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THE LAKEWOOD OBSERVER

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Volume 8, Issue 19, September 18, 2012

Meet Bestselling Food Author Michael Ruhlman:

For The Lakewood Public Library Foundation

by Lisa Calfee

Keeping up with Cleveland native Michael Ruhlman isn't easy. Not only has he written 12 books, including the bestsellers *The Making of a Chef*, *The French Laundry Cookbook* and *Elements of Cooking*, but his *Ruhlman's*

Twenty won the 2012 James Beard Foundation Award, the highest honor a cookbook can garner. His dinner conversation continues with readers on his popular blog and we have even seen him on national television as a judge on the Food Network's *Iron Chef America*

and a guest on *Anthony Bourdain's No Reservations*.

While Ruhlman continues to write and travel, we await his arrival on October 4 at the Beck Center for an intimate evening of conversation, chef-inspired tastings and beverages to benefit the Lakewood Public Library Foundation. Tickets are available for An Evening with Michael Ruhlman online at www.lakewoodpubliclibrary.org and at both branches of the Lakewood Public Library.

As an appetizer for the big night, we were lucky enough to catch up with Mr. Ruhlman in cyberspace to ask a few questions about his career, being from Cleveland and of course, food...

Q: Do you consider yourself (grammar aside) a chef who writes or a writer who chefs?

MR: I'm a writer who cooks. I'm not a chef. Chef means leader of a kitchen. The term chef has become debased to mean anyone who cooks,

and this annoys me. In professional kitchens chef is also a term of respect.

Q: Which is harder, writing or cooking?

MR: Writing; are you kid-

ding?

Q: What do people say when you tell them you're from Cleveland?

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Cash Mob Planned At Local Girl Gallery Saturday

by Jeanine Gergel

Come out to Local Girl Gallery on Saturday, September 22, 2012 from 2 to 6 p.m. and help save our community's favorite gathering place and creative sanctuary.

Fans of the gallery were alarmed when owner Linda Goik announced earlier this month that the gallery would be closing by end of September. Many of us asked what could be done to save it. The answer: The gallery simply needs more business. If you love Local Girl,

this is your chance to help keep it alive.

The rules for the cash mob are simple: 1) spend at least \$20, 2) meet three people you've never met before, and 3) have fun.

This is the time to start your Christmas shopping, stock up on hostess gifts, and maybe even buy a little something for yourself! Refreshments will be served.

Local Girl Gallery is located at 16106 Detroit Avenue in Lakewood.

LHS Alumni Marching Band To Salute Brian Maskow

by Valerie Mechenbier

Lakewood High School celebrates Homecoming on Friday, September 28th during the Lakewood vs. Rocky River varsity football game at Lakewood Stadium. This particular Homecoming has a special significance to any musician who has played in the Lakewood High School Ranger Marching Band during the past 29 years: it's the last chance to perform under the direction of Mr. Brian Maskow. Mr. Maskow, who will be retiring at the end of the 2012-2013 school year, has taught, cajoled, counseled, challenged, and encouraged many hundreds of student musicians during his tenure as Director of Bands at Lakewood High School, and will leave behind a legacy of "Pride, Discipline, Commitment, and Respect".

Each year, LHS Alumni Marching Band members assemble and play alongside

the current year's Ranger Marching Band on Homecoming night. A special effort is being put forth this year to find and connect with as many alumni band members and alumni auxiliaries (Flags & Rangerettes) as possible for an event that has come to be known as "Mr. Maskow's Opus." In addition to using lists of Alumni band members compiled over the years, word is getting out via social media (search Lakewood Ranger Marching Band and Lakewood "Ranger" Marching Band Facebook groups, and Lakewood Ranger Alumni Marching Band Facebook event). And, for this special night, alumni who were members of any LHS band under Mr. Maskow (concert, symphonic, jazz, etc.) are invited to join in this tribute.

Mr. Sean DeRenzo, class of 1983, is spearheading the

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State Rep. Nickie J. Antonio Applauds Pension Reform Passage

by Nickie Antonio

State Representative Nickie J. Antonio (D-Lakewood) today voted in support of reform for

Ohio's five public pension systems. Rep. Antonio serves on the House Health and Aging Committee and applauds the

work of the subcommittee, which was instrumental in bringing together interested parties and the general public to fully understand the reform implications. Affected parties were not only consulted but were involved in crafting legislative solutions to meet the unique needs of the five pension systems.

"This has been a good example of the proper use of how our legislative process can work in the House in true bipartisan fashion," said Rep. Antonio.

More than one million Ohioans depend on income from one of the five retirement systems. The ability to plan for income, and count on retirement stability not only helps the retirees but ensures their participation in Ohio's economy. The pension systems represent over \$100 billion in financial resources for their members.

Hen Hopefuls: The Neal Family

by Annie Stahlheber

Here is another family of "hen hopefuls": the Neal Family (Gregg Sr., Angel, Gregg Jr. and Payton). Biography information compiled by the Hens in Lakewood committee.

What street do you live on? Garfield Avenue.

How long have you lived in Lakewood? We started renting in Lakewood over 14 years ago. When it was time to start a family, we knew Lakewood was the city that we wanted our children to call home, so we purchased a house on Garfield Avenue, where we reside today with our two boys and our Chihuahuas.



Payton Neal and Gregg Sr.

Why do you choose to live in Lakewood? Even though Lakewood is a city, it has the feeling of a small, tight-knit

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Lakewood Girl Power



Lakewoodites have known for years "Girl Power" rules in Lakewood. At the Lakewood Community Festival (put on by women) we found four of the most important women for Lakewood's Future talking.

Left to right: Hilary Shickler (LakewoodAlive Housing Program Director), State Representative Nickie Antonio, Ward 4 Councilwoman Mary Louise Madigan, and Congresswoman Marcy Kaptur.

Events

Hen Hopefuls: The Neal Family

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town. People who live in Lakewood actually care about keeping their community beautiful, supporting local business, funding the school system, and focusing on the wonderful meaning of diversity! We want our children to understand that these are the traits that make a person a good citizen and allow them to actually become a part of their community.

Why do you want to raise hens in Lakewood? Raising hens makes sense in a city that promotes clean air, recycling, fresh and local food, and a healthy lifestyle that includes walking and biking. Hens have been kept by people as a source of nutrition throughout history, until recent times when factory farming became the norm. Our family likes to know where

our food comes from and that it is free of chemicals, hormones, and animal cruelty. What is more precious than watching your child raise an animal that can give back nutritious eggs for food along with teaching them responsibility and a respect for life? Raising hens is a hands-on life lesson.

Why do you think Lakewood is a community that should allow responsible hen keeping? The dedication of Lakewood citizens makes it a perfect place to raise hens. We love our community and want to keep it beautiful. It is an easy addition to keeping Lakewood a green community. Hens eat harmful insects, reduce garbage by eating table scraps, produce waste that makes wonderful compost, and most of all, supply families with nutri-



Gregg Neal, Jr. and Angel.

tious organic eggs! There are also quite a few locally-owned Lakewood stores that have expressed their desire to offer hen-keeping supplies that will allow their profit margins to benefit, too! Other cities have allowed hen-keeping for years without issues and many more surrounding cities such as Beachwood and Cleveland Heights have recently gotten on board and are allowing families to raise hens because of the positive impact it has on a community.

Do you want to mention anything else? Take the time to speak with the individuals and families who want

to keep hens in Lakewood. This is a group of professional, educated, family-oriented, and dedicated individuals who want to improve their community by making it a better place to live. Ask questions or share your thoughts with us. We are all more than happy to answer your questions or discuss concerns. The best quote of why our family wants to keep hens came from our "business-minded" 12-year-old son, Payton. If you ask him why he wants to keep hens, he will tell you, "I want the job of feeding the hens every day and collecting eggs, because this way I can earn a BIGGER allowance every week!"

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LHS Alumni Marching Band To Salute Brian Maskow

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Alumni Marching Band preparations for the evening. Alumni who wish to participate should contact Sean (216-570-3019) in order to discuss music, instruments, and to reserve an LHS Alumni Marching Band T-shirt. There will be two opportunities to meet with fellow Alumni Band members to check-in and rehearse before the game: Thursday, September 27th at 7pm in the Band Room, and/or Friday, September 28th at 5:30pm in the

LHS Choir Room. Alumni Marching Band participants will be admitted to the game for free. The Lakewood Marching Band Parents will host a reception in the LHS Choir Room for all Alumni Band participants after the game.

Spread the word! Please convey this message to former members of the LHS Ranger Marching Band: Dust off that instrument, brush up on the LHS Fight Song and LHS Alma Mater and find a way back to Lakewood for a final Alumni Marching Band salute to Mr. Brian Maskow.

Hey, Baby!

by Arlie Matera

Do you enjoy board books and bubbles? How about shakers, finger puppets, and dancing librarians? Have your parents ever wondered aloud what to do with you on the weekend?

If you answered yes to the above questions and you are a child age two or under, the Lakewood Public Library has a program for you! Weekends With Wee Ones is a drop-in storytime for babies and their caregivers. The pro-

gram is offered every weekend of the year, and there's no registration required. So pack your diaper bags and come on down to the Madison Branch for thirty minutes of baby-paced, baby-proofed, baby-approved fun!

Weekends With Wee Ones is held at the Madison Branch, 13229 Madison Ave. on Saturdays at 11:30 a.m. and Sundays at 3:30 p.m. For more information call the Children's & Youth Services department at (216) 226-8275 xt. 140.

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As a product of citizen journalism, The Lakewood Observer is looking for people, ages 3-100, to get involved in the paper and the city. We are looking for volunteer writers, photographers, designers, and illustrators to help with the production of the paper. It does not matter if you are a professional or amateur, our editorial staff will be glad to help you through the process.

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Upcoming Submission Deadline	Publish Date
Sunday, September 23	Tuesday, October 2
Sunday, October 7	Tuesday, October 16

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Advertising Feature



Cleveland Clinic

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Meet Your Hidden Community Asset:
Cleveland Clinic EMS Academy Trains Medics Who Save Our Lives

We typically don't think much about them, but when we need them, they are indispensable. They are our emergency medical services (EMS) professionals – the technicians and paramedics who save our lives when we're in trouble.

"It takes a special person to be an EMS provider," notes Dan Zezena, director of the Cleveland Clinic EMS Academy. "That person has to feel a calling within that urges them to take care of their fellow man. It is not a desire to receive praise as a hero."


The Cleveland Clinic EMS Academy trains individuals to provide the highest quality of emergency care for their communities. "By improving the health and safety of citizens, our EMS providers – and the institutions that train them – provide an invaluable community service," says Zezena. "EMS organizations today serve as extensions of hospital emergency departments and trauma centers. They are an integral, as well as critical, part of our overall healthcare system."

The Academy offers the following initial training courses and programs:

- Emergency Medical Responder – for safety forces and corporations
- Emergency Medical Technician program – for entry-level EMS providers
- Advanced Emergency Medical Technicians and Paramedic courses – for advanced practice providers
- Online refresher programs – for EMTs and paramedics who need to fulfill continuing education (CE) requirements

"Our Academy was one of the first in the State of Ohio to offer online refresher courses," says Zezena. "Many EMS providers have been very grateful for this convenient service – especially if they live some distance from our classrooms. All EMS personnel are required to earn a certain number of CE units each year."

With campuses in three Cleveland-area communities, the Cleveland Clinic EMS Academy is easily accessible for students on the East,



West and South sides of the city. "Our campuses offer opportunities – based on geographic location – that best serve our students and communities," says Zezena.

The campuses are located in Euclid, west Cleveland, and Medina.

State-of-the-art education centers include integrated classrooms, laboratories and computer lab. The Academy's online courses are offered through the Blackboard web-based learning system that creates a virtual classroom.

"By offering the highest level of training, we have the opportunity to improve community health and safety," says Zezena. "And by teaching future EMS providers how to provide first-class care, our EMS Academy truly meets the healthcare needs of the population."

If you are interested in serving your community as an EMS professional, you may visit the Cleveland Clinic EMS Academy website at www.emsacademy.us and register online for courses.

Or for more information, please call:
East Campus: 216.692.7850
West Campus: 216.523.7040
Medina Campus: 330.725.8461

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Lakewood City News

Questions Raised About Proposed Basketball Court

by Christopher Bindel

Lakewood City Council returned to regular sessions after their summer break in August on September 4, 2012. There were a few guests from the public in the audience while Council President Brian Powers called the meeting to order at 7:34 P.M.

Councilman David Anderson (Ward I) began the meeting by reading a report from the Housing Committee regarding the proposed ordinance that outlines guidelines for holding garage and yard sales. A few changes were made to the ordinance including allowing those in apartments to hold sales. The final version of the ordinance allows any one property to hold 3 sales a year, each to last no more than 3 days, they have to be held between the hours of 8 a.m. and 6 p.m., and the sale should be held in the rear yard unless not possible due to the absence of a the yard. The ordinance also designates the number and size of signs advertising the sale to be no more than 5, each measuring less than 5 square feet and they cannot be affixed to utility polls. The signs are allowed to be put up 1 day prior to the event and have to be removed within 6 hours of the sales end.

Before voting on the ordinance, Councilman Powers (At-Large) asked Councilman Anderson if the Committee considered a hardship provision which would allow a residence to hold more sales if they need to sell all the items in a home for reasons such as death or long distance relocation. Anderson said the Committee had not considered such a provision but that he would be open to including one. Powers then made a motion to add language which would allow that change.

Council agreed to the change including the hardship clause and then passed the ordinance.

Next Councilman Tom Bullock

(Ward II) asked Council to consider an ordinance that would eliminate the fee for renewing registration of dogs the ordinance deems dangerous. He stated that upon initial registration the City does do a lot of legwork including verification of micro-chipping and insurance, taking photographs, and entering the dog into the City's database, among other things. He understands that the city charges the \$50 fee to recoup the cost of the time spent by the city employees. However, he said, as he understood it, in subsequent years, re-registering requires only filling out a form, along with the \$50 fee. Councilman Bullock proposed removing the fee from renewal registration as he does not believe the fee equals the cost burden to the City.

