"I love Halloween. I love Thanksgiving. I love Christmas. I love New Year's." - Madelaine Petsch

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Volume 14, Issue 22, November 21, 2018

## Beer Garden, Holiday Market **Highlight New Features At** Light Up Lakewood 2018

OBS

THE

#### by Matt Bixenstine

Presse Patronize Our Advertisers

When LakewoodAlive's signature holiday event returns for a 12th consecutive year this December, the traditions that have made this festive occasion a crowd favorite will be complemented by a trio of new features.

LakewoodAlive

announces The Roundstone Beer Garden as a new centerpiece of Light Up Lakewood 2018 taking place Saturday, December 1, in Downtown Lakewood. Sponsored by Roundstone Insurance and located at the intersection of Mars and Detroit Avenues, this Beer Garden will afford Light

Up Lakewood attendees aged 21+ an opportunity to purchase and enjoy a selection of craft beers.

The Roundstone Beer Garden will be open from 4 to 8 p.m. during Light Up Lakewood and will welcome guests on a first-come, first served basis as continued on page 9



St. Edwards Eagles rolled over Mentor High School to secure the regional championship last week.

## **Beck Center Celebrates** 70 Years Of Children's Theater

## 2018 Reappraisal And House Bill 920 (HB 920) **Explained And What Happens During The Reappraisal Process**

#### by Kent Zeman

The District has received questions regarding the 2018 reappraisal process and how it impacts the schools. This brief explanation is provided to help the public better understand the process.

Property value is determined by the Cuyahoga County Fiscal Officer. This is done through a reappraisal every 6 years, an update every 3 years and an inspection of any additions or modifications to a property on an annual basis. As the cost of grocer-

ies, automobiles, and clothing increases with inflation, so does the value of real property.

In Cuyahoga County, Lakewood had the highest percentage of reappraisal increase. The positive is that this means Lakewood is a strong, vibrant community where people want to live and raise their families. The flipside is that when folks receive a notice that the value of their property has increased 20%, they assume their taxes are going up 20%. This is not exactly true.

In 1976 during the high

**Food And Gifting At LEAF Holiday Market** 

by Margaret Brinich

Vendors are currently Step in from the cold for being booked. Vendor registrapeak of inflation the Ohio General Assembly passed a bill called House Bill 920 (HB920). HB 920 was enacted to reduce increases in property taxes on voted levies for schools during a reappraisal (which is occurring in 2018 in Cuyahoga County) or a triennial update (in Cuyahoga County the last triennial update was in 2015). As property values continued on page 3



Beck Center for the Arts celebrated 70 years of Children's Theater with a huge party at Gray's Armory in Downtown Cleveland. Congratulations! See all of Jacob Chabowski's photos online at: http://lakewoodobserver.com/photoblogs

## LO Supporters Award Over \$350 In Lakewood Dining Experiences



a lovely celebration of local food, art, and craft vendors. Mark your calendars for Tuesday, December 18th for LEAF (Lakewood Earth And Food) Community's second and final Holiday Market of the year. Conveniently located at Garfield Middle School (13114 Detroit Ave.) right here in Lakewood, be sure to stop by after work from 5:30 to 8 p.m. to help you take care of all of your holiday cooking and gift giving needs. The December 18th market will include City Fresh holiday shares, local produce, other locally grown and produced foods, a soup and bread and hot drink bar, raffle prizes and festive music.

tion information is here: http:// www.leafcommunity.org/.

A full list of the confirmed December 18th vendors to date includes: Backattack Snacks, Creative Squared, City Fresh (sign up for your share in advance!), Dizzy Laundry, DMH Exclusives, Little Lakewood Pasta, Neal's Yard Remedies with Ynes Arocho, Marila's Magical Bath Salts and Gifts, and Mary Davis

LEAF Community is dedicated to the development of a more sustainable, healthful and economically viable community through environmentally responsible actions producing broad access to fresh, local foods, knowledge and culture.

These winners of the LO Halloween Throw Down received over \$350 in great dining experiences from these great Lakewood Restaurants: Woodstock BBQ, Melt Bar and Grilled, WestEnd Tavern, India Garden, and Namaste. Thank you to the winners, and all who attempt to make Lakewood better and more fun! NEXT... Christmas Holiday Decorating Contest! YOU CAN WIN! Read the Lakewood Observer, the LO Deck, and website to find out how easy it is!

## **Hot Off The Deck**



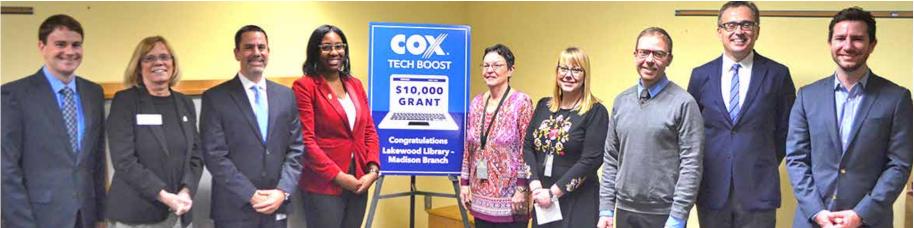


photo by

Cox Communications Awards Lakewood Public Library, Madison Branch \$10,000. Citing LPL's Madison Branch ability to work with extremely diverse users. COX Communications chose it for this gift. From left to right: Council President Sam O'Leary, Beth Thames, Deputy State Director for US Senator Sherrod Brown, Rob Brill of Cox Communications, Miss Robin Beavers, Principal of Garfield School, Judi Grzybowski, Andrea Fisher, Public Services Librarian, Ian Andrews, LakewoodAlive, James Crawford Director, Lakewood Public Library, Ward 4 Councilman, Daniel O'Malley.

#### NOTICE OF PUBLICATION

#### IN THE SUPERIOR COURT OF COWETA COUNTY **STATE OF GEORGIA**

DANIEL L. ALBRIGHT, Plaintiff

vs JOLENA B. BORCHERT, Defendant.

#### TO: Jolena B. Borchert

#### NOTICE OF PUBLICATION

You are hereby notified that the above-styled action seeking domestication of foreign decree was filed against you in the Superior Court of Coweta County, Georgia on the 6th day of June, 2018, and that by reason of an Order for Service of Summons by Publication entered by the Court on the 23rd day of August, 2018, you are hereby commanded and required to file with the Clerk of said Court and serve upon Megan E. Wallin, Plaintiffs attorney, whose address is 5 East Broad Street, Newnan, Georgia 30263, an answer to the Complaint within sixty (60) days from the day of 16th day of October, 2018.

WITNESSETH the Honorable Dennis Blackmon of said court this 3rd day of October, 2018 Clerk, Superior Court of Coweta County

Megan E. Wallin, Attorney for Plaintiff Thompson, Wallin & Cunningham, LLC 5 East Broad Street Newnan, Georgia 30263 Phone: 770.683.2468



## **OBSERVATIONS FROM THE DECK!**

Thread Title	Author	Posts	Reads	Date
Rood	Stan Austin	0	42	Mon Nov 19
2018 Leaf Collection	Meg Ostrowski	4	329	Mon Nov 19
Is recycling still	Dan Alaimo	5	253	Mon Nov 19
worthwhile for Lakewood?				
Lakewood Law	Mark Kindt	7	897	Mon Nov 19
St. Ed's Tops Mentor I	Jim O'Bryan	0	148	Sat Nov 17
Clouds got in the way	Jim O'Bryan	399	80310	Fri Nov 16
City Art Installation at	Bridget Conant	14	1458	Fri Nov 16
Sloane & Detroit				
Punch Palace on Edwards	Bill Call	16	1730	Fri Nov 16
and Detroit to Open in 2019				
Can Public Officials	Mark Kindt	6	864	Fri Nov 16
Regulate Social Media Criticism?				
Cox Comm. Awards	Jim O'Bryan	0	245	Tue Nov 13
LPL \$10,000 For Tech Services	-			
Jay Carson SLAPPed	Michael Deneen	10	1161	Mon Nov 12
at the Ballot Box				
An Idea for Lakewood ?	Mark Kindt	8	446	Thu Nov 08
Status Update of	pj bennett	10	824	Thu Nov 08
Belle/Detroit Development Agreem				



#### Your Independent Source for Lakewood News & Opinion

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As a product of citizen journalism, The Lakewood Observer is looking for people, ages 3-100, to get involved in the paper and the city. We are looking for volunteer writers, photographers, designers, and illustrators to help with the production of the paper. It does not matter if you are a professional or amateur, our editorial staff will be glad to help you through the process. Register to our website Member Center where you can submit stories, press releases, letters to the editor, photos. No need to register to post online calendar or classified ads.

Upcoming Submission Deadline November 30, 2018 December 14, 2018

**Publish Date** December 5, 2018 December 19, 2018

www.lakewoodobserver.com – 216.712.7070

#### SATURDAY 11 A.M. TO 2 P.M. ALA CARTE BREAKFAST AND LUNCH FEATURING: AMERICA'S VERY FIRST "CREATE YOUR OWN BLOODY MARY BAR"

#### SUNDAY 10 A.M. TO 2 P.M. **BRUNCH A 30-YEAR LAKEWOOD TRADITION** EGGS BENEDICT • EGGS SARDOUX • STUFFED FRENCH TOAST POT ROAST HASH • OMELETS • FRITATAS • AND MUCH MORE!

