



“Don’t worry ‘bout a thing, cause every little thing’s gonna be alright.”
Bob Marley

THE LAKEWOOD OBSERVER

Proud Member Of The Observer Media Family Of Community Written And Owned Newspapers & Websites

Volume 16, Issue 13, July 1, 2020

Observer Celebrates 15 Years In Print

by Jim O’Bryan

It is hard to believe that it has been 15 years since we decided to bring a printed paper back to Lakewood.

We had a small online discussion board that was serving over 7,000 residents with a place for serious discussion about the community we loved.

At the time it was a new concept for Lakewood: long-running, wide-ranging

conversations about Lakewood from real people. Hard to believe that at the time it was a unique idea.

What all of us realized was that a print version of a paper written by residents would not only add to the community, it would have a much farther reach. The move doubled our readership overnight.

When the print version started there were 6 papers covering Lakewood, mostly in

a negative light. Today there are three, and two of those are barely covering Lakewood.

So many pages, so many words, and the best part of the project is that they are your words, photos, stories, and views. The community that started the paper still carries it today.

Just like 15 years ago, we build and define community together. One word/image at a time.

From the City of Lakewood

Building Department

by Joe Meyers

Building Commissioner

City Of Lakewood Building Department

Response To Covid-19 State Of Emergency - Update

In response to the Covid-19 pandemic the City of Lakewood - Division of Housing and Building has implemented the following TEMPORARY POLICIES to help protect the public health and safety until the state of emergency expires:



City Hall remains closed to the public. In-person meetings are discouraged, however should an in-person meeting be required, you are asked to take your temperature before arriving, wear a face covering, and

always observe strict social distancing while at City Hall. You will be asked to sign a log for contact tracing purposes upon arrival.

If your temperature is elevated, or you feel sick you are asked to postpone your meeting. An appointment can be scheduled with adequate advance notice by calling 216-529-6270.

Permit Applications can be mailed, emailed, faxed or dropped in the Building Department drop box at the main entrance of City Hall:

City of Lakewood
Division of Housing & Building
12650 Detroit Ave.
Lakewood, OH 44107
building.permits@lakewoodoh.net Fax: 216-529-5930

Construction Plans with the correct (commercial or residential) plan review application, if less than 25 MB, can be emailed to building.permits@lakewoodoh.net. Plans must be flattened and submitted as full sets; individual pages are NOT acceptable. Larger plan sets with the appropriate application can be placed in the drop box at the main entrance to City Hall. (Note: all information on the application is REQUIRED, if not complete your application can be rejected)

Building Department Forms can be found at: <http://www.onelakewood.com/accordions/building-permit/>
Payment can be made by **continued on page 4**



Three Generations of Krivosh! Why are these giants of the Lakewood entertainment business standing in front of Blackbird Baking Company at Detroit and Sloane Ave? See page 10.



Lakewood Observer Launched

Lakewood Declares Its Freedom!

It is my great privilege to introduce Lakewood's only newspaper, The Lakewood Observer. What makes this paper different from the other papers available to our residents is the proud fact that our reporters, columnists, photographers, designers, and artists are deeply connected to life and work in Lakewood. We are Lakewood residents and neighbors covering our city's news, events, social issues, history, and excitement. Simply stated, we are filled with passion for knowing about life in our city. And our passion is built on years of experience in Lakewood. Our founder's team has over 300 combined years of living in Lakewood. Our volunteer staff has over 1,500 years of experience of living in Lakewood.

The Lakewood Observer will serve as the "hometown" paper produced by local citizens/journalists who may be inclined to delve deeper into the stories noticed and unnoticed by The Plain Dealer, Sun Post, Free Times and Scene. However, the Lakewood Observer, as an experiment in home-based citizen journalism, is not in direct competition with other professional news sources. As the most densely populated city between New York City and Chicago, Lakewood is uniquely situated to produce and deliver a local news source for what is going on here. With all our assets and talents, Lakewood cannot afford to miss legitimate news, announcements, and the very stories that make this town so unique and fun to inhabit.

In the eight months leading up to our first publication, we have found hundreds of stories that fellow Lakewoodites would find interesting and fun. Even more important are the stories and projects that will transform our city.

What really makes the Lakewood Observer different, and we think better, than all the other papers trying to serve this city? We are "open source."

Anyone can participate in this project—suggesting stories, writing stories, discussing stories. Come aboard. There is a seat for you at this very large table. The most visible part of the Lakewood Observer is all about being in the know. Our goal is to make sure that every Lakewoodite learns more about this city than any resident has learned about any city in the past.

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city. We hope to cover everything coming in the way of new developments. We are ready to tackle such heavy topics as Lakewood Currency, Calf Universities, Building the Lakewood Brand, and Revitalizing Lakewood's Housing Stock. And, with your help, we will try not to overlook the story about little Bobby's first baseball game.

At the Lakewood Observer we hope to create a new way of seeing life in our city. We will focus on the particular and positive dimensions of everyday life in Lakewood, and on simple and complex things. That challenge, while large, is not impossible, because our staff is made up almost exclusively of people who live or work in this city. Their kids go to school with your kids. They walk next to you on your way down Detroit and Madison Avenues. They stop at Phoenix or Carlson for their morning coffee, much like you do. They attend one of Lakewood's great old churches, and they go to Lakewood or Madison Park, as do you. They are your neighbors, your friends, and your family.

We invite, in fact encourage, you to become a part of this exciting urban experiment in citizen journalism. All you have to do is decide to contribute, and we hope you do. As part of the Lakewood Observer team, you can report on everything and anything that has to do with this great city: from news at city hall, to an elementary school bike sale, from the parking problems on Madison, to little league triumphs. The Lakewood Observer is all about being in the know. Our goal is to make sure that every Lakewoodite learns more about this city than any resident has learned about any city in the past.

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Rodger Krebs executes a skateboard trick at Lakewood's popular new skate park.

Mayor George's Welcome Letter

I would like to welcome to the Lakewood community, this first edition of the Lakewood Observer! This all-volunteer project is unique, and the opportunity it provides to remember our history, keep current, and plan for our future are invaluable. With a print and online version, this paper is sure to reach a wide audience for the next century.

All of this must be chronicled in a publication that is unique to Lakewood. I believe the Lakewood Observer will fill that role. I will be a regular reader of the Lakewood Observer and will continue my open door policy. I also expect to participate on the "Observation Deck" for up-to-date discussions. The introduction of the Lakewood Observer coincides with exciting new projects and developments in Lakewood. These endeavors will continue to make Lakewood, the city we love, even better and point out its uniqueness to those who want to come here to live and work.