Council referred the ordinance to the Public Safety Committee to be discussed.

Councilwoman Monique Smith (At-Large) then submitted a letter to the Council and the Administration regarding the basketball court that is being proposed in Lakewood Park. She stated that Council had received a communication from the Mayor informing them that he had agreed to allow the Lakewood Outdoor Basketball Committee (LOBC) to build a basketball court in Lakewood Park. However she said she was concerned that they had not received any sort of plan regarding the court, and also, though she initially understood that LOBC would cover the complete cost of the court installation, that she understands that the City might be paying a portion of the building cost. In her letter she asked the administration to answer a number of questions including:

-What were the original financial commitments of both the City and LOBC?

-What is the total projected cost of

the project?

-What is the goal population, who are they attempting to serve?

-Where exactly will the court be located?

-Why was Lakewood Park chosen?

-Why was the specific location chosen?

-How much community input was collected on the location of the court and its impact on surrounding areas?

-What will the hours of operation be?

-How and when will it be supervised?

Councilwoman Smith also asked why this project was chosen as a higher priority than some other improvements or projects that have been requested by the public, Council or are in the Parks Master Plan, and if other private groups will be allowed to submit proposals to build other activity-specific facilities on public land.

Before referring the letter to committee, Councilman Bullock wished to make a few points. He said that Lakewood has 75 acres of parks. That is just over 2% of our city's area, and leaves just about 1.4 acres for every 1,000 residents. That is considered really low. He said because of this we have to make the best of the parkland we have and make it work effectively. In regards to complaints, he said that

he thought it was unrealistic in a city as dense as Lakewood to eliminate all issues, but said it is important to work together and find the middle ground. He then pointed out in the Parks Master Plan of 2001, which Councilwoman Smith cited, that the plan includes a basketball court on the site that LOBC court is planning to build on.

Mayor Michael Summers responded saying he thought that they were good legitimate questions and agreed that they should be asked and answered. He continued saying that they were prepared to do so in whichever committee they decided to refer it to.

After the discussion, and hearing from two members of the public on the issue, Council referred the issue to the Committee of the Whole.

Then Police Chief Malley asked Council to consider passing a resolution that would allow the city to accept a grant it has been awarded from the Ohio Department of Public Safety. The grant consists of a new MPH Radar Unit that is valued in excess of \$1,000. The unit will be installed in one of the City's marked cars to help in speed enforcement.

Council passed the resolution.

Coming to the end of the agenda items, and with no announcements from members of Council or the administration, Council President Powers adjourned the meeting at 8:35 P.M.

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Small Business Convention at Kalahari Resorts Oct. 25 & 26

by COSE

In late October, COSE is inviting Lakewood-area small business professionals to Kalahari Resort in Sandusky, Ohio...and you don't need to bring a bathing suit...unless you really want to!

The newly renovated, state of the art Kalahari Resort and Convention Center will be home to COSE's 2012 Small Business Convention. COSE moved its signature event to Kalahari after holding it at Cleveland's IX Center for the last six years. This year's event will be held on Thursday, October 25 and Friday, October 26.

This year's convention features six national keynote speakers, headlined by Rhonda Kallman, co-founder of the hugely successful Boston Beer Company, makers of the iconic Samuel Adams Beer. Small business owners can participate in five different Learning Labs, each aligned with the Convention's education tracks: Sales & Marketing, Technology, Finance, Personal & Professional Development and HR & Legal. Each Learning Lab will allow attendees to set up private appointments with experts and receive advice on their specific challenges. Over the course of two days, there will

also be comprehensive workshops that delve deep into each education track.

Other aspects that make this Convention so popular are the innovatively fun networking opportunities (themed dinners anyone?), a trade show that will make your eyes pop and the second annual COSE Business Pitch Competition. Given its location, this year's Convention will attract small businesses and entrepreneurs from throughout the state and beyond, boosting opportunities to find local partners and connect with new business leads like never before. Human resources professionals, CPAs and lawyers that attend can earn continuing education credits by attending approved workshops at the Convention.


COSE has made travel and staying at the Convention easy. COSE negotiated a special \$99 nightly rate at the Kalahari Resorts Hotel for those wishing to stay overnight. Those traveling in daily will find free and convenient parking. And, COSE is chartering bus service for only \$25 per person that will pick attendees up at various points across Northeast Ohio and return them back each evening.

The Lakewood Chamber of



Commerce and COSE have a new partnership where local businesses can join both organizations for one low price versus joining them separately. Joint members get the power of local networking with the Lakewood Chamber, as well as the regional reach of COSE resulting in increased buying power to save on energy costs, office products and more. Now is the perfect time for businesses to take advantage of the Affiliate membership discount – in

doing so, they'll save \$150 on registration costs for COSE's Small Business Convention. The cost to attend the Convention is just \$99 for COSE members and Lakewood Affiliate members and \$249 for non-COSE members. Visit www.smallbizconvention to learn more and get registered. To find out how to become a joint member of the Lakewood Chamber of Commerce and COSE and save on Convention registration, call COSE at 216.592.2355.



Did you know

an ostrich's eye is bigger than its brain?

Another little-known fact:

On September 21, local business owners can expand their minds by attending a presentation by executive/life coach Jim Smith titled, *Happiness@TheSpeedofLife: Five Prescriptions for Happiness in a Turbulent World*.

In addition to learning the foundational principles on how to live a happier, more balanced life, learn how the new alliance between the Lakewood Chamber of Commerce and COSE will provide small business owners with a whole new world of opportunities!

Friday, September 21

Brennan's Catering & Banquet Center
13000 Triskett Road, Cleveland
11:30 a.m. - Registration & Networking
12:00 p.m. - Luncheon



To RSVP for this event, email vmechenbier@lakewoodchamber.org or call 216.226.2900. Additional details at lakewoodchamber.org.

Lakewood City News

There Goes Green The Neighborhood

by Chris Perry

For those who recall the 1970s, you also most likely recall the days of disco. I was never a fan of the disco era—not my musical genre of choice—but I do remember the chorus line from the era-defining song “Disco Inferno”: “burn baby burn” was a leading mantra associated with a decade of excess.

According to many music historians, disco died on a specific day, July 12, 1979. This was due to an anti-disco demonstration held in Chicago. Dur-



Lakewood Park Dump - 1928

ing a White Sox doubleheader, disco records were blown up and riots broke out because of rock station DJs’ push to kill the genre. Radio stations followed suit; not wanting to be associated with a genre that society was beginning to protest against, they stopped playing any disco-themed music.

As fate would have it, just two days later, on July 14, 1979, the Environmental Protection Agency (EPA) announced that the City of Lakewood Garbage Incinerator would soon have to cease burning our garbage and yard waste. Our days of burning trash and tainting the air we breathe came to a halt soon thereafter as the incinerator smokestacks went dormant on October 16, 1981. Thankfully, the death of both disco and municipal trash burning was a fitting end to an era of wantonness and wastefulness. When you confront the limits of our society and contemplate the cultural dynamics associated with waste disposal, a classic line from a better musical genre comes to mind: “what a long strange trip it’s been.”

If you weren’t around in the 1970s, you might wonder what disco was and why it was such a big sensation. If you weren’t around at the time to witness the Neanderthal methods used for garbage disposal—consider yourself lucky. What we now enjoy and cherish today as the Lakewood Park Promenade, would have been buried under a mountain of garbage in the 1920s as we literally pushed our trash over the cliff and much of it inevitably ended up in Lake Erie. The earliest City of Lakewood solid waste disposal documentation I could unearth is from 1928 and it states that we dumped 9,914 tons of garbage over the edge of the cliff at Lakewood Park.

What we now enjoy as our community Recycling Center and Drop-off Facility was formerly used to incinerate all of our City’s garbage from 1931 to 1981. The old Lakewood Incinerator was, at the time, considered to be the cutting edge of refuse-disposal technology. The incinerator is an excellent example of craftsmanship by the Pitts-

burgh-Des Moines Steel Co., then the leading builders of incinerators in the country. It’s been an icon there at that location since it was built, and it’s still in remarkably good shape. Upon its completion in 1931, dignitaries from around Ohio and the Midwest came to gaze upon our facility in an effort to duplicate the same process within their communities. What we really did was choose a different element to tarnish as we went from soiling our lakefront to polluting our air—at the time it seemed like a significant step toward progress and perhaps it was for that era. Over a dozen Depression-era ovens and two menacing 80-foot high smokestacks pumped out thick black soot that at times would seem close to asphyxiating our fine city within a haze of smoke and ash. To ponder the contents of the daily chemical “cocktail” that was once emitted over the City of Lakewood irritates the back of the throat just to think about it.

During the first year of the Lakewood Incinerator’s operation in 1931, we burned 12,399 tons of garbage. During its last full year of operation, we burned just over 46,000 tons of garbage (6,858 tons came from the City of Fairview)—none of this was ever recycled, except for a few tons of scrap metal set aside for the war effort during World War II. In 1988, the City of Lakewood launched its first recycling program and during that first year of operation we recycled 676 tons of material—1.7% of our total municipal solid waste. By comparison, in 2011 the City of Lakewood recycled 49.38% of its total solid waste (our highest rate ever) as we diverted 15,968 tons of recyclable material from ending up in the landfill. Our recycling rate places us in 11th place out of the 59 Cuyahoga County Municipalities. On a per-county basis,

and the vital functions they can serve as the future unfolds. Albert Einstein stated that “no problem can be solved from the same level of consciousness that created it.” A resilient city needs a mix of building types, to adapt in times of change. A creative city needs old buildings. Old ideas can sometimes use new buildings, but more importantly, new ideas can often use old buildings. The National Trust for Historic Preservation’s Preservation Green Lab concludes that constructing new, energy-efficient buildings almost never saves as much energy as renovating old ones. Renovated buildings outperformed new buildings on energy savings in every category: single-family homes, multifamily complexes, commercial offices, “urban village” mixed-use structures, and elementary schools. I understand that this may seem counter-intuitive in an age of ambitious efficiency standards in many new buildings. But, when you consider that it uses more energy and creates more impact to construct an entirely new building than to fix up one of the same size, the case for preservation becomes justifiable. The only exception to the lab’s finding was converting a warehouse to a multi-family dwelling, which required enough extra materials that creating a new building was the greener choice.

When you strip away the rhetoric, preservation is simply having the good sense to hold on to things that are well designed, that link us with our past in a meaningful way, and that have plenty of good use left in them. One of my favorite old-building quotes is: “the greenest brick is the one already in the wall.” In keeping with that “greenest brick” mantra, the City of Lakewood pursued a grant from the Northeast Ohio Public Energy Council (NOPEC),



Lakewood Incinerator – circa 1975

building our long-term community capacity.

Instead of blocking out the sun with plumes of black smoke, we will be harnessing the energy of the sun via a roof-top solar panel array. Now that is progress as Lakewood continues to be a leader in regional sustainability initiatives. The project approach was guided by the desire for the improvements to maximize energy conservation and utilize renewable energy sources, like the sun. By optimizing the energy performance and efficiencies of an 80-plus-year-old structure, it will act as regional demonstration that old buildings are green. The majority of the building upgrades are Leadership in Energy and Environmental Design (LEED) eligible, which is a national rating system for the design, construction and operation of high performance green buildings, homes and neighborhoods. The solar panels will provide enough energy to power the entire Recycling Center building and send the excess power generation out to the First Energy power grid, for which the City will receive an annual credit towards its energy costs. Perhaps in 2012 and beyond, history will repeat itself and dignitaries from around Ohio will come to gaze upon our green recycling facility in an effort to duplicate the same sustainability process within their communities. Instead of once being attracted to the 1931 fires of incineration, we will help fuel the fires of preservation and sustainability in Lakewood and beyond.

Yes, this old building has a lot of history behind it. Preservation of this building is noteworthy because it will continue to educate people about a significant part of our past and it will help create a tangible image in our community that is representative of our core values—as its true achievement is as a symbol of environmental progress. Reduce, reuse and, in this case, renovate, are principles clearly desired by the residents of Lakewood. The life expectancy of this building has been greatly extended. Demolition and reconstruction of the Recycling Center facility would have been cost-prohibitive at this time for the City of Lakewood. Improving the building’s energy performance, thereby sustaining and prolonging its lifespan, has both improved its appeal for residents

continued on page 7



Lakewood Recycling Center Solar Panels - 2012

Cuyahoga County recycles at a higher rate than any other county in the State of Ohio. In addition, the City of Lakewood placed in the top 5% of all Ohio Municipalities for our recycling rate.

Today, we find the incinerator smokestacks benign—a living monument to a bygone era, a cautionary tale to a more malignant past and a testament to the resiliency of old buildings

and was successful in securing a “Powering Our Communities” grant to renovate and revitalize our Recycling Facility located at 12920 Berea Road. The NOPEC grant allowed us to install solar panels, make much-needed repairs to the roof, replace the main level windows, paint the entire interior, install energy-efficient lighting and undertake other vital improvements to enhance and “green” our facility—

City News

There Goes Green The Neighborhood

continued from page 6

and preserved the City’s capital expenditure capacity for other vital projects and improvements. Please visit and make use of your Lakewood Recycling Center and Drop-off Facility, located at 12920 Berea Road.