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# City

## 2018 Reappraisal And House Bill 920 (HB 920) Explained And What Happens During The Reappraisal Process

#### continued from page 1

go up, the effective millage rates of levies go down to effectively bring in the same amount of money.

As previously noted, the reappraisal process happens every six years. In three years (2021) there will be a triennial update, which is when the County Fiscal Office looks at recent sales and provides an average increase to the community. During the reappraisal process, the County Fiscal Office's internal and external appraisers go out to the communities and look at each and every home and business in order to assign them a value. This is comparable to the process followed when a house is sold and needs to be appraised. The average increase was 22% for the City of Lakewood; however, this does not mean that your home value will go up 22%. It may go up more or less partially dependent upon individual neighborhoods. The County Fiscal Office provided through September 14th an informal process for any resident who disagrees with their appraised, new value, to provide evidence showing the appraisal amount is not correct. After September 14th it is necessary to go through the formal process. The formal process begins starting January 1st and ending March 31st. A property owner can file a complaint with the Board of Revisions contesting the value of their home. The Lakewood Board of Education does not become involved with the valuation contestation of residential property (homeowners) unless the assigned market value is \$250,000 less than the most recent sale price. However, the District does pursue valuation challenges on commercial real estate (businesses and rental properties) as it is important the District keeps the commercial properties valued at their appropriate rate.

It also important to understand the difference between market value and assessed value. Market value is the price a property owner feels their home is worth or has been appraised, and an assessed value is the amount the county actually taxes the property upon. The assessed value of property is 35% of the property's actual market value. For example, when a property increases by 20% that is market value. Only 35% of that is considered the assessed value for taxable purposes. Then because of HB 920 any prior voted tax levies would go down the proportionate 20%.

As an example, in May, 2013 Lakewood passed a 3.9 mill levy. That levy generated approximately \$3.3 million dollars annually (starting in tax year 2013) for the District. As values have increased the effective rate of the levy has been reduced (HB 920). In 2017 the effective rate of the levy passed in 2013 has been reduced to 3.63 mills which generates approximately the same \$3.3 million dollars annually. It will be further reduced once the 2018 valuations are final. As valuation increases, the effective millage rate goes down so that a voted levy does not bring in any additional dollars.

## District Hosting Senior Citizen Breakfast

#### by Christine Gordillo

Superintendent Michael Barnes and members of the Board of Education invite the city's senior citizens to a festive, free holiday breakfast at one of our newest elementary schools! The event is Wednesday, December 5 from 9 to 10:15 am at Lincoln Elementary School, 15615

This explanation makes it sound as if property taxes will not go up at all; and that is not 100% accurate. Every municipality has 10 mills of un-voted inside millage that is assessed to the community to help run the government in whatever means they decide to dole it out. When Lakewood came into being (instead of Rockport) 10 mills were put in place at that time to be divvied up between the City, the County, the library, the schools and other governmental subdivisions. Lakewood City Schools receives 5.03 inside mills. These mills are not subject to HB 920 and the above mentioned governmental subdivisions (including the Lakewood City continued on page 7

Clifton Blvd. Hear from some of our talented elementary school groups, enjoy great food, and listen to Superintendent Barnes give an update on the District. RSVPs are required by Novenber 28. Please call 216-529-4074 or email christine.gordillo@lakewoodcityschools.org if you would like to attend.









VA Aid & Attendance Benefit: Recent Changes You Must Know! Thursday, Nov. 29, 2018 \* 11:30 a.m.

Presented by Molly Carlin, President Cleveland American Veterans Association

1381 Bunts Road, Assisted Living 4th Floor Education Room

Please RSVP to Tammy Sibert at 216-912-0800 by November 27, 2018



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## **Lakewood Public Library**

## **Calendar Of Events**

#### compiled by Elaine Rosenberger Thursday, November 22, 2018 Library Closed in Observance of Thanksgiving

#### Saturday, November 24, 2018

#### Film - "Somebody Up There Likes Me" " (1956)

A difficult childhood gives Rocky Graziano (Paul Newman) a contempt for all authority figures. After joining a street gang, the law catches up to Rocky and he is sent to prison for his criminal behavior. Upon release he is drafted into the Army but immediately resists the regimented lifestyle and goes AWOL. Strapped for cash, he becomes a boxer to earn quick money, only to discover that he has a natural talent for fighting. His newfound success gives him the confidence he needs to pursue his love interest, Norma (Pier Angeli).

#### 6:00 p.m. in the Main Library Auditorium

#### Sunday, November 25, 2018

#### Performance - Women In History: Annie Sullivan

At the age of five, trachoma struck Annie Sullivan, leaving her nearly blind. Despite being left in an orphanage with no formal educational facilities, Sullivan prospered. After regaining her eyesight from a series of operations and graduating as class valedictorian in 1886 from the Perkins Institute for the Blind, she began teaching Helen Keller. All who came in contact with them were amazed at the ability of Miss Sullivan to reach Miss Keller and Keller's heightened ability to grasp concepts unheard of by deaf and blind students before her. Women In History is dedicated to the education of all people through the dramatic creation of lives of notable women in U.S. history.

#### 2:00 p.m. in the Main Library Auditorium

#### Tuesday, November 27, 2018

Genealogy Workshop

Taught by Deborah Abbott, PhD

How far back would you like to trace your family tree? Genealogist Deborah Abbott will show you how to unlock the secrets held by census reports, military records, birth certificates and death notices in this hands-on workshop. Unravel your history with professional results using the free Library Edition of ancestry.com and other resources. Space is limited at the workshops, but you are welcome to register with a partner and share a computer. Also, keep in mind that the Library Edition of the famous genealogy resource, ancestry.com, is free to use every day at the Library. Call (216) 226-8275, ext. 127 to register.

#### 6:00 p.m. in the Main Library Learning Lab

#### Documentary - "Intelligent Lives" (2018) Directed by Dan Habib

#### Presented by The Up Side of Downs

This film follows three young American adults with intellectual disabilities: Micah, Naieer, and Naomie as they navigate high school, college, and the workforce. Academy Award-winning actor Chris Cooper narrates their stories and unpacks a shameful track record of intelligence testing in the United States. The film seeks a society where those of all abilities can lead full lives through higher education, meaningful employment, and fulfilling relationships. We are joined by The Up Side of Downs, an organization dedicated to the education and advocacy of individuals and families living with Down Syndrome. "Intelligent Lives" was featured at the 2018 Cleveland International Film Festival.

6:30 p.m. Main Library Auditorium

#### Thursday, November 29, 2018

#### Light Up Lakewood Book Sale Preview

Get a first look at all of the books for sale in this Members-only preview. Memberships may be purchased at the door for as little as \$3.00.

6:00 p.m. to 8:30 p.m. in the Friends' Book Sale Area

## Lighting Up Lakewood, With A Book Sale

#### by Genevieve Jaskulski

The unassuming town of Lakewood Ohio boasts over fifty thousand residents.

That is an astounding number for

29, 2018 from 6:00 p.m. to 8:30 p.m. It should be noted that the preview sale will not be a bag sale, and all items will be a normal price.

The sale is sponsored by the Friends

#### Saturday, December 1, 2018

#### Light Up Lakewood Book Sale

The Friends of Lakewood Public Library host the Light Up Lakewood bag sale. 9:00 a.m. to 8:30 p.m. in the Friends' Book Sale Area

#### Sunday, December 2, 2018

#### Performance - Sharon's Signers Perform Songs from "Frozen"

Sharon's Signers is a local sign language choir dedicated to inclusion of all adults and kids with abilities and disabilities. This group performs various popular songs and shows all in sign language. To celebrate the winter season in Lakewood the signers will be performing songs from the Disney favorite "Frozen."

2:00 p.m. in the Main Library Auditorium

#### Tuesday, December 4, 2018

Documentary - "The Mask You Live In" (2015)

Directed by Jennifer Siebel Newsom

#### Presented by Empowering Youth, Exploring Justice

America's narrow definition of masculinity demands that boys often sacrifice intimacy, ridicule emotional expression and reject anything feminine. They are taught to degrade women and solve issues with violence. "The Mask You Live In" follows boys and young men as they struggle to stay true to themselves in a society of oppressive gender expectations. These gender stereotypes interconnect with race, class and circumstance, creating a maze of identity issues boys and young men must navigate to become what society dictates are real men. We are joined by members of the Cleveland-area organization, Empowering Youth, Exploring Justice (EYEJ), who work to empower students emotionally and professionally as they build the foundations of their futures.

6:30 p.m. in the Main Library Auditorium

#### Wednesday, December 5, 2018

## Lakewood Historical Society - The History of Immigration in America

#### Presentation by Richard Boyd

"Whom have we welcomed, and whom have we not?" That is one of the key questions to understanding the history of immigration to the United States. Dr. Richard Boyd will shed light on this and other questions about this controversial topic.

#### 7:00 p.m. in the Main Library Auditorium

#### Thursday, December 6, 2018

#### Author Event - Women in Poetry Night

This evening will highlight the challenges of being a poet, a translator and a woman. The authors will discuss themes in their works, describe their writing and publishing processes, and read samples of their poems, "Meditations in the Feminine" translated from the original by Leanne Hoppe and "They Were Bears" by Sarah Marcus. Translator Leanne Hoppe holds an MFA in poetry from Boston University and works as a teacher, editor and translator in Cleveland. Her translations of the works of Italian poet Michela Zanarella were published as "Meditations in the Feminine" by Bordighera Press. "They Were Bears" drags us mercilessly back to our animal nature, honoring vulnerability and calling out sexual violence. Sarah Marcus teaches and writes in Cleveland. She is the author of two books of poetry and two chapbooks.