And so the print version of the Lakewood Observer started 15 years ago with a b/w edition. At the time we never dreamed 15 years later it would still be going strong (with another Mayor George!) Nor that we would have other papers in other communities accounting for 3.5 million papers a year on the streets of Cuyahoga County.

Wonderful Neighbors



The beautiful mural painted by the Germaine girls last May.

by Kate Frisch

Our next door neighbors were thinking of ways to keep their three daughters busy during the COVID quarantine. Small and large projects were proposed, one of which was painting the side of their garage.

They asked what color we wanted, and Bryan jokingly suggested something fun.

Lakewood is all about great neighbors and we hit the jackpot with the Germaine family; Russ, Laura, and daughters Ella, Lily, and Nora. **continued on page 2**

Mayor's Corner

Reflecting On The Big Issues

by Meghan George
Mayor City of Lakewood

As we head into summer, I am reflecting on the big picture issues and the countless details we have addressed together so far.

We are managing the COVID-19 pandemic and are taking steps to ensure Lakewood remains as safe as possible while settling into our new normal. We are pursuing grants for our Fire Department and Police Department to keep us fully staffed and fully stocked with necessary supplies. I have been advocating to our state and federal elected officials for more resources and they are coming. Lakewood will receive over \$2.3 million in newly distributed CARES Act funding through a change in Ohio law. We

have expanded outdoor dining, suspended some parking enforcement, and provided rent relief in support of our small businesses.

Demonstrators in Lakewood have drawn attention to the national dialogue on racial violence and caused my administration to ask ourselves what more we can do here. Our Police Department and Human Resources Department are examining our policies and procedures and, at my request, implementing additional training to ensure Lakewood is a place where Black Lives Matter.

Many other issues that have been overshadowed in recent weeks and months are still very important to our community. Lakewood's stormwater issue persists. I am advocating to the

Ohio EPA and the U.S. EPA for a fair and affordable path forward. The food truck legislation I sponsored last year has resulted in more than a dozen food trucks inspected by our Fire Department this spring and a new business featuring food trucks in Lakewood. With a continued focus on responsible finances, we saved 40% of the costs on the base and pavement patching, resurfacing, and restriping at Lakewood Park and Winterhurst Ice Rink by bringing some of the work in-house. In the pro-

cess, we were able to add 30 new parking spaces at Lakewood Park by reconfiguring the layout with no loss of greenspace.

Big picture values of health, safety, equity, and justice have always been supported in Lakewood and I am committed to reflecting that at City Hall. My administration will continue its work to align the many details of municipal government with those community values.

Stay healthy.

Senator Antonio Named Small Business Advocate Of The Year

by Nickie Antonio

We all know that small businesses are the foundation of economic vitality in our communities and critical to our state's financial success. Last week, I was honored to receive the Small Business Advocate of the Year Award from the Greater Cleveland Partnership (GCP) and the Council of Smaller Enterprises (COSE). Along with Lt. Governor John Husted, we received the award that honors elected officials whose initiatives have promoted the success of small businesses. This year, I was selected for the award due to my work on Senate Bill 11, the Ohio Fairness Act.

The Fairness Act works toward leveling the playing field for all because we know that our communities are

stronger when everyone has a fair shot at achieving the American Dream. Earlier this year, more than 230 people testified in support of S.B. 11. During the hearings, the Bill also received support from almost 1,000 businesses throughout the state.

In an effort to make the American Dream even more achievable, I have also been working to advance women-owned businesses as we seek to find support and resources during these challenging times. While we can improve the status of small businesses through individualized purchasing power, legislation that keeps our businesses diverse and protects our workers is also vital.

Wonderful Neighbors

continued from page 1

Our families are partners in raising chickens and bees. Laura was approved for the second Hens in Lakewood Pilot Project and Bryan got to work building the coop in the Germaine's yard. Both our families have been tending the chickens and, of course, eating the eggs for over eight years. Soon after, we decide to start beekeeping. The hive is in our yard and benefits all of the veg-

etable gardens in the area. The honey has been enjoyed by both families and friends.

Bryan and I arrived home after a week away to find this wonderful mural brightening our garden.

The girls created the concept on their computer, penciled in the design on the garage wall, and painted the mural over the course of four hot days in May. What a wonderful surprise!

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THE LAKEWOOD OBSERVER

Your Independent Source for Lakewood News & Opinion

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The mission of the Lakewood Observer is to attract, articulate, and amplify civic intelligence and community good will in the city of Lakewood and beyond.

Become an Observer!

As a product of citizen journalism, The Lakewood Observer is looking for people, ages 3-100, to get involved in the paper and the city. We are looking for volunteer writers, photographers, designers, and illustrators to help with the production of the paper. It does not matter if you are a professional or amateur, our editorial staff will be glad to help you through the process. Register to our website Member Center where you can submit stories, press releases, letters to the editor, photos. No need to register to post online calendar or classified ads.

Upcoming Submission Deadline

July 10, 2020

July 31, 2020

Publish Date

July 15, 2020

August 5, 2020

www.lakewoodobserver.com

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ADVERTISEMENT

Vision changes after age 40: What's normal?



Claudia Perez-Straziota, MD
Cleveland Clinic
Cole Eye Institute, Lakewood

Noticing subtle changes in your near vision? There's a name for it.

"The medical term for this inevitable rite of passage is presbyopia, and it describes how our vision changes

as we age," says ophthalmologist Claudia Perez-Straziota, MD, at Cleveland Clinic Cole Eye Institute, Lakewood.

Presbyopia is the loss of the eye's ability to change its focus to see objects that are near. It is part of the natural aging process.

"Our eyes are like a camera – the lenses inside automatically focus on whatever we need to see," explains Dr. Perez-Straziota. "That process works through the contraction and relaxation of certain muscles that move our lens forward or backward. "

When we're young, our eyes can 'accommodate,' or focus at different

distances, without the help of glasses or other aids. But as we age, our eye muscles start losing their ability to adjust and accommodate.

Common signs of presbyopia – difficulty focusing up close and slower focusing ability – typically start to appear around age 40.

"Presbyopia is treatable," says Dr. Perez-Straziota. "From glasses and contacts to implants and surgery, there are many options to help you see clearly again."

Another age-related condition are cataracts, which are the clouding of the lenses inside your eyes.

Symptoms may include:

- Vision that is cloudy, blurry, foggy or filmy
- Sensitivity to light or glare (such as from oncoming headlights when driving)
- Poor night vision
- Double vision

In the early stages, you may simply need a stronger prescription for glasses or contacts more frequently than you did before; however,

surgery may be needed if cataracts start to interfere with your daily activities.

Cataracts are treated surgically by removing the opacity from your eye and replacing it with a specialized lens placed inside your eye to help with focus. Different types of implants are available and a discussion with your doctor to determine if you are a good candidate for any of these is essential.

