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THE LAKEWOOD OBSERVER

Trust is a two way street. If your government does not trust you, how can you trust your government? - Bruce Montague

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Volume 11, Issue 4, February 17, 2015

Citizens Question: Has The Lakewood Hospital Association Failed Its Mandate?

by Jared Denman

Listening to statements made by the Lakewood Hospital Association (LHA) trustees and their third-party consultant Subsidiary since the January announcement that the LHA and the Cleveland Clinic are pursuing a plan that would see Lakewood Hospital effectively shuttered and demolished in favor of a Family Health Center (FHC), one gets the impression that 1) the

current challenges in health care delivery were not known prior to this year, 2) that the Cleveland Clinic's designs for West Cleveland were equally unknown, 3) the City of Lakewood will retain full control of the assets, and 4) that the Board is taking every measure to be transparent.

However, the facts tell a different story. One that casts doubt on whether the LHA, a private not-for-profit formed

in 1987 at the behest of the citizens of Lakewood, and tasked with providing the citizens of Lakewood access to high-quality, local health care, has fulfilled its mandate.

1) **Health care trends today were known in 1996-** According to a review of public archives at the Lakewood Library, in February 1996 the Lakewood Hospital Association trustees were considering a merger with Southwest General Health Center in Middleburg Heights and the now defunct Fairview Health System which consisted of Fairview and Lutheran Hos-

pitals in an effort to remain competitive in a quickly consolidating health care market.

2) **Cleveland Clinic's business strategy was public knowledge prior to the acceptance of the 1996 Definitive Agreement (DA)-** In as early as May of the same year, the Fairview Health System was dissolved after Fairview, Lutheran, and Southwest Hospitals signed on with the Cleveland Clinic and the LHA was already hard at work inking the 1996 Definitive Agreement that the hospital operates under today. However, much like today, there was stiff opposition from the citizens. In an November 28 op-ed published

in the Lakewood Sun-Times, Dr. Patrick Carey presciently stated: "Allowing the Cleveland Clinic Foundation to acquire control of Lakewood Hospital after it has acquired Fairview and Lutheran Hospitals would grant the Cleveland Clinic Foundation an effective monopoly over the provision of community hospital services in western Cleveland and its inner-ring suburbs. The Cleveland Clinic Foundation has announced its intention to make Fairview Hospital the anchor of its west side presence [emphasis added]."

3) **Public assets will be transferred to private control** continued on page 4

Lakewood Hospital Community Meeting
Tuesday, March 10, 2015 at 7:00 PM
Lakewood City Hall Auditorium, 12650 Detroit Avenue

Reflections Ceremony Honors Students' Creativity

by Christine Gordillo

Lakewood students' creativity and imagination were celebrated at the annual Lakewood PTA Council Reflections Ceremony, held February 3 at the Civic Auditorium. One hundred twenty seven from preschool through high school were honored and 24 students' works were chosen to move on to the state PTA judging.

The ceremony offered the young artists a chance to be recognized and congratulated by the superintendent, Board of Education members and other city leaders. The audience heard Matt Charboneau, Director of Music Education at Beck Center for the Arts.

The Reflections program offers students from schools with active PTAs the opportunity to create works of art for fun and recognition. Students in preschool through grade 12 are encouraged to submit works in six arts areas: literature, dance choreography, film/video production, musical composition, photography, and the visual arts. All entries must follow a chosen theme, which this year was "The World Would Be A Better Place If..."



Lakewood's artistic leaders sit ready for a lot of handshaking and congratulating. From left to right: Cindy Marx (Council Woman-At-Large), Ed Favre (School Board), Betsy Shaughnessy (School Board), Patrick Carroll (Lakewood Municipal Court Judge), Sam O'Leary (Ward 2 Councilman), Emma Petrie Barcelona (School Board President), Roxann Ramsey (Assistant Superintendent) and Matthew Charboneau (Associate Director of Music Education, Beck Center), Kristine Pagsuyoin (President Lakewood PTA) at the podium.

Of all the works entered districtwide, 127 were chosen to be recognized at the district level at the ceremony. Each school can send up to 24

entries to district level. Among works chosen for district-level recognition, the highest scoring 24 works as deemed by continued on page 10

LakewoodAlive Announces 2015 "Knowing Your Home" Series

by Allison Urbanek

We are proud to announce the lineup for our 2015 educational series. Knowing Your Home is an educational series focused on best sustainability practices empowering home-

owners to tackle necessary repairs and improvements. Our workshops are designed to provide homeowners with helpful information for both do-self projects as well as contracted repairs.

Lakewood Animal Shelter Unveils Recent Expansion, Renovation

by Mike Deneen

After years of fundraising and many weeks of construction, the Lakewood Animal Shelter proudly unveiled some major renovations last week. The project did not involve adding any square footage to the existing building; it was a reconfiguring and upgrading of the current structure to better utilize space. The renovation nearly doubles the shelter's capacity for cats.

Planning for the renovation began in 2011. The renovation removed a wall between the shelter's "old" cat room and an adjacent room to form one new, large cat room. Citizens Committee for the Lakewood Animal Shelter (CCLAS), the



This lovely calico named Blanche Devereaux (collar #30) is one of the cats waiting to meet you at the newly renovated Lakewood Animal Shelter.

volunteer group that supports the shelter, paid for the new cages in the expanded cat room, and the number of cages almost doubled from 10 to 18. The renovation also improved the work spaces in the front of the shelter that are utilized by the Shelter Manager and Lakewood's two Animal Control officers.

In addition to funding, CCLAS volunteers also provided foster homes for cats during the renovation. This was very important, since the shelter could not house cats during the construction process. The cats have returned to the shelter, and are awaiting adoption.

continued on page 16

continued on page 16

LO Calendar

Tuesday, February 17
Fat Tuesday Business After
Hours Networking Event
5:30 PM - 7:00 PM

The Lakewood and Rocky River Chambers of Commerce invite you to celebrate Fat Tuesday at our first networking event of 2015. Enjoy great food from Burntwood Tavern.

Cash bar. Bring a friend, and bring plenty of business cards! This event is sponsored by Cox Business.

Location:

Burntwood Tavern
19304 Detroit Road, Rocky River

Friday, February 20
9th Annual Outstanding Work
Ethic Awards Breakfast
7:30 AM

The West Shore Career-Technical District's 2015 Outstanding Work Ethic Award winners will be honored at a breakfast at Brennan's Catering & Banquet Center on February 20th, 2015. The Lakewood Chamber of Commerce and the Lakewood/Rocky River Sunrise Rotary Club will host Chamber members, Rotarians, school and school district administrators, members of the Lakewood Board of Education, students, parents, employers, work supervisors, and guests at the 9th annual awards event. West Shore Career-Tech students, one representing each program at West Shore, will be recognized for demonstrating professionalism, responsibility, and integrity in the workplace.

Location:

Brennan's Banquet Center
13000 Triskett Road
Cleveland OH 44111

Hospice of the Western Reserve
Warehouse Sale
9:00 AM - 4:00 PM

The proceeds will support seriously ill patients of all ages and their families, veterans in need of specialized care and grief, trauma and bereavement counseling in schools and the community. The next warehouse sale will be held Friday, Feb. 20, 9:00 a.m. to 4:00 p.m. and Saturday, February 21, 9:00 a.m. to 3:00 p.m. at Hospice of the Western Reserve Headquarters, 17876 St. Clair Ave., Cleveland 44110.

Hospice of the Western Reserve warehouse sales will be held periodically throughout the year. To receive notices of upcoming sales, send an e-mail to: warehousesale@hospicewr.org or visit hospicewr.org/warehousesale for a schedule

Location:

Hospice of the Western Reserve
17876 St. Clair Ave.
Cleveland, OH 44110

Cheetah Chrome At My Mind's
Eye
4:00 PM

Cleveland punk legend Cheetah Chrome, one of the founding members of Rocket From The Tombs and Dead Boys, will be making an in-store appearance at Lakewood's My Mind's Eye Records (16010 Detroit) on Sunday February 22 before his show at the Beachland that night. He will be there at 4 PM, and will be playing songs on acoustic guitar as well as telling stories and answering questions. Copies of his CD "Solo" and his autobiography "A Dead Boy's Tale: From The Front Lines Of Punk Rock" will also be available. Don't miss it.

Location:

My Minds Eye Records
16010 Detroit Rd.
Lakewood

Wednesday, March 4
Human Trafficking 101
7:00 PM - 8:30 PM

Human Trafficking 101: Who is trafficked, where trafficking takes place, and both how and why it occurs. What is being done in terms of anti-trafficking efforts? What about human trafficking laws and safe harbor in Ohio? What can you do to help combat human trafficking? Speakers are from The Collaborative Initiative to End Human Trafficking will be presenting to the Lakewood Council of PTAs on March 4th, 7pm at the Lakewood Board of Education. All are welcome to attend.

***PTA Council Meeting 7pm-7:30pm**
followed by the presentation.

Location:
The Lakewood Board of Education,
Auditorium
1470 Warren Road, Lakewood

Saturday, February 21
Artist's Talk, Faces and Places
Exhibit
1:00 PM - 2:00 PM

John Rehner Fine Art and Framing and Bob Soltys hosts Lakewood photographer Bob Soltys artist's talk about photographic composition, light, seeing, and his images. A voluntary contribution of \$5 to \$10 is requested to defray the cost of refreshments and chair rental. One-third of the proceeds from image sales go to the Cleveland Food Bank.

Location:

John Rehner Fine Art and Framing,
16108 Detroit Road in Lakewood

Sunday, February 22

Hot Off The Deck

<http://lakewoodobserver.com/forum>

Join the discussion online - visit the **OBSERVATION DECK**



LAKEWOOD DISCUSSION

Topics	Author	Replies	Views
Kauffman Park	Meg Ostrowski	4	461
Snow Sculpting Contest			
LAKEWOOD HOSPITAL - The Discussion	Jim O'Bryan	81	5715
From City Hall - Active Living/Rec Task Force Cancelled ...	Matthew John Markling	2	190
Dru Siley - Is this the best we can find?	Ryan Salo	46	2303
2015 Lakewood Election News	Michael Deneen	21	1303
Businesses that ignore request to shovel sidewalk & more	Ryan Salo	21	1702
Bobby At The Root Café LOVES Valentine's Snow Shoveling	Jim O'Bryan	0	225
Clinic Spends 36 Million on a Garage	Bill Grulich	3	404
Early Morning Roll Over Turns I-90 Into A Crawl - BE SAFE!	Jim O'Bryan	0	626
Lakewood K-9 Officer Dies O'Leary to ask for Economic Impact Study of Hospital Closing	Michael Deneen	0	180
	Nadhah Eadeh	23	1188
Due Diligence	Bill Grulich	463	
Full Subsidium Report On Hospitals		2	427

THE LAKEWOOD OBSERVER

Your Independent Source for Lakewood News & Opinion

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As a product of citizen journalism, The Lakewood Observer is looking for people, ages 3-100, to get involved in the paper and the city. We are looking for volunteer writers, photographers, designers, and illustrators to help with the production of the paper. It does not matter if you are a professional or amateur, our editorial staff will be glad to help you through the process. Register to our website Member Center where you can submit stories, press releases, letters to the editor, photos. No need to register to post online calendar or classified ads.

Upcoming Submission Deadline	Publish Date
Sunday, February 22, 2015	Tuesday, March 3, 2015
Sunday, March 8, 2015	Tuesday, March 17, 2015

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U.S. News & World Report 2014-15

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Changes in diet can dramatically improve heart health.

Since 1995, *U.S. News & World Report* has ranked Cleveland Clinic number one in America for heart care. That same publication ranks the Mediterranean diet as one of the top five best diets for heart health.



Anthony Vlastaris, MD

Why? Statistics show people living in the countries bordering the Mediterranean Sea not only suffer less than

most Americans from cancer and cardiovascular (heart) ailments, but also live longer. Their longer lives and better health are attributed to an active lifestyle, weight control, and diets low in red meat, sugar and saturated fat and high in produce, nuts and other healthy foods.

"Diets rich in whole grains, fruits, vegetables, and legumes like beans, nuts and peas, and that include fish and low-fat dairy like the Mediterranean diet have been proven particularly helpful in reducing cholesterol levels," says Anthony Vlastaris, MD, a Cleveland Clinic cardiologist who sees patients on the West Side.

Try some of the following tips to incorporate a Mediterranean flair into your diet and lifestyle:

- Replace vegetable cooking oil or animal fats with olive or canola oil. Both oils are rich sources of cholesterol-lowering monounsaturated fat.
- Choose rolled oats, barley, buckwheat or other whole grain cereal for breakfast.
- Substitute refined or white flour products with unrefined whole grain products.
- Have a bean and vegetable based soup for lunch instead of your usual routine.
- Add dried beans to your favorite casseroles or use in place of meat entrées at dinner.
- Round up seasonal fruits and vegetables to have available for a snack during your break or lunch hour.
- Enjoy fresh berries alone or with nonfat yogurt for dessert.
- Limit red meat to one meal each week and poultry to two meals. Eat two or more healthy fish entrees each week and have plant-based meals on other days.
- Use egg substitutes or egg whites instead of whole eggs at breakfast and when preparing baked goods.
- Add 2 tablespoons of your favorite nut to hot or cold cereal, stir-fry, salad, yogurt, pasta or rice dish or trail mix.
- Take a brisk, 20- to 30-minute walk daily.