The Facility operating hours for the drop-off of recycling and refuse are from 7 a.m. to 3 p.m. Monday through Friday and 8 a.m. to 12 p.m. on Saturday. The facility is for the benefit of Lakewood residents, property owners and businesses only. Personal identification showing Lakewood residence or ownership of property, vehicle registration, and building permits when applicable, are required. The facility accepts the following materials: All recyclable material that is also collected curbside that includes the following: Aluminum and bi-metal cans, aluminum foil, glass jars and bottles, plastics with the recycle symbol and numbers 1-7; milk jugs, juice boxes, milk and juice cartons, frozen food boxes, food & margarine

tubs, shampoo, detergent, and squeezable bottles; clear carry-out packaging, bubble-wrap, DVD & compact disc boxes, newspaper, glossy inserts, magazines, catalogs, phone books, paperback / hardbound books, junk mail, office, school, computer paper, envelopes, greeting cards, boxboard (i.e. cereal, pop, food boxes), anti-freeze, appliances /metals, batteries, clean & useable clothing, construction debris, motor oil, garbage and yard waste. Note: anti-freeze, batteries, construction debris, motor oil not accepted from businesses. In addition, the facility offers year-round drop-off of old computers, fluorescent tubes (no longer than 4-feet in length) and CFL bulbs, household hazardous waste, and tires (off the rim), from Lakewood households only. Hazardous wastes that would not typically be found or used in a household are not accepted. During 2011 and through the first half of 2012, residents dropped off a total of 39,628 pounds of Household **continued on page 12**

Smaller incisions. Bigger benefits.

Robotic Surgery Offers Minimally Invasive Alternative to Traditional Thoracic Surgery

Traditionally, tumors in the chest have been removed through open surgery, a major operation with a lengthy recovery time. But now such complex surgeries can be performed with even greater precision using a high-tech treatment alternative: robotic surgery.

Cleveland Clinic cardiothoracic surgeon R. Thomas Temes, MD, FACS, MBA, at Fairview Hospital, says that robotic surgery can be an effective option. “It allows us to use a minimally invasive approach, but it also offers 3-D visualization and more sophisticated instrumentation.” The 3-D technology provides a highly magnified image of the inside of the body, which ensures greater accuracy. Additionally, the surgeon is always in control of instrument movement and placement, as the arm and wrist of the robot mimics the surgeon’s precise movements. All this translates to a number of benefits for patients. Because the surgery does not require large, open incisions, patients may experience a quicker recovery with significantly less pain and, in many cases, better outcomes.

Robotic surgery is performed for many cardiothoracic conditions including:

- Lobectomy (the removal of a lung lobe) and other lung operations for the treatment of benign or cancerous growths
- Operations of the esophagus
- Biopsy or removal of lymph nodes
- Removal of tumors of the mediastinum (the area of the chest between the lungs)
- Operations on the pericardium (the membrane that encloses the heart).

The robot can also be used to treat women’s health issues such as hysterectomy, and urologic issues such as prostate cancer. The technology can even be used to remove nerves to treat conditions such as sweaty hands or chronic pain.

Dr. Temes is a Cleveland Clinic cardiothoracic surgeon who practices at Fairview Hospital, the only community hospital on Cleveland’s west side to utilize robotic technology in treating thoracic conditions.

To learn more about Fairview Hospital’s surgical services, please visit our website at fairviewhospital.org/roboticsurgery.

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Lakewood Public Library Events

compiled by Leana Donofrio-Milovan

September 22

Five Star Films

Strictly Ballroom (1993) , Directed by Baz Luhrmann - Rated PG

In this sparkling film, maverick ballroom dancer Paul Mercurio breaks the rules during a Federation competition and is disqualified. His partner quits. He settles on new partner Tara Morice. One night after rehearsing for the upcoming Pan Pacific Grand Prix, he walks her home. Angry father Antonio Vargas confronts them. The encounter takes a surprising turn.

Saturday, September 22 at 6:00 p.m. in the Main Library Auditorium

September 23

Sunday with the Friends:

The Swinging Bavarians’ Biergarten Memories

How does one go from calm, cool Clevelander to Swinging Bavarian? This is not your typical ompah band. In addition to the traditional Oktoberfest marches, polkas and waltzes, these brothers in brass mix in big band, pop and even a little rock ‘n’ roll. What matters is that everybody has a good time!

Sunday, September 23 at 2:00 p.m. in the Main Library Auditorium

September 25

Introduction to Ancestry: Library Edition

The Ancestry genealogy resource is free to use every day at the Library. How far back would you like to trace your family tree? Genealogist, Deborah Abbott will show you how to unlock the secrets held by census reports, military records, birth certificates and death notices in this hands-on workshop. Unravel your history with professional results. Space is limited. Call (216)226-8275, ext. 127 to register.

Tuesday, September 25 at 6:00 p.m. in the Main Library Learning Lab

September 26

Lakewood Historical Society:

Historic Preservation Is Good For The Neighborhood!

This Cleveland Restoration Society Heritage Home Program, presented by Jessica Ugarte, will survey the benefits that modern historic preservation practices can bring to home owners and the local business community. Learn to see the value in reusing and restoring our older buildings from the perspective of federal, state and local government and consider how these techniques are being employed in our community today. This wide-ranging discussion will address preservation efforts in Lakewood and beyond.

Wednesday, September 26 at 7:00 p.m. in the Main Library Auditorium

September 29

Lakewood Art House Cinema

Take Shelter (2011), Directed by Jeff Nichols - Rated R

“You think I’m crazy? Well, listen up, there’s a storm coming like nothing you’ve ever seen, and not a one of you is prepared for it.” So proclaims Michael Shannon, a young father and husband stricken with apocalyptic visions. He believes the world is coming to an end. Those close to him believe he is losing his mind. Take Shelter is a deep descent into one man’s heart and the fate of a world in uncertain times.

Saturday, September 29 at 6:00 p.m. in the Main Library Auditorium

Children/Youth Events

compiled by Arlie Matera

Saturday, September 22

Gentleman Joe’s Juggling Show - For the whole family

A veteran of the Ringling Brothers Circus, Gentleman Joe performs eye-popping stunts, juggles, plays music and shares laughs. This will be a night to live in your child’s imagination for years to come.

7:00 p.m. in the Main Library Multipurpose Room

Wednesdays, September 26 - November 14

Harry Potter and the Library of Secrets

For youth in fifth through eighth grade

Hogwarts needs the help of a few good wizards... Save the world from He-Who-Must-Not-Be-Named by taking on exciting challenges in this team-based role-playing program! If you’re ready for a magical adventure at Hogwarts to begin, stop in to register, or call (216) 226-8275, ext. 140.

7:00 - 8:30 p.m. in the Main Library Multipurpose Room

Family Weekend Wonders

Make the Library a part of your family weekend time with programs featuring stories, activities, music and crafts. These free programs are offered every weekend throughout the year at both the Main Library and Madison Branch. No registration is needed. Check out our website (www.lakewoodpubliclibrary.org/youth) for times and upcoming themes.

Main Library Activity Room and Madison Branch Auditorium

Weekends With Wee Ones

For families with children under 2 years old

Spend a part of your family weekend time clapping your hands, tapping your feet, singing nursery rhymes and, of course, sharing books. We will provide materials and ideas for those wishing to continue the fun at home. Programs are offered every weekend throughout the year and there is no need to register in advance.

Madison Branch Children’s and Youth Services

Saturdays at 11:30 a.m. and Sundays at 3:30 p.m.

September 4 - May 23

Homework ER For students in kindergarten through eighth grade

Need a little extra help with your homework, or just want a quiet place to work? Come to the Library for help and resources. There is no need to register. Homework ER will be closed for school holidays and vacations.

Madison Branch and Main Library Children’s and Youth Services

Monday - Thursday, 3:00 - 5:00 p.m.

September 30

Sunday with the Friends: Wheel of Sky

Whatever happened to storytelling music? The ladies of the Wheel draw on Celtic, bluegrass and folk influences to answer our question with ballads, sea shanties, toe-tapping barn dances and fairy tales, both original and traditional.

Sunday, September 30 at 2:00 p.m. in the Main Library Auditorium

October 2

Introduction to Ancestry: Library Edition

The Ancestry genealogy resource is free to use every day at the Library. How far back would you like to trace your family tree? Genealogist, Deborah Abbott will show you how to unlock the secrets held by census reports, military records, birth certificates and death notices in this hands-on workshop. Unravel your history with professional results. Space is limited. Call (216)226-8275, ext. 127 to register.

Tuesday, October 2 at 6:00 p.m. in the Main Library Learning Lab

October 3

Lakewood Historical Society: Cleveland Then and Now

John Grabowski of Case Western Reserve University will trace Greater Cleveland’s history with now and then images of historic sites. The pictures show change over time, and provide the storyline for the growth and development of a community between the late 1850s and today. In addition to illustrating the story of the central city, he will take a look at the rise of Rocky River, Lakewood, and Cleveland Heights.

Wednesday, October 3 at 7:00 p.m. in the Main Library Auditorium

October 6

Lakewood Public Cinema

Rosencrantz & Guildenstern Are Dead (1990),

Directed by Tom Stoppard - Rated PG

Two minor characters from Hamlet wander into an absurdist comedy and hope to somehow make it out with their lives. Gary Oldman and Tim Roth play the fools in question, while Richard Dreyfus chews scenery as the Player in a most grandiloquent fashion. Will proving that you have free will save your life? Disproving it certainly won’t. At the very least, philosophy, tragedy and comedy serve to pass the time.

Saturday, October 6 at 6:00 p.m. in the Main Library Auditorium

October 7

Sunday with the Friends: Joe DeJarnette Jazz Ensemble

Backed by a band of the best around, Joe DeJarnette puts his stamp on jazz standards and breathes new life into unexpected melodies. As a jazz trumpeter and bandleader at the top of his game, he will command the auditorium like any other instrument and deliver his audience to a cool, new land.

Sunday, October 7 at 2:00 p.m. in the Main Library Auditorium

Who's That Librarian?

by Ben Burdick

1. **Name/Position/Department:**
Mary Boyer, Volunteer, Friends of Lakewood Public Library

2. **Birthplace:** Fargo, North Dakota

3. **Tell us something interesting about yourself:** Besides having seven children and a wonderful life, people are often interested to find out that I’m a big fan of the musician Prince. One time my granddaughter was telling her friend that her mother was going to a Prince concert. Her friend was surprised. “Your mother is going to see Prince? On her own?” “No, my grandmother is taking her.” It’s funny, but true. I have a whole room in my house devoted to the man. And I’ve made a lot of friends all across the country, going to concerts, hunting for records and attending Paisley Park—that’s a week-long Prince celebration he used to throw in Minneapolis with concerts and lectures. A wonderful experience. At my age, it’s nice to have a lot of younger friends with different backgrounds.

4. **How long have you volunteered at LPL?** I have been volunteering for the Friends of Lakewood Public Library since 1984—that’s 28 years! It’s another great source of friendship and it makes me feel good to contribute to our Library and Lakewood. [Learn more about volunteering for the Friends at www.lakewoodpublicli-



Mary Boyer has been volunteering for Lakewood Public Library for 28 years!

library.org/friends --Ben]

5. **What's your favorite spot in the Library?** I love the whole thing, but my favorite place is the Friends Book Sale Room in the basement.

6. **What are you reading right now?** Mostly mysteries.

7. **Do you have a favorite memory of the library?** When I was very young, I read through all of the children’s books so I was allowed to carry a limited adult card. I was very proud of that.

8. **What might surprise us about your work at LPL?** That we don’t get paid!?!?

Lakewood Public Library Events

The Swinging Bavarians Are Back On Stage At Lakewood Public Library

by Lisa Calfee

It's time to button up your lederhosen for another Oktoberfest! The Swinging Bavarians, a 14-member oompah band, are arriving just in time to celebrate the season and shake some books off the shelf in our latest Sunday with the Friends program on Sunday, September 23 at 2:00 p.m. The concert will be held in the Main Auditorium.

The Swinging Bavarians were born 20 years ago when a group of musicians from the Al Koran Shriners got together to play tunes from a library of Bohemian Polka and Waltzes. They

entered the Shriners' German band competition in 1990 and earned a "Superior" rating that year and for the following 13 years.

Although the group has deep roots in the music of the Germanic region, they also have a repertoire you might not expect from an Oktoberfest style group of musicians including Boogie Woogie Bugle Boy, Sweet Caroline, Pretty Woman, I Can't Get Started - one of the band's favorites-, and Tommy Dorsey's I'm Getting Sentimental Over You. Of course there will also be marches, polkas, waltzes and



The Swinging Bavarians

Ländlers, such as The Happy Wanderer, Die Ambos (Anvil) Polka, Magic Trumpet, Blue Skirt Waltz, Lilie Marleen, Holzkirchner Posauneländler – an Austrian ländler - and Wien bleibt Wien, a tune written for a guitar quartet in the late 1880's Vienna.

Band leader Dr. Thomas Herbell has 70 years of experience playing the clarinet. The Cleveland Heights High School graduate was a member of the band and orchestra there, as well as manager of the band and glee club at Case Institute of Technology, where he earned a PhD in Metallurgy in 1961.

After 38 years working on space shuttle technology at NASA Lewis, Herbell is now free to pursue his many musical interests. The rest of the Bavarians are also accomplished musicians who play in a number of bands in Cleveland.

If you want to swing along with the Bavarians, please join us at the Lakewood Public Library on Sunday September 23 at 2 p.m. for the Swinging Bavarians' Biergarten Memories in the Main Auditorium. This musical performance is free. The concert is generously funded by the Friends of the Lakewood Public Library, who welcome one and all for an oompah hour of fun!

Harry Potter And The Library Of Secrets

by Eric Knapp

Attention Harry Potter fans in grades 5-8! Keep the magic alive by participating in the library's seven-week role-playing game, "Harry Potter and the Library of Secrets," where you will be transformed from an ordinary muggle into a student at Hogwarts School of Witchcraft and Wizardry. While enrolled, you will have many opportunities to save the wizarding world from He-Who-Must-Not-Be-Named by taking on exciting challenges in this team-based role-playing program! You might even score in the top of your class on the O.W.L.'s or win the House Cup!

Can't remember who Enid Smeek is? Then check out a copy of Harry Potter and the Deathly Hallows at the library. Serious knowledge of all seven books in the Harry Potter series will be useful! How can we top six exciting weeks at Hogwarts? The final night of the program will be a celebration featuring Quidditch (for Muggles)!