#### 7:00 p.m. in the Main Library Auditorium



a quaint little town in the Midwest, and you might wonder, "What is it that brings all of these people to one place?" Some might say it is because we are home to so many diverse, fascinating, quirky, unconventional, beautiful people, and that we are a community who holds diversity, acceptance, and inclusion in the highest esteem.

I think another reason to love Lakewood is the Lakewood Public Library. Multiple times a year, the Friends of Lakewood Public Library host a book sale. The upcoming sale will be in congruence with the annual observance of Light Up Lakewood and will also be a bag sale. It is being held on Saturday, December 1, 2018, from 9:00 a.m. to 5:00 p.m. in the lower level of the Main Library, with the preview sale being held on Thursday, November of the Lakewood Public Library, who not only commit themselves tirelessly but also free of charge, to the mission of providing beautiful recycled treasures, to the people of this fabulous city. This coming sale will have a great selection of vintage children's books, sheet music, and a display of books on space, most of the space books will be only 50 cents, and the children's books are in fantastic condition.

As always, patrons have the option of renewing their memberships for 2019 at this sale.

So, let's continue to celebrate both the tenacious attitude of our city, and the many irreplaceable members of this community, as we come together to make Lakewood the fantastic place it is. These students enjoyed learning about famous artists and completing art projects in the style of that artist.

## Strokes Of Genius Comes To A Close

#### by Marge Foley

The seven week Fall session of Strokes of Genius at the Lakewood Public Library came to a close in November as participating second, third, and fourth graders proudly showcased their talent at an art show for family and friends. Each week students learned about the life and work of a different artist and then completed an art project in the style of that artist. Artwork created by Henri Matisse, Vincent Van Gogh, Claude Monet, Piet Mondrain, and Pablo Picasso provided the inspiration for the students' creative efforts. Cut paper, oil pastels, watercolor paints, crayons, and markers were some of the art mediums used. After learning about Rembrandt the students completed a "half" portrait. A photo of each child's face was cut in half down the middle and students drew the other half of their face with colored pencils. Many young artists said it was the most difficult project but also the one they liked the most. At the conclusion of the Art Show each participant took home a certificate and their creative work.

## **Lakewood Public Library**

## Women In History Presents Annie Sullivan



#### by Amy Kloss

The child of Irish immigrants, blind and abandoned in an orphanage by an alcoholic father, Annie Sullivan did not have an auspicious start in life. However, many people know her as the Miracle Worker who taught Helen Keller to read and write. How did she achieve such success?

Find out more about this woman's remarkable life on Sunday, November 25, 2018 at 2:00 p.m. in the Main Library Auditorium when Women in History presents the life of Annie Sullivan in a portrayal by Anne McEvoy.

The daughter of Irish immigrant farmers, Annie Sullivan suffered poverty, physical abuse and near-blindness from trachoma in her young life. After her mother died, Anne's father abandoned his children to an orphanage, where her brother died shortly thereafter. Despite this harsh life, so deep was her desire for education, Sullivan convinced the state to send her to the Perkins Institute for the Blind, where she graduated as valedictorian in 1886. Soon she began teaching the seven-year-old Helen Keller. Sullivan's great success with this brilliant girl, who was both blind and deaf, brought them international fame and recognition. Sullivan became Helen Keller's lifelong companion.

The Library performance will feature Anne McEvoy, dressed in period costume, delivering a monologue as Annie Sullivan, followed by a question and answer session. Women in History was founded in 1991 in Lakewood by a group of



*Leanne Hoppe, translator of "Meditations in the Feminine."* 



Sarah Marcus-Donnelly author of "They Were Bears."

## Women In Poetry Night At Lakewood Public Library

#### by Lisa Calfee

With a voice full of intensity, poetry molds the outside world to the inner. Women in Poetry Night at Lakewood Public Library explores the work of Leanne Hoppe and Sarah Marcus-Donnelly, two women whose lives are deeply invested in the poetic. They join us to discuss their books and perform some of their work on Thursday, December 6, 2018 at 7:00 p.m. in the Main Library Auditorium.

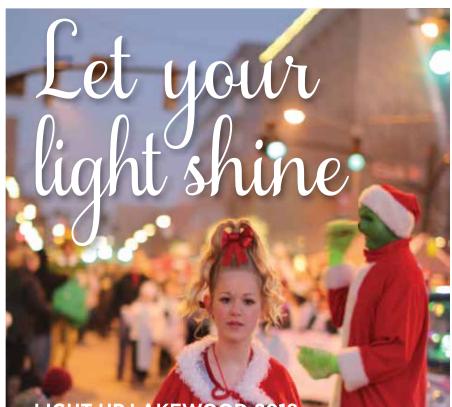
Translating poetry from one language to another is a challenge. How is it possible to preserve the integrity of a poem as it moves from one language with its unique imagery and phraseology to another without losing the nuances of meaning? Leanna Hoppe has taken on that daunting task by translating Michela Zanarella's work, "Mediations in the Feminine" from Italian to English.

friends who felt a responsibility to tell women's stories. Character research is extensive, and authentic vintage clothing is used when possible. Even hairdos are replicated from the appropriate era, styled by a specialist in historic hair design.

Join us at Lakewood Main Library on November 25, 2018 for an enlightening and entertaining Sunday with the Friends performance. Hoppe collaborated with the celebrated Italian poet to achieve an accurate translation, and in the process, came to a deeper understanding of the meaning and symbolism of Zanarella's work.

"They Were Bears," a collection of poetry by local author Sarah Marcus-Donnelly, is an emotionally charged exploration of sense, feeling and memory. The animals and scenery of forest and farmland, along with the contrasting rust of Cleveland's industrial streets, become the imagery of inner worlds. Marcus-Donnelly is nationally published in NPR's Prosody, the Huffington Post, McSweeney's, Cimarron Review, Spork, the Establishment, Cosmopolitan.com and Marie Claire.com SA. At Women in Poetry Night, she will be reading from "They Were Bears" and describing the writing process.

Both authors will have books available for sale and signing at this special event.





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LIGHT UP LAKEWOOD 2018 PRESENTED BY LAKEWOODALIVE SATURDAY, DECEMBER 1

FESTIVAL 4:00-8:00 PM PARADE BEGINS 5:00 PM LIGHTING CEREMONY 6:30 PM FIREWORKS SHOW 7:00 PM

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Lakewood Public Library

## Lakewood Schools

## Pumpkin Palooza 2018:

# A Re-Cap

#### by Elizabeth Halko

On October 27, 2018 over 100 high school volunteers and approximately 600 community members and creatively costumed children gathered at Lakewood High School for this year's annual Pumpkin Palooza, and it was nothing less than a sensational success.

The "Haunted Hallway" attraction proved to be one of the most popular of the already well loved event—a group of high school volunteers elaborately decorated one of our E-Wing hallways and dressed up in spooky costumes to create a scary-but-not-too-scary walkthrough experience that thrilled many young guests in attendance. In addition to this, a plethora of other attractions were available to guests as well, including a pumpkin carver cranking out oodles of fascinating pumpkin

carvings, an entire gymnasium full of games, concessions, a storyteller from Lakewood Public Library, face painter, a costume parade, and a large scale raffle of painted pumpkins with illustrations ranging from an alien to a glitter enveloped French flag. Not to mention that this was our first event to take place in the high school since the new building opened at the beginning of this year.

At the end of the day, though, the purpose of this event was not simply to provide a quality Halloween partyesque experience for our local kids, but to raise money for hunger relief in Lakewood. And we knocked that goal out of the park. This year Help To Others raised a total of \$3,875 from the event to donate to this cause with proceeds going to the Lakewood Charitable Assistance

## LHS Model UN Team Earns **Top Awards**

#### by Christine Gordillo

The Lakewood High School Model United Nations Club won multiple awards at the conference hosted by the Cleveland Council on World Affairs Nov. 7 & 8. Overall, the team finished 5th out of 16 teams. The club's leadership team of Co-Presidents Nick Cleary, Elizabeth Halko, and Sasha Seckers and Vice Presidents Aidan Bohac, Evan Bell and Tully Worron did a great job preparing the group.

The team won many awards:

## Harrison Students Enjoy Free Coats for All

#### by Christine Gordillo

Every Northeast Ohioan knows that the most important thing to get you through the long winters here is a warm coat (and a positive attitude!) Earlier this month, students at Harrison Elementary each won the winter lottery as Coats for Kids provided a new coat for each of the 369 students at the school.



junior Evan Bell won the Gavel as best delegate in his committee, senior Elizabeth Halko and junior Tulley Worron won the Superior Award as the best delegation in their committee; and senior Sasha Seckers and junior Aidan Bohac earned Honorable Mention. Sasha and Aidan also won a position paper award for best research in their committee. Club adviser Dr. Chuck Greanoff commended all club members for their hard work and for representing Lakewood High School with class and integrity.



The donation was made possible by a large donation from the Figgie Foundation. Harry E. Figgie, Jr., and his wife, Nancy Furst Figgie started the foundation to give back to the needy. The Figgies both attended Lakewood City Schools and Harry Figgie is in the District's Distinguished Alumni Hall of Fame. The Figgies' son, Matthew, before he died unexpectedly in September, had approached Coats for Kids about donating to a Lakewood school. Volunteers from Coats for Kids, iHeartMedia, and the clothing chain Altered State were on hand to help the students find the perfect size and color. Whether it was the jacket in Ohio State colors or the pretty lavender one, each child left with the coat picked out just for them.



