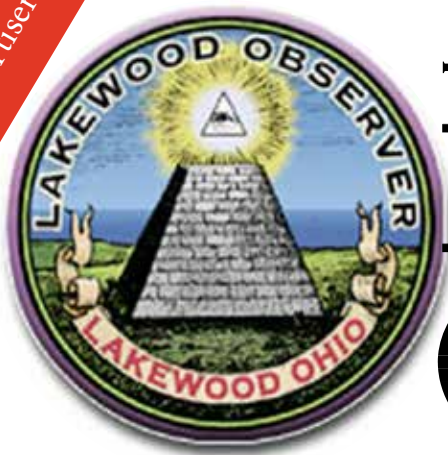


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“Our nation owes a debt to its fallen heroes that we can never fully repay.”- Barack Obama

THE LAKEWOOD OBSERVER

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Volume 17, Issue 10, May 19, 2021

Lakewood Police And Fire Receive Accolades From City And The Cleveland Clinic



photo by Jim O'Bryan

Representatives from Cleveland Clinic stopped by last week to award Lakewood's Firefighters and Police for their response to three emergency calls in particular: the shooting at Madison Park in April, helping with the delivery of a baby with complications, and assisting a stroke victim, both in December 2020. In all cases the CCF along with most of the community found that Lakewood Police and Fire went to a higher level of service, a level that the CCF, Police and Fire aim to exceed in the coming year. The Lakewood Firefighters and EMS receiving recognition were; Firefighter/ Paramedics Ryan Birth, Jeff Suhaj, Daniel Santry, Ben Fitchwell, Captain James



photo by Jim O'Bryan

Chaky and Assistant Chief Darren Collins. Police Officer Isiah Pinto and Dispatchers Christine Sykora, Tonya Graham, Daniel Santry, Adam Bartinelli, Kyle Kaptein, Brian Dimonico, Nicholas Boatman, Captain Robert Dillion, Jerry Alex, Daniel Elbert, Michael Tripodi, Paul Jeske, Ryan MacKey, Adam Bartinelli, and Captain Peter Hempflingand. It was pointed out that without the quick thinking and action by these individuals we would have lost 3 people. At the ceremony survivors pictured seated above were able to share their thoughts and praise. Thank you Lakewood Police and Fire.

Mayor Swears In Police Promotions

by Meghan George

On April 23rd, I had the pleasure to swear in three members of the Lakewood Police Department into their new supervisory roles.

Lt. Duane Brown was hired by the Lakewood Police Department on June 3, 1996, after previously serving with the University Circle Police Department. A native of Streetsboro and a Streetsboro High School graduate, he comes from a law enforcement family, as his father served as the Chief of Police for the Streetsboro Police Department. At Lakewood PD, Lt. Brown previously served as a Field Training Officer, and was promoted to sergeant in 2011. Lt. Brown has two grown children and has a special spot in his heart and house for his two dogs. He is scuba diving and travel enthusiast. Lt. Brown is



Sergeant Anthony Ciresi, one of three recently promoted within Lakewood Police Department.

now the 7pm-7am Shift Commander.

Sgt. Bryan McNeeley was hired by the Lakewood Police Department on August 11, 2008. He is a native of Parma Heights and a graduate of both Holy Name High School and Cleveland State University.

Sgt. McNeeley comes from a law enforcement family, as his father is a retired lieutenant from Cleveland PD, and his twin brother is a police officer in suburban Chicago. He is married with two children, all of whom keep him busy. Sgt. McNeeley most recently was assigned as a Neighborhood Police Officer and continues to serve as a member of both the Critical Incident Team and the Crisis Negotiating Team. He enjoys working on home projects and giving out repair advice that is mostly correct. Sgt. McNeeley now serves as on 7am-7pm 'B' Platoon.

Sgt. Anthony Ciresi began his full-time career with the Lakewood Police Department on January 12, 2011. He previously served as a part-time officer in both Lakewood and South Amherst. He is a Lakewood native and a graduate of Lakewood High School. Sgt. Ciresi also comes from law enforcement family. His father is retired Lakewood PD Captain Tony Ciresi, who retired as an investigator for the City in 2020. Sgt. Ciresi currently serves as Lakewood's Mobile Field Force coordinator and works on the 7pm-7am 'B' Platoon. He enjoys playing guitar, hunting, and traveling to the western US.

Please join me in congratulating these individuals on their new roles within the Lakewood Police Department.

Superintendent Barnes' Message

by Dr. Michael Barnes

Dear Families:

I hope this message finds you and your family well. As we wind down this most unusual school year, I wanted to share a mix of updates and opportunities with everyone. I am looking forward to the wonderful end-of-year events in these last weeks and to celebrating the graduation of our seniors!

Summer Learning Opportunities

The District is pleased to be able to offer free to all our enrolled students a smorgasbord of summer learning

opportunities. The District is offering Instrumental Jump Start Camp for rising 5th and 6th graders, Kick Start to Kindergarten and middle school Project Lead the Way STEM in June, Camp Invention in July, and August Academics (by invitation), which focus on STEM, social emotional learning, literacy and math skills, and FUN! Registration for all of the free summer courses is through the Recreation Department. Please check under Summer 2021

continued on page 6

Dedication of Close/Mercado Memorial Garden

by Christine Gordillo

In the early morning hours of February 21, our community tragically lost Lakewood High Class of 2020 graduates Max Close and Alejandro Mercado. Through the support of the Lakewood Council of PTAs, the West Shore Career-Tech District, LHS teacher Shannon Snare and her horticulture classes, the City of

Lakewood's Forestry Manager Sam Bonvisutto, and Volkswagen of Streetsboro, a memorial garden has been created at Lakewood High School to honor Max and Alejandro. Family, friends, classmates, and the entire Lakewood community are invited to attend the dedication ceremony in front of LHS on Tuesday, May 25 at 6:00 p.m.

Memorial Day Grave Decorating - Volunteers Needed!



by Savannah Monroy,
H2O Volunteer and Senior
at Lakewood High School

To honor our veterans, the Lakewood/Rocky River Joint Veterans Council annually places flags on veteran graves at Lakewood Park Cemetery

for Memorial Day. For over twenty-five years, the City of Lakewood's H2O "Help to Others" program has recruited volunteers to assist the veterans with this project. Due to

continued on page 5

City Hall

The Mayor's Corner: Sustaining Our Water Infrastructure

by Meghan George, Mayor, City of Lakewood

As I have shared since the beginning of my time as Mayor, I am committed to clean water and building on the progress Lakewood has made in improving our century-old sewer system.