"These dietary changes can make a real difference," says Dr. Vlastaris. "A study published in the *New England Journal of Medicine* in 2013 found that about 30% of heart attacks, strokes and deaths from heart disease can be prevented in high-risk people if they switch to a Mediterranean diet. Researchers say the study's results provide evidence that diet is a powerful tool in reducing heart disease risk, including among those already taking cholesterol or blood pressure medication."

For more information on the Mediterranean diet, go to clevelandclinic.org/mediterraneandiet. For an appointment with Dr. Vlastaris or another Cleveland Clinic cardiologist, call 440.333.8600. Cleveland Clinic offers same-day appointments.

City News

Council Hears Public On Lakewood Hospital

by Christopher Bindel

The February 2, 2015 Council meeting was called to order at 7:00 P.M. by Council President and Ward IV Councilwoman Mary Louise Madigan. The first order of business was to excuse Councilman Tom Bullock (At-Large) who was absent.

Next, Council reviewed a Public Safety Committee report from Councilman Bullock. The report described two meetings held to discuss a proposed ordinance that would allow Cleveland Clinic officers to operate with limited, but extended policing powers within their facilities in the city. Informa-

tion was provided showing that similar agreements are already in use in Cleveland, Euclid, Mayfield Heights, Garfield Heights, Independence, and Avon. The report also states that a number of questions from Council were addressed, but no information into the content of those questions was included.

Before voting on the ordinance, Councilman Sam O'Leary stated that he would not be supporting the passage of the ordinance. He said he was present at the first of the two committee meetings

held on the topic and he was not convinced by Chief Easton of Cleveland Clinic, nor by Chief Malley of Lakewood that the agreement being sought is with the best interest of the residents in mind. He felt uncomfortable that Chief Easton said that this was part of a push to get similar agreements passed by all the communities in which they operate facilities, and that it is primarily a cost-saving measure, not a safety issue. He questioned the need for full enforcement officers in whatever future facility Lakewood

ends up with, with the downgrading of Lakewood Hospital, especially since many other doctors offices and medical facilities operate without their own private police force. He also wondered why the Clinic couldn't achieve the same effect by hiring more Lakewood Police officers, a practice in which is already in place. As for the reporting of crimes, he is unconvinced by the information which he has seen that the that the city and the public would be notified in a timely manor. The reporting standards also seem vague and not up to par with what is expected by the City's Police Division.

Councilman David Anderson (Ward I) also made a statement. He said he appreciates a lot of the points Councilman O'Leary makes, however he felt most of his concerns were abated and answered in the second meeting. His main concern was how the intersection between Clinic and City officers would work, but he felt it had been adequately answered.

Councilwoman Madigan said that she agreed with Councilman Anderson and has full faith in the assessment by the Police Department and the Chief.

Council proceeded to pass the ordinance with 5 for and 1 against.

Next, Director of Public Works, Joe Beno, asked Council to consider an ordinance that would update current practices in notifications of deficient sidewalks. The City has a new system that streamlines inspections, notification letters, and citations, however the current ordinance requires specific notification types that are out of date and inefficient.

Council referred the ordinance to the Public Works Committee for consideration.

With no further agenda items, Council President Madigan adjourned the meeting at 7:57 P.M.

Citizens Question: Has The Lakewood Hospital Association Failed Its Mandate?



Talking Lakewood Hospital from left to right: Jared Denman, Mark Kindt, Jim Farley, Roger Sikes, and Nadhal Eadeh.

continued from page 1

Below is an itemization of the dollar amounts of the deal outlined in the Letter of Intent and their sources:

CCF/LHA* = + \$51 million: balance of funds in LHA (Ms. Fry of Subsidium at Feb. 11 meeting)
+Unknown: current value of land, physical plant, and equipment (Letter Of Intent: Part 2, Section E)
+Unknown: projected revenue generated from services provided by FHC
-\$34 million: investment by CCF to "construct, staff, own, operate and manage" the Family Health Center (LOI: 2A) **-\$3.5 million:** total amount of rent payments to be paid by the LHA to the City during interim (Jennifer Pae's Economic Impact Study)
-Unknown: amount of money needed to run hospital until cessation of services. = \$13.5 million

***Note:** "LHA's wind-down and subsequent dissolution will occur under the direction of the President of the LHA, who shall be appointed by the Clinic... LHA will be the recipient of all revenues and incur all expenses whether direct or allocated, associated with the continued existence of the LHA, between the effective date of the 2015 Definitive Agreement and the dissolution of the LHA." (LOI, 2E)

LHA Designated Private Non-Profit Entity = **+\$24.4 million:** half on signing of 2015 DA and half upon completion of FHC (LOI: 2C) **+128 million:** \$8 million in 16 annual payments and for an additional 15 years on the anniversary of the signing of the DA (LOI, 1D) **+32.8 million:** net worth of LHF (FY 2013 IRS Form 990 that all non-profits are required to file) = **\$185.2 million**

City of Lakewood = +\$8.2 million: sale of property on 850 Columbia Rd. (LOI: 2E) **+\$2 million:** estimated revenue from sale of four acres on hospital property (LOI: 2E) **+3.5 million:** rent-scollected before shuttering of hospital **-\$1.5-1.7 million:** estimated losses due to economic impact (Jennifer Pae's Economic Impact Study) = **\$11.9 million.**

As it stands now, the bulk of the value of the proposed deal will go to an as-of-yet unnamed private, non-profit determined by the LHA Board of Trustees, the same institution that signed a deal that allowed services that Lakewood Hospital provided to be transferred to Fairview. **4) The process will not be completely transparent although it involves a public asset.**

The amount of "unknowns" above and their variety of sources illustrate the lack of a comprehensive and cogent presentation of the proposed course of action. This was stunningly apparent at the February 11 meeting when LHA representatives stumbled over questions such as how much the land, physical plant, and extant equipment were appraised at. But perhaps this lack of clarity serves a purpose: "The parties will continue exclusive and confidential discussions about the terms of the potential arrangement and the best structure to achieve the goals stated above..." (LOI, 3)

Don't we owe it to ourselves, those who have gone before us, and those who will come after us to harness our collective creative potential and imagine all possibilities before settling on the one presented to us?

The Big Jump Was Massive



Students, parents, teachers even Principals join in Saturday for the Jump for Your Heart Big Jump. And when everyone got tired of jumping rope, they line danced, as seen above, and everyone had a great time for a great cause.

AARP Free Tax Aide Help

by Joan Miller

AARP free tax aide brings you free electronic filing of your tax returns. The IRS certified volunteers are ready to help income tax payers of all ages. You do not need to be an AARP member to receive this service. A photo ID and social security number are required at time of visit. Bring last year's tax return if possible.

AARP tax aide is available Monday and Tuesday noon to 3:30 p.m. starting February 3, 2014 at the Lakewood Senior Center West, 16024 Madison Ave. Lakewood. A handicap ramp and stairs are located on the Northland side of building.

No appointment necessary. Walk in's welcome.

City News

Westshore Council Of Governments (WCOG) Meeting, February 11, 2015

by LWV observers Nikki Salupo (Fairview Park) and Kathy Woodbridge (Lakewood)

This report is not an official LWV statement. Mayor Sutherland's office prepares official minutes, which are posted on Bay Village's website.

Present: Mayors Sutherland (Bay Village), Bobst (Rocky River), Summers (Lakewood), Clough (Westlake), Patton (Fairview Park), Kennedy (North Olmsted)

Also present: Fiscal Officer Renee Mahoney; District 1 County Councilman Dave Greenspan; Bay Village

Fire Chief Lyons; North Ridgeville Fire Chief Reese

Start: 9:40 a.m.; 10:20 a.m. Executive Session (personnel)

RTA: New buses will be in service soon.

NOACA: Transportation for Livable Communities Initiative grant applications are due in March; workshops will be held. NOACA has hired a lobbyist to increase awareness with ODOT and the state.

Land Bank: The Land Bank has responded to property concerns of Bay Village. Rocky River has also been in

contact regarding vacant properties.

County Planning Commission: Meetings are scheduled on water issues and government efficiency.

Cuyahoga County Mayors & City Managers Association: CCMCMA is focusing on working with legislators after the emphasis on SB 5. A bus trip is scheduled for March 18 to lobby legislators.

We Share: By the end of February, Mayor Sutherland would like feedback from the communities that had been "stakeholders" in the past and those who are currently involved in this pro-

gram. These "talking points" should focus on the issues and concerns with training. Chief Reese identified two important points: the program has gotten away from its mission that was established over 30 years ago; the hospitals involved do not have the same goals as the cities.

Clean Fuels Ohio: Consensus favored establishing an inventory of usage to establish need before seeking grants, perhaps by summer. Information would be gathered by individual cities and used by the group. Mayor Summers stated that this grant for a feasibility study should focus on long-term goals: the cleaner environment is laudable, but the price of retrofitting may not be in the cities' best interest while the price of petroleum is low, and there is no urgency at this point.

WCOG 2015 Budget: Presented by Fiscal Officer Renee Mahoney, the budget was adopted.

Mr. Greenspan:

* County Commissioners' Association of Ohio will promote sharing of taxation and finance information with all cities.

* \$3 million is coming to the Land Bank for existing inventory. More is needed and is being pursued.

* Eddie Kraus, Vice Mayor of Solon, has been appointed Interim Director of Regional Collaboration for Cuyahoga County.

* The County may hire a grant writer to be a liaison for cities seeking Community Development Block Grant awards – understanding the process, changing language to reapply, why awards are denied, etc.

* Community Development Supplemental Grant legislation was sent to committee.

The Council was abuzz with the information that PSAP phones were out of service for 45 minutes at 3 a.m. February 10. Councilman Greenspan stated the situation should be addressed by the County Council since so many communities were affected.

Ohio Association Of County Behavioral Health Authorities Honors Rep. Antonio Representative Nickie J. Antonio Recognized As Legislator Of The Year

by Rep. Nickie Antonio

The Ohio Association of County Behavioral Health Authorities (OACBHA) honored State Representative Nickie Antonio (D-Lakewood) Tuesday with the Legislator of the Year Award. Rep. Antonio received the award at the Association's annual awards ceremony in Columbus.

"I am honored to accept this award on behalf of all who dedicate their lives to improving the quality of life for our communities," said Rep. Antonio. "To the advocates and treatment providers in the room, your fingerprints are all over this award. We know that treatment works, people recover and Ohio is stronger because of this work we do together. Thank you and I look forward to working with you as we have much to do."

Representative Antonio currently serves as the Ranking Member of the Health and Aging Committee and is a past member of the Prescription Drug Addiction and Healthcare Reform

Study Committee. Rep. Antonio is actively involved in developing mental health and addiction services policies in Ohio.

"Rep. Antonio is a true friend of the ADAMHS Boards and the people we serve," said William Denihan, CEO of the ADAMHS Board of Cuyahoga County. "She has a background helping people and was a leader of a social service agency before becoming a state representative. She is concerned with the quality of life for all people and has been a social justice advocate working for human rights and equality for more than two decades."

The OACBHA is the state association for Ohio's Community Alcohol, Drug Addiction and Mental Health Boards. The association works with the Ohio General Assembly, state agencies and the administration to help expand and enhance mental health and substance abuse prevention, treatment and support services.



William Denihan, CEO of the ADAMHS Board of Cuyahoga County presents Legislator of the Year Award to State Representative Nickie J. Antonio.

Statewide Tornado Drill March 4, 2015

by Larissa Paschyn

While tornadoes can occur at any time, late spring and summer are the prime tornado season in Ohio.

To remind and prepare residents for the danger of tornadoes, the Cuyahoga County Office of Emergency Management is encouraging all communities to participate in the Statewide Tornado Drill at 9:50 a.m. on Wednesday, March 4, 2015.

On March 4th, communities across the state of Ohio will test their tornado warning siren systems. In addition, an Emergency Alert System (EAS) warning message will be broadcast. We encourage all communities, schools, businesses, and organizations to participate in this annual

event by conducting their own tornado drills & reviewing their emergency plans.

The Cuyahoga County Office of Emergency Management will be following up to see how communities participated in the Tornado Drill.

Additional safety information for residents can be found at our website, <http://ready.cuyahogacounty.us>.

In addition, we are happy to support your public safety outreach programs with a speaker, representatives to answer questions, or with emergency management materials.

Thank you for your continued support. If you have questions, contact 216-443-5700 or ema@cuyahogacounty.us.

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PIZZA	Small 6 cut - 9"	Medium 8 cut - 12"	Large 12 cut - 16"	Party Tray Half Sheet
Plain	\$6.50	\$8.00	\$10.50	\$11.50
1 Item	\$7.00	\$8.75	\$11.50	\$13.00
2 Items	\$7.50	\$9.50	\$12.50	\$14.50
3 Items	\$8.00	\$10.25	\$13.50	\$16.00
4 Items	\$8.50	\$11.00	\$14.50	\$17.50
Deluxe	\$9.00	\$11.75	\$15.50	\$19.00
Extra Items	\$0.50	\$0.75	\$1.00	\$1.50
Extra Cheese	\$1.00	\$1.50	\$2.00	\$2.50

Available Items: Pepperoni, Sausage, Mushrooms, Onions, Green Peppers, Anchovies, Ham, Bacon, Fresh Garlic, Black Olives, Hot Peppers, Ground Meat & Artichoke Hearts

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www.nunziospizza.net

Lakewood Public Library

LPL Calendar Of Events

compiled by Elaine Rosenberger

Tuesday, February 17

Knit and Lit Book Club: "Cold Mountain" by Charles Frazier

Come share your passion for great literature and show off your knitting, crocheting, counted cross-stitch, embroidery, and quilting works-in-progress. For full book descriptions, visit www.lakewoodpubliclibrary.org/bookclubs.