To help keep your eyes healthy, the American Academy of Ophthalmology recommends a yearly eye exam for adults ages 40-64; more frequent exams if you have diabetes or a medical eye condition.

Dr. Perez-Straziota conducts patient visits in English and Spanish. For more information or to schedule an appointment with Dr. Perez-Straziota or another Cole Eye Institute provider, please call 216.444.2020. Virtual visits may be an option for new and existing patients.

Colorectal cancer screening: No good reason to put it off.

Everyone knows that colonoscopies are a tool to detect colorectal cancer – the second leading cause of cancer-related deaths among men and the third leading cause among women in the United States.

Colonoscopy is known as the gold standard – the best, most accurate test to screen for colorectal cancer. Since most cancers start as polyps, cancer can be prevented when polyps are removed during a colonoscopy.

New preps are easier to swallow.

You may be concerned about unpleasantness and inconvenience as you prepare for the exam. But it's time to stop worrying – the prep process is much easier these days. It tastes better, you don't have to take as much as you did before, and the timing has also changed to make it easier for patients.

Concerned about coronavirus?

While the coronavirus is still in our communities and is still contagious, Cleveland Clinic is among the safest places in healthcare today.

For your safety and those around you, we have taken the following steps:

- Limited and screened visitors.
- Continued extensive cleaning.
- Required masks for our caregivers.

We ask that you help us maintain a safe environment by:

- Practicing social and physical distancing.
- Wearing a mask while in our facilities.
- Washing and sanitizing your hands properly.

As we welcome all patients back for regular, routine care, we will continue making your safety a top concern.

Learn more about the steps we're taking to keep you safe at ClevelandClinic.org/Coronavirus.

To schedule an appointment at one of our screening locations near you, call 216.444.7000. For more information and a complete list of locations, visit ClevelandClinic.org/Colonoscopy.

Does your child have a broken bone? New tool for scheduling appointments online.

Broken bones (fractures) need care fast. That's why we're making it easy to schedule an appointment with a pediatric orthopaedic specialist.

If your child has already been evaluated by a medical provider and you have an x-ray showing a fracture, go to ClevelandClinic.org/PediatricFracture to make an appointment.

Appointments can be scheduled for patients 18 years and younger, with a fracture of the arm, hand, shoulder, foot, hip, or leg.



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Cleveland Clinic Children's

The View From Ward 2

At The Council Meeting Held On June 15th

by Jason Shachner
Lakewood Councilman
Ward 2

Council Meeting

At the Council Meeting held on June 15th there were several items on the agenda related to racial equity and our police department's policies. Communications from Council related to the Lakewood Police Department's policies were referred to the Public Safety Committee. The next Public Safety Committee is Monday, June 29th at 7:00 PM. I look forward to an open and productive discussion that involves everyone, especially our local safety forces and residents, and will provide an update about the meeting in my next column. If you are interested in some of the Lakewood Police Department's Policies and specialized training please read this communication from Mayor Meghan George.

We also learned last week that Police Chief Tim Malley will be retiring on July 4th. He has dedicated 38 years to serving Lakewood, with 18 years as Chief of Police. Please join me in thanking Chief Malley for his service and wishing him an enjoyable retirement.

All members of Council pledged to take part in the YWCA's 21 Day Racial Equity and Social Justice



Challenge. As part of the challenge, participants are presented with daily activities, like a listening to a podcast or reading an article, on a given subject that covers an issue that is related to race, power, privilege, and leadership. If you would like to join us in participating the challenge, please visit www.ywcaofcleveland.org/21-day-racial-equity-challenge.

Marlowe Park Townhomes Planned Development

City Council approved a change in the Zoning Map that will allow townhomes to be built at the location of the former St. Clements

School Building and Convent. The property has been vacant for 15 years and was in bad shape with a roof collapse and significant water intrusion. The developer, Liberty Development Company, attempted to repurpose the building, but it was too far gone to be converted into a habitable space.

We learned that in the 1950s, eight homes were demolished on Marlowe Ave. to create the parking lot that is North of the church. This project is going to create 12 housing units on Marlowe and 4 units on Madison. Liberty worked closely with the church and is creating new parking directly adjacent to the church, where there was none before.

Warren Madison Intersection Beautification

You may have noticed some improvements to the Warren-Madison intersection over the past several weeks. The beautification project is part of a \$50,000 investment made by Cuyahoga County, the City of Lakewood, and LakewoodAlive.

So far, we have seen the installation of two murals, the planting of 15 trees, and the installation of a new crosswalk! The Doughnut Pantry is the host of a 54-foot long

mural designed by Lakewood artist Stephanie Crossen, who said that her mural was inspired by the sunsets that we all enjoy on the Solstice Steps. Fifth Third Bank hosts the other mural which was designed by local artist April Bleakney. She said that her design was inspired by an encounter she had with a deer while visiting Yosemite National Park.

Be on the lookout for more improvements in the coming weeks!

Black Lives Matters Unity Rally

Michelle and I attended the Black Lives Matter Unity Rally at Lakewood Park on June 13th. The Rally started with the playing of Dr. Martin Luther King Jr.'s I Have a Dream speech and was followed by many speakers that shared their experiences in encountering racism in their own lives and how to combat racism in our community. Thank you to the organizers for putting on an educational and inspiring event.

2020 Asphalt Pavement Resurfacing, Signing, & Pavement Marking Project

The streets included in the 2020 Asphalt Pavement Resurfacing, Signing, & Pavement Marking Project are: Athens, Bayes, Ridgewood, Daleview, Delaware, Forest Cliff, McKinley, Parkside, and Wagar. We will also see guardrail removal and replacement on Donald, French, Lakewood, and Victoria. Additionally, this project includes the much-anticipated Lake Ave. bicycle lanes along with citywide stop bar, crosswalk, and roadway epoxy striping. The \$2,084,000 contract for this work was awarded to the Shelly Company Northeast because their bid was the most competitive.

If you are interested in subscribing to the newsletter please visit <https://mailchi.mp/shachner-forlakewood/newsletter>. If you have any questions or concerns, please do not hesitate to e-mail me at Jason.Shachner@lakewoodoh.net or call me at (216) 714-2150.

From the City of Lakewood

Building Department

continued from page 1

check (call to verify cost) or credit card over the phone.

Inspections - The Building Department is conducting all necessary construction (permit) inspections within 4 business days. We have implemented a limited remote/virtual inspection program. For details, please refer to: <http://www.onelakewood.com/housing-building/>. Call your inspector for job specific requirements.

