.org](mailto:pmaust@lakewoodpresbyterian.org) or (216) 226-0514, ex. 23. Lakewood Presbyteiran Church is a Congregation of the Presbyterian Church (USA) in the Presbytery of the Western Reserve.

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# Wilson Sackett's Seven Week Fact Finding Mission In The Mid-East

## I Was Interested In Seeing It All For Myself

by Wilson Sackett

On June 28th, I left for a seven week trip to Israel and Jordan. After years of allowing the American media to describe and shape these regions for me, I was interested to see and learn the culture that is shadowed by political uncertainty and violence. I hope that by seeing these pictures and reading the descriptions, the reader can see a different side of these countries, a side that expresses kindness and hospitality. While I was traveling, I was never threatened, never hurt, and never turned away by the citizens of Israel and

Jordan. On multiple occasions, I was taken in by people of these countries, and given food, water, and anything else they could offer. Without the help and hospitality of these citizens, this trip would never have been possible. I hope readers can feel the human connection between those pictured and ourselves. If we continue to believe that our differences outweigh our similarities, then the walls pictured here that imprison so many people, will never be torn down. Our humanity is our greatest connection, and it is time we start to believe in it.



This was taken on the Palestinian side of the wall separating Israel and the Palestinian territories. I traveled to this area, to explore the city of Bethlehem and see the hundreds of murals painted on a 40 foot high wall that runs for over 300 miles straight through the middle of Israel. Israeli citizens are able to come and go as they please, but aside from extremely rare and usually very expensive cases, Palestinian citizens are virtually imprisoned within these walls. Israel controls everything that comes in, and everything that comes out, including food and water. It is a permanent barrier that divides families from their loved ones, people from their well paying jobs, and even graveyards where Palestinian citizens' ancestors are buried are now closed off. It divides an extremely devout religious community from their holiest shrines, and has completely cut off the flow of tourism that was a vital source of jobs for the community. Children wake up every morning and stare out the window at a three foot thick cement wall lined with cameras, barbed wire, and men with machine guns.



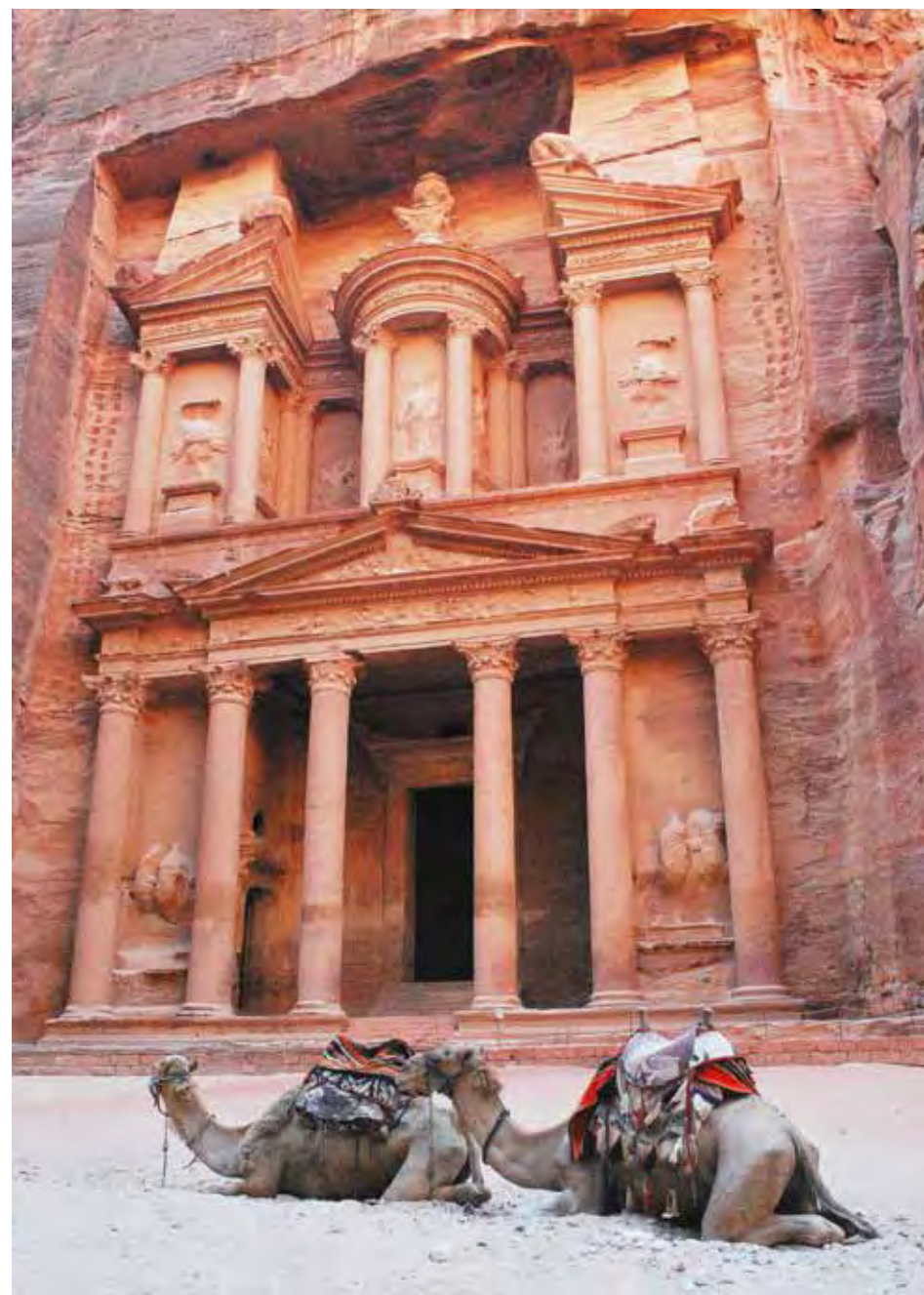
Hundreds of Jewish men gather at this wall in Jerusalem 24 hours a day to mourn the loss of their temple, which was destroyed by the Romans almost 2000 years ago.



A rabbi watches the sun set over Mt. Meron, in Tzfat, Israel.



Left: This was taken in Palestine, not far from the border crossing lined with soldiers. This piece was done by British street artist Banksy, who had many other murals in the area speaking out against the political violence.



A pair of camels rest in front of the ancient government building carved thousands of years ago in Petra, Jordan.



While hiking in Jordan, I met this young child who was selling handmade bracelets and dolls, in a patch of rare shade by the side of the trail. There were no parents or elders in sight, and it seemed as if she had been there for some time. Many Jordanians earn their living from selling goods along the popular tourist trails, however in recent years tourism has dropped severely, leaving many jobless.



This is Doron Tal. He is a devout student of Judaism, trained soldier from the Israeli Army, avid nature enthusiast, guitar expert, and father of five.



This photo was taken during a ride through the rugged Jordanian desert from the southern border to the ancient city of Petra. I was visiting Jordan during the time of Ramadan, one of the most important holidays in the religion of Islam. Ramadan is approximately 30 days long, and calls for all Muslims to fast for the entire month, only eating before sunrise and after sundown. We pulled off the road at sundown, and my driver joined a large group of other Muslims who had stopped for a small meal and their evening prayers along the side of the highway.



A couple dance the tango at a bustling street party in Jerusalem.



Sunrise from a campsite in Wadi Rum, Jordan.



Lakewood Cares

# Hen Hopefuls: Kristel Smith & Erin Corwin

by Annie Stahlheber

If you saw the last issue of the Lakewood Observer, you saw the first biography of a “hen hopeful.” The Hens in Lakewood committee is highlighting some “hen hopefuls,” so that Lakewood can learn about who wants hens, and why. Here is another wonderful Lakewood family to discuss their point of view on the popular issue of responsible hen keeping in Lakewood.

**What street do you live on?**

Hazelwood

**How long have you lived in Lakewood?**

I lived in Lakewood from third grade through my graduation from Lakewood High. I moved back about five years ago when it came time to settle down, buy a house and start raising a family.