7:00 p.m. in the Main Library Meeting Room

Ancestry Online: Library Edition

How far back would you like to trace your family tree? Genealogist Deborah Abbott will show you how to unlock the secrets held by census reports, military records, birth certificates and death notices in this hands-on workshop.

6:00 p.m. in the Main Library Learning Lab

Thursday, February 19

Religion and Science with Michael Miller, Ph.D.: The Intelligent Design Controversy

In this free and open course from The Laura and Alvin Siegal Lifelong Learning Program at Case Western Reserve University, we will assess some of the claims and arguments made by members of the Intelligent Design movement. Does Intelligent Design theory deserve to be regarded as a genuine rival to Darwinian natural selection? Is there any reason to think that Intelligent Design provides a better explanation of biological complexity than modern evolutionary biology?

at 7:00 p.m. in the Main Library Auditorium

Booked for Murder: Southern Style Noir: "Last Call for the Living" by Peter Farris

This season, the intrepid investigators of this book club will switch back and forth between noir murder mysteries and southern intrigue. But which one is which? For full book descriptions, visit www.lakewoodpubliclibrary.org/bookclubs.

7:00 p.m. in the Main Library Meeting Room

Saturday, February 21

Lakewood Public Cinema: "25th Hour" (2002)

Directed by Spike Lee

Edward Norton has twenty-four hours of freedom left before he has to report to prison and serve seven years on a drug conviction. So he hits the town—a recently post 9/11 New York City—with his two best friends and girlfriend to embark on one last booze filled night of fun. But he is haunted by the past that has led him to this point and struggles to accept his fate. He doesn't think he can survive prison time. As the last few hours of freedom slip away, his prospects seem grimmer and grimmer. He can run, commit suicide or face the music... This film's shocking conclusion is one you will never see coming.

at 6:00 p.m. in the Main Library Auditorium

Sunday, February 22

Sunday with the Friends: Ernie Krivda

Ernie Krivda is acknowledged by both critics and peers as one of the world's great tenor saxophone players. But as Harvey Pekar wryly pointed out, "no one may know this because he lives in Cleveland." In demand all over the world, he can only say, "It might be better for my career to live somewhere else but it's better for my art to live in Cleveland." This concert is a chance for Library audiences to experience his performance in person in a cozy little auditorium with no clinking glasses and no amplification—just the sound and the man. Sit back and let him close out our season with a roar.

2:00 p.m. in the Main Library Multipurpose Room

Thursday, February 26

Religion and Science with Michael Miller, Ph.D.: Science and the Soul

In this free and open course from The Laura and Alvin Siegal Lifelong Learning Program at Case Western Reserve University, we will consider some of the implications of modern science for traditional religious beliefs about the soul. Is there life after death? Will the good be rewarded and the wicked punished in the hereafter? If the mind is an immortal soul, perhaps this is possible—but what if the mind is really just the physical brain? Are human beings capable of goodness and virtue without the expectation of an afterlife?

7:00 p.m. in the Main Library Auditorium

Saturday, February 28

Lakewood Public Cinema: "Rebel without a Cause" (1955)

Directed by Nicholas Ray

James Dean is a troubled kid with a troubled past, and he isn't sorry about it. When he moves to a new town, he meets two other disenfranchised youth, the lovely Natalie Wood and the loyal Sal Mineo. The trio quickly bond together as a family unit to stand up to school

bullies, weak willed parents and repressive police. But Dean still feels compelled to prove himself in switchblade fights and drag races. This landmark film served as a call to arms to every teenager who felt isolated or left out.

6:00 p.m. in the Main Library Auditorium

Tuesdays, March 3, March 17, April 7

Thursdays, March 5, March 19, April 9

One-On-One Job Search

Spend a half hour with an instructor polishing your resume, brushing up on computer skills and exploring employment websites.

Appointments are available Tuesdays between 7:00 p.m. and 8:00 p.m.

March 3, March 17, April 7

Appointments are available Thursdays between 10:00 a.m. and 11:00 a.m.

March 5, March 19, April 9

LPL Children/Youth Events

compiled by Eric Knapp

Sunday, March 1

Sensory Story Time

For you and your 3-7 year old child

This story time program can be enjoyed by all children, but it is specifically designed for young children with special needs, autism or those with sensory processing challenges. Registration required.

3:00 p.m. – 4:00 p.m. in the Main Library Toddler Story Time Room.

Lakewood Lego® League

For youth in kindergarten through fifth grade (caregivers welcome)

Use LPL's collection of Lego®Bricks and your own imagination to create fabulous new structures and designs each month. No registration, but numbered tickets will be given out first-come, first-served.

6:00 p.m. – 7:30 p.m. in the Main Library Activity Room.

Tuesday, March 3

Art Connection

For students in kindergarten through fifth grade

Create your own unique piece of art to take home and show off to family and friends. To register, please stop in or call (216) 226-8275, ext. 140.

4:00 p.m. – 5:00 p.m. in the Main Library Activity Room.

Wednesday, March 4

Game Challenge

For students in kindergarten through fifth grade

Unique age-appropriate games will challenge and excite! To register, please stop in or call (216) 226-8275, ext. 140.

4:00 p.m. – 5:00 p.m. in the Main Library Multipurpose Room.

Family Weekend Wonders

Make the Library a part of your family weekend time with programs featuring stories, activities, music and crafts. These free programs are offered every weekend throughout the year at both the Main Library and Madison Branch. No registration is needed. Check out our website (www.lakewoodpubliclibrary.org/youth) for times and upcoming themes.

Main Library Activity Room and Madison Branch Auditorium

Saturdays & Sundays

Weekends With Wee Ones: For families with children under 2 years old

Spend a part of your family weekend time clapping your hands, tapping your feet, singing nursery rhymes and, of course, sharing books. We will provide materials and ideas for those wishing to continue the fun at home. Programs are offered every weekend throughout the year and there is no need to register in advance.

Madison Branch Children's and Youth Services

Saturdays at 11:30 a.m. and Sundays at 3:30 p.m.

Correction To COYO At The Lakewood Public Library

by Julie Strunk

The Cleveland Orchestra Youth Orchestra will perform on Wednesday, February 18, 2015 in the Main Library Multipurpose Room at 5:00 P.M.

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Lakewood Public Library

Mystery: A Russian Doll

by Phynique Krizan

Lovers of murder, mystery and mayhem, take note! Booked for Murder, a long running mystery book club, is breaking the mold this season and introducing the genre challenging world of niche mysteries. The mystery genre, like a Russian nesting doll, has little niche layers within its enveloping layer. I bet you never considered a mystery could feature an animal detec-

tive, or china cup tea-sipping robots, or be thrillingly creepy. Guess what? This selection of mystery novels has just those things!

New York Times Bestselling mystery author Jennifer McMahon and her ghostly psychological thriller "The Winter People" will be the first non-conformational title under our magnifying glass, premiering March 19th.

"The Strange Affair of Spring Heeled Jack" by Mark Hodder is scheduled next, and has a bully strong steampunk flavor. If you are unsure of the meaning of "steampunk," think of it this way: it is the Victorian era with progressive steam-powered technology, real or imagined.

The merry mystery for the month of May will be Tim Dorsey's

"The Riptide Ultra-Glide," a caper story chronicling the adventures of Serge Storms in Florida, who happens to be the Florida "tour guide" for Mid-Westerners Patrick and Barbara McDougal... it is ridiculous how quickly everything goes south.

Isaac Asimov writes a tech savvy robot mystery with "The Caves of Steel." He wrote this novel specifically with an aim to prove science fiction most certainly could be combined with the mystery genre, and didn't let anyone tell him otherwise!

Then on our list to solve is a locked room mystery by John Dickson Carr: "Death-Watch." Here, Dr. Gideon Fell attempts to make sense of seemingly impossible time-invested murders. How does the minute hand of an antique clock wind up in the death of a police officer?

An Irish flock of sleuthing sheep must solve the murder of their beloved shepherd George in Leonie Swann's International Bestseller, "Three Bags Full." These extraordinary sheep are determined to discover how their sweet George ends up pinned to a hill in Glennkill.

Booked for Murder meetings are held every third Thursday once a month at 7 p.m. in the Main Library Meeting Room at Lakewood Public Library, and everyone is welcome! Check out our website for more information at <http://www.lakewoodpubliclibrary.org>.

Sensory Story Time At LPL

by Nicole Born-Crow

This past fall, Lakewood Public Library launched an exciting new program called Sensory Story Time. Since September, over 80 attendees have participated in this new story time, making it a great success for the library.

Sensory Story Time is very similar to a typical story time, but is specially designed for 3-7 year old children with special needs, autism, or those with sensory processing challenges. It is also a perfect option for any child who has trouble sitting through a regular story time, and requires more interaction to stay engaged.

So what makes these story times "sensory"? To begin with, registration is capped at a lower number, so that the size of the group isn't too overwhelming. The story time also incorporates an interactive visual schedule, which

tells the children in picture what they will be doing and in what order. It's a great tool to ease the anxiety of any child in a new situation. Attendees are able to pick out a fidget toy to hold during the program to help them stay focused, and all the books read include some sort of participatory component, such as shakers or felt pieces of the story that are put up on a board. Books are interspersed with song and movement activities, but music is either sung or kept at a low volume. At the end of the story time, parents and children can stay and play with sensory friendly toys, providing an opportunity for them to get to know other special needs families in the community.

So if you have a child with special needs, or your child has a difficult time sitting through other story times, this inclusive, integrative program may be



Sensory Story Time.

just what you are looking for!

Our spring and summer programs will be held Sundays from 3 to 4 p.m. March 1st, March 29th, April 26th, June 21st, July 19th and August 16th at the Main Library in the Toddler Story Time Room. To register, go to www.lakewoodpubliclibrary.org/youth, call (216) 226-8275, ext. 140 or just stop in.

Ernie Krivda: It's Simple

by Michael Dirse

What can be written about Ernie Krivda that hasn't already been written? This is the question I asked myself, and then I remembered one of my first exchanges with the master.

While setting up the sound for one of our Sunday concerts here at the library I asked Mr. Krivda if everything was okay and to his liking. The response I got said everything there was to know. "My needs are simple" was what Mr. Krivda said. Being accustomed to so many last minute adjustments and trouble shooting I was for once able to relax and smile.

Then it struck me. That's what happens when Ernie Krivda blows into that sax. One just relaxes and smiles

and goes for the ride. And an exciting and unexpected ride it will be. One moment bathed in a rich silky note so low your body vibrates and the next you are at speeds and heights that are dangerous and relentless, all the while

watching this figure on stage weave and gyrate into each and every note, albeit mischievously at times as if he knows just ahead where he is taking us. And when he is ready to land, you can sense that too, but still where it ends is as

unpredictable as where it starts.

Ernie Krivda graces the stage Sunday February 22nd at 2:00 P.M. in our Main Auditorium. Come early, seats will fill, and the air will be electric with anticipation.

Library Expands Free Computer Class Offerings

by Erin Hallahan

Lakewood Public Library has expanded the computer class schedule for the spring season. Beginning in March, Computer Basics will be offered twice per month on Thursday mornings along with the return of Internet Search Skills and Microsoft Word Basics offered once per month on Wednesday mornings. All morning classes start at 10 a.m.

The Job Search Skills one-on-one class has expanded by popular demand to include two Tuesday evening sessions per month and two Thursday morning sessions per month.

Mornings start at 10 a.m. and evenings start at 7 p.m.

Check out the following at a glance list of the new season's classes.

Job Search Skills: A 30 minute personal session with the library job hunting expert tailored specifically to your needs.

Computer Basics: For those who are new to computers, we'll cover the basics. From the desktop, to the keyboard, applications, folders, you'll

learn the lingo and how to make a computer work for you.

Word Processing Basics: Learn how to create, format, spell check, cut, copy, paste, save and many other crucial skills.

Internet Basics: Learn about the Internet and some tips and tricks to find exactly what you're looking for; also we'll give you some tips on Internet security and safety.

No matter what your skill level, Lakewood Public Library staff can provide the knowledge and tools to achieve your technological dreams.

Please call the Technology Center at 216-226-8275 x127 to sign up for classes.

Extreme Magic And Juggling Show

by Marge Foley

Magician and juggler David Anthony was born in 1992 in Cleveland, Ohio. His love for magic and the performing arts started at a young age. He received his first magic kit, given to him by his uncle, when he was just five years old. David started performing at various functions throughout the city when he was twelve. While in high school he became a member of the St. Ignatius Circus Company. This opportunity helped him hone his magic and juggling skills. David attended his first

magic convention when he was fifteen years old. Since then he has entered many competitions and won several awards with his winning act. From New York to Las Vegas, David has entertained thousands. You can be one of the many who have been awed by David Anthony's show!