Last week, the federal government released interim guidance regarding the \$47 million dollars the City of Lakewood is slated to receive from the American Rescue Plan Act (ARPA). While this legislation was being developed and deliberated in Congress, I advocated strongly for flexibility in how it could be deployed by recipient communities like ours. One of the categories of eligible expenditures was the

modernization of antiquated water and sewer infrastructure systems to clean up our lakes, rivers, and streams and limit the runoff that ends up in Lake Erie.

Upon finalization of the federal rules, I will be requesting that City Council allocate \$25 million dollars of our ARPA funds towards our City's significant water and sewer infrastructure needs. ARPA funds will enable the City to significantly lower necessary rate increases, which will benefit all of our citizens as we all recover from the pandemic's financial impacts. These one-time ARPA funds will not cover all of the project costs that the

City will face in the decades ahead, but it most certainly will help us ease every customer's burden during these unprecedented times, and further provide us with an opportunity to transition to a more equitable method of sustaining our infrastructure.

My administration's project team is made up of personnel from the Planning, Public Works, Finance, and Law Departments and several expert consultants. Together, we reviewed the City's ability to pay for this EPA-mandated \$274 million infrastructure upgrade project. Right now, all water and sewer projects are being funded by our water and sewer customers paying their bills, which are based entirely on the volume of potable water used. Advancing technology and more water-efficient appliances are driving down the volume of water used by our customers by approximately 20% over the past 10 years. But, this efficiency does not solve our century-old infrastructure issue nor our antiquated fee structure and both must be addressed.

The City does not have a fee structure that takes into account wet weather impacts to the system. Our sewer team has recommended a dedicated Impervious Surface Fee as the best approach to equitably recovering the costs of wet weather water management. This fee would reflect each property's demand on the City's wet weather infrastructure. These fees are an essential component to the proper financial sustainability of

modern utilities and are increasingly common among communities in our region and across the nation. My recommendation to City Council will be to leverage the ARPA funds in a manner that benefits all of us. Using this money as a down payment, we can reduce the previously approved rate increases for 2022 and 2023 for all water and sewer customers. This will allow the introduction of the new Impervious Surface Fee at a very modest \$2 per month for 1, 2, or 3 family residential units. This higher volume impact user will be required to pay based upon a formula to determine their impact on the wet weather impervious areas, and will be set forth in greater detail during public meetings and later on our website. Without this ARPA money being used, increases would have doubled.

I am grateful for this ARPA funding coming at a time when we are embarking on this required improvement project to our century-old infrastructure. We can concurrently introduce this new equity-based fee structure and collectively reduce our financial burdens and at the completion of the project have a cleaner City of Lakewood and Lake Erie.

Our first step will be to present this to our advisory task force and hold direct community conversations. The first virtual community conversation will be held on June 16, 2021 at 7pm. Visit onelakewood.com/cleanwater-lakewood for details.

League Of Women Voters Of Lakewood Create The Mary Warren Impact Scholarship



Mary Warren (front row center) with Mayor George and City Council recognize 100 years of the League of Women Voters on February 18, 2020.

by Cindy Strebisg

Mary Warren is a super hero among community activists.

A true defender of democracy, Mary is a 58-year-member of the League of Women Voters. To honor her activism, the Lakewood Chapter of the League of Women Voters Greater Cleveland will award several \$1,000 scholarships to Lakewood High School seniors in her name.

"We thought this was a wonderful way to honor Mary Warren, who has worked tirelessly for more than five decades," said Cindy Strebisg, Lakewood Chapter active member. "At the same time, we know how important civic education and engagement are for today's student. This is a great way to tie the two together and introduce students to the resources of the League. We are working to increase our student members."

Scholarship recipients will have demonstrated an interest in civic affairs through volunteerism and active participation in community activities during their high school career.

A Lakewood resident since 1954, Mary has been recognized as Voter Services Emerita for the Lakewood Chapter. She has been a League member since 1963 and has registered thousands of voters while working tirelessly to spread the mission of the League.

She was a Licensed Professional Clinical Counselor (LPCC) and worked for the Center for Family and Children for 20 years. Mary's commitment to education also drew her to lending her

considerable talents to the Cleveland Scholarship Fund.

Many voters reference positions of the League of Women Voters to make informed decisions on how to vote on an issue. League positions are determined by careful studies taken on by the membership. Mary chaired many successful studies advanced by her strong leadership and research skills. Also, at various times, she served as president of the Lakewood Chapter.

The Lakewood Chapter is gratefully accepting donations to fund the Mary Warren Scholarship Fund.


Tax deductible contributions can be sent to:

League Women Voters Greater Cleveland Education Fund
P.O. Box 5310
Cleveland, Ohio 44101

Make checks payable to LWVGC Education Fund and please include "Lakewood Scholarship" on the memo line.

Any 2021 Lakewood High School Seniors planning to continue their education should apply at tinyurl.com/LWVMaryWarrenScholarship2021 through May 31, 2021.

The League of Women voters is a nonpartisan political organization which encourages the informed and active participation of citizens in government, works to increase understanding of major public policy issues, and seeks to influence public policy through education and advocacy. For information on joining the League of Women Voters, go to www.lwvgreatercleveland.org.



Your Independent Source for Lakewood News & Opinion

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As a product of citizen journalism, The Lakewood Observer is looking for people, ages 3-100, to get involved in the paper and the city. We are looking for volunteer writers, photographers, designers, and illustrators to help with the production of the paper. It does not matter if you are a professional or amateur, our editorial staff will be glad to help you through the process. Register to our website Member Center where you can submit stories, press releases, letters to the editor, photos. No need to register to post online calendar or classified ads.

Upcoming Submission Deadline	Publish Date
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June 11, 2021	June 16, 2021

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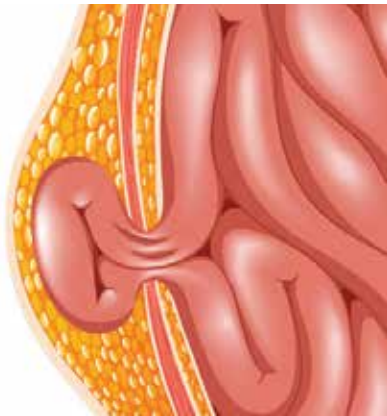
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ADVERTISEMENT

Think you have a hernia? Don't hesitate to see a doctor.



Brent Bogard, MD
Cleveland Clinic
Lakewood Family
Health Center

Hernias are common in both men and women. About 5 million Americans each year develop a hernia.