"Harry Potter and the Library of Secrets" will be held in the Main Library's Multipurpose Room on

Wednesdays from 7-8:30 p.m. beginning September 26 through November 14. Please stop by the desk in Children's and Youth Services or call the department at 216-226-8275 ext. 140 to register.

Afternoon Delight

by Michael Dirse

On Sunday September 30th at 2 p.m., Two Thirds of "Wheel of Sky" will be performing at the Lakewood Public Library. The music of Wheel of Sky comes with an authenticity and tenderness unmatched. An array of Folk, Bluegrass, Appalachian, and Celtic music will fill the Main Auditorium with beautiful sounds and rhythms that are surely to make the feet tap and the soul dance. Performing both original songs and interpretations of folk classics, Two Thirds of the Trio "Wheel of Sky" features vocalist Mallory Beck and violinist Hannah Madson who promise to provide an afternoon of joyful and intimate entertainment for all. Please join us. You will most surely be delighted.



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Lakewood Schools

Director Brings His Film And Anti-Bullying Message To Civic

by Christine Gordillo

Director Lee Hirsch brought himself and his Bully documentary to town Sept. 6, and more than 1,000 people who were packed into the Civic Auditorium shared the experience of this powerful evening. The Community Conversation, sponsored by Facing History and Ourselves and the Allstate Foundation, included a screening of the movie and a discussion afterward with Hirsch.

Hirsch looked out onto the crowded Civic as he stepped to the podium prior to the film screening and blurted out, "This is awesome!" when he saw how many had come to support his efforts to raise awareness of bullying and find ways to fight it. He shared his own story of being physically abused by bullies as a child and cited it as the reason why he did his film, which follows the lives of three students and their families as they cope with the consequences – sometimes tragic ones – of bullying.

From his own experience, he learned the importance of having at

least one adult who will listen. He has also found through his own life and those he has observed while filming Bully, that "if kids are talking about being bullied, assume it's much worse" than they are telling you.

Although disturbing in many parts, the movie ultimately leaves one with a positive message that we can all help ignite change, one person at a time. "We can turn the tide," Hirsch said.

After the film, Hirsch sat to talk with four Lakewood High School students – Darnelle Crenshaw, Jazmyn Paoli, Emma Price and Lubna Quadri – and answered questions from each one as well as questions written down by the audience. Hirsch emphasized that schools must present a united front where every single staff member is on the same page about bullying. The message that it is not acceptable must be clear from the principal on down. "Every member of the building needs to work to create a school that feels safe," he said.

Lakewood City Schools' commit-

ment to bullying prevention is a strong one, evidenced not only by its role in helping to bring the Bully Community Conversation to Lakewood, but also by the recent \$10,000 grant Garfield Middle School was awarded to continue its bullying prevention program, which is

based on a nationally recognized curriculum, taught at Garfield by Campus Impact. The district is also bringing Rachel's Challenge, a national bullying and violence abatement organization, to Lakewood Civic Auditorium on Sept. 24 to give its presentation on choosing compassion and kindness rather than conflict and aggression.

Hirsch remarked that "it takes an act of community to stand together" against bullying. That night in the Civic, Lakewood was standing together.



Director Lee Hirsch answers questions from LHS students Emma Price (from left), Darnelle Crenshaw, Lubna Quadri and Jazmyn Paoli.

Spirit Parade On September 28 Kicks Off Homecoming Weekend

by Christine Gordillo

Lakewood High School's annual Homecoming/Spirit Parade kicks off Homecoming Weekend activities on Friday, September 28. The parade, which welcomes students and groups from all the District's schools as well as the community, will step off from Lakewood Park at about 6 p.m.

The parade will then proceed east on Clifton Boulevard then head south on Bunts Road, finishing up at LHS Stadium, just prior to kickoff of the Rangers vs. Rocky River football game. During pre-game activities, the Homecoming Court will take the field and a new King & Queen will be announced.

As part of the Homecoming Game

halftime activities, alumni of the Ranger Marching Band will join to play with the current marching band. The traditional Alumni Band Night will be particularly poignant as it is the last year for longtime director Brian Maskow, who will be retiring at the end of this school year after 30 years as Lakewood High's Director of Bands and 35 years of directing in Northeast Ohio.

So don't miss out on the fun of Homecoming Weekend: grab a chair along the parade route and/or come over to the stadium for some Friday night football. Tickets to the game are \$6 and can be purchased at the gate or in the LHS Athletic Department.

Community Invited To Hear Inspiring Story Of "Rachel's Challenge"

by Christine Gordillo

The Lakewood City Schools continues its efforts to curb bullying and violence among our youth with the community presentation of "Rachel's Challenge" at the Lakewood Civic Auditorium on Monday, September 24 at 7 p.m.

"Rachel's Challenge," a national bullying and violence abatement program, exists to equip and inspire individuals to replace acts of violence, bullying and negativity with acts of respect, kindness, and compassion. "Rachel's Challenge" is based on the life and writings of Rachel Joy Scott, who was the first victim of the Columbine school shootings in 1999. Through Rachel Scott's example, "Rachel's Challenge" is having a positive impact upon the lives of millions of people every day.

training, a permanent school club and a community presentation.

The students of Lakewood High School will hear the presentation during school on September 24. The evening presentation is intended for parents and the general community. For more information, visit www.rachelschallenge.org.

"Bringing the 'Rachel's Challenge' program to Lakewood High School is vital to continuing the conversation on bullying in our society," said Lakewood High House 2 Principal Brad Leyrer, who is coordinating the presentations at the Civic. "LHS welcomes the opportunity to continue to make our school a positive place for each student to learn, every period, every day."

Harding Staff And Students Think Pink!



Harding teacher Ruth Pangrace (center) is joined by some 8th grade students on Sept. 14, a day when Harding staff and students chose to wear pink to raise awareness of breast cancer and in honor of the Sept. 15 Susan G. Komen Race for the Cure.

Rachel's inspiring story provides a simple, yet powerful example of how small acts of kindness and acceptance motivate us to consider our relationships with the people we come in contact with every day. Rachel's story gives people permission to start their own chain reaction of kindness and compassion, which positively affects the climate in our schools.

Since the inception of "Rachel's Challenge," more than 17 million people have heard Rachel's story in live settings around the world.

The core component is the impassioned school and community assemblies that tell the story of Rachel Scott and inspires a desire for change among students. The "Rachel's Challenge" program is unique in that the assembly is followed up with student

District Registration Now By Appointment

The Lakewood City Schools has recently changed its registration procedure for new students. Wherein the past parents wishing to register their child in the District were able to walk in during business hours to register, the District is now registering students by appointment. After collecting all required documents and completing all registration forms, parents may schedule an appointment to register their child/children by contacting the registration secretary at (216) 529-4279 or e-mailing her at kyna.eldred@lakewood.k12.oh.us.

More detailed information and a student registration packet can be found on the District website at www.lakewoodcityschools.org.

Lakewood Schools

Lakewood Catholic Academy's Eighth Annual "Run For Excellence" Is October 7

by Paul Nickels

Lakewood Catholic Academy will host its Eighth Annual “Run for Excellence” 5K race and the Michalko Mile Youth Run on Sunday, Oct. 7 beginning from the LCA campus at 14808 Lake Avenue in Lakewood. Race-day registration will take place from 7:30 to 8:45 a.m. The 5K race starts at 8:30 a.m., followed by the Michalko Mile Youth Run and a new 10K relay race at 9 a.m.

Race pre-registration is now open online at www.peaceracing.com and is available until Friday, Oct. 5. Registration forms are also available from Lakewood Catholic Academy’s website at www.lakewoodcatholicacademy.com. Mail-in entries must be postmarked by Wednesday, Oct. 3. The first 300 pre-registered participants receive a high-quality technical t-shirt. The pre-registration fee is \$20 per individual, or \$60 for a family

of four. Race-day registration increases to \$25 per individual, or \$70 per family of four. An additional fee will apply for family members above four. New this year is a 10K two-person relay. Cost to participate in the relay is \$30. All races are open to participants of all ages.

Awards for the 5K race will be presented to the top male and female runners overall and the top three finishers in each of a variety of age categories. The top three one-mile runners in each of four age categories will also receive awards. The event includes post-race refreshments, music and more.

Pre-race packet pickup will be Saturday, Oct. 6, from 5 to 7 p.m. in McBride Hall at St. Clement Hall at St. Clement Church, located at 2022 Lincoln Avenue, on the corner of Lincoln and Madison. A pasta dinner, catered by Italian Creations, will be available in St. Clement

Hall McBride Hall for \$6 per person. A vigil mass will be held earlier on Saturday at 4 p.m. in St. Clement Church.

All proceeds from the “Run for Excellence” will go to support the efforts of the Saints Organization (SSO), Lakewood Catholic Academy’s volunteer network that works to enhance the Catholic elementary experience for LCA students with more than 25 special programs and activities each year.

Lakewood Catholic Academy, founded in 2005, is home to more than 630 students in grades preschool through eight. A joint ministry of St. Clement, St. James, St. Luke and Transfiguration parishes, the school attracts students of all faiths from a dozen communities in Greater Cleveland.

Paul Nickels is the Director of Admissions at Lakewood Catholic Academy and a proud Lakewood resident.

It's Official! (For Now): Seven Elementary Schools

by Betsy Voinovich

At last night’s Board of Education meeting, the “Resolution to Approve the Superintendent’s Recommendation to Maintain Operations of Seven Elementary Schools” passed on its second reading, with four Board members in attendance (Linda Beebe was out of town) making it official that all seven of our elementary schools are staying open.

Last Spring, one of Superintendent Patterson’s recommendations was to close one of our seven elementary schools to save money, with the announcement of which one to be made in August. A promise that went along with this plan was that he’d study the situation over the summer to determine which school should be closed, examining the data of where students live, how many would be affected by specific schools closing and the capacities of the remaining schools.

What he found changed his recommendation. Lakewood’s population of young children has increased significantly, to the degree that closing a school “at this point in time” does not make sense.

While many parents were pleased with Mr. Patterson’s decision that preserved neighborhood schools, many of these same parents didn’t feel secure that this decision was official, so the passage of this resolution should make us rest easier.

The Resolution is short and simple. Its language makes it clear that the decision is based on the significant increase in the population of young children in Lakewood, and increased enrollment.

As for the question of whether this

decision is permanent, it sounds like as long as enrollment stays up, our schools will stay open. If our enrollment drops significantly, this issue will come up again.

The resolution has a provision for keeping 7 schools "until such time that the District completes Phase Three of the School Facilities Master Plan"--which will occur "when state funding becomes available..”

The resolution also provides for home rule: Seven schools "... until such time that the District determines that classroom space exists to reduce by one the number of buildings..”

The Resolution does not state how this determination would be made—in the event that our student population decreases-- but Mr. Patterson’s methodology has worked very well thus far. If a building is to be closed to save money, the District presumably can determine which building’s closing would save the most money, along with the other significant factors Mr. Patterson considered this summer: where students live, how many would be affected by specific schools closing and the capacities of the remaining schools.

Right now, it’s official, we have seven elementary schools. "We don't have enough room even if we squeezed everybody in. If you saw the numbers, it's a no brainer," Mr. Favre said.

He made it clear that closing a school is a move that must receive the most serious consideration, given the disruption it could cause. “This is the kind of decision we need to be way out in front of,” he said.

Rangers Lose At Home, Band Rocks The House



by Randy Varcho

Lakewood Rangers varsity football coach Ron Lewis exits the field after his team suffered a tough 38-10 loss at home to the Norwalk Truckers. Also shown exiting the field in formation and dressed in 1950s greaser and poodle skirt garb is the Rangers Marching Band. The band performs a choreographed halftime tribute to Elvis Presley.

Rangers fall to Eagles 31-0



by Randy Varcho

Rangers running back Jacob Supinsky (39) carries for a gain in a losing effort against North Olmsted. The Eagles intercepted and returned two Tommy Fuller passes for touchdowns in a decisive 31-0 Aug. 31 victory over the Rangers at Lakewood Stadium. The LHS varsity is 1-1 on the season.

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Lakewood Cares

Safety Is Focus Of Changes At Lakewood Dog Park

by Alanna Faith

Improving safety for park visitors and canines is the focus of recent changes at Lakewood Dog Park.

Lakewood Dog Park is a City of Lakewood public park and considered a gem of the community. Lakewood Dog Park is visited by thousands of Northeast Ohio dogs and their owner/handlers each year. Located at 1699 Metropark Drive, just south of Emerald Necklace Marina and adjacent to the City of Lakewood Water Treatment Plant, Lakewood Dog Park is nestled in the valley of the Cleveland Metroparks

Rocky River Reservation.

Friends of the Lakewood Dog Park, Inc. (FLDP) is the non-profit, volunteer organization that supports the dog park and supplies amenities for park visitors. FLDP manages the Lakewood Dog Park website, Facebook page and Twitter “Tweets.” Visit www.LakewoodDogPark.com to join, make a generous donation or find out about events and other dog park information.

During 2012, Friends of the Lakewood Dog Park has focused on safety and community education. The City of Lakewood and Cleve-

land Metroparks have responded with improved safety measures for Lakewood Dog Park.

ADA/handicap parking spaces are now located next to the east entry gate at Lakewood Dog Park. Moving ADA/handicap parking closer to the entry will add convenience and safety for those drivers with valid State of Ohio handicap parking permits.

Public parking is available 8:00 a.m. to 9:00 p.m. in marked spaces. After 5:00 p.m., Water Treatment Plant employee parking spaces are available for public use. Please be sure to leash your dogs from the car to inside the fenced dog park. The dog park is a popular spot, so let’s keep the dogs safe while in the parking area and around vehicles.

The Cleveland Metroparks has also re-stripped the pedestrian crosswalk many dog park visitors use to get across Metropark Drive/Valley View Parkway and enter the west gate of Lakewood Dog Park. In addition the Metroparks has added a split rail fence along Metropark Drive. Look for the fence and the trail that now leads from the Metropark fitness trail to the dog park entry gate.

infants and small children. For safety, children under age 7 are not permitted. Children ages 7 to 17 must be accompanied and closely supervised by parent or guardian. You will be asked to leave if children are not closely supervised.