Come to the Lakewood Public Library on Saturday, February 21st at 7 p.m. to enjoy the David Anthony Extreme Magic and Juggling Show. This family friendly program is free and open to the public.

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Lakewood Schools

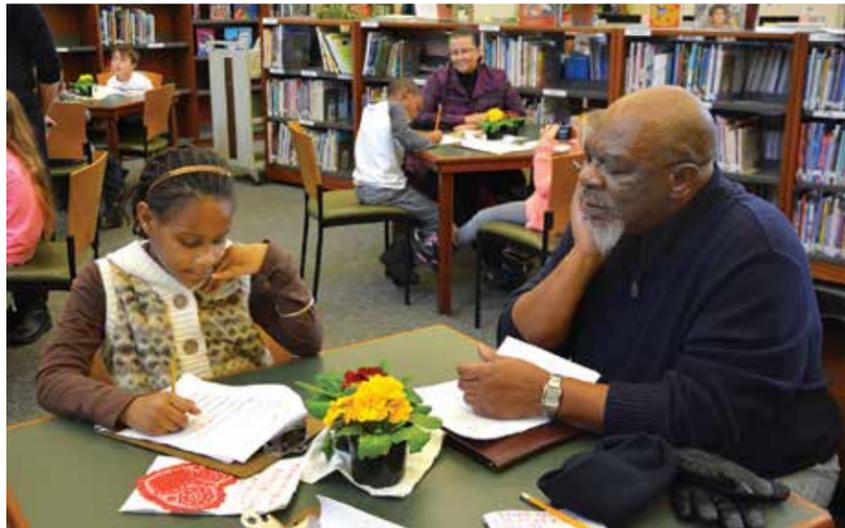
Intergenerational Project Brings History Alive For Emerson Students

by Christine Gordillo

The past, present and future came together recently at Emerson Elementary School as second graders in Mary McCool Berry's class embarked on an oral history project that will give the students a rich understanding of how childhood has changed – and stayed the same – over the generations.

Ten adults from the Lakewood Division of Aging Senior Center traveled to Emerson on February 9 to sit and chat with the students about how it was for them to grow up in America during the first half of the 20th century. The students were well-armed with questions they prepared together that ranged from early childhood memories, to hobbies and interests, growing up during wartime, to lessons learned from loved ones.

"I really believe kids need to know the stories of their elders," Berry said about why she created the project for her students. "It is hard to get kids to understand what life was like 50 years ago....Oral histories can give us a much



Bill Thornton shares his story with student Jionni Boyd.

more accurate picture of the past."

The project combines many aspects of the Common Core Standards: researching, writing, analyzing, using technology, presenting. Students were broken into groups of two or three with one child dedicated to recording the

interview sessions and the others asking questions. The students will analyze their recordings and then prepare Venn Diagrams to compare and contrast their childhoods with their guests' experiences and create a memory quilt of paper that will illustrate some of the experiences the seniors shared with them.

Prior to the seniors coming to

the school, the class delved into life in Lakewood in the early 20th century as a guest speaker from the Lakewood Historical Society shared artifacts and stories from that era.

While the usual suspect – technology – was the greatest difference between childhood of youth today and those of yesteryear, the children were maybe surprised to hear that many of the ways the seniors' spent their free time was the same today: doing chores, homework, playing with friends. They even shared in playing the same outdoor games such as hide-and-go-seek and tag.

Before the seniors left, they each shared a wish for the students as they march toward adulthood. With the benefit of wisdom gleaned over their many years, the answers were simple and heartfelt: world peace, a drug- and disease-free world, higher education for everyone, and simply to be loved.

The students plan on continuing their connections with this group of seniors in the spring when the tables turn and the adults ask the students about their lives growing up in Lakewood today.



Pam Davis sits for an interview with second-graders Jaylen King and Madalyn Browning.

Info For Lakewood Schools' Kindergarten Registration

by Christine Gordillo

Kindergarten registration is now taking place at the Lakewood Board of Education, 1470 Warren Road. Students must be 5 years old on or before September 30, 2015 in order to be age-eligible to enter kindergarten.

Packets are available at the Board of Education or online at www.lakewoodcityschools.org Registration is by appointment only.

After collecting all required documents and completing all registration forms, you may schedule an appointment to register your child. To schedule an appointment, please contact the registration secretary by phone at 216-529-4279 or by e-mail at kyna.eldred@lakewoodcityschools.org.

Please note: The Residency and

Custody Affidavit included in the packet must be signed in the presence of a Notary Public.

You will need to provide the following documents at registration:

Child's Birth certificate, original or certified copy; Passport or Visa

Child's Immunization record, doctor's name and phone number

Driver's License or State ID of the residential parent/legal guardian registering the student

Proofs of Residency - provide two in the form of: utility bills, valid signed lease, Sec. 8 documentation, voter registration card, municipal income tax return, valid driver's license with current address, pay stub, business mail,

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CHAMPS Students Find Why Kids Love Musicals



Kids Love Musicals teacher Molly Andrews-Hinders leads students in Horace Mann's CHAMPS program through a song about the Tin Man in the Wizard of Oz.

by Christine Gordillo

For 40 minutes on a recent Tuesday, students in Horace Mann's CHAMPS special education program were transported to the magical world of Oz. Musical educators Jodi Kirk and Molly Andrews-Hinders of The Musical Theater Project were on hand as part of the project's Kids Love Musicals workshop program that brings musical plays to life for students in K-3 across Northeast Ohio.

Horace Mann's CHAMPS program is the first special education group for whom Kids Love Musicals has offered an extended and adapted program, and from the looks of the students' faces during a recent ses-

sion, it's been a big success. The kids explored the sights and sounds of Dorothy's trip down the Yellow Brick Road and engaged with the songs and characters through movement, sound and costumes.

"It's been great to make sensory and kinetic connections with them," said Kirk, and to help the students, "find language through music."

The rest of Horace Mann's kindergarten through 3rd graders also are participating in the workshop, which is two sessions for the general education students. It's been a fun and engaging way for students to exercise their imaginations and creativity and learn a little about a classic American art form.

Lakewood Schools

Ask Roxann Ramsey

L.O.: There are a lot of rumors flying around about the Gifted Program that range from completely restructuring it to getting rid of almost all of it.

We have seen gifted teachers moved from middle school to elementary school and not replaced, and our 2/3, and 4/5 programs eliminated without any input from the community.

We understand that a committee that includes parents and teachers as well as administrators is currently reviewing the District's Gifted Program. Can you provide an overview of what's being looked at, and the overall goals of the committee?

From the desk of Pam Griebel, Director of Teaching and Learning:

PG: The Lakewood City School District has undertaken a study of its gifted programming this year. Using the process of appreciative inquiry a large group of administrators and parents have been studying the current gifted programming to determine whether changes could be recommended to the program to enhance educational opportunities for students. Currently, the district serves gifted students in grade 3-8 with a self-contained classroom model, and through AP and advanced courses at Lakewood High School. The charge of the committee is to recommend to the superintendent a plan for a continuum of service for the school district that casts a wider net to serve more specifically identified academic students as well as those students who are currently in the self-contained

program. Another need that was identified was a communication plan that would include online and paper resources for parents and teachers that more clearly define the program components.

The larger committee is divided into three subcommittees: Assessment and Identification, Service Model, and Philosophy, Handbook and Communication. The subcommittees shared out their work to the large committee on January 28 and intend to share that communication with the community as a whole.

Parents are invited to attend one of two meetings to hear progress of committee work and offer input into the progress. These meetings will be held at Harding Middle School Cafetorium from 7-8 p.m. on February 25 and 26. In early March the subcommittees will reconvene to review the strengths and needs identified by the committee and community, in order to incorporate those suggestions into the formal recommendation presented to Mr. Patterson in March 2015.

The ultimate goal of the gifted study is to retain aspects of the programming that are valued by our learning community while strengthening and casting a wider net to reach students who might currently qualify for gifted programming, but because of the current model of service are not receiving services at this time. Any changes to the Lakewood City School District Gifted Program will be widely communicated to parents and our community.

Ranger Seniors Go Out In Style

by Mike Deneen

The Lakewood girls basketball team ended the regular season with a convincing 75-19 win over Midview on Senior Night at Harding Middle School. Four Lakewood seniors – Mikayla Harper, Taylor Shaw, Madison Clause, and Savanajh Black – were honored in a pregame ceremony. Once the game tipped, it was quickly over. The Rangers jumped out to a 27-7 lead in the first quarter, and led 43-9 at the half. All four seniors contributed in the game, as Clause led all scorers with 18 points. Taylor Shaw had 12 points, Harper had 11, and Black had 8.

The regular season-ending victory lifted the Rangers record to 15-6. The team finished second in the West Shore Conference with an 11-3 record. Lakewood finished behind an Elyria Catholic squad that defeated them 66-65 on February 4th. The Elyria Catholic loss was followed by a upset win over Magnificat on February 7. Lakewood won 52-47 on the road, led by 18 points from senior Madison Clause. The Ranger win was the first in eight years over the Blue Streaks, who were ranked #2 in the area at the time.

RANGERS BEGIN TOURNAMENT PLAY FEBRUARY 21

The Ranger girls enter tourna-

ment play as the #6 seed in the blended Elyria/Parma/Medina District. They are also ranked in the top 10 in the area Plain Dealer rankings. They will open the 2015 OHSAA tournament on Saturday, February 21 at 1 p.m. The Rangers will face off against Valley Forge High School in an elimination game at Harding Middle School. If the Rangers defeat the Patriots, they will advance to play Akron Firestone High School in another elimination game. The potential Lakewood/Firestone game would be played on February 26 at 7 p.m. at Harding Middle School. Tickets for OHSAA tournament games will be available at the door (\$6 adults, \$4 students).

BOYS HOOPS SENIOR NIGHT FEBRUARY 24

The Ranger boys basketball team hosts its final regular season game on Tuesday, February 24 at 7:30 p.m. Lakewood will take on Elyria High School in a nonconference matchup. In addition to Senior Night, it will also be the annual American Heart Association "Red Out Game", where fans are asked to wear red to raise awareness of heart disease. The OHSAA boys basketball tournament will start on February 23rd. The Rangers' first

continued on page 11

Gifted Program Community Meetings Set For Feb. 25 & 26

by Christine Gordillo

For the past year, a committee comprised of administrators, teachers and parents has been meeting to review the Lakewood City Schools' gifted education program and make recommendations on how to improve services to the district's gifted learners. The committee has looked at all aspects of the program including how students are identified, how services

are delivered and what the philosophy of the program should be.

Two community meetings are scheduled to share the committee's findings and review where the program is headed. Content will be the same at both meetings, set for February 25 & 26 at 7 p.m. in the Harding Middle School Cafetorium. Pam Griebel, the district's Director of Teaching and Learning K-12, will be presenting.

Lakewood Schools' Preschool Registration Open

by Christine Gordillo

Registration is now open for Lakewood City Schools' Early Childhood programs, all of which have earned the State of Ohio's top 5-star rating. Enrollment is open to Lakewood children who are toilet-trained and are 4 years old by September 30 or 3 years old by Sept. 30.

There are morning and afternoon classes for both the 3- and 4-year-old programs that are housed at Horace

Mann, Harrison, Hayes and Emerson Elementary Schools. Four-year-olds meet five days a week and 3-year-olds meet either two or three days a week.

Tuition is based on a sliding fee scale and the program now accepts credit card payments for tuition.

To learn more about our 5-star programs, visit www.lakewoodcityschools.org and click on Preschool under the Departments link.



MY STORY

Stephanie Bayne saved thousands of dollars by starting her college career at Tri-C.

Stephanie chose Cuyahoga Community College (Tri-C) for its convenience and affordable tuition. Her credits transferred seamlessly to Kent State

University, where she began as a junior. Tri-C has allowed Stephanie to save money on the way to completing her bachelor's degree in four years.

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Lakewood Schools

Reflections Ceremony Honors Students' Creativity

continued from page 1

a panel of nine judges evaluating on artistic merit, creativity and interpretation of the theme, move on to Columbus to compete with students' work from around the state.