Interior Property Maintenance

inspections, including complaint inspections that do not have a life-safety component have been suspended. The Department will resume these inspections when the COVID-19 state of emergency has been lifted. Beginning July 1, 2020 exterior inspections and retail Certificate of Code Compliance inspections will resume.

Thank you for your patience and understanding during this unprecedented health emergency,

AROUND THE CORNER



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Education

Kantor Wins National Custodian Contest

by Christine Gordillo

Hayes Elementary School head custodian Kris Kantor has been selected from among more than two thousand nominations from around the United States to receive the first Custodians Are Key grand prize for his dedication to his job and his school community. Kantor was awarded a \$5,000 prize package while the school received \$10,000. The Custodians Are Key contest is an 8-month recognition program that rewards the great work K-12 custodians are doing in schools around the country. It is sponsored by Tennant Company, which designs and manufactures cleaning solutions.

“We had so many amazing nominees for this contest, which made it challenging to whittle down to 12 finalists, much less identify a single person to win the grand prize. Kris Kantor’s clear devotion to students and staff is what gave him the edge,” said Lisa Hrpcek, Channel Marketing Manager for Tennant Company. “There’s never been a more important time to herald the important work these heroes like Kris and the other nominees undertake for our schools.”

Kantor, who was presented with his award at a ceremony at the school in front of staff members on June 26, said receiving this recognition was “very gratifying...it makes me feel like I’m really making a difference. This motivates me even more.” Kantor was nominated last November by Hayes health aide Maureen Yantek, who described him as fastidious about organization and cleanliness. But it is Kantor’s attention to detail that elevates him, learning everyone’s name, including more than 300 students and staff. He created a program called “Kids with Kantor” where he works with students on special projects once a week during his lunch hour, build-

ing everyday objects like bird houses, decorative wooden boxes and toy helicopters while teaching kids about safety, tool use and teamwork.

“Kris lives by the motto that he has painted outside his office: ‘work smarter not harder.’ This enables him to get his regular job duties completed efficiently and effectively, which leaves him time to engage with others. What truly sets Kris apart is the respect and kindness he shows to all students, fac-

ulty, and staff,” said Yantek.

“We’ve always been proud to count Kris as one of our own. This acknowledgement of his great work is extremely deserved,” said Eric Fortuna, principal at Hayes Elementary. “We are lucky to have Kris on our team and look forward to celebrating him when school is back in session.”

Principal Fortuna said he will consult with Kantor on how best to spend the \$10,000 prize money because he always has great ideas.



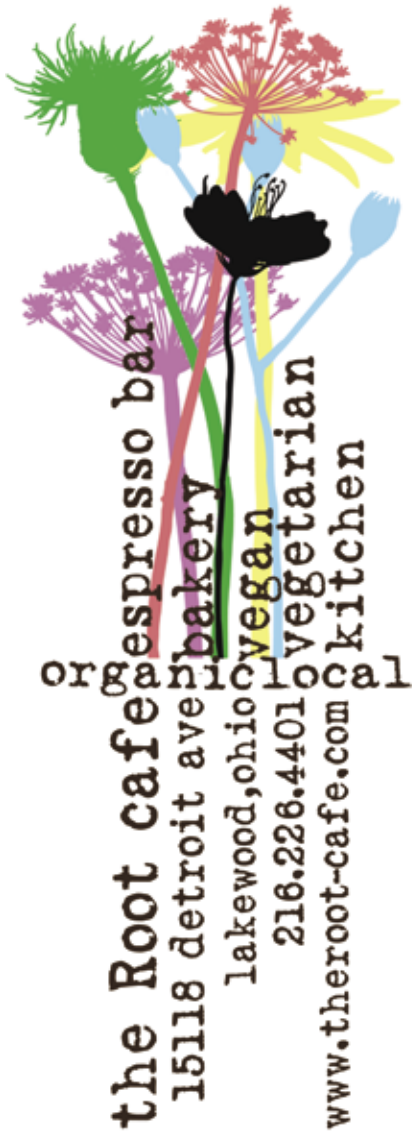
Hayes Custodian Kris Kantor.

LHS Female Athlete Of The Year Is Also The Sportsman Of The Year!

by Ted Nagel

Abbie Tuleta, a 2020 Graduate of Lakewood High School was just named the 2019/2020 season's Female Athlete of the Year as well as the Archie Griffin Sportsmanship Award - Female recipient. Abbie earned Varsity Letters in Soccer, Softball and Ice Hockey this last season and was

named the Softball team's Captain and MVP as a Junior. Abbie comes from a long line of great athletes in the Tuleta family and her father John was a hockey coach in the community for many years. Congratulations to Abbie and the whole Tuleta family for this great honor.



Lunch and Learn ... Curbside

Take home information on “Reducing Your Fall Risk”



Tuesday, July 28 (A-L) or Wednesday, July 29 (M-Z)
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or email dir.marketing@oneillhc.com
* Registration required. 1 meal per person. Ages 55 and over.

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Letters To The Editor

The Elephant In The Room

by Michael Lauer

Cultures across our nation have the absolute right to raise their children the way they see fit. The Due Process Clause of the Fourteenth Amendment protects this liberty, incorporating “the right to marry, establish a home, and bring up children.” However, this amendment does not give parents or caregivers the right to emotionally, physically, and sexually degrade each other in the presence of their own young, impressionable children.

In the United States, between 4.5 million and 15 million children are exposed to physical violence in the home. The nonprofit research organization Child Trends reported in 2018, approximately 4.5 million children had seen or heard parents or other adults use offensive language, slapping, hitting, kicking, or punching each other in the home. If this pattern of ongoing destruc-

tive behavior among adults in the home is not professionally addressed, especially during a child’s developmental years, there is a higher risk of continuing the cycle of violence within the family structure over the years.

Together, we must address the extraordinary number of American children who are witnessing domestic violence in the home at a very young age. These adverse childhood experiences can negatively alter a child’s behavior long-term if buffers are not in place. Either way, any number or level of severity of this type of an early childhood experience, parental and caregiver support is pivotal to overcome a young child’s trauma over time. Without assistance, there may be health consequences, including physical, psychological, and developmental disruptions throughout his/her life. Mental health consequences may include aggressive behavior, anxi-

Lakewood Public Library Needs To Open Up Its Computer Labs

by Jeanne Coppola

Lakewood Public Library needs to provide computer service for its patrons who have no home computer.

People need to use the computers for emails, online banking, food shopping, job searching, unemployment applications, research, virtual appointments, and printing. Students, with no home computer, need to have access to distance learning.

I emailed James Crawford, Director of Lakewood Public Library, asking when he will open up the computer labs and he replied:

"It may be several weeks if not months before the Library offers patrons access to public computers.