Dogs must have current license and be up to date on all vaccines. Licenses, vaccine information and ID tags must be affixed to each dog’s collar and a collar must be worn by dogs at all times.

To prevent aggressive canine behavior, human and dog food of any kind are prohibited.

Dogs must be at least 4 months old to enter. Dogs under 25 pounds may use the small-dog area.

Toys, baby equipment and sports equipment should not be brought into the dog park. Firearms and weapons are prohibited.

Dogs in heat or pregnant may not enter the dog park.

Securely close each entrance and exit gate before opening the next gate.

25th Annual Lakewood Community Festival was a huge success - Thank You to our generous Sponsors

Deagan’s Kitchen & Bar, Dewey’s Pizza, Discount Drug Mart, Donut Pantry, Dr. Frank Ross, DDS, Dr. James Mikula, DDS, Dramatics Hair Salon, Eagle Creek Golf Club, Edible Arrangements, Fairview Lanes, First Federal of Lakewood, Gales Westlake Garden Center, Giant Eagle Lakewood, Geiger’s Clothing & Sports, Great Lakes Theater Festival, Helen Pohorence Family, Holiday Inn Westlake, Home Depot, Ice Land USA Lakewood, Improv Comedy Club and Restaurant, Katie’s Clean & Green Laundry Center, Lake Country Captains, Lake Erie Monsters, Lake Erie Nature and Science Center, Lakewood Observer, Lakewood Parks and Recreation, Lakewood Police Department, Laskey Costello, LLC, Liquid Planet, Local Girl Gallery, Mahall’s Twenty Lanes, Marrell’s Musical Instrument Repair, Menchie’s Frozen Yogurt, Nautica Queen, Neubert Painting, Pacers Restaurant, Pet’s General Store, Pickwick & Frolic Restaurant and Club, Players on Madison, PNC Bank, Quaker Steak & Lube, Rock and Roll Hall of Fame and Museum, Roman Fountain Pizza & Subs, Rozi’s Wine House, St. Clement Catholic Church, Slife Heating & Cooling, Inc., State Farm Insurance – Sean Devins, Steel Valley Federal Credit Union, Target, Third Federal Bank, TJ’s Butcher Block & Deli, Walgreens, Wendy’s, Western Reserve Historical Society, Winking Lizard Tavern



Grand Prize Raffle Winner - (25) \$25 Gift Cards

Susan Butler - Chairperson/Treasurer of the Lakewood Community Festival.

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If you haven’t visited the dog park yet this month, new rules have recently been posted by the City of Lakewood. A number of changes have been made to update the rules and improve safety for both human and canine dog park visitors.

The new rules are also available at www.onelakewood.com and www.LakewoodDogPark.com.

Lakewood Dog Park Rules

Before Entering the Park

Keep dogs leashed when outside the fenced-in dog park area. Owners and dog handlers must keep a leash for each dog on their persons at all times. If your dog is involved in aggressive or unruly behavior, leash the dog and leave the dog park immediately.

Dogs may enter the dog park if accompanied at all times by an adult owner or dog handler. There is a limit of 3 dogs per adult owner or dog handler.

The dog park is not intended for

There Goes Green The Neighborhood

continued from page 6

Hazardous Waste, eliminating that toxic material from going to the landfill and being disposed of or recycled safely in compliance with the EPA. The facility also offers confidential document shredding to Lakewood residents and businesses. Contact the Division of Refuse and Recycling at (216) 252-4322 or visit www.onelakewood.com for further information.

In 1786 John Adams wrote, “There must be a positive passion for the public good, the public interest... and this public passion must be superior to all private passions to maximize the well-being of all who live within our borders.” I encounter many Lakewood residents who share the passion and the ideals associated with our green initiatives. Harnessing the power of the sun and ensuring the continued sustainability of our recycling

programs and facility are reflections of a community-driven priority and demonstrate another functional representation of what makes the City of Lakewood such a unique community. I extend an invitation to all Lakewood residents and businesses to come visit and discover the benefits associated with this significant (and now renovated) structural icon that links us to the architecture and function we inherited from the streetcar era and now serves as a portal to a more ecologically centered future—after all, it’s yours!

Chris Perry is a Lakewood Resident and the Unit Manager for the City of Lakewood Division of Refuse and Recycling.

Lakewood Cares

North Coast Health Ministry’s Summer Garden Party Celebration Raises Over \$140,000

by Jeanine Gergel

More than 360 people turned out for North Coast Health Ministry’s Summer Garden Party Celebration on Thursday, August 30 at LaCentre. Proceeds of over \$140,000 were raised through the event, which represents more than 10 percent of the organization’s operating budget and will be used exclusively to support the life-saving health care services that NCHM provides.

“We are extremely grateful for the wonderful outpouring of support that we received that evening,” says NCHM Executive Director Lee E. Elmore. “It is truly wonderful to know that so many caring and compassionate people in our community share our concern for the health and welfare of the low-income uninsured.”

The event was co-chaired by Sandy Haas, Kate Joyce and Wendy Kieding. Honorary Chairs were David J. and



Some of Lakewood’s “In Crowd” turned out to support NCHM, from left to right: Pam Gallagher, Kathy Haber, Tim Laskey, Patty Laskey and Ken Haber.

Martha Hessler. The winning ticket for the Austrian Holiday Raffle was drawn that evening for Cullen Thompson of North Olmsted.

At the event, the following awards were presented:

Community Champion Award:	Randall D. Cebul, MD.
	Partner Award: The Cleveland Foundation.
	Hahn/Hoeffler/Sanders Memorial Award for Outstanding Medical Volunteers: Marjorie Saunders, LPN.
	Angel Volunteer Award: Mary Lou

Kerr.

NCHM’s Summer Garden Party Celebration was sponsored by the following individuals, organizations and families:

Advancing Sponsors: Fairview and Lakewood Hospitals and West Side Cardiology Associates, Inc.

Supporting Sponsors: Community West Foundation, First Federal of Lakewood, Louise A. Fletcher, Chris and Sandy Haas, Wendy Kieding, the Nock Family, Carol and Charles Rini, Sr., Sea-Land Chemical Co., Leo and Zita Spellacy, University Hospitals, and Wegman, Hessler & Vanderburg.

Helping Sponsors: Delphine Barrett, Fred and Nora DeGrandis, Lee and Larry Elmore, May P. Gendron, Joyce Buick GMC, Brian and Donna King, The MetroHealth System, Rae-Ann Skilled Nursing & Rehabilitation Centers, Saint Peter’s Episcopal Church, and Walter & Haverfield LLP.

Caring Sponsors: Tom and Pam Bobst, Curt Brosky and Betty Tereck, Milan G. Busta, Sara and Jim Doan, Ken and Kathy Haber, Hanson Services Inc., Hospice of the Western Reserve, Howard, Wershbaile & Co., Kaiser Foundation Health Plan of Ohio, Bill and Georgann King, Lakewood Presbyterian Church, John and Nancy Lupo, Adele and Bill Malley, McManamon & Co., LLC, CPAs, Presbytery of the Western Reserve, George W. Quil/FM Global, Don and Dorothy Tomsik, and Mary C. Warren.

Hundreds Turn Out For “Come Home To Lakewood” House Tour

by Martha Neff

From one end of Lakewood to the other, thousands of people toured six distinctive homes, two businesses, the historic Nicholson House and St. James Catholic Church during the Lakewood Historical Society’s Come Home to Lakewood House Tour Sunday, September 9.

A very pleased Jonathan Wotring, executive director of the Historical Society, said ticket sales of about 1,650 exceeded the society’s goal of selling 1,500 tickets. Traffic at the homes was constant all afternoon. Even the weather cooperated, with clouds moving out early in the day for bright sunshine for the afternoon tour.

“Thanks to the hundreds of volunteers it takes to make this wonderful Lakewood event happen,” said event Chair Kathy Haber. “We need to give a special thank you to homeowners



Lines were out the door during the tour at many of the homes, including this one on Parkwood.

in the neighborhoods who are inconvenienced because of the tour, and of course to the homeowners who open their homes to make this home tour happen.”

The exact number of tickets sold is not yet available, Haber said. But unofficially, many people from out-

side Lakewood also came for the tour. “This is always a very special day that brings so many people into Lakewood to see our homes, eat in our restaurants and just discover what there is to do in our town. This day helps to make our Lakewood neighborhoods shine,” she said.



Charity D’Amato (owner) greets guests on the tour of Chartreuse.

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About North Coast Health Ministry

North Coast Health Ministry is the west side’s free clinic for the low-income uninsured, serving more than 2,700 patients who have no other route to health care. With the support of approximately 140 volunteer physicians, nurses and other caregivers, NCHM is able to provide primary health care, specialty referrals, prescription assistance, and health education to the medically underserved. Founded in 1986, North Coast Health Ministry is a bridge to better health for our medically underserved neighbors in need.

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Lakewood Cares

Local Food, Farm To Table

by Julia Toke

Local food and farm-to-table are buzz words and hip happenings for sure, but as we are exploring these concepts and implementing them into our practices at the Root Cafe, the fruits of our labors are becoming clear. Creating a sustainable local economy, repurposing urban land, creating secure local food sources, and feeding Clevelanders with food from our own bioregion are just a few fruits to pick from. Deepening our relationship with our food and the farmers who grow it is a daily practice and is excitedly becoming a year-round endeavor.

These are fundamental values at the Root Cafe in Lakewood. We are a crew of mindful, loving people preparing and serving food from farmers who frequent our cafe when not growing veggies and we, in turn, have visited their farms when not preparing and serving their food. Our employees till and plant in our community garden, seeing the actual food from seed to table. The Root Cafe's raw food chef, Nicole Tuzzio, sees it this way: "The connection between humans and the garden is sacred. This is a beautiful thing to celebrate. Our food is alive and full of water that is vibrating with energy. This energy can change and resonate with the energy we send out. I enjoy working on mindful preparation of the harvest starting with a zen, clean kitchen, creating meals with the highest intention of love, health and wellness for the recipient. Our local farmers make the foundation for mindful, healthy consumption and their nurturing presence is alive on our plates."

Quarterly, the Root Cafe holds a 5-course dinner to help educate and promote local seasonal raw and whole foods. We took the challenge as a restaurant to provide this 5-course meal and beverages with 98% local sources. Our debut event, Hot Fun in the Summertime: An Urban Vegetable Revival, was a culinary success, with pizzas being hand-created and fired in front of the guests in our clay, wood-fired oven; big beautiful fresh salads; raw zucchini pasta tossed with olive oil, lemon juice and fresh herbs; roasted beets with our



photo by Julia Toke

Patrons at Hot Fun in the Summertime: An Urban Vegetable Revival Summer 2012 feasted on local food in the alleyway behind Root Cafe.

signature root tang dressing and basil; beet goat cheese to spread on freshly baked baguettes; all topped off with a fresh, organic berry shortcake bar. All of the vegetables were locally sourced through Cleveland Crops. The flour for bread and pizza came from Risley Acres in Litchfield. Local craft beer by Buckeye Brewery flowed freely. The event featured jazz musicians Xe La and the Root Tones and the violin stylings of Nate & Ariel, topped off with an after dinner treat by DJ Eso spinning funk, soul and hip hop records. Patrons were invited to create a god's eye craft. All senses and expressions of the human spirit were engaged: body, mind and soul.

Our next event, a Sunflower Affair, highlights the harvest. Sunflowers are the bright bursting sign that summer is at its end and fall is upon us. All season, the sunflower soaks in the rays of sunshine and the laughter in the garden. It grows strong and tall to support its many blooms. Just as the heat peaks, the sunflower explodes into blossom, giving us the sign that the harvest is upon us. The sunflower marks the time of balance where reflection of the abundant season and planning for the leaner seasons meet.

This event, in partnership with farmers Cleveland Crops, Bay Branch, Justin Husher and Central Roots, celebrates the harvest of raw and whole

foods by creating in our community a space for recognizing this important time of year.

Set in the our beautifully lit courtyard, guests will be greeted by sweet, savory and spicy seasoned pumpkin seeds and edamame on every table. The first course of sunflower bread with apple butter and cheeses with local grapes will begin to arrive at our harvest table. The second course is a raw apple curry soup and a salad of mixed local greens with organic vegetables. For the main event, we will have a fire-roasted stuffed acorn squash and our raw lasagna. Adorning the main course is raw homemade applesauce, fire-roasted and raw Ohio organic sweet corn with herbed butter, beets de paw paws with goat cheese, basil and root tang dressing and fire-roasted seasonal vegetables. For dessert we will feature wood-fired apple pizzas and calzones, raw peach cobbler and homemade sun butter and oatmeal raisin cookies with freshly brewed Rising Star coffee.

As we will engage all of the senses, starting with aroma and taste, we'll move on to nourish our guests' senses of sight and touch. During the dinner, we will present the soulful activity of creating Fonts from Food with Kristen Baumliar. The entire event is set to live

music by Xe La koustic during dinner, bringing live jazz and soul music. After the plates are cleared, guests are invited to shake their blossoms at our awesome dance party with DJ Max Payola, spinning 45s of strictly soul music.

Long into the night, what is created here is not just buzzwords and economic growth. People create connections with their neighbors, where their food comes from and who prepares it. Our communities thrive on these connections and so do we. We hope to see you under the Ohio sky, enjoying Ohio's food.

Upcoming Event

A Sunflower Affair, a 5-course raw/whole food dinner and dance party

Date: September 29th, 2012

Location: The Root Cafe (15118 Detroit Ave)

Time: Dinner from 7 p.m. to 10 p.m., dance party from 10 p.m. - 1 a.m.

\$25 per ticket includes dinner and dance party. Reservations are required and can be made by calling 216.226.4401. Attend the dance party only for \$10 at the door.