Lakewood

Early Childhood PTA

*Mya Galdun - Visual Arts
Kylie Kopecky - Visual Arts

Grant

*Max Deluca - Literature
Charlie Worthington - Literature
Sophie Worthington- Literature
Mishela Dajlana - Photography
*Ethan Thomas Photography
*Audrey Deluca - Visual Arts
Ian Markling - Visual Arts
Nevan Markling - Visual Arts
Mishela Dajlana - Visual Arts

Harrison

Jeren Anderson - Visual Arts
Emilie Bailey - Visual Arts
Xavior Clark - Visual Arts
Carys Dorin - Visual Arts
Briyana Gates - Visual Arts
Isabella Goldshmidt - Visual Arts
Amajiah Gorman - Visual Arts
Imani Griffin - Visual Arts
Jasson Haklaj - Visual Arts
Mya Joachim - Visual Arts
*Isabella Lara - Visual Arts
Breeair McQueen - Visual Arts
Austin Molnar - Visual Arts
Madison Molnar - Visual Arts
Austin Montgomery - Visual Arts
Sanjay Sookhdeo - Visual Arts
*Gavin Stimac - Visual Arts
Constance Tucker - Visual Arts
*Delilah Wiemer - Visual Arts

Horace Mann

Grace Bratko - Visual Arts
Reagan Bratko - Visual Arts
Isaac Craciun - Visual Arts
Sophie Craciun - Visual Arts
Liam Craciun - Visual Arts
Grace Hoppel - Visual Arts
Alexandra Horton - Visual Arts
*Helen Miller - Visual Arts
*Simon Miller - Visual Arts
Jane Waggle - Visual Arts



Pictured above: All of the students with honors from PTA's Reflection 2015

Lincoln

Sasha Strong - Dance
*Kira Brown - Film
Anna Daso - Literature
Eden Perry - Literature
Edie Barcelona -
Music Composition
Mykola Ellis -
Music Composition
*Joe Daso - Photography
*Una LoPiccolo - Photography
Ronan Barley - Visual Arts
Tate Calaway - Visual Arts
Viviana Crino - Visual Arts
Nate Donaldson - Visual Arts
Violet Donaldson - Visual Arts
Destiny Fernandez - Visual Arts
Avery Greene - Visual Arts
Sophia Gutierrez - Visual Arts
Elle Heller - Visual Art
Jonathan Reighard - Visual Art
Bryce Sandoval - Visual Art
*Caden Sandoval - Visual Art
Alexandria Williams - Visual Art
Eva Wischhusen - Visual Art
*Iris Wright - Visual Art
*Lila Wright - Visual Art

Roosevelt

Sophie Dent - Literature
Christian Miller - Literature
Lexa Bunevich - Visual Arts
Gaby Carroll - Visual Arts
Mia Carroll - Visual Arts
Rosana Companioni - Visual Arts

Erin Dineen - Visual Arts
Maggie Dineen - Visual Arts
Shannon Dohar - Visual Arts
Abigail Emerson - Visual Arts
Thea Harkleroad - Visual Arts
Julia Kavc - Visual Arts
Josie Kavc - Visual Arts
Madilyn Lee - Visual Arts
Dominic Patera - Visual Arts
Danika Patera - Visual Arts
Jack Pavey - Visual Arts
Emily Potoczak - Visual Arts
Nick Uldricks - Visual Arts
*Meghan Walcheck - Visual Arts
Timothy Walcheck - Visual Arts
Ethan Waller - Visual Arts
Cadence Waller - Visual Arts
Taylor Williams - Visual Arts

Garfield

Christina Westlake Photography
Sadie Dohar - Literature

Harding

Literature
Alyssa Belko - Literature
Marissa Campbell - Literature
Terrance Checkett - Literature
Kitty Crino - Literature
*Halina Dreger - Literature
Sofi Dunay - Literature
Lily Fordu - Literature
Mira Getrost - Literature
Nicole Hudak - Literature
Erin Kelly - Literature
Cameron Levis - Literature

Maddy Mcglynn - Literature
Aubree Nagel - Literature
Emily Perry - Literature
Grace Rodio - Literature
*Jake Wright - Literature
Audrey Stahl - Literature
Sarah Yonkers - Literature
*Ella Atfield - Photography
Belah Tuskes - Photography
Marissa Campbell - Visual Arts
Amara Deyo-Flagg - Visual Arts
*Jacob Kavc - Visual Arts
*Audrey Warren - Visual Arts

Lakewood High School

Nabelh Manaa - Literature
Emily Suleiman - Film
*Nick Bilski -
Music Composition
*Gregory Watson -
Music Composition
Paula Atfield - Photography
*Franchesca Bodnar -
Photography
Sarah Madden - Photography

* indicate artists whose work has been chosen to represent Lakewood Schools in the state level.

Congratulations to all of our talented artists and to the hard-working Reflections Committee members.

Info For Lakewood Schools' Kindergarten Registration

continued from page 8

owner affidavit form (signed in presence of a Notary)

Custody documents (if applicable); only legal residents who are the parent or legal guardian of the child may complete the registration process. Applicable court documents must be a certified copy and contain any and all exhibits or attachments referenced to show custody.

Copy of Current IEP and ETR (if applicable)

Children attending the Lakewood City School's preschool program are enrolled in the district and do not need to re-register.

Emerson Elementary Unicycle Club

by Anne Bartos

Did you know that Emerson Elementary School has a Unicycle Club? Well they do! And unicycling is very challenging.

Emerson Unicycle Club has a couple of supervisors and one of them is Mrs. Heidi Murray. She is one of the many supervisors that makes Unicycle Club possible.

In Unicycle Club we have a total of 5 stickers that we earn and stick on our helmets to show that we earned them. The stickers include Up and Rider, Step Mound, Sky Cycle, Bounce and Backwards. Bounce and Backwards are pretty easy to understand. To earn the Bounce sticker

you have to bounce ten times on your unicycle and to earn your Backwards sticker you have to ride your unicycle backwards one short length of our gym. Up and Rider means you have to ride three short lengths of our gym or ride two long lengths of our gym. For the Step Mound sticker you have to get on your unicycle without the wall and start riding, and to earn the Sky Cycle sticker you have to ride the tall unicycle around the gym for three minutes.

Emerson Unicycle Club has been invited to other places in Lakewood including the Homecoming Parade, the Light Up Lakewood Parade, and Bikes for Beck. In addition, they were

recently invited back to Bikes for Beck and every year they are in the 4th of July parade.

Unicycle Club at Emerson Elementary is on Mondays after school from 3:15 to 4:05 p.m. and one of the other supervisors is Mrs. Suzy Hirsh.

Emerson Elementary has a lot of fun clubs, and Unicycling is one of them. It is open to fifth and fourth graders at Emerson Elementary. Unicycling is so much fun, and you should try it too.

Lakewood Health Care

February Heart Healthy Tips For Seniors

by Sarah Rohland

On February 6th, Seniors in the community attended a Lunch and Learn at O'Neill Healthcare Lakewood's Assisted Living to hear speaker, MetroHealth physician, Dr. Christopher Suntala discuss various facts and questions that every senior should know the answer to.

Dr. Suntala focused on tips for a heart-healthy lifestyle. He explained that the heart disease that is most prevalent is coronary artery disease, which causes heart attacks and congestive heart failure from a weakened heart. The doctor did a great job telling us that heart healthy advice is really for healthy aging and brain health as well.

All seniors should have a doctor they see regularly. Anyone with diabetes or hypertension should schedule their doctor's visits at least twice a year, if not more. Most of the time people see their physician four times a year; the idea is the healthier you are, the less you need to see the doctor. Prescribed medications need to be taken faithfully and as ordered by the physician. Good communication and a mutual trust are important to have with your physician. Together with your doctor you can make any changes as needed and add supplements.

Dr. Suntala informed us that recently blood pressure guidelines have been scaled back as the medical community has realized it is easy to over treat seniors in pursuit of recent more aggressive targets. Target systolic blood pressure for someone 80 years old for instance, has been relaxed to 150. 140 is now the upper acceptable number for everyone including those with diabetes. Congestive heart failure patients also have a lower target.

Here are some overall tips from Dr. Christopher Suntala:

Physical exercise – it benefits all



Speaker Dr. Christopher Suntala, center, practices Internal Medicine at MetroHealth Lakewood Health Center.

conditions and grows new brain cells, improves cholesterol, living longer, lessens the chance for Alzheimer's and adds potential social benefits (such as exercising in a group). A combination of modest weight lifting and cardiovascular are the best. These can even be done seated for those who might need a lighter workout.

Pharmaceutical treatments – some of the prescriptions doctors might recommend consist of: statins, ACE and ARB drugs, vasodilating beta blockers, Zetia, Fish oil, Vitamin D, Vitamin B12 as well as aspirin. Be sure to discuss what drugs your physician is recommending and why so you can work with as a team to set health goals.

Diet – there is no one right diet. The most heart healthy is reducing carbohydrates and adding protein, as well as vegetables. All food should be eaten with moderation. Dr. Suntala spoke

about the Mediterranean Diet which has shown to reduce heart attacks. This diet involves eating a lot of fish and olive oil, as well as fresh fruit, vegetables, some meat and red wine.

A list of Dr. Suntala's best foods to eat: salmon or herring, salad with olive oil-based dressing, fruit salad, vegetable stir fry with or without meat, minestrone soup, chicken soup

and as for fish, frozen is better than canned. The worst foods to eat are those with excess sugar and fat such as pop, doughnuts, cookies and desserts. Avoid foods that are processed coming in a box or bag.

Reducing stress hormones can benefit one's heart health as well. Anxiety increases adrenaline which increases heart rate and blood pressure. Stress increases cortisol levels which increases blood pressure and blood sugar. Exercise such as yoga and tai chi have proven to reduce stress and social activity improves intellectual performance.

Over all Dr. Suntala left us with the message BE HAPPY! Happiness correlates with better outcomes regarding heart disease and life expectancy. Challenge your mind, do something different. Enjoying your life has more benefits than constantly worrying about what food you should eat or activities to do. So don't worry, be happy!

O'Neill Healthcare Lakewood offers Skilled Nursing (5 Star Rating), Long Term Care, Assisted Living (Deficiency Free ratings), Independent Living, in-house therapy as well as On-site Dialysis through Fresenius Medical (a Collaboration with MetroHealth and Cleveland Clinic).

Ranger Seniors Go Out In Style

continued from page 9

opponent and game date was not yet announced at our press deadline, but Lakewood is expected to host at least one tournament game. As with the girls, tickets will be \$6 for adults, \$4 for students.

LHS BOYS COACH NAMED TO "ALL DECADE TEAM"

Lakewood boys basketball coach Phil Argento is well known locally for turning around the Ranger program. However, younger fans may not realize that he was an exceptional basketball player in his own right. Argento was recently named the top player on The Plain Dealer's "1960s Team of the Decade". Argento played at Cleveland's West High School

(located at the corner of Madison Avenue and West 69th). He averaged over 30 points a game in his final two seasons, and earned a scholarship to the University of Kentucky. Recruited by legendary coach Adolph Rupp, he started for the Wildcats as a sophomore. (Note: Before 1972, the NCAA did not allow freshman to play varsity basketball -- a sharp contrast to Kentucky's current "One and Done" trend.) He won numerous awards at Kentucky, and became team captain his senior year. His college teammates included future NBA player and legendary coach Pat Riley, who was a sharp dresser even in his college days. After his senior year, Argento was drafted by both the NBA Los Angeles Lakers and ABA Carolina Cougars.

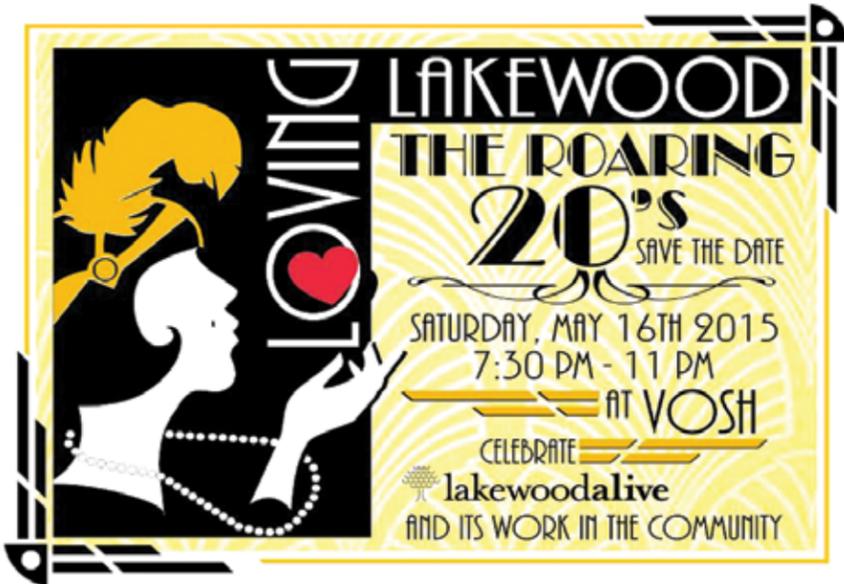
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Lakewood Cares



LakewoodAlive Roaring 20's Party Announced

by Stephanie Reed

Calling all Flappers and Dapper Dads! "Loving Lakewood: The Roaring 20's" is LakewoodAlive's celebration of the days when the trolley car clanged, and growth in Lakewood was the bee's knees. Join us for this swanky, Prohibition-themed party on Saturday, May 16 at the VOSH "Speakeasy" from 7:30-11 p.m. Big Cheese tickets are \$75 each; Bootlegger tickets are \$40 each.

Featuring ritzy fare, plenty of hooch, hoppin' live music, swell auction items and a few keen surprises, the event will recall one of the most notorious events in Lakewood's history, the police raid on "The Tranquillo."

The yacht "Tranquillo" was anchored in the Clifton Lagoons on a fine night in June 1921 when police received a call from a dock owner reporting that he believed the boat was a rum runner from Canada. Upon investigation, police discovered more than 2,000 bottles of illegal scotch under a trap door in the hold. Lakewood police seized the liquor which took most of the force all of the night and much of the next day to unload for delivery to

the federal prohibition bureau.

Later, Federal officers realized the number of cases of whiskey was about 47 short of the number listed on the manifest when the boat left Canada. Guilty were Lakewood's finest, who had absconded with the liquor. Some was consumed on the spot (a few officers protested that they had just taken a nip or two to bolster their strength during the unloading process—other reports cite widespread drunkenness both on the boat and back at the station.) Some was taken home, and some was even sold. The scandal rocked the city, and thirteen men, including the Chief of Police, turned in their resignations. Fact or fiction, we will never know, but we will still celebrate.