Corporation and the Lakewood Community Services Center.

Of course, many thanks are in order as we could not do this event without the contributions of so many volunteers, local businesses, and Lakewood High School clubs/organizations. Along with the significant number of Help To Others volunteers who were fundamental in preparing for the event, making decorations and signs, recruiting, moving equipment, running games, and cleaning up, many volunteers from our high school clubs and organizations participated by running their own games and donating those delightfully painted pumpkins for the raffle. These organizations include French Club, German Club, the Early Childhood Education Program, Facing History and Ourselves, the National Honor Society, Barnstormers Drama Club, the Electrical Engineering Program, the Medical Office Management Program, the Business Management Program, multiple Lakewood High culinary classes, the Media Art and Design Program, the Ranger Hub, and the Lakewood Ranger Football team.

Endless thanks are also in order for the local businesses and organizations who generously sponsored the event including major sponsors Greg DeVor D.D.S., Lion and Blue, Kelly Payne (Realtor), the Lakewood Rangers Education Foundation, Paisley Monkey, and Erie DeSign. Other sponsors include Lakewood Firestone Tire Pros., Lakewood High School PTA, Dr. Allison Norris Chiropractic, Harter Dentistry, West End Pediatrics, Dimassa and Wenger Orthodontics, Garfield Middle School PTSA, the Campbell-Gordillo Family, and Roman Fountain.

To put it this way, my previous paragraph on the epic success of this event would not exist without all the time, energy, creativity, and funds provided by all of these people, so thank you again, and here's to another wildly wonderful Pumpkin Palooza!

Elizabeth Halko is a senior at Lakewood High School--she is very active in local politics, co-president of the LHS Model UN team, and is involved in Help To Others as a volunteer, a new member of the executive committee, and a middle school leader. She has also worked for State Representative Nickie Antonio as an intern, and intends to attend college with a Major in Political Science and Public Policy.



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Thank you to Coats for Kids and The Figgie Foundation for bringing such joy to Harrison!

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## Lakewood Schools



*Hyland High School Innovation Showdown winners from left: Wilson Reynolds, Bryce Mitchell, Damian Barto, and Hong Chen.* 

## West Shore Students Win Hyland Innovation Showdown

#### by Christine Gordillo

Congratulations Lakewood High School seniors Damian Barto, Hong Chen, Bryce Mitchell, and Wilson Reynolds, winners of the Hyland High School Innovation Showdown! Hyland Software sponsors the Innovation Showdown to encourage high school students interested in technology to use their creativity to come up with an innovative solution to a real-world problem and present a plan to market it.

Teams were comprised of four students who spent two Saturdays brainstorming with industry professionals on-site at Hyland Software and working independently at school. The winning team members are students in the West Shore Career-Tech Networking/Cisco program, led by teacher Dale Rerko.

Dubbed "Team Mitchell," the

West Shore team's idea focused on solving the problem of lack of clean water in Third World countries. The team designed an inexpensive filtering device that attaches to the end of a hose that is used to deliver filtered water. The team noted that water trucks provided by governments in places such as Somalia and Ethiopia are often unsanitary and hoses used are not clean, causing waterborne illnesses to its citizens. The Team Mitchell device would filter out 90 to 99% of the bacteria which cause the waterborne illnesses.

The team presented their winning idea in front of IT professionals, college professors, and IT students on November 10 at Hyland in Westlake. Each member of the team earned a \$500 scholarship and a smart drone for their winning concept.

## 2018 Reappraisal And House Bill 920 (HB 920) Explained And What Happens During The Reappraisal Process

#### continued from page 3

Schools) will see an increase in revenue as a result of the valuation changes.

In addition, HB 920 does not impact all levies; almost all millage approved in a city charter is exempt from House Bill 920. As property value rises, charter city taxes will also rise. A city council may decide whether it will levy all the millage allowed by its charter.

All the other voted millage after 1976 has their effective rate decreased in order to bring in the same amount of money. This is why school districts continually go back to the community for additional levies in order to raise additional dollars. The only way a school district can keep up with inflation is to ask the community to support additional operating dollars, which this Board did in May, 2013 in the amount of a 3.9 mill levy. percentage of your property taxes go to which governmental subdivisions. As of 2017 the current breakdown is as follows: Lakewood City School District –

60.58% Lakewood City - 16.75% Lakewood Library – 2.26% Cuyahoga County – 20.41% (This is further broken down as follows – County Executive–65.60%, Metroparks- 12.84%, Tri-C – 21.02%, Port Authority .54%)

These percentages will also change once the 2018 valuations have been finalized.

## District Teams With Kids' Book Bank With Bin At LHS

#### by Christine Gordillo

Gently used children's books that might have been thrown out will now have a second life thanks to the Lakewood Schools' new partnership with the Cleveland Kids' Book Bank.

The Kids' Book Bank has provided a large steel bin for the collection of children's books from the community. The bin is located in front of the Lakewood High School cafeteria at the east end of the building.

"We distribute tens of thousands of books every month and the books the District collects are much needed," said Judy Payne, cofounder and executive director of the Cleveland Kids' Book Bank. "We are so grateful Lakewood Schools jumped on board with this idea without hesitation."

The idea of the partnership is that the school district hosts the bin, the community donates gently used children's books, and volunteers from Help to Others (H2O) empty the bins, box the books, and deliver them to the Kids' Book Bank, which then gets them to kids in need through their network of partner organizations. "Not only do the disadvantaged kids who receive the books benefit, but there is also a great service learning opportunity here for students who participate," said Payne.

Added Teaching and Learning Coordinator Christine Foote, who helped facilitate the partnership: "The District is excited to partner with the Cleveland Kids' Book Bank as a way to give back to the organization and to the community. Lakewood students recently benefited from the generosity of the United Way and the Cleveland Kids' Book Bank with the creation of the Harrison Reading Room. The book bin located at Lakewood High School will offer everyone in our community the chance to keep this gift of reading alive with children in Cuyahoga County."

#### Why Books Matter

• Studies show that being read to as a child and having books in the home are the two most important indicators of future academic success.

• Two-thirds of low-income families do not own a single children's book.

• Early access to books is critical, and the Kids' Book Bank gets books into the hands of children through:

• WIC (Women, Infants and Children) where mothers of 18,000 children ages 5 and younger receive books when they meet with WIC nutrition counselors.

• 60,000 students in grades K-8 in the Cleveland Metropolitan School District and seven other districts.

• pediatricians, schools, tutors, churches, libraries, food pantries, and more.

To learn more about the Kids' Book Bank, visit www.kidsbookbank.org.



Lastly, it is important to know what

Thank you for your committment and continued support for the children of Lakewood and the schools that serve them.

If you have any questions please feel free to contact Kent Zeman, CFO/ Treasurer, Lakewood City School District, email - kent.zeman@lakewoodcityschools.org; or phone 216-529-4096.

Some the LHS students and H2O volunteers that will help collect books from the bin and sort them are (from left): Olivia Vuyancih, Kim Banak, Nikoy Norris, and Alvin Musai.



## **LIGHT UP LAKEWOOD 2018**

## A Beginner's Guide To **Attending Light Up Lakewood 2018**

#### by Matt Bixenstine

Greetings, first-time Light Up Lakewood attendee. You're in for a real treat.

Don't be surprised if your enthusiasm upon reaching Detroit Avenue nears Buddy The Elf levels. Light Up Lakewood - a fun-filled fixture within Lakewood's downtown district - represents one of the pre-eminent holiday events in Northeast Ohio. If it's not the most wonderful time of the year, it comes awfully close.

But before you join 20,000 of your closest friends at LakewoodAlive's dazzling community festival on December 1, there are some things you should know. Consider this cheat sheet a gift to be unwrapped prior to the first Saturday in December. Here's your beginner's guide to attending Light Up Lakewood 2018 sponsored by First Federal Lakewood.

#### Who to Bring

Light Up Lakewood is familyfriendly and open to everyone - all kids from 1 to 92 (and older, for that matter). So bring your spouse, grandparent, child, sibling, uncle, friend, insurance agent, mail carrier and cousin twice removed. Since Light Up Lakewood has a large regional draw, it's worthwhile to invite your out-of-town friends to come experience the City of



#### Lakewood and this festive occasion. Cost

#### Free to attend!

#### **Arrival Time**

So much merriment to spread, so little time. Light Up Lakewood represents a day-long celebration that starts with Lunch with Santa at Dewey's Pizza at 11 a.m. and doesn't end until the music stops playing at 8 p.m. Guests are welcome to attend everything or stick with the main festivities taking place between 4 and 8 p.m. Visit LakewoodAlive.org/LightUpLakewood ahead of time to plan which events you wish to attend.



#### Parking

The City of Lakewood's municipal parking lots are free on weekends. With thousands of Light Up Lakewood attendees anticipated, however, parking spots near Downtown Lakewood will be in high-demand. Thankfully, Lakewood has numerous side streets in close proximity offering free, convenient street parking. It's important to note that motorized traffic on Detroit Avenue between Arthur and Marlowe will be closed on December 1 starting at 3 p.m. Provided the weather cooperates, walking or biking to Light Up Lakewood also represent fine transportation options.