Tickets are on sale at the Root cafe from your friendly barista or at the door on the evening of the event. Visit the event website at: <http://www.theroot-cafe.com/content/sunflower-affair>

More information about our partners and farmers:

Old Husher Farms: <http://thegardenlifeandtimesofjustinhusher.blogspot.com/>

Cleveland Crops: <http://sawinc.org/>

Bay Branch Farm: <http://bay-branchfarm.com/>

Central Roots Farm: <http://www.centralroots.com/>

Rittman Orchards: <http://www.rittmanorchards.com/>

Rising Star Coffee: <http://www.risingstarcoffee.com/>

The Food Font Project: <http://foodfont.com/>

Lakewood Garden Center: www.lakewoodgardencenter.net



photo by Julia Toke

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Lakewood Cares

Pink Lotus Yoga Studio Kicks Off Community Outreach With “Bend For Beck”

by Robin Suttell

For Marcia Camino, there’s more to yoga than going to class to exercise and relax. The owner of PinkLotusYoga (PLY) in Lakewood firmly believes that the practice of yoga ultimately is about fostering a sense of community, not just within the four walls of her studio but in the surrounding neighborhood at large – through outreach and involvement.

That’s why Camino is sponsoring “Bend for Beck,” a fundraiser for a local nonprofit arts organization, on Saturday, Sept. 29 at her studio. She will kick off Bend for Beck by teaching two donation-only yoga classes -- a Gentle Yoga session from 9 a.m. to 10 a.m., followed by Amrit Yoga at 10:15

a.m. to 11:15 a.m. A studio open house and reception will follow these classes from noon until 4 p.m.

The open house will feature a silent auction and raffle with artwork and goods from local artists and businesses. All proceeds benefit the Creative Arts Therapies programs at Beck Center for the Arts, the leader in comprehensive arts education in Northeast Ohio.

When Camino, who became a certified and registered yoga instructor in 2004, opened her studio at 18103 Detroit Ave. in December 2011, she didn’t want to have her own space to just teach students a wide variety of yoga styles; she also wanted a place where people could come to grow, connect and build awareness with each other and the world around them.

“Every yoga studio has a mission to build a community,” Camino says. “I wanted that sense of community to extend beyond my students’ yoga mats. Practicing yoga isn’t about the time you spend in the studio. It is about involvement and mindfulness in every aspect of life.”

Camino, a Lakewood resident for the better part of a decade, practices what she preaches. Over the years, she has held a number of special fundraiser events aimed at benefitting different non-profit organizations, including the Cleveland Foodbank, Edna House and even her Detroit Avenue neighbor, Lakewood Congregational Church and its Youth Homeless Awareness Sleepout.

What’s more, for the past five years, even before she owned her own studio, Camino has encouraged her students to take alternative transportation to class– walking, biking, carpooling, public transit – instead of driving. She calls this “Pink Goes Green” and has offered incentives to those who participate.

Working and living in a city where bicycling plays a major role in daily life, Camino was thrilled when the city of Lakewood last year began an intensive public process to build a strategy to make Lakewood the most bike-friendly community in Ohio through its BikeLakewood master plan, which includes installing bike racks near businesses throughout the city. So thrilled, that she commissioned -- with the city’s blessing -- Cleveland 3D metal sculptor David Smith to create truly unique bike racks for installation in front of the PLY studio.

Smith, a self-proclaimed yoga addict, met Camino seven years ago in a yoga class at the Cleveland Botanical Garden. She was his first yoga teacher, and he was one of her first yoga students. When he initially started practicing yoga, Smith says he suffered from debilitating neck problems. Since then, Smith has pursued a consistent yoga practice, following Camino to her various teaching loca-

tions over the years. He credits regular yoga with healing his chronic neck injury.

“I truly believe that yoga does wonders for the mind, body and spirit. The disappearance of my neck problems are testament alone to that,” Smith says.

At noon, as part of PLY’s Bend for Beck fundraising event, Smith will join Camino and local officials in dedicating Big Pink Yoga Dude and Yoga Dude Junior, the studio’s two new bike racks. Named by the artist, these sculptures are sure to be conversation pieces, thanks to their size and eye-catching hot-pink color. The dedication will officially open the racks for use by all bicyclists in Lakewood.

Smith says that as Camino’s longtime student and friend, he not only is one of her biggest supporters of her yoga business but also of her community outreach efforts, which is why he designed the “Yoga Dudes” bike racks for her.

“I wanted to support Marcia’s good work at her studio and in the community. The bike rack and the fundraiser were logical ways to help,” says Smith, who has turned his passion for metalworking into a career over the past 12 years. “Lakewood already has some notable works of public art, so we wanted to contribute with bike racks that added to the city’s unique character. Big Pink Yoga Dude and

Yoga Dude Junior will be sure to turn heads.”

The dedication is one of the highlights of the studio’s first public event in its new PLY Outreach Endeavor program. Following the dedication, the studio will host an open house and reception until 4 p.m., which includes a silent art auction featuring 24-inch replicas of Smith’s yoga bike rack sculptures, known appropriately as Little Yoga Dudes, as well as artwork from other local artists. There also will be a raffle with donations from studio students, friends and other local businesses as part of the fundraiser. Camino invites the community to drop by for any or all of the day’s activities.

“Bend for Beck is just the start of Pink Lotus Yoga’s active and ongoing involvement in Lakewood, the west side and the greater Cleveland area and even beyond those borders,” says Camino. “It officially kicks off our new PLY Outreach Endeavor. Each month we’ll select one non-profit organization to raise funds for in the studio.”

According to Camino, this monthly effort will be modest, ranging from a “Change for Change” donation box set up in studio where students can make cash donations, as well as special, donation-only classes, where proceeds

continued on page 21



“Big Pink Yoga Dude” tours Lakewood in metal artist David Smith’s truck. Marcia Camino, founder and owner of Pink Lotus Yoga Studio, 18103 Detroit Ave., commissioned Smith to create metal art bike racks for her studio. “Big Pink Yoga Dude” is the centerpiece of one of these two racks, which will be dedicated on Saturday, Sept. 29, at noon as part of a larger studio fundraiser event to support Lakewood’s own Beck Center for the Arts Creative Arts Therapies programs.

Love Free or Die
SCREENING

Love Free or Die is the award-winning story of Gene Robinson being ordained the first openly gay bishop of the Episcopal Church. The film is about a man whose two defining passions are in direct conflict: his love for God and for his partner Mark. His consecration in 2003, to which he wore a bullet-proof vest, caused an international stir, and he has lived with death threats every day since.


THURSDAY, SEPT. 27
TRINITY CATHEDRAL

5:30-6:30 p.m. Ticketed Reception (\$25 minimum)



6:30-8 p.m. Film (free)

8-8:45 p.m. Panel Discussion with Bishop Gene Robinson and Director Macky Alston, facilitated by Dean Tracey Lind

For information on the ticketed reception, contact Rob Bauer at 216.774.0470.




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Lakewood Is Art

Xanadu Rolls Into Beck

by Corinne Henahan

For those who remember the 1980's, the mere mention of the movie "Xanadu" will inspire a giggle, usually followed by a blush of embarrassment for participating in the fads of the time. Leg warmers, roller disco, even the movie's star, Olivia Newton John, have all become symbols of the decade, and are now considered silly by those who survived it.

It is from this source material that the Broadway musical version of XANADU was pulled. However, where Newton-John and the original screenwriters Richard Danus and Marc Rubel were earnest and innocent, Douglas Carter Beane, who adapted the script for Broadway, is a cynic. And a comic genius.

In the production which opened Friday, September 14 at the Beck Center's Mackey Main Stage, Director Scott Spence opened the show, telling the audience that XANADU the film was one of the worst ever made. The production that follows was irreverent, and very humorous.

The show opens on Sonny Malone,



a roller-skating artist struggling to create in Venice Beach in 1980. Played with wide-eyed innocence by Sam Wolf, Sonny gets both a good laugh and a sympathetic connection to the audience within just minutes. As he leaves the stage, the chalk mural he was working on, a scene from Mt. Olympus depicting the Muses, comes to life, introducing us to the rest of the cast in the song, "I'm Alive." At the center

is the muse Clio, thereafter known as Kira (played by Kathleen Rooney), who decides it is her mission to inspire Sonny on his quest to create the world's first roller disco.

The story is cute, the jokes are funny, and the songs are good, or as good as they ever were. Greg Violand really shines as Danny McGuire, the jaded businessman-turned-disco owner in the role originally played by

Gene Kelly. In the small cast, where each actor portrays multiple roles, truly comic performances make the characters stand out. However, it is the male actors cast as women (Ben Donahoo as "Thalia" and Matthew Ryan Thompson as "Terpsichore") who give the most outlandish performances, and get the biggest laughs. There is just something a little bit Monty Python about seeing these boys vogue in flowy Greek mini-dresses!

The show also includes some updates with modern slang and pop-culture references, so that those who are too young to remember 1980 will also be laughing throughout. The set is neon and gorgeous, using the small Mackey stage to efficiently transport the audience to both Venice Beach and Mt. Olympus. It also provides an on-stage home for the small "orchestra," made up of keyboards, guitars, and drums.

At just 90 minutes run-time with no intermission, XANADU is a fast-paced pleasure filled with laughs and nostalgia. It runs through October 14.

Tickets for Xanadu are \$28 for adults, \$25 for seniors (65 and older), \$17 for students (with valid ID), and \$10 for children (12 and under). An additional \$3 service fee per ticket is applied at the time of purchase. Group discounts are available for parties of 13 or more. Purchase tickets online at beckcenter.org or call Customer Services at 216.521.2540, ext. 10. Beck Center is located at 17801 Detroit Avenue in Lakewood, just ten minutes west of downtown Cleveland. Free onsite parking is available.

Beck Center's production of Xanadu is presented through special arrangement with Music Theatre International (MTI) and is sponsored by the Ohio Arts Council, and Cuyahoga Arts and Culture.

Look What Lakewood Seniors Are Up To



The finished mural by LSHC residents.



Margaret Anderson acknowledges CherylAnn Meredith for her hard work.



Frank Corrado, Ed Klein, and Leo Sadlek show off their certificates of merit.

by Tammy Sibert

Lakewood Senior Health Campus' assisted and independent living residents unveiled their latest creation! They transformed a large ugly cement retaining wall into a beautiful life-size nature scene using mosaic tiles made of wood squares. The wall was an unattractive eyesore for residents when they opened the blinds in one of their activity rooms. But after a lot of hard work, they get to see a sunny mountain lake view every day. The

men prepped and primed the wood squares, then they were each hand-painted by residents to fit together like puzzle pieces. The project was coordinated by the facility's activity director, Margaret Anderson and CherylAnn Meredith, private duty aide and volunteer. Special thanks to CherylAnn's husband for mounting the mural and to all the residents who spent their time and talents creating this special work of art! The Mural was unveiled on August 17, 2012.

C2B Night Out With Something Dada & Around The Corner

by Fran Storch

Connect 2 Beck, or C2B, is Beck Center's 20/30/40 group that enjoys arts and culture through social and insider events. C2B holds fundraising events to benefit the Arts Education scholarship fund at Beck Center, such as Bike for Beck and the arts sampler event, Taste of Beck.

C2B's next event, "C2B Night Out with Something Dada & Around the Corner" is Friday, September 21. The laughs begin at 8 p.m. in the Studio Theater at Beck Center with a special performance by Something Dada, Northeast Ohio's premiere improv troupe, followed by a special meet and greet with Dada cast members at Around the Corner Saloon & Café at 18616 Detroit Avenue. Admission includes the Something Dada performance and ATC after-party with two complimentary drinks (draft beer



and well drinks) and appetizer spread. Tickets are \$20 in advance which may be purchased online at www.connect2beck.eventbrite.com or \$25 at the door.

Located at 17801 Detroit Avenue in Lakewood, Beck Center for the Arts is a not-for-profit 501(c)3 organization that offers professional theater productions, arts education programming in dance, music, theater, visual arts, early childhood, and creative arts therapies for special needs students, and gallery exhibits featuring regional artists.

Lakewood Is Art

Lively Listening With The Rocky River Music Study Group

by Cathy Subhana Graf

What are several Lakewoodites doing in Rocky River every Thursday morning? They are happily listening to Baldwin Wallace University faculty member Dr. Christine Dorey, musicologist and raconteur. Lecture is an inadequate description

of her entertaining and informative talks with and about classical music. The weekly sessions are based on works to be performed at upcoming Cleveland Orchestra concerts. Her knowledge and wit enliven wide-ranging observations on the social, political, technical, and musical

environment of the work; the life, idiosyncrasies, and musical import of the composer; and the broad brush and tiny details of the music itself as she plays recordings, often with commentary on the musical personalities of the performers as well. Each session is education and

entertainment in itself and invaluable preparation for those planning to attend the corresponding concert. Meetings are held Thursdays from 10:00 -11:30 at the Don Umerley Civic Center, 21016 Hilliard Blvd. in Rocky River. You can contact John Hansen, Treasurer, 216-521-1779 with any questions, or just show up.

Beck Center Is “Best of the West” In Dance/Theater Instruction

by Fran Storch

For the fourth consecutive year, Beck Center for the Arts has been selected Best of the West in Dance Instruction and Theater Instruction by WestShore live well magazine. Hundreds of readers voted for the best places to eat, shop and have fun on the West Side. After the final votes were tallied, Beck Center once again came out on top in dance and theater education.

Beck Center’s Dance Education program is one of the most comprehensive and well-respected in Northeast Ohio. Students train with highly qualified dance instructors who have a combined 250+ years of teaching experience in the classroom. Programming is available for early childhood students, youth, teens, and adults in a

various genres including ballet, contemporary, hip hop, jazz, modern, pointe, and tap; as well as health and wellness classes such as Gyrokinesis® and Tone & Stretch.

The Theater Education program provides training as eclectic as the students who study at Beck Center. Each semester, “core” classes are offered which focus on theater fundamentals including acting, dance, improvisation, and singing. Students then expand their repertoire by selecting unique electives such as Audition Techniques, Scene Study or Dance Performance for Musical Theater. Beck Center’s theater curriculum incorporates a variety of acting approaches and methodologies to aid the beginning, as well as the experience actor, in discovering their true

talents.