I understand that the Westlake Porter Public Library is offering public computer access. I suggest calling Westlake Porter to ask what you would need to obtain a library card and computer access there.

Also, I understand that UPS stores are offering computer access for a fee.

Finally, you may want to call the Cleveland Public Library to learn what

their plans are to offer computer access to Cleveland residents..."

I wonder why the Westlake Porter Library is opening up their computer labs to help the public, while the Lakewood Public library is not? Their library cannot serve the needs of all Ohioans with no computer. And some people have no cars and cannot get to their library.

When I called the UPS Store they told me they have one computer that costs 30 cents a minute for limit of 30 minutes. This will not accommodate all the Lakewood residents who have no home computer. And the Cleveland Public Library is only offering virtual service, which is useless for people with no computer.

If you live in Lakewood and have no computer and need computer access, contact James Crawford, Director, Lakewood Public Library, 15425 Detroit Avenue, Lakewood, Ohio 44107.

Tell him you need computer access and why.

Phone: (216) 226-8275, ext. 101.

E-mail: jcrawford@lakewoodpubliclibrary.org

ety, academic problems, and difficulty interacting with peers.

When the child’s stress-response system is over-activated too frequently by witnessing ongoing incidents of domestic violence in the home (toxic stress), simultaneously, the hormone “cortisol” is flooding the child’s bloodstream. This prolonged activation sends a biological message to inhibit or disrupt the development of the child’s brain and immune system. Moreover, ongoing high levels of cortisol in the child’s developmental years can even affect how DNA is read and transcribed. The book, *The Deepest Well* by Nanine Burke Harris, explains this biological concept very well for parents and caregivers to understand this vital issue. By understanding the connection between witnessing ongoing adversity experiences in the home and its long-term, physiological effects on a developing child’s body, healing can begin within the family structure.

In my opinion, educating the public on adverse childhood experiences and its biological effects on the developing child can be accomplished if we have the will and funding to do so. Together, we need to come up with a plan that provides child-trauma prevention mobile classroom units that would be distributed throughout the districts of Cleveland. An example of a name for this project may be The Cleveland Domestic Violence Reduction Project (CDVRP) that will provide educational services to schools, churches, community centers, libraries, businesses and other institutions if needed on a regular scheduled basis. The mission is to increase access to preventative mental healthcare for families living in Cleveland communities.

Example goals of this project may be:

- To reduce the risks of childhood trauma exposure in the communities of Cleveland.
- To reduce incidents of domestic and sexual violence in the communities of Cleveland.
- To educate middle and high school students on the awareness and prevention of Adverse Childhood Experiences (ACE’s).

An example of staffing may be the following: A plan to purchase five fully equipped mobile units (laptops, smartboards, etc...) which will be staffed with a social worker, paralegal, child psychologist, teacher and a secretary. The child psychologist will

provide professional, preventative, educational support services to students who were exposed or at risk of being exposed to emotional, social, behavioral and academic challenges. The psychologist will administer surveys/tests to help guide their instruction for students who are at risk of adverse childhood experiences. The child psychologist will be the lead instructor. The social worker will assist the child psychologists by researching and providing all requested educational materials related to human developmental psychology/ ACES needed for instruction. The social worker will also manage and provide data analysis reports related to the project. The social worker will assist the lead instructors. The legal assistant will assist the child psychologists by researching and providing all requested educational materials/documents related to family law needed for instruction. The legal assistant will assist the lead instructors. The curriculum specialist will develop, facilitate and evaluate the mobile unit curriculum and prepare all lessons plans for the lead instructors. The curriculum specialist will assist the lead instructors on surveys/tests to help guide instruction. The curriculum specialists will be in constant communications with the social worker and legal assistant for any requested updated, educational materials needed from the lead instructors for preparing updated lesson plans. The secretary will assist the social worker on managing and providing data analysis reports. The secretary will be in charge of scheduling appointments for the mobile unit. The secretary will assist on producing any reports the lead instructors may need for future data analysis reports.

Finally, now is the time to address the elephant in the room head on. We must all come together to figure out how we as a society can reduce the long-term exposure of domestic violence in all communities of Northeast Ohio.

Living with the Bear

“Over and over again in my practice I saw kids who had experienced terrifying situations. For one patient, the bear was his dad who verbally demeaned and physically abused his mom.” -Nadine Harris, M.D.

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Lakewood Is Art

Television Review:
Little Lions' Den Episodes 1 And 2

by Buzz Kompier

Little Lions' Den is a new TV show from the kids who brought you Cruelster— created by (and starring) Nathan and Alex Ward, edited by Michael “Yes Yes” Gill and Perverts Again fill-in Nick Kroh, and helped along by others in the world of those bands. It's essentially a spinoff of their radio show, ppm The Good Nite Show, and it is exactly as weird as you'd probably expect if you're a fan of everything else these guys have done. It's pretty excellent.

The basic format is a talk show starring Little Diesel, a puppet who looks and sounds like Mike Trivisonno, and Landon Lammagin, who truly cannot be described better than he describes himself in the first episode: “I look like someone from Hell.” Episode #1, “Our Freakish Hideaway,” is a good introduction to what exactly this show entails. They do a bread test (which really needs to be seen to be understood, but probably isn't what you're thinking) and then introduce a recurring segment, Newline Newsbits, in which they give you the news. Sorta.

Episode #2, “The Pounding In My Head,” however, is where it gets really good. We get our first guest on the show, a rhythm expert who might be called Jonny Donnal (played



with great aplomb by real life rhythm expert Noah Depew in his finest orange suit), who's here to give Diesel the blues, since he lacks them and can't sing a convincing duet of “Waltzing Matilda” with Lammagin. Spliced in among the episode is also a wild bird cooking segment and another installment of Newline Newsbits. The rhythm expert part was my favorite— it is tremendously funny— but the whole thing is very good.

The description here so far doesn't do it justice— there's the whole way it's filmed (looks like on old video cameras, maybe?), the random cuts to other things (sometimes disgusting, psychedelically-tuned shots of meat crawling with bugs...sometimes, if I'm remembering this correctly (I now cannot seem to find it when I rewatch the episode, which is terrifying in and of itself) Lammagin dancing, which might be just as scary), the strange synth music in the background, and



all the nice tender moments between Diesel and Lammagin. And I think in many ways, words cannot do it justice. You really just have to watch it. In between main episodes, there are “Fireside Chunks,” which are clips (possibly from the radio show) over-

laid with heavily edited video clips from the show. They aren't as great as the real episodes themselves, but they certainly hold you over between episodes.

I actually watch a lot of ARGs and all that stuff, so I'm no stranger to weird videos on the internet. This is truly like nothing else I've ever seen. I love it and I'm going to make all my friends watch it. And so should you. Stay tuned for further reviews of future episodes.