The bulge can occur because of a natural weakness in your abdominal wall. It also can occur if you strain your abdominal wall, by picking up something

heavy, for example. The inner lining of your abdomen pushes through the weak area to form a balloon-like sac. Sometimes part of your intestine or abdominal tissue slips into the sac, causing pain and other potentially serious health problems.

Most hernias begin small, but get larger.

You might notice a lump in your abdomen or groin that can be pushed back in or disappear when you lie down. Laughing, coughing or straining may make it reappear. Other symptoms include:

- Pain, discomfort or dull ache.
- Pain when lifting.
- A vague feeling of fullness.

If you suspect a hernia, especially if it causes discomfort, see your provider for an evaluation.

“Some smaller hernias can simply be monitored and may not need to be repaired,” says Brent Bogard, MD, a general surgeon at Cleveland Clinic Lakewood Family Health Center. “Hernia repair is typically a minimally invasive procedure, which usually takes about an hour. Most patients go home the same day and return to most normal activities within a few days.”

If surgery is recommended, it should be scheduled promptly to avoid the risk of abdominal wall damage and a potentially bigger operation.

Rest assured that Cleveland Clinic facilities are among the safest places in healthcare today and we're committed to keeping our patients safe.

Learn more at ClevelandClinic.org/Hernia. If you think you have a hernia, call 216.444.6644 to schedule an appointment.

Online tool helps assess pediatric fractures, schedule orthopaedic appointments.



Ernest Young, MD
Cleveland Clinic
Lakewood Family Health
Center, Richard E.
Jacobs Health Center
and Middleburg Heights
Orthopaedics

Fractures in children are extremely common, and in most cases, can be treated in a straightforward way even though the growing bones of children can present unique challenges.

“A fracture, or broken bone, is a condition that changes the shape of the bone. Falls cause the most fractures in children under the age of six, but

the most serious bone breaks are typically due to trauma, like a car crash,” says Ernest Young, MD, a pediatric orthopaedic surgeon who treats patients at Cleveland Clinic Lakewood Family Health Center, Richard E. Jacobs Health Center in Avon and Middleburg Heights Orthopaedics.

Telltale signs of fractures include:

- Pain and swelling.
- Deformity.
- A crunching sensation or sound.
- Numbness or tingling.
- Trouble bearing weight on the affected body part.
- Tenderness when you push on the bone.

Children commonly break bones by twisting, jumping and sideways motions, breaking a fall with outstretched arms and from overuse sports injuries.

“When in doubt, get the injury checked out,” says Dr. Young. “A basic evaluation and X-ray can be done at a primary care or pediatricians office, urgent care centers and emergency rooms. If a bone is fractured, immediate medical care is needed.”

Fractures are among the leading reasons for referrals to orthopaedic surgeons, though some can be treated well with cast immobilization. The length of time in a cast is often less for children than adults because children heal more quickly, and their bones have the ability to grow straighter with time.

“Children's bones are different than adults, so treatments differ. Pediatric orthopaedic specialists treat children according to their age, development and size,” says Dr. Young.

If your child has already been evaluated by a medical provider and you have an x-ray showing a fracture, go to ClevelandClinic.org/PediatricFracture to access an online fracture assessment tool that will give you the opportunity to schedule an appointment a member of Cleveland Clinic's pediatric orthopaedic team. Appointments can be scheduled for patients ages 2 to 18 years old, with a fracture of the arm, hand, shoulder, foot, hip or leg.

Specialized emergency care for adults aged 65 and older.

Currently, 10 Cleveland Clinic Emergency Departments have been awarded Geriatric Emergency Department Accreditation (GEDA) by the American College of Emergency Physicians (ACEP). This accreditation demonstrates Cleveland Clinic's commitment to standardize and improve emergency care of older, high-risk adults.

Cleveland Clinic's main campus has achieved Level 1 accreditation; one of only three hospitals in Ohio and twelve nationwide to achieve this gold-level status.

Cleveland Clinic Brunswick, Euclid, Fairview, Lakewood, Lutheran, Medina, South Pointe, Twinsburg and Akron General hospitals have received Level 3 bronze GEDA status, and Cleveland Clinic Avon, Hillcrest and Marymount hospitals are currently pursuing accreditation.

To earn accreditation, hospitals must meet more than two dozen requirements, including:

- Enhanced staffing and education.
- Geriatric-focused policies and procedures.

- Continuous quality improvement.
- Outcome measures.
- Ensuring continuity of care.

Led jointly by Cleveland Clinic's Emergency Services Institute and the Center for Geriatric Medicine, this program addresses the complex physical and social challenges many older adults present with at the emergency department, such as cognition and mobility issues, lack of social support, or adverse drug reactions.

Depending on the patient's diagnosis, an interdisciplinary team of providers in emergency medicine, geriatric medicine, nursing, pharmacy, social work, rehabilitation, and case management work together to meet the patient's specific needs.

If an older adult needs emergency care, call 911 and ask the squad to take you to one of these locations or choose a Geriatric ED at a Cleveland Clinic location.



Our goal remains the same – we care for everyone. And safety is our top priority.

Don't delay your care. From extra safety measures at all locations to virtual visits, we're here for you every day.

Visit ClevelandClinic.org/Access



Lakewood Public Library

Children/Youth Events at Lakewood Public Library

by Nic Starr

Library Pen Pal

For children three years old through sixth grade
Do you miss the Library? We miss you too! Write a letter to a Library staff member telling us about anything from the last book you read to your favorite animal or even include a drawing. A staff member will read your letter and write you back. **Send your letter to:**
Children's and Youth Services
Lakewood Public Library
15425 Detroit Avenue, Lakewood, Ohio 44107

Virtual Local Children's Author Event – Kimberly Soderberg

For all ages
Join local children's illustrator Kimberly Soderberg virtually as she reads picture books she illustrated, Just Like Me, My Mask and Me, and Smile With Me.
View this exclusive video from our website at lakewoodpubliclibrary.org or through our Facebook at facebook.com/lakewoodpubliclibrary.

Virtual Local Children's Author Event – Michael Samulak

For all ages
Join local author Michael Samulak virtually as he reads his children's picture books A Wonderful Day and A is for Africa.
View this exclusive video from our website at lakewoodpubliclibrary.org or through our Facebook at facebook.com/lakewoodpubliclibrary.

Virtual Local Children's Author Event – Denise Dufala

For all ages
Join local children's author Denise Dufala virtually as she reads her children's picture book Bomba the Brave.
View this exclusive video from our website at lakewoodpubliclibrary.org or through our Facebook at facebook.com/lakewoodpubliclibrary.