#### Staying Warm

If Light Up Lakewood 2018 proves to be wintry, there are various strategies at your disposable for staying warm as you partake in the spirit of the season. Head indoors at the Holiday Market located within the Lakewood Masonic Temple, or take in a performance at Lakewood Baptist Church or Lakewood Public Library. For those who opt to stay outdoors, several free hot chocolate stands will be available. Social Media

LakewoodAlive will be posting to DJs its Facebook, Twitter and Instagram Ice Carvings accounts throughout the duration Live Huskies of Light Up Lakewood. Guests are Face Cut-Out Photos encouraged to use hashtag #LightU-Face Painting pLakewood for their own social media. Green Screen Photo Booth Don't be afraid to go live on Facebook during the Holiday Parade, Lighting continued on page 9

Ceremony and Fireworks Show. In With the New

There will be three festive new features at Light Up Lakewood 2018: 1. The Roundstone Beer Garden, 2. The Holiday Market at the Lakewood Masonic Temple, 3. The Holiday Train sponsored by Laskey Costello, LLC and Paisley Monkey. Visit LakewoodAlive. org/LightUpLakewood to learn more. Food

Be sure to bring your appetite with you to Light Up Lakewood. The many terrific restaurants and eateries contained within the event footprint will be open for business throughout the festivities. Additionally, a collection of food trucks will be on-site along Detroit Avenue.

#### Entertainment

There's truly something for everyone at Light Up Lakewood 2018.

#### Schedule of Events:

11 am - 1 pm - Lunch with Santa at Dewey's Pizza

11 am - 4 pm - Ongoing performances at Lakewood Baptist Church

12 – 3 pm – Santa visits Lakewood **Baptist Church** 

3 pm – King and Queen Ceremony at Plantation Home

4 pm – Festival Kickoff with The Roundstone Beer Garden and the Holiday Market at the Lakewood Masonic Temple

5 pm – Start of Parade at Manor Park and Detroit Avenues, headed westbound on Detroit

5:30 - 8 pm - Ongoing performances at Lakewood Public Library

5:30 - 8:30 pm - Santa visits Lakewood Public Library

6:30 pm – Lighting Ceremony at Main Stage at City Center Park

7 pm – Fireworks Show sponsored by First Federal Lakewood

#### Other Entertainment/Activities:

Cleveland Metroparks Nature-Tracks





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## **LIGHT UP LAKEWOOD 2018** Beer Garden, Holiday Market Highlight New Features At Light Up Lakewood 2018

#### continued from page 1

capacity permits. Children under 12 may enter The Roundstone Beer Garden provided they are accompanied by an adult aged 21+.

Additionally, Light Up Lakewood 2018 will feature the introduction of the Holiday Market at the historic Lakewood Masonic Temple. Replacing Vendor Village, the Holiday Market will showcase goods from a wide array of local artists and entrepreneurs, offering visitors a prime opportunity to jumpstart their holiday shopping. Also new this year is the addition of the Light Up Lakewood Holiday Train sponsored by Laskey Costello, LLC and Paisley Monkey. This beautifully restored classic trackless train will run along Detroit Avenue between Belle and Arthur (depot located at St. Charles), allowing riders to experience the festival from a unique streetscape perspective for a cost of just \$1 per ride.

"We are excited to blend the longheld traditions of Light Up Lakewood with these new guest offerings," said Ian Andrews, Executive Director of LakewoodAlive. "The addition of The Roundstone Beer Garden, the Holiday Market and the Holiday Train enable us to expand the appeal of Light Up Lakewood, while at the same time maintaining the festive, family-friendly nature of our signature community event. We are grateful to Roundstone Insurance and the Lakewood Masonic Temple for helping to make The Roundstone Beer Garden and the Holiday Market possible."

Sponsored by First Federal Lakewood, Light Up Lakewood cel-

#### continued from page 8

Hot Chocolate Ice Bowling Kids Games Life-Sized Games Live music provided by bands and choirs Ohio Mobile Gaming Truck Pedi Cab Rides Train Rides

#### Taking in the Parade

The Holiday Parade will step off from Manor Park at 5 p.m. and proceed west on Detroit Avenue, ending in front of Lakewood Public Library. It's recommended to find your paradeviewing spot early and to consider bringing a lawn chair if you think you'll be more comfortable sitting down. Many merchant window fronts on Detroit Avenue also provide prime indoor vantage points.

#### Enjoying the Lighting Ceremony

Year in and year out, the Lighting Ceremony represents one of the highlights of Light Up Lakewood. The Main Stage serving as the site of the Lighting Ceremony will be at City Center Park in front of the Marc's Shopping Plaza near the intersection of Detroit and Cook Avenues. Arrive there early to secure that photo-worthy view.

#### Watching the Fireworks Show

The fireworks will be set off from behind Lakewood Center North (the same as in past years). Following the end of the Lighting Ceremony, there will be a short break to allow attendees time to find their perfect vantage point for enjoying the fireworks. Recommended viewing spots include: 1. From the south side of Detroit Avenue in the areas west of Rozi's Wine House or 2. From the City's municipal parking lots located behind Geiger's/Melt Bar & Grilled, behind Deagan's/First Federal Lakewood and behind Rozi's Wine House.

For more information regarding Light Up Lakewood 2018, please visit LakewoodAlive.org/LightUpLakewood. ebrates the season and the richness of Lakewood's vibrancy. This freeto-attend, family-friendly event in Downtown Lakewood features a holiday parade, lighting ceremony, winter fireworks, live music, ice carvings, hot chocolate, food trucks, children's games and more.

Light Up Lakewood serves as one of Northeast Ohio's largest holiday celebrations, drawing an estimated 20,000 guests each December. Highlights include the ever-popular Holiday Parade, which commences at Manor Park Avenue at 5 p.m. and ends in front of Lakewood Public Library, live entertainment provided by bands and choirs, the Lighting Ceremony at 6:30 p.m. at City Center Park and a can'tmiss fireworks show at 7 p.m. over the rooftops of Downtown Lakewood.

For more information, please visit LakewoodAlive.org/LightUpLakewood.





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## **Lakewood Cares**

## **Opioids:** Winners And Losers In The Crackdown On Prescribing

#### by Lise Stevens

"First do no harm." Those are the first four words of the Hippocratic Oath. So, what is the role of physicians in providing vs. withholding opioid medications for patients with chronic pain? And what about the burgeoning opioid epidemic?

These were some of the topics discussed at the public policy forum "Chronic Pain in the Post-Opioid Era" held at Lakewood Library this past Thursday. The presentation was moderated by Plain Dealer reporter Brie Zeltner, who has written extensively on the opioid crisis in Northeast Ohio. She was joined by panelists Dr. Adam Hedaya, Founder, Cleveland Pain Care; Dr. Theodore Parran Jr., Co-Medical Director and Educator, Rosary Hall, St. Vincent Charity Medical Center and CWRU School of Medicine; and patient Larry Herbert, who has struggled to manage chronic pain triggered by serious and ongoing medical issues.

We've seen the shocking images – the body bags, law enforcement officers falling ill from exposure to potent synthetic drugs, the hand-wringing parents mourning the loss of daughters and sons whose lives were wrenched away by addiction. Since the early 90s, the ravages of the opioid epidemic have been reflected in ever-climbing numbers of fatalities and new cases of addiction. According to preliminary U.S. data released by the CDC, 72,000 people died of drug overdoses in 2017 alone – a 7 percent jump from 2016. Another 22 million men, women and children in this country are locked in the deadly grip of opioid addiction.

But what are killer drugs for some are vital, life-improving agents for others. People with pain due to chronic diseases that can't be cured and those with serious injuries, multiple surgeries or other medical conditions rely on pain medications to improve their quality of life. These patients – dubbed "legacy patients" – face terrible challenges when their prescribing physicians move away, fall under scrutiny for dispensing pain drugs or whose practices are shut down all together.

Dr. Hedaya traces the origins of the opioid crisis to post-surgery prescribing of powerful, synthetic and highly-addictive opiates such as Dilaudid. Although the pain-numbing effects typically last four to six hours, the doctor explained, physicians were trained to provide post-operative patients with Dilaudid every two hours, causing them to develop tolerance to the drug and requiring exponentially higher doses to obtain pain relief.

"Adding opiates is impairing a person's ability to regulate pain stimuli within their body," Dr. Hedaya commented. He also commented that addiction is not merely a physical state,

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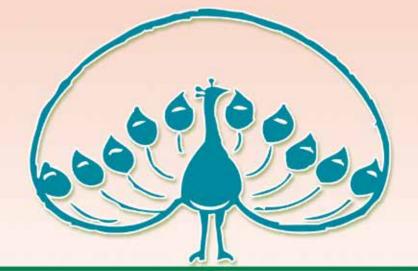
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but rather a confluence of neurobiological and physiological processes. Patient's pain should be managed by professionals with a deep knowledge of these processes, and not by primary care providers, he opined.

Mr. Herbert, who has undergone 70 surgeries and suffered from complex orthopedic issues spanning 12 years, provided a stark example of the challenges patients face in the post-opioid era. The morphine and oxycodone his physician prescribed provided Mr. Herbert with vital relief from his severe and ongoing pain; however, when the practice was shut down, the patient was suddenly cut off from his medication lifeline. Fearing repercussions from prescribing potent pain drugs to a long-term user spooked potential providers; one after another refused to treat Mr. Herbert, who subsequently underwent the agony of non-medically supervised and sudden withdrawal from his pain medications.