Watch online:
<https://www.youtube.com/channel/UCGS1W15mn7GbpSoGbbqBf28w>

Lakewood Victory Gardens
Consider Next Year

by Paul Bylik

With the garden on cruise control as we reach the middle of July, take a break from the maintenance of the day, and take some time to consider what needs to change for next year and why.


First consider the bones of the garden. Are the sizes and shapes of your beds effective? How can they be improved for next year? At my house, the hastily organized victory garden is poorly spaced and a pain to water. To address space, I've removed a pair of 15' lilacs to almost double the garden size for next season. I am working on a plan for a raised planter boxes that will put the plants at an easily accessible work height so I can eliminate the stress of working on the ground. I am also incorporating a cold frame to extend my season. A permanent fence with a gate will also eliminate the acrobatics necessary just to get into it. To solve the watering issues, I am considering drip irrigation or a three-season water line that brings a spigot into the garden. A rain barrel will also be attached to a downspout as mother nature waters best. The last thing I will address is the ground, I am tired of stepping on a random thistle or a jagged woodchip. They will be replacing my sidewalk blocks this summer and the plan is to use the stone to create walks so I can water barefoot. What improvements do you need to make? Is it a better trellis system for tomatoes or squash? An enclosure to once and for all defeat the squirrels? Add the potting bench so your pruners have an assigned place?

Document your garden while it is fresh in your memory. Start as far back into the season as you can. Did you start seeds? When? How did they turn out? Were your plants ready too early or too late? How can you improve for next year? When you finally planted starts, were you too early and had to

cover plants due to snow? Record what you planted and where you planted it. Crop rotation is important, and some plants just do not grow well in certain areas. You should also record how you treated your soil? Did you fertilize? Mulch? Amend? Did insects show up and ruin your lettuce for the 3rd year in a row? Make a note of when they came and be ahead of the curve with a repellent for next year. Finally record the amount of harvest. It is kind of like how gardeners keep score. In my house we could never eat everything we grow but it is fun to know that we grew 147lbs of tomatoes last year. One of my favorite things that technology has afforded this generation of gardeners is the ease with which you can snap a picture. Gardens look much better in late February than they ever did while growing. Plus, that picture is way better than your memory.

Setting goals is a great way to challenge yourself to become a more complete gardener. The goals themselves are not nearly as important as achieving things that make the experience better. Examples of goals in our garden for 2021 will be to wait a little longer before starting seeds, finally eradicate the honeysuckle, and have infrastructure in place so come planting season, I can plant, fertilize, stake, and be done. I do not want to spend half a day working soil when my goal is to grow 148lbs of tomatoes. The main goal is to leisurely enter the garden barefoot, cup of coffee in hand only reemerge to find my coffee is now cold and I am going to be late for work.

Over the years, we find that we will address the same problem with the same customer who ultimately does not change their ways and continues to fail. Use this time to start eliminating your problems for next year, take note of this year's successes and failures then set your goals for next year.





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Story Time

The Rockport Miracles-Part 4: Episode 28:

“The Ballad Of Derecho Dan” Continues:

fiction by Scott MacGregor

Little Dan had changed his mind. Plunging a 33-foot cabin cruiser loaded with dynamite into the heart of Storm 5.6 had always been “Plan A,” as defined in Maynard Gridley’s “Manifesto with Cheese.”

The manifesto also mentioned a “Plan B” wherein the goals of “Plan A” would still be met, however, Little Dan could still theoretically escape with his life. Up until zero hour, Little Dan had always intended himself to be blown up with the boat for a true warrior’s death. Then, he experienced a sudden change of heart!

After the pleadings of his Aunt Rowena Gridley from the deck of Coast Guard Cutter, Darryl A. Levy had failed to dissuade him, she’d made one last attempt. She held the bullhorn up to the mug of Little Dan’s beloved Boston bulldog and pinched the little dog until he started barking. The trick worked. Little BD started barking his little black and white head off.

Little Dan had convinced himself that Little BD perished when the Gas & Lube exploded. His father, Big Dan Newman, had died months earlier. Little Dan was sure that his mother would die from her Storm 5.4 injuries. Despairing deeply, the only thing left in the world for Little Dan to believe in was “Plan A.”

Thanks to the LSD that he’d had mistakenly ingested, not only did he hear Little BD barking at him, he could even smell him through the storm! The familiar scent led him onto the dog’s astral plane where he found the entrance to Little BD’s soul! After kicking away all of the metaphysical dog toys, Little Dan was reunited with the intrepid canine. Little BD looked into Little Dan’s eyes, licked his chops, rolled onto his back and whinefully pleaded, “DON’T DO IT, LITTLE DAN!..DON’T DO IT!!”

The dog’s desperate pleadings caused Little Dan to burst into tears tough enough to wash away the deleterious effects of the LSD. Consumed with doubt and regret, Little Dan gazed down at the army footlocker marked “Plan B” and opened it up for the first time.

Inside the locker was a large clump



of something made of rubber with an oxygen tank that said, “PULL CORD TO INFLATE.” By then, the storm was at full power and it was all Little Dan could do to remove the device and air tank from its crate and spread it out on the deck. Sure enough, “Plan B” was a Vietnam-era army life raft. Lucky for Little Dan that Maynard Gridley was a man who liked to hedge his bets.

Within moments, the onlookers along the eastern cliffs of River City heard the cabin cruiser go full throttle into the meat of the storm. What they didn’t see was Little Dan pulling the raft’s inflate cord before pushing the throttle forward. Struggling to get his footing down, Little Dan wrapped his arms around the partially inflated raft and tumbled ‘ass over tea kettle’ off the stern of the speeding boat

The storm-tossed waters had their way with Little Dan. He hugged the raft like it was his mother. Within seconds it had inflated enough to tread water. Little Dan, all 260 pounds of him, then laid prone on the raft and began paddling with both arms and both legs.

“PLAN B!!!” he screamed over and over again to coach himself. ‘PLAN B!! PLAN FRIGGIN’ B!!!!’ It didn’t take long before he’d exhausted himself. “He’s a goner,” said one of the River City onlookers, “that lake will eat him alive.” Realizing that he was about to die, Little Dan began to see

When he came to the part about, “... Give us this day our daily bread...” a bona fide Rockport Miracle happened.

Hundreds of excited onlookers along the River City cliffs nearly dislocated their elbows as they pointed at what their eyes were seeing. While observing the hopeless shape of Little Dan flailing his extremities in vain to escape the storm, a force invisible to all, including Little Dan, grabbed hold of the raft’s bow rope and began pulling it away from the storm at a rapid rate. “There’s a submarine, underneath him, I betcha!” screamed an old-timer on the cliffs. A freckle faced, red-headed boy screamed, “It’s Captain Nemo’s sub! I saw this in ‘Mysterious Island!’”