Virtual Storytime

For all ages
Join Lakewood Library staff members virtually as they read children's picture books and share songs, rhymes and finger plays.
View these exclusive videos from our website at lakewoodpubliclibrary.org or through our Facebook at facebook.com/lakewoodpubliclibrary.

Virtual Woke Book Club

For students in sixth through twelfth grade
In this bimonthly book club for teens, inspired by the Read Woke book challenge created by Cicely Lewis, we will read and respectfully discuss books selected to inspire change, embrace diversity, and promote inclusivity. Each month will focus on a different topic and you will choose which book(s) you would like to read from a diverse list of titles. Registration is required and you will receive a Zoom link upon registration. Attendance at both monthly meetings is not required.
May: Body Image
June: Gender Nonconformity
July: LGBTQ+ Stories

August: Immigration and Refugees
Wednesdays, June 9, July 14, August 11, 2021, 7:00 p.m. – 8:00 p.m. via Zoom.

Thursdays, May 27, June 24, July 22, August 26, 2021, 7:00 p.m. – 8:00 p.m. via Zoom.

Virtual Girls Who Code: Scratch Growing Flower

For students in sixth through twelfth grade
Use Scratch to create an animation/game in which you take care of a flower to make it grow. Learn Scratch from facilitators with experience in the field of computer science. This session covers Core Computer Science concepts of variables, conditionals, and loops. This session is designed for beginner to intermediate coding abilities. Registration is required and you will receive a Zoom link upon registration.
Tuesday, May 18, 2021, 6:00 p.m. – 7:30 p.m. via Zoom.

Virtual Special Friday Performance – Lake Erie Nature and Science Center: Reptiles

For children in pre-school through early elementary
Join animal ambassadors via Zoom from Lake Erie Nature and Science Center and discover the world of reptiles. Meet different kinds of snakes, turtles, and other scaly creatures and learn what makes these animals unique in this thirty minute live program. Registration is required. The Zoom link to this program will be emailed one day before the program.
Friday, June 11, 2021, 3:00 p.m. – 3:30 p.m. via Zoom.

Cancer Survivor To Juggle Soccer Ball 5K For TGP Fundraiser Race For The Place

by Frances Inak
On June 6th, National Cancer Survivor's Day, The Gathering Place (TGP) will hold their annual fundraiser event Race for the Place. To help promote and encourage participation, Lakewood resident and breast cancer survivor, Frances Inak, will walk 5K while juggling a soccer ball around Lakewood Park a few days before. If you are interested in donating or participating in the virtual race, you can register on The Gathering Place website: www.touchedbycancer.org.
The Gathering Place, which has two locations one in Westlake and one in Beachwood, offers free services to cancer patients and their families. The wide

range of services include but are definitely not limited to physical, emotional, nutritional, and financial guidance, assistance with navigating complicated medical information for many different types of cancers, as well as group discussions and activities such as arts and crafts, cooking, Zumba, yoga, and tai chi. They provide free wigs and have even offered personal massage and reiki sessions. In general, they provide amazing comprehensive programming to uplift the body, mind, and spirit and support the needs of those touched by cancer in an inviting, friendly, warm, safe environment.
Frances received so much support

from The Gathering Place throughout her journey as she navigated her doctor visits, medical prognosis, treatment options, and often just the overwhelming fear. TGP helped Frances stay hopeful during some very dark times, and she survived with much gratitude. While undergoing three surgeries and many weeks with limited activity and limited arm movement, to stay active Frances revisited a skill she had learned in her early 30s, kicking a soccer ball. She started to juggle the ball for outdoor activity, and as she progressed, she challenged herself to get to 1000 kicks without dropping the ball. Striving to succeed with kicking the soccer ball became intrinsically linked with her fight to succeed in kicking cancer.
In the spirit of creative Covid activities, Frances began filming her successful 1000 kick juggles at cool spots in Lakewood and throughout the Greater Cleveland area, and began posting them on her website, www.kickingcancer1000.com. To date there are over 265 successful videos. It is a virtual tour of interesting places and at each location there are 1000 kicks for cancer. As Frances juggled, she attracted attention of passers-by who would stop to talk and share their own stories and reactions, some of which are



mentioned in her posts.
To celebrate a year of successful kicking, both soccer ball and cancer, Frances will walk 5 kilometers while juggling a soccer ball at Lakewood Park on June 3rd, the anniversary of her first 1000 kick video at Lakewood Park. Additionally, she will run in the virtual 5K Race for the Place on June 6th for the first time. She hopes that anyone who is interested will join her. She doesn't promise that she won't drop the ball in the 5K juggle walk, which will take about 5 hours to complete, she pretty much has no doubt that she will, but she hopes at least to drop it less than a thousand times. :)
Article co-written with an anonymous friend



Lakewood Education



Come Golf With The Lakewood Rangers Education Foundation!

by Nora Katzenberger

The Lakewood Rangers Education Foundation (LREF) is proud to offer the annual Ranger Classic Golf Outing to benefit the educational experiences of students at Lakewood City Schools. Back by popular demand in 2021, the Ranger Classic will be held at Valley of the Eagles Golf Course in Elyria, Ohio, on Friday, June 11 with a shotgun start at 11:00 a.m.

Experienced golfers, newcomers, and everyone in between will enjoy this tournament held amidst the beauty of the Black River Valley. We welcome foursomes and individual golfers for a fun-filled day that will include 18 holes of golf, skills contests, swag bags, and lunch. Our signature raffles offer dining packages, travel opportunities, exclusive excursions, golfing opportunities, and a top-shelf liquor basket. The fun and camaraderie of this lively event is sure to bring you back year after year. Registrations for foursomes and individuals are selling out quickly, so don't delay! The fee for foursomes is \$600, or sign up as an individual for \$150. Visit lakewoodrangers.com for more information.

The Ranger Classic raises funds that enables the LREF to directly invest in and enrich the educational experience for Lakewood students across grade levels, activities and needs. We help provide creative play areas, age appropriate

STEM activities, reading and lunchtime activity clubs for our elementary students. For our middle school students we support soccer clubs, musical instruments and lessons, and field trips. Our high school students enjoy the benefits of travel expenses for academic and athletic groups, as well as numerous scholarships. These programs and much more are made possible through your support.

We're grateful to our title sponsor, Senney Enterprises, for leading the way in support of this great event, as well as our Purple Sponsors LSC Service Corp. and DeLong Staffing Specialists. Sponsorships are still available, ranging from \$2,500 Gold sponsors to \$250 Hole Sponsors, with several levels in between. It's a great way to promote your business or cause while promoting the success of our students and schools.