**Why do you choose to live in Lakewood?**

I love the architecture. I love how



Kristel Smith & Erin Corwin, with their son Elliot.

diverse the population is from income, race, ethnicity and to the sheer variety of interesting people you encounter. As

for being a great place to raise a family: I value walkability, affordability, great schools and police as well as the many green spaces, parks and other children to play with. Unlike many other communities; you still see children out and about, neighbors talking and people looking out for their friends and neighbors.

**Why do you want to raise hens in Lakewood?**

With a 16 month old at home, I’m not interested in raising my own hens at this time. However, I would love it if my neighbors decided to. Not only would we (probably) get plenty of healthy and tasty eggs, but their hens could come over and get rid of the bugs in my vegetable patch organically and my son would get to see where his food comes from. I have visited hens in Cleveland and think they’re pretty entertaining and didn’t find them to be offensive in any way.

**Why do you think Lakewood is a community that should allow responsible hen keeping?**

The types of people I have met who want to keep hens are the kinds of people I want to have for neighbors. Lakewood should encourage conscientious, responsible, educated and open minded people to choose Lakewood. Allowing them the option to raise hens sends a message that they are welcome here.

**Do you want to mention anything else?**

Nothing beats the taste of a free range egg from a backyard hen! Also, from what I understand, people have basically always kept hens in densely populated areas. It went out of vogue when eggs from factory farms were the less expensive way to go. I don’t think it’s a problem to let people give it a try if they want as long as they agree to follow the rules and to treat the animals well.

## Adventure Guides Registration Open

by Elizabeth O’Brien

Are you looking for a way to connect with your kids while experiencing a little bit of nature in our urban world? Then look no further than the Adventure Guides! Born from the Indian Guides and Indian Princesses of your youth is the Y Adventure Guides, where families can play together and live the motto of “Friends Forever.”

Lake Trail Nation, based out of the Lakewood Family Y, is currently enrolling new member families for the 2012-2013 year. An information and registration session will be held

Wednesday and Thursday, September 12 and 13, 2012 from 6 to 7:30 p.m. in the lobby of the Lakewood Family Y at 16915 Detroit Avenue. Yearly dues are \$70 per family for YMCA members, \$95 for Program Members.

The Y Adventure Guides is a family program encouraging parents (or other significant adults) to give the most important thing that they can to their children, their time. Lakewood’s Lake Trail Nation Adventure Guides is comprised of nearly 40 families with children aged 5 to 12. Our members include single and married

parents, grandparents, neighbors, and of course, the kids we care about! Yearly AG events include tent and cabin camp outs, Pinewood Derby, Moonrock Bowling, holiday parties, hiking and civic events including Keep Lakewood Beautiful park clean-up, Christmas caroling for seniors, and the Lakewood 4th of July parade. Lake Trail Nation Y Adventure Guides is open to boys and girls in Lakewood and the surrounding communities. Y membership is not required.

The program helps foster a lifetime of understanding and companionship and



to strengthen the relationships between children and adult family members. Create great life-long memories, develop new friendships, and have FUN! Join now and sign-up for our Induction Ceremony campout on September 22. Download a membership form at <http://clevelandymca.org/branches/lakewood/guides.html>, come to the information session or contact Craig Latham at (216) 272 6015 for more information.

## Are You Ready For A “Zombie Apocalypse”?

by Tricia Granfors

Chances are if you’re ready to battle zombies, you’re ready to handle any emergency or disaster. Community preparedness starts with you, whether it’s for the walking dead, and extended power outage, or a severe winter storm. The Westshore Regional Community Emergency Response Team (WSC) is offering free classes on topics such as disaster preparedness, basic injury assessment and medical treatment, search and rescue procedures, fire suppression, disaster psychology, and much more. The

20-hour FEMA course is conducted by local safety professionals. Westshore residents who are over 18 years of age, successfully complete training, and pass a background check are eligible for team membership.

Do your part to keep our region safe and prepared – and zombie free! To indicate your interest in the free classes or for more information, contact WSC Coordinator Tricia Granfors at (440) 716-4135 or [granforst@north-olmsted.com](mailto:granforst@north-olmsted.com). Space is limited.

Training begins Saturday, October 6. The five consecutive Saturday

morning classes will be held at St. John Medical Center, 29000 Center Ridge Road and the City of Westlake Service Center, 741 Bassett Road, from 8 a.m. to 12:30 p.m.

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Lakewood Cares

New Life Church Back To School Community Outreach

by Sandra Rodriguez

Lakewood New Life Church, celebrated its 2nd Annual “Let’s Love Lakewood” Back to School Community Outreach event and it was a great success!! Over a thousand people attended the event which gave away 550 free back packs filled with school supplies within the first two hours of opening.

Families lined up on the side and all the way around to the front of the Lakewood Masonic Temple on Detroit in anticipation of the event. The Back to School outreach featured 3 bounce houses for the kids, a magician, a balloon-making clown, face painting, music, food, games

& raffles throughout the afternoon.

“Let’s Love Lakewood” project organizer, Selina Rivera, stated, “Let’s Love Lakewood is an opportunity for our church, Lakewood New Life Church, to reach out and serve our community with the love of Christ. The project runs throughout the week and begins with several community service projects in conjunction with Lakewood Alive. This year we helped paint two porches, as well as clean up of several back yards. Also, during the week, we held daily prayer walks throughout Lakewood. The event culminated with the Back to School Community Outreach event.”

Several Lakewood community businesses partnered with Lakewood New Life Church to help make the Back to School Outreach event a great success. Angelo’s Pizza donated 500 packs of school supplies for the back packs, while Quaker Steak & Lube, which just opened on Detroit, donated over 500 kids meals for the back packs as well as all the ice for the sno cones and water that was distributed. Target provided gift cards and a discount on school supplies, while PNC Bank and First Federal of Lakewood provided some donations. In addition, various community businesses, like Root Cafe and TJ’s Butcher Block also donated gift cards for raffle prizes.

Next year Lakewood New Life Church hopes to double the amount of back packs given away, so community support is very important to be able to serve more and more families in the Lakewood community.

Lakewood New Life Church is a non-denominational church established in 2006 in Lakewood where “No Perfect People are Allowed.” Services are held every Sunday at 11 a.m. at the Lakewood Masonic Temple located at



Crowds lining up for the event.

15300 Detroit Avenue in Lakewood. This coming September a 9 a.m service will be added to accomodate the growing needs of the community.

For more information on Lakewood New Life Church or on how you can help support “Let’s Love Lakewood” annual event, please contact the office at 216-221-6174, Tuesday through Friday.

Friends From The Start Foundation Seeks Providers & Volunteers

by Tom Jelepis

Friends From The Start Foundation is a non-profit organization I started after surviving Non-Hodgkin’s Lymphoma. I remembered how afraid, confused, and overwhelmed I was. I was devastated and so was my family. What I learned from my cancer experience made me see a need for a support system that could connect those diagnosed with cancer to in-home services, day to day assistance and resources. Even during treatment, bills must be paid, homes maintained, appointments kept, children cared for, meals prepared, and dogs walked. Simply put, life goes on, but it can quickly become overwhelming.

For those facing and undergoing this arduous journey a website was created by Professor Zeller and his students at LCCC to alleviate the stress of everyday life so you can focus on managing your cancer. The site [www.friendsfromthestart.org](http://www.friendsfromthestart.org) connects Westshore residents, patients and their loved ones to educational resources such as “The American Cancer Society,” support services like “The Gathering Place” and “4th Angel” and local services and suppliers.

Local businesses, resources, and volunteers are needed to fill the needs that exist. We are looking to address lawn care, housekeeping, legal work, painting and repair, computer assistance, accounting, errand running, dog walking, and just about anything else you can think of. Sometimes just sharing time and simply being a friend is a precious gift. If you can offer any service free or at a greatly reduced cost, please contact us for this worthy cause. Visit the site to find out more about “Friends From The Start” and to register as a Service Provider or Volunteer on our database. You can also call us toll free at 888-491-7406 or email: [friendsfromthestart@gmail.com](mailto:friendsfromthestart@gmail.com). Donations of money and gift cards are gratefully accepted. Mail your gift to: Friends From The Start Foundation, Attention: Services Committee, P.O. Box 40163, Bay Village, OH 44140

If you or a loved one is fighting the battle of your life, contact us. We will find a way to help.