Proceeds will support LakewoodAlive programming as we grow commercial revitalization and housing outreach programs for strong, vibrant neighborhoods. Visit www.lakewoodalive.com/events/celebration for more information, ticket sales and sponsorship opportunities. Tickets go on-sale February 18. Call Ian at 216-521-0655 for more information.

Hot Topic:

History And Future Of Ohio's Constitution

by Conda Boyd

The League of Women Voters of Greater Cleveland and Cleveland State University's Cleveland-Marshall College of Law (1801 Euclid Ave.) will present a Hot Topic discussion in the school's Moot Court Room on Wednesday, March 4 at 5 p.m. The one-hour lecture, "The History and the Future of the Ohio Constitution," will be presented by Cleveland-Marshall's Dean Emeritus, Steven Steinglass, senior policy advisor for the bipartisan Ohio Constitutional Modernization Commission. Steinglass will review the history of constitutional revision in Ohio from 1802 to the present. The discussion will focus on the Ohio Constitutional Modernization Commission's current efforts to revise the constitution on a wide range of issues, including congressional redistricting, term limits, privacy, voting, the initiative/referen-

dum, and education.

The League of Women Voters of Ohio has been deeply involved with the Constitutional Modernization Commission, testifying on numerous occasions. More information is available on the LWVO website at <http://www.lwvohio.org/site.cfm/Issues-Advocacy/Government/Constitutional-Modernization.cfm>

Steinglass, a graduate of the Columbia University School of Law, is a leading authority on state constitutional law and the co-author of "The Ohio Constitution: A Reference Guide" (2004). He spent 31 years on the faculty at Cleveland-Marshall, serving as dean for 9 years.

The program is free and open to the public, and offers attendees one hour of free continuing legal education credit. Preregistration is not required.

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Lakewood Cares

Finding Hope Amid The Heroin Epidemic

by Katie Kurtz

Lakewood and surrounding suburbs are all too familiar with the devastating effects of heroin and prescription drug abuse on their families and communities.

The numbers are grim: Nearly 200 deaths from heroin overdoses in Cuyahoga County in 2013. In Lakewood alone, authorities have said they had responded to 48 overdoses over the past year, four resulting in death.

And the death rate from prescription drug overdoses in Ohio has jumped nearly 500% from 1999 to 2013, according to the Cuyahoga County Opiate Task Force. These accidental deaths now outnumber traffic crash fatalities in both Ohio and across the nation.

But there is reason for hope:

Awareness of the danger is rising, as is the distribution of Narcan or Naloxone to stop an opioid overdose from becoming fatal. Secure drop stations for disposing of unused pain killers are popping up in police stations.

The Lakewood Family Collaborative, with support from the City of Lakewood, will explore the latest developments in fighting the heroin and prescription drug overdose epidemic in a public forum, "Heroin & Hope," on Wednesday, March 11, at Lakewood Methodist Church, 15700 Detroit Ave.

"Heroin & Hope" begins at 6:30 p.m. with an open resource room where local organizations and programs will offer recovery, treatment, advocacy and prevention options.

At 7 p.m., three featured speakers -- Rachel Dissell, Vince Caraffi

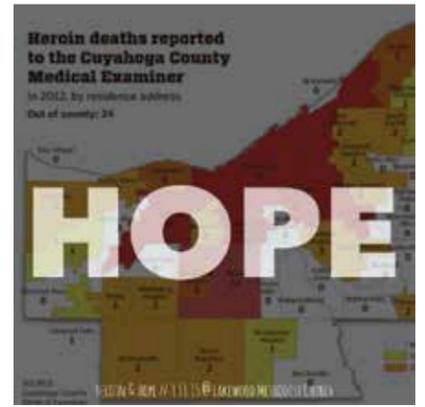
and Aaron Marks -- will offer their insights and answer questions from the audience.

Rachel Dissell is an award winning journalist with the Cleveland Plain Dealer who will share what she has learned from her reporting on the heroin epidemic in Northeast Ohio as well as share her personal connection to the issue.

Vince Caraffi, the chair of the Cuyahoga County Opiate Task Force/Partners for Prevention, will provide an overview of the heroin epidemic in Northeast Ohio.

Aaron Marks will offer hope by sharing his personal story of recovery.

After the speakers, the resource room will reopen while Dr. Joan Papp and Emily Metz of MetroHealth's Project DAWN provide training on the use of Naloxone from 8 p.m. to



8:45 p.m. Participants will learn about the risk factors of opioid overdose and how to recognize and respond to an overdose. Eligible participants will be given free naloxone kits containing two vials of naloxone hydrochloride medication.

"Heroin & Hope" is an opportunity for people in the community to come together, reinforce our hope and commit to being a part of the solution to conquer the devastating effects of addiction.

Free parking will be available, and The Family Room will be available for free childcare. Please call Jessica Parker (216) 529-5018 for a reservation for childcare as space is limited.

For more information about "Heroin & Hope," please contact event organizer Katie Kurtz at (216) 227-5955 or katiek@clevelandrcc.org.

Big Chili Cook-Off Kills The Chill

by Missy Toms

It may be cold outside, but it's hot at Around the Corner.

Warm your belly at the 7th Annual Big Chili Cook-Off, Saturday, February 28, 5-7 p.m., in the Around the Corner Warehouse. Tickets are just \$10 and include two ounce samples of each chili, a Coors Light, and a vote for the People's Choice Award. All ages are welcome! Ticket proceeds benefit the Lakewood Rangers Education Foundation and Pillars of Lakewood.

Tickets may be purchased at Around the Corner or the Foundation website at www.lakewoodrangers.org/foundation-events/.

Think you, your organization, or business make the best chili? Enter to win one of two cash prizes: Judges' and People's Choice. For an entry application, visit www.lakewoodrangers.org/foundation-events/.

Since 1984, the Lakewood Rangers Education Foundation has distributed more than \$3 million in funding for classroom grants, student scholarships, and school initiatives. The Foundation is guided by its mission to provide resources to enrich the edu-

cational experiences of the Lakewood City Schools' 5,400+ students. To learn more about the Lakewood Rang-

Soup's On!

by Paula Maeder Connor

Yes, friends, cold and flu and more cold and snow. It is time for SOUP!

Trinity Lutheran Church is holding a fundraiser Sunday, March 1, from 11:30-1pm. Amazing soups from mom's recipes to that yummy, spicy Thai dom yam will be ready for you to take home! Chili, too. Pint and quart containers will be available. Some pop up shops might be in Trinity's Community Room as well. Enter through the rear/north door.

In January the chili fundraiser brought in monies to assist a neighbor

ers Education Foundation, visit www.lakewoodrangers.org or email foundation@lakewoodcityschools.org.

needing a new boiler. March is set for funds dedicated to the "Pastor's Discretionary Fund." This fund assists folks in need of rent, emergencies, temporary housing, and bus tickets. So many folks come to church doors these days. Often churches are their last resort. Referrals and resources are also provided to those whose next step might be sleeping outdoors. This winter is no time for being outdoors overnight!

For information call 216-226-8087 or see the website for Trinity: trinity-lakewood.org.

College Club West Scholarship

by Kathleen McAndrew

College Club West is a non-profit group of women college graduates living in the Greater Cleveland area. This club is again pleased to offer a minimum of \$2,000 scholarships for the 2015-2016 academic year. Infor-

mation regarding these scholarships along with eligibility and application requirements can be found on our website www.collegeclubwest.org.

Deadline for all applications is March 15, 2015.

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Lakewood Is Art

Beck Teen Theater Will Razzle Dazzle In "Chicago"

by Pat Miller

Beck Center Teen Theater presents "Chicago" on the Mackey Main Stage February 20 – March 1, 2015. Show times are 7:30 p.m. Fridays and Saturdays and 3 p.m. Sundays. A special student matinee performance is at 10 a.m. on Thursday, February 26. Tickets are on sale now. Beck Center has established a PG-13 rating for this piece.

Based on the play by Maurine Dallas Watkins, "Chicago" takes audiences back to the roaring twenties. With a book by Fred Ebb and Bob Fosse, the story begins as Roxie Hart murders a man and convinces her husband Amos to take the rap. All goes as planned until he finds out he's been duped and turns on Roxie. Convicted and sent to death row, Roxie and Velma Kelly vie for the spotlight to music by John Kander and lyrics by Fred Ebb. Together, these leading ladies search of the "American Dream" - fame, fortune and acquittal.

The cast of 20 dedicated Beck Center students ages 13 to 18 are more than ready for the challenge of presenting this musical to audiences. "Chicago" is such a perfect piece for our teens for a variety of reasons," said Director Jonathan Kronenberger. "In addition to offering challenges in acting, singing and dancing, it also provides great educational opportunities for the period and style. Originally, 'Chicago's' sub-



title was 'A Musical Vaudeville' so in this production we are embracing its vaudeville roots and bringing that style to the forefront."

This production of "Chicago" features musical direction by Larry Goodpaster and choreography by Caitlin Elizabeth Reilly. Tickets are \$12 for Adults/Seniors and \$10 for Children (18 and under) and may be purchased online at beckcenter.org or by calling 216.521.2540 x10. Discounted group rates are available for student matinees and can be scheduled by calling Customer Service Manager Rennie Tisdale at 216.521.2450 x28.

Beck Center is located at 17801 Detroit Avenue in Lakewood. Free onsite parking is available. This production of Chicago is presented through special arrangement with Samuel French, Inc. The 2014 – 2015

Youth Theater season is sponsored by First Federal Lakewood. Beck Center is supported in part by the residents of Cuyahoga County through a public grant from Cuyahoga Arts & Culture and the Ohio Arts Council.

Beck Center for the Arts is a not-for-profit 501(c)3 organization that

offers professional theater productions on two stages, arts education programming in dance, music, theater, visual arts, early childhood, and creative arts therapies, outreach education programming, and gallery exhibits featuring local, regional, and international artists.

I Might Have Failed Algebra Because I Wrote These Instead Of Studying: Reviews Of New Releases By Local Bands Pt. 2

by Buzz Kompier

Disclaimer: Record reviews are a tricky business. It's one thing to enjoy music, but to, like, pick out what you like about it? That being said, if I review your thing and I didn't like something, don't feel too bad. My opinion doesn't matter all that much.

Toughskins - Rumble Stilts Skin - My Mind's Eye Records - 11 songs - Vinyl

There's a trope in comedy that I think is called "the rake gag." It takes its name from an episode of The Simpsons in which Sideshow Bob keeps stepping on two rakes and they keep hitting him in the face and it goes on and on and on. Essentially, what happens is, the joke is funny for a few seconds, then it loses its humor, then the pointlessness and the repetitiveness make it funny again, which was the whole point all along. Gosh, I hope I did a good job explaining that. Anyway, I think that could be a decent summary of this record. I think the Toughskins are a Sockeye side project. I don't think I've listened to Sockeye, but I know that their section on the CD shelves at My Mind's Eye describes them as "genius stupid," so hey, there ya go. To get back to the actual record at hand, it's basically a parody of Oi! (always with an exclamation point) bands. I certainly can't be mistaken as the song titles range from "Oi! Farm" to "Oi! Sweat Shirt" with "Oi! Yodeling Lessons" thrown in for good measure. (There's also songs called "Lifeless

Billy," "Hippies vs. Skins," and "Rumble-Stilts-Skin," but those are the only ones that don't have "Oi!" in the title, I promise.) Basically this album is the musical equivalent of the rake gag. "Oi! With The Toughskins" is funny, you start to lose steam around "Date With Oi!," and then it becomes funny again at "Oingo Boingo Ain't Oi!" While this record didn't make too much of an impression on me at first, some of the songs, particularly "Hippies vs. Skins" and "Oingo Boingo Ain't Oi!" grew on me after hearing them on the radio. There's also a Sabbath cover, retitled "Killing Yourself To Oi!" To finish this review up, basically, it's a repetitive joke. But, it still is pretty funny at times. 3/5

Various Artists - Punk 45: Extermination Nights In The Sixth City - Soul Jazz Records - 18 songs - Vinyl, CD, download

This is the fourth, I think, installment in Soul Jazz's Punk 45 series. I liked this one because I didn't have to buy it, 'cause I already own all of the songs from various other albums. This is a pretty good overview of the Cleveland punk scene from 1975 to 1982. (I know those years 'cause they're in the subtitle.) It features all your favorite Cleveland bands like Rocket From The Tombs, Pere Ubu, the electric eels, Mirrors etc., and also some recordings that are a bit more obscure/difficult

continued on page 19

Beck Center Teen Theater presents **CHICAGO**
 Book by Fred Ebb & Bob Fosse
 Music by John Kander | Lyrics by Fred Ebb
 Based on the play by Maurine Dallas Watkins
February 20 - March 1, 2015
Mackey Main Stage
 7:30 p.m. Fridays & Saturdays | 3 p.m. Sundays
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Business News

Local Photographer Expands Tradition Of Giving Back

by Bob Soltys

My name is Bob Soltys. I'm a Lakewood fine art and wedding photographer with an exhibit called "Faces and Places" at John Rehner Fine Art and Framing at 16108 Detroit Road in Lakewood through February 21. Giving back to the community has been a habit for me for a long time. Inspired by what my friend National Geographic photographer Bill Allard said after his photo of a tearful shepherd boy motivated readers to donate over \$7,000 to replace the

boy's flock of sheep, I decided to donate a third of the proceeds from my fine art image sales to charitable causes.