Valley of the Eagles Golf Course is the only Nicklaus Design daily-fee facility in Northern Ohio, and won Golf Magazine's "Best US Remodel" in 2018. Located in Elyria, Ohio, this course offers breathtaking elevation changes along the Black River, mature elm, oak and ash trees lining the fairways, and intriguingly positioned island tees to island greens.

The Lakewood Rangers Education Foundation (LREF) is a not-for-profit, 501c(3) philanthropic organization founded in 1984 to engage alumni and raise and distribute funds for students and programs of the Lakewood City Schools. In the last five years alone, LREF has provided an average of \$100,000 per year to fund opportunities in academics, the arts, athletics, technology and more for over 5,400 Lakewood students in all ten of our schools. These contributions help ensure that the Lakewood Schools continue to rank among the best educational opportunities anywhere, public or private.

Visit lakewoodrangers.com to purchase tickets, secure a sponsorship, or make a donation. Questions? Contact Melissa Thomas at 216-529-4069 or melissa.thomas@lakewoodcityschools.org.

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Superintendent Barnes' Message

continued from page 1

Programs - Youth - Camps to see which camps still have availability.

Mask Requirement Clarification

Despite the Centers for Disease Control (CDC) new recommendation that mask wearing is not required in most indoor and outdoor settings, the State of Ohio still has a mask mandate in place until June 2. Therefore, the District will continue to require masks be worn in its buildings.

Vaccination Update

We are proud to share that approximately 85% of our staff have been fully vaccinated and on April 30 we held our first student vaccination clinic in conjunction with Giant Eagle Pharmacy. As a result, approximately 150 of our high school students are scheduled to receive their second dose of the vaccine at our followup clinic on

May 21.

Broadband Internet Discount

To help mitigate the impact of the pandemic on families, the Federal Communications Commission is offering a \$50 monthly discount to eligible families, including those who qualify for the free and reduced lunch program. There is also a one-time \$100 benefit to use toward a laptop or other device. For more information including detailed eligibility requirements visit the Emergency Broadband Benefit website.

Mental Health Services Continue

Our mental health partners - Ohio Guidestone, Bellefaire JCB and the Cleveland Clinic - will continue to serve our students during the summer months. You can find the contact numbers in the Mental Health section of our Family Hub.

Sincerely,
Mike Barnes, Superintendent

Historical Society Spring Sale Is On!

by Heidi Murray

Lakewood Historical Society is excited to announce our annual Spring Sale will return after a year hiatus. This year the sale will be held at The Haber Family Center for History at 13314 Detroit on May 20,21,22 from 9:00 a.m.-3:00 p.m. each day. A fine selection of everything exquisite will be artfully displayed for your shopping pleasure, including crystal, china, silver, jewelry, linen and many more decorative items.

If you have never been to one of our sales it's a local must see. The society operates on funds raised at our sales and we appreciate your purchase given the interesting year we have all had. Whether you are entertaining or treating yourself, we have something for all budgets. This year we have several beautiful sets of china, serving pieces, collectibles, antiques, jewelry, artwork, an Arhaus rug, and an armoire. From 100 year old treasures to new with tags our selection spans the decades.

This sale is a prelude to the annual Sale on the Grounds, which will take



place at the Historic Nicholson House on June 17, 18, 19, and 20th. We have been storing items for two years and you won't want to miss the sale this year.

All Covid protocols will be followed and masks are required. Come shop—you're sure to find a treasure to take home.

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CORNER

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Lakewood Education

Dr. G's Lakewood Rangers' Baseball Round-Up

by Dr. Charles Greanoff

MAY 7

In a tight struggle with Rocky River, Lakewood Ranger Baseball squad, per usual, got contributions from many players, but two stood just a bit taller than the rest. Junior Will Hyatt again pitched a complete game 2-1 victory, but this time he had one of the key hits, a two out RBI single in the 5th that seemed like it might be the game winner. The Pirates had other ideas, however, scratching out a run with two down the the bottom of the 7th on an infield hit. With rain lurking to the west, the Rangers had perhaps one chance to win the game before a delay.

Carlos Cintron led off with his third hit, followed by Lucas Winters second hit of the game. Up stepped Jameson Supinski, the leagues leading hitter, who had been 0-2 and had only one hit in his previous seven at bats. Jameson ended his micro slump, and the Pirate hopes, with a two strike laser to right center. In fact, he hit the ball



photo by Mike Deneen

Dr. Charles Greanoff, our favorite history teacher, and LHS's greatest sports fan.

so hard that the River fielder got on it quickly, hit the relay man, and Cintron ended up sliding in just before the tag.

The young Rangers (14-7, 13-3 GLC) have improved steadily as the season has progressed. Will Hyatt, a junior, has thrown two consecutive one run complete game wins against quality opponents (Bay and River). The story of this season has many authors,

but Will and Jameson (pictured with Coach Ribar) were the main writers of this chapter. More good things to come.

MAY 6

The Lakewood Rangers Baseball (13-7, 11-3 GLC) squad had just enough tonight to complete a sweep of Valley Forge (8-5, 5-4). Game one featured key RBI hits by couple of sophomores, Sully Stojs and Mason Ivinskas, a 2 run single by Junior Will Hyatt, and five scoreless innings from starting winning pitcher Jameson Supinski.

Game two, with the Rangers as the visitors on the scoreboard, was a nail bitter in the cold and getting colder night on Bunts. Although starter Mason Ivinskas pitch well, Lakewood trailed 3-1 in the fifth. Infield/hustle singles from Carlos Cintron and Lucas Winters brought Jameson Supinski to the plate in another critical situation, and the senior standout once again delivered an RBI single, with Supinski alertly taking second on the throw. Junior Will Hyatt again came through with a 2 RBI single to give the Rangers a 4-3 lead. Senior Hubert Carlin knocked in the vital 5th run in the sixth with a sacrifice fly.

Although the bottom of the 7th brought much unwelcome drama, the

result was what Rangers fans hoped for. With Sully Stojs, who picked up the win with 3 2/3 innings in relief, on the mound, the Patriots managed to get a run across and the tying run to third. But Stojs induced a soft liner to freshman Keagan Schroder at 2nd, who squeezed in for the final out.

The key play of the inning was a leaping grab of a high throw by 1st baseman Jameson Supinski. If "Sup" hadn't made that play, the tying run scores, the Rangers might well have lost, or I might still be standing in the freezing cold.

Lakewood stayed alive in the GLC race, just one game behind 1st place Elyria Catholic with four league games left. The young, sophomore dominated team has made great strides this year, and tonight, freshman Keagan Schroeder, in his first varsity action, played flawless defense, stole a base and collected his first varsity hit. Our Rangers are back at it tomorrow, 7:00 pm at home under the light vs Rickey River.