Lakewood Residents Invited To Walk At Cleveland MetroParks Zoo

by Laurie Henrichsen

The Lakewood office of Hospice of the Western Reserve invites local residents to join them at the first annual Walk to Remember at the Cleveland MetroParks Zoo on Sunday, September 9, 7:30 a.m. to 12 noon. Sponsored by FirstMerit Bank, Advance registration is required at [www.hospicewr.org/walk](http://www.hospicewr.org/walk). Walkers need not have a family member in hospice care to participate. Each walker is asked to raise a minimum of \$25 from sponsors payable the day of the walk. (Simply ask 5 friends to each contribute \$5.) Registration includes all-day admission to the Zoo and the Rainforest, a complimentary pancake breakfast, entertainment, prizes, goody bags and more!

“We will be walking to honor the memory of our loved ones while supporting the special community services offered by Hospice of the Western Reserve,” said Lakewood’s Shawna Hofstetter, who is coordinating this year’s event. “Funds will support many of the special services we

offer that are not fully funded by Medicare or insurance, such as pediatric care, crisis intervention and bereavement counseling in schools, the granting of wishes for seriously ill patients and providing music, art and massage therapy to our patients and their caregivers.”

Participants are encouraged to bring photos or mementoes (non-returnable only) to post on a special memorial tribute board. Raffle tickets are also available online and the day of the walk for \$10 each for a chance to win a sporty 1937 Jaguar Replicar donated by a former patient’s family. The winning ticket will be drawn at the Zoo.

“We’re really pulling out all the stops to make this a fun-filled and memorable day for everyone,” Hofstetter said. “In addition to the 2-mile walk, we’re planning lots of special activities for families, including a make-and-take Home Depot crafts area for kids, live musical entertainment, face painting, the St. Ignatius Circus Club, a photo booth and more.”

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# Wellness Watch

## What’s All The Buzz About Superfoods?

by Rachel Anzalone

Superfood is a term applied to nutritionally dense foods that may have medicinal benefits. These foods have a high content of nutrients relative to the calories they contain. This is the opposite of many of the foods that make up the Standard American Diet, which contains many calorie dense foods that lack substantial nutritional value. Superfoods may reduce the risk of heart disease, cancer, boost energy and improve mood.

One category of food that fits the Superfood bill is berries. They are rich in antioxidants, anti-inflammatory and protect eye, brain, heart and liver health.

Blueberries, bilberries and huckleberries contain nutrients that promote eye health, are rich in potassium which is helpful for muscle and nerve function, reduce cardiovascular inflammation and helps to lower blood pressure. They also aid blood sugar levels and help counteract the effects of diabetes.

Cranberries also contain powerful antioxidants and are known for maintaining a healthy urinary tract. They also help prevent dental plaque and have anticancer properties.

Goji Berries (also known as lycium and wolfberries) contain 15% protein, 21 essential and trace minerals, 18 amino acids, and have a high vitamin C content. It’s known to protect the liver from environmental toxins and supportive to the liver, kidney and eyes.

The fruit of grapes are alkalizing and help remove acid waste from the body while grape seeds contain high amounts of antioxidants.

Pomegranates help prevent oxidation of cholesterol, may help prevent blood platelet aggregation, improve oxygen uptake in the heart muscle, and may prevent or inhibit the growth of both prostate & breast cancer.

Acai Berries are a rich source of antioxidants, are high in B vitamins, minerals, fiber, protein and omega-3 fatty acids and also contains the EFA oleic acid (omega-9).

Remember the old adage, “An apple a day keeps the doctor away?” Apples have an alkalizing effect that can be beneficial for a congested and overworked liver. They are also helpful for kidney pain, migraines and skin eruptions, have fever reducing properties and support

the gall bladder and digestion of fats.

Mangosteen is high in antioxidant compounds, is anti-inflammatory, antiviral and antifungal. It may also help block histamines, can inhibit oxidation of LDL cholesterol, and has cancer-inhibiting compounds.

Dark green leafy vegetables are also Superfoods, including kale, Swiss chard, beet greens, mustard greens, collard greens, turnip greens, spinach, barley grass and wheat grass. These foods are rich in chlorophyll, which is deodorizing, antioxidant, blood build-

## Fit In Five

by Paula Reed

What good is living in the most walkable city in Ohio if you’re not out there walking?!

Health benefits of walking include: Stress reduction and increased feeling of well-being; weight loss, both through the exercise itself and the reduction of cravings it generates; lower blood pressure; better sleep; and more energy.

Join Live Well Lakewood for our 3rd Annual Walking Challenge to be held at Madison Park, South Pavilion, Wednesday evenings at 6:30 pm, September 12th through October 17th. The first walk on Wednesday, September 12th will be 1 mile. We will increase our distance by 1/2 mile each week to reach our goal of 3 miles. Participants walk at their own pace and can share our walking goals or set their own. Not ready for two miles? Just walk one. Need a longer walk? Do the route twice. Live Well Lakewood’s Bonnie Sikes is our resident cartographer. She’s mapping out a walk of the appropriate distance for each week that steps off from the Madison Park pavilion and explores the surrounding streets. You may even learn a little bit about the history of Birdtown and landmarks in the neighborhood. WE WALK RAIN OR SHINE!

Come early on the first night, as from 5:30 – 6:30 p.m. we’ll be doing a mini-assessment. You’ll get your height, weight, waist/hip ratio & blood pressure, and be able to compare at the end of 5 weeks when we do it again & you can see the positive changes you’ve made.

Take the Challenge to get ready for the Lakewood Women’s Club annual Pumpkin Run on October 28th and you’ll get \$5 off your entry fee.

ing and oxygenating. Greens are a great source of magnesium, calcium, iron, potassium and other minerals.

Cruciferous vegetables, which come from the mustard family have pungent taste that comes from sulfur compounds, which aid the immune system and support liver detoxification. They also tend to be high in beta-carotene, magnesium, vitamin C, fiber, vitamin K and many other nutrients. Cruciferous vegetables include broccoli, cauliflower, cabbage, kale, kohlrabi, Brussels sprouts, turnips and

turnip greens, radishes, and watercress.

Another group of foods that contain sulfur compounds are alliums. These also help to lower blood pressure and balance cholesterol levels and can reduce the risk of Alzheimer’s disease, dementia, heart disease and stroke. These foods include garlic, onion, leek, chive, scallions, and shallots.

Other Superfoods include tomatoes, hot peppers, Shiitake, Maitake, & Reshi mushrooms, yams, squashes, avocado, nuts & seeds, green tea and dark chocolate.

On October 17th, if you’ve attended at least 4 out of the 5 sessions, celebrate your success at our potluck dinner at the Turkish American Cultural Center, 13303 Madison. We’ll each bring a healthy dish to share, along with the recipe, which we’ll post on the Live Well Lakewood Facebook page. Then you’ll be able to make at home the delicious

food you’ve sampled at the dinner.

Fit in Five is Free for Lakewood Residents.

Registration is requested, but not required. To sign up, email [info@livewelllakewood.org](mailto:info@livewelllakewood.org), call 216-529-7695, visit the Madison Library, or just come to Madison Park on September 12th. You’ll be glad you did!

## Fresh Tomato Basil Soup Recipe

*courtesy of Josie Duennes in collaboration with Live Well Lakewood*  
*A delicious & easy way to enjoy those wonderful local tomatoes before they’re gone.*

- 6 cups peeled, seeded and chopped tomatoes, 8-12, depending on size\*
- 1 med. onion, chopped
- 1 carrot peeled and chopped
- 1/2 cup celery chopped (this is a good use for those leaves!)
- vegetable stock, about 3 cups (Pacific Low Salt Organic is nice)
- 1/4 cup basil chiffonnade
- 1 Tbs. olive oil or butter
- salt and pepper to taste

To peel the tomatoes, cut a little x at the blossom end and put them into boiling water for about 30 seconds. Rinse in cold water so you can handle them and just peel back the skin. Cut the tomatoes in half at their equator and squish out the seeds and gel. Cut them in about 1/2” cubes. Cut up your onion, carrot and celery to the same size. Stack about 10 or 12 big basil leaves. Roll them up and slice very thinly across and you will have lovely shreds (chiffonade) of basil.