In addition to Dance and Theater Education, Beck Center also offers classes in music and visual arts and early childhood programs and creative arts therapies sessions for special needs students. Fall semester started the week of September 5 but it’s not too late to register for certain classes and the second session of visual arts classes. Registration for private music lessons is ongoing throughout the year. The complete fall 2012 catalog including over 200 classes, lessons and programs is online at beckcenter.org. Easy online registration is also available. For more information, visit the Beck Center website or call 216.521.2540 x10. Beck Center is located at 17801 Detroit Avenue in Lakewood.

Everyone is invited to attend for free as a guest for one session. Then you will want to join the group for the ridiculously low annual dues of \$60 for the 20 session season running from September to March.

And those Lakewoodites? They can’t wait for the first meeting on September 27th to see Dr. Dorey’s new car – a pink Malley’s Volkswagen Beetle!

Interfaith Observance Of UN International Day Of Peace

by Cathy Subhana Graf

Friday September 21st is designated as International Day of Peace by the United Nations. The first Peace Day was in 1982. Coinciding with the UN day is the International Day of Prayer for Peace declared by the World Council of Churches. Prayers for peace can be shared on Facebook and Twitter as well as via email and in person observances.

Lakewood Presbyterian Church will be offering an interfaith program of the Dances of Universal Peace from 10:00 to 11:00 a.m. The Dances are an interfaith spiritual practice sometimes called body prayer or moving meditation. Simple circle dances taught in the moment are done to chants of sacred phrases or mantras from many world faith traditions. People of all faiths are invited to join in. No partner or experience is needed. The church is located at 14502 Detroit Avenue, at the corner of Detroit and Marlowe, and is handicap accessible.

Local Resident Produces GemStreet USA Show: September 28-30

by Laura Briedis

Lots of bling, along with some dirt with unearthed fossils and minerals—and even some cosmic dust from meteorites falling from the skies over Argentina—will be on display when GemStreet USA Show & Sale comes to Cleveland on September 28-30 at the Cuyahoga County Fairgrounds in Berea.

Local artists along with exhibitors from around the world will showcase the latest in fine gems, jewelry, beads fossils and minerals. The show will feature several dozen jewelry artists and exhibitors spanning from the East Coast to Hawaii. Showgoers can browse aisles of faceted gemstones, crystals, pearls, silver,

gold, pewter, copper and a bevy of beads. Those who make their own jewelry can find a great selection of beads, supplies, tools and educational materials.

All the latest jewelry trends will be revealed incorporating intricate beadwork and wire wrapping. The color trends this fall? Pops of vibrant hues, especially reds, fuscias, corals, bright yellows, and lively greens and blues. Jewelry artist will be showing their fall styles whether pendants with agate slices, stranded pearl necklaces or beaded bracelets.

Plus, a host of fossils and minerals will appeal to both novice and serious collectors with items ranging from a rare black amethyst mineral specimen

to petrified wood from Indonesia to sharks teeth.

Show hours are Friday and Saturday 10 a.m. to 6 p.m. and Sunday 11 a.m. to 5 p.m. Tickets are \$7 general admission, \$5 for seniors and students, and free for children under 12. The ticket is good all weekend and parking is free. The Cuyahoga County Fairgrounds is located at 164 Eastland Road, Berea.

GemStreet USA is produced by Strieter Productions based in Lakewood, Ohio, which hosts major gem and jewelry shows in the Midwest.

For more information on the GemStreet USA Show, contact its organizer, Jane Strieter-Smith, at 216-521-4367 or www.gemstreetusa.com.

Meet Bestselling Food Author Michael Ruhlman

continued from page 1

MR: Usually "Why?!" as in, "Why did you stay?"

Q: How has being a Clevelander shaped your palate?

MR: I'm not a big fish eater, because in the 1970s when my tastes were formed, there was no good fish in the area that we knew of. Grocery stores would get one delivery a week and by Friday it would be nasty. So I grew up eating meat and potatoes, chicken baked in a honey orange sauce, recipes clipped from the PD. A lot of frozen green beans. Salad. Excellent beef stew in the winter. And mom made the best meat sauce we knew. My dad grilled meat all winter long. My mom turned béarnaise sauce-making into a sport.

Q: Do your kids know what a Happy Meal is?

MR: Only because they watched



TV. They rarely ate at McD's as kids. Even when I was too tired to suggest anything else, they declined. Now my daughter is a junk food addict.

Q: I would be lax if I didn't ask, what is your favorite meal?

MR: Steak frites... I get asked all the time and my reasons stand.

Q: Has your love of cooking taken you by surprise?

MR: I've always loved to cook. That I would turn that love into a vocation is the surprise.

Q: You have been on a number of popular television shows, including *Iron Chef America* and *Anthony Bourdain's No Reservations*. Do you enjoy doing television?

MR: No, though Tony's show is an exception. That one's fun. The rest involve too much sitting around and not getting anything done. It does have incredible reach though, so I try to do it when given the opportunity.

Q: What can guests expect at your upcoming visit to the Beck Center?

I always talk about the importance of food and cooking, what happens when we ignore it (we get sick), and what happens when we embrace it (life is good!)

You can ask the Cleveland author and cook your own questions by join-

ing us for An Evening with Michael Ruhlman October 4 at 7:00 p.m. at the Beck Center for the Arts (17801 Detroit Avenue). All of his books, including the recent *Salumi: The Craft of Italian Dry Curing*, will be available for sale and signing at the event, courtesy of Mac's Backs Books. A variety of hors d'oeuvres will be included with admission. A cash bar will be available during the event.

General admission is \$35. Tickets are available at www.lakewoodpubliclibrary.org. Admission can also be purchased in person with cash or check at both Lakewood Public Library locations. Checks should be made payable to The Lakewood Public Library Foundation. \$20 of the admission price is tax deductible. Call (216) 226-8275, ext. 127 for more information.

Business News

Community Events, Notable Speakers Highlight Lakewood Chamber's Fall Calendar

by Valerie Mechenbier

The Lakewood Chamber of Commerce and Beck Center for the Arts are teaming up once again to present the 8th Annual West End Halloween Window Walk. This community window-painting contest is open to all students in grades K-12 and to Adults as well. Over 100 Halloween-themed masterpieces will appear on the windows of Detroit Avenue businesses from Arthur to Sloane during the week of October 21st. A "Best-In-Show" prize will be awarded to winners in each of 5 age categories: Grade K-2, 3-5, 6-8, 9-12, and Adult (18+), plus the Group and Family categories, at the awards ceremony at the Beck Center at 2pm on October 27th. Registration forms for both artists and businesses are available by visiting www.lakewoodchamber.org.

The Chamber brings back another community event that has created excitement – and friendly competitive bidding – since 2009: the 4th Annual "Holiday Bid & Buy" online goods & services auction will begin on November 11th. Shoppers near and far will be able to bid on goods and services from their favorite Lakewood businesses, organizations, and talented contributors. The Chamber would love to help promote your local business, service, or product with over two months of



A 2011 "Window Walk" prize winner!

great publicity! The auction will open for donations soon – watch for information on www.lakewoodchamber.org.

In addition to the art contest and the auction, the Lakewood Chamber is pleased to present two months of inspiring and informational business-related programming. Jim Smith – "The Executive Happiness Coach" – works with leaders and business owners to take their personal and professional development to the next level. Mr. Smith will present "Happiness @ TheSpeedOfLife: Five Prescriptions

for Happiness in a Turbulent World" at the Chamber's September luncheon meeting on 9/21/12. This meeting is sponsored by COSE.

Ohio is a key battleground state in the 2012 American national elections. Learn about the strategy, tactics, and conduct of the major contenders as they campaign in Ohio and ask for your support. Dr. John C. Green, Director of the Ray C. Bliss Institute of Applied Politics and distinguished professor of political science at The University of Akron, will present "Battleground Ohio 2012" at the Chamber's luncheon meeting on Friday, October 19th, sponsored by UA Lakewood.

The Chamber will end 2012 with the annual joint meeting with the Rocky River Chamber of Commerce, the 6th Annual "Why I Love Lakewood" 4th Grade Essay Contest,

and the Chamber's annual Holiday Party. Join Us!

Non-members are welcome to attend Chamber meetings. To RSVP, participate, or learn more: 216-226-2900, email info@lakewoodchamber.org, or visit www.lakewoodchamber.org.

Upcoming Events

Friday, September 21st
Luncheon Meeting: Jim Smith, PCC presents "Happiness @ TheSpeedOfLife: Five Prescriptions for Happiness in a Turbulent World"
Brennan's Catering & Banquet Center: 13000 Triskett Road, Cleveland
Registration & Networking: 11:30am, Lunch & Program: Noon
\$15 members, \$20 non-members
Sponsored by COSE

Monday, October 8th
Deadline to submit West End Halloween Window Walk painting contest registration forms.
Forms are available online at www.lakewoodchamber.org.


Did You Know...

that anyone can search the Chamber member database? Whether you need a florist, an architect, a banker, or a realtor - click on the "Member Directory" button on lakewoodchamber.org and support your Lakewood Chamber businesses!



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We've Got Spirit In Lakewood!

by Renee Lavelle

It's that time of year again - "We've got S-P-I-R-I-T" I have been hearing that chant throughout my house since my daughter was just 3 years old cheering for a local youth football league. She is now a sophomore at Malone University where she is still a cheerleader. Living in Brooklyn, Ohio was exciting as the Marching Band would always parade from the High School to the Stadium a few blocks away- It always had that small hometown feeling to me. I can still hear them practicing from my home and I get goose bumps. My daughter was also in the Marching Band- She worked so hard. She played the clarinet and cheered- so when she marched- it was in her Cheer Uniform. While all the other kids got to take a break during halftime, there was my girl on the field playing with the band.

We have lots of Lakewood memories too- We were always here for the band festival as Brooklyn participated in it. I always admired the Lakewood Schools for their arts and music. I was a singer in HS; we had a great program at Valley Forge but had secretly wanted to go to Lakewood because I thought it was "cooler." Now I am here in Lakewood in my new business "The Little Bling Shoppe" and I am able to participate as a Lakewood business

resident by bringing Lakewood and surrounding communities' fun spirit wear to support their kids at the games.

My take on Spirit Wear is a little different from the standard t-shirt I "Bring the Bling" for Sports Moms and Fans- Embellishing my handmade fashions suited for women and offering choices to the customer where they can pick their own clothing styles(v neck, sweatshirt, etc..) One size does not fit all here - you are in charge. Please come see me- I take group and also custom orders for your team, workplace and more- I can even work with you to sell at a discounted rate for your fundraising efforts. I wish everyone a fun fabulous fall - and Go Rangers!

Nail Talk

by Bonnie Fencil

Every age and gender chats or expresses themselves with their hands. This is true that your nails say something about you. I want to bring this up so that they say the best things about you. If you bite your nails you are with about 50% of people who do also. Think about the germs that are transferred from hand to mouth. Keeping a small file handy at all times to file away a rough edge or small tear often is all you need to do to prevent that bite that fixes the tear. The best habit to create healthy nails is to oil your cuticles every night. It keeps the skin flexible and the nails too. They will break less, and a dry cuticle that cracks is an entry for germs too. I know we have one more thing to do but as time passes you will be rewarded with a nicer looking hand.

If you have never had a manicure, consider it you will see the complete way to care for your nails. Hand lotion is a must especially for those working with paper, chemicals, etc. A light, quick to be absorbed lotion is good for daytime to be used as much as you need to. A thicker butter type lotion is good at night when it has the time to work deeper into the skin. Fashion is showing a shorter nail but well groomed. But as I said before, personal taste and what you want to show the world to express yourself, flaunt the length, color, or art you want is the best choice for your nails.

Lakewood Community Festival



photo by Jim O'Bryan



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Opinion

Celebrating? Hardly!

by Laurie Sanders

Sometimes when us servers start a night out with an awesome table, it is impossible to go anywhere but way downhill. An exceptionally sweet couple, celebrating 49 wonderful years of marriage, who order exactly the same thing, stay no more than an hour and a half, and show their gratitude, may be the kiss of death. Sure enough it's a Friday night; I think I am in the perfect dinner section and my first table rocks. Tables two and three leave a little less than you would leave the worst snotty bartender and then the worst of the worst strut in and sit at your last open table. This couple appears to be congenial, quite, and reserved to their private conversation. Don't speak too much or demand all your attention. They are dressed nice enough that you would want to chat them up a little more just to find out where she got that awesome bracelet and best of all they seem ready to spend some cash. But in reality these two were not ready to throw down the big bucks on the list of high priced favorites, they had other plans. So as I hustled back and forth to other tables, checked their food, ran their food, got them fresh drinks from the bar, checked back to see how much everyone was loving their meal, and finally took my



The popular cover band “Tricky Dick and the Cover Ups” can often be seen performing in local bars- seen here at The Avenue Tap House on the west-end of Lakewood.

first break to the ladies room in five hours, I come back into the dining room to find that my quite table had skipped out on their bill and not said a word to any staff member on the way out. Really? I've been working as a server in the same restaurant for 4 years. Never have I ever seen such a thing. I didn't have to pay the tab, just lost out on the tip but let me tell you this gave me the perfect excuse to get a little crazy!

Where better to head than Lakewood's “Been Everything” Tap House? Avenue Tap House on Detroit was

always known to me growing up as a hole in the wall little Lakewood bowling alley... then bowling alley with large bar... then bowling alley with bar and pizza place... now bar slash concert hall slash pizza place. Though you can get dollar a slice Guys Pizza next door, Avenue may not be for the person on a drink budget. Paying a different amount for well vodka soda every time I approach the bar irks me as much as bad service. But as much as I miss the bowling and I dislike the lack of control on drink prices, I do love that I can, at least every couple

of months, catch the best cover band in Cleveland rocking out on the bar stage.