For me, this cold night was warmed by the presence of one of my former coaches at LHS, Mr. Ken Ciolek. I am grateful not only to have played for him—and George Fannin—but for all his support and encouragement over the years. Long Live Lakewood



photo by Missy Porterfield

One of the real pleasures of living in Lakewood, walking down and watching any of the Rangers various teams play. It is so Americana, you will love it like Dr. G.



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Lakewood Kiwanis Celebrates 100 Years

by Anna Bacho

On May 14th, 2021, The Kiwanis Club of Lakewood celebrated its centennial anniversary at the Lakewood Country Club: One hundred years of community service to Lakewood and the world.

The attendees included 2020-2021 Kiwanis International President, Art Riley, Kiwanis International Trustee, Kip Crain, Ohio District Governor, Jamie Kauffman, Lt Governor, Division 14, Kris Cornell and Past Interna-

tional Kiwanis President and past Lakewood Kiwanian, A. Alan Penn. Local Lakewood officials from the city and school board were in attendance to celebrate this organization's milestone.

On this momentous occasion, the Club presented the Lakewood Board of Education with a monetary donation for \$15,000 to build an illuminated sign at the new Lakewood Board of Education location on Clifton.

#KidsNeedKiwanis

Lakewood Kiwanis Awards \$100,000 To Graduating Seniors

by Anna Bacho

Lakewood Kiwanis Scholarship Foundation is proud to announce our 2021 recipients for this year's graduating seniors. The following 10 graduates are being awarded \$10,000. over the next 4 years in \$2500 increments for their academic, citizenship and leadership abilities.

This scholarship fund is funded through the efforts of The Kiwanis Club of Lakewood. The Lakewood Kiwanis Golf Outing and Annual Scarecrow Festival were just two of our major fundraisers.

The winners of the 2021 Lakewood Kiwanis Scholarships are: **Molly Becker**, St Joseph Academy
Michael Butterfield,
St Edward High School
Quinn Costanzo,

Lakewood High School
Lillian Germaine,
Lakewood High School
Mohamed Manaa,
Lakewood High School
Zoltan Nagy, St Edward High School
Morgan Peura, St. Joseph Academy
Taylor Peura, Magnificat High School
Sam Saracina, Lakewood High School
Jane Sessions, St. Joseph Academy

The Kiwanis Club of Lakewood is the leading service organization in Lakewood and this year we are celebrating our 100 year anniversary. Along with our scholarships, we also support Lakewood High Key Club, Harding Builders Club, K Kids Club's at Grant, Horace Mann, and Family Life B&A Care at Harrison and Emerson. #KidsNeedKiwanis

Geist Honored For 50 Years Of Rotary Service

by Lynn Donaldson

When Thom Geist joined the Rotary Club of Lakewood and Rocky River in June of 1970, his father asked him why he wanted to go to lunch with a bunch of old guys who sat around and sang songs. It didn't take long for Geist to realize that there was far more to Rotary.

Honored last month at the 2021 Ohio Rotary District Conference for his 50 years of service as a Rotarian, Geist has served on various club committees and in numerous leadership roles including as the club historian.

He led the club as president from 1984-1985 when the Rotary Club of Lakewood and Rocky River was the third largest club in District 6630. Subsequently, he was elected to the club's Foundation board where he served as chair.

There have been many favorite projects including participation in the distribution of dictionaries each year to all third-grade students in Lakewood and Rocky River and the planning of club social events including the annual clam-bake and wassail bowl Christmas party.

One of Geist's most memorable activities was his involvement as a member of the club's Scholarship Committee. Reading the applications and participating in the interviews with the high school applicants was a rewarding experience.

"So here I am, 50 years later," he shared, "one of the old guys who sit around and sing songs, but with wonderful memories of what we've accomplished and proud of my small part in it."

Also, during the district event, a Celebration of Life ceremony honored



District 6630 Governor Pat Myers congratulates Thom Geist on 50 years of membership in the Rotary Club of Lakewood and Rocky River.

Rotarians who passed away during Rotary years 2019-2020 and 2020-2021. Over the past two years, the Rotary Club of Lakewood and Rocky River lost five outstanding members: Martin Doderhoff, William Knoble, Roger Perks, David Schiska, and Donald Strang.

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Grace Family Players Redux

by Nancy Sander

The Grace Family Players, of Grace Presbyterian Church, are offering an original play called, "The Arrival: The Story of Pentecost." Written by Nancy Sander, former script writer for WKYC's "Hickory Hideout," the play takes the audience back to the Upper Room where twenty followers await the resurrected Jesus and the Power. After forty days of waiting, frustrations run high, giving a real human and comedic touch to the people who awaited the arrival.

The performance takes place at Grace Presbyterian Church, 1659 Rosewood Avenue (on the corner of Madison and Hilliard), on May 20th at 7:00 P.M. Because of COVID reservations are being taken. If there are vacancies last minute persons can also be admitted at the door on a first come, first served basis. There are three ways to make a reservation: 1) e-mail the church at gracepresbyterian@attn.net; 2) log onto www.gracelakewood.org and follow the link; and 3) call the church at 216-221-6060 to leave a message. Masks are required and there is no charge for this production. For more information call: Nancy Sander: 216-571-3611.

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Got Scurvy?:

Reviews Of Recent Releases By Local Bands, Pt. 115

by Buzz Kompier

Bad Batch - Bad Batch - self-released - 6 songs - cassette, digital

Like most Cleveland hardcore bands, this new group features members of other Cleveland hardcore bands. This time, however, they're all under assumed names (except Twisted Tim, which I believe is actually what's on his birth certificate). I know there's at least one member of Spike Pit, at least one member of Rat Fucker, and at least two members of Weed Whacker here, though where those intersect I cannot be certain. As you'd expect from the collective pedigree here, Bad Batch play pretty decent hardcore. This isn't a bad tape by any means, and certainly recommended if you like bands from Fried Egg to Prison Moan (who had a record with similar looking artwork to this tape, so there's another possible connection), but is a largely indistinctive one. The lyrics are appropriately angry but rather joyless across the board, and while the music is good, it could be a lot of other bands— but hey, this is a first demo, that's what these things are for. What is most identifiable about the group at this point in time, and how I would pick them out of a lineup, is the lead guitar. It's pretty dumb but also pretty good, sometimes

there's some wah-wah on it (particularly noticeable on the lead track, "I Know They're Watching")— it's enjoyable. A likable enough addition to your local hardcore collection, if that's your bag. That's where I'm filing it. 3/5
(badbatch666.bandcamp.com)