Heat the oil, or butter if you’re not a vegan, in a large soup pot. Toss in your onion, carrot and celery and a pinch of salt (you can add more later, this is just to flavor these vegetables). Stir them at high heat just til you get a little color on them. Add the tomatoes and enough stock to just cover them. Taste for seasoning and add a little pepper and salt if you like. Reduce the heat to low and simmer for about 20 - 30 minutes. Add the basil, stir everything together, and serve. I like it chunky, but you can also use your immersion blender and turn this into a lovely puree.

Chiffonnade a few more basil leaves for garnish and if your not a vegan, add some shaved parmesan or one of those parmesan crisps.(Kitchen Table Bakers, available at Nature’s Bin) Very elegant and good hot or chilled. Serves 6 as a first course. Vegan and Gluten Free.

\* Exact proportions are not crucial. And if you love garlic, go ahead and add a little with the onion. Just don’t use any dried or powdered herbs. You’ll notice the difference because these ingredients are so simple.

# Fit in 5



GIVE FIVE. GET FIT.

**LWL Walking Challenge starts September 12**  
Madison Park, South Pavilion  
Registration & Free Health Screenings 5:30 – 6:30PM  
1 Mile Walk 6:30PM

**Join LWL for our 3rd Annual Walking Challenge to be held at Madison Park, South Pavilion, Wednesday evenings at 6:30 PM, September 12th through October 17th.** The first walk Wednesday, Sept. 12th will be 1 mile. Each week we will increase our distance by 1/2 mile to reach our goal of 3 miles. Participants walk at their own pace and can share our walking goals or set their own. WE WALK RAIN OR SHINE! On Oct. 17th you can celebrate at our potluck dinner at the TASO Center if you attend at least 4 out of 5 sessions.

**Fit in Five is Free for Lakewood Residents**

Email [info@LiveWellLakewood.org](mailto:info@LiveWellLakewood.org), call 216-529-7695, or visit the Madison Library to sign up.





# Wellness Watch

## Walk To End Alzheimer's

by Stacey Griffin

We spend our lives making memories to last a lifetime. Family vacations, professional accomplishments, birthdays, weddings, and many other special events give us the opportunity to reminisce about the past. Alzheimer's robs its victims of these special memories and the ability to function independently on a daily basis. Even if you haven't experienced this disease first hand, chances are someone you know has.

By participating in the Alzheimer's Association's Walk to End Alzheimer's, you can help raise awareness for Alzheimer's disease. The Walk to End Alzheimer's is a united movement to reclaim the future for millions. This fall, walks will be held across the country to raise awareness for the 5.4 million people with Alzheimer's nationwide. The Walks to End Alzheimer's are the Association's signature community involvement events that raise funds to

fight Alzheimer's and provide FREE programs to assist the 56,000 Northeast Ohioans with the disease.

The second annual West Side Walk to End Alzheimer's will be held on Saturday, September 22 at All Pro Freight Stadium in Avon - home of the Lake Erie Crushers. Registration begins at 8:30 a.m.

The Walk to End Alzheimer's is an inspiring and community-driven event. Walk participants will enjoy dozens of event festivities throughout the Stadium, including a Kids Zone, and then walk for one or three miles in a unified effort to end Alzheimer's. We will have two designated "Virtual Walk" sections this year at All Pro Stadium. This is a special way for people interested in supporting the mission of the Alzheimer's Association - but who are unable to walk - to donate, participate, attend, and enjoy the event. "Virtual Walkers" can enter the stadium by elevator and

take a short walk/wheelchair ride to the "Virtual Walk" area, where they will be able to view all the activities of the event and cheer on the walkers. We will have music, a photo booth nearby, and pizza and water available for purchase during the walk.

The event serves to educate the community about Alzheimer's disease, advocacy opportunities, clinical trial enrollment and support programs, and services of the Alzheimer's Association. Each walker will participate in a meaningful tribute ceremony to honor those affected by Alzheimer's disease.

Alzheimer's is the 6th leading cause of death in the US, and the only one among the top 10 that cannot be prevented, cured, or even slowed...yet. The mission of the Alzheimer's Association is to find a cure by 2025, to continue to fund its programs of support and care for those living with Alzheimer's and their caregivers, and to promote brain health.

Since 1989, Walk to End Alzheimer's has raised more than \$300 million to help advance research and support for those battling Alzheimer's disease.

The end of Alzheimer's disease starts here. Start or join a team today at <http://act.alz.org/walkcle-west> or call 216.231.1466.

**About the Alzheimer's Association Walk to End Alzheimer's:**

*The Alzheimer's Association Walk to End Alzheimer's is the nation's largest event to raise awareness and funds for Alzheimer's care, support and research. Since 1989, the Alzheimer's Association mobilized millions of Americans in the Alzheimer's Association Memory Walk®; now the Alzheimer's Association is continuing to lead the way with the Walk to End Alzheimer's. Together, we can end Alzheimer's.*

## Medical Expert At Forum: New Law Expands Access, Controls Cost For Health Care

by Molly Toth

The topic of the nation's new health care law, the Patient Protection and Affordable Care Act, known more popularly as "Obamacare," brought community members from across Lakewood to the Lakewood Public Library recently to discuss the issue's impact at the local level. The topic of health care reform has been contentious and highly politicized, particularly following the decision by the Supreme Court upholding the law. The event, which was sponsored by locally headquartered Universal Health Care Action Network (UHCAN) and Lakewood Ward 2 councilmember Tom Bullock, sought to provide Lakewood residents with information and provide a forum for discussion.

Dr. Arthur Lavin, a longtime Cleveland-area pediatrician, presented information on the history of efforts to reform the health care system at the federal level, an undertaking that has spanned some one hundred years and has involved presidents of all political persuasions. The most recent and

most successful attempt at reform, the Affordable Care Act, Dr. Lavin noted, came about in recognition of the need to improve care, limit the financial risk of getting sick, and establish norms of quality because, "after all, lives and livelihoods are at stake."

The new health care law takes effect in stages, with full implementation by 2015. Lavin said many people across the country, and in Lakewood, are experiencing positive changes in their health care. A primary goal, he explained, is to extend coverage to as many people as possible while keeping costs down. The law accomplishes this by expanding eligibility for public insurance, like Medicaid, and increasing affordability for private insurance. Popular provisions have already been implemented, allowing children to stay on their parents' plans until age 26, and providing access to preventative services like cancer screenings and diabetes testing without a co-payment.

UHCAN has organized speakers' bureaus of doctors, civic leaders, and local activists who are reaching audi-

ences across northeast Ohio. Speakers are available free of charge to address congregations, civic groups, and organizations of all kinds. For more information, contact Rachel DeGolia at 216/241-8422 extension 14, or at [degolia@uhcan.org](mailto:degolia@uhcan.org).



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Business News

# California Style Store Comes To Lakewood

by Deb O'Bryan

Sherry Purcell of Simply.U exudes California living. Her kick off your shoes, have a beverage and sit back approach to shopping is refreshing. Sherry wants to be your personal shopper, with the emphasis on you, finding your own distinct style. She works with designers and other outlets to bring you quality at below retail costs. She will only sell three of

the same item in a 20-mile radius to ensure your individuality.

Sherry also believes in neighbors helping neighbors; she is networking other Lakewood businesses so she can offer “the perfect shoes” or other accessories to go with the great dress you just picked out.

The tasteful store offers casual to formal, including Bridal. She has done three Bridal parties for pennies

on the dollar already during her first month here! Simply.U has something for everyone: Men’s and Women’s fashions, Beautiful Jewelry, Halloween Costumes and much more. Before making an online fashion purchase, Sherry strongly suggests you contact her, chances are she can find it at a much lower price. Simply.U is located at 13743 Madison Avenue. Phone 440-799-4855, Hours are Tuesday



- Saturday 12:00 p.m. to 6:00 p.m. For more information email, info@www.simplydotu.com. For private shopping, appointment-only, call 216-280-7229.