Tricky Dick and the Cover Ups, crude seeming name and all, bring a smile to my face and popularize lively dancing from my friends and me every time we catch a show. Now our personal dance moves may not be as fresh as lead singer, Tony Howard's “Douggy,” but his energy and encouragement to let go and get down, make everybody in the crowd at least get the hip sway going. The band of four outgoing fellas seem to always be having a ton of fun and even with a set routine and order of songs, I feel like I am seeing a different show every time. Tricky Dick can be seen playing locally just about every other weekend but have been lately venturing for new venues and private events more and more often. If there is ever a question as to where they are playing a quick stop to their website or Facebook page will lead you to upcoming events and maybe a new favorite Lakewood bar.

A toast went out that Friday night to the couple who skipped out on their bill knowing justice will one day find them and a toast also to Tricky Dick and the Cover Up for always providing that needed element to excel to the level of rock out we all need on the weekends.

If you have any questions, please call the Board of Elections at 216-443-3298, Ohio Relay Service 711. For more election information, check our web site www.boe.cuyahogacounty.us

1. An application by mail must be received by your county board of elections by noon on the third day before the election. An application by you in person must be received by your board of elections by 6 p.m. the last Friday before the election. Applications for persons who are hospitalized or for persons whose minor child is hospitalized due to an accident or unforeseeable medical emergency (Form 11-B) will be accepted until 3 p.m. on Election Day.

2. If you return your ballot by mail, it must be received by your board of elections by 7:30 p.m. on Election Day or postmarked no later than the day before Election Day and received by your county board of elections no later than 10 days after the election. If you return your ballot in person, or if a near relative delivers it to the board for you, it must be received by your county board of elections no later than the close of polls on Election Day. If you are a member of the uniformed services or a voter outside of the United States on Election Day, the ballot must be submitted for mailing not later than 12:01 a.m. on the date of the election and received by the board no later than 10 days after Election Day.

* Postmarked does not include a date marked by a postage evidence system such as a postage meter.

** A separate application must be completed for each election.

Complete all highlighted areas or your application cannot be processed.

1. Provide your Name and Address

2. Provide your Date of Birth

3. Provide one form of Identification

4. Provide your Signature

Instructions Chapter 3509 of the Revised Code of Ohio



Vote by Mail Ballot Application

All Registered Voters May Vote by Mail

1

Registered Voter's Name and Address

NAME

HOME ADDRESS

CITY

PHONE (Optional)

ZIP CODE

EMAIL (Optional)

Please fill out ONLY if ballot must be sent to a different address:

CARE OF / PO BOX

ADDRESS

CITY

STATE

ZIP CODE

2

Date of Birth (Must be provided)

Month

Day

Year

3

Identification (Must provide either A, B, or C)

A

The last four numbers of your Social Security Number

OR

B

Your Ohio Driver's License Number

NOTE: Your driver's license number begins with 2 letters and ends with 6 numbers. The number above your driver's license picture is not valid for voting purposes.

OR

C

Provide a copy of a current and valid photo identification, military identification, or a current (within the last 12 months) utility bill, bank statement, government check, paycheck or other government document (other than a voter registration notification mailed by a board of elections) that shows your name and current address.

Election:

NOVEMBER 6, 2012 GENERAL ELECTION

4

Signature (Must be provided)

I wish to have a ballot mailed to me at the address listed above. I understand that if a ballot is mailed to me and I change my mind and appear at my polling place to vote on Election Day, I will be required to vote a provisional ballot that cannot be counted until at least 10 days after the election.

I hereby declare, under penalty of election falsification, I am a qualified voter and the statements above are true to the best of my knowledge and belief. I understand that if I do not provide the requested information, my application cannot be processed. WHOEVER COMMITS ELECTION FALSIFICATION IS GUILTY OF A FELONY OF THE FIFTH DEGREE.

X

DATE SIGNED

Pulse Of The City

Our Century City...Lakewood's Antiques...

Sucking It All Up! A 1912 Era Hand-Pump Vacuum

by Gary Rice

When the final history of this world is written, the period from 1865 to 1914 will arguably be one of the greatest times of invention and discovery for the human race. True, life is a continuum, and many of the inventions that first saw the light of day during that time period had roots even earlier. Still, just think about it Beginning perhaps with the first practical applications of electricity, that era also saw the rise of the telephone, electric lighting, cameras, bicycles, automobiles, sewing machines, dictation machines, and recording devices. And of course with advances in communication came advances in the arts and sciences, medicine, and also, unfortunately, weaponry. For the purpose of this column, we note that this era also marked the dawn of the home vacuum cleaner.

Indeed there were so many inventions back then that by the end of the nineteenth century, there was a feeling that “everything that can be invented has been invented.” Although an American Commissioner of Patents was credited for the quote, research seems to indicate that it may not have been said by him at all. Nonetheless, that expression appears to have been a popular sentiment at the time, and even reportedly appeared in the Punch/London Charivari periodical in 1899, expressed as a joke.

Inventions often have quite a bit of lag time between their public debut and public acceptance. Sometimes that is due to the need for other technologies to catch up. Electric vacuum cleaners, for example, only worked where there

was electricity, and electricity was long in coming to many parts of our country, even into the 1920s and 1930s. Most of the housework was done manually back then, with carpets needing to be taken outside and beaten in order to remove the dust and pet dandruff that accumulated on those new fancy factory-made loom rugs that the modern 1890s American housewife was so fond of. Before long, both manual and electric vacuum cleaners were in the mail-order catalogs and being shipped out to homes across America.

In 1909, the Sears catalog advertised its “Quick and Easy” vacuum cleaner model for \$4.35. That was one of the earliest hand-held, non-electric, mass-produced vacuum cleaners that could be operated by one person. Many manual vacuums at that time actually required having a second person around in order to operate a complex bellows system. The vacuum cleaner illustrated here appears to be a National vacuum cleaner made with a 1907 patent design. This type of one-person machine worked by holding the right hand on the horizontal handle while using the left hand to grab the vertical handle and pull the interior bellows up and down and up and down and up and down while somehow maneuvering the device over one’s carpet or floor.

Whether this repetitive motion was in fact easier than moving the furniture, rolling up the carpet, and taking it outside to beat the stuffing out of it, I will leave to your imagination dear reader. But at least it was compact,

lightweight, portable, and reliable. In using this device myself, I found the best way to work the machine was to drag it backwards at about five inches per pump. At that rate, I would probably finish the downstairs carpet in about a month’s time, but I COULD probably defeat anyone in Lakewood at arm-wrestling with my left arm! Of course, when electricity came along, those electric cleaners with motors did the job a lot quicker, although they were much louder.

Come to think of it, we’ve probably gone through a half dozen electric vacuum cleaners around our home in the past 50 years or so, but this old manual one still sucks up the dirt on command after a century of service--understandably needing only a new rubber hose at the present time.

Please do not ask me about my arm-wrestling prowess, however. Those days may be gone, but I am indeed at least aware of a Lakewood



At 100 years old, this hand pump vacuum is still going strong, but requires a lot of effort to finish sweeping up!

century sweeper that can still sweep on, even when the electricity is out! It’s a truly “green” sweeper that way too, right down to its awesome green paint job!

Pink Lotus Kicks Off Community Outreach With “Bend For Beck”

continued from page 15

will go to that month’s designated charity.

Bend for Beck will be one of two larger fundraising events the studio hosts each year. The next will be in the spring and will focus on Harvest for Hunger, Camino says.

“We have exciting things on the

proverbial drawing boards,” she says. “Keep an eye on Pink Lotus Yoga. You won’t be disappointed with what we offer – both on the mat and in the community.”

For more information about Pink Lotus Yoga Studio, visit www.pinklotusyoga.com. For more information about Beck Center for the Arts, visit www.beckcenter.org.



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Julie Coughlin-Atagi, RN, CHPN
Administrator
Bayview Hospice

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at 11:30 a.m.

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Open House & Tours 12:00-1:30 pm
Door Prizes granted at 2:30 pm
Show closes at 3:00 pm

For more information, contact Margaret at 216-912-0456.

Lakewood Living

Selling In Colder Months

by Chris Bergin

While the warmer months are generally regarded as the time for home sellers to get their property ready for sale, marketing the home in winter and early spring is just as important. Homebuyers are out looking for homes 12 months a year and there's no reason to drop the ball on sprucing up a home November through February.

Here are some tips for selling a home in the fall and winter months.

Heat it up: If you are planning an open house or have showings scheduled, turn up the thermostat and make the home warm and inviting. A cold home shopper will race through a house and start questioning the windows and insulation.

Light it up: For homes with fireplaces, this is the perfect opportunity to show the potential buyer how cozy a fireplace can be. Leave out some hot

chocolate, cider, or coffee nearby and invite those seeing the home to relax and try it out.

Take care of snow and ice: For those selling once the snow hits, make sure that the walk is clear, the driveway is shoveled and put down salt to control any icy surfaces. If a buyer pulls up to the house and has to slush through inches of snow, they may not even bother to enter. For those who aren't currently living in the home that is for sale, make sure to hire someone to clear it for you.

Use photographs: If you have a beautiful lawn, stellar landscaping or an outdoor pool or deck, many times these are quickly overlooked or passed by because of snow. Take some eye-catching photos of these amenities during the warm months and display them during a winter showing so buyers can get a better understanding of what the outside truly offers.

Schedule Open Houses: There are still many who don't believe that selling in the winter is a good idea, so it's a great time to take advantage of less competition. Many serious buyers often come out during the winter months, including corporate clients who usually need to relocate within the first quarter of the year.

Emphasize the Positives: Does your street get plowed quickly? Is it near public transportation to make it easier to get to work in the snow? Is it within walking distance of stores? Does it have a great hill for the kids to sled down in a safe environment? If so,

accentuate these features.

Since a lot of people are waiting until spring to put their home on the market, having a home ready in winter is a great way to beat the rush, allowing you to move on with your future plans sooner than later! We are beginning to hear reports of shrinking inventory nationally, and Lakewood is no different. Currently there are less than 140 single family homes for sale. That is down from over 300 just a few years ago! You can check out the local inventory, and even get an idea of your home value, at www.HomeValuesInLakewood.Info.

Hospice Volunteer Education

by Joan Ibbett

Hospice of the Western Reserve is looking for volunteers in home care, nursing home, and assisted living settings. Run errands. Read stories. Play games. Write letters. Make phone calls. Share smiles and hugs. Bake cookies and make meals. Provide legal guidance. Give a presentation. Help with clerical work. Attend health fairs. Feed pets. Help with legacy work.... and much more.

Some of the positions we are specifically looking to fill are: Attorneys, Receptionists, Pet Therapists, Licensed Hair stylists, Notaries and

Massage Therapists. Our volunteers are limited only by their imaginations.

Our next series of volunteer classes are being held at Hospice of the Western Reserve, 29101 Health Campus Drive Suite 400, Westlake 44145 on Tuesdays from October 23-December 4 from 1 to 4 p.m. Either three or seven sessions are required depending on the type of volunteering you are interested in. Teens need only attend the first three sessions. Pre-registration is required. Call the volunteer office at 216.383.3731 for more details or to register.

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Lakewood Living

So Maybe It's Time To Sell Your Lakewood Home?

by Eric Lowrey

This has been a long time coming but maybe it's time to list your home in Lakewood. Statistics show it is a wonderful time to list a home. As of 9/13/12 there are currently 132 active single-family homes on the market. There are a total of 71 under contract which means the in the next month or so 71 more homes will be sold. Over the past 6 months 222 single-family homes have sold which is 37 per month selling.

Buyers are looking for good homes that they can move into. That is the important fact to remember. The buyers want to move right in. You need to have an updated and clean home to get the top price. Those little projects you mean to do? Get them done. Promises to have them finished land on deaf ears. Clean up your yard. Add pots of colorful mums. Clean, clean, clean.

Of the 222 sold 56 of these homes sold within 1 month. That is almost 20% of all available homes selling within a month. The average sales to list price ratio was 95%. This means all 222 of the sold homes had a sales price that was within 5% of the asking price. These are all good indicators of a steadily improving market.

Why are people buying? First off people will always need to buy homes. Even during the worst times of this downturn people were buying homes.

But more importantly, today buyers are feeling better about their position in the world, the cost of money is at or near historic lows, and they see value. Prices are slightly rising so they act quickly. With the low number on available houses they know if they don't buy now someone else will. This will bring you a good price in a short span of time.

So ask yourself, Do you want to sell your home? If the answer is yes, or maybe, then now is the time to seriously consider putting your home on the market. Go to NorthEastOhioRealtor.com for more information.

Take A Boating Class Before This Happens To You

by Virginia Suda

U.S. Coast Guard Auxiliary "About Boating Safely" Course

According to ODNR Watercraft, there are 24,161 boats registered in Cuyahoga County. From 2006-2010 there have been 276 accidents on Lake Erie involving 350 vessels, 127 injuries, and 19 fatalities. The State of Ohio's mandatory boating education law requires boaters born on or after January 1, 1982, to complete a National Association of State Boating Law Administrators (NASBLA) approved course before operating a boat of more than ten horsepower.

U.S. Coast Guard Auxiliary Flotilla 7-5 is offering "About Boating Safely" at Garfield Middle School starting on Wednesday, September 19 through November 14 from 7:00-9:30 p.m. No class on November 7. Classroom boat handling skills and safety training. Learn boating nomenclature, how to handle boating emergencies, proper seamanship, VHF marine radio procedures, knots, engines, trailering,



Sign up for the Coast Guard's "About Boating Safety" class to help avoid getting into a boat wreck like the one pictured above.

docking, navigation rules, and aides to navigation. USCG Auxiliary and Ohio boating certificates issued. Possible insurance discount.

Register through Lakewood Recreation Department 216-529-4081. The cost is \$25.00 for materials plus Lakewood's registration fee is \$30.00 for residents. Contact v. Suda 216-226-7221 or sudav@cox.net for any questions.

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