My iconic image of the Eiffel Tower in Paris has been a favorite at auctions for Recovery Resources, the Friends of Anton, and the Ursuline College Art and Therapy Counseling program's trip to El Salvador. As a frequent traveler to Paris, I wanted to give something back to France, so I added the crowdfund for the families of those murdered at Charlie Hebdo to the list

vis-a-vis sales of the Eiffel Tower photo. Recognizing the Cleveland Food Bank's good works, one-third of the rest of the sales from 'Faces and Places' will go to the food bank.

Reprising the success of my 2008 exhibit of Paris and the West at Rehner's Lakewood gallery on Detroit Avenue, I have added rich 11 x 14 color images taken on travels across America, Europe, and Asia in the 80's and 90's. I will be giving an artist's talk about photography tips and my body of work

at the gallery from 1 to 2 p.m. on Saturday, February 21. A voluntary donation of \$5 to \$10 is requested to defray the costs of refreshments and chair rental. The donation will be deducted from the cost of any sales made that day.

I live in Lakewood with my Jack Russell Terrier, Lucky, who has a page of his own on my website www.bob-soltys.com.

For more information, and to R.S.V.P., please email me at blackand-whiteavailablelight@gmail.com.

Dance Lakewood- Good For The Body And Soul

by Pamela Elliot

My journey into the dance world started about four years ago at one of the many Lakewood festivals. My daughter, Ava, who was 3 years old at the time, was interested in taking a ballet class. It happened upon a booth for Silhouette Dance, now named Dance Lakewood. At this booth, I met four women who would nurture my daughter's interest in dance. Up until that point, my only knowledge about dance classes was what I had seen on the show, "Dance Moms." Despite that, we decided to jump right in and see what happened.

To my joyous surprise, Ava has been taught discipline, but with a firm and loving approach. The expectations for the students are high and are met with much positive reinforcement from the teachers. The students are greeted with a smile and leave the studio with a hug and a smile. My daughter started taking one ballet class four years ago and now takes three classes a week which include ballet, jazz/tap combo, and acrobatics. Ava has blossomed from being a bit shy to having confidence in herself and her abilities to dance. I credit the teachers for their kind and positive support. The teachers have recognized when she needed a challenge and helped create opportunities for her to meet that challenge.

As for me, a newbie to the dance world, I have been welcomed into a new community of dance moms and dads that I see each week. Many of us are learning together what it means to be a dance parent. The teachers have

invited the parents to be on a parent committee to find ways to better serve the students. I find this to be very valuable because it lets the parents know that we are important and part of the studio. Creating a community among the families also includes a new program called the Big/little program which matches an older student with a younger student. Ava is excited about having the opportunity to have a "big sister" to give her extra support, advice, and friendship at the studio.

We feel very fortunate that we stopped and asked for information at that booth four years ago. Ava and I are very happy to call Dance Lakewood our family. Many thanks to Miss Donna, Miss Teresa, Miss Stephanie, Miss Mary, and Miss Audrey for all of your support and hard work.



Ava with her "big sister," Kaz, at Dance Lakewood.

Anthem Insureds Beware!

by Frank Suponic

If you are an Anthem health insurance company customer, be aware that Anthem's database of customer records was breached last week. 80 million customers may have had their name, birthdate, social security number, address, e-mail address, employment information, and even wage amounts stolen. This is the largest health care data breach in US history. Anthem will be contacting you in writing via US Mail if you are a victim.

Do NOT respond to any email, text, or telephone inquiries regarding the Anthem breach.

The crime of identity theft is the fastest growing white collar crime in the United States. Someone is an identity theft victim every 3 seconds - nearly 29,000 victims each day. Think about it.

Preliminary reports indicate that no bank account or credit card information has been compromised. In addition, personal health information was not compromised (evidently it was not of any economic value to them or else they would have taken it!)

If you do not monitor your credit on an annual basis, this event should be your wake-up call. Free credit report applications are available at:

<https://www.annualcreditreport.com/manualRequestForm.action>

Federal law allows every US citizen the ability to secure all three of your credit reports for FREE on an annual basis from EACH of the three national credit reporting bureaus (Equifax, Experian, and Trans Union). You should secure all three of your credit reports and scrutinize them for any unauthorized activity. All three credit reporting bureaus are different and as result, all three usually have different credit activity. They are NOT the same.

If you need assistance with minimizing your risk of identity theft or if you need assistance navigating through

your credit report and eventual discovery that you are an identity theft victim, feel free to contact Frank Suponic, CPA, CFE, CFF at (440) 449-6800.

You are cordially invited to attend a free Skoda Minotti "Identity Theft" luncheon seminar presented by Frank Suponic on Thursday February 26, 2015 at 11:30am at the Holiday Inn on Beta Drive in Mayfield Village. For more information and to register, please visit our website at www.skodaminotti.com and click on the "Events tab" and then select the "Identity Theft" seminar tab.

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Opinion

Letter To The Editor:

Who Wins The Lakewood Hospital Lottery?

by Mike Zannoni

Just had some experience with Lakewood Hospital that was top notch, involving someone with advanced cancer (we found), including ER care, emergency neurosurgery on a Sunday night, time in the Neuro Integrated Care Unit and then Acute Rehab. Some extremely impressive comprehensive care, with a very great team of doctors, nurses, therapists and aides. Almost 2 weeks were spent at Lakewood Hospital in their various departments. I was so grateful that it was close by, because I had to walk there and home several times because of the weather we've been having.

Now that she's at home and I've raised my head above water, I see on the Observation Deck that this great hospital, this great asset to Lakewood, may close?

That some of the same few financially interested people who were stopped from forcing people out of their homes on Lakewood's west end a few years ago, using City Hall and Eminent Domain as a tool, for the sake of some dubious "development" ideas, are now the same few people that have much to gain by pushing Cleveland Clinic out of Lakewood 12 years before their contract with the City is up, and giving the people of Lakewood something far inferior,

equivalent to a "wellness clinic" instead of a real ER and hospital?

And that the city of Lakewood will be bound by contract NOT to accept any other health system (like UH or some new local partnership) coming in and keeping our hospital here and intact or building a new one in the future?

And that a new Cleveland Clinic hospital will be built in Avon (less than half the population of Lakewood), that will depend on the people of Lakewood (population 50,000) patronizing it in order to stay viable?

And that all the money that has been raised to support Lakewood Hospital will be simply GIVEN to these few financially interested people (not the City of Lakewood), who will change their name and mission to do whatever they will, include pay themselves large salaries as part of a new "Foundation"?

And then, the millions more that Cleveland Clinic will agree to pay ongoing for some years after leaving Lakewood will also be paid directly to these same people (not the City of Lakewood) to do with whatever they will? And that's good for us? It compensates us for losing a real hospital and for all the lost tax money, lost health professional residents and related money spent here? And why? Because of "Economic Development"?

Someone is surely counting on

winning the Big Lottery here, at the expense of the City, the people of Lakewood, our ongoing viability as a city, and our safety and security.

I have just gone through a loved one needing emergency brain surgery during a snowstorm. It had to be done fast, and it was done fast, and well, within five minutes from our house. Would she still be with us if she had to be trans-

ported to Avon, or even Fairview? How much is the cost of Lakewood lives lost?

Since this deal can't happen without the approval of Lakewood City Council, it seems like we have to make sure our council members know that they won't see another term if they rubber stamp this massive abuse of the public trust.

Mike Zannoni

Lakewood Resident

Lakewood Animal Shelter Unveils Recent Expansion, Renovation

continued from page 1

There are plans for a second phase of the renovation to happen sometime in 2015 that will improve the layout of the



Row of new cages donated by CCLAS.

back area of the shelter. The back area is used to quarantine cats. This phase will be much less extensive, much quicker to complete, and will not involve any major construction work. It will simply involve knocking down some divider walls, moving the current cages and adding storage cabinets. This project will make better use of space and allow better organization of supplies.

Anyone who would like to learn more about the Citizens Committee for the Lakewood Animal Shelter (CCLAS – pronounced "claws"), volunteer opportunities or how to support the shelter is encouraged to visit their Facebook page (just search "CCLAS") or email cclasweb@yahoo.com. You can also visit the CCLAS website at www.cclas.info.

LakewoodAlive Announces The 2015 "Knowing Your Home" Series

continued from page 1

to make smart and informed decisions. There will be a few new topics while several oldies but goodies will be included. Our new topics include: Heating System Maintenance & Replacement, Pruning Trees and Shrubs in Your Landscape, Roof Repair & Replacement and Property Value 101, just to name a few. Fan favorites like Wooden Window Repair & Replacement, Exterior Paint & Prep as well as Insulation and Weathersealing will return.

The season kicks off on Thursday, February 26 at Deagan's Kitchen & Bar from 7-9 p.m. with the workshop, "Love & Logic of Older Homes." This workshop will set the tone for the series, which will build on maintenance and improvement skills and knowledge. The workshop will

focus on the benefits of owning an older home as well as practical ideas for tackling maintenance issues that affect them.

All of the workshops are free and open to any resident, thanks to the generous support of our funders, Charter One, City of Lakewood, Cleveland Lumber, First Federal Lakewood, Huntington, The Cleveland Foundation and Third Federal Savings & Loan.

In lieu of charging for these events, we are asking for participants to consider making a donation to LakewoodAlive or bringing in cans of food or non-perishable items for the Lakewood Community Service Center. We appreciate your support.

Please visit Lakewoodalive.com for more information and a schedule of events as well as like us on Facebook and follow us on Twitter.

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Lakewood Living

Preparing Your Home For Spring Market – Part II

Maintenance Before Upgrades

by Michelle Mehaffey Taylor

Sellers often fret over what home improvements to invest in in order to get the biggest bang for their buck. The saying “beauty is only skin deep” goes a long way in Real Estate. Before thinking about an exciting kitchen remodel, take care of the mechanicals, structure and energy efficiency of your home FIRST. Without a doubt, updated kitchens and baths sell a home quickly and for a higher value. However, if the roof is leaking, your deal may fall apart despite the lovely granite counter tops. Most buyers in today’s market want what I call the big-ticket items taken care of. These items include: roof, windows, electrical, plumbing, heating, cooling, and dry basements. Buyers want to take the basics for granted and

spend their discretionary funds on fun remodeling projects to reflect their personality and make the home theirs. Even a hint that there could be a problem will be reflected in their purchase offer.

Where to start?

Your first smart investment as a seller is to have your own home inspection to discover the unknown, latent defects. According to local Home Inspector, Bob Beverage, with All American Home Inspections, “It’s always a wise investment to have your home inspected prior to listing it for sale. Many times sales fall apart after the inspection process is completed. Having your own inspection gives you the opportunity to correct issues before the Buyer’s Inspector dis-

covers any. Typical findings on older homes usually include lack of grounding or outdated federal pacific panels, ungrounded 3-prong outlets, or lack of ground fault outlets in all wet areas.” Make sure to address all findings on your inspection. Use your report to your advantage – list improvements in your homes description and display inspection report and repair receipts during showings.

Efficiency Counts

Let’s face it; utility bills for our beloved Lakewood homes can be let’s say, a bit high. Energy efficiency goes a long way with the majority of today’s savvy buyers. This is money well spent and typically pays for itself on resale. Consider replacing your roof and windows if they are older than 20 years. Replace your furnace with a 90+ - efficiency model or make sure your boiler is fine-tuned. If you have forced air for heating but no central air, add the air. A unit will typically cost about \$1-2,000 installed. Insulate as much as your budget allows. Dominion East Ohio’s Home Performance program is worth looking into for assistance on where to save energy in your home as well as rebates on improvements.

Electrical

Here’s an area where there can be red flags galore! Federal Pacific brand main lugs (main breaker box in your home), or sub panels will have to go. Over the past years they have been linked to multiple house fires, and inspectors look for them. Open junction boxes (where wires connect to each other), switches and outlets all need covers. Some areas need wire in conduit, which is wire in either plastic or metal pipes. Attention to these items

now could save you from scrambling to complete them later.

Plumbing

If you have old, rusty pipes and have possibly consumed enough metal in your water to set off metal detectors, you may want to invest in replacing the plumbing. Appraisers take plumbing into heavy consideration when determining the value of a home. Nowadays, re-piping is usually done with PEX (plastic tubing) that is reliable and can run through walls like an extension cord, which means less holes and mess. It also means less money on labor and materials but a major selling point.

Basement

Tackle those musty smells. It’s not difficult or expensive to find products that help. During warmer weather, run a dehumidifier. A lot of Lakewood homes have older clay foundation blocks, which naturally leach moisture, producing odors. If there is active water intrusion, bite the bullet and have a professional evaluation.

Do it right and contact the Lakewood Building Department to get necessary permits for any home improvement project. As a seller, be pro-active and make sure these fixes are taken care of before putting a sign in your yard. Investing in maintenance and repairs is not only moneywise; it could be crucial to your sale. Homes in tip-top shape can see a return by a few thousand dollars and lets buyers know they are getting a well maintained home.