## Chocoholics Unite!

by Paula Reed

Downtown Lakewood Business Alliance’s Chocolate Walk, now in its fourth year, has quickly become one of Lakewood’s most highly-anticipated events. On Thursday, October 25th, from 6-9 p.m., Downtown Lakewood will bustle with throngs of people with one thought in mind—CHOCOLATE! When Charlie Chonka cuts the ribbon on the doors of First Federal of Lakewood at 6:00, walkers will enter to pick up maps, bags, and their FFL treat—a Sweet Designs mini-bar. They’ll also have the opportunity to buy raffle tickets and drop them on the items they covet. At each stop on the Walk, Downtown merchants will offer a delectable chocolate treat. Walkers will revisit favorite shops, and get acquainted with places they’ve never ventured into before.



The evening ends with the Grand Finale Sundae bar at Rozi’s, where the raffle items reappear. Spoon up mouth-watering hot fudge while toe-tapping to Lakewood’s own Cats on Holiday whose music just makes you happy. It will be a night to remember!

New this year—VIP Pre-Walk Party. Tickets are \$40, and include spe-

cial treats, as well as private check-in. Stay tuned for full details!

Tickets are limited, and are \$25 in advance; \$30 at the door, if any tickets remain. Chocolate Walk has sold out every year, so get ready to buy your tickets as soon as they go on sale. As a special benefit for their support, tickets are available to LakewoodAlive inves-

tors online only from September 24th through September 30th, a week before the public sale opens on October 1. Tickets are available at downtownlakewood.org, and at select downtown merchants. Call Donna Witmer at GreenSmart-Gifts for details: 216-316-0320.

Mark your calendar now—you don’t want to miss this event!

## Five Guys: A National Chain Helping Lakewood

by Andrew Harant

In December, 2009, Five Guys Burgers and Fries opened on the corner of Detroit and Gladys Avenues. Started by the four Murrell brothers with the help

of their parents (who later welcomed a fifth son,) this Washington DC favorite began franchising in 2003, and now boasts over 1,000 locations nationwide. Yet, the restaurant continues to adhere to its values of serving only fresh hand-formed burgers and fresh-cut fries, receiving awards and critical acclaim.

Wholesome Burger, a Five Guys franchisee with 13 locations in Northeast Ohio and Pittsburgh, operates the Lakewood restaurant. According to Crystal Green, shared services manager for Wholesome Burger, two tenets of the Five Guys business model is for franchises to be locally owned and be involved in the community.


Over the past year and a half, the Lakewood Five Guys location has donated \$4,574.40 to Lakewood organizations through fundraising nights. Wholesome Burger works with interested organizations to select a particular day on which a portion of sales will be donated to the organization. Wholesome Burger provides the organization with templates for flyers and coupons to customize and distribute. Groups taking

advantage of this opportunity include YMCA Adventure Guides (earned \$360.81), Lakewood High School After Prom Committee (\$365.32), Garfield Middle School PTA (\$418.01), St. Mark’s School Parents Club (\$414.87), and Frannie’s Fan Club for Autism Speaks (\$232.44). Over all 13 Five Guys under the Wholesome Burger banner, monetary donations to local communities tripled in the past year.

The restaurant continues to experiment with additional ways to be involved in Lakewood. For one, it donates gift cards to such groups as DARE, Help-2-Others, Lakewood City Schools, and St. Ed’s Holiday Hockey Tournament for use as awards or incentives. The covered front patio served as one of the stages for entertainment during this past Light Up Lakewood event, and Green hopes that will continue this year. Green also mentioned that volunteer efforts began this year at the Akron area stores, in which employees held service days at organizations like the local food bank, and she hopes to expand that to Lakewood next year.



Designed by Pininfarina, an Italian automotive design firm that has worked with such car makers as Ferrari and Rolls-Royce, the new Coca-Cola Freestyle drink dispenser offers customers 126 kinds of carbonated & non-carbonated drinks. Five Guys is the first place in Lakewood to make these machines available for customers to use.



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Book Review

Take A Trip With “Captain Poetry’s Sucker Punch”: A Guide to the Homeric Punkhole, 1980-2012

by Betsy Voinovich

*Dare to know.*  
*Commit with others to face-time education and ecstasy through production of a community newspaper in the city that would know itself better than any other and thereby enter into The Guinness Book of World Records.*

So opens the final selection in former Lakewood Public library director Ken Warren’s new book, “Captain Poetry’s Sucker Punch”: A Guide to the Homeric Punkhole, 1980-2012. The piece is called: “The Lakewood Observer’s Hyper-local Dojo: Self-Defense and the Ecology of Civic Engagement.”

The above quotes are in the Praxis (“praxis”: practice rather than theory) section of a set of guidelines for the creation and protection of-- you guessed it--the paper you’re holding in your hands, or looking at on your screen—The Lakewood Observer--which turns out to be a kind of living epic poem that you are a part of because you’re reading this now, and I am a part of because I’m writing this now, thinking of you, the Other. For Ken Warren “Ecstasy” takes many forms. Coming together to create this paper is one of them. Through the container of the Lakewood Observer—the newspaper, and the online real-time real-names 24-hour “Observation Deck”—we share, we support, we examine, we criticize, we celebrate. We describe, create and protect our common experience.



Kenneth Warren reading from “Captain Poetry’s Sucker Punch” to longtime friend Steve Davis.

And it’s all contained in the directive: “Dare to know.” Is Mr. Warren kidding when he implies that the goal of all of this enlightenment is entering into the Guinness Book of World Records? If you talk to him, or read his work, you will find this combination of seriousness and whimsy is typical of Ken’s approach, it’s a way he has of getting a person to take an idea one step further. How would one measure a city’s ability to know itself? Should we get the world record?

In a radio interview with “Farcast” host Robert Phoenix, Ken describes how the Lakewood Observer was born out of a need for the citizens of Lakewood to be able to talk amongst ourselves rather than having to rely upon “news” leaving the city through

official news releases and then being handed back via the Cleveland Plain Dealer, Sun papers, or other media who each had their own spin on what they thought we should think about what was going on in our own front and backyards.

Phoenix shared with Ken a reflection from alternative health physician Joseph Mercola who, Phoenix said, has found “that people who lie have really poor health. There’s a somatic connection between lying and illness. On a collective level,” Phoenix said, “we’re seeing this accumulation of lies and denial and illusion taking place, and as a result, there’s a sickness of the collective body.”

“Yeah,” Ken responds. “we’re living in a pathological fantasy. This (collective fantasy) is ripping out anything we’ve held in common as human beings.”

Ken’s mission with his book, with his part in the creation of the Lakewood Observer is to attempt to restore what we’ve held in common.

“What interests me is understanding the Jungian notion that soul is Other. You look for the mythology of an Other that claims you. You have to look for your wound in the wounds of others. The wound becomes a womb. You’re looking for a kind of rebirth and healing.”

He goes on to describe the work of poet and scholar Jack Clarke, in “Curriculum of the Soul.” As Clarke sees it, there is a time factor to truth, to news, to information, to creation. “Everybody has a hunch or an intuitive

spark,” Ken says. “That’s not enough. Not enough just to nab it. You’ve got to put it into a deeper relational, time-factored context. You have to look for the Other.” The Other is part of the creation, part of the news, part of the information, part of the truth.

The healing comes with speaking, in one’s own voice, without filters, one’s own truth, and in the hearing of the truth of the Other, making the expression, “Says you,” into something holy. Says me, indeed. This is me, this is what I think, what do you think? Thus a community-written news project—a vehicle for rebuilding, valuing and protecting what we have in common, which is our own real, shared but unique experience, through our own eyes. In real time.

The people at Guinness may not

understand how to measure how well a community knows itself, but in terms of world records, the Lakewood Observer has set and broken its own record as the longest-running community journalism project in the country.

It is fitting that the post-script of this book consists of directions for the coming together of voices in the real world. The main body of the book is a bringing together of more voices: poets, essayists, musicians, homeless people dancing at bus stations in Lakewood, survivors of Kent State, survivors of the Phantasy Nightclub. This is Ken’s personal odyssey through the past 30 years as a reader, a poet, a library director, a citizen and as a human.

What all the writers in this book have in common is the need to speak. And that they have spoken, and Ken has heard, and kept and collected their work, bringing to his readers a fantastic assortment of voices and points of view, with Ken as your very intuitive guide.