“The Miracle of ‘Serpent’ Storm 5.6” occurred in front of plenty of witnesses and was captured on several Kodak Super 8mm movie cameras. The mysterious force had pulled Little Dan’s raft nearly 100 yards away from the leading edge of the storm before the two thousand pounds of army grade explosives inside “The Friggin’ A” detonated.

Little Dan would soon realize that 100 yards distance wasn’t nearly far enough to escape what happened next.

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The Stars And More



JULY

Aries:
Mars is staying for a visit Ram, for 6 months, let go of what was in order to make room for what is to be; action is your key word this month, you'll have plenty of energy...

Taurus:
Make like a rabbit Bull & jump for JOY, yes, that is your purpose for being here, get out & circulate, rabbits are fertile, plant those seeds of thought & watch them multiply.

Gemini:
Now that Venus has ended its Retrograde, pack them bags, adventure awaits the Twins, love is around every corner, & for you, it's double the pleasure, get your game on .

Cancer:
Grab yourself a seeded dandelion Crab, & make a wish, the Sun is shining blessings upon you, Mercury goes direct July 12th, & the Universe is saying "ask & you shall receive."

Leo:
Raise those vibrations Lion, the Jungle follows your lead, only you can spread the positive vibe far & wide, because when you ROAR, everyone within the planetary scope listens.

Virgo:
It's time to curtail the complaining, if you need help with something, just ASK! It's not that daunting of a task, once you open mouth & engage your tongue, Voila! Words come out.

Libra:
You're usually the one waving the

white flag, you avoid confrontation at all costs, this month the spotlight is on you, take a bow & say thank you, think of it as gratitude vitamins.

Scorpio:
We know you like to stay hidden deep in your cave, pondering life's mysteries, however, the Planets are asking you to come out & spread random acts of kindness, Scorpion.

Sagittarius:
Wake-up call Centaur, stop swallowing poison & expect everyone else to die, give up your old story, release all the guilt you've been carrying, aim that arrow towards forgiveness.

Capricorn:
OK Goat, STOP right now, put your iPhone away, close your desk calendar, throw your to-do list out the window, & let that inner child out now, you're choking it, time to PLAY.

Aquarian:
Find your tribe, nobody better than you than to gather a group of spiritually minded eclectic souls to encourage, support, & inspire each other, meet outdoors, then brainstorm.

Pisces:
Quit comparing apples to oranges Fish, big fish, little fish, rainbow fish, tuna fish, sardines, Shamu, or baby shark...Can't we all just get along? We swim in the same sea...

Eva Starr, local astrologer, has been studying the moon & stars since she could read. Starr can be reached at evastarr.com

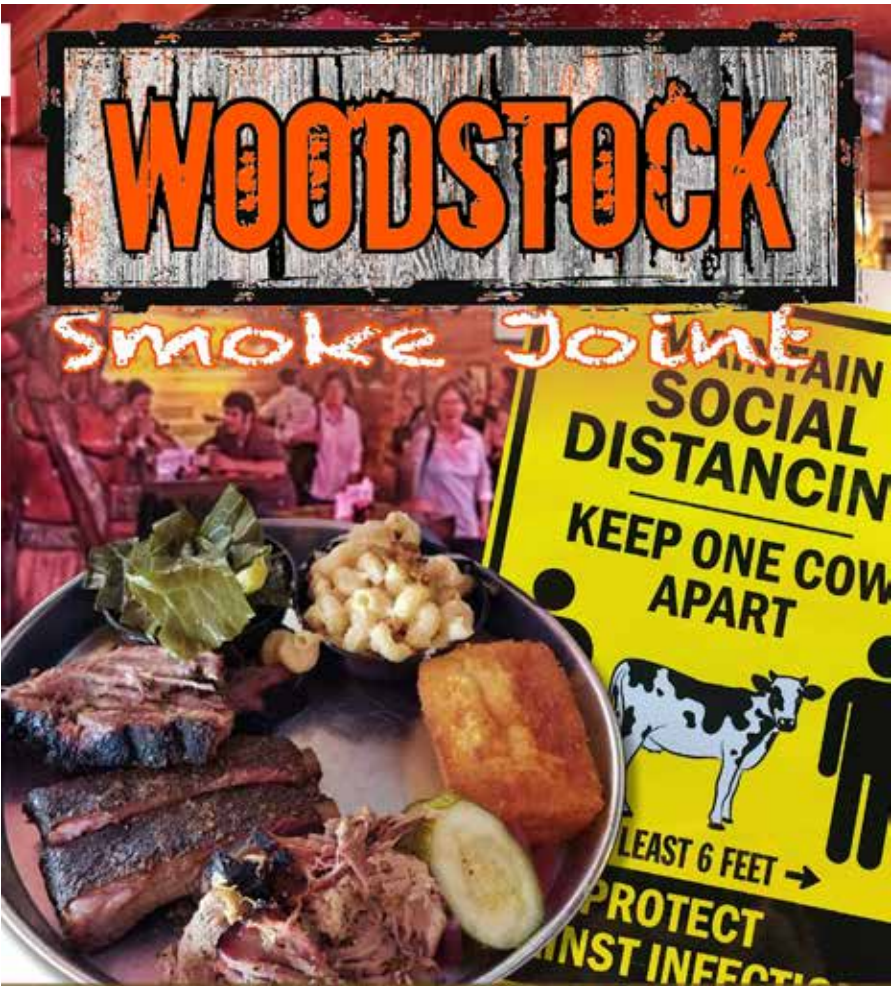


Senator Antonio providing Sponsor Testimony on SB 11, the Ohio Fairness Act, earlier this year.

Senator Antonio Named Small Business Advocate Of The Year

continued from page 2
As we work to re-energize our economy in the era of Covid-19, it is important to further support and lift up our small businesses as much as we

can. So order take-out, purchase online for a store-front pick-up or make an appointment to visit your local hair-dresser or barber – goodness knows we can all use a visit!



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Lakewood Cares



Rotary International Welcomes First President From Germany

by Larry Faulhaber

As of July 1, Holger Knaack from the Rotary Club of Herzogtom Laueburg-Mollin, Germany took over as President of Rotary International. Shown here with his wife, Susanne, he joined Rotary in 1992. He has served as a local Club President and a District Governor and has been on the RI Board of Directors since 2013. His major Rotary Interest over his years in Rotary has been the Youth Exchange Program. The program provides opportunities for High School Students to spend about nine months in countries around the world. He understands the importance of promoting world peace and understanding through young people. In his first letter to Rotary members as President he states, "Rotary is not just a club that you join: it is invitation to endless opportunities. We believe in creating opportunities for others and for ourselves. We believe that our acts of service, large and small, generate opportunities for people who need our help, and that Rotary opens opportunities for us to live a richer, more meaningful life with friends around the world based on our core values."