Michelle Mehaffey Taylor is a Lakewood resident and licensed Real Estate Agent with Keller Williams EZ Sales Team – Michelle@EZSalesTeam.com.



A thunder storm rolls into Cleveland, Ohio, as seen from one of the tables at Pier W.

Twins Happy With Pier W’s Happy Hour

by Ingrid Dickson & Irene Joyce

Many of our fellow restaurant enthusiasts are familiar with the Cleveland landmark: the stylish and venerable Pier W, where the incomparable view, impeccable service, and inspired menu make any occasion special. We Taster Twins have dined there many times for lunch, brunch, and dinner in the elegant surroundings and enjoyed the pampering immensely. Simply stated: Pier W stands alone as a top-tier dining venue.

For those looking for a more casual experience, Pier W offers an appealing option of Happy Hour in the lounge, where many of the offerings on the pared-down menu are half-priced and most of the wines and well drinks are also specially priced. In the beautifully lit lounge, anchored by a glowing bar, the drinks are the center of attention, followed closely by the tempting culinary offerings.

The festivities begin promptly at 4:30 p.m. and the small lounge area fills up very quickly with the staff resorting to European-style seating arrangements. No seat goes unfilled, which makes for a great opportunity to meet and greet new people. Fortunately, we are very social and enjoyed sharing our table with a friendly couple. Through the glass enclosure, the quiet formal dining area appears in stark contrast to the crowded, gregarious ambience in the lounge. The Happy Hour service is much less precise than that to

which we are accustomed beyond the partition. The lounge differs markedly from the rest of Pier W, in all ways except the exceptional quality of the food.

Starting with the luscious lobster bisque or the heavenly clam chowder, the food at Pier W is an absolute pleasure. Our favorite appetizer is the blue cod taco trio, where warm, delicious cod is nestled in crispy won ton shells, perched on beds of creamy guacamole. We also love the wonderful short rib pierogies, which are hearty and satisfying. Our brother thoroughly enjoyed his perfectly prepared salmon burger. Other tasty choices included hearth-baked flatbread, margherita pizza, and a tempura cod sandwich. When these excellent preparations are followed by a trio of sorbets or creme brulee, it makes for a remarkable evening out in a bustling atmosphere.

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Lakewood Living

What Your Tree Can Tell You Right Now

by John Palmer

Winter is an important season to those of us who care for trees. Trees are “naked,” and what we see can tell us a lot, including how we can make them stronger, safer, and healthier.

Sadly, what’s good for the nursery is often not good for the buyer. Nursery trees are pruned and maintained to sell. They need to be green and bushy, and the inexperienced often assume they can simply plant them and walk away. What people don’t realize is that most trees come from the nursery with structural weaknesses that make a structural failure more likely as the tree ages. An Arborist skilled in advanced pruning and tree-risk assessment can look at even a young tree and see where the likely failure points will be as the tree matures. These issues can be corrected, but they’re best (and least expensively) taken care of when the tree is young.



This recently planted tree pictured above is actually an unfortunately rare example of pretty good structure. Like you find in nature, it has a fairly distinct “main leader” that will help keep it structurally sound as it grows. I might do a little snipping here and there, but it would be relatively minor. This tree has an “opposite” branching habit, but its branches are in a scaffold pattern (think easy to climb), which means the branch attachments are strong.

On the other hand...



This tree pictured above has been established for probably 10 to 20 years. What you can see from its branching structure is the cluster of branches at one main point on the trunk. At the nursery, this tree probably looked healthy and full, but it contained the seeds of a catastrophic failure. It’s likely as this tree ages that some sort of loading event will occur that will cause one of the larger branches to tear off because the cluster hasn’t allowed proper development of the branch unions. Essentially, the branches interfered with each other and caused them to form weak attachments. This could have been fixed at the nursery or shortly after planting inexpensively, in a few short minutes. Now, in order to try to prevent a failure, large pruning wounds will have to be made, causing the tree unnecessary stress and risk, and costing the homeowner more money. And correcting these issues won’t be done in one setting. A series of pruning treatments, over a number of years will be required. But, it can be trimmed – and taught how to grow – to become a safe, mature tree.

Even a tree like the one pictured at right that seems to have a nice shape to it, has a potential (and likely) future failure point that needs to be addressed soon. A tree with competing “main leaders” is fighting against itself. It’s better to have one main leader to apply “apical dominance” to the rest of the tree. The exceptions of course, are tree

species like Dogwood or Honeylocust that have more of a spreading habit to them.

Trees with “co-dominant” trunks or branch unions are likely candidates for failure. Trunks or branches that are similar in size often form weak attachments. The “aspect ratio” of branch to trunk is important. The larger the ratio, the less structurally sound the union.



Believe it or not, the two pictures side-by-side above, are the same tree before and after an advanced pruning treatment to create healthy structure for the future. This tree is likely to have a long and healthy life for its owners to

safely enjoy.

It’s at this time of year that structural issues can be identified, and corrected. But it’s not a job that just any tree worker or company can do. It’s the tree equivalent of major surgery, and without a strong knowledge of tree biology, advanced pruning, risk assessment, and tree biomechanics, you could end up putting your tree in the hands of a novice. It takes a skilled professional to



take a healthy but structurally deficient tree and put it on the road to becoming a healthy, structurally strong mature tree that all can enjoy. And it’s marvelously satisfying work.

John Palmer, ISA Certified Arborist
ISA Tree Risk Assessment Qualified



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Lakewood Living

Homebuyers Need To Act Now...But How?

by Chris Bergin

Local homebuyers should consider acting quickly this year unless they want to spend more money on their purchase. Locally, Lakewood has seen the Median Sales Price improve steadily over the past few years, improving from \$108,000 in 2012, to \$122,300 in 2013, and then jumping nearly another 8% last year to \$131,000. The forecast is for another 4% gain this year. The reality-- homebuyers will pay more for their home purchase this year.

Economists also predict interest rates to rise this year. The Federal Reserve has continued to remind financial markets that they will raise the target federal funds rate at some point in 2015. This will directly cause

lending institutions to raise mortgage rates. Most experts predict that we will see rates at 5% for a 30-year fixed mortgage by the end of the year.

Let's use last year's Median Sales Price to illustrate how this will impact buyers. If a buyer secures a mortgage with a 4% rate, and assuming a purchase at the median of \$131,000, their monthly principal and interest payment is about \$626 per month. If the rates climb to 5%, the same monthly payments on the same purchase jump to \$704 per month, nearly a \$1,000 per year increase.

Experts predict that housing affordability could decline as much as 10% this year between rising home values and rising interest rates. Simply put, buyers

looking to spend \$130,000 will now set their sights on homes in the 120s.

The good news is that rates remain, for now, near historic lows. The challenge, however, is that inventory is also at historic lows. As of February 10 there were only 86 single family homes for sale in Lakewood. That's correct. Only 86. Homes that are priced competitively, in good condition, are selling at a record pace. Many if not all are selling with multiple offers on the table.

There are several steps buyers can take to position themselves to make a purchase. First, get pre-approved with a reputable lender as soon as possible. Sellers will want to see an approval letter with a buyer's offer. Buyers should discuss financing options with their lender. Ask your lender if you need closing cost assistance from the seller. Often times it is the "clean" offer that gets accepted by the seller. If you are a move-up buyer, can you buy before you sell? It will be difficult to expect a seller to wait while you try and sell your current home.

Next, secure a realtor. Your agent will not only set up an auto search, but they will network with other agents. Often agents will hear about a property that is "coming soon." Be prepared to jump. When your agent calls and says you need to go see this new property now,

listen. The perfect home listed today may not be on the market tomorrow.

Third, be ready to act. Do your homework now. Research neighborhoods. Set your budget on how much you will want to spend. Educate yourself on recent sales, trends, and home values. There are several sites and resources to use. Research community and neighborhood demographics at www.ClevelandsRealEstateSource.Info. Track real estate activity at www.RealEstateInsideAccess.Info. You'll need to provide an email address, but in return will be able to gain direct access to sold properties, price changes, etc. A good mobile app to add to your smart phone is either www.RealEstateUltimateApp.Info or Realtor.Com. Both are linked directly with the local MLS, providing the most up-to-date and accurate information available. Once you zero in on an address or two of interest go to www.HomeValuesInLakewood.Info and get a property value report.

If you follow some simple steps and develop an action plan you will not only position yourself to make a home purchase this year, but you will save yourself money as well!

Chris Bergin is a licensed real estate agent with Berkshire Hathaway Lucien Realty in Lakewood and can be reached at Chris@ChrisBergin.com.

Reviews Of New Releases By Local Bands Pt. 2

continued from page 14

to find. For example, the inclusion of Jazz Destroyers' "Love Meant To Die," previously only available on the Cleveland Confidential compilation, I think. It also has other great stuff like The Pagans (though I've never been all that fond of "Street Where Nobody Lives," I do enjoy "Dead End America" and "I Juvenile"), X___X (who had a compilation out themselves last year), and The Styrenes (who are credited under Poli Styrene Jass Band for "Drano In Your Veins" and Styrene Money for "Everything Near Me," both good songs). It also has some bands that are maybe a bit more obscure, like Pressler-Morgan and The Human Switchboard. The icing on the cake for me especially, and I'm having trouble deciding which I'm more enthused about, is the inclusion of "51%" by the Def-nics and "Tele-K-Killing" by The Broncs, two criminally under-recognized Cleveland bands. Also out simultaneously is another Punk 45 compilation, covering the concurrent Akron scene. Maybe I'll review that one next month. Overall, pretty good compilation. Some more rarities (or things only otherwise released on things I can't afford) would have been nicer for me though. But for everyone else, yeah, buy this. 4.5/5

Obnox - Boogalou Reed - 12XU - 15 songs - Vinyl, download

Since this is something that's been said in almost every review of this album so far, I almost don't want

to say it, but I have to, because it's true: this is the best Obnox album yet. It's very catchy and melodic, a perfect blend of punk and soul. Bim once more shows off his talent for puns with songs such as the title track and "Cynthia Piper At The Gates Of Dawn." My favorite tracks, however, are "Slaughter Culture" and "Too Punk Shakur," as well as the timely update of Neil Young's "Ohio." The first side is pretty much flawless, and the second side ain't bad either. This is an early contender for album of the year. 5/5

Are you a local-ish band? Do you have a record out? Email vaguelythreatening@gmail.com or send it directly to Observer headquarters at 14900 Detroit Ave. Suite 205, Lakewood, Ohio 44107, attention: John Kompier.



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UPCOMING EVENTS

DATE	WORKSHOP	TIME	LOCATION
FEB 26	Love & Logic of Older Houses	7-9pm	Deagan's Kitchen & Bar
MAR 18	Heating System Maintenance & Repair	7-9pm	Slife Heating & Cooling
MAR 28	Pruning Trees & Shrubs in Your Landscape	10am-Noon	Lakewood Women's Pavilion
APR 23	House Roof Repair & Replacement	7-9pm	Bevy in Birdtown (formerly the Winchester)
APR 25	Wooden Window Repair & Replacement	10am-Noon	University of Akron, Lakewood
MAY 21	Exterior Paint Prep & Technique to Make it Last	6:30-8:30pm	TBD
MAY 28	New Needs, Same House	7-9pm	Jammy Buggars
JUN 20	Porch Repair & Replacement	10am-Noon	1460 Westwood (private residence)
JUN 25	Plaster and/or Drywall Repair & Replacement	6:30-8:30pm	Cleveland Lumber
JUL 9	How to Contract a Repair	7-9pm	TBD
JUL 23	Property Value 101: Impact of Repairing & Renovating Your Home	7-9pm	Bevy in Birdtown (formerly the Winchester)
AUG 13	Home Maintenance for the 21st Century	7-9pm	TBD
AUG 20	Flat Roof Repair & Replacement	7-9pm	Mahall's 20 Lanes
SEP 17	Insulation & Weathersealing	7-9pm	University of Akron, Lakewood

For more detailed info: LakewoodAlive.com or 216.521.0655



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The Back Page

LAKEWOODITES

ROB MASEK

TO PREPARE THE KIDS FOR THE P.A.R.C.C. TESTING, HERE IS THE COMMON CORE STANDARD SOLUTION FOR FRYING AN EGG.

THE WRONG WAY:

1. WARM BUTTER IN PAN
2. CRACK EGG, FRY IN PAN
3. MOVE EGG TO PLATE

YUCK!

THE "RIGHT" WAY:

1. CRACK EGG, SEPARATE YOLK AND EGG WHITE
2. DIVIDE EGG WHITE INTO 32 EQUAL PARTS
3. CUT YOLK INTO 8 EQUAL SECTIONS
4. MEASURE OUT 64 DABS OF BUTTER
5. BREAK PLATE INTO 8 PIECES

6. ADD 6 DABS OF BUTTER WITH 4 EGG WHITES AND 1 YOLK
7. WARM 2 DABS OF BUTTER IN PAN THEN FRY EGG MIX.
8. MOVE FRIED EGG SECTION TO A PIECE OF BROKEN PLATE
- 9-16. REPEAT STEPS 6-8 SEVEN MORE TIMES

17. SUPER GUE PLATE PIECES TOGETHER UNTIL THEY EQUAL BREAKFAST*

ENJOY!

* DO NOT EAT PLATE

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