There is a lot of subject matter here that will be familiar to Greater Clevelanders. Ken’s powers of observation are far-ranging and poetic, at the same time, his familiarity with his subjects is striking as is his ability to bring his reader directly into the scene.

My first experience with “Captain Poetry’s Sucker Punch” occurred when Ken came to town carrying the proof copy in his hand. I innocently asked him what was in the book. Ken, knowing of my interest in rock music and musicians, asked me what I thought of Johnny Thunders, from the New York Dolls. “I like him,” I said. “What’s not to like?” Turns out I was referring to the iconic Johnny Thunders from back in the day, not the one who played the Phantasy in 1986 the night Ken was there, reviewing the show for Alternative Press Magazine.

In a piece early on in “Captain Poetry,” called, “Why Johnny Can’t Play,” Ken begins by describing the scene that gave birth to the New York Dolls I thought I was remembering:

“In the dark the deepest urge of all garage bands was to transcend on guitar the lot of the grease monkey, in other words, the world of hard mechanical work on cars. That urge was given particular expression in the bitchy, glittering sneers of the New York Dolls. The sister morphine androgyny hatched in garages across the boroughs of New York shot into the American mainland the violation aesthetics that bound together for life metal and punk.”

But by the time Johnny got to Cleveland—The Phantasy in Lakewood—in



fact-- as a solo act, in 1986, Cleveland was ready for him, but he was not ready for Cleveland:

“After a long absence, sedated bodies of yore returned to club life, paid double for the death trip, and couldn’t move a muscle to Thunders’ sagging covers of “Walk Don’t Run,” “Gloria,” “Eve of Destruction,” and “Play with Fire.” In essence, the pile of dead Cleveland meat that packed into the Phantasy for Johnny Thunders had found itself treated badly to little more than “Green Onions” bloated with depressants.”

And then Ken goes on to describe Cleveland. What makes it hard here, and what makes it good. At least in 1986:

“The problem of difference, of regional distinction, could not alone explain the bad vibe that had turned a West Side Eighties music club into the last refuge of debased glitter rituals that had come to converge on the site of Thunders’ dying presence... Cleveland is, of course, a decaying crossroads from which many souls ship off for parts unknown. Those who stick around can either drown in booze or burrow in the family. What makes Cleveland a great place for the Rock and Roll Hall of Fame is that nobody congratulates survivors as they do in New York City. In Cleveland everybody looks at the stage as an opportunity to work hard. At the Phantasy, Thunders didn’t produce and therefore didn’t get the clap he wanted.”

Ultimately, Mr. Warren has sympathy for Mr. Thunders:

“Still, the con man in us all has got to admire Thunders for his comeback scam. The world’s heard Thunders could not self-manage a piss for a score of years. But the extent of his success in Cleveland hangs after the show on the shine he put on his cast brass balls by blaming the victims in the audience for why Johnny can’t play. ‘I really wanted to do another set but the audience was dead,’ contended Thunders.”

And finally, Ken allows Johnny his final sneer at the Cleveland audience that has long ago left the building: “I had more fun playing in Russia than I had playing in Cleveland tonight.”

Later in the book, Ken takes on the life and work of Daniel Thompson

continued on page 23



## Opinion

# Women's Equality Day And The U.S. National Action Plan On Women, Peace And Security

by Nickie Antonio

A recent article in the New York Daily News touted that,

*"The 2012 London Olympic Games have already been christened the 'women's games.' Women seemed to dominate the television programming, the personal interest stories and more importantly for America, the medal count. Female athletes contributed 55% of America's total medals and 66% of the golds. Without women pulling more than their fair share, America would probably have finished a distant second behind China in the medal count. Make no mistake; Title IX won the Olympics for America."*

America's women have benefitted in a myriad of ways from the 1972 Title IX landmark legislation which opened up opportunities for women's access to sports, education and leadership. Athletic advances of women are only one aspect of U.S. women coming into their own in our colleges and universities, in the workplace, in boardrooms, and at the ballot box. While it is easy to take those advancements for granted, we must remember that women had to fight for those precious rights we enjoy today.

On August 26, 1920, women were granted the right to vote when the 19th Amendment to the U.S. Constitution was passed. Thanks to the late Congress-

woman Bella Abzug and her 1971 U.S. Congressional Resolution, we celebrate "Women's Equality Day" on August 26 each year to commemorate this achievement and call attention to the continuing efforts towards full women's equality.

Bella Abzug was a formidable champion promoting both women's empowerment and peace. She had her start in 1961 helping lead Women Strike for Peace, calling for an end to the atmospheric nuclear tests. She would have been first in line to sponsor the Women, Peace and Security Act of 2012 that has recently been introduced in Congress.

This Act is designed to support the implementation of the U.S. National Action Plan on Women, Peace, and Security, which was launched by executive order last December. With the leadership of Secretary of State Hillary Clinton, America joined the ranks of more than 30 countries in developing its National Action Plan to promote the essential role of women when it comes to securing peace. All of this started with a movement of women that has risen up across the globe and been developing through the United Nations.

It is well documented that women are uniquely and disproportionately victimized by war and violence. Yet it has also been shown that women are uniquely

effective agents for securing lasting and just peace. We have seen dismal failure when it comes to peace agreements. More than half fall apart within the first ten years, and women made up only 2.4 percent of all signatories to the 21 major peace agreements established over the past 20 years. Coincidence?

It's time for a change. Creating sustainable peace elsewhere is essential for our national security. We cannot afford to continue the perpetual war sacrifices of blood and treasure that we have seen in Iraq and Afghanistan.

Secretary of State Clinton has eloquently stated: "When women participate in peace processes, they focus discussion on issues like human rights, justice, national reconciliation, and economic renewal that are critical to making peace, but often are overlooked in formal negotiations. They build coalitions across ethnic and sectarian lines, and they speak up for other marginalized groups. They act as mediators and help to foster compromise."

Women need to be at the table in determining how development aid and resources will best be used in preventing, enduring and recovering from conflict and war.

In the days following the 9/11 attacks, women in our local area from

the Arabic community contacted our former Mayor Madeline Cain, to discuss their fears and concerns regarding potential backlash against Arab-American community members and business owners. The Mayor immediately met with them and in concert with the women and her Administration, the mayor created a pro-active plan to keep the peace and monitor any issues.

The pattern of women offering innovative solutions is also evident worldwide, and bringing these to the peace table has improved outcomes. In Afghanistan, with among the worst infant and maternal mortality rates in the world, training and providing midwives has been essential in improving conditions.

Northern Ireland women negotiators of the 1998 Good Friday Agreement secured involvement of youth and victims of violence in the reconciliation process and accelerated the release and reintegration of political prisoners.

Somalia's Asha Haji Elmi led a group of women to the Somali Peace and Reconciliation conference in Eldoret, Kenya in 2002, which prompted the Somali government to adopt a quota of 12 percent of the 275 seats of their parliament be held by women.

With the WPS Act, Congress can participate in recognizing and promoting the invaluable role women play in preventing, mediating, and resolving violent conflict and building peaceful communities. We can be a part of fostering a U.S.

**continued on page 22**

## Ginger's Last Call



by Laurie Sanders

Just like any other Saturday, this evening I most likely worked an 8 hour shift in the finest of dining establishments. I've tolerated someone's not so funny jokes about how my tip will be affected by how hot his after dinner coffee comes out of the pot, walked 3.6 miles around tables that are far too close together for any server larger than a size 2, and perfected the best bitter server eye roll known to man. Seems like a good night to party! I'm not talking all weekend Vegas bender here, but a couple of cocktails with your best friends after a long, long week of work.

I have always known how much I love Lakewood. Never wanting to leave home for college though, was really the hit home realization that I would become a townie. The word comes with some stigma. Most people you would refer to as townies are from very small areas with not much to see or do. My parents on the other hand chose the perfect place to raise children who one day would also know they would never want to leave. This was my mother's secret plot to keep all of her kids within walking distance- just as I like my bars.