Rotary was established in 1905 and is the oldest and largest international service organization in the world. Its

stated purpose is to bring together business and professional leaders in order to provide humanitarian service, and to advance goodwill and peace around the world. It is a non-political and non-religious organization open to all. There are over 35,000 member clubs worldwide, with a membership of 1.2 million men and women, known as Rotarians.

There are two Rotary Clubs in Lakewood and Rocky River. The oldest meets on Mondays at noon and the second meets on Wednesdays at 7:30am. Both meet at the Umerley Hall of the Rocky River Center at Hilliard and West 210, behind Rocky River City Hall. Both Club follow the motto of Rotary: "Service Above Self." Through Club Committees they plan and conduct Community, Vocational, Youth and International projects in the area. Awarding scholarships, support of food banks, installing neighborhood food pantries, hosting exchange students, providing dictionaries to third grade students, reading to children at local schools are just a few of the programs of these Clubs.

You are invited join with the men and women of the Clubs and add your time and talent. Contact Kathy Berkshire at sloopyohio19@gmail.com.



Kira Sandra Krivosh, State Senator Nickie Antonio, Mayor Meghan George, and Lisa Alleman shows up with another bag of purple and gold masks!

The Giving Tree Project

by Betsy Voinovich

On June 18th at the Around The corner Parking Lot The Giving Tree Project presented their second face mask tree, which provides free face masks (hanging from a tree) to community members who do not have access to them or cannot afford them.

The story began with local attorney Kira Krivosh teaming up with State Senator Nickie Antonio. Both had been sewing and donating face masks when they realized there are people within our communities who either cannot afford or do not have access to masks. They teamed up with the Chief Operating Officer Kay Spatafore from Because I Said I Would and from there the Giving Tree Project was born. They have an amazing group of volunteers and sewers from different areas and are always looking for more people to support the project. The goal is to ultimately have a Giving Tree in every community. They also have the support of Lakewood Mayor Meghan George. It is truly community teamwork at its finest, as they also have had Peace by Piece Cleveland (an organization that supports and enhances the well-being of impoverished individuals with disabilities and their families) helping their sewers by cutting fabric.

Their first Giving Tree went live in Rocky River on May 28 and has already given out hundreds of free masks to the



GIVING TREE PROJECT

Created by caring members of the community, the **Giving Tree Project** provides face masks free of charge to the Lakewood community.

- Limit two (2) masks per person
- Hand wash the masks before the first wear.

To get involved, contact GivingTreeProjectLKWD@gmail.com

Learn more at becauseisaidiwould.org/masks

public. The Lakewood Giving Tree (the second) has been live since June 18th. They are looking at their third tree being in the City of Cleveland in the coming weeks. Masks are free and are replenished daily during business days from 10 am to 2 pm. First come, first served. Rules are as follows:

Limit two masks per person.

Please hand wash your mask prior to first use.

Interested in becoming a sewer for The Giving Tree Project? They provide kits with fabric and instructions! Not a sewer but want to help? They need fabric cutters and additional volunteers. Please contact GivingTree-ProjectLKWD@gmail.com

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LakewoodAlive

LakewoodAlive’s 2020 Front Porch Concert Series Going Virtual; Performers Announced

by Matt Bixenstine

Music has the power to lift our collective spirits, reframe our perspective and bring our community together.

LakewoodAlive announces its 2020 Front Porch Concert Series sponsored by Bentley Wealth Management of Raymond James will feature eight live musical performances hosted virtually via LakewoodAlive’s Facebook page each Friday evening at 7 p.m. from July 3 through August 21.

Now in its 10th year, the popular music series is taking on a different format to ensure health and safety during the COVID-19 pandemic, yet LakewoodAlive remains committed to enhancing Lakewood’s sense of community by offering free weekly concerts that families and all music lovers can enjoy.

“Over the last decade our Front Porch Concert Series has evolved into a major family entertainment option, and we are pleased to be able to continue the series this summer in a virtual format,” said Ian Andrews, Executive Director of LakewoodAlive. “The last several months have been uniquely difficult for many members of our community, so we are hopeful our series is able to provide a source of joy and inspiration for those who are struggling right now.”

The talented lineup of musical performers comprising the 10th Annual Front Porch Concert Series offer something for every musical taste. From swing to rock to jazz, each weekly concert remains family-friendly while delving into a variety of musical genres.

See the schedule of weekly performers below.

The 2020 Front Porch Concert Series kicks off July 3 with a performance by FireSide CLE, a high-energy band of veteran musicians who have amassed a large following by playing rock tunes spanning five decades with their own unique interpretations.

The remainder of the schedule features exciting newcomers to the Front Porch Concert Series, such as Syn & Shuffle (a versatile cover band), Matt Moody (alternative rock, pop & neo-soul) and Open Spaces Trio (instrumental rock & jazz), as well as reunions with popular past performers like Red Light Roxy, The Pocket and The Light of Day Band. A children’s concert will be held on July 24, offering an engaging musical experience for young people courtesy of Tot Rock.

The Front Porch Concert Series is generously supported by the following sponsors:

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Photo by Julie Vagh/Dyke Photography

2020 Front Porch Concert Series Schedule

(All concerts start at 7 p.m. and will be performed virtually via LakewoodAlive’s Facebook page)

July

- 7. 3. 20: FireSide CLE
- 7.10.20: Red Light Roxy
- 7.17.20: Sync & Shuffle
- 7.24.20: Tot Rock (children’s concert)
- 7.31.20: Matt Moody

August

- 8. 7. 20: The Pocket
- 8. 14.20: Open Spaces Trio
- 8. 21.20: The Light of Day Band

For more information regarding the 2020 Front Porch Concert Series, please visit LakewoodAlive.org/FrontPorchConcerts.

LakewoodAlive's Warren Road Beautification Project Brings New Crosswalks To Warren-Madison

by Matt Bixenstine

Phase 2 of LakewoodAlive's Warren Road Beautification Project continued in late June with the installation of new crosswalks at the Warren-Madison intersection, making this busy intersection safer and more pedestrian-friendly.

This improvement follows the addition of 15 trees and two public art murals. LakewoodAlive thanks its many terrific partners, including the City of Lakewood and Cuyahoga County, for making this collaborative effort possible, and looks forward to sharing more details regarding this project in the coming weeks.



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