Current medical guidelines recommend decreasing pain medication doses gradually over days and even weeks to prevent patients from developing serious symptoms such as anxiety, insomnia, hot and cold sweats, abdominal cramping, nausea, vomiting and diarrhea, among others. These sideeffects can last for weeks in patients whose medication is abruptly cut off. "Legacy patients are not addicts," Mr. Herbert told the audience. "There are people who will get no relief [from their pain] other than by an opiate medication."

Dr. Parran, who has been treating patients with alcohol and drug addiction since the 80s and co-directs detoxification and addiction treatment at St. Vincent Charity Medical Center's Rosary Hall, commented on the alarming rise in patients in need of substance use treatment; Rosary Hall went from treating an average five patients a month in the 90s to a staggering five a day in the current tsunami of opioid addiction. This fact, however, is not an indication that the number of U.S. substance users is growing.

"If you take 100 people and give them all opiates, 10 will develop addiction," Dr. Parran stated. "But the same is true of beer," (i.e., on average, one in ten beer imbibers will develop a drinking problem). He said that this 10 percent rate of addiction has held steady for more than 70 years, since men returned from WWII battlefields and women were more apt to drink. Dr. Parran compares addiction to the insatiable blood-sucking of plant Audrey II in the film "Little Shop of Horrors," and to the character Gollum in J.R.R. Tolkien's "Lord of the Rings." "The ring took over every meaningful relationship in his life." The problem with today's addiction, he explained, is the substance that is being used, noting that 30 or 40 years ago less lethal substances such as marijuana and alcohol were the drugs of choice.

the brain," Dr. Parran explained. "People have major withdrawal...it makes people feel like they are literally dying. It takes months, even years for the brain to recalibrate to the place it was before the opioids."

In closing, Dr. Hedaya called on "the addiction and psychiatric community to rise to the occasion" by upping the number of patients they treat and sharply curbing the prescribing of opioids. Mr. Herbert, ever the patient advocate, rejoined, "People do not deserve to be taken off their meds if they are doing well on them." He added, "People are being seriously hurt, committing suicide."

The forum was co-sponsored by the Case Western Reserve University Siegal Lifelong Learning Program, the League of Women Voters-Greater Cleveland, Cleveland.com and The Plain Dealer, and Lakewood Public Library; the Corporate sponsor was First Interstate Properties, Ltd.

Lise Millay Stevens has been a writer and editor in the health care field for more than 25 years with experience gained as a deputy director in the communications bureau of the New York City Department of Health, a senior press associate and managing editor with the American Medical Association. She moved from NYC to Lakewood in 2012 to care for her mom, who recently rejoined the angels. She lives in the home she has co-owned since 1992; her only child has whiskers, is furry and fourlegged, and provides sunshine, love and laughs on a daily basis.

## Rotary Seeks Grant Applications

#### by Lynn Donaldson

The Rotary Club of Lakewood and Rocky River is seeking grant applications from non-profit organizations that serve our youth and community within Lakewood and Rocky River.

Grants requests can be for seed money for new endeavors, or to grow, enhance or sustain existing programs. Applications should emphasize activities that focus on job training, youth leadership, and health and hunger services. Organizations are not limited to the number of applications they may submit.

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"Opioids have a massive effect on

Each year, the Rotary club, through its foundation, gives back to the community over \$60,000 in grants, scholarships, and financial aid.

Additional information and the grant application form can be accessed on the club's website, www.lakewood-rockyriverrotary.org.

Grant applications must be submitted by November 23, 2018, to Todd Lessig, Rotary Club of Lakewood and Rocky River, PO Box 770916, Lakewood, OH 44107.

## Lakewood Is Art



Charpentier's Midnight Mass offers contemplative and celebratory music for the Christmas Season with Les Délices & Quire Cleveland

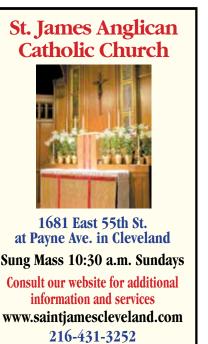
#### by Carol Lee Lott

Acclaimed early music ensemble Les Délices (Debra Nagy, director) and Northeast Ohio's premiere chamber choir Quire Cleveland (Jay White, artistic director) will bring Lakewood residents a musical alternative for the holiday with a performance of Charpentier's Midnight Mass on Saturday, December 22 at 8pm at Lakewood Congregational Church (1375 W Clifton Blvd, Lakewood).

French carols, known as noels, are at the core of this beautiful and jubilant concert led by guest con-

ductor Eric Milnes. In addition to Charpentier's beloved Midnight Mass, Quire & Les Délices will present Charpentier's rarely-heard Dialogue between the Angels and the Shepherds highlighting vocal soloists drawn from the choir. Les Délices' expanded ensemble of oboes, recorders, bassoon, and strings will perform brilliantly virtuosic variations on noels by Michel Corrette and Quire will also offer a selection of joyous carols performed a cappella.

Single Tickets (\$25-\$35 advanced sales, \$30 at the door) are available at www.lesdelices.org or by calling (216)302-8404. Student and Senior Tickets available at the door.





## **GALLERY LIFE**

## Bear Soul Studio: New Business On Madison Ave

by Lisa Owen

If you're traveling down Madison Avenue you'll find a treasure, tucked in between La La's Custom Cakes and Holistic Lakewood, it's my new store, called Bear Soul Studio. It's a store that is truly a unique experience: A combination of a rock shop, art studio and spiritual healing arts. I wanted to create a unique place to share my gifts in the Lakewood area.

I transplanted to Lakewood 9 years ago and fell in love with the charming beauty of the city. I've been in business for over 25 years, with 20 of those traveling with my gemstones, artworks and psychic sessions to cities all over the country. These travels have allowed me to study and learn from elders of the Native American traditions, European Nature Craft, the Wise Women and Afro Cuban religions. I was raised Christian, but found the answers to my questions after my near-death experiences only from learning with these elders.

During this time my elders gave



Bear Soul Studio 15219 Madison Ave. 440-319-2318me permission to work with the Medicinecine of the Bear. This medicine is tohelp people heal themselves, to restoreharmony and to live a good, whole lifein balance. So, Bear Soul Studio wasborn, finding a landing spot/storefrontat 15219 Madison Avenue in Lakewood.

In my store you will find gemstones, jewelry, gifts, beads, and my artworks (paintings, sculptures and ancestor dolls). This is the largest collection of semi-precious gemstones in the Cleveland area, exotic, rare and some common, but all these treasures are unique. If you're a rock collector or a person who uses stones to heal this is a great place to find an unusual gift or help yourself sleep better. I have the ability to pair people with the right stone even if they know nothing about stone healing properties. Like herbs for healing, such as green tea, St. John's wart, and Echinacea, stones also come from the earth to heal.



Amethyst is good for bad dreams, worrying and addictive tendencies. Clear Quartz has been used in the scientific field for decades because of its ability to regulate a precise frequency standard with accuracy. It can be used to help a person by that same idea: regulating the body or amplifying the frequency to bring clarity of mind. Shungite is a very

> powerful stone that is said to be a "miracle stone" and/or "the stone of life." Known for its incredible healing and protection properties, Shungite is fossilized carbon dating back to

the formation of the planet. It's suggested that it's great to place in your water to eliminate toxins and placed around yourself to eliminate the effect of EMF's (cell phones, computers, and other electronics).

I teach classes on stones, meditation within Art techniques, healing modalities, psychic development, soul evolution and shamanism. I also have other services available in the store; Jason England with Rune readings & shaman energy healings, Danielle England with Tarot readings, Joy Marie Wedmedyk with Shaman classes & stone readings, and Lillith Three-Feathers with Shaman classes & soul path reading. Classes coming up in the New Year will bring Shaman dreaming classes, Rune workshops, Message Circles, Spirit Art and Psychic Fairs.





Singing Bowl and Buddha Meditation Malas

Come in to experience the wide array of possibilities to bring new ener-

gies into your life, home, and workplace this holiday season. Namaste'.

Bear Soul Studio, 15219 Madison Ave. Lakewood, OH 440-319-2318. Bear Soul Studio 15219 Madison Ave. Lakewood OH 440-319-2318

## **Business News**

## Lakewood's New Chaos Coordinator

#### by Heather Tunstall

There's a new business in town that exists for one main reason: to reduce your stress. Lakewoodite Ashley Ciresi is a luxury productivity consultant, offering her services to help organize life's "stuff" so that her customers can have more time to do what matters most to them.

Ciresi creates systems and organization so that your pantry, your kitchen, your agenda, your whatever, is functioning in a stress-free, easy way. It's not a professional cleaning service—it's what she calls chaos coordination.

"Basically, I take stress out of your life," she says. "You tell me what you dislike about your space, your house, and your routine, and I come in and make it pretty, peaceful and stress-free. I offer a high-end, luxury service for organization—I'm a systems girl, so I create things that work for you."

As the go-to woman in professional office settings for almost 15 years, Ciresi has the background to live up to that claim. She has worked closely with doctors, law enforcement and attorneys on vital tasks to keep them on track and organized, so she is accustomed to highvolume workloads and tight deadlines. She has more than five years of experience as a paralegal, including for a high-profile national case.

Customers have already started



Meet Ashley Ciresi, Lakewood's new chaos coordinator.