All self proclaimed townies have to have that one bar that they feel most at

home. As much as I love exploring all the great places Lakewood has for weekend festivities I always end up at my favorite joint for last call. Around the Corner offers a little bit of everything awesome. With four full bars, you could experience live bands, great DJs prompting vigorous dancing, and a chill patio conversation all in one night. With great deals and fun themed promotions throughout the year around the corner is the perfect four seasons hangout. This particular Saturday I started my night out with a rocking "amuse me" martini on another great patio just across the street at Georgetown which is also owned by father and son duo, Mickey and Ryan Krivosh. Here they have taken on fine dining and brought in the community flare this spot needed to be a real part of Lakewood's upscale restaurant hits! Congratulations go out to the Krivosh's celebrating their 38th business year. You'll be sure to see me at that party!

My townie spots hold a dear place in my heart and always will. My best friendships took new forms here, my love life sparked into something unimaginable and all of my high heels are the perfect stage of broken-in thanks to the dreaded hike up and down the flight of stairs to the ladies room.

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# When In Need? Friends Indeed! Gary, With Bob Rice

by Gary Rice

Over the years, I’ve discovered that talking about hospitals or medical care is a great deal like talking about politics or cats. It’s been my experience that people have very strong opinions about all four topics, and it seems that the older I get, the more I hear about the topics of hospitals, medical care and politics. As far as cats go? Well, I would suspect that cats and their owners would regard their topic to have been settled once and for always. Anyone not sharing their point of view? Pity them.

In all candor, I have, over the years, heard from a few people who said that they did not have the best experience at Lakewood Hospital. In the case of my family, we’ve needed that facility many times in the past, and our experiences, while not always perfect, have generally been very good ones.

With any hospital or medical experience, there’s a boatload of anxiety involved. Families are, at times, uncertain what to do...or where to turn. Ever-changing insurance issues can also necessitate patients needing to use doctors or hospitals that are a part of their particular plan, and if their insurance changes? They may then need to consider getting other medical providers. All too often these days, people may find themselves without medical insurance at all, so those situations can also come into play. In the face of all these variables, it’s little wonder that a trip to the hospital can be stressful.

Once an independent facility, Lakewood Hospital is presently a part of the Cleveland Clinic system. Lakewoodites not having visited the

hospital recently may well have some questions as to what is going on there. First and foremost, while some services have transferred to other facilities in the Clinic system, our Lakewood Hospital remains very much a real hospital, having everything from emergency services to a fine neurological and stroke center. That’s where my own family’s last experience transpired, when Dad needed to undergo a recent outpatient visit and tests.

In the first place, when I called the Neurological Department at Lakewood, I came in contact with a lovely person on the desk. She soon ascertained the purpose of my call, and we quickly were able to schedule an appointment with a Neurologist. When we went to our appointment, the doctor then advised

Dad that he needed to have several tests. Normally, those tests would have involved return visits to the hospital on other days, but when I asked that same desk person about whether any of those tests could be done on the day of our visit, she immediately made some calls, and we were fortunately able to get everything done on the same morning as our appointment! All of the testing facilities were within a short walking distance too!

Now I know that a number of people prefer to go the the large downtown hospitals for any number of reasons, but the personalized service that my family has received, time and again at Lakewood Hospital from great people like those in Neurology who recently helped Dad...all of that counts for a great deal with us. On the day that we were there, every person whom we encountered in each department that we dealt with, were all very pleasant and utterly professional. Again, the best thing for us was that all tests happened to be close to each other. That’s pretty important to older people. The personal attention that we received simply could not be beat either. From the expedient scheduling, to the testing, it was an outstanding day indeed. Even the hospital cafeteria food that we sampled later that day was first rate. Seniors can also make arrangements to eat there in the evenings at a special price.

Dad’s results turned out fine, and both of us thought that it would be nice to give a shout out to those great people down at Lakewood Neurology, and to Lakewood Hospital in general. Lakewood is indeed fortunate to have friendly and professional world-class care, only minutes from your door.

## Lakewood Historical Society House Tour: Two Gems In 17863 Lake Road, And St. James Church

continued from page 1

Bissett and Victoria Naumann Peltz will also be on hand for a book signing.

A late addition to the “Come Home to Lakewood” tour is the recently reopened St. James Catholic Church. The church was completed in 1935 after 10 years of hard work at a cost of \$569,000, equal to about \$10 million in 2012. The Cleveland Landmark Commission cited St. James as one of the four most architecturally significant church structures in the region, and it was the first structure in the city to be designated historically significant both inside and out.

Start your historic weekend at the

society’s Patron Party on Saturday, Sept. 8 at a home on Nicholson Avenue that is not part of the Sunday tour. Tour the home, and enjoy the music, food, a silent auction, and open bar serving beer and wine. Also, the winning ticket for the year-long “Instant Wine Cellar” will be drawn during the evening.

Advance sale tickets for the house tour are \$20. Tickets may be purchased by mail, at the Oldest Stone House or at these retail outlets: Beck Center for the Arts, 17801 Detroit Ave.; First Federal of Lakewood, 14806 Detroit Ave.; Geiger’s Clothing & Sports, 14710 Detroit Ave.; Local Girl Gallery, 16106 Detroit; Oldest Stone House, 14710 Lake Ave.;

Rozi’s Wine House, 14900 Detroit Ave.; Mitchell Sotka, 19071 Old Detroit Road, Rocky River; and at V Regalo/The Desk Set, 19315 Detroit Road, Rocky River. Tour tickets and tickets for the Patron Party Saturday, Sept. 8 can be purchased online at [www.lakewoodmuseumstore.org](http://www.lakewoodmuseumstore.org).

A limited number of tickets may be available the day of the tour at the Nicholson House for \$25 each. Patron Party tickets also can be purchased by mail, online, or at the Oldest Stone House during business hours. For more tour and benefit information, contact the Lakewood Historical Society at 216-221-7343 or go to [www.lakewoodhistory.org](http://www.lakewoodhistory.org).



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# Lakewood Living

## A Couple Of Great Cops

by David Skolyak

Friday, August 3rd, at about 2:30 p.m. I woke from a nap. Still groggy I decided to water my plants and went outside to turn on the hose. As I started watering the front garden I noticed red droppings on my front porch and steps. Not sure what I was looking at I just automatically hosed it down. I continued to water the plants and when finished coiled the hose, turned off the water and prepared to sit and watch television. A half hour later my fiance entered the house asking why there was

blood in front of the main door and on the outside wall and doorbell? Not sure what she was talking about I went to the front of the house and sure as heck there it was, blood. I had been hosing down blood from the front steps and porch. What the hell?

Being an avid TV watcher all kinds of scenerios rushed through my mind. When I got home at about 1 p.m. there was no blood. I laid down for my nap about a quarter to two and there was nothing to make me suspicious of anything going on. Then at about 2:30

there is blood all over the place. Admittedly I have an over-active imagination and thought of drivebys, bad drug deals, stabbings, all kinds of mayhem and started getting really nervous.

I called the Lakewood police and they sent two officers over to investigate. Heck, I felt foolish at that point because it could have been a wounded animal, not that that is something to make light of, but at least there wouldn't be any dead bodies lying around somewhere.

Officers Dan Hilfiker and Daniel Smykowski (my apologies for any misspelling guys) arrived. Being the professionals they are they treated me with respect and concern. They eased my mind with their tact and questioning abilities. They tracked the blood from my porch to the sidewalk, to the driveway, and across the street, taking their time and scrutinizing every possible path the blood led them. I was thinking this was time for the bloodhounds to be brought in. Okay, my investigative techniques are not as sharp as theirs are and they were able to trace the blood back across the street toward my neighbors house, over tree lawns and concrete. Amazingly they found the source of the blood or at least where the blood originated from (who needs bloodhounds with these guys around?)

They made calls to the department to see if any other calls had been made about anyone bleeding and to Lakewood Hospital to check on recent admittees. Lo and behold they found my neighbor had cut himself badly and

was being treated for his injury. I guess my nap was so hard I never heard him ringing my bell summoning help. Of course I felt bad I was not awake to help him. He was able to summon a passing motorist to stop and rush him to the hospital.

Not only were those officers instrumental in solving this "case" but were kind enough to contact the fire department to come and clean the blood strewn all over. Kudos to the the Lakewood Fire Department for their quickness and thoroughness in cleaning the sidewalks and streets of that blood.