Richard Hamilton - My Perfect World - self-released / Tettryon Tapes - 10 songs - CD, cassette, digital

It's been a while since the name R. Hamilton graced these pages. I think the last time may have been with that Ricky Hell and the Voidboys LP in 2019. I'm not sure whether Ricky considers this his (I think) 4th solo record or whether this is the debut from an entirely new project under his proper name, but in any case, here it is. It doesn't seem to have the Quality Time name or logo on it, so that's an interesting change from previous RH product. Joining the now-based-in-LA Ricky on here is fellow Cleveland transplant John Alberty (whose work with The Roobydocks and Bulsch is in no way similar to the music here) on drums and Jared Javier on bass (who isn't from Cleveland at all unless I've really missed something). More than anything else he's done so far, this feels like Ricky/Richard's fullest embrace of pop music— which, granted, he's never

been too far from, but still. "My Perfect World" sets the stage for the album right away: it's a very catchy track with great hooky backing vocals (some nice wind chimes on there too, John). I could possibly criticize some of the lyrics, but I'm sure they mean something to Ricky and the whole thing is put together so well that you don't even notice anyway. Nice false ending and I really like the little bass riff that comes in during the final stretch. There's something vaguely Guided By Voices-esque about the chord progression of "Red Pen," and while I tend to prefer Ricky's more aggressive vocals usually (see the live Nico Missile tape for an example), his soft, almost whispered performance works really well here. "I Don't Wanna See Her Running Away" is a really great pop tune— on most of the songs here, Ricky seems to be merging his love of early '80s pop rock with his love of '90s alternative and indie music, but on this one, the latter really has the controls. It almost sounds in parts like a throwback to an early 2000s kind of sound, but given the nostalgic mood of the song, I wouldn't be at all surprised if Ricky did that intentionally to honor the music of his adolescence. "Blue Lips" already appeared on a Ricky Hell EP (that I still hold out hope for a physical release of someday), but I like this version

just as much as the earlier one ("The Numbers," which is the closing track here, also already appeared on something else, but I can't recall what and I prefer this version anyway). If "Mercury In Pisces" is, as it sounds, about pretending to understand the finer points of astrology to impress a girl, well, we've all been there, brother. "My Mercury's in Pisces— I don't know what that means" is one of the finest Hamilton couplets in a while. "Marina" is a really classic sounding tune and there's something that really sounds like the Ramones in the melody (I know people think first of buzzsaw guitar when they hear a Ramones comparison (and that cannot be found here), but some of those songs have really great pop melodies). I've said before that Ricky can write a great pop song when he sets his mind to it, and this album provides proof upon proof of that. Even the slightly weaker moments ("XOXO," "Love Is The Game") are still pretty decent songs. Good stuff, and I'm looking forward to seeing what comes next from Richard Hamilton. 4/5

(qualitytimerecords.bandcamp.com)

Are you a local-ish band? Do you have a record out? Email vaguelythreatening@gmail.com or send it directly to the Observer: PO Box 770203, Lakewood, OH 44107.

Northeast Ohio's Largest LGBTQ+ Choir Coming To Lakewood's Madison Park



The Northcoast Men's Chorus performing at their "Burn, Baby, Burn!" show in 2019. Photo Credit: Jim Greenfield

by Susannah Selnick

The North Coast Men's Chorus, the largest LGBTQ+ choral arts society in Northeast Ohio, is bringing their talents to Madison Park in Lakewood Sunday, May 23rd. They will be holding rehearsals that are open to the public from 2:30pm and 4:30pm.

"This is a group of incredibly gifted singers whose passion, joy, and authenticity light up a room," said Susannah Selnick, a member of Friends of Madison Park and a volunteer of the North Coast Men's Chorus. "I love listening to this amazing group sing, and I am so excited they are coming to our community. This is a huge win for our residents as we will enjoy these talented entertainers and their encouraging message that extends well beyond the gay community. I cannot think of a better fit for Lakewood and a better way to spend a Sunday afternoon than listening to North Coast Men's Chorus in our park." Selnick went on to say that she

hopes the Chorus brings healing in a time of strife within the community.

"Lakewood is a thriving community of peace, but we've been tested in recent months," Selnick continued. "We've seen tragic gun violence, our city's divisive response to it, and some significant turmoil here locally. I wanted to make sure the North Coast Men's Chorus was able to be a part of the healing process, exemplifying unity through diversity, and bringing us together with song."

The North Coast Men's Chorus is renown far beyond the Northeast Ohio region. They bring a rich musical tradition but also great community influence. Its members are committed to reaching diverse audiences and sharing the pride they feel in song.

"The people of Lakewood are in for a real treat," said Executive Director Jon Kozesky. "The talent and heart
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Lakewood Observer

Lessons From The Pandemic

by Sara Fagnilli

We do not need to be reminded of the extreme difficulties and life altering events of the past year. The over half million lives lost, the death of George Floyd, the pandemic that got worse before it had any hope of getting better. The list of 2020 and 2021 negatives is long and sometimes feels overwhelming. . .

During the first beautiful Saturday morning not long ago, the summer-like weather in April allowed me to get on my bike for 12 miles, which is my time to be with my own thoughts. While riding through Lakewood and Lakewood Park, I saw adults, children, and pets out enjoying the day. My thoughts could have gone to the last year and all of the missed events; no charity bike rides, cancelled sporting events, restaurants, shopping, and even the parks were limited or closed, the civil unrest.

However, surrounded by the budding spring, I changed my mindset



Sara Fagnilli

and instead made myself recall the positives of the past year, and the lessons learned. My 91-year-old mother lived with us most of last year, where we could protect her and keep her from being alone – what a blessing for my husband, my children, and me. Her 90-year-old sister, who was living in a facility and was very sick with Covid,

thankfully survived. We were blessed to continue working, and my son was eventually able to have graduation from high school.

But what I recall most fondly is the sense of community; Christmas lights going up in April, family photos being taken on front porches, yard signs supporting our first responders and health care professionals, a restaurant sponsoring community meals so that workers in that industry could feed their families in spite of loss of employment. This was a time of coming together, while physically distant, to help those in need through increased donations to the food banks and pantries, and finding new ways to connect. When it became clear that masks were going to be a daily requirement, and there would be those who simply could not afford them, Senator Nickie Antonio and Attorney Kira Krivosh came together and formed the Giving Tree Project. I was pleased Senator Antonio and Kira invited me to become a part of such an energized, creative group, who focused on solutions. Through the generosity of donations of material and time, over 12,000 free masks were sewed and distributed to anyone who could use them.