## using Ciresi's services, and are seeing immediate benefits.

"As a business owner operating from a home office, it can be quite difficult at times to keep both spaces up and running as efficiently as I would like," says Holly Mueller,



Staff members participate in a session on Trauma and Behavior.

## District Holds Day Devoted To Professional Development

#### by Christine Gordillo

While Lakewood City Schools students enjoyed a day off of school on November 6, the entire staff was hard at work striving to improve their knowledge and skills whether they be for the classroom, the office or any other area that supports our students.

Each year the District sets aside two full days, in addition to ongoing opportunities throughout the year, devoted to professional development. The PD day had an offering of 36 morning sessions for staff members to select which lasted either 90 or 180 minutes. The classes are led by teachers, administrators and classified staff members with the topics chosen by recommendations from the staff or proposed by the presenter. worked at their buildings in grade-level, department or building-wide sessions. According to a staff survey, 98% of participants found the day very satisfactory, satisfactory or somewhat satisfactory.

Lakewood High School teacher Lisa Shaffer-Gill was grateful for the opportunity. "Our professional development needs between levels, subjects and buildings can vary a lot. Being able to tailor our PD to our specific classroom and student needs makes the experience more relevant. As teachers we know that meeting students where they are is critically important. The same is true for adult learners. We had a lot of options at our most recent PD, and good feedback about a productive day." owner of Holly M Communications and a customer of Ciresi's. "For me, time is money, and my business always takes priority over managing my home responsibilities. Ashley Ciresi has helped me organize both my home and office space into a seamless, effective environment that keeps important documents and tasks top-of-mind and easy to complete, and she's created a space that is much easier to keep clean and livable. I would consider her my office manager and lifestyle organizer. She truly is a lifesaver."

Ciresi's services are adaptable to business owners, parents, or anyone

who has too much to do and too little time to do it. The systems she puts into place are designed to be long-term solutions, rather than short-term fixes.

"Ashley's efficiency, professionalism and enhanced ability to 'get it done' has been vital to my administrative needs as I'm growing my business," says Megan Duniec, President and CEO of Chief Marketing Consultant, LLC. "She accepts every responsibility with open arms and requires very little explanation from my side, which in turn increases my productivity relative to my workload. A win-win!"

Her decision to start her business stems from not only professional experience, but also an innate desire to organize and create functional spaces and processes.

"For as long as I can remember, I have had a very Type A personality," she says. "I have learned over the years that many people don't operate like that, and that is totally fine. It's literally the reason my idea came to life — to help the overwhelmed, successful woman. I love creating solutions to problems. I love helping people and minimizing their chaos."

As a mom of three young children, Ciresi knows what it's like to need process and organization to keep the wheels turning. She keeps things simple for her customers by offering package pricing, which includes things like container purchasing, travel time and on-site services, so there are no extra surprise fees.

Visit www.ashleyciresi.com for more information, or to get in touch with Ciresi.

Heather Tunstall is a writer, content marketer, mother, wife, entrepreneur, and lover of all things Lakewood and Cleveland.



Some examples of sessions that were offered were:

Mental Health First Aid Social Media for Educators

Celebrating Lakewood's Cultural Diversity

Perfectionism of Gifted Students

Understanding & Managing

#### Trauma in the Classroom

Math Techbook Collaboration Google Drive and Apps In the afternoon, staff members

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## **FOODWOOD** <sup>©</sup> Rood, Food And Pie There's a New Kid In Town On The Avenue

by Eva Starr

Madison Avenue, make room for Rood Food and Pie, Lakewood's newest addition to the west-end of Madison Avenue, located on the corner of Atkins at 17001 Madison.

Since I live on Atkins and walk around town a lot weather permitting, I kept wondering what's going into this corner building covered with stark white paper with a sign that says Rood. I stopped into a shop across the street-- The Good Goat Gallery-- and inquired, what's happening across the street? Nancy Cintron, owner of the Goat, told me a restaurant was opening in the spring. I never saw any action going on and thought hmm, they must be secretly working in the middle of the night into the wee hours of the morning.

Now that fall is here, and winter is hurriedly knocking on autumn's door, Rood Food and Pie is finally open. I strolled down the street the other night to explore this longawaited mystery restaurant. It was a brisk night and I was pleasantly beckoned into the alluring warmth of the back room and seated at a table. Looking at the brick wall, a few radiators, and warmly lit lamps that reminded me of a beehive, I immediately felt warm and cozy.

Looking over the wine list I went straight for the top gun of the reds, a McManis Cabernet. I chat with Jasmine, the server and let her know I want to relax a bit and take the chill



Reindeer Moss in the front dining room.

off, but I won't be leaving until I try some pie.

After walking around exploring the place and checking out the décor, it feels like John Travolta meets Michael J. Fox, in a "Grease" welcomes "Back to the Future" sort of way. It has a cohesiveness about it and you have the sense Divine Order had its hand in the mix.

The owner, Brian Ruthsatz, a former Clevelander, who spent some time in Austin and most recently Chicago, returns home to follow a dream. Ruthsatz, an art enthusiast has taken several trips to Amsterdam. On a recent trip with his daughter, looking for the missing piece to the



puzzle they stumbled upon a place with the word Rood, which means red in Dutch. The rest is history-- the word just fit.

Upon walking into the entrance of Rood, you see a 1950's Shasta Camper with windows that serve as a walk-up bar where you can order a variety of hand-crafted cocktails,

The front dining room wall adorned with live reindeer moss, amongst stone pavers adds to the uniqueness. A neon pink flamingo, a movie-style marquee and some of Ruthsatz's personal art covers the walls. а

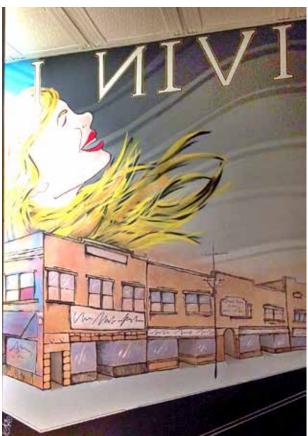
beer and wine.

Being a chef myself, I can be a tough critic in the culinary world. Chef Mark Wilson and Ruthsatz have the distinctive menu, offering novelty items along with familiar standbys created with a twist. Fresh baked curry and cardamom rolls, a build your own slider selection, chicken, BBQ, yucca chips and vegan options are just a few delectables you'll find on the menu.

Rood's mission is art centric, social and food that is GOOD! Ruthsatz envisions a communal type atmosphere akin to Italy where people can come to gather, laugh, talk and eat while enjoying some local culture.

Now the moment I've been waiting for, pie please! I went for the Salt & Honey pie. A culinary delight composed of rich custard, wildflower honey, Maldon flake sea salt and served with a vial of bee pollen to sprinkle on top of your pie. I was in Heaven, no doubt about it. You can't go wrong, even if you go there just for the pie.

Rood Food & Pie is open Mon-Thurs 4:30pm-10pm, Fri-Sat 11:30am-11pm and closed Sundays. 17001 Madison Ave. 216-712-4506



Bar and server station in the front dining room.

## Lakewood, No It's Foodwood!

#### by Jim O'Bryan

We are inviting everyone to send in suggestions of their favorite places in and around Lakewood, and even write some reviews yourself. All will make it to our new Foodwood section on the website, but if we publish your review in the LO Print edition, we will pay for that meal, and you will get two Lakewood/Foodwood T-Shirts. How is that for a deal!

To submit a review online, go to the

Member Center section of the Lakewood Observer website, sign-in, click on "Submit New Story," and make sure you choose "Foodwood" as the category for where your story should be.

Thank you to all and thank you to every owner, cook, server and busser.

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	2 Items	\$8.00	\$10.00	\$13.00	\$15.00
Monday - Saturday	3 Items	\$8.50	\$10.75	\$14.00	\$16.50
4pm - 3:30am	4 Items	\$9.00	\$11.50	\$15.00	\$18.00
Deliveries until 3:15am	Deluxe	\$9.50	\$12.25	\$16.00	\$19.50
Sunday	Extra Items	\$0.50	\$0.75	\$1.00	\$1.50
Sunday	Ext. Cheese/Spec. To		\$2.00	\$2.50	\$3.50
<b>2pm - 1:30am</b> Deliveries until 1:15am		Garlic, Black, Oli	e, Mushrooms, Onic ives, Hot Peppers, G S: Artichoke Hearts	Fround Meat, Pine	eapple, Jalapeño

A FICTION FAE

## Lakewood Living

## The Rockport Miracles Part 3-Episode 1: "The Past Is Prologue"

Fiction by Scott MacGregor

The earth is in charge. It's under attack by elite sectors of humankind infected with arrogance and greed. They plunder the planet's most precious resources with depraved indifference. They crap into the waters we drink. They poison the air that we breathe. Sooner or later a breaking point will be reached and the earth will revolt. When the earth revolts, the earth will win. Why will the earth win? The earth...is in charge.

Those were just a few nuggets of Lester Brown's foreboding wisdom told to me in the storeroom of his camera shop. We were waiting out the second vicious storm to hit Rockport within 24 hours. Trapped like a raccoon in a dumpster, I became a captive audience to Lester's downsplatting opinions of mankind's "during a storm- tossed night in 1939, his laboratory was blown to kingdom come." Still whispering he added, "His body was never found and the cause of the explosion was never revealed. Rumors flew that he'd been experimenting with a new kind of energy source inspired by...(gulp)...Tesla."