Of course this sounds like a kissing up job but it is not. I really was and am appreciative of their skills and abilities. It is things like this that make Lakewood a great community to live in and feel safe and cared for.

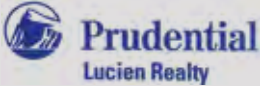
## Women's Equality Day

continued from page 20

approach that will build lasting sustainable peace for everyone, and will enhance our national security. To celebrate this Women's Equality Day, I ask Senators Sherrod Brown and Rob Portman, and U.S. Representative Marcie Kaptur to consider co-sponsorship of the Women, Peace and Security Act of 2012. And I'll

take a moment to thank Bella Abzug and those early 20th century women who fought for my right to participate in public life, I am forever grateful.

Nickie J. Antonio is a State Representative in Ohio and member of the Women Legislator's Lobby – a program of Women's Action for New Directions (WAND).



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Lakewood Living

# Make Your Offer Stand Out

by Chris Bergin

Real estate consumers are realizing that there has rarely been a better time to buy a home. In fact, historically low mortgage rates coupled with lower home prices have even sparked bidding competition in markets around the country.

A good home in a solid location may attract ample attention only hours after being listed. Home buyers can make their offers stand out from the rest through one or more of the following strategies:

**Price.** Obviously, price tends to be

the primary consideration for sellers. When you're competing for a home, to get an edge, think about adding a clause stating that you will beat the highest offer by "x" dollars up to "x" amount. Cash offers can be more attractive to sellers as well. Although sellers will receive their money at closing whether buyers pay with cash or take out a loan, cash offers don't require lender approval.

**Financing.** It's not enough to be pre-qualified. Pre-qualification only tells how much you can afford. Pre-

approval goes a step further. Your lender will thoroughly evaluate your application—including verifying employment information and financial disposition—then clear you for a loan of a determined amount. Having your loan pre-approved gives you a sizeable advantage by putting you on equal footing with cash buyers.

**Good Faith Deposit.** Buyers offering a larger-than-customary amount of "earnest money," a deposit that accompanies an offer, may get a seller's attention. By committing more money up front, buyers demonstrate greater sincerity and motivation to close the transaction. Your real estate professional can guide you as to the appropriate sum for your specific transaction.

contingency, and so on down the line. If one transaction derails, they all might.

**Relationship.** Help the seller get to know and identify with you by looking for ways to connect. Find common interests, such as a shared appreciation of gardening. You can then persuade the seller that her prize roses will be well tended. Share brief family stories. The more the seller gets to know and like you, the better chance your offer will stand out in a competitive environment.

**Considerations for Short-sale and Foreclosure Transactions** – Bank-owned properties represent a significant portion of today's housing inventory. Competition can be most keen for these homes as their prices can run 10% to 20% below current market value.

## “Captain Poetry’s Sucker Punch”

continued from page 19

son, the late Poet Laureate of Cuyahoga County, revealing “what’s so big” about “The Big Book of Daniel.”

Ken tags Thompson as “a pissed-off poet,” imagining the effect of Thompson’s Fort Wayne Lutheran high school, and experience in the Concordia Seminary as Thompson’s “fortification in divinity school (which) fused resistance and shame to a religious root.” Ken calls this the “big Jesus reflex” that “ripples from Thompson’s ‘mustardseed faith.’” In “Tears of Jesus,” Ken finds Thompson “coaxing an ironic note from the divine child imagined weeping at Christmastime..”

*After the mayoral  
Sweep of the homeless  
From the streets into jail  
Jesus wept  
The mayor then ordered  
The tears to be swept away, too  
The tears of Jesus are bad for business  
During the Christmas rush  
I mean, come on, said the mayor to  
Jesus  
Don’t be such a baby  
(from “The Tears of Jesus”)*

Ken delves into Thompson’s history as a Freedom Rider from Kent State who ends up imprisoned in North Carolina asking the Student Nonviolent Coordinating Committee for a gun for his own protection, which he is denied. Ken describes the poem resulting from Thompson’s experience: “For Thompson, the denial of a gun carried the historical weight of a founding

conflict, one he transformed over time into a poem packing heat”:  
*No less than Thomas Jefferson said  
We are all gunmen*

*Cross at the light  
And step over the dead  
We are all gunmen*  
(from “We Are All Gunman”)  
For those who are unfamiliar with Daniel Thompson, there is no better place to start than accompanied by “Captain Poetry.”

Ken’s journey down the “Homeric Punkhole” finally is a celebration of irrepressible, adamantly individual human voices that have spoken to him, that have caught his attention. The Others that have claimed him. Ken’s task and triumph is taking the journey that each offers, and sharing it with his reader.

In Section Three of his book, Ken describes novelist and poet, Gil Sorrentino, as having arrived at this essential understanding: “If talk promises to be a transcendent act, then hearing is his first responsibility as a man.”

Ken has taken his responsibility very seriously. There is no more room here to describe the rewards of reading along with “Captain Poetry,” except to say that his essays are remarkable for their complexity and their compassion.

**Listen to Mr. Ken Warren on “Around Noon” on 90.3 WCPN this Thursday September 6th and meet him in person at Visible Voice books where he will be reading and signing “Captain Poetry” this Saturday, September 8th from 7 to 8 pm.**

Contingencies. Consider minimizing contingencies, those clauses that allow buyers to back out of a contract if certain conditions are not met. For example, it’s common for buyers to make the purchase contingent upon their securing satisfactory financing. Obviously, offers with the fewest conditions tend to be more attractive to sellers.

From a contingency standpoint, first-time buyers are often better prospects for a seller’s home than move-up buyers. That’s because first-time buyers’ offers are not contingent upon the sale of a present home. Even if a move-up buyer has an offer in hand, that buyer’s offer may be contingent on another

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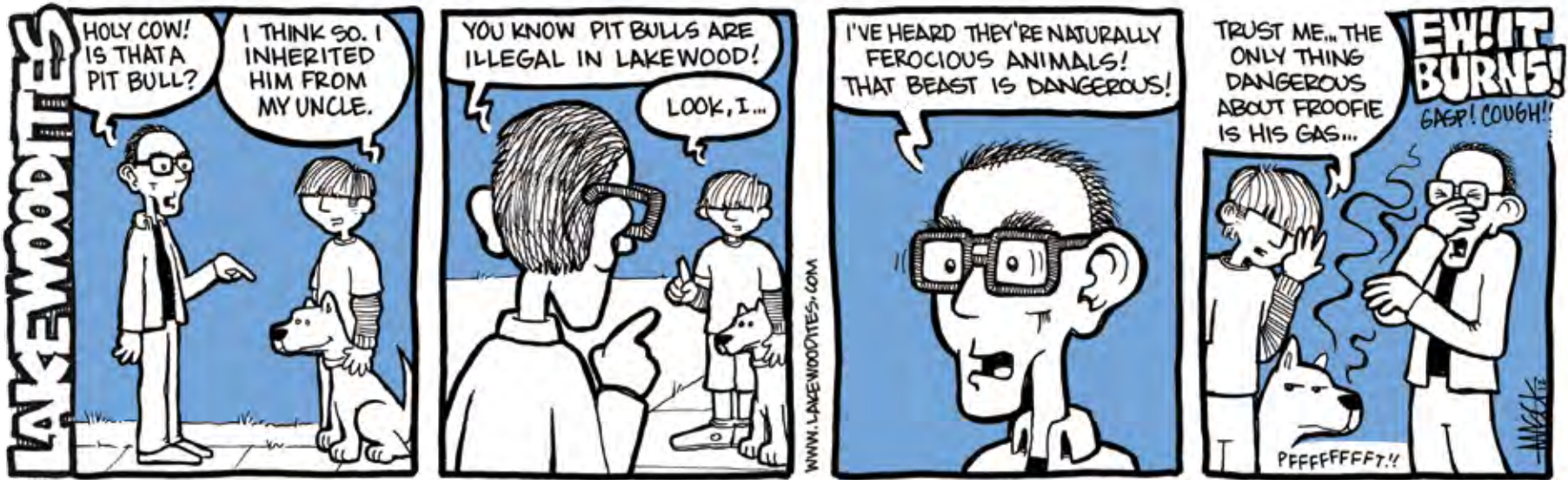
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