There is no question that our world has seen significant ups and downs over the last year with events we could never have imagined. Yet every difficult problem was met with a solution or at least an attempt to minimize the pain. Most importantly, we learned to be grateful. Yes, we had to stay at home. For many that was a chance to slow life down and realize all they had to

be grateful for, but we must remember that not everyone was in this position. They may still be suffering and may still need our help.

With hope ever increasing spring upon us and light on the horizon with the administration of vaccines, I look forward to a time when life returns to pre-covid. Hopefully, I will remember to continue to recall the positives this pause in life gave me including precious time with my family and a chance to slow down the pace of life for a brief time.

Sara Fagnilli and her husband settled in Lakewood Ohio 35 years ago where they raised their three children. Her legal career spans 34 years. In her spare time, Sara enjoys riding her bike around Lakewood, supporting Lakewood businesses, and volunteering with organizations like The Giving Tree and the Lakewood City Schools.

Major Help For ACA Enrollees, Be Prepared

by Carl Lishing

The American Rescue Act may help people obtain additional subsidies to help lower their health insurance premium costs. For about 80% of Americans, that means plans for \$10 or less after subsidies will be possible.

In order to take advantage of this opportunity, your application for coverage will need to be updated, anytime until Sunday, August 15. Existing enrollees can change their plans before that date, and those without coverage can enroll.

People who make 400 percent of the federal poverty level, about \$100,000 for a family of four, will become eligible for financial assistance for the first time.

This remarkable opportunity means that in past years if you didn't qualify for a subsidy, you might now—and it could be significant. And if previously enrolling in an ACA plan didn't make sense for you and your family, the available subsidies could make it more attractive to enroll.

The best way to find out if chang-

ing your plan or enrolling in an ACA plan is right for you is to give me a call for a no-cost review. I can also help you determine how the subsidy change could be of benefit.

Now may be a good time to take advantage of the expanded enrollment opportunity and subsidy assistance to see if there's a better option to suit your needs.

Licensed insurance agent Carl Lishing's consultative, problem-solving approach has garnered him the Best of Cleveland Award in the insurance agent category. You can reach him at 216-228-0765. His office is at 16506 Detroit Avenue, in Lakewood. Office hours currently by appointment.

Find out more at ClevelandInsurance.info. *Source: TheHill.com.

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LakewoodAlive



Historic Detroit-Warren Building then and now.

LakewoodAlive To Host A Virtual Community Conversation On May 26

Celebrating Historic Preservation Month

by Jacqueline Bon

LakewoodAlive announces it will host a community conversation entitled “Historic Preservation: Embracing the Past to Invest in the Future” from 7 to 8:30 p.m. on Wednesday, May 26 via Zoom. This conversation will offer insightful dialogue about how we can celebrate our historic building stock, take steps to preserve what we have and leverage resources to breathe new life into these buildings’ second century.

Often called a Streetcar Suburb, Lakewood’s historic roots run deep from Native American trails to farms to plank roads. While the streetcars

are long gone, much of our history is visible today in our homes and businesses. How can we work to ensure that these beautiful buildings remain viable and central to the unique sense of place Lakewood celebrates?

The community is invited to attend this free conversation as LakewoodAlive seeks to discuss how communities that celebrate historic preservation stand apart from others and how preservation can be an economic driver for the future. The discussion will delve into the two recently established national historic districts in Lakewood (Downtown and Clifton Park South) and what that means for those neighborhoods while exploring the desire and importance of seeking new historic districts in our pre-war historic community.

Ian Andrews, Executive Director of LakewoodAlive, will oversee a distinguished group of panelists for an informative discussion. LakewoodAlive invites those in attendance to participate by asking the panelists questions. Ultimately, we hope that the attendees will leave having a deeper understanding of historic preservation and appreciation of our historic building stock.

Those who wish to attend may register for this free event by visiting the LakewoodAlive Facebook page and clicking on events.

The panelists participating in this community forum are:

Michael Fleenor, Senior Project Manager, Historic Preservation Group LLC.

Peter Ketter, Director of Historic Preservation, Sandvick Architects

Marcia Moll and Rick Sicha, principals, Placemark Collaborative

Frank Scalish, owner, Scalish Construction.

Registration Now Open For 2021 Summer Meltdown Hybrid 5K And Family Fun Run

by Jacqueline Bon

Ready, sweat, go! Registration is now open for LakewoodAlive’s Hybrid Summer Meltdown 5K and 1 Mile Family Fun Run & Walk with an in-person race on Sunday, July 25 and a virtual race taking place July 10 through 23.

In an effort to ensure comfort and safety during the ongoing COVID-19 pandemic, Lakewood Summer Meltdown sponsored by Melt Bar and Grilled will be orchestrated as a hybrid event with a virtual and in person race, to ensure that all participants have the opportunity to continue this long-held Lakewood summer tradition. The Hybrid Meltdown 5K serves as a fundraiser for LakewoodAlive, a community centered non-profit organization.

VIRTUAL OPTION: Run anywhere and support LakewoodAlive! Complete the race at your convenience anytime between July 10 and July 23, by running through your neighborhood, favorite park or using a treadmill and recording your time on our event page.

IN-PERSON OPTION: Join us at the lake! Our live, in-person race will kick off at 9 a.m. on July 25 at Lakewood Park (14532 Lake Avenue, Lakewood, OH 44107). View the course here. The race will be socially distanced and the 1 Mile Fun Run will begin after the last wave of 5K runners.

In addition to supporting LakewoodAlive, your participation in the Virtual Meltdown 5K comes with the following perks:

- A special edition Hybrid Meltdown 5K commemorative t-shirt
- Prizes for top finishers in each age category
- Every registration will be entered into a LakewoodAlive drawing for a Summer Fun Basket.

Want to commemorate your Hybrid Summer Meltdown 5K & Family Fun Run experience? Participants in either race will have an opportunity



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Race participants are encouraged to share their Lakewood pride by posting a race-day selfie on Facebook and Instagram using hashtag #HybridMeltdown5K for a chance to be featured on LakewoodAlive’s social pages.

For those Meltdown fans interested in a more relaxed exercise experience, the 1 Mile Family Fun Run & Walk is priced right at \$12 per participant and intended for anyone to enjoy.

Run don’t wait—secure your Hybrid Meltdown race registration and start training for the hottest event of the summer: runsignup.com/lakewoodsummersmeltdown

The Lakewood Summer Meltdown Hybrid 5K & 1 Mile Family Fun Run are made possible thanks to the generous support of our sponsors.

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