"Why are you whispering?" I asked, "It's just us and Jesus in here, for chrissakes." Lester gave me a stern look and barked, "Shut up and learn something!"

According to Lester, Roycroft still holds over 40 patents and had worked with heavy hitters like Edison, Westinghouse, and (gulp) Tesla. At some point he and Tesla had a falling out but Roycroft continued to work on what he believed would be his crowning scientific achievement. Then, on the dark and stormy night of September



quest to destroy itself. His mordant views of the world formed the prologue of a larger tale from Rockport's past about a mad scientist named Roycroft.

In a whispering voice he said, "Arthur Roycroft was an engineering genius--but like many men of his ilk, he had a dark side." According to Lester, Roycroft had built a laboratory on the town's lakefront cliffs where he conducted mysterious research from 1920 until 1939. "And then," he whispered, 29, 1939, an explosion that was heard as far away as Sandusky destroyed Roycroft's laboratory. When the authorities moved in investito gate the only thing left was a large smoldering hole in the ground. The land which on

the laboratory stood is today a quiet wooded lot still owned by the Roycroft family.

Just then, we sensed the Armageddon noises from outside were diminishing, a signal that the storm was beginning to pass. "Are any of Roycroft's descendants still living in Rockport?" I asked. Lester stood up and stretched. "There was a child--a son, in fact," he said with a yawn. "He still lives around here--I'm sure you know him." I scratched my head a n d answered, "I don't know any Roycrofts' in this town." Lesreplied ter with a chor-"That's tle, because you kids know him only by his first name." I scratched my head again and face. then my "Who??" I asked, "who are you talking about??"

Lester smiled and

said, "His name is Kenny, but you punks have assigned him a cruel little nickname--am I right?" My jaw dropped in disbelief. "You...you don't mean.."Crazy Kenny?" Lester began laughing like Dr. Frankenstein and blurted out, "Crazy? Ha!---Crazy like a fox!"

e

The storm was over so we opened the storeroom door and walked out into the showroom. It was safe to assume that Rockport Camera would not be open for business that day. The store's lone Hasselblad camera was the only thing still standing because the heavy duty tripod it was mounted on had been bolted to the floor. Lester was stunned and made hamster sounds as he surveyed the damage all around him. His shelve inventory, display cases, lights, etc. were all gone with the wind. Crestfallen, he wrapped his arms around the tripod, laid his clammy forehead against the Hasselblad and began to weep softly, "Y'know, this is the camera they took to the moon," he cried. (Even in a grievous state, he couldn't pass up a teaching moment). "It's asymmetrical Zeiss lens has a cemented optical group on each side of the diaphragm ... " At that point, I interrupted him. "LESTER, Lester, I'm really sorry for all this but I have to go. I'm worried about my parents and I still haven't found my friend, Wren." As I started to climb over the debris blocking the front exit, Lester abruptly stopped his sobbing and said, "Wren?...you mean Wren Mathews?" I whirled around like the Three Stooges at the sound of 'Niagra Falls'. "Yes--Wren Mathews! Do you know her?" Lester instantly composed himself, pulled a handkerchief from the hip pocket of his sans-a-belt slacks, and started polishing his eyeglasses. "Of course, I know her," he said in an oddly authoritative voice, "May I ask why you are looking for her?" Incredulous, I puffed my cheeks and starting tucking my shirt in. "Because I LOVE HER!" I exclaimed. "Because she's the most amazing, the most incredible, the most

beautiful thing on two legs in Rockport--WHERE THE HELL IS SHE?!"

"WellIII," said Lester, "It's not my place to say. I helped someone sanctuary-ize Wren and her mother last night. Their neighbors went, shall we say, 'a little kooky in the kielbasa' and tried to destroy their home with them still in it. Wren called the police and then called us." Putting his glasses back on, he added, "...and I'm not at liberty to say where they are."

By that point, I was so worked up that my mouth was turning itself inside out. "Sanctuary-ized her? That's not a word! Tell me where she is, I've got to find her!"

Lester did another 360 of his wrecked camera store and said, "Hmmmm, so you'll help me put the store back together, right?" I hemmed and hawed but finally said, "Yes...yes I'll help you," Then, he said, "...and you'll do it for nothing, right?" By that point my brain's bladder was so full I had no choice but to agree. "Yes, yes, God help me, yes," I said. Lester stuffed the handkerchief into his shirt pocket like a hunk of lettuce and said, "Well, I don't really know where she is, but I know who does."

He then paused a few seconds for dramatic effect and finally said, 'Talk to Father Marlowe."



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# Lakewood Living

## Young Visitor Makes Impact On Zimbabwe Students

#### by Laura Jaissle

Seeing a 10-year-old American girl giving an orphaned toddler a piggyback ride at the United Methodist Fairfield Children's Home moved many to tears.

Mikavla Jaissle decided she wanted to accompany her mother, the Rev. Laura Jaissle, when she traveled to Zimbabwe to build and strengthen relations between United Methodist ministries in the African country and the East Ohio Conference.

Mikayla raised her own money for the trip. She spent time at the Old Mutare Mission at the Fairfield Children's Home - an orphanage - and Hartzell Primary School. Her time there endeared her to the children at Old Mutare Mission, a United Methodist mission that has operated since 1899.

"Mikayla wanted to accompany me, so instead of gifts for her birthday she asked people to give for her trip to Africa University and the neighboring Old Mutare Mission. She was supported by her classmates, Girl Scouts, soccer team, friends and our church," said Jaissle, pastor of Lakewood United Methodist Church.

Mikayla spent a day volunteering at Fairfield, where she babysat and played with the children.

Fourth-grade pupils at Hartzell Primary School met and interacted with Mikayla, who spent the next two days in class with them. She created quite a stir at the school as everyone wanted to become her "best friends."

Teacher Nicholas Chidzikwe, who has been at the school for 17 years, said she was the first visitor his class ever had who attended school and participated in all the activities in his class. He had the opportunity to mark some of the work written by Mikayla during class.

"I learned a lot from her, especially on the second day, when she wanted to take photos of the class. She organized everyone into position and even told me where to stand. I was amazed at the way she organized us," Chidzikwe said.

"The pupils were all excited by her presence, and they shared wonderful moments together. She also helped sweep the class. Mikayla is just good," he said.

Mikayla found the school different from her own.

"The way they organize their fourth grade is different, and they have very large classes with about 50 children. Each level has four classes, so there are around 1,400 kids at Hartzell Primary."

Mikayla said the children were better behaved than the children back at her school in Lakewood, Ohio.

"They are very polite and stand up to greet visitors to their classes. They also take school seriously, and the teacher could leave them alone for some time after giving them work to do," she said.

"They all wanted to be my best friends, but I told them I will be best friends with everyone," she said.

Mikayla brought two suitcases filled with 54 pounds of gifts for the children at Fairfield. The presents included soccer balls and underwear.

The Rev. Jaissle, who was on her second visit to Zimbabwe, said she was surprised by Mikayla.

"I have been amazed at her maturity. When I first went to leave her in class, she was nervous and scared, but she still went. At the school nobody else looked like her, I saw that she has a genuine heart. I am proud that she stepped outside her comfort zone," her mother said.

"There are more similarities than differences with United States univer-

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sities," she said.

Jaissle said the East Ohio Conference has a number of endowed scholarships at Africa University and churches have been supporting the institution for more than 20 years.

East Ohio Area Bishop Tracy S. Malone said the conference wanted to be connected to Old Mutare Mission and "explore the needs and opportunities to be in ministry with its schools, hospital and orphanage."

"Our conference needed to find ways to be in partnership to serve and learn from one another."

From the first trip, Malone said every member was intentionally chosen to become a champion in mission initiative.

"They were expected to return home and share their experience and dreams and what they hope for," she said.

Since that trip, special offerings to raise money for scholarships have been collected.

The Jaissles are returning with many stories to share.

Chikwanah is a communicator of the Zimbabwe East Conference.

## LakewoodAlive To Complete **Volunteer Housing Project On Giving Tuesday, November 27**



LakewoodAlive will undertake a volunteer project to rake leaves for 10 households on Giving Tuesday, November 27.

#### by Matt Bixenstine

Giving Tuesday represents a global giving movement. It's a day during which people can help others through the gifts of time, talent and resources. In that spirit, LakewoodAlive will be giving back to our community on Giving Tuesday 2018 by undertaking a volunteer project to rake leaves for 10 households in need within our city's neighborhoods.

LakewoodAlive's Housing Outreach Program will complete its 42nd volunteer housing project of 2018 on Tuesday, November 27, from 10 a.m. to 12 p.m. by assisting five households on Olive Avenue in the southwestern quadrant of Lakewood and five households on Newman Avenue in Lakewood's Historic Birdtown Neighorhood. A volunteer crew comprised of Lakewoo-

dAlive staff and board members will aid these residents - many of whom are seniors or folks who suffer from mobility issues - by providing leaf-raking and yard cleanup assistance.

LakewoodAlive, in conjunction with this volunteer housing project, will orchestrate a one-day fundraising campaign via Facebook to raise donations on Giving Tuesday in support of our ongoing mission to foster and sustain vibrant neighborhoods in Lakewood. Donations made through LakewoodAlive's Facebook campaign will not incur any processing fee from Facebook.

Visit LakewoodAlive's Facebook page in the coming days to learn more about our Giving Tuesday efforts. Thank you in advance for